



**EPHESIANS SERIES** 

# BUILT ON BIBLICAL BEDROCK

THE CHURCH THAT PLEASES GOD

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# Guidelines to Living Out the Resurrected Life

**EPHESIANS 5:1-6** 

# **WELCOME:**

Fixing
Our Focus

### Suggested icebreaker: Share with others how you tried to imitate your parents when you were younger.

# **WORSHIP:**

Adoring Our God

### Suggested songs:

- Your Grace Still Amazes Me
- How Deep the Father's Love for Us

### **WORD & WALK:**

# Understanding & Applying the Word

### **LESSON AIM**

- 1. GG members will praise and thank God for His sacrificial love
- 2. GG members will love others sacrificially
- 3. GG members will guard each other from selfishness and greed

### INTRODUCTION

In the first half of chapter 4, Paul urged the Ephesians to "walk in a manner worthy of the calling" to which they were called. They were to walk in unity in the body of Christ. In the second half of the chapter, Paul commanded them not to "walk as the Gentiles do" for they have received new life in Christ. In the beginning of chapter 5, Paul began by telling the Ephesians to "walk in love." Let's take a look at why they are to walk in love and how they are to walk in love.

### Believers should imitate God by walking in love (vv. 1-2)

- Why should believers be imitators of God?
- In what way should believers imitate God, what example was given by Paul? (cf. John 10:11; 13:34-35)
- 3. Why do you think children have a natural inclination to copy their parents? Should this hold true for those who have become adopted children of God?

### APPLICATION

### Children

We can show that we love Christ. List down ways we can copy Christ and be more like Him. When you are done listing, share them and make it your prayer to keep on being like Christ everyday.

### Youth

- 1. What was one instance when someone showed you that they loved you by sacrificing a lot?
- 2. How can you show sacrificial love to the people in your school or family this week?

### Adults

- Have you been the recipient of a fellow believer's sacrificial love?
   What effect did that have on you?
- How are you imitating God in your life right now? How are you sacrificially loving others?

# WORD & WALK: Understanding & Applying the Word

### Community

How can you be a beacon of God's love in your community?

### World

Many Christians have been criticized for judging those who don't live according to God's standards. How can we, as individual Christians and as a church, be loving toward unbelievers yet remain firm on what we believe in?

### Believers should not be sexually immoral or covetous (vv. 3-6)

- Why do you think sexual immorality and covetousness are improper for believers? (cf. Galatians 5:17)
- 2. What does Paul say about a believer's speech? How is it connected with sexual immorality and covetousness? (cf. Matthew 15:18-19)
- 3. What's the difference between thanksgiving and unwholesome talk?
- What are in store for the sexually immoral and covetous person? (cf. Colossians 3:5-6)
- 5. What is the driving force behind sexual immorality and covetousness? Why did Paul contrast these against God's love?

### **APPLICATION**

### Children

- We are told to be careful with our tongue. Have we been checking ourselves on what we say? Is it helpful or hurtful? Share how we can be more careful with our talk.
- Ask the Lord to reveal to you how your speech has been and seek his
  forgiveness. Let's practice being careful with what we say; make sure it's
  helpful not hurtful.

#### Youth

- 1. What are some of the ideas and views about sexual immorality and covetousness you've been hearing from people online or at school that are contrary to what the Bible teaches?
- How can you better guard yourself against sexual immorality and covetousness? Who are the people you can be accountable to?

# WORD & WALK: Understanding & Applying the Word

### Adults

- How can you protect yourself against sexual immorality and covetousness?
   How can you help fellow believers (or how can fellow believers help you)
   guard against these?
- 2. What are some warning signs of sexual immorality or covetousness in your life that you need to watch out for?

### Community

How can you react or respond in a manner that reflects God's love and goodness when people around you start making coarse jokes or unwholesome talk?

### World

How can Christians protect each other from the world's influence without isolating themselves from the world?

### **PRAYER ITEM**

Spend a few minutes thanking God for modeling to us how to love sacrificially. Think of at least one person in your life whom you will show sacrificial love. Pray to God for discernment and opportunities to do so.





### Your feedback is important to us.

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