

# GCF

# BULLETIN

VOL. 46 • NO. 4

MARCH 2/3, 2024



COMMUNION  
SERIES ON LUKE:

*God the Son,  
Son of Man*

## TODAY'S MESSAGE

# Jesus, Lord of the Sabbath

LUKE 6:1-11

## ORDER OF WORSHIP

Call to Worship  
Worship Through Praise  
Community Prayer  
Worship Through Fellowship  
Worship Through Giving  
Scripture Reading  
Worship in the Word  
Confession Prayer  
Communion  
Benediction

## WORSHIP SERVICES

### ENGLISH

Sunday: 8:00 AM,  
10:30 AM, & 5:30 PM  
Speaker:  
Pastor Larry Pabiona

### FILIPINO

Sunday: 3:00 PM  
Speaker:  
Pastor BJ Sebastian

### TRADITIONAL

Saturday: 5:30 PM  
Speaker:  
Pastor Larry Pabiona



# ENGLISH MESSAGE

## COMMUNION SERMON SERIES

Luke: God the Son, Son of Man

# Jesus, Lord of the Sabbath

LUKE 6:1–11



### SPEAKER

Pastor  
Larry Pabiona  
GCF Senior Pastor

“

*“The Sabbath was made for man, and not man for the Sabbath” (Mark 2:27). Let’s make sure our restoration is above all, spiritual, on this special day we set aside to worship our Lord of the Sabbath.*

”

By two questions His detractors could not answer, Jesus clarified and qualified what the Sabbath is for and reminded us Who has the right to do that. In Luke 6:5, Jesus asserted His authority over the Sabbath; in verses 6-10, He demonstrated it.

*“Have you not read what David did when he was hungry... he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?”*

- The starving disciples were not violating the Law by eating the grain (Deuteronomy 23:25). But according to the legalistic interpretation of Jesus’ enemies, this constituted work on Sabbath, which was prohibited.
- Jesus showed that God is more concerned about meeting real needs than protecting religious rules. David and his men should be saved from starvation than die from a temporary law. God desires mercy, not sacrifice (Matthew 12:7).
- When people put ceremonial rules above real needs, it shows how little they know the heart of God. God gave the Law to help people, not to hurt them. The Sabbath was God’s gift to us. By legalistic interpretations, the Pharisees had turned the Sabbath into a burden instead of a blessing. It will take the Lord of the Sabbath to correct this.
- By claiming to be Lord of the Sabbath, Jesus was claiming equality with the Creator of the Sabbath (Genesis 2:1–2).

*“I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?”*

- This could have been a setup based on verse 7 and the ensuing words of Jesus (*to do harm, to destroy*). The disabled man may have been planted to trap Jesus. But the only thing Jesus felt for him was compassion.
- With supernatural insight, Jesus asked a question meant to expose their hypocrisy. Jesus demonstrated that the Sabbath is a day for doing good and saving; when we relate with God and men to *give* and not get, a day for serving and not being served.
- The Sabbath isn’t just for our restoration but, as God gives us the opportunity, a day to restore others, too.

## FINAL THOUGHTS

The Sabbath was meant for our rest *and* restoration, proof that God perfects and completes everything He starts (Genesis 2:3), and a reminder that we are not God. Because the Sabbath was meant for our rest, we must be blessed, not stressed, in observing it. *“The Sabbath was made for man, and not man for the Sabbath”* (Mark 2:27). Let’s make sure our restoration is above all, spiritual, on this special day we set aside to worship our Lord of the Sabbath. ■

Download  
the Study Guide

➔ [gcf.link/StudyGuides](https://gcf.link/StudyGuides)

# FILIPINO MESSAGE



## COMMUNION SERMON SERIES

Luke: God the Son, Son of Man

# Si Hesus, Ang Panginoon ng Sabbath

LUKE 6:1-11



### SPEAKER

**Pastor  
BJ Sebastian**

Head of  
Disciple-Making  
Ministries

“

*“The Sabbath was made for man, and not man for the Sabbath” (Mark 2:27).  
Tiyakin natin na ang ating Sabbath ay higit sa lahat, panunumbalik espirituwal, sa ating pananambahan sa Kanya.*

”

Sa pamamagitan ng dalawang tanong na hindi masagot ng Kanyang mga kalaban, nilinaw ni Hesus kung para saan ang Sabbath at kung sino ang Panginoon nito. Sa Luke 6:5, itinaguyod ni Hesus ang Kanyang awtoridad sa Sabbath. Sa verses 6-10, Kanyang ipinakita ito.

*“Have you not read what David did when he was hungry... he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?”*

- Hindi nilalabag ng mga disipulo ang Batas sa kanilang pagkain ng trigo (Deuteronomy 23:25). Ngunit ayon sa legalistic na interpretasyon ng Kanyang mga kalaban, ito ay pagtatrabaho sa araw ng Sabbath na siyang ipinagbabawal ng Batas.
- Ipinakita ni Hesus na ang Diyos Ama ay mas interesado sa pagtugon ng mga tunay na pangangailangan ng mga tao, higit sa pagprotekta sa mga alituntunin ng relihiyon. Mas importante ang maligtas si David at ang kanyang mga kasama sa gutom, kaysa sa mamatay dahil sa pagsunod lang sa batas na pansamantalang larawan lamang ng kabanalan ng Diyos. Mas ninanais ng Diyos ang kahabagan, kaysa sa mga kaloob (Matthew 12:7).
- Kapag inuuna ng mga tao ang mga reglamentong seremonyal sa tunay na pangangailangan ng mga tao, ipinapamalas nila ang kanilang mababaw na pag-uawa ng puso ng Diyos. Ibinigay ng Diyos ang Batas upang tulungan ang tao, hindi saktan sila. Ang Sabbath ay kaloob ng Diyos sa atin. Sa kanilang legalistic na interpretasyon ng Batas, ginawa nila itong pabigat imbis na pagpapala. Tanging ang Panginoon lang ng Sabbath ang makatutuwid nito.
- Sa Kanyang pagsabi na Siya ang Panginoon ng Sabbath, idineklara Niya na Siya ay ang Lumikha nito (Genesis 2:1-2).

*“I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?”*

- Malamang ito ay isang sadya na “set-up” ayon sa v. 7, at ang mga ginamit na salita ni Hesus sa v. 9 (*to do harm, to destroy*). Maaaring “planted” ang lalaking may kapansanan. Ngunit pagmamalasakit lang ang naramdaman ni Hesus para sa kanya.
- Sa pamamagitan ng Kanyang supernatural na kaalaman, nabunyag ni Hesus ang kanilang kapalaluan. Ipinakita ni Hesus na ang Sabbath ay isang pagkakataon na gumawa ng mabuti at maglingkod sa ating kapwa.
- Ang Sabbath ay hindi lamang para sa ating kapahingahan, kundi isang oportunidad upang paglingkuran ang ating kapwa.

## HAMON

Ang Sabbath ay para sa kapahingahan at pagtubos ng lakas, isang pagpapakita na kinukumpleto ng Diyos ang lahat ng Kanyang inumpisahan (Genesis 2:3). Ito ay isang paalala sa atin na hindi tayo Diyos. Sapagkat ang Sabbath ay para tayo magpahinga, dapat natin tanggapin ito na pagpapala, at hindi sanhi ng pag-aalala sa ating pagsunod dito. *“The Sabbath was made for man, and not man for the Sabbath”* (Mark 2:27). Tiyakin natin na ang ating Sabbath ay higit sa lahat, panunumbalik espirituwal, sa ating pananambahan sa Kanya. ■

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# The Shepherd's Voice



## Praise God For A Memorable Anniversary Celebration

It was two weeks ago already, but the memorable celebration of our 46th Anniversary still affects me positively. It is a blessing to realize that nobody in our faith community is unimportant because God gives everyone a gift and a role in the Body of Christ. By gifts, we have a more practical definition of “something you love to do and can do well” and which you offer to God to bless others. It doesn’t have to be overtly spiritual, but anything we do for God can become a ministry as we place it in the Master’s hands. At the same time, there are also many ministry opportunities within GCF itself, and you can approach any pastor, deacon, or elder in the church so they can help you in case you are interested.

## GCF Family’s Hour of Prayer

If you are looking for an opportunity to develop the ministry of intercession for others and, at the same time, learn the meaning of worship through thanksgiving, join us every Thursday (8:00 PM via Zoom) as we continue our GCF Family’s Hour of Prayer. Every first Thursday of the month is “Praise Night”, and every last Thursday of the month is “Missions Focused”. Last but not least, you can share prayer requests that are prayed for not only on the night you shared but they are put into a Viber prayer group where the pastors, elders, and deacons pray for your requests the whole week. Join us on Zoom at <https://bit.ly/GCFHourOfPrayer> Passcode: 984990

## Our 8:00 AM Early Birds

Praise God for the people filling our 8:00 AM Sunday Worship Service. This has freed up more seats and parking spaces for the following 10:30 AM Service. We just need to lovingly request you to vacate the parking slots if you’ll go elsewhere other than GCF after the Service. Thank you in advance! ■

# Worship Through Giving

If you are led to give, you may do so through the following means:

**Account Name: Greenhills Christian Fellowship, Inc.**

### BDO

BDO Corporate Center  
Savings Account: 000661590216

### METROBANK

Ortigas Sapphire  
Savings Account: 629-3-62919733-9

### CHINA BANK

Ortigas ADB  
Savings Account: 1112-02006218

### BPI

Ortigas Emerald  
Peso Savings Account: 9823 0217 01

### UNIONBANK

UB Plaza  
Checking Account: 0005-9001-0426

### ROBINSONS BANK

Main Office  
Savings Account: 1000-3010-0017-355

### PAYPAL

Giving via PayPal is **currently unavailable**.  
You may give using our other channels.

Send transaction document  
to [finance@gcf.org.ph](mailto:finance@gcf.org.ph) for receipt.

### GCASH



### PAYMAYA



**Greenhills Christian Fellowship**  
Know Christ and Make Him Known

Ruby cor. Garnet Road,  
Ortigas Center, Pasig City, 1605

☎ (02) 8632 1354 to 56  
🌐 [gcf.org.ph](http://gcf.org.ph)  
email@[gcf.org.ph](mailto:gcf.org.ph)



# Come WORSHIP GOD WITH US!

*Together, let's seek to know  
Christ and make Him known*

## WORSHIP SERVICES

### SUNDAYS

8:00 AM • English  
10:30 AM • English  
3:00 PM • Filipino  
5:30 PM • English

### WEDNESDAYS

6:30 PM –  
**Ortigas Community Worship**  
(for Ortigas residents and  
employees)

### SATURDAYS

5:30 PM • Traditional Worship

(Traditional and 8:00 AM  
Services are live on-site only)

## PRAYER GATHERING

### THURSDAYS

8:00 PM

### GCF Family's Hour of Prayer

Via Zoom  
Meeting ID: 848 3227 7763  
Passcode: 984990

## BIBLE STUDY

### SUNDAYS

9:30 AM

### Sunday Bible School

Live at GCF Chapel

## KIDS, YOUTH, AND YOUNG ADULTS

### SUNDAYS

10:30 AM

### KidsLIFE Sunday School

For ages 1.5 to 13, 4th Floor

### SATURDAYS

4:00 PM

### YouthLIVE Worship

For highschool and college,  
Auditorium A

### FRIDAYS

7:00 PM

### Young Adults (YA) Fellowship

Open to 20-40 year olds,  
Fellowship Hall

## GROWTH GROUPS

Discipleship groups for all ages, all days of the week,  
throughout Metro Manila and online

SIGN-UP AT [gcf.org.ph/growth-groups](http://gcf.org.ph/growth-groups)

## TRUTHS ABOUT LIFE & DEATH

### THE CHARACTER OF GOD

God is holy, pure, and just. He rightfully and  
righteously judges and punishes all sin.

“Holy, holy, holy is the LORD of hosts; the  
whole earth is full of his glory! (Isaiah 6:3)

Who will not fear you, O Lord, and glorify  
your name? For you alone are holy.  
(Revelation 15:4)

### THE CRISIS WE FACE

We all have failed God's standard and  
face God's righteous judgment.

“For all have sinned and fall short of the  
glory of God... (Romans 3:23)

For the wrath of God is revealed from  
heaven against all ungodliness and  
unrighteousness of men, who by their  
unrighteousness suppress the truth.  
(Romans 1:18)

### THE CALL OF JESUS

The Lord Jesus is God's only way for us  
to be forgiven and reconciled to God.  
He took the judgment for our sins on the  
Cross, and whoever comes to Christ for  
forgiveness, He gives new life and an  
eternal relationship with God.

“Jesus said “I am the way, and the truth,  
and the life. No one comes to the  
Father except through me.” (John 14:6)

For the wages of sin is death, but the  
free gift of God is eternal life in Christ  
Jesus our Lord. (Romans 6:23)

The Lord Jesus is calling out to us:  
“Come to me, all who labor and are  
heavy laden, and I will give you rest.  
Take my yoke upon you, and learn  
from me, for I am gentle and lowly in  
heart, and you will find rest for your  
souls.” (Matthew 11:28–30)

### WHAT MUST WE DO?

Come to the Lord Jesus for forgiveness  
and salvation:

“Lord Jesus, be merciful to me—a sinner. I  
believe that You are the Son of God who  
took the penalty for my sins on the Cross.  
I humbly ask You to be my Savior and  
submit to you as my LORD forever. Amen.”

# CHURCH UPDATES and UPCOMING EVENTS

## KidsLIFE Sunday School

(Except Special Sundays)

SUN

10:30 AM • Open for all kids!

- ➔ **Little Ones I (ages 1.5–3)**  
Toddlers' Room • Ground Floor
- ➔ **Little Ones II (ages 4–5)**  
4th Floor • GCF Ortigas
- ➔ **Growing Kids (ages 6–13)**  
4th Floor • GCF Ortigas

## LIKE JESUS

Youth Discipleship Class

SUN

*Open to all youth who want to grow and learn to be like Jesus*  
9:30 AM • Room B124 (near the Chapel)

## CARELINK Classes

SUN

- ➔ **How To Grow Class**  
*Build a good foundation in your Christian life*  
12:00–2:00 PM • Room A303  
Register via [gcf.link/HowToGrow](https://gcf.link/HowToGrow)
- ➔ **Membership Class**  
*Learn the importance of being a member of a local church*  
12:00–2:00 PM • Room B302-B303  
Register via [gcf.link/Membership](https://gcf.link/Membership)
- ➔ **Spiritual Gifts Class**  
*Discover your spiritual gifts and how you can serve*  
March 17 and 24 (Sundays)  
12:00 – 2:00 PM, Fellowship Hall  
Register via [gcf.link/SpiritualGifts](https://gcf.link/SpiritualGifts)

## KidsLIFE Christian Education 1 Training

SUN

*Be trained to teach and disciple the next generation*  
March 3, 10, 17, 24 • 1:00 PM  
Room B405, GCF Ortigas  
Register with Teacher Angel at **0917 532 7768**

## SHAKING HANDS Forum Series

SAT

March 9 • 9:00 AM – 12:00 NN  
Room BM07–08, GCF Ortigas  
Topic: Work and Life Transitions  
Register via [gcf.link/ShakingHands](https://gcf.link/ShakingHands)

## Building Bridges: Couples Seminar Fostering Strong Relationships with In-Laws

SAT

March 23 • 8:30 AM – 12:00 NN  
Fellowship Hall, GCF Ortigas  
Register via [gcf.link/BuildingBridges](https://gcf.link/BuildingBridges)

## HOLY WEEK 2024



**Good Friday Service:** Seven Last Words  
March 29 • 5:00 PM  
Live on-site and online

**Resurrection Sunday Services**  
March 31 • 10:30 AM and 5:30 PM  
Live on-site and online

*\*No Traditional Service on March 30 (Sat) and  
No 8:00 AM & 3:00 PM Services on March 31 (Sun).*

## Do you need someone to talk to?



If you need support or clarification on some issues, we are here to help.  
GCF ERCC Hotline: **0917 532 7794**

## Are you here for the first time?



We would love to connect with you after every Worship Service. Our pastors and team are excited to meet you!

Drop by Room BM07 at the Mezzanine Floor or reach out to us at [gcf.link/GCFWelcome](https://gcf.link/GCFWelcome)

## Questions about GCF Ortigas?



Want to join a Growth Group? Looking to apply for church membership? Curious about the various ministries? Visit the new INFO HUB at the Lobby