COMMUNION SERIES ON HEBREWS



The Supremacy of Christ and Christianity



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Loved into Finishing Well

Hebrews 12:4-13

WELCOME:

Fixing
Our Focus

Suggested icebreaker:

Have each GG member share how they were disciplined by their parents when they were young. How did it affect them then and now?

WORSHIP:

Adoring Our God

Suggested songs:

- Good Good Father
- How Deep the Father's Love for Us

WORD & WALK:

Understanding & Applying the Word

LESSON AIM

- 1. GG members will not be discouraged by God's discipline.
- 2. GG members will focus on the future benefits of God's discipline.
- 3. GG members will persevere through God's discipline.

INTRODUCTION

The author of Hebrews talked about those in the "hall of faith" and how they finished the course of their race. He encouraged the believers to also run the race of faith by focusing on Jesus Christ. In this portion of the letter, he talked about God's discipline. What is the connection between God's discipline and running the race? Let's take a look.

The author explained why God disciplines believers (vv. 4-8)

- What did the author say about the believers' struggle against sin? Why do you think he said that?
- 2. How does focusing on the life of Christ help us in our struggle against sin?
- 3. Why does God discipline believers? What is his motivation behind it?
- 4. What connections are there between parenthood and discipline?

Application

- Christ suffered injustice to the point of death. How can this truth be an encouragement to you regarding your struggle against sin?
- 2. How do you know when you are being disciplined by God? In what ways have you experienced God's discipline?
- 3. Why do you think God gave parents the authority to discipline their children?

The author showed the benefits of God's discipline (vv. 9-11)

- How did the author compare God with our earthly fathers and his discipline with theirs?
- 2. What are the benefits of discipline?
- 3. Discipline is painful and many children do not like it. What do you think will happen to children if they are not disciplined?

Application

- 1. How would you compare and contrast God's discipline with your father's?
- 2. How have you benefited from both your father's and God's discipline?

WORD & WALK:

Understanding & Applying the Word

The author encouraged believers to persevere (vv. 12-14)

- 1. What image did the author use for believers to persevere? How does this connect with the image he used at the beginning of the chapter?
- What did the author exhort believers to do? What is the reason behind the exhortation?

Application

How does God's discipline help you run the race of faith?

Prayer Item

Pray for each another, then for believers around the world, that we will not be discouraged by God's discipline. Rather, let us be encouraged knowing that God loves us and disciplines us for our own good.



Your feedback is important to us.

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