



NAPOLEON CAMPUS

# The Art of Tai Chi for Fall Prevention

Thursday, October 26, 2017

4 p.m.

Chapel

Light supper after presentation.



Presented by:

**Teresa Sutter, M.Ed., LPTA**

Executive Director of Rehab Services at Genacross  
Lutheran Services and a Certified Tai Chi Instructor

During this program, you can learn about Tai Chi and its benefits,  
see a Tai Chi demonstration, try some simple movements, and  
get your questions answered.

Genacross Lutheran Services-Napoleon Campus  
(Formerly Lutheran Home at Napoleon)

1036 S. Perry Street, Napoleon, Ohio

Please RSVP to Yolanda at  
**419.592.1688.**