



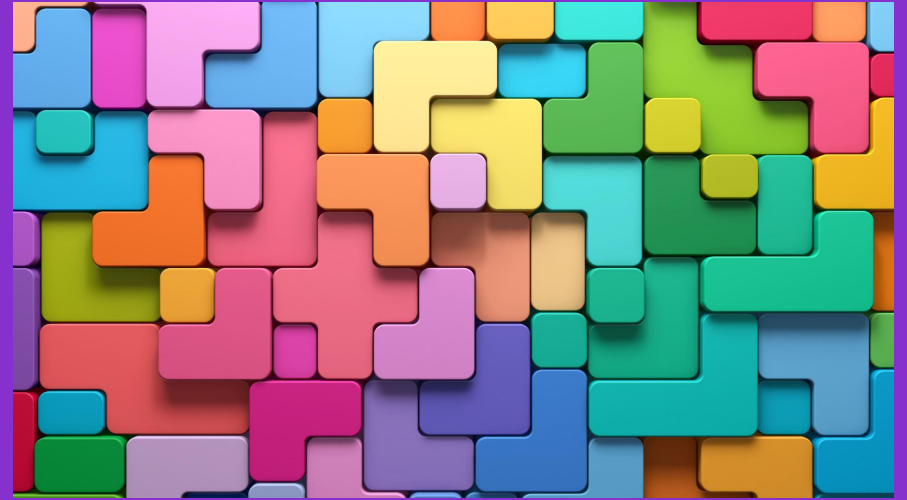
Building Trust

In Leadership

Welcome!

Agenda

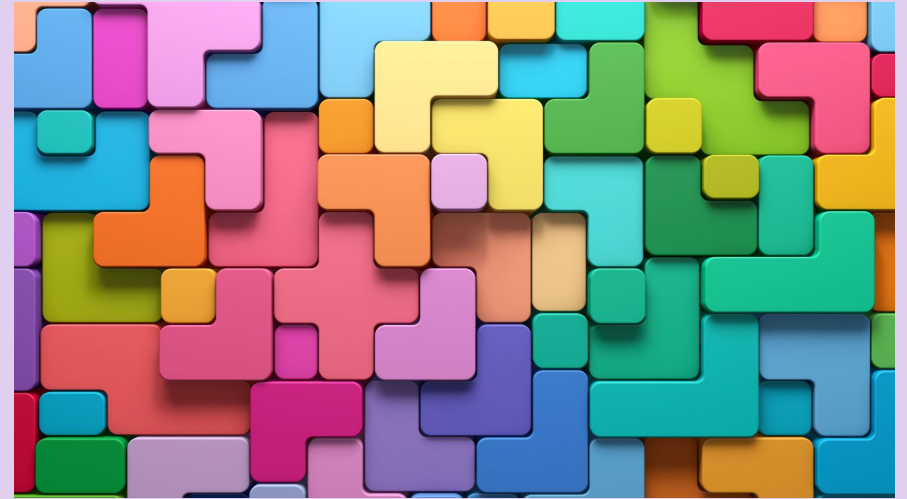
- Ground Rules
- Learning Objectives
- Icebreaker- Slido Poll
- Identify Trust
- Apply Interpersonal Skills
- Wrap Up/Closing



Learning Objectives

By the end of this training
you will be able to:

- Identify trust and its characteristics
- Apply strong interpersonal skills that promote trust



Icebreaker: Slido Poll

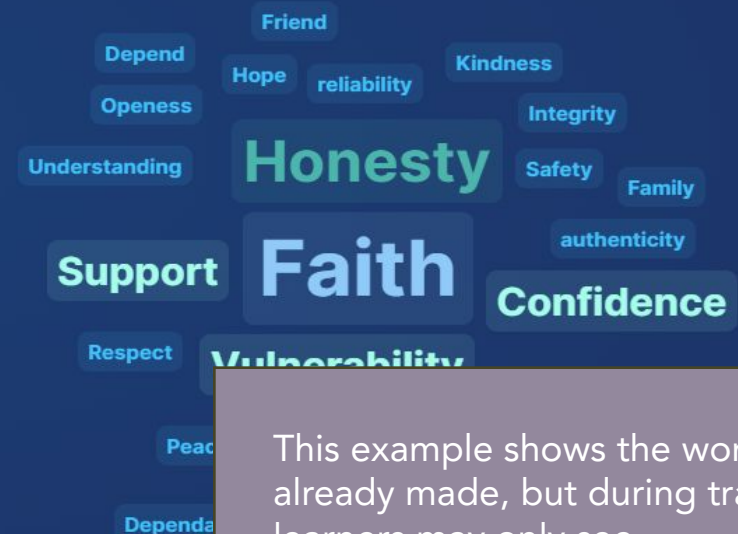
Please scan the code or navigate to the site to post a word for our poll.



Join at
slido.com
#2734 587



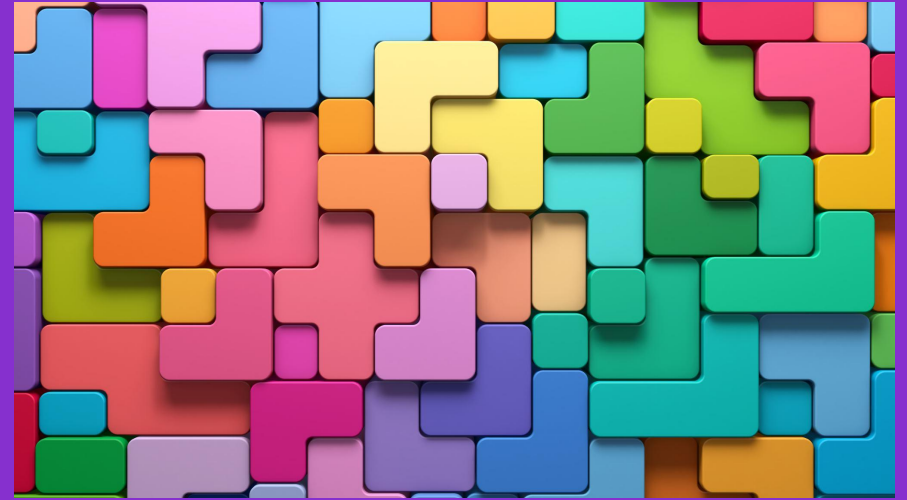
In a word, what does trust look like to you?



This example shows the word cloud already made, but during training learners may only see 1 word to start in this screenshot

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Defintion: Webster's

The screenshot shows the Merriam-Webster website interface. At the top, there's a navigation bar with 'Dictionary', 'Thesaurus', and a search bar containing 'trust'. Below the navigation bar, the left sidebar lists various dictionary features like 'Definition', 'noun', 'verb', 'Synonyms', etc. The main content area displays the word 'trust' with its phonetic transcription 'trəst' and the part of speech 'noun'. It lists four numbered definitions with sub-points 'a' and 'b'. Some words in the definitions are highlighted in purple or blue. A 'Save Word' button is visible at the bottom left of the main content area.

Merriam-Webster Dictionary Thesaurus trust Games & Quizzes Word of the Day

trust

1 of 2 noun

'trəst

Synonyms of trust >

- a** : assured reliance on the character, ability, strength, or truth of someone or something

b : one in which confidence is placed
- a** : dependence on something future or **contingent** : **HOPE**

b : reliance on future payment for property (such as merchandise) delivered : **CREDIT**
| bought furniture on *trust*
- a** : a property **interest** held by one person for the benefit of another

b : a combination of firms or corporations formed by a legal agreement
especially : one that reduces or threatens to reduce competition
- a** : **CARE, CUSTODY**
| the child committed to her *trust*

b (1) : a charge or duty imposed in faith or confidence or as a condition of some relationship

(2) : something committed or entrusted to one to be used or cared for in the interest of another

c : responsible **charge** or office

Save Word

Let's review the formal definition and regain our awareness.

This is the foundation of leadership and collaboration!

Activity: Check in: Self Assessment

TRUST SELF-ASSESSMENT

1	2	3	4	5
Rarely	Sometimes	Often	Very Often	Always

	Please respond to each statement as it applies to you personally:	1	2	3	4	5
1	I make and keep commitments to myself.					
2	My behavior reflects my values.					
3	I am honest and open with others.					
4	I am not afraid to take emotional risks by admitting to my limitations.					
5	I am consistent and predictable.					
6	People can safely confide in me.					
7	When things go wrong, I focus on the lesson instead of the blame.					
8	My word is my bond.					
9	I hold myself accountable.					
10	I am open to rethinking my ideas.					

Now let's see how we measure up to that definition.

This is all simply for awareness, reflection, and connection; not competition or comparison.

What are your wins that connect to work?
Share something specific.

Characteristics of Trust

- Transparency

- Integrity

- Reliability

- Empathy

Activity: Writing Reflection

Think of a leader - any type

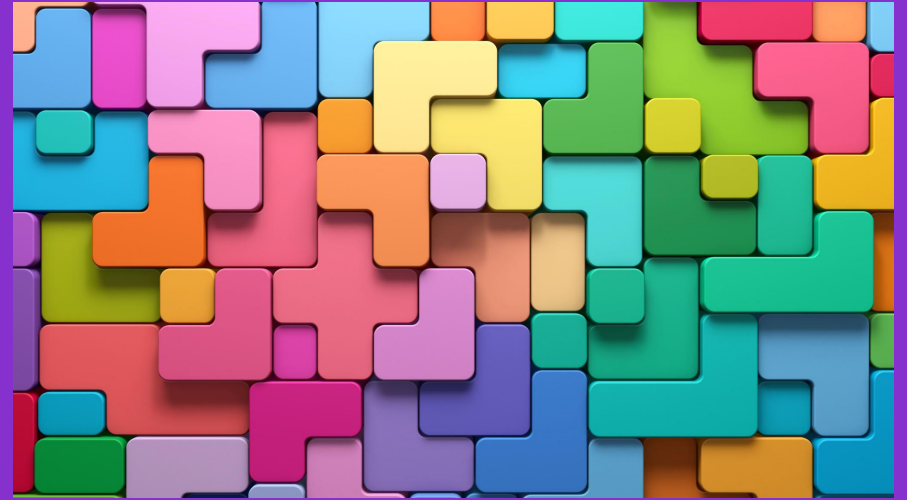
Write down their name and position

What are 3-4 qualities about them that resonate with you?

Why did you choose this person today?

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Interpersonal Skills

- Active Listening

- Collaboration

- Patience

- Respect

- Consistency

- Empathy

- Reliability

- Flexibility



Activity: Telephone

- Circle up!
- First person will share one sentence as a secret
- Topic: work related opp for improvement
- Half way- let's share aloud, then again at the top of the circle

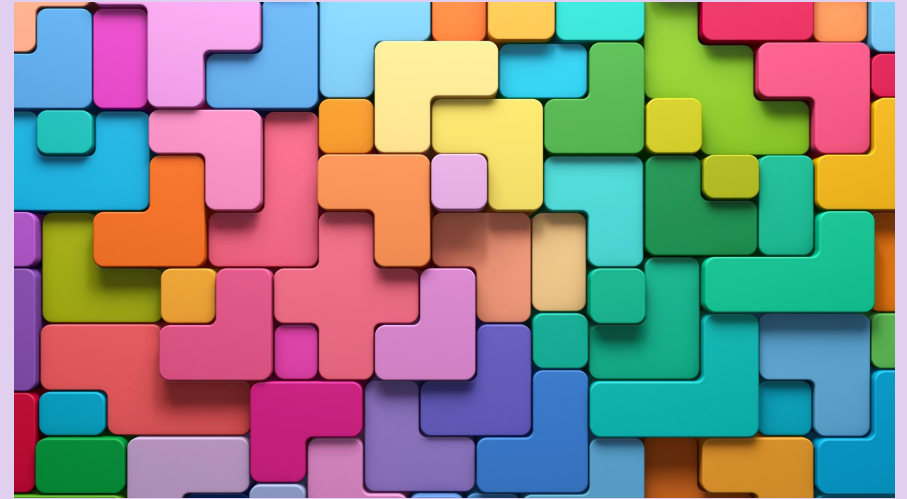
Activity: Two Truths and A Lie

- Partner up!
- One person will share 3 things about them; one is a lie
- The other person needs to determine which is the lie
- Try this each once and see if you can determine what is sincere.

Learning Objectives

Today we have learned
how to:

- Identify trust and its characteristics
- Apply strong interpersonal skills that promote trust





*Thank you
for being here today!*

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In Leadership