



CATALOGUE 2024

PHILOSOPHY

Food is our fuel no matter the task and this business is all about healthy nutrition. Healthy food from a former champion gymnast, coach, judge and now mother of two, I've always looked for the healthiest, simplest, most nutritional and functional food to fuel my body ahead of or after training or competition.

All pieces fit together and **EON** flavours were born to promote health and wellness through healthy food, offering a memorable tasting experience to everyone who would have the chance to savor them. So, we selected our favorite Greek foods and injected enthusiasm, truly ethical manufacturing and outstanding product design under the brand name **EON**.

Our products meet real nutritional needs in the foodservice and retail today, offering quality solutions.



What differentiates us is the **ethical food** production, the **high quality** of **raw ingredients** and the **nutritional value** we offer via making choices through strict specifications and methodology, safety and hygiene.

EXTRA VIRGIN OLIVE OIL



Superior category finest quality Greek extra virgin olive oil. Obtained from fresh olives picked by hand and by mechanical means. The olives are grown and cared for in olive groves which dominate the highland microclimate of Laconia, Peloponnese. The combination of dry, rocky soil and continuous care for the olive trees produce our exceptional, EON extra virgin olive oil of ultra low acidity.

Deep green with golden hues, EON extra virgin olive oil is unique. Exceptionally balanced flavors, smooth and fruity, with elegant vegetal aromas reminiscent of fresh mown grass.

We bottle new harvest only and never mix with previous ones

PER CASE

70 x 100ml | 6 x 500ml glass | 16 x 500ml tin | 12 x 1lt | 4 x 5lt

A THREE SELECTION VEGETABLE PATÉ

DIPS FOR WINE / COCKTAIL



A three selection paté is an innovative Greek product. The innovation lies in the process: we practice dehydration, one of the oldest preservation methods, instead of cooking the vegetables.

Dehydration results in intense taste by using very small quantity and a very long shelf life without preservatives. **Vegetable paté** for white wine, **Paprika paté** for a fine rosé or **Sundried Tomato paté** for a strong red wine, they all make a perfect pairing for wine/cocktail or distillery.

Awarded with one star through at AFFA 2021 through blind tasting by Michelin starred chefs and professionals of the food sector.

Tasting advice

Spread on a cracker,
toasted bread or
breadcrumbs

As a side for meat,
fish or poultry

As a base for a new
sauce for pasta/
risotto/salad

They come in 80g glass jar or as a trio pate (3 x 80g), offered in a specially designed paper case including a tasting advice card

PER CASE
Retail: 54pcs (3 x 18) | 72 pcs (3 x 24)
Horeca: 6 per case



HONEY & HONEY SPREADS



3 x FINALIST AT FOOD MATTERS LIVE
AWARDS 2018 ALSO ACCREDITED WITH
2 STARS AT GREAT TASTE AWARDS 2019



01. **Honey with Chios Mastic | 250g glass jar**
This richly powerful mastic, blends perfectly with the pine honey base providing an intriguing journey of taste. Pure and unheated, two superfoods in a jar, rich in vitamins and minerals. A healthy addition to your tea, coffee, bread or pastry makings.
02. **Honey with Wholegrain Tahini | 220g glass jar**
An all-natural, functional blend of pure pine honey and wholegrain tahini of high nutritional value. Rich in vitamins, minerals and healthy fatty acids – omega 3s – nourishes and supports muscle and bone tissue. Finalist at Food Matters Live Award 2018 as Best Natural Ingredient of the Year 2018 for its tahini. Eat a spoonful every day, spread on bread, top your salad or use in pastry.
03. **Honey with Tahini and Dark Choco | 220g glass jar**
A healthy, functional and innovative honey spread made with three ingredients only: 100% Greek pine honey, wholegrain tahini (sesame paste) and dark chocolate (>70% cocoa) makes for a perfectly healthy snack.

PER CASE
18 x 250g | 18 x 220g (of each flavor or mix)

DOLMADES STUFFED VINE LEAVES WITH RICE BAKED



As with all our EON offerings, our stuffed vine leaves are lovingly hand-made with care and attention to every detail, from the stuffing to their delicate shape based on a very old recipe.

Tender and fresh vine leaves rolled with rice, fresh herbs and extra virgin olive oil come in a finely shaped jar to adorn your kitchen shelf or in a large vacuum container for the foodservice.

Greek comfort food, ready to eat | Without preservatives | 12 months shelf life

Won Great Taste Awards in 2016 & 2019. Also awarded at AFFA 2021

Available in 230g glass jar for retail, ambient. In 500g and 2kg vacuum, chilled for the foodservice



PER CASE
20 or 30 jars | 20 x 500g | 3 x 2kg



CABBAGE ROLLS

Cabbage rolls are a favorite culinary standard in the Greek cuisine and consists of cabbage leaves stuffed with minced meat (pork & beef), rice, herbs and condiments, slowly baked.

Our secret lies in choosing carefully the right cabbage at the right time. Thus, we prepare our cabbage rolls seasonally, from end of October till end of February, using only the purest and freshest ingredients following our very old, family recipe.

Greek comfort food, ready to serve | Without preservatives | 60 days shelf life

Available in 500g and 2kg vacuum plastic container, chilled



PER CASE
20 x 500g | 30 x 500g | 10 x 2kg



HANDMADE DELICIOUS PIES FROZEN PRODUCT

Pies, the most typical example of popular food tradition, express accurately the Greek culinary spirit of simplicity.

They are culinary masterpieces, from pure and fundamental ingredients that combine the wisdom of cooking economy with the high culinary merit.

EON pies are prepared with 100% extra virgin olive oil with traditional hand rolled phyllo pastry and only the purest ingredients.

Variety of Flavors: **Greek country style** pie, **Minced meat** pie (beef), **Fresh Garden Vegetables** pie, **Feta Cheese** pie, **Bougatsa**_the Greek cream pie, **Chicken** pie, **Potato** pie, **Spinach & Cheese** pie, **Sweet Pumpkin** pie, **Mushroom** pie, etc.

Frozen product (-18°C) | Shelf life: 12 months

Available at 1250g-1300g square pan cut into 16 pcs | 1300g round pan cut into 6 pcs & 55g-60g mini pies



PER CASE
10 pans | 6kg mini pies



CHALKIDIKI RIPE OLIVES

TREATED ONLY WITH SEA SALT
LOW SALT

Chalkidiki olives, picked when almost ripe and then lovingly processed only with sea salt and patience for at least 12 months, without using chemicals.

Naturally aged healthy table olives, packed with low salt and without preservatives and offered at three options/recipes for both retail and foodservice: **Whole, Pitted or Pitted & Marinated with herbs.**

This results in a naturally wrinkled thin skin while crunchy and juicy inside.

Naturally processed healthy table olives for retail and wholesale.

100% NATURAL | SLOW RIPENING | NO PRESERVATIVES



AVAILABLE AT
Retail: 200g vacuum | Horeca: 1kg, 2,5kg, 5kg vacuum



FUNCTIONAL SNACK WITH GREEK HERBS

9
AWARDS

HIGH
FIBER

BE N' FEAT SNACK

Benfeateat Snack is a new and innovative series of functional snacks with Greek herbs that promote health and wellness. 100% pure, all natural, plant based and highly nutritious.

Mountain Tea: Handmade and nutritious energy snack to nourish and support mind and body before workout or a tough day. Greek mountain tea is a high fiber superfood that energizes and prepares brain and muscles to endure intense labor. It is anti-oxidant, anti-inflammatory, stress-reliever and analgesic while it strengthens the organism overall

Verbena: Wellness & Detox snack. Mind & body detox & rehab due to innovative use of Greek herbs. The 1st post workout or hard day oriented functional snack. Handmade, nutritious snack with Greek herbs to replenish energy after workout or a tough day.

It is with great pleasure to announce that at their very first year they won 6 major awards and another 3 on their second year, 9 awards in total. Won the gold with 94/100 marks at Specialist Awards 2021.

AVAILABLE AT
12 pcs/display | 8 displays/case = 96 bars

PLANT BASED | GLUTEN FREE | NO ADDED SUGAR | NO PALM OIL

Mind and body are not separate. What affects one, affects the other.



Taste every bite of life. **Taste EON!**



Thank you for your time!

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