

#### OnTrack Wellness and Recovery Center 1425 McArthur Road Fayetteville, NC 28311 910-624-6513

#### Dear Applicant:

Congratulations! You have chosen to take the first step in embarking on a career in Peer Support. Peer Support Specialists are an extremely important part of the Behavioral Health System of Care, and your application is the first step in becoming a part of that.

Before applying for Peer Support Specialist training, please know that the Peer Support Specialist training is a 50-hour course. You will be expected to participate fully in class each day, and there are several hours of homework each night. It is a very intensive training and requires a large amount of effort and dedication to complete. Please consider this carefully before applying.

In order to be eligible for the training, applicants must meet minimum eligibility criteria which include being at least 18 years of age, having at least a high school diploma or GED, having a lived experience with behavioral health challenges, and having at least twelve (12) months of continuous demonstrated recovery. When filling out the application please read all questions carefully, and answer fully, either typing or printing your answers. Please do not leave any questions unanswered. We will not accept illegible or incomplete applications.

If you are already employed as a Peer Support Specialist, or your participation in the training will be sponsored by an organization, make certain to have your employer or sponsoring organization fill out the final page of this application. OnTrack Wellness and Recovery Center will offer PSS 50-hour training at a cost of \$360.00 per person plus \$30.00 Training Manual (\$390.00) and receive your additional 20 hours of WRAP training for \$175.00. Certified Funds Only, No Personal Checks or CASH accepted, or cash given to Instructor. We also accept Credit or Debit Card payments by phone by calling 910-488-8881. A full refund is given back ONLY when the PSS class is canceled. The registration fee supplements the overall training costs for the instructors, and training materials. The registration fee must be submitted before the Peer Support Specialist can attend the training.

Applications will be screened by the Course Developer. Those who are already employed as Peer Support Specialists will have priority. If you are accepted, you will have 5 days from notification to notify us whether you will be able to attend. If you have not notified us within 5 days of your acceptance, your slot will be awarded to someone else. Thank you in advance foryour interest in the Peer Support Specialist program and for your commitment to a future focused on recovery, resiliency, and wellness for North Carolina.

Sincerely,

Annie R. Hasan, Ed.D Course Developer

Annie Hasan

# ONTRACK WELLNESS AND RECOVERY CENTER 50 Hours-Training CERTIFICATION



Join us an become a

North Carolina Certified Peer Support Specialist

("Peer Support Specialists are people living in recovery with mental illness/or substance abuse and who provide to others who can benefit from their lived experiences.")

FOR MORE InfORMATION,

AND THE APPLICATION for REGISTRATION

please Contact:

Dr. Annie Hasan, Ed.D, MA/M.Ed, BS/BS, MRT, NCCPSS, WRAP® Facilitator, WHAM Facilitator and PSS Course Developer 910-624-6513

LOCATION: Per POSTED website information:pss.unc.edu

# SUBMIT APPLICATION AND CERTIFIED FUND TO: OnTrack Wellness and Recovery Center

1425 McArthur Road	Date and Location of Class Attending:					
Fayetteville, NC 28311	Choose One:	$\Box$ PSS	□WRAP	$\Box$ WHAM		
910-624-6513/910-488-8891-fax						

Date application reviewed:

Email Address: adhccare@gmail.com

1

# OnTrack Wellness and Recovery Center APPLICATION FOR TRAINING PEER SUPPORT SPECIALIST

#### Part I – Contact Information

Date:	
Name:	
Last First Middle Initial	
Present Address:	
Street City State Zip	
Home Phone: ( ) Cell Phone: ( )	
Email Address (required):	
Part II – Recovery Statement	
Briefly describe your lived experience with behavioral health challenges (mental health and/o	or
substance use) and recovery journey to include the date your recovery began.	
Part III – Education & Training	
What is your highest level of education?	
☐ H.S. Diploma ☐ G.E.D. ☐ Some college ☐ Associate ☐ Bachelor's ☐ Master's ☐ Doctorate	
Name of School(s)	
Certificates and Licenses	
Type: Number: Issuing Agency:	
Demographic Information (for statistical purposes only) *optional*	
Race/Ethnicity	
☐ African American ☐ Latino/Hispanic ☐ Multiracial ☐ Native American ☐ Asia	n American
□ Caucasian □Other	
Foreign Languages Spoken	
☐ Spanish ☐ French ☐ Vietnamese ☐ ASL ☐ Other	
Gender Age Range	
□Male □Female □ 18-30 □31-45 □46-60 □60+	
☐ Any request for reasonable accommodations: ☐Yes ☐No	
Date Approved:(for office use only)	

□ Yes	you served in the Military?  □No
	ou have experience working with any special populations or groups?
د. الماريخ.   Vete	
	E i i i i i i i i i i i i i i i i i i i
	ectual/Developmental Disabilities   Youth  Others
	e some of your skills or areas of expertise: (for example, crisis management, working with faith- ed groups, working with supported employment, technology expertise)
	PLEASE READ THE FOLLOWING QUESTIONS CAREFULLY BEFORE ANSWERING
1. Wha	t does recovery mean to you? What factors are important in your own recovery?
5 Pleas	e describe what Peer Support means to you:
J. 1 1Cus	e describe what i der support means to you.
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?
5. Why	do you want to become a Peer Support Specialist?

	that it is important to share recovery stories as part of being a Peer Support Specialist?
3. What streng	ths do you have that will help you be a great Peer Support Specialist?
	ibe the ways you have been active in your community in the past six months. Please
highlight ro	oles that would aid in your work as a Peer Support Specialist. Do <i>not</i> include things that maintain your own recovery.
0. One key to	recovery is the use of natural supports in your life. Please describe your support system
-0. 00,	ney can help you if you are selected for the Peer Support Training?

art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:   What is your job title?  Name of Employer?  How many hours do you work a week?  What is your hourly wage?  How long have you been employed in this position?  Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?		nportant aspect of the Peer Specialist Training program is that everyone must be personsible for their actions and decisions. Please describe personal responsibility and how	
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:	inco	rporate it into your work as a peer support specialist:	
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
art VI – Current & Previous Employment/Volunteer Experience  3. Are you currently employed as a Peer Support Specialist:			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?	12. How	are you maintaining your recovery today?	
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
3. Are you currently employed as a Peer Support Specialist:   A. If yes, please have the employer fill out the form on page 7.  What is your job title?			
What is your job title?			
Name of Employer?  How many hours do you work a week?  What is your hourly wage?  How long have you been employed in this position?  Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?			elow
How many hours do you work a week?	13. Are	you currently employed as a Peer Support Specialist: ☐Yes ☐No – see B and C b	elow
How many hours do you work a week?	13. Are ·	You currently employed as a Peer Support Specialist: $\Box$ Yes $\Box$ No – see B and C but If yes, please have the employer fill out the form on page 7.	elow
What is your hourly wage?  How long have you been employed in this position?  Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	13. Are v A. Wha	you currently employed as a Peer Support Specialist: □Yes □No – see B and C but the form on page 7.  If yes, please have the employer fill out the form on page 7.  t is your job title?	pelow
How long have you been employed in this position?  Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	13. Are v A. Wha	you currently employed as a Peer Support Specialist: □Yes □No – see B and C but the form on page 7.  If yes, please have the employer fill out the form on page 7.  t is your job title?	pelow
How long have you been employed in this position?  Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A.  Wha	you currently employed as a Peer Support Specialist:   If yes, please have the employer fill out the form on page 7.  It is your job title?	
Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A. Wha	vou currently employed as a Peer Support Specialist:   If yes, please have the employer fill out the form on page 7.  It is your job title?  e of Employer?  many hours do you work a week?	
Employer's Contact Information  B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A. Wha	vou currently employed as a Peer Support Specialist:   If yes, please have the employer fill out the form on page 7.  It is your job title?  e of Employer?  many hours do you work a week?	
B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A. Wha Nam How	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A. Wha Nam How	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
B. If no, are you looking for work as a PSS?  C. If no, are you currently working in another capacity?	A.  Wha  Nam  How  Wha	If yes, please have the employer fill out the form on page 7.  t is your job title?  e of Employer?  many hours do you work a week?  t is your hourly wage?  long have you been employed in this position?	-
C. If no, are you currently working in another capacity?	A.  Wha  Nam  How  Wha	If yes, please have the employer fill out the form on page 7.  t is your job title?  e of Employer?  many hours do you work a week?  t is your hourly wage?  long have you been employed in this position?	-
C. If no, are you currently working in another capacity?	A.  Wha  Nam  How  Wha  Emp	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
	A.  Wha  Nam  How  Wha  Emp	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
	A.  Wha  Nam  How  Wha  Emp	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
/hat is your job title?	A.  Wha  Nam  How  Wha  Emp	If yes, please have the employer fill out the form on page 7.  It is your job title?	-
	A.  Wha  Nam  How  Wha  Emp	If yes, please have the employer fill out the form on page 7.  It is your job title?	-

for a class that vertical REFUND POLICY email and must	confirm receipt of the	notice within	148 ho	urs of canceling an	approved 50-hour training. A follow-up ater class or receive a full refund.
		lue to lack of	attenda	ance, the participan	nt will be contacted by phone or verified
class, the class v notify the partic	will be canceled. If for a cipant within 48 hours of the notice. In addition	any reason, cl of cancellatio on, OnTrack V otions to parti	lass is c on by pl Wellnes icipate	anceled, OnTrack None or verified emess and Recovery Cein a later class or re	people present on the first day of Wellness and Recovery Center will nail, and the participant must nter will send a follow-up email eceive a refund. Please do not pay will be charged.
that I am at le recovery befor behavioral hea Support Specia of my application	ast 18 years of age and a second age age and a second age age and a second age and a second age and a second age and a second age age age and a second age age age and a second age	nd have a mication. I also I health and erstand that I certify that	inimun certif l/or sul any fal	n of one year of or y/understand than bstance use) to re- se information or or only acted in ways	m to the best of my knowledge. I certify demonstrated continuous and current at I must have lived experience with eceive North Carolina's Certified Peer periods and provided that did not abuse, neglect, or exploit alist.
Name				Telephone num	hber
	ofessional and perso	onal referen	ices (n		•
Employer or	Volunteer Agency	F	Positio	on/Title	Location
previous to the additional she	ne one listed in #3 abeets if necessary.	oove. If you	are se	lf-employed, pro	ing with your most recent job held vide a business name. Attach
Employer's co	ntact information:				

form:

### **OnTrack Wellness and Recovery Center**

# PERSONAL REFERENCE LETTER (Mandatory)

## **50-hours North Carolina Peer Support Specialist Training Certification**

The individual named below is applying for participation in a 50-hour Peer Support Specialist Training Certification Program. The applicant must meet the following requirements: - 18 Years or older. - Have lived experience in significant mental health or substance use disorder. - Have been in recovery for at least one year. - Have a high school diploma or equivalent.

Name of Applicant:	
adhccare@gmail.com or	the personal reference form. Place completed the personal reference letter form and submit to ail the personal reference letter in an envelope and seal it. Sign the back of the envelope, placing your signature of contrack Wellness and Recovery Center, 1425 McArthur Road, Fayetteville, NC 28311 as part of the complete
1) Please describe the nature o	your relationship with this individual and how long you have known this individual:
2) Describe your experience wi	this individual that indicates his/her demonstrated recovery for at least 12 months:
3) Please describe any strength	or assets this individual will offer as a Peer Support Specialist:
I also certify this individual is a culifestyle for at least one year and the effort required to maintain a hwell as seeking and accepting suppand affirmation for them having manual seeking and accepting supparts of the seeking acceptance of the seeking seeking acceptance of the se	Ite, and complete information on this form to the best of my knowledge regarding the recovery of the individual listed in this letter. Ent or former consumer of mental health and/or substance use services. I certify that I have witnessed his/her personal recovery is individual does exemplify the principles of recovery. I certify, to the best of my knowledge that this individual continues to make althy and productive lifestyle based on the principles of recovery, which include making healthy choices, taking positive action, as it in order to promote overall wellbeing and continual personal growth. My reference for this individual indicates my support, belief, the qualifications (is at least 18 years of age; and has been in recovery for at least one year) to be considered for this 50-hour in a Peer Support Specialist. All personal information provided in this form will remain confidential and data in determining eligibility
Signature of Reference	Date
	ndividual for the recognition of their accomplishments in their recovery journey and desire to become a Peer Support Specialist.  ail adhccare@gmail.com or write me at the address listed below.

Dr. Annie R. Hasan OnTrack Wellness and Recovery Center 1425 McArthur Road Fayetteville, NC 28311 910-624-6513



# **Cancellation/Refund Policy**

Complete the <u>Cancellation Request Form</u> and email it to OnTrack Wellness and Recovery Center to obtain a refund or request another training date. No telephone cancellations will be accepted.

A full and complete refund will be given if the following occurs:

- A class is canceled in advance by the course owner due to class attendance;
- A class cannot be completed by the training entity due to unforeseen circumstances (e.g., weather event, sickness, etc.);
- A training participant withdraws in writing at least three weeks before the first day of class; or
- In Other unforeseen circumstances where justice requires a refund (extenuating medical circumstances where immediate communication is not available) can have the option to take another class upon your chosen later or location.
- If for any reason, class is canceled, OnTrack Wellness and Recovery Center will notify the participant within 48 hours of cancellation by phone or verified email, and the participant must confirm receipt of the notice. In addition, OnTrack Wellness and Recovery Center will send a follow-up email providing training participants with options to participate in a later class or receive a refund.
- Cancellations received after 24 hours of the stated deadline will not be eligible for a refund. The participant has the option of (1) substituting another person to attend, or (2) applying the credit balance toward future courses. Refunds will not be available to registrants who do not give advance notice of cancellation and who do not give advance notice of cancellation and who do not show up at the event.
- If the participant is unable to attend class after registering and paying, you will receive a partial refund minus a 35% administrative fee if you cancel within 24 hours. Otherwise, you will receive a 35% refund if cancellation is after the 24-hour deadline. After registering you can change classes one time prior to the class start date. If you are unable to attend the second 50-hour class you are registered for, you forfeit your payment and will have to pay for another class.
- Cancellations will be accepted via fax or email and must be received by the stated cancellation deadline.
- All refund requests must be made by the member or credit card holder. Refund requests must include the name of the member and/or transaction number.
- Refunds will be issued by refund check within 30 business days.

#### \*THIS SECTION IS TO BE FILLED OUT BY THE EMPLOYER OR SPONSORING AGENCY ONLY\*\*

#### To Employer or Sponsoring Agency:

The person you have employed as a Peer Support Specialist or are sponsoring for training is applying for Peer Support employment training. The skills that your employee or sponseewill bring back to your organization are extremely valuable in providing person-centered recovery-oriented services. Please note that this training will require your employee or sponsee to attend full-time the **50-hour PSS training** which is required to becoming a North Carolina Certified Peer Support Specialist. All training materials will be provided.

Providers or sponsoring organizations will be expected to submit a \$390 PSS registration for their Peers to attend the PSS training for the additional 20-hours WRAP training if needed. This payment must be submitted prior to training, to OnTrack Wellness and Recovery Center, 1425 McArthur Road, Fayetteville, NC 28311.

### Please provide the following information:

Name of person to whom the invoic	e should be submitted:
Email address:	
Telephone number:	
Peer Support Specialist, which includes: a li year of demonstrated recovery, a high scho age. Additionally, my employee has permiss (date). I further certify that plus <b>\$175.00 WRAP</b> for the additional 20-hours, V	mployee meets the minimum qualifications to be a ved experience with behavioral health challenges, one ol diploma or GED, and is at least 18 years of sion to attend the Peer Support training on my agencyagrees to pay a \$390 PSS registration fee VRAP, if needed, to have the employee trained for \$565.00 t will need to be remitted in advance of the
<b>CANCELLATION</b> : If OnTrack Wellness and R dayof class, the class will be canceled.	ecovery Center has less than five people present on the fire
contacted by phone or verified email and m	e to lack of attendance, the participant will be lust confirm receipt of the notice within 48 hours g. A follow-up email will be provided to notify later class or receive a full refund.
Employer Signature:	Date:



# Cancellation Request Form Request

Participants who wish to cancel a course must submit their request in writing using this form.

When the form is filled out in its entirety, please email it to adhccare@gmail.com Participant Information: First Name: \_\_\_\_\_M.I.: \_\_\_\_Last Name: \_\_\_\_\_ Agency/Business: Phone Number: \_\_\_\_\_E-mail Address: \_\_\_\_\_ Course Title: \_\_\_\_\_ Course Dates: Course Location: Course Fee: \_\_\_\_\_ Reason for Cancellation: **Select One:** () Refund (complete the information below) () Hold as a credit (Must be used within 1 Year If requesting a refund, select refund type: Refund back to a credit card. Name on credit card: ~or~ Refund by check. Make check payable to: Address 2: City: State: Zip Code: Country:\_\_\_\_\_Submitted by:\_\_\_\_\_ Phone Number: \_\_\_\_\_ E-mail Address: \_\_\_\_\_ Special Instructions:

#### **CANCELLATION/REFUND POLICY:**

Complete the Cancellation Request Form and return it to OnTrack Wellness and Recovery Center. No telephone cancellations will be accepted. A 35% administrative fee will be assessed for all refunds. No refunds will be given after the start of the class. In Lieu of a refund, participant substitutions can be made, or a credit can be issued for a future course. That credit must be used within 1 year of course cancellation. Refunds will normally be processed in 30 business days.

# OnTrack Wellness and Recovery Center, LLC

presents

Wellness Recovery Action Plan® (WRAP®) Level 1Training

# 20 Hours-Training CERTIFICATION

There is hope for recovery!

A workshop for those with lived experience of mental health challenges and those who want to write a WRAP



## Participants will learn about:

- Five key recovery concepts;
- P Making your own Wellness Recovery Action Plan®; and
- How to use and share your plan.

## Who should attend this training?

☐ Individuals living with mental health, substance use, and/or intellectual/developmental disability issues and their families/loved ones who want to create positive change in the way they feel, or increase their enjoyment in life; and ☐ Others who want to increase their understanding of mental health recovery concepts, skills, and strategies included in the WRAP® process. This class is not the prerequisite to becoming a certified WRAP Facilitator.

## Registration

To provide the 20-hour training at a cost of \$175.00 per person (Money Order or Cashier Check Only). To register, call **Dr. Annie R. Hasan, WRAP® Facilitator at 910-624-6513** or send an email to adhccare@gmail.com.

#### **About WRAP®**

WRAP® is an evidence-based, self-management and recovery system developed by a group of people with mental health difficulties who struggled to incorporate wellness tools and strategies into their lives. WRAP® is designed to:

- Decrease and prevent intrusive or troubling feelings and behaviors;
- n Increase personal empowerment;
- Improve the quality of life; and
- P Assist people in achieving their own life goals and dreams.
- Assist in developing a Wellness Recovery Action Plan yourself. *You* are the boss, you get to pave your own path to recovery and choose who supports you in that process.

Information credit: The Copeland Center - http://copelandcenter.com/wellness-recovery-action-plan-wrap
Wellness Recovery Action Plan® and WRAP® are registered trademarks. All rights reserved.

Copyright by Mary Ellen Copeland, PO Box 301, W. Dummerston, VT 05357

Phone: (802)254-2092 E-mail:info@mentalhealthrecovery.com Website:www.WRAPandRecoveryBooks.com.