

The latest travel offers - October 30

Shaolin Masters Arrive at Monart Destination Spa

Monart Destination Spa is currently hosting the Shaolin Masters Haibo and Xu until December. Guests will get a glimpse of life as a Shaolin warrior and an insight to the facets of their Zen philosophy through a variety of educational workshops in Tai Chi, meditation, Qi Gong and Kung Fu. Shaolin Warrior Massage will also be on offer, which is said to be good for stress relief and muscle tension relief. Monart is located in Enniscorthy, Co Wexford and is an award-winning adult only Destination Spa. Set in over 100 acres of lush Irish countryside, it's a great location if you're looking for luxury, peace and rejuvenation. A two-night stay with breakfast, one dinner and a treatment, as well as classes in meditation, costs from €235 per person sharing. For further information visit: www.monart.ie.

The Med in Malta

Escape from the cold Irish weather and wake up to bright blue skies and the beautiful Mediterranean Sea. Concorde Travel has the following offers to Malta this winter:

Stay at the 3* St George's Park, in St Julian's, based on 2 sharing a studio, on a self-catering basis, from €311pp.

Stay at the 4* Dolmen Hotel, in Qawra, on a B&B basis, from €376pp.

Stay at the 4* Seabank Hotel, in Melleiha, on an all-inclusive basis, from €576pp.

Stay at the 5* Meridien Hotel, in St Julian's, on a B&B basis, from €496pp.

Prices include: 7 nights' accommodation as stated, return flights ex Dublin, transfers and all taxes. For more information on Malta, visit: www.concordetravel.ie.

Thinking of Walking the Camino?

FrancigenaWays.com and CaminoWays.com director Roland will be giving free talks to introduce the Via Francigena, Italy's Camino. Join them at 53 Degrees North in Cork city (November 4) and Carrickmines, Dublin (November 5). The Via Francigena is an ancient pilgrim trail starting in Canterbury Cathedral in Kent (UK), and taking walkers through some of Europe's most spectacular landscapes: the WWI battlefields of Northern France, the Champagne Region, the breathtaking Alps, beautiful Tuscany and finally Rome, the Eternal City. The Via Francigena is a designated Cultural Route by the Council of Europe since 1994. For more details, visit: www.caminoways.com/blog/upcoming-caminoways-events/.

Winter Sun

7 nights in Gran Canaria from €453 per person. Staying in the 3* Vista Flor in Maspalomas, self-catering basis, departing November 2.

7 nights in Madeira from €618 per person. Staying in the 3* Raga Hotel in Funchal, B&B basis, departing November 3.

7 nights in Lanzarote from €407 per person. Staying in the 2* Plaza Palmeras in Puerto Del Carmen, self- catering basis, departing November 3.

7 nights in Tenerife from €1,034 per person. Staying in the 5* Ibero Grand Anthelia in Costa Adeje, B&B basis, departing November 8.

To book, call: (01) 514 0328 or log on to: www.thomascook.ie or visit your local travel agent.

More Winter Sun

7 nights in Madeira from €512 per person. Staying in the 2* Res Camacho in Funchal, B&B basis, departing November 3.

7 nights in Tenerife from €632 per person. Staying in the 4* Bahia Principe in Costa Adeje, all-inclusive basis, departing November 15.

7 nights in Tenerife from €467 per person. Staying in the 3* Columbus in Playa de las Americas, all-inclusive basis, departing December 6.

7 nights in Lanzarote from €265 per person. Staying in the 3* Montana Club in Puerto Del Carmen, self-catering basis, departing December 8.

To book call (01) 514 0341 or log on to: www.directholidays.ie.

Deirdre Mullins