

REKUNHESE ENFRAKEZEMENTU WAINHIRA KOSOK OAN MORIS

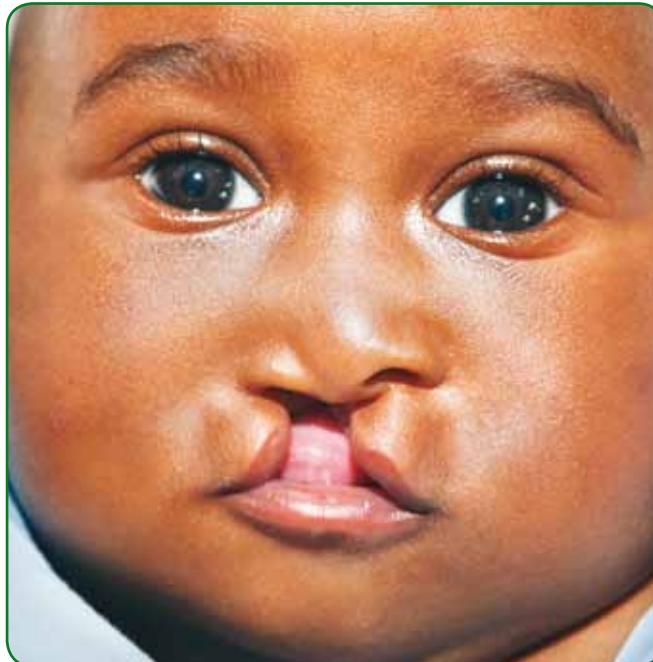


Kona-ba enfrakezementu wainhira kosok oan moris

- Kona-ba enfrakezementu wainhira kosok oan moris.
- Moras ne'e bele kona ba bebe ka kosok oan sira hotu iha mundo.
- Dala barak mosu ka akontese wainhira kosok oan hahu forma ona iha tempu isin rua.
- Enfrakezementu laos kauza hosi ema halo/fekit.
- Laos kauza husi malisan.
- Laos inan nian sala no laos tamba inan halo sala buat ruma.

Kona-ba enfrakezementu wainhira kosok oan moris

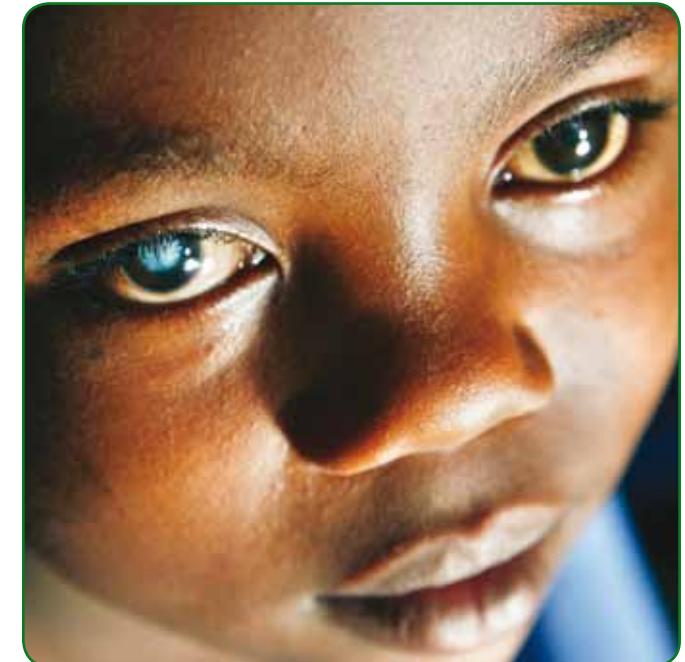
Ibun sakat



Ain kleuk



Katarak



Albinu (Occulo-cutaneous albinism)

- Kosok oan nian kulit laiha ko'or tamba ne'e mak mutin.
- Fu'uk mos laiha ko'or no sai mutin.
- Kosok oan ho moras albinu iha problemas ho sira nian matan.
- Kosok oan albinu sira tenke halo ejaminasaun regular ba matan.
- Kosok oan albinu nian kulit fasil atu hetan estragu hosi loron matan. Tenke hatais roupa taka isin lolon tomak no taka sapeo hodi bele proteje sira hosi loron matan.
- Kosok oan albinu sira nian standar inteligensia kresimentu hanesan mos ho labarik sira seluk
- Labarik sira ho moras albinu iha direitu hanesan ho labarik sira seluk atu hetan atensaun, ai-han, eskola ka edukasaun no partisipa iha atividade halimar.

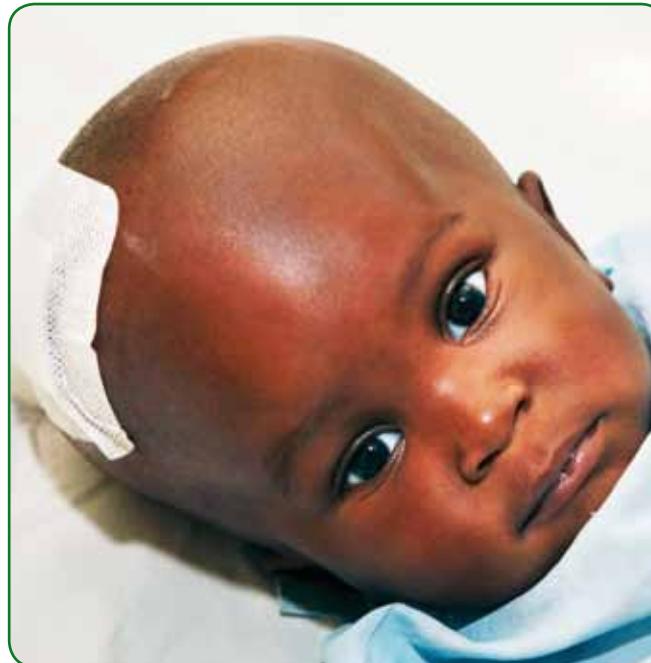
Albinu (Occulo-cutaneous albinism)



Hidrosefalus (Hydrocephalus)

- Hidrosefalus halo kosok oan nian ulun sai bo'ot liu no mamar. Hare kosok oan nian ulun bo'ot liu ka lae?
- Sira nian matan hare hanesan 'loron matan tun'.
- Tenke lori kosok oan ba lalais hospital espesial ida atu hetan operasaun hodi hatama mangeira ida atu hamaran likidu/ben.
- Tenke trata hidrosefalus ho urgente atu prevene kakutak labele estraga.
- Hospital ne'ebe besik liu hodi trata hidrosefalus mak _____.
- Tenke lori kosok oan ba fatin rehabilitasaun hodi hetan terapia fisika.
- Kosok oan sira nebe sofre hidrosefalus iha direitu hanesan kosok oan sira seluk hodi hetan atensaun, ai-han, edukasaun ka eskola no partisipa iha atividade halimar.

Hidrosefalus (Hydrocephalus)



Ibun kulit no ibun laran sakat (kiran)

- Ibun kulit no laran sakat (kiran) hanesan problema enfakezementu komum (umum).
- Sakat mak distansia (let) entre ibun kulit parte leten ne'ebe estende ba to'o iha parte inus okos.
- Dalaruma ibun laran sakat (kiran) maibe ibun kulit tomak hela.
- Labarik sira ne'ebe foin mak moris presiza halo teste/examina kona-ba ibun kulit sakat no ibun laran sakat (kiran).
- Hare parte ibun laran no uza liman fuan mo'os hodi koko atu hatene ibun laran sakat (kiran).
- Liu hosi operasaun bele kura ka hadia ibun kulit no ibun laran sakat (kiran).
- Lori kosok oan sedu ba hospital ne'ebe iha espesialista atu halao operasaun ida ne'e.

Fo'o han

- Kosok oan ne'ebe sofre ibun kulit sakat no ibun laran sakat (kiran) iha difikuldade atu han.
- Fo'o susu ben inan nian mak diak liu.
- Fo'o han bebeik loron-loron.
- Halo labarik tu'ur los wainhira fo'o han.
- Se kosok oan iha problema susu, hois inan nian susu ben no fo'o hemu ho kanuru.
- Halo labarik arota hela deit.
- Fo'o hahan ba kosok oan ka nono susu ben karau nian se karik inan nian susu ben la to'o.

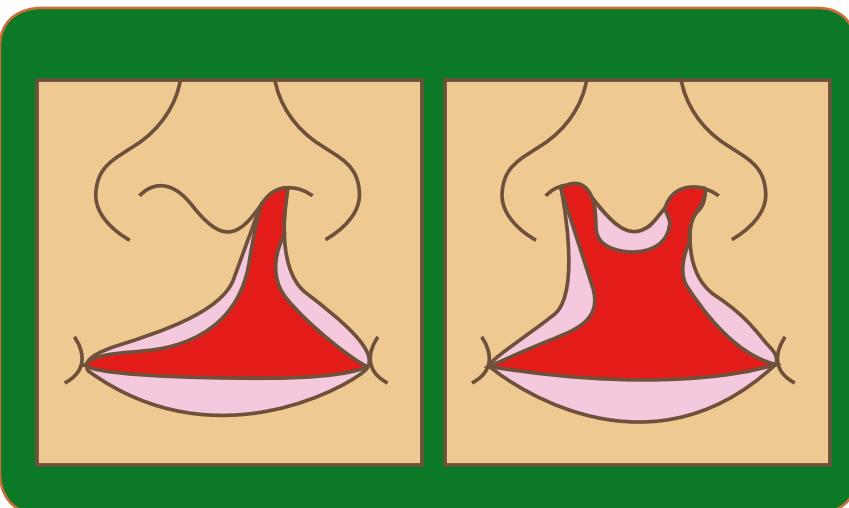
Ibun kulit no ibun laran sakat (kiran)



Antes halo operasaun ba problema
ibun kulit no ibun laran sakat (kiran)



Depois operasaun



Sakat bele akontese iha ibun parte
ida deit (leten) ka kraik ho leten hotu



Ibun sakat ida ne'ebe lahetan
tratamentu

Naksalak iha parte sistema nervozu (uat) iha parte kbas (Brachial Plexus)

- Uat naksalak (brachial plexus) akontese durante tempu difisil partus, wainhira kosok oan nia ulun ka liman dada sai ho obriga.
- Uat entre kakorok no liman, brachial plexus, estika-an makas liu resulta paralizia iha liman sorin balun.
- Kosok oan nian liman iha parte sorin, ho liman sikun halo los no liman fuan kumu metin.
- Liman ida labele bo'ok-an hanesan liman sorin wainhira estimula kosok oan ne'e.
- Dalaruma liman ne'e bele bo'ok-an nafatin .
- Dalaruma ita bele nota katak kosok oan sente moras wainhira bo'ok-an iha loron primeiru ka dahuluk.
- Rekoperasaun sempre akontese, maibe sei lori fulan barak. Dalaruma mosu problema ka enfakezementu permanente.
- Lori kosok oan ba terapista atu hare kona-ba movimentu passiva no stimulasaun.
- Hare didiak kona-ba uat naksalak (brachial plexus) iha kosok oan ne'ebe hetan problema wainhira moris mai.

Uat kbas naksalak (Brachial plexus)

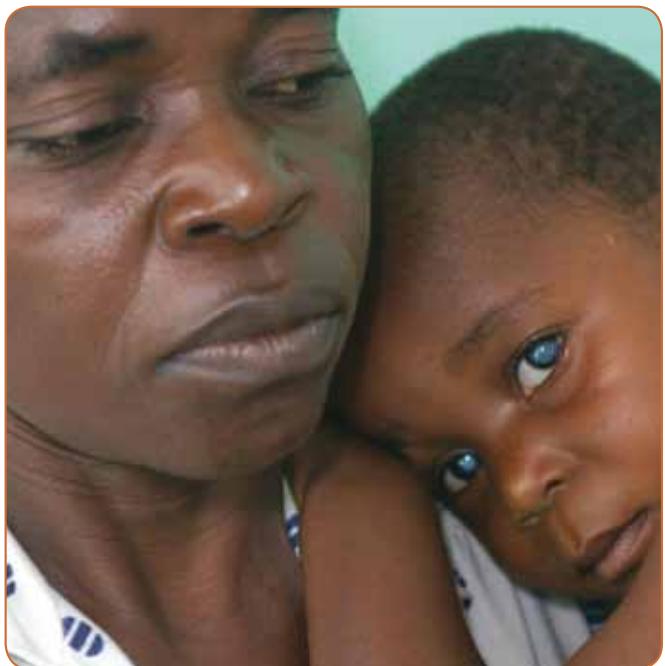


Liman ne'e la bele muda hanesan liman ida seluk
wainhira kosok oan ne'e stimula.

Katarak

- Koko kosok oan nian matan.
- Matan oan tenke ko'or metan.
- Leno lampra ba matan laran.
- Se karik iha katarak, matan oan sei sai ko'or mutin ka malahuk.
- Katarak bele halo matan at.
- Kosok oan ba lalais hospital matan nian.
- Hospital matan ne'ebe besik liu mak _____.
- Operasaun ki'ik oan bele kura katarak.

Katarak



Se karik matan oan ko'or mutin
ka malahuk, ne'e signifika katak
bele sofre katarak



Koko matan uza lampra

Enfrakezementu iha liman fuan no ai-fuan

- Kuantidade liman fuan ho ai-fuan los ka lae? Wainhira iha liman fuan ka ain-fuan liu, ne'e hanaran 'polydactyly'.
- Forma husi liman fuan ka ain-fuan normal ka lae?
- Liman fuan ka ain-fuan belit malu? Kondisaun ne'e hanaran 'syndactyly'.
- Enfrakezementu iha liman fuan ka ain-fuan la hamosu problema bo'ot ba funsaun liman ka ain-fuan, maibe bele halo ema sente moe no ikus mai bele mosu diskriminasaun.
- Problemas liman no ain-fuan enfrakezementu no lakon sira nian funsaun ne'e bele hadia liu hosi operasaun.

Enfrakezementu liman fuan no ai-fuan



Enfrakezementu iha liman ka ain

- Kosok oan sira bele moris ho liman ka ain ida laiha.
- Liman ka ain bele badak ka enfakesa.
- Kosok oan nian liman ka ain bok-an normal?
- Moras ne'ebe halo kosok oan sira nian junta liman ka ain sira matek ka la bok-an, kondisaun hanaran arthogryposis.
- Labarik sira ne'ebe iha problema enfrakesementu iha liman ka ain bele hetan ajuda iha sentru rehabilitasaun ne'ebe espesial.

Enfrakezementu iha liman ka ain



Arthrogryposis

Ain Kleuk

- Bele halo tratamentu ba ain kleuk.
- Se karik husik hela deit, sei mosu enfrakesementu liu tan no labarik sira sei lao ho ain ninin ka sorin.
- Kosok oan sira ne'ebe ho ain kleuk tenke lori lalais ba klinika ain kleuk nian.
- Klinika ba ain kleuk besik liu mak _____.
- Tratamentu uza jesu bele halo ain fila ba normal no halao funsaun normal.

Ain Kleuk



Ain kleuk



Tratamentu uza jesu



Presija halo seguimentu ka buka
hatene tuir nafatin ho aparelhu
espesial ba tratamentu ain nian



Ain kleuk ne'ebe la hetan tratamentu
sei hamosu enfakezementu
ne'ebe grave

Deslokasaun iha parte kidan

- Iha kondisaun ida ne'e, kosok oan nian junta kidan nian la stabil no desloka wainhira ain rua tau hamutuk.
- Kazu hanesan ne'e, komun liu atu hare iha kosok oan ne'ebe moris ho ain mak uluk.
- Difisil atu hare'e. Dalaruma kelen hare hanesan badak no extra kulit lulun-an.
- Presija halo ejaminasaun atu bele detekta.
- Kelen (Ain) rua ne'e silu ba leten. Hare se ida fali badak liu ida seluk.
- Hafoin muda ain rua ne'e ba sorin ho neneik. Sei sente iha mudansa ka lian wainhira junta kidan nian bo'ok-an.
- Kous kosok oan iha oin ka iha parte sorin, tuir modelu Timor nian, ajuda atu hadia deslokasaun iha kidan.

Deslokasaun iha parte kidan



Ain karuk hare hanesan badak hela no iha tan kulit lulun-an extra.



Dahuluk, halo ain rua ne'e hamutuk. Ida seluk badak liu ida fali?



Hafoin muda ka bo'ok ho neneik ba kotuk no ba oin.



Sente kidan muda ka bo'ok-an hosi junta kidan nian.

Problema ruin kotuk (formasaun ruin la kompletu)

- Koko kosok oan nian kotuk. Se karik iha bubu ruma bo'ot, kanek ruma, ka area ruma la normal mosu fulun, labarik ne'e iha problema ruin kotuk ka formasaun ruin la kompletu (spina bifida).
- Problema ruin kotuk, problema seriu ida. Problema ne'e mosu wainhira kosok oan nian kotuk la taka ho didiak durante ninia desenvolvimentu iha inan nian kabun laran.
- Ruin kotuk laran (Medula) estraga no dalaruma bele mosu paraliza iha ain rua ka labele atu kontrola soe be'e ki'ik no bo'ot.
- Dalabarak akontese ba kosok oan sira ne'e hetan hidrosefalus (ulun bo'ot).
- Kosok oan sira ne'ebe iha problema ruin kotuk bele mate fasil ka lalais tamba infeksaun.
- Tratamentu difisil tebes.
- Wainhira problema ruin kotuk grave, labarik presiza uza kadeira-roda.
- Wainhira kondisaun ne'e kman ituan, labarik bele uza facilidade ruma hanesan besi ka ai-tongka hodi lao.
- Hospital ne'ebe besik liu hodi halo tratamentu ba kosok oan sira ne'ebe iha problema ruin kotuk mak

Problema ruin kotuk (formasaun ruin la kompletu)



Bubu iha kosok oan nian kotuk

Problema genitais no mos soe be'e bo'ot fatin

- Ejamina labarik ne'ebe foin mak moris nian genitais ka orgauns sexual no soe be'e bo'ot fatin ho didiak
- Hare sira normal ka lae?
- Mami'ik (fatin ba urine) iha liur (exstrophy) kondisaun ida ne'ebe kuak hodi soe be'e ki'ik lokaliza fali iha parte kabun.
- Hypospadias mak kondisaun ida ne'ebe kuak hodi soe be'e ki'ik lokaliza fali iha mi fatin (penis) okos.
- Se karik kosok oan nian testikulus bo'ot, dalaruma kosok oan ne'e sofre hernia ka hydrocoele.
- Problema ida ne'e bele kura ka hadia liu hosi dalan operasaun.
- Iha ka lae kuak iha parte anus ka kidung no kosok oan soe ona be'e bo'ot wainhira foin moris? Nune'e, kosok oan dalaruma bele hetan problema iha parte soe be'e bo'ot.
- Problema iha parte soe be'e bo'ot (metin ka laiha kuak) bele hadia ka kura liu hosi operasaun urgente ka lalais.
- Lori lalais labarik ba hospital referal.

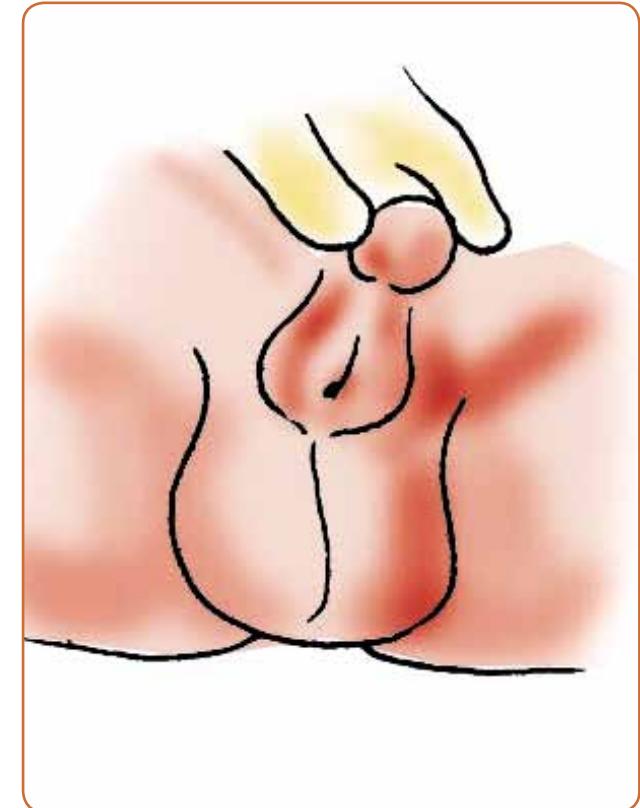
Problemas genitais no mos soe be'e bo'ot fatin



Mami'ik (fatin ba urine)
iha liur



Imperforate anus –
kondisaun ida ne'ebe, parte
fatin soe be'e bo'ot metin ka
laiha kuak



Hipospadias – moras mane
nian ne'ebe uretra nakloke
iha parte genital (penis)
nian okos

Ejamina kosok oan ne'ebe foin moris kona-ba enfrakezementu

1. Hare kosok oan nian ko'or, kulit no temperatura – normal ka lae?
2. Kosok oan nian medida ulun ne'e normal ka lae?
3. Kakorok bo'ok-an kompletu ka lae?
4. Leno kosok oan nian matan – matan oan ko'or mutin ka malahuk?
5. Hatama ita bo'ot nian liman fuan ne'ebe sterilizadu (mos) ona ba kosok oan nian ibun hodi koko
kona-ba sakat iha ibun laran (kiran).
6. Hare ba kosok oan nian liman no ain – normal ka lae? Bo'ok-an normal ka lae?
7. Koko kosok oan nian liman no ain – forte ka lae?
8. Hare ba kosok oan nian kotuk – iha kanek ruma, marka ka sinal metan ho fulun iha ruin kotuk?
9. Hare kosok oan nian fatin soe be'e bo'ot no orgauns jenitais – fatin soe be'e ki'ik ka mi'i fatin ne'e aloka iha
fatin nebe los ka lae?

Ejamina kosok oan ne'ebe foin moris kona-ba enfrakezementu



REKUNHESE ENFRAKEZEMENTU WAINHIRA KOSOK OAN MORIS

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