



EPHESIANS SERIES

**BUILT ON
BIBLICAL
BEDROCK**

THE CHURCH THAT PLEASES GOD

STUDY GUIDE • EPHESIANS 1:15-23
(PART 2)



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Three Precious
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Should Know
(Part 2)

EPHESIANS 1:15-23

WELCOME:
Fixing
Our Focus

Suggested icebreaker:
If you were given a choice
to have a super power,
what would you choose?
Why would you choose
that power?

WORSHIP:
Adoring
Our God

Suggested songs:

- Our God
- Because He Lives
- How Great is Our God

WORD & WALK:

Understanding & Applying the Word

LESSON AIM

1. Members will realize the limitless power God made available to them.
2. Members will be filled with joy as they tap into this power whatever their situation may be.
3. Members will tap into this power to live a God-pleasing life.

INTRODUCTION

In the previous lesson, we looked at Paul's prayer for the Ephesian saints. He asked God to open the eyes of their hearts, that they may know God more intimately. Specifically, Paul wanted them to know the hope they had in Christ, their immense worth as Christ's inheritance, and the limitless power that is available to them. We will be taking a detailed look at this power in this lesson. How will this power affect believers and the church?

God's power for those who believe in Him (vv. 19-20)

1. To whom is God's power made available?
2. How was God's power made manifest in Christ?
3. How can New Testament believers use this power in any and every situation? (cf. Romans 8:31-39)
4. Does this power mean that believers are exempt from pain and suffering? Why or why not?

Application

Children

1. You have "superpowers". As children of God, you can pray, and when you pray God listens. That is your power. It comes from God. We can pray and entrust people to God, like the people close to us, even our church leaders, like our pastors, elders and deacons. We can pray for our family, our friends and even for our country. (So starting today let us set aside time to pray and talk to God, remember God hears and listens to our prayers)

Youth

1. What are some of the situations you regularly find yourself feeling powerless in, whether personally or communally?
2. What was one experience of pain and suffering you got through simply because of the power of God?

WORD & WALK:

Understanding & Applying the Word

Adults

1. What practical difference would it make if we understood the power of God within us as believers better?
2. What does “good” really mean in Romans 8:28? Why is it dangerous to force our own definition of what is “good” on this famous verse?

Community

1. If you truly believe that the “riches of God’s glorious inheritance” and the “immeasurable greatness of His power that raised Christ from the dead” are made available to you, what new thing can you do to help an individual from your immediate community (family, neighborhood, school, office, etc.) experience the power of God’s love?

World

1. The movies, TV shows and other media around the world emphasize on “just believe and all will be alright” without evaluating the “object” of their belief. How does having the right “object” of belief impact our “act” of believing as we see the current effects of other nations on their people?

Christ’s authority over all creation and the church (vv. 21-23)

1. How did Paul describe Christ’s authority? Is there anything outside of His authority?
2. What is the church’s relationship with Christ?
3. What can you say about the church and its mission in light of the scope of Christ’s authority?

Application

Children

1. God can do anything, and He’ll take care of your needs - family problems, sick loved ones, money problems, problems at school, etc. Now, think of something you are having a hard time with. Tell God about it. Are you having a hard time focusing on your online classes? Take this time to talk to Jesus about it. Remember He is God and He can help us at all times.

WORD & WALK:

Understanding & Applying the Word

Youth

1. Though the passage is clear that Christ is far above all authorities, we sometimes forget that in difficult situations. What are those situations you experience that make it difficult to remember this truth?
2. What can you do this week to not forget this truth of Christ's authority when you encounter those difficult situations? What practical spiritual measures can you take?

Adults

1. What does this passage say about the exaltation of Jesus? How might living with this awareness change a believer's life in a positive way?
2. What hinders us from tapping into God's power? How can we overcome this?

Community

1. How can Christ's authority be made manifest in your family, neighborhood, school, or workplace?

World

1. If Christ is currently and in the future be seated above every rule, authority, power and dominion, what can you do this week to help someone belonging, or having a ministry, to a suffering nation experience the glorious reign of Christ in their heart?

Prayer Item

1. As you close in prayer, if you know of any fellow believers who need a deeper sense of God's power at work in and through them, use this opportunity to lift them up to the Lord.



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Know Christ and Make Him Known

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