



**GOD'S GUIDE  
TO A  
GREAT LIFE**

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A Growth Group Study Guide based  
on the GCF Sermon Series on the Ten Commandments  
by Pastor Larry Pabiona

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## **A GROWTH GROUP STUDY GUIDE ON THE TEN COMMANDMENTS**

The Study Guide on the Ten Commandments for the Growth Groups is about learning the Perspective, Principles and Practice of each command. It is designed to allow Growth Group members to go through a daily study of passages related to the lesson. It will not only be a time of study but a time of reflection as the member on his or her own personal time also listens to how God is speaking through the passage. Then at the end of the week, the Growth Group meets by integrating and sharing what they have learned from the daily lessons and together discuss how these commandments are relevant to their lives today as they aim to GROW in God's Word, Relationships, Outreach and Worship.

Since the main text of our study is the Ten Commandments, other related passages are included that would emphasize the following:

### **1. Perspective**

- Know the God who is the source of the commandment – who He is, His character and His ways.
- Know man who has the tendency to disobey the commandment – the temptation, the sin and the consequences.

### **2. Principle**

Understand and take to heart the spirit of the commandment as God's way of setting apart His people as holy by protecting them from sin and from the world, and by providing hope and redemption through His Son, Jesus Christ.

### **3. Practice**

Take decisive steps and specific action points on how to appreciate and to obey the commandment.

Each daily lesson features a passage for study that will employ Bible Study Methods (Observation, Interpretation and Application). This can also be used as a tool for Quiet Time or for Personal Devotions. Let this be a time spent with God in prayer and in His Word and experience the blessing of knowing Him and His will.

# **LESSON 4**

*“Remember the Sabbath day by keeping it holy.  
Six days you shall labor and do all your work,  
but the seventh day is a Sabbath to the LORD your God.  
On it you shall not do any work, neither you, nor your son  
or daughter, nor your manservant or maidservant,  
nor your animals, nor the alien within your gates.  
For in six days the LORD made the heavens and the earth,  
the sea, and all that is in them, but he rested on the seventh day.  
Therefore the LORD blessed the Sabbath day and made it holy.”*  
– Exodus 20:8-11



























