

# MIAMI UNIVERSITY

## Men's & Women's Track & Field Invitational

**FRIDAY, APRIL 5, 2013**

**WE WILL BE ON A ROLLING SCHEDULE FOR ALL EVENTS**

The Hammer, Discus, and Shot will all be contested in the external throwing area

|              |  |
|--------------|--|
| 11:00-1:30pm | Weigh-Ins                                |
| 2:00pm       | Women's Hammer                           |
|              | Men immediately following Women's Hammer |
| 5:00pm       | 5000 (Women) Fast Section                |
| 5:30pm       | 5000(Men) Fast Section                   |
| 5:50pm       | 10,000 (Women)                           |
| 6:45pm       | 10,000 (Men)                             |

**SATURDAY, APRIL 6, 2013**

**WE WILL BE ON A ROLLING SCHEDULE FOR ALL EVENTS**

|         |  |
|---------|--|
| 10:00am | Women's Discus - Men immediately following                                   |
| 11:00am | Men's Shot Put – Women immediately following                                 |
| 2:30pm  | Women's Javelin – Men immediately following                                  |
| 11:00am | Women's Pole Vault – Men immediately following (approximately 2:30pm)        |
| 11:30am | Men's High Jump – Women immediately following (approximately 1:30pm)         |
| 11:00am | Women's Long Jump (East Pit) - TJ immediately following (approximately 3:30) |
| 11:00am | Men's Long Jump (Center Pit) – TJ immediately following (approximately 2:30) |

### **RUNNING EVENTS**

|         |                           |
|---------|---------------------------|
| 10:55am | 5000 (Men) Section II     |
| 11:15am | 5000 (Women) Section II   |
| 11:40am | 4 x 100 Relay (Women)     |
| 11:50am | 4 x 100 Relay (Men)       |
| 12:00pm | 1500 (Women)              |
| 12:30pm | 1500 (Men)                |
| 1:00pm  | 110 Hurdle Final (Men)    |
| 1:25pm  | 100 Hurdle Final (Women)  |
| 1:50pm  | 400 (Women)               |
| 2:10pm  | 400 (Men)                 |
| 2:30pm  | 100 Final (Women)         |
| 2:50pm  | 100 Final (Men)           |
| 3:10pm  | 800 (Women)               |
| 3:25pm  | 800 (Men)                 |
| 3:45pm  | 400 Hurdles (Women)       |
| 4:05pm  | 400 Hurdles (Men)         |
| 4:15pm  | 200 (Women)               |
| 4:50pm  | 200 (Men)                 |
| 5:25pm  | 3000 Steeplechase (Women) |
| 5:40pm  | 3000 Steeplechase (Men)   |
| 5:55pm  | 4 x 400 Relay (Women)     |
| 6:10pm  | 4 x 400 Relay (Men)       |