

COMMUNION SERIES ON LUKE:  
*God the Son, Son of Man*



# Jesus, Lord of the Sabbath

STUDY GUIDE • LUKE 6:1–11

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# Jesus, Lord of the Sabbath

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**Luke 6:1–11**

## **WELCOME:**

### Fixing Our Focus

**Suggested Icebreaker:**  
Ask GG members their opinions regarding the Sabbath. Is it something believers today should still observe? Is Sunday the new Sabbath (Sabbath is on Saturday) for New Testament believers?

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## **WORSHIP:**

### Adoring Our God

**Suggested song:**

[Come Behold the Wondrous Mystery](#)

# WORD & WALK:

## Understanding & Applying the Word

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### LESSON AIM

1. GG members will acknowledge the authority of Jesus over the Sabbath or a day of rest.
2. GG members will observe the Sabbath or a day of rest the way God intended.

### INTRODUCTION

The accusations of the Pharisees against Jesus and his disciples continue in this passage. Previously, they accused Jesus of dining with sinners (5:27-32). Then they accused his disciples of not fasting (5:33-39). In our passage, they accuse both Jesus and his disciples of working on the Sabbath. They do not realize that God created the Sabbath for the benefit of human beings (Mark 2:27) and that Jesus, being equal to God, is Lord of the Sabbath.

### **The disciples accused of working on the Sabbath (vv. 1-5)**

As Jesus and his disciples were walking on the Sabbath, the disciples got some heads of grain from the field and started eating them. The Pharisees accused them of working on a Sabbath and thus sinning against God. Jesus corrected them by saying the disciples were guiltless and pointed to himself as the lord of the Sabbath.

1. What did the disciples do as they went through a field?  
(cf. Deuteronomy 23:25)
2. What did the Pharisees accuse the disciples of?
3. What did God command regarding the Sabbath in Exodus 20:8-11?  
Why did the Pharisees equate the disciples' actions with work?  
(cf. Mark 7:8-9)
4. Read 1 Samuel 21:1-6 and Leviticus 24:9. Why did Jesus use this story to respond to the Pharisees? (cf. Matthew 12:7)
5. What did Jesus declare about himself?

# WORD & WALK:

## Understanding & Applying the Word

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### Application

God's commandments are meant for the good of his people. The Pharisees have turned something good and made it a burden for God's people. How does Jesus free you from having the same mindset as them?

### Jesus healed a man on the Sabbath (vv. 6-11)

On another Sabbath, as Jesus was teaching in the synagogue, he saw a man with a withered hand. He asked the man to come forward, and he asked those in the synagogue whether it was lawful to save a life or destroy it. After asking that question, he healed the man.

1. What were the Pharisees' plans as they watched Jesus?  
(cf. Exodus 31:15)
2. Why do you think Jesus chose to ask that particular question to the people? In Matthew 12:11-12, Jesus asked them a different question. What point was Jesus making in both passages?
3. What did the Pharisees do after Jesus healed the man?  
(cf. Matthew 12:14; Mark 3:6)
4. What can you observe regarding their response and the question Jesus asked in verse 9?

### Application

Jesus desires what's good for people. He saw the need of the man and met that need. The Pharisees, on the other hand, were intent on bringing harm upon Jesus. What can you learn from Jesus' example?

# WORD & WALK:

## Understanding & Applying the Word

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### PRAYER ITEM

Dear God, I praise you for you are good, and you desire only what is good for us. Thank you for sending Jesus, in whom we find rest and through whom we are restored and reconciled with you. Teach me to observe a day of rest to spend time with you and to show compassion to others as you do. May you use my life as a reflection of you and your character. In Christ's name, I pray. Amen. ■



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please rate it at <https://gcf.link/GCFSGFeedback>. Thank you!





## **Greenhills Christian Fellowship**

**Know Christ and Make Him Known**

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