

#### **TABLE OF CONTENTS**

### 2009 QUICK FACTS GENERAL

| GLITERAL                             |                                    |
|--------------------------------------|------------------------------------|
| Name of School                       | University of Cincinnati           |
| Location                             | Cincinnati, Ohio 45221             |
| Founded                              | 1819                               |
| Enrollment                           | 36,518                             |
| Affiliation                          | NCAA Division I                    |
| Conference                           | BIG EAST                           |
| Nickname                             | Bearcats                           |
| Colors                               | Red & Black                        |
| President                            |                                    |
| Director of Athletics                | Mike Thomas (Colorado State, 1983) |
| Faculty Representative               | Dr. Frederick Russ                 |
| COACHING STAFF                       |                                    |
| Head Coach                           | Michelle Salmon (Maryland, 1998)   |
| Overall Record (Years)               | 82-69-17 (9)                       |
| Record at Cincinnati (Years)         | 10-7-3 (1)                         |
| Associate Head Coach                 |                                    |
| Assistant Coach                      | Amanda Martin (Saint Louis, 2006)  |
| Volunteer Assistant Coach            | Kyle Swords (James Madison, 1996)  |
| Office/Fax                           | (513) 556-0567/(513) 556-2209      |
| <b>SPORTS COMMUNICATIONS</b>         |                                    |
| Assistant AD/Media Relations         | Michael Harris                     |
| Associate SID/Women's Soccer Contact |                                    |
| Office/Mobile                        | (513) 556-5191/(513) 295-4520      |
| Email                                | lara.thornton@uc.edu               |
| Associate SID                        | Ryan Koslen                        |
| Assistant SIDs                       | John Berry, Jeremy Martin          |
| Web Site                             | GoBEARCATS.com                     |
| Sports Communications Fax            | (513) 556-0619                     |
| Gettler Stadium Press Box            | (513) 556-3754                     |
| BEARCATS AT A GLANCE                 |                                    |
| 2008 Record/ BIG EAST Record         | 10-7-3/5-3-3                       |
| Finish                               | 5th/National Division              |
| Starters Returning/Lost              | 7/4                                |
| Letterwinners Returning/Lost:        |                                    |

|   |       | GALHOUNG |
|---|-------|----------|
|   |       |          |
| 9 | 2 6 1 |          |
|   |       |          |
|   | 23    |          |
|   |       |          |

| THE UTILVETSITY 2                    |
|--------------------------------------|
| All-American City4                   |
| UC's CATapult6                       |
| BIG EAST Conference7                 |
| Richard E. Lindner Varsity Village8  |
| Gettler Stadium10                    |
| Proud Tradition11                    |
| Academic Services12                  |
| Sports Medicine                      |
| Community Service14                  |
| OUTLOOK & PLAYERS                    |
| 2009 Season Outlook16-17             |
| 2009 Roster, Schedule17              |
| Radio/TV Roster 18                   |
| Logan Ballinger, Sydney Barker19     |
| Melissa Bigg, Brittney Hansen20      |
| Vanessa Hardin, Emily Hebbeler21     |
| Andrea Kaminski, Erin Kaufman22      |
| Kendall Loggins, Lauren Lucas23      |
| Erin MacDonald, Julie Morrissey24    |
| Heather Neiser, Kelli Pawelko25      |
| Kay Young, Sara Doutt26              |
| Rachel Barnette, Christine Brewer 27 |
| Kaylee Dakers, Ashley Daniels27      |
| Brooke Eberly, Katie Johnson28       |
|                                      |

The University

| Evi Ranson28                                 |
|--|
| COACHES & STAFF                              |
| Head Coach, Michelle Salmon30                |
| Associate Head Coach, Chris Kouns 32         |
| Assistant Coach, Amanda Martin33             |
| Volunteer Assistant, Kyle Swords             |
| Performance Enhancement Team 34              |
| UC Interim President, Monica Rimai, JD 35 $$ |
| University Board of Trustees35               |
| UC Director of Athletics, Mike Thomas 36     |
| UC Head Coaches37                            |
| Senior Administration                        |
| 2008 Season Review                           |
| 2008 Statistics                              |
| 2008 Game-by-Game39                          |
| BIG EAST Review41                            |
| 2009 Opponents                               |
| <b>RECORDS &amp; HISTORY</b>                 |
| Athletics Honors44                           |
| School Records45                             |
| Series Record46                              |
| All-Time Roster46                            |
| Year-by-Year Results47                       |
|  |

#### **EDITORIAL**

**Cincinnati Sports Communications Department** Nick Jefferys Lindsay Brash Jeremy Martin

#### **EDITORS**

Jeremy Martin, Lara Thornton

#### OTHER CONTRIBUTERS

John Berry, Mike Harris, Ryan Koslen Maggie McKinley, Kim Sykes, Jason Barron

#### DESIGN Lara Thornton

#### PRINTING

**Post Printing** Minster, Ohio

#### **PHOTOGRAPHY**

**Brett Hansbauer** 

#### CONTRIBUTING PHOTOGRAPHY AND IMAGES

Wayne Litmer, Steve Shaw, Andrew Higley, Ashley Kempher, Lisa Ventre, UC Photographic Services, Mayhew and Pepper Photography, Cincinnati Reds, Cincinnati Bengals, Cincinnati Zoo and Botanical Garden, Cincinnati USA Regional Chamber, and Kings Island.

The 2009 Cincinnati Women's Soccer Media Guide was published by the Cincinnati Sports Communications office with the intent to serve all media and followers of Bearcats women's soccer. Additional copies may be purchased for \$5. Mail orders should include \$3 for postage and handling.

Cincinnati's Sports Communications staff would like to extend its thanks to all BIG EAST and opponent sports information offices, and all members of past sports information staffs that have assisted in compiling information that is intergral to the production of this guide.

Any corrections or additions are welcome and should be directed to Lara Thornton at lara.thornton@uc.edu.





## **UNIVERSITY OF CINCINNATI**

The University of Cincinnati traces its origins to 1819, the year in which Cincinnati College and the Medical College of Ohio were chartered. In 1870, the City of Cincinnati established the University of Cincinnati, which later absorbed the earlier institutions. In 1906, the University of Cincinnati created the first cooperative education program in the United States through its College of Engineering. For many years, the University was the second-oldest and second-largest municipal university in the country. In 1968, UC became a "municipally sponsored, state affiliated" institution, entering a transitional period culminating on July 1, 1977 when UC became one of Ohio's state universities. The University of Cincinnati is classified as a Research Extensive University by the Carnegie Commission, and is ranked as one of America's Top 25 public research universities.

#### **ACADEMIC EXCELLENCE**

At the University of Cincinnati, excellence is a hallmark of the academic programs. U.S. News and World Report ranks 12 UC programs among the Top 10 in the country, while another 26 programs are listed among the Top 50 in the nation.

Money Magazine's Elite Values in Higher Education, Kaplan's Unofficial, Unbiased Insider's Guide to the 320 Most Interesting Colleges, Octameron's College Match: A Blueprint for Choosing the Best School for You and Yahoo's Internet Life have all ranked the University of Cincinnati's programs among the best in the nation.

Undergraduate students in any college may apply to the University Honors Scholars Program. If selected as an Honors student, the rewards for being an outstanding student include smaller classes, honors housing, special advising, and scholarships worth up to \$60,000 over four years.

UC's cornerstone scholarship program is Cincinnatus, which awards more than 1,400 scholarships totaling over \$11 million.

#### **CINCINNATI FIRSTS**

UC has been the source of many contributions to society, including:

- the first electric organ
- · the first oral polio vaccine
- the first observations of the National Weather Service
- the first safe anti-knock gasoline
- · the first antihistamine
- the first use of lasers to remove brain tumors
- the first bachelor's degree program in nursing and first emergency medicine residency program
- the first degree program offered via satellite

#### **CINCINNATI SPORTS FIRSTS**

- Cincinnati hosted one of the first night football games in the United States in 1923.
- George Smith, captain of the 1934 football team, wore a device to protect a facial injury, a fore-runner of the facemask.
- In 1961, Hank Hartong became college football's first soccer-style kicker.
- UC was the first school to make five consecutive appearances in the men's basketball Final Four, 1959-63.

## **FAMOUS BEARCATS**



TED CORBITT Olympic Marathoner



MILLER HUGGINS Yankees Manager,



**SANDY KOUFAX** Los Angeles Dodgers, Track and Field Baseball Hall of Fame Baseball Hall of Fame Olympic Silver Medalist



DAVID PAYNE





OSCAR ROBERTSON BECKY RUEHL Basketball Hall of Fame Olympic Diver



JACK TWYMAN Basketball Hall of Fame



**MARY WINEBERG** Track and Field Olympic Gold Medalist



#### A LOOK AT THE UNIVERSITY

- In fiscal year 2006, UC earned more than \$332 million in grants and contracts. Research funding has quadrupled in the past 20 years, and the University's National Science Foundation ranking has climbed from a placement of 76th to 45th in the nation.
- UC's annual endowment is \$1.185 billion, ranking 54th in the U.S. and 17th among public institutions.
- UC offers 98 doctoral degree programs, 170 master's degree programs, 167 bachelor's degree programs, and 139 associate degree programs.
- The Carnegie Commission has designated UC as a Research Extensive University.
- The University of Cincinnati has an economic impact of over \$2 billion annually on the state's economy.
- · The University of Cincinnati is the home of cooperative education. The first co-op program in America was offered at UC in 1906, and UC's co-op program is now the second largest in the country.
- The University of Cincinnati is the Greater Cincinnati area's second-largest employer with 9,000 employees and ranks seventh in the state of Ohio.
- · UC's library system contains over three million books and subscriptions to 39,787 periodicals ranking it among the top research libraries in the country.

#### UNIVERSITY OF CINCINNATI NATIONAL RANKINGS

**National Science Foundation** Research and Development Rank: 45th

**Association of University Technology Managers** 

Income on Patents and Licenses: 28th in U.S., 1st in Ohio

**U.S. News and World Report** 

College of Law: 52nd Cooperative Education: 4th College of Pharmacy: 32nd College of Medicine: 40th College of Nursing: 48th Opera/Voice: 3rd Musical Conducting: 5th Music: 6th Music Composition: 9th Orchestra/Symphony: 9th Drama: 37th Creative Writing: 46th Paleontology: 7th **Environmental Engineering: 20th** 

Aerospace Engineering: 31st Industrial Engineering: 37th Civil Engineering: 48th

Criminal Justice: 3rd Pediatrics: 4th Otolaryngology: 18th AIDS Center: 26th Neurology: 28th Geriatrics: 29th Pulmonary Disease: 32nd Cancer Center: 33rd

Rheumatology: 35th Endocrinology: 39th

Speech and Language Pathology: 39th Cardiology: 43rd

Audiology: 44th

**Design Intelligence** 

For nine straight years, professionals across the nation have ranked UC's interior design program as the nation's best. UC's undergraduate architecture program is ranked No. 2 in the United States



#### **Mission Statement**

The University of Cincinnati is a public comprehensive system of learning and research. The excellent faculty have distinguished themselves world wide for their creative pedagogy and research especially in problem solving and the application of their discoveries. The University system is designed to serve a diverse student body with a broad range of interests and goals. It is a place of opportunity. In support of this mission, the University of Cincinnati strives to provide the highest quality learning environment, world renowned scholarship, innovation and community service, and to serve as a place where freedom of intellectual interchange flourishes.



**DAVID CANARY** Actor



**CHARLES DAWES** U.S. Vice President, **Nobel Peace Prize** 



**HEATHER FRENCH** Miss America, 2000



KIRSTEN HAGLUND ALBERT SABIN Miss America, 2008



Developer of Polio Vaccine



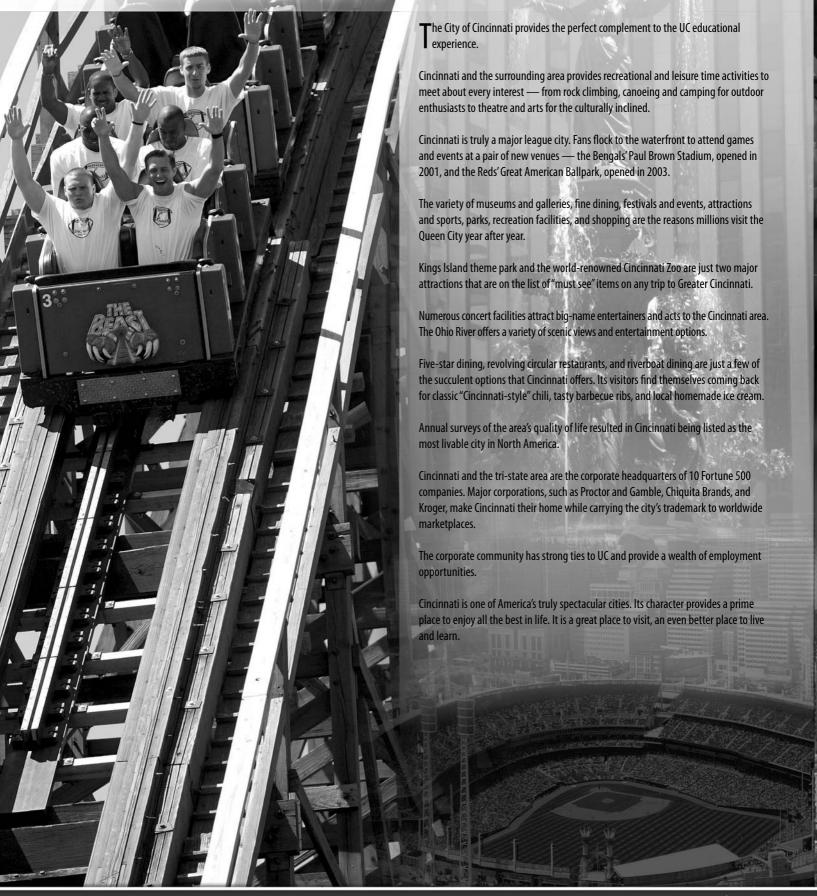
**JOSEPH STRAUSS** Designer of Golden Gate Bridge



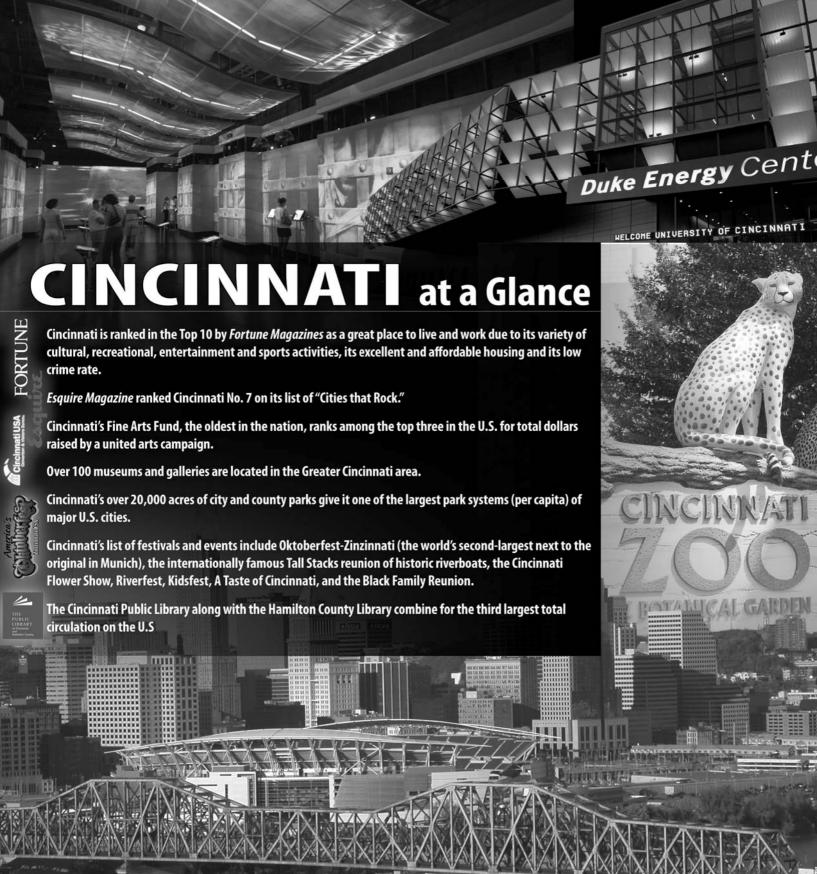
WILLIAM HOWARD TAFT President, Supreme **Court Justice** 



# **ALL-AMERICAN CITY**



GoBEAR<u>É</u>ATS.com





## **UC'S CATAPULT**

BIG EAST Championships in every sport within the next five years, continued leadership by UC student-athletes in academics, and community engagement are the main goals of CATAPULT, an action plan for University of Cincinnati athletics unveiled by Director of Athletics Mike Thomas.

Thomas' five-year vision for UC's 18-sport intercollegiate program was launched six months into his tenure at UC. The plan focuses on three main initiatives: winning BIG EAST team championships, highlevel academic achievement, and a comprehensive integration with the Greater Cincinnati Community.

"It is critically important for our student-athletes, past, present and future, along with our coaches, staff, alumni, and fans to know that we are 100 percent committed to being a championship program within the BIG EAST," said Thomas. "Setting specific goals will keep all of our stakeholders focused on where we need to go. The title of the program, CATAPULT, is truly symbolic of what our department is poised to do over the next five years, which is to leap over the rest of the BIG EAST, and go all the way to the top."

The basic components of CATAPULT are:

**CHAMPIONSHIPS:** UC will win a BIG EAST championship in every sport within the next five years. The Bearcats picked up their first BIG EAST championship in 2006 as the men's soccer team captured the regular-season title.

ACADEMICS: UC student-athletes will set the pace academically by continuing to lead the general student body in graduation rates and over a five-year period outperform the general student body in grade point average. UC student-athletes are graduating at a 59 percent rate, which exceeds the 49 percent rate of school's general student body and is on par with the national student-athlete rate of 62 percent. In the most recent compilation of the grade-point averages, UC student-athletes posted an accumulated grade point average of 3.07 while the overall

TOGETHER: UC student-athletes, coaches, and staff will respect and honor the privilege of competing as Cincinnati Bearcats. All participants recognize that UC's goals cannot be achieved without engaging the UC family and the Cincinnati community.

GPA of the UC student body was 2.969.





### **BIG EAST CONFERENCE**

With 30 years under its belt, The BIG EAST Conference continues on a path of success in and out of the athletic arena. The goals have always been the same. The league wants and expects to compete at the highest level and does so with integrity and sportsmanship. The commendable performances of the student-athletes at BIG EAST schools are the indicators of the league's proud tradition of success.

The BIG EAST has gone through membership changes since its birth, but the 2009-10 academic year will mark the conference's fifth straight with the same 16-member group, the nation's largest Division I-A conference.

In 2008-09, BIG EAST student-athletes again succeeded on the national stage. The Connecticut women's basketball team won its sixth national championship by defeating conference foe Louisville in an all-BIG EAST NCAA title game. The Notre Dame women's soccer team reached the NCAA championship game and the Syracuse field hockey squad advanced to the NCAA Final Four. Three BIG EAST women's cross country teams finished in the top 10 at the NCAA Championships. West Virginia was fourth followed by Villanova in sixth place and Georgetown in ninth.

Individually in women's sports, Providence's Dannette Doetzel won the 10,000 meters at the NCAA Outdoor Track & Field Championships. Connecticut's Maya Moore was the conference's sixth winner of the Wade Trophy as the top player in women's basketball. Notre Dame's Kerri Hanks won the Hermann Trophy, the top award in women's soccer.

On the men's side, Connecticut and Villanova advanced to the Final Four in basketball. The 2008-09 campaign was arguably the best men's basketball season in the history of the BIG EAST with the league setting NCAA standards with three No. 1 tournament seeds, four teams in the round of the Elite Eight and five in the Sweet 16.

The St. John's men's soccer team reached the NCAA College Cup before losing in the national semifinals.

BIG EAST football has maintained its high profile and its reputation as a balanced group. Seven of the league's eight squads were nationally ranked or received votes in the national polls in 2008. Cincinnati was the league champion. The BIG EAST, a charter member of the Bowl Championship Series, has won three of its last four BCS bowl games. West Virginia, Louisville and Connecticut also have won or shared league crowns over the past four seasons.

The BIG EAST has continued to produce student-athletes who were at the forefront of athletic and academic achievement. In 2008-09, 19 BIG EAST players were chosen to their respective ESPN The Magazine Academic All-America Teams, including eight firstteam selections. Nearly 400 student-athletes have earned academic all-America honors.

The BIG EAST became the nation's largest Division I-A conference in 2005-06 when five new members began competing. The new schools were: University of Cincinnati, DePaul University, University of Louisville, Marquette University and the University of South

BIG EAST institutions reside in nine of the nation's top 34 largest media markets, including New York, Chicago, Philadelphia, Washington, D.C., Tampa, Pittsburgh, Hartford, Milwaukee and Cincinnati. With its newest members, BIG EAST markets contain almost one fourth of all television households in the U.S.

Since opening its doors in 1979, the league has won 26 national championships in six different sports and 126 student-athletes have won individual national titles.

The BIG EAST has enjoyed tremendous basketball success, especially in this decade. In 2008-09, the BIG EAST produced four of the eight Final Four teams in men's and women's basketball. It was only the second time in NCAA history that one conference placed that many Final Four teams in the same season.

In 2003-04, Connecticut became the first school in NCAA history to win the men's and women's NCAA basketball titles in the same season. In '02-03, the BIG EAST became the first conference in NCAA history to win the men's and women's titles in the same year when the Syracuse men and the Connecticut women captured their respective national championships. In men's basketball, BIG EAST squads have won three of the last 11 NCAA championships. BIG EAST women's teams have taken six of the last 10 NCAA titles.

Proactive movement has been a signature strategy for the conference that was born in 1979. The BIG EAST continually turns challenges into opportunities to become stronger. In 2009-10, the BIG EAST will add men's lacrosse to its growing list of sports, which will increase its total to 24 sport championships. The first women's golf championship was held in the spring of 2003. Women's lacrosse and rowing were added in 2001.

The BIG EAST became a reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse universities. Seton Hall, Connecticut and Boston College completed the original seven school alliance.

While the membership has both increased and changed, the focus of the BIG EAST has not wavered. The conference reflects a tradition of broad based programs, led by administrators and coaches who place a constant emphasis on academic integrity. Its student athletes own significantly high graduation rates and their record of scholastic achievement notably show a balance between intercollegiate athletics and academics.

Any successful organization has been fortunate to have outstanding leadership. Michael Tranghese, the league's first full-time employee, and for 11 years the associate to Dave Gavitt, became Commissioner in 1990. In his first year, he administered the formation of The BIG EAST Football Conference.

For 2009-10, the BIG EAST will undergo one significant change. Tranghese stepped down from his position on June 30, 2009. John Marinatto, who has served as senior associate commissioner, has moved into the Commissioner's chair.

The league has long been considered a leader in innovative concepts in promotion and publicity, particularly regarding television. Those efforts have resulted in unparalleled visibility for BIG EAST student athletes. The conference has enjoyed long-standing relationships with CBS, ESPN, Inc. and ABC.

BIG EAST men's basketball games are regular sellouts at campus and major public arenas, including the annual men's BIG EAST Championship in Madison Square Garden. The women's basketball championship has led all conferences in attendance for the past six years. Attendance figures also are significant in soccer and baseball.

More than 550 BIG EAST student-athletes have earned all America recognition and dozens have won individual NCAA national championships. The BIG EAST has been well represented in U.S. or foreign national and Olympic teams. Several athletes earned gold medals in each of the last six summer Olympiads.

The BIG EAST has its headquarters in Providence where the conference administers to more than 5,500 athletes.





# RICHARD E. LINDNER VARSITY VILLAGE

The future arrived for the University of Cincinnati athletics program in May, 2006 with the completion of the Richard E. Lindner Varsity Village.

The extensive renovation and upgrade of all of UC's athletics facilities, and the construction of some new venues, positions the Bearcats' sports programs to compete among the nation's best.

The term "village" aptly applies because the close proximal location and interconnection of the facilities provides ease of use and access to services for all of the sports teams and their student-athletes, similar to that of a small town.

There was nothing small about the vision for Varsity Village, a \$105 million project, over half of which was privately financed.

The centerpiece of the project was the construction of the Richard E. Lindner Center. Its purpose is to serve as the home for all of the sports programs as well as the centralized support services.

Located between Nippert Stadium and Fifth Third Arena, the Lindner Center is a futuristic eight-story structure which houses offices, locker rooms, and reception and meeting space for each of the sport programs. The administrative services and support areas are also housed in the building.

The emphasis of the Lindner Center programming is on the studentathlete. One entire floor of the building is devoted to the Nancy Hamant Academics Center, which contains study facilities for UC's 560 student-athletes, including over 80 computer stations.

A new athletics training center, equipped with state-of-the-art diagnostic and treatment equipment, including three hydrotherapy pools, is included in the Lindner Center. The University Health Services for students has been relocated to the Lindner Center and provides expanded medical coverage conveniently located for UC student-athletes. An MRI diagnostic center is also part of the building, making UC the first school in the country to have one in its athletics facilities.

Space for strength and conditioning training in the adjacent Fifth Third Arena has been doubled to 18,000 square feet and has been furnished with the latest in weight training equipment. A new 12,000-square foot practice gymnasium will ease the scheduling of workouts and practices.

While the Lindner Center provides for the present and future of UC athletics, it also recognizes and celebrates UC's proud past. The ground level of the five-story atrium features the George and Helen Smith Museum detailing the history of both the athletics program and the University. Sports histories are portrayed in graphic murals and on video screens. A five-story trophy case, making it one of the world's largest, houses the Bearcat's championship memorabilia.

The unique building was designed by signature architect Bernard Tschumi. UC graduate Eva Maddox (DAAP 1966) orchestrated the design of the museum.

Varsity Village created three new sports venues and made significant upgrades and enhancements to two others.

The new baseball stadium, named for late Cincinnati Reds owner and area philanthropist Marge Schott, opened late in the 2004 season. UC's tennis program benefits from a new on-campus tennis center. The swimming and diving teams have a new training and competition home, the Keating Aquatics Center, in the nearby new student recreation center.

UC's track and soccer complex was totally renovated and permanent seating for 1,400 was added, along with a press box, and reopened as the Ben and Dee Gettler Stadium.

Nippert Stadium, which has been the home to UC football and the activities of just about every other outdoor sport since 1902, has undergone significant improvements in seating and other accoutrements for the spectators, such as expanded concourses and concessions areas, and a new video board. Teams benefit from field-level game day locker rooms and a grass-like FieldTurf artificial playing surface.

Even UC's Marching Band benefited with the creation of the Rockwern Band Center.

Landscaping has created a major walkway, O'Varsity Way, that leads visitors through the heart of Varsity Village. The Raymond D. Sheakley Lawn and Victory Plaza provide gathering and activities space for UC fans attending events.









# **GETTLER STADIUM**

Gettler Stadium is the home for both the University of Cincinnati men's and women's soccer programs, and the outdoor track and field teams. The facility, renovated following the 2003 season, was named in recognition of the gift by Ben and Dee Gettler to the Richard E. Lindner Varsity Village.

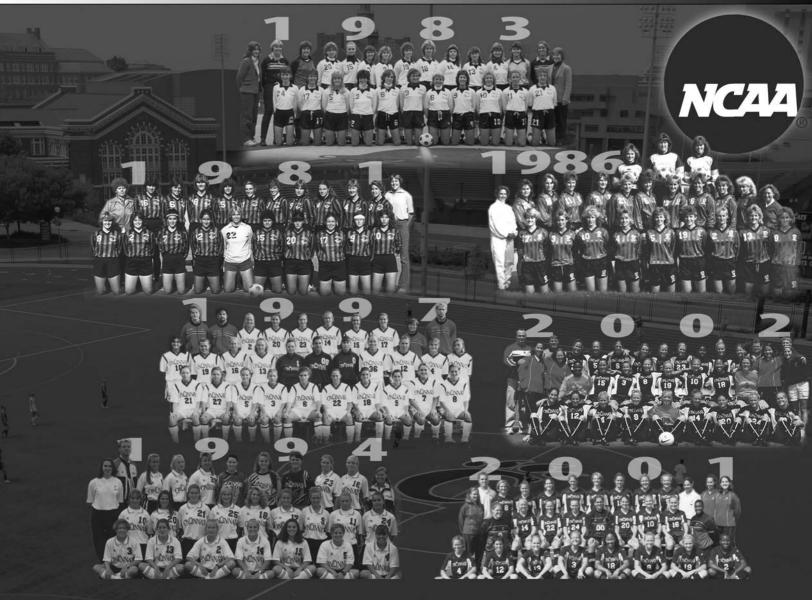
The renovated facility features an official-size soccer field with FieldTurf Pro playing surface. The surface has been sanctioned by FIFA, the international governing body of soccer, for all levels of play except the semifinals and finals of the World Cup. Also present are an eight-lane, 400-meter track, permanent grandstand seating for 1,400, concession stands, restrooms, team rooms and a pressbox.

These improvements follow a facility upgrade from 2000 that saw the installation of new lights and a new scoreboard with message center.





## **PROUD TRADITION**



### **ALL-AMERICANS**



Deb McKinney 1980



Vicki Niemann 1981, 1983



Leslie Roberto 1986



Julie Krauser 1986



Lori Wallace 1989



Ann Thomas 2001



### **ACADEMIC SERVICES**

The Academic Services Office works with coaches, faculty and administrators to help make the student-athlete's academic and athletic experience as enriching and rewarding as possible. The office helps student-athletes keep abreast of the eligibility requirements of their particular colleges, assists with the coordination of class schedules, and monitors their progress in their respective programs and toward graduation.

Weekly meetings with academic advisors are set up for student-athletes to better monitor their academic progress and assist with adjustment to college. Tutoring and educational assistance are also readily accessible.

#### **SERVICES PROVIDED FOR STUDENT-ATHLETES**

**Academic Advising:** The UC Academic Services staff provides information regarding policies, procedures, course selection, selection of major and minor areas of study as well as NCAA and university quidelines for adequate academic progress.

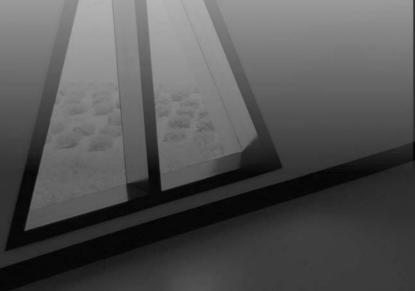
**Priority Registration:** Student-athletes meet with an advisor in their college in order to obtain a check sheet and a graduation plan. The student-athlete then meets with an athletic academic advisor during priority registration in order to register for the quarter. Priority registration allows student-athletes to register for classes around practice and competition schedules.

**Counseling:** Individual work is done with student-athletes with specific concerns such as decision-making, adjustment to college, communications, relationships, test-anxiety and necessary study skills. Appropriate referrals are made to other campus resources.

**Monitoring Academic Progress:** Progress reports are used to gather classroom performance information from professors. This information is shared with the student-athlete and his/her coach so everyone can keep abreast of the current academic progress.

**Tutorials:** Services are provided for one-on-one and small group tutoring. Student-athletes may submit requests for a tutor assignment in most courses.

**Career Development and Placement:** The interests and strengths of each student-athlete are continually measured to prepare the student-athlete for a career beyond college. In addition to aiding career exploration and placement, this program provides assistance in securing summer employment opportunities and internships opportunities and post-graduate scholarships.









#### NANCY HAMANT ACADEMIC CENTER

The opening of the Richard E. Lindner Athletic Center pays huge dividends for student-athletes in terms of academics as the building houses the spacious Nancy Hamant Academic Center on the entire fifth floor.

The center, named in honor of the longtime faculty athletics representative, The Hamant Academics Center gives student-athletes a variety of ways to fulfill their study needs. The large study room is furnished to accommodate a variety of study habits and features 71 computer stations, a 50-person study room, five group meeting rooms and over 14 individual tutor rooms.



### **SPORTS MEDICINE**

The University of Cincinnati's sports medicine program is responsible not only for helping student-athletes make speedy recoveries from injuries, but in preventing injuries from occurring.

UC's sports medicine program is a comprehensive approach to the injury care and the wellness of the University's over 500 student-athletes, utilizing state-of-the-art diagnostic and treatment equipment with the latest methods in the care and prevention of injuries. Its objectives are simple: to prevent injuries, to rehabilitate injuries, to adjust to the stress following injuries and to educate student-athletes about various wellness issues. The goal is to get UC's athletes back in the classroom and on the playing field functioning at 100 percent capacity. The goal is attained in several ways. New student-athletes are carefully examined before they participate to detect potential problems. Student-athletes are afforded state-of-the-art therapeutic care.

The opening of the Richard E. Lindner Athletics Center in May 2006 provides a new, state-of-the-art sports medicine facility that caters to the needs of UC's student-athletes. Features of the facility include over 4,000 square feet of space for treatment and taping, spacious office suites for training staff and physicians, a physicians exam area, pharmacy, and x-ray facilities.

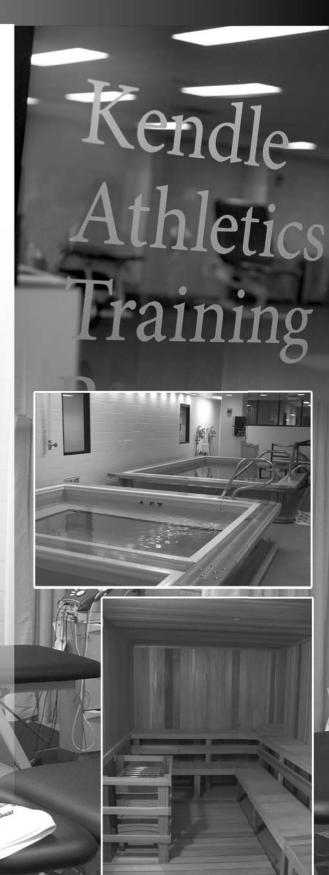
A highlight is the hydrotherapy facility which has a three-level, 5,000 gallon, two-treadmill exercise pool, and two 12-person whirlpools (one for hot and one for cold therapy). The sports medicine facility is located one floor below the new University Health Services Center, providing easy access to physicians and services. University Radiology has an MRI diagnostic center as part of the new complex.

Under the direction of Assistant Director of Athletics for Sports Medicine Jeff Carrico, UC's athletics training staff is the backbone of the sports medicine program. Trainers are present at every practice and event to monitor the health of the student-athletes and respond to injuries.

Dr. W. Kenneth Stephens, a fellow in the American College of Sports Medicine and member of the American Medical Society for Sports Medicine, has served as the Bearcats' team physician for the past 30 years. UC's University Health Service provides a staff of medical professionals accessible to student-athletes 24 hours a day.

Dr. Angelo Colosimo and the staff of the University Orthopedics Associates of Cincinnati is on call to address orthopedic injuries, performing all orthopedic surgeries and supervising post-operation rehabilitation programs.

The UC Medical College provides nationally-recognized specialists who are immediately accessible. University Hospital, a nationally-recognized medical center, is immediately adjacent to the campus, providing UC student-athletes the absolute best in health and medical care.





# **COMMUNITY SERVICE**

The Bearcats soccer program is committed not just to success on the playing field, but also to be a contributing member in the community.

Throughout the year, the team gives back to the community in a number of ways, from volunteering time around the holidays at the Drop Inn Center to visiting the Cincinnati Children's Hospital. The team has also taken part in various other community service activities ranging from Make a Difference Day to volunteering at area YMCAs. Other community service projects include Sports Buddies, Habitat for Humanity, Cincinnati Kid Fest, the Special Olympics, Big Brothers/Big Sisters, Ronald McDonald House, reading to school children and volunteering at a homeless shelter.

The Bearcats have given back to the soccer community as well. Each spring the men's and women's programs host a free soccer clinic for area youth. The Bearcats, partnered with the Clifton Soccer Association for Youth (S.A.Y.), use the clinics to promote the game of soccer to the local community. Last spring, over 100 youngsters were in attendance along with the entire men's and women's teams and coaching staffs.

The clinics focus on teaching the basic skills involved in the game. Members of both the men's and women's teams work with groups of youngsters, practicing dribbling, passing and goalkeeping techniques.

