



EPHESIANS SERIES

BUILT ON BIBLICAL BEDROCK

THE CHURCH THAT PLEASURES GOD

STUDY GUIDE • EPHESIANS 5:18-21



EPHESIANS SERIES

BUILT ON BIBLICAL BEDROCK

THE CHURCH THAT PLEASES GOD

STUDY GUIDE • EPHESIANS 5:18-21

CONTENTS

WELCOME:

Fixing Our Focus 1

WORSHIP:

Adoring Our God 1

WORD & WALK:

Understanding & Applying the Word 2

Be Filled with the Right Spirit

EPHESIANS 5:18-21

WELCOME:

Fixing
Our Focus

Suggested icebreaker:

Ask each GG member to share an instance when they “lost control” over their minds, bodies, or actions. What led to them doing so and what were the consequences?

WORSHIP:

Adoring
Our God

Suggested songs:

- Holy Spirit,
Living Breath of God
- I Surrender All

WORD & WALK:

Understanding & Applying the Word

LESSON AIM

1. GG members will make it a habit to surrender their lives to the Holy Spirit.
2. GG members will develop a joyful and thankful spirit, as they are filled with the Spirit.
3. GG members will submit themselves to others, as they are filled with the Spirit.

INTRODUCTION

In this passage, Paul reveals how believers are able to walk in the manner that pleases God (in unity, with love and wisdom). The reason they are able to do so is because the Holy Spirit empowers them. Let's take a look at what it means to be influenced by the Holy Spirit, and what are some consequences of this.

Paul instructed believers to be filled with the Holy Spirit (v. 18)

1. What happens to a person who gets drunk? Describe the effects of alcohol on a person's thinking processes and motor ability.
2. Why do you think Paul contrasted getting drunk with being filled with the Spirit? What happens to a person who is under the influence of the Holy Spirit? (cf. Galatians 5:22-23)
3. What do you think Paul meant by being "filled" with the Spirit, since all believers already receive the Holy Spirit at the time of their conversion? (cf. Ephesians 1:13; Colossians 3:16)

APPLICATION

Children

1. When the Spirit of God lives in us, changes happen such as being able to love or be patient. These are called fruits of the Holy Spirit. Can you list the fruits of the Holy Spirit and describe them?
2. How can we show the fruits of the Holy Spirit through our actions and words?

Youth

1. What can you observe about the culture of drinking among students today? How have you been responding to these?
2. What are some of the practical ways you can resist the peer pressure amidst the culture of drinking we are in today?

WORD & WALK:

Understanding & Applying the Word

Adults

1. What are some obstacles that keep you from being filled with the Holy Spirit?
2. How can you immerse your mind with God's Word so that it affects your behavior?

Community

It is easy to identify a person who is drunk because of the way they act and speak. How can you make it easy for people in your community to identify you as a Christian?

World

What kind of impact can Christians all over the world make when they allow themselves to be controlled by the Holy Spirit?

The effects of being filled with the Holy Spirit (vv. 19-21)

1. How did Paul describe believers who are filled with the Holy Spirit as they interact with each other and with God? What attitude drives this kind of behavior?
2. How often should believers give thanks to God? (cf. Colossians 3:17; 1 Thessalonians 5:18) Do you think this is possible? (cf. Acts 5:40-41, 16:23-25)
3. What do you think Paul meant by believers submitting to one another? Why should they do so?

APPLICATION

Children

1. We are told to be full of the Spirit so that we can show the fruits of the Spirit. These are good things such as good behavior. Can you tell if a person is full of the Spirit? Share.
2. Have you been singing praise songs? Are there songs that help you when you are sad? Can you share such songs that can make others feel encouraged?

WORD & WALK:

Understanding & Applying the Word

Youth

1. What are some of the particular worship music that have ministered to you greatly? What are some of the things happening in your life that you want to thank the Lord for?
2. If you have a gift in music, consider serving the Lord through this in our local church!

Adults

1. What causes you to break out into song and what kind of songs come into your mind when you do? How can you cultivate a habit of listening to worship music during the week?
2. What are some things that prevent you from having a grateful heart? Why do you think the Christians in the early church were able to praise and thank God despite the persecution and suffering they face?

Community

How can Christians submit to one other in the different community contexts they are in: family, work, school, friends, etc.?

World

How does a grateful heart compare with the attitude we see in society in general? How do you think Christians can use this to reach out to those who have yet to know Christ?

PRAYER ITEM

Pray for one another that you may make it a habit to be under the influence and control of the Holy Spirit. Pray for believers around the world that they may live Spirit-filled lives that impact the people around them.



EPHESIANS SERIES

BUILT ON BIBLICAL BEDROCK

THE CHURCH THAT PLEASES GOD



Your feedback is important to us.

If you used this study guide in leading your growth group, please rate it at <https://gcf.link/GCFSGFeedback>. Thank you!



Greenhills Christian Fellowship
Know Christ and Make Him Known

Ruby cor. Garnet Roads, Ortigas Center, Pasig City, 1605

☎ (02) 8632 1357 📍 Greenhills Christian Fellowship 📺 GCF Main