



EPHESIANS SERIES

# BUILT ON BIBLICAL BEDROCK

THE CHURCH THAT PLEASES GOD

STUDY GUIDE • EPHESIANS 4:4-6



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# Seven Reasons Why We Should Be One

EPHESIANS 4:4-6

## **WELCOME:**

### Fixing Our Focus

#### **Suggested icebreaker:**

Our world is filled with many examples of how diverse parts work together as a whole. One example is an analog watch. It is composed of many different intricate parts working together so that it can tell time with precision and accuracy. Ask each GG member to list down as many examples that they can think of in a minute. After time is over, compare to see who has the longest list.

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## **WORSHIP:**

### Adoring Our God

#### **Suggested songs:**

- The Church's One Foundation
- O Church Arise

# WORD & WALK:

## Understanding & Applying the Word

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### LESSON AIM

1. GG members will encourage, support, and edify fellow believers.
2. GG members will ask the Holy Spirit to unit believers as one.
3. GG members will strive to be obedient to God and help fellow believers do the same.

### INTRODUCTION

We saw in our previous lesson how the apostle Paul urged believers to walk in a manner worthy of their calling and to maintain their unity in the Holy Spirit. In our passage, Paul gave the reasons why believers should be united as one. The word “one” was repeated several times in a span of just three verses. Let’s take a look at the reasons enumerated by the apostle Paul.

### **The unity of the church is based on the unity of the Trinity (vv. 4-6)**

1. What is this “one body” mentioned by Paul? (cf. Romans 12:4-5; Ephesians 2:13-16; 3:6)
2. What are the implications of having many different members in the body of Christ?
3. How are believers united by the Holy Spirit? (cf. 1 Corinthians 6:19; 12:13; Ephesians 1:13-14; 2:18)
4. What is the “one hope” all believers have in common? (cf. Ephesians 1:11-14; 17-18; 1 Peter 1:3-5)
5. Who is the Lord and Savior of all believers? (cf. John 14:6; Acts 2:36; Romans 10:9; 1 Corinthians 8:6)
6. Who is the sole object of faith of all believers? (cf. John 3:14-18, 36; Romans 3:21-26; Ephesians 2:4-8)
7. What is the “one baptism” mentioned by Paul and how is it different from water baptism? (cf. Acts 1:4-5; 19:1-7; Romans 6:3-4; Galatians 3:27-28)
8. How did Paul describe God and His relationship with all believers? (cf. John 17:3; 1 Corinthians 8:6; 12:4-6; Ephesians 1:5)
9. Based on what we’ve learned above, how are believers united as one by the three persons of the Trinity?

# WORD & WALK:

## Understanding & Applying the Word

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### APPLICATION

#### *Children*

1. During our huddle time or Sunday School online, how can we make the newcomers feel welcome? Can you share ways we can be more welcoming?
2. Some kids are different from us (like values, beliefs, how they were brought up). How can we still show love and kindness to them?

#### *Youth*

1. Do you currently feel like you belong in our local church? What are some of the present struggles that make it hard for teenagers to feel like they belong in church?
2. This coming week, how can you tangibly remind your fellow church family members that they are part of the body of Christ? Who is one specific friend you can reach out to in the coming days?

#### *Adults*

1. Paul pictured the church as one body composed of many different members. How are you contributing to the local church body right now?
2. In what ways can you help encourage, build up, and support fellow believers in the Lord? Think of at least one person whom you'll reach out to this week.

#### *Community*

1. Jesus had commanded believers to make disciples of all nations. In what ways are you making disciples or sharing the gospel to your immediate community?
2. How can your GG work together as one body in reaching out to a local community or even certain individuals for Christ?

#### *World*

How can different local churches work together towards advancing the gospel message throughout the world? How can your GG contribute to this effort?

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### PRAYER ITEM

What are some things that are causing disunity in the church today? Ask the Holy Spirit for wisdom and guidance on how we can maintain the unity of the church.



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