# McCraw and Arnold's Atlas of Muscle and Musculocutaneous Flaps



John B. McCraw Phillip G. Arnold





# TEMPORALIS MUSCLE

# ANATOMICAL CONSIDERATIONS

### Surface Markings

The anterior margin of the temporalis muscle can be palpated by clenching the jaws. The superior margin of the muscle cannot be palpated, but it lies at a point halfway between the upper margin of the ear and the vertex of the skull. The insertion is palpable and visible near the mid-point of the zygomatic arch.

## Origin and Insertion

The temporalis muscle originates from the temporal fossa and inserts into the coronoid process of the mandible. It functions in forceful posterior bite and in moments of extreme surgical anxiety. Because of the redundancy of the jaw muscles, it is a readily expendable muscle.

## Adjacent Muscles

The temporalis muscle incorporates the pericranium on its deep surface and is surrounded by the galeal and frontalis fascia layers in its course to the coronoid process. The proximity of the galea is important because the galea has a completely independent vascular supply from the extracranial vessels. This prevents the temporalis muscle from forming a standard myocutaneous flap since there are no perforating vessels passing directly from the muscle to the scalp skin.

#### Vascular Pattern

The temporalis muscle is supplied by two deep temporal branches of the maxillary artery. These two vessels penetrate the under surface of the muscle just above its insertion and straddle the motor nerve to the muscle. The robust blood supply of the galea, which overlies the temporalis muscle, arises separately from the superficial temporal and occipital vessels. It is the dense arborization of these four extracranial vessels which usually allows the entire galeal layer to be raised on any single vessel and provides a consistent blood supply to the majority of the ipsilateral scalp skin. For this reason the temporalis muscle cannot be employed as a standard myocutaneous flap without the inclusion of the galea. This compound flap of scalp skin and temporalis muscle, in fact, represents a muscle flap and a separate fasciocutaneous flap.

Motor Nerve

Deep temporal nerve.

Sensory Nerve

Fifth cranial nerve.

#### **USES**

The temporalis muscle is an unusual muscle to employ only because it is overlooked. It is exceptionally useful for certain coverage problems contained within a radius of eight centimeters in any direction from the coronoid process. This includes the majority of the oropharynx, the mandible, and the mastoid area. The traditional application of the temporalis muscle flap has been for obliteration of the orbit. Its broader uses include the correction of mastoid, cheek, pharyngeal, and palatal defects because of its proximate rotation point. When it is necessary to correct massive intraoral defects, both temporalis muscles can be retrieved through a coronal incision. The two temporalis muscles can be used to reconstruct the palate, the entire floor of the mouth, or the posterior pharyngeal wall. This should not be surprising if it is recognized that the tonsillar fossa lies but a mere three centimeters away from the temporalis muscular insertion into the coronoid process. An even more obvious application is for coverage of the adjacent exposed dura or cranial bone. This broad range of applicability salvages the useful temporalis muscle flap from its present relegation to the rare need to obliterate an orbit.

# REGIONAL FLAP COMPARISONS

This is certainly the most accessible muscle flap for "high" areas of coverage, extending from the body of the mandible and the mastoid bone inferiorly and to the orbit and forehead superiorly. Flap elevation is simple, and its transfer is certainly less complicated than that of the major chest wall flaps. Unlike the pectoralis and latissimus myocutaneous flaps, access to the neck is not required and bulk is not a problem. Because the intraoral muscle flap rapidly becomes re-epithelized, it is not necessary to skin graft a temporalis muscle flap which is transposed into the mouth. The temporalis muscle can also be used to transfer living "split" cranial bone to the middle and lower face.

#### DISADVANTAGES

There is no functional loss from the use of this muscle. However, if the muscle is left innervated, it will forcibly contract with chewing. This problem can be avoided by denervating the muscle at the time of its elevation. Because the pericranium is incorporated on the undersurface of the temporalis muscle flap, the exposed temporal

bone must be covered with either galeal or scalp flaps. The donor site is generally good, but the loss of the temporalis muscle leaves an area of depression behind the lateral orbital rim.

#### **ADVANTAGES**

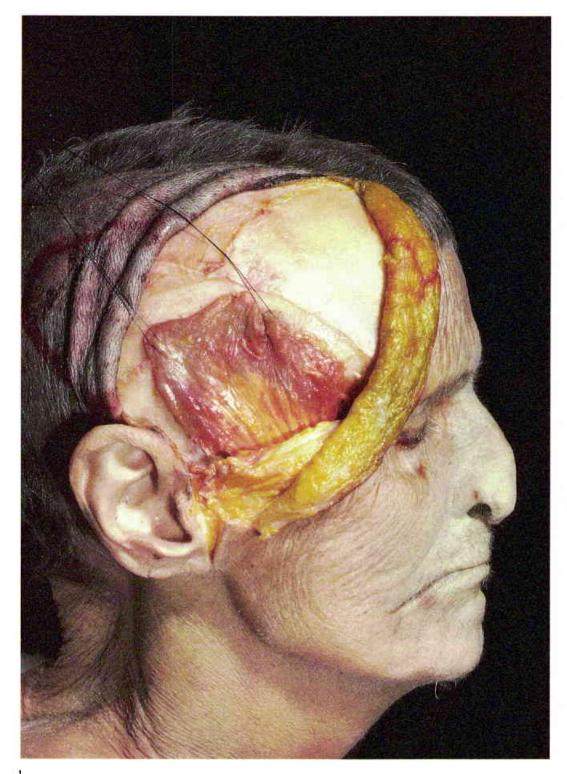
The temporalis muscle is simple to elevate and causes no functional loss. Its ability to replace the palate, the floor of the mouth, and the posterior pharynx is remarkable. One should not be surprised by this arc of rotation if the distance between the coronoid process and the upper margin of the muscle is "mentally" transposed to these inferior levels of inset. The great advantage of this muscle in intraoral applications is that it does not require skin grafting because it promptly reepithelizes with local epithelium. The temporalis muscle can also be combined with either a galeal fascial flap or a galeal fasciocutaneous scalp flap because of their distinct and separate blood supplies. This unusual combination of a temporalis muscle flap and a galeal fasciocutaneous flap adds significantly to the versatility of their individual coverage capabilities. Acland has recently clarified our generic understanding of the galea. He describes two fascial layers overlying the temporalis muscle. The deep temporal fascia is densely adherent to the temporalis muscle and is supplied by the deep temporal vessels. The dense fascial layer, which he designates as the superficial temporal fascia (A.K.A. galea), lies between the temporalis muscle and the scalp skin. This superficial layer of fascia is contiguous with the galeal and frontalis fascial layers and is supplied by the superficial temporal vessels.

# COMPLICATIONS, PITFALLS, AND DONOR SITE

The viability of the temporalis muscle flap should never be questionable, providing the dominant vessels are not harmed. When it is desirable to include skin with the temporalis muscle flap, the extracranial vessels and the galea must be separately elevated. The limits of this galeal fasciocutaneous extension are not completely known at this point. It is obvious that the fasciocutaneous flap margins can be extended much further than the demonstrated case presentations.

The primary pitfall one encounters is to leave the motor innervation intact in a visible site of inset. In this case the muscle can cause an undesirable "twitch." Should this occur, it is difficult to return safely to the previous operative area and denervate the muscle, but it can be done. After a period of several weeks, the neurovascular bundle and the muscular insertion can be completely divided without causing necrosis of the muscle flap, provided it has an adequate bed of inset.

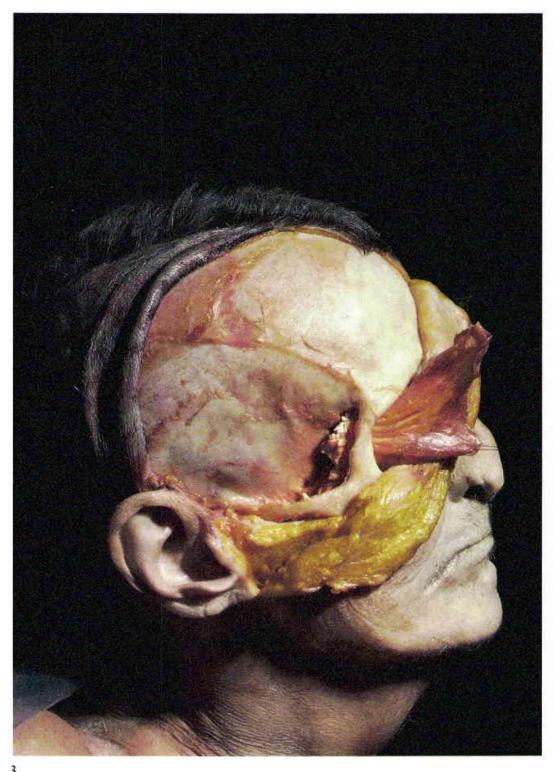
To protect the seventh nerve, the galeal and temporal fascial layers should be elevated separately. Although it would be difficult to injure, the main trunk of the fifth nerve lies just deep to the insertion of the temporalis muscle. Temporary removal and later replacement of the zygomatic arch facilitates a safe dissection of all of these neurovascular structures. Some contour deformity results from the loss of the temporalis muscle bulk beneath the scalp. It also creates a significant area of depression behind the lateral orbital rim and beneath the adjacent sideburn area.



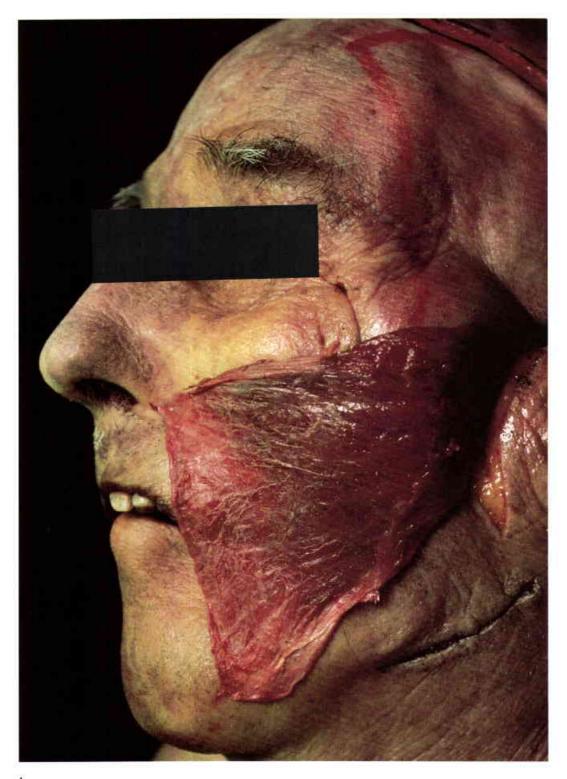
Temporalis muscle exposed through a coronal incision. The galea is retracted with the skin. Note the bony margins of the temporal fossa.



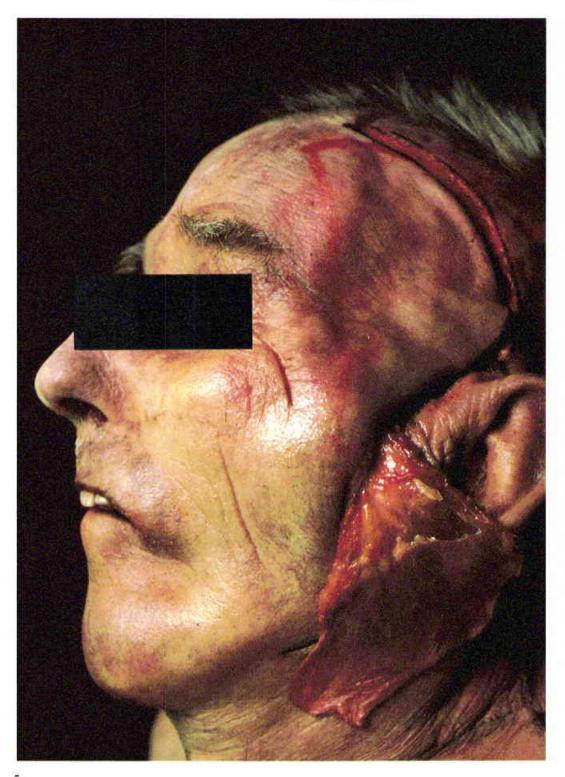
Exposure of the lateral orbital rim and the zygomatic arch.



Temporalis muscle transposed into an orbital defect.

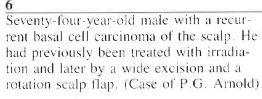


Temporalis muscle passed beneath the zygomatic arch. The proximity of the coronoid process allows the muscle to reach both the palate and the cheek.



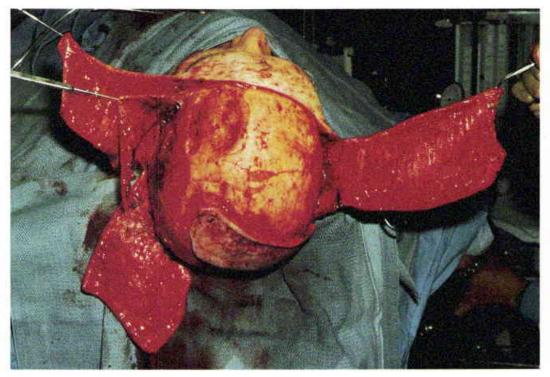
Downward extension of the temporalis muscle. Inferiorly, the muscle can be used to cover the mastoid process or the lateral pharyngeal wall.





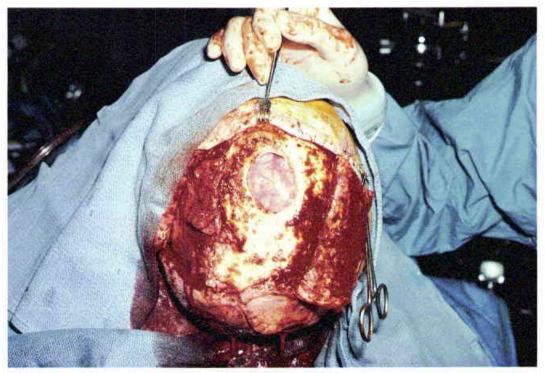


The outer table of the skull is excised and sent for pathological examination.



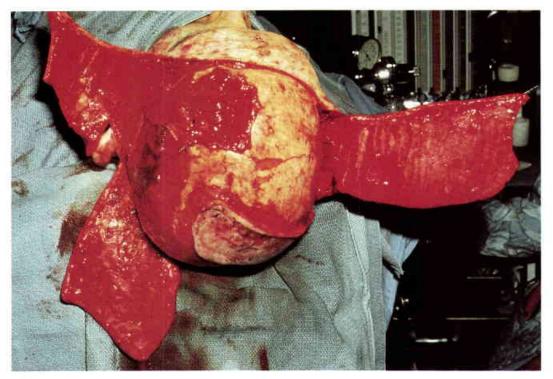
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Three Orticochea flaps are elevated. The previous skin graft of the posterior scalp has not been disturbed.

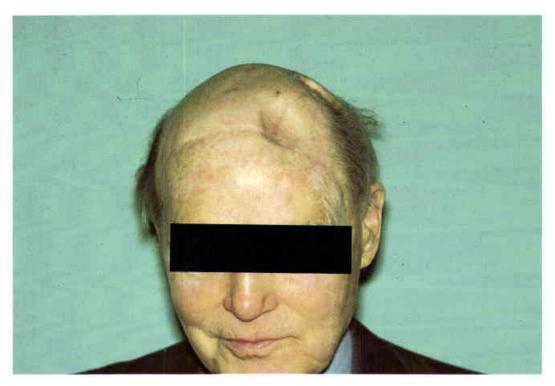


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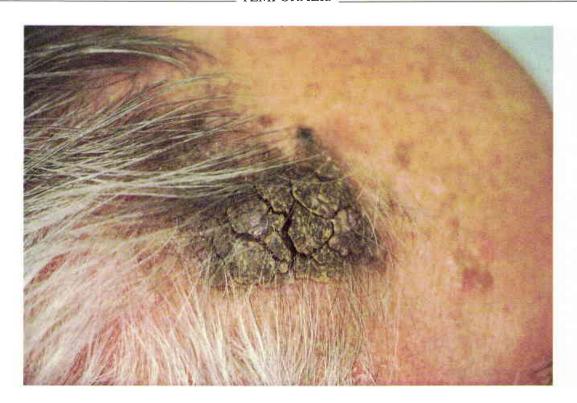
Pathological examination demonstrated tumor involvement of the inner table of the skull, but not the dura. Nevertheless, the dura was excised and replaced with cadaver homograft.



The dural homograft is covered with a temporalis muscle flap. The Orticochea flaps will be used for scalp closure.



Postoperative appearance at four months. Bony reconstruction was temporarily deferred in the face of this aggressive tumor.





12, 13
Fifty-eight-year-old male with benign seborrheic keratoses of the temporal area.
The confluent lesions were excised for esthetic reasons. (Case of J.B. McCraw)

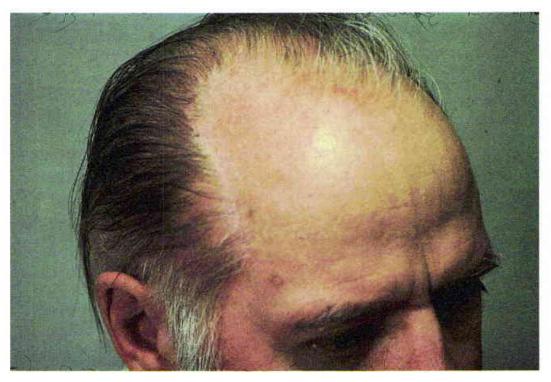




14, 15
Elevation and rotation of a galeal fasciocutaneous flap from the central scalp. The
temporalis muscle was not included with
the flap.



Ninety degree rotation of the flap and primary closure of the donor site.



Postoperative result at six years. The hair-line has been completely reconstituted.



Fifty-three-year-old male with an unsightly skin graft taken from the thigh. A level II melanoma had been excised ten years earlier. (Case of J.B. McCraw)



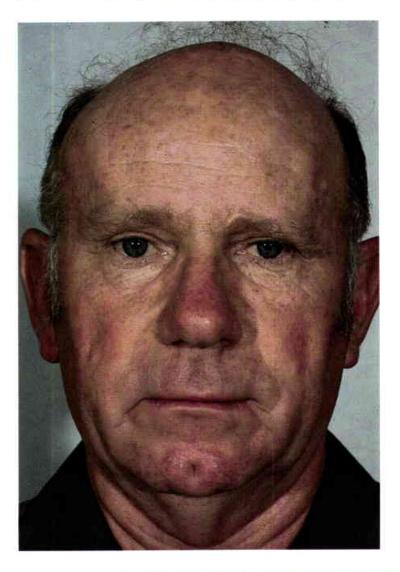
Rotation of a non-hairbearing galeal fasciocutaneous flap from the central scalp to the forehead. Note the fluorescence of the flap.

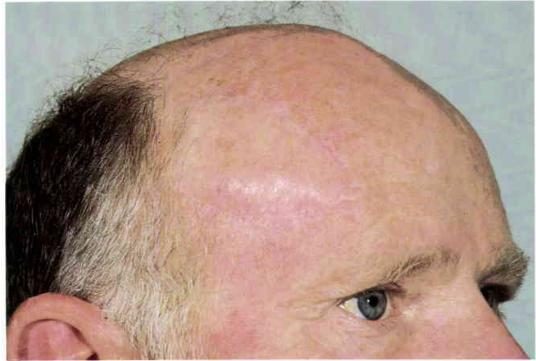


The scalp donor site was primarily closed with a rotation scalp flap.



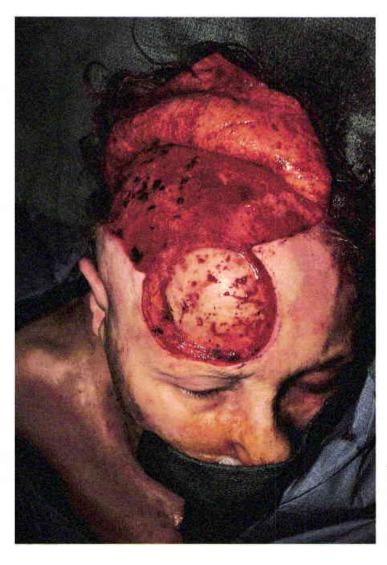
21 Healed scalp donor site at four years,





22, 23
The color match and contour of the forehead skin were nicely reconstructed by the fasciocutaneous flap.



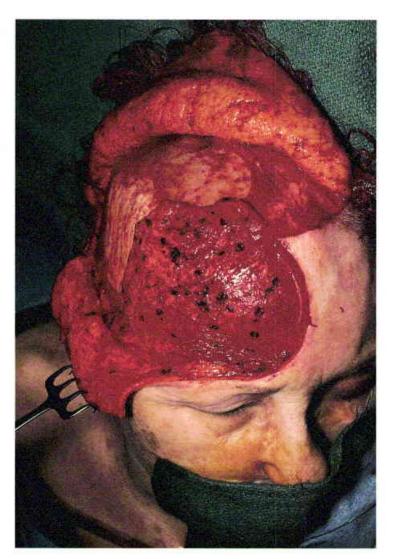


24, 25
Recurrent squamous cell carcinoma of the forehead in an elderly patient. The tumor excision was adequate with the removal of just the periosteum of the frontal bone. (Case of J.B. McCraw)





A galeal flap is elevated on the superficial temporal vessels. Note the undisturbed temporalis muscle. The fascial flap is rotated onto the forehead to resurface the periosteal defect of the frontal bone.





28, 29
Inset of the galeal flap into the forehead defect. The anterior margin of the remaining scalp flap did not fluoresce and was excised (blue mark). The extensive removal of the galea apparently devascularized this portion of the scalp.





30, 31
Immediate skin grafting was not successful. A "delayed" skin graft is always recommended because of the paucity of small vessels in the galea. The eventual contour restoration of this difficult area was good.



Wide excision of a recurrent, invasive squamous cell carcinoma of the right temple in a forty-three-year-old male. (Case of G. Irons)



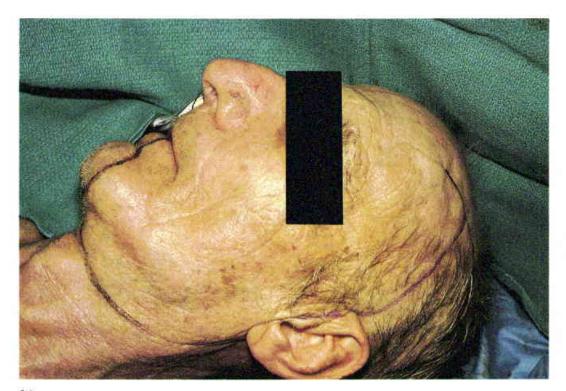
Anterior rotation of a temporalis muscle flap to cover the lateral orbital rim and the zygomatic arch.



The temporalis muscle flap was immediately grafted.

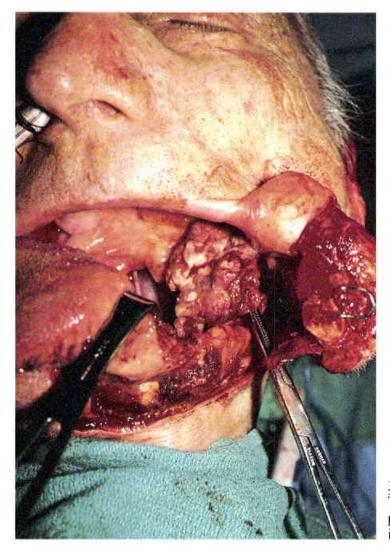


35 Appearance at five years.

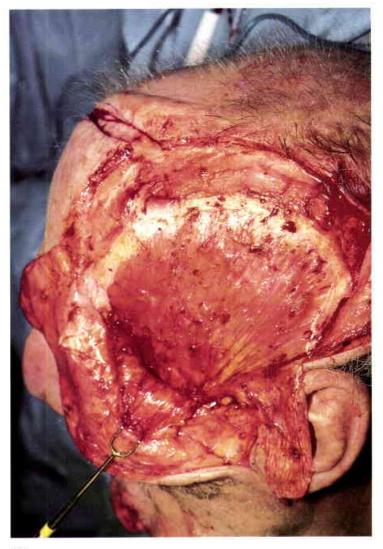


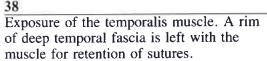
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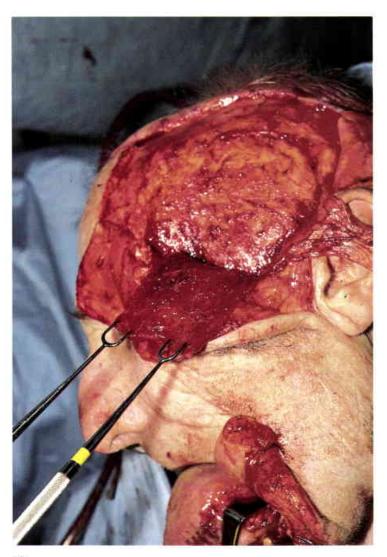
Low grade tonsillar carcinoma in a seventy-six-year-old man. Incisions are outlined for the retrieval of a temporalis muscle flap. (Case J.B. McCraw)



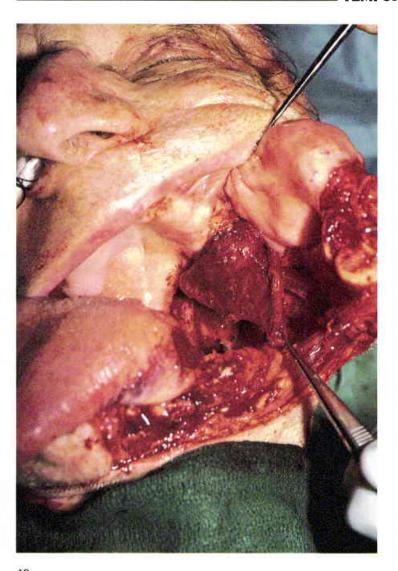
The massive tonsillar carcinoma is approached through a mandibular splitting incision.

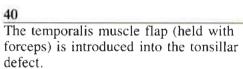


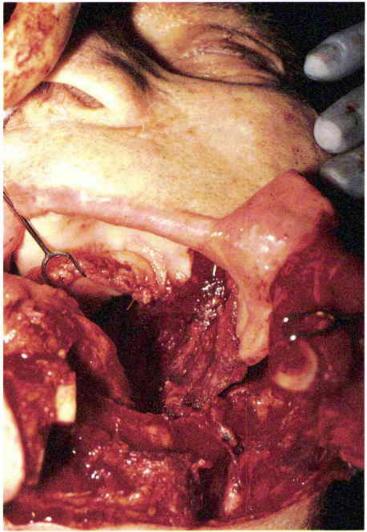




The temporalis muscle is passed beneath the zygomatic arch, which was temporarily removed and replaced.







Flap inset. Skin grafting was not required. The flap was well healed three weeks following surgery when the patient died suddenly from a stroke.





42, 43
Forty-year-old female two years following a temporalis flap to an orbital exenteration wound. The technique used in this case was identical to the cadaver dissection (fig 1-3). The wound has remained healed for five years. (Case of P.G. Arnold)

#### **TEMPORALIS**

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