

# LESSON 3

---

## Seventh Day: Day of Consecration *Genesis 2:1-3*



A Time for **Assembly**: *Introduction* to gather together through ice breaker.  
(about 10 minutes)

For Starting Communication:

*Share with the group how you usually spend Sundays.*



A Time for **Adoration**: *Inspiration* to worship God through invocation, thanksgiving, and reading Scripture.  
(about 25 minutes)

Suggested Songs:

*“Here I am to Worship”* Hillsong  
*“You are My All in All”* Dennis Jernigan

Scripture Reading: Genesis 2:1-3

## WORD

A Time for **Admonition**: *Instruction* to communicate one's investigation of the story (content), interpretation based on the setting (context), and integration of the two for the spiritual truth (concept).  
(about 50 minutes)

1. Why did God rest on the seventh day of creation (vv.1-3)?
2. What is the significance of the seventh day having been blessed and made holy by God?
3. Read Colossians 2:16-17 and Galatians 4:9-11. Are Christians under obligation to observe the Sabbath today?

## WALK

A Time for **Accountability**: *Invitation* to apply the implication of the Scripture (connect), implementation of a specific action (conduct), and intercession for the saints/seekers (concern).  
(about 35 minutes)

1. Since we are no longer under the law (Christ has fulfilled the law for us), why is rest so essential to living a healthy spiritual life?
2. How can we observe Sabbath as a day of rest?
3. What are some tasks to be done knowing that creation is for God's glory and pleasure?

## GENESIS: GRACE FROM THE BEGINNING

4. How can the group pray for you? Share now your personal needs or concerns with your accountability and prayer partners. These may include attitudes that need to be changed and specific actions to be done in obedience to God's Word. As you intercede for each other ("saints"), pray also for others outside the group who need to know Jesus ("seekers").

### References:

- Boice, James Montgomery. *Genesis Volume 1*. Baker Books. Paperback edition 2006.
- Constable, Thomas. *Notes on Genesis* 2010.
- Guzik, David. *Genesis Commentary* 2013.
- Life Application Study Bible*. Zondervan and Tyndale House Publishers, Inc. 1997.
- The Expositor's Bible Commentary Volume 2*. "Genesis" Frank Gaebelin, Gen. ed. The Zondervan Corp. 1990.
- Wright, Chris. *Old Testament Ethics for the People of God*. IVP, Leicester, England. 2004
- Goldsworthy, Graeme. *According to Plan: The Unfolding Revelation of God in the Bible*. IVP. Nottingham, England, 1991