<table>
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<th>Sunday</th>
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**Breakfast**
- Hot or Cold Cereal
- Choice of Eggs
- Bacon
- Wheat Toast
- Jelly
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea
- Hot or Cold Cereal
- Pancakes
- Sausage Links
- Pancake Syrup
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea
- Hot or Cold Cereal
- Scrambled Eggs
- Breakfast Ham Slice
- Wheat Toast
- Jelly
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea
- Hot or Cold Cereal
- Egg & Cheese Sandwich
- Sausage Patty
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea
- Hot or Cold Cereal
- Buttered Waffles
- Sausage Links
- Pancake Syrup
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea
- Hot or Cold Cereal
- Creamed Chipped Beef
- White Toast/Wheat Toast
- Margarine
- Juice of Choice
- 2% Milk
- Coffee/Tea

**Lunch**
- Kielbasa Sauerkraut
- German Potato Salad
- Peanut Butter Brownies
- Margarine
- Coffee/Tea
- Beef & Vegetable Stir Fry
- White Rice
- Oriental Vegetable Blend
- Dinner Roll
- Pound Cake
- Margarine
- Coffee/Tea
- Dill Glazed Salmon
- Garden Rice Blend
- Key West Vegetable Blend
- Fresh Baked Roll
- Fruited Gelatin
- Margarine
- Coffee/Tea
- Apple Pork Chop
- Baked Potato
- Roasted Brussels Sprouts
- Dinner Roll
- Cheesecake
- Sour Cream and Chives
- Margarine
- Coffee/Tea
- Roast Turkey
- Mashed Potatoes w/Gravy
- Bread Stuffing
- Green Beans
- Pumpkin Pie
- Cranberry Sauce
- Dinner Roll
- 2% Milk
- Coffee/Tea
- Lemon Baked Cod
- Rosemary Roasted Potatoes
- Corn
- Lemon Meringue Pie
- Tartar Sauce
- Margarine
- Coffee/Tea
- BBQ Pork Ribette
- Macaroni & Cheese
- Creamy Cole Slaw
- Honey Wheat Dinner Roll
- Snickerdoodle Cookie
- Margarine
- Coffee/Tea

**Dinner**
- Tomato Soup
- Ham Salad Sandwich
- Broccoli Salad
- Red Grapes
- 2% Milk
- Coffee/Tea
- Chicken Noodle Soup
- Hot Shredded Chicken/Bun
- Pasta Salad
- Pineapple Chunks
- 2% Milk
- Margarine
- Coffee/Tea
- Cream of Potato Soup
- Corn Dogs
- Three Bean Salad
- French Fries
- Sliced Pears
- Ketchup
- 2% Milk
- Coffee/Tea
- Cream of Mushroom Soup
- Sandwich Tuna Salad on Croissant
- Cucumber Salad
- Chilled Peaches
- 2% Milk
- Coffee/Tea
- Chunky Vegetable Soup
- Roast Beef & Provolone Sandwich
- Green Pea Salad With Cheddar Cheese
- Potato Chips
- Mandarin Oranges
- Ketchup/Mustard/Mayo
- 2% Milk
- Coffee/Tea
- Minestrone Soup
- BLT Sandwich
- Potato Salad
- Fresh Fruit Cup
- Mayonnaise
- 2% Milk
- Coffee/Tea
- French Onion Soup
- Chicken Tenders
- Italian Pasta Salad
- Cinnamon Apples
- BBQ Sauce
- Honey Mustard Sce
- 2% Milk
- Coffee/Tea
### Sunday
- Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-22

#### Breakfast
- Hot or Cold Cereal
- Pancakes
- Sausage Links
- Pancake Syrup
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Monday

#### Breakfast
- Hot or Cold Cereal
- Choice of Eggs
- Hashbrowns
- White Toast/Wheat Toast
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Tuesday
- Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-24

#### Breakfast
- Hot or Cold Cereal
- Cheese Omelet
- Bacon
- Wheat Toast
- Jelly
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Wednesday
- Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-25

#### Breakfast
- Hot or Cold Cereal
- Scrambled Eggs
- Canadian Bacon
- Donuts
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Thursday
- Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-28, Mar-26

#### Breakfast
- Hot or Cold Cereal
- Cinnamon French Toast
- Sausage Links
- Pancake Syrup
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Friday
- Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-29, Mar-28

#### Breakfast
- Hot or Cold Cereal
- Choice of Eggs
- Bacon
- White Toast/Wheat Toast
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Saturday
- Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Feb-29, Mar-28

#### Breakfast
- Hot or Cold Cereal
- Choice of Eggs
- Bacon
- White Toast/Wheat Toast
- Margarine
- Juice of Choice
  - 2% Milk
- Coffee/Tea

### Lunch
- Baked Glazed Ham
- Sweet Potatoes
- Green Bean Casserole
- Fresh Baked Roll
- Apple Pie
- Margarine
- Coffee/Tea

### Dinner
- Chicken Noodle Soup
- Reuben Sandwich
- Pasta Salad
- Red Grapes
  - 2% Milk
- Coffee/Tea

### Regular/NAS/Consistent CHO Week 2

**GENACROSS LUTHERAN SERVICES-WOLF CREEK CAMPUS 64686E  F/W 2019-2020**

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<td>Hot or Cold Cereal Pancakes</td>
<td>Hot or Cold Cereal Sausage Gravy Bacon</td>
<td>Hot or Cold Cereal Cheese Omelet Bacon</td>
<td>Hot or Cold Cereal Choice of Eggs Ham Slice</td>
<td>Hot or Cold Cereal Scrambled Eggs Sausage Links</td>
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<td>Choice of Eggs Sausage Patty</td>
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<td>Baked Glazed Ham Au Gratin Potatoes Dinner Roll Angel Food Cake Margarine Coffee/Tea</td>
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<td></td>
<td>Split Pea Soup</td>
<td>Minestrone Soup</td>
<td>Tomato Soup</td>
<td>Chili with Beans</td>
<td>Beef Barley Vegetable Soup Pepperoni Pizza</td>
<td>Split Pea Soup</td>
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<td>Chunky Vegetable Soup Cheeseburger Sandwich Garnish w/Pickle Onion Rings Mandarin Oranges Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea</td>
<td>Split Pea Soup</td>
<td>Minestrone Soup</td>
<td>Tomato Soup</td>
<td>Chili with Beans</td>
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<td>Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-10</td>
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<tr>
<td>Breakfast Hot or Cold Cereal Choice of Eggs Breakfast Ham Slice Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Fried Chicken Mashed Potatoes w/Gravy Corn Pie Margarine Coffee/Tea</td>
<td>Cream of Potato Soup BBQ Pork Sandwich Creamy Cole Slaw Red Grapes 2% Milk Coffee/Tea</td>
</tr>
<tr>
<td>Hot or Cold Cereal Cinnamon French Toast Sausage Patty Pancake Syrup Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Shrimp Alfredo Garden Seasoned Broccoli Dinner Roll Chocolate Pudding Margarine Coffee/Tea</td>
<td>Cream of Potato Soup Chicken Salad on Croissant Kosher Dill Pickles Pasta Salad Fruit Gelatin 2% Milk Coffee/Tea</td>
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<td>Hot or Cold Cereal Choice of Eggs Sausage Gravy Southern Style Biscuit Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Beef Stroganoff Egg Noodles California Vegetable Blend Dinner Roll Cherry Pie Margarine Coffee/Tea</td>
<td>Minestrone Soup Chicken Salad on Croissant Kosher Dill Pickles Pasta Salad Tropical Fruit Salad Fruited Gelatin 2% Milk Coffee/Tea</td>
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<td>Hot or Cold Cereal Scrambled Eggs Bacon Assorted Donut Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Polish Sausage Carrots Pierogis Sautéed Onions Red Velvet Cake Margarine Coffee/Tea</td>
<td>Cream of Broccoli Soup Sloppy Joe Corn Tropical Fruit Salad 2% Milk Coffee/Tea</td>
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<td>Hot or Cold Cereal Pancakes Sausage Links Pancake Syrup Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Sweet &amp; Sour Chicken Egg Rolls Fried Rice Oriental Vegetable Blend Turtle Squares Margarine Coffee/Tea</td>
<td>French Onion Soup Roast Beef &amp; Provolone Sandwich Sandwich Garnish w/Pickle Potato Salad Mandarin Oranges Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea</td>
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<tr>
<td>Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea</td>
<td>Meatloaf Chs-Topp Baked Potato Green Beans Dinner Roll Tatpica Pudding Sour Cream and Chives Margarine Coffee/Tea</td>
<td>California Medley Soup Turkey Noodle Casserole Mixed Vegetables Pineapple Chunks 2% Milk Coffee/Tea</td>
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