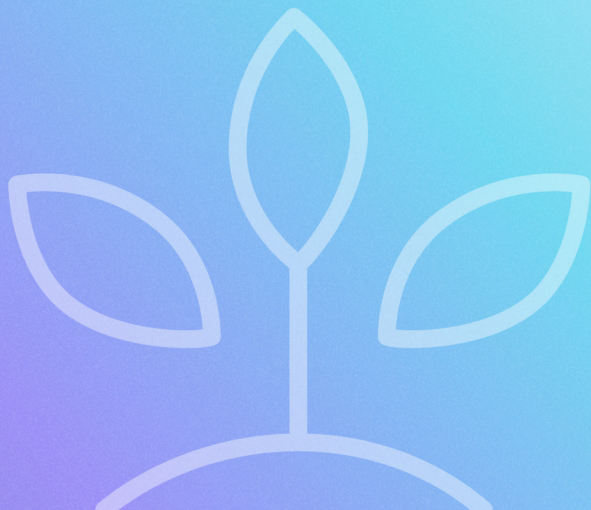




Born to Bless: “Build Up One Another”

**1 THESSALONIANS 5:9–11
1 CORINTHIANS 10:23–33**



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STUDY GUIDE • ONE ANOTHER SERIES

Born to Bless: "Build Up One Another" • 1 Thessalonians 5:9–11 & 1 Corinthians 10:23–33

WELCOME: Fixing Our Focus

Suggested icebreaker:

Recall how in the past week the Lord had been faithful to you and have blessed you more than what you have prayed for. How did the blessing you received served to encourage others, built them up, and glorified God?

WORSHIP: Adoring Our God

Suggested songs:

- [10,000 Reasons](#)
- [Blessed Be the Name of the Lord](#)

WORD & WALK:

Understanding & Applying the Word

LESSON AIM

1. GG members will learn the foundational truth and the blessedness of our salvation.
2. GG members will understand the meaning of a believer's freedom in Christ and demonstrate this to be an encouragement to others.
3. GG members will rejoice in God's blessings and be a channel of blessing to others.

INTRODUCTION

The Lord never withholds anything good from us, but had always been faithful in granting us our hearts' desires when these are made in accordance to His good and perfect will for us. Throughout our Christian journey, we can never stop counting our blessings which should not be kept to ourselves, but to use our blessings to encourage and build others up for the glory of God.

Believers are to build each other up as they wait for Christ's return (1 Thessalonians 5:9-11)

Paul reminded the Thessalonian believers that they are not destined for God's wrath during the great tribulation because they have been saved by Jesus Christ. Therefore, as they wait for Christ's return, they are to continue encouraging and building each other up.

1. What was Paul talking about in this portion of scripture? (vv. 1-11)
2. Why are believers spared from upcoming "day of the Lord?"
3. What are believers commanded to consistently and persistently do for one another?

Application

How are you encouraging and building up fellow believers in our church family?

Believers are to seek the glory of God and the good of others in all they do (1 Corinthians 10:23-33)

While believers have freedom in Christ, they are to use it for the good of others, not themselves. In doing so, they not only benefit others, but they also give glory to God.

WORD & WALK:

Understanding & Applying the Word

1. In verses 23 and 24, what principle is Paul teaching the Corinthian believers in light of their freedom in Christ?
2. Based on this principle, what should believers be conscious of so as to avoid sinning or causing others to sin?
3. What would be the result of believers living by this principle? How would it impact those who have not yet come to a saving knowledge of Jesus Christ?

Application

What are some ways you can place the good of others above your own?

PRAYER ITEM

Pray for the Holy Spirit to fill your heart with a desire to be a blessing to other people, just as you have been blessed by the Lord. Pray that there will be an outward manifestation of your salvation by seeking the good of other people, as you walk alongside and journey with them.



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If you used this study guide in leading your growth group, please rate it at <https://bit.ly/GCFSGFeedback>. Thank you!



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Know Christ and Make Him Known

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