



CLEAR THE AIR
**Paano
Pagtagumpayan
Ang Pagkabalisa
Sa Bagong Normal**

Matthew 6:25-34



Message Guide | January 30, 2022

CLEAR THE AIR

SERMON SERIES

TODAY'S MESSAGE | JANUARY 30, 2022

Paano Pagtagumpayan Ang Pagkabalisa Sa Bagong Normal

Matthew 6:25-34

PANIMULA

Ang halos dalawang taon nang coronavirus pandemic ay nagdala sa ating lipunan ng malawakang pagkabalisa tungkol sa darating na bagong “normal.”

Maraming nababalisa sa kinabukasang ating hinaharap dahil hindi pa nangyayari ang ganitong krisis sa kasaysayan ng Pilipinas at ng buong mundo.

Paano ba natin mapagtatagumpayan ang pagkabalisa na dala ng nagpapatuloy na krisis na ito? Makikita natin ang kasagutan sa tanong na ito sa dakilang sermon ng ating Panginoon sa kabundukan ng Galilea sa Matthew 6:25-34.

Mayroon Siyang tatlong panghihikayat....

1. ITUON NATIN ANG ATING PANINGIN SA KATAPATAN AT KASAPATAN NG ATING AMA (Matthew 6:25-30).

Dahil nga nag-iisa lang ang ating sinasamba at sinusunod na Panginoon, at dahil nga sa ating buong pagtitiwala sa Kanya, hindi tayo dapat mabalisa tungkol sa ating mga pangangailangan sa buhay na ito.

Paulit-ulit Niyang iniutos sa mga talatang susunod na ang tamang pagtugon sa pagkabalisa ay **HUWAG MABALISA!**

Tatlong ilustrasyon ang makikita natin dito sa mga talatang ito:

- a. Siya ang Magbibigay ng Ating Kakainin, v. 26.
- b. Siya ang May Hawak ng Ating Kinabukasan, v. 27.
- c. Siya ang Nagkakaloob ng Ating Karamtan, v. 28-30.

2. ITUON NATIN ANG ATING PAG-ASA SA LANGIT AT HINDI SA MGA BAGAY NG MUNDONG ITO (Matthew 6:31-33).

Nag-umpisa ang v. 25 sa isang utos na tayo ay tumigil na sa ating pag-aalala. Sa v. 31 inulit ng Panginoon ang Kanyang admonisyon na ni hindi tayo dapat mag-umpisa ng ating pag-aalala. At ito nga ay dahil sa Kanyang pagiging tapat at sapat sa lahat ng ating pangangailangan. Hawak at kontrolado Niya ang lahat ng bagay at katuwaan Niya ang tugunin ang ating mga pangangailangan at minimithi. Wala tayong dahilan mag-alala.

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Kaya ang dagdag na tagubilin Niya sa atin ay:

- a. Huwag Mahumaling sa Paghabol ng mga Bagay ng Mundong Ito, v. 32.
- b. Huwag Tayong Titigil sa Paghahanap ng Kanyang Paghahari sa Ating Buhay, v. 33.

3. ITUON NATIN ANG ATING PANANALIG SA MAY HAWAK NG ATING KINABUKASAN (Matthew 6:34).

Maaaring magtagal pa nang hindi tiyak na panahon ang pandemyang ito. Pwede rin namang pumanaw na ang bisa ng coronavirus at mapagtagumpayan na ng mga bakuna at gamot ang kanyang kamandag. Walang katiyakan ang bagong normal.

Ngunit ang ating Diyos na Ama natin sa kalangitan ay ang may hawak ng lahat ng bagay, at higit sa lahat, hawak Niya ang ating kinabukasan.

Kaya huwag na tayong mabalisa at mag-alala. Ang Diyos ay nakaluklok sa Kanyang trono. Datapwat hindi tayo matitinag (Psalm 46:10-11). ■

Download the study guide: bit.ly/GCFStudyGuides



The Shepherd's Voice

by Elder Bong Durana,
Mercy Ministry and Chairman of the Board of Elders



God's mighty work is always associated with shaking. When the curtain of the temple were torn in two, the earth shook and the rocks were split (Mat 27:51). Such shaking heralds the most magnificent news in the history of humanity. Man can now approach God with unveiled face to be transformed into His likeness from glory to glory (2 Cor 3:18) because of Christ's finished work on the cross. Man sometimes need to be shaken out of his comfort zone in order that He may achieve His perfect will and purpose in his life.

The pandemic has indeed pushed us out from the familiar to the unfamiliar territory we saw littered with griefs and sufferings of men. And it seems almost nobody has been spared. But may our collective experience helps us to recognize this is but part of God's sovereign plan of reconciling the world to Himself. And for us who are in Christ, may we be comforted of this truth that our various trials are making our faith "perfect and complete" (Jm 1:2) in Christ. This is therefore also the time to rejoice with so much hope as He sets up the body of Christ to thrive and succeed even in the midst of a crisis.

The start of the pandemic has also ushered in renewed direction for the Greenhills Christian Fellowship. We added "Love for God and love for others" as our seventh core value. Because it stitches together everything that we do as we desire to develop a culture of love towards our brethren in GCF and those who are not part of our church. Through the New Church Planting and Mercy Ministries, God continue to prod us to have a bigger burden for the lost in the communities. He honored our efforts with many milestones in various ministries and convicted our elders and pastors to humbly accept there is so much more we need to do to shepherd the flock for evangelism. This I believe is where God is leading us to for 2022.

Shepherding shall be pervasive starting from the elders and pastors as well as the individual members of our church. Let us pray that we will come to experience pervasiveness as we equip GCF members to be on fire as they evangelize and disciples others in their respective oikos. "The harvest is plentiful, but the laborers are few." (Mat 9:37) May this call of Jesus deeply cuts through our hearts. And as we continue to examine our hearts, may we humbly come into repentance so that we can "pray earnestly to the Lord of the harvest to send (*us*) out laborers into his harvest." (v.38) This is my prayer in Jesus mighty name, Amen. ■



WORSHIP THROUGH GIVING



Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:7

If you are led to give, you may do so through the following means:

Account Name: Greenhills Christian Fellowship, Inc.

BDO

BDO Corporate Center
Savings Account: **000661590216**

METROBANK

Ortigas Sapphire
Savings Account: **629-3-62919733-9**

CHINA BANK

Ortigas ADB
Savings Account: **1112-02006218**

BPI

Ortigas Emerald
Peso Savings Account: **9823 0217 01**

UNIONBANK

UB Plaza
Checking Account: **0005-9001-0426**

ROBINSONS BANK

Main Office
Savings Account: **1000-3010-0017-355**

PAYPAL

Please visit **gcf.org.ph/give**

Scan QR code below:

GCASH



PAYMAYA



Send a copy of your transaction document to **finance@gcf.org.ph** so your giving can be properly recorded and an official receipt can be sent to you.

COVID-19 EMERGENCY RESPONSE EFFORTS

You may also give to support the church family's COVID relief efforts. Just indicate "**For COVID-19 Fund**" when you email your transaction document.

LET'S HELP TYPHOON ODETTE VICTIMS

GCF Ortigas is now accepting CASH donations for the victims of Typhoon Odette. As a church family, let's come together and show God's love in this time of need.

Donate via the official GCF giving channels (**www.gcf.org.ph/give**). Email a copy of your transaction slip to **finance@gcf.org.ph** with the subject "**Typhoon Odette**".

For in-kind donations and other inquiries, email **mercy@gcf.org.ph**

CHURCH UPDATES



NO ON-SITE SUNDAY WORSHIP SERVICES UNTIL FURTHER NOTICE

Worship with us online on
GCF YouTube and Facebook

REMINDERS OF GOD'S CARE AND FAITHFULNESS DEVOTIONALS

Tuesdays • 8:00 p.m.
Livestream on GCF YouTube
and Facebook

THE GCF FAMILY'S HOUR OF PRAYER

Thursdays • 8:00 p.m. • via Zoom

KidsLIFE ONLINE SUNDAY SCHOOL

Saturdays
• Ages 2-6 — 10:00 a.m.
• Ages 7-12 — 10:15 a.m.
Livestream on GCF YouTube
and Facebook

LIVestream (YouthLIVE Worship)

Saturdays • 5:00 p.m.
Livestream on GCF YouTube
and Facebook

TELECONSULTATION SERVICE

For medical appointments or
questions, contact:

- gcfocstef@gmail.com
(9:00 a.m. — 12:00 nn)
- gcfocluan@gmail.com
(1:00 — 4:00 p.m.)

THE POWER OF KNOWING GOD Online Bible Study

Every Sunday
8:00 — 9:00 a.m. • via Zoom
Pre-registration required:
• Ms. Marj (GCF Ortigas):
0917 779 1549
• Ms. Jen (Precept):
0917 773 2378

BIBLICAL PORTRAIT OF MARRIAGE Webinar for Couples

Every 1st Saturday
Starting February 5 until July 2
2:00 — 4:00 p.m. • via Zoom
The first 50 persons to register will
get a Free Webinar workbook (P50)
To register, contact Marj (0917 779 1549)

SELAH: PRAYER & FASTING WEEK CHRIST, OUR HOME

January 31 — February 5
Monday to Saturday

Daily Prayer Nights
at 8:00 p.m. • via Zoom

GCF 44TH ANNIVERSARY

February 13 (Sunday)

10:00 a.m. — Worship Celebration
(Live on GCF YouTube and Facebook)

3:00 p.m. — Family Fellowship
(via Zoom)

STAY CONNECTED

Starting January 31, on-demand
viewing of our Worship Services
will be available every Monday.

DEPRESSED? ANXIOUS? LOST A LOVED ONE?

If you need someone to talk to,
we are here to listen.
Contact us at **GCF ERCC Hotline:**
0917 532 7794

HOW CAN WE PRAY FOR YOU?

Message us your prayer requests at:
Facebook:
Greenhills Christian Fellowship
E-mail:
pray@gcf.org.ph

ONLINE VISITOR'S CENTER

We are so glad you're here today!
We want to personally welcome you
via Zoom after the 10:00 a.m. and
3:00 p.m. Worship Services.

Zoom Room:
bit.ly/WelcometoGCF

Welcome Form:
bit.ly/GCFWelcome



Greenhills Christian Fellowship Know Christ and Make Him Known

Ruby cor. Garnet Roads, Ortigas Center, Pasig City, 1605
Monday to Friday, 9:00 a.m. to 6:00 p.m.

☎ (02) 8632 1357 🖨 8632 1354 to 56 🌐 gcf.org.ph ✉ email@gcf.org.ph