

UCF INVITATIONAL - FINAL SCHEDULE

Friday & Saturday, March 22-23 2013

FRIDAY, March 22, 2013

Field Events:

11:00 am	Hammer	Women
1:00 pm	Hammer	Men
2:00 pm	Pole Vault	Women
3:00 pm	Javelin	Women
3:30 pm	Long Jump	Women
4:00 pm	Pole Vault	Men
5:00 pm	Javelin	Men
5:45 pm	Long Jump	Men

Running Events:

6:30 pm	3000m Steeple	Women
6:50 pm	3000m Steeple	Men
7:05 pm	10,000m	Women

SATURDAY, March 23, 2013

Field Events:

9:00 am	Discus	Women
10:00 am	Shot Put	Men
10:00 am	High Jump	Women followed by Men
10:00am	Triple Jump	Women
11:00 am	Discus	Men
11:00am	Shot Put	Women
11:15am	Triple Jump	Men

Running Events:

1:00 pm	4x100M Relay	Women	Final
1:10 pm	4x100M Relay	Men	Final
1:15 pm	1500m	Women	Heats by time
1:30 pm	1500m	Men	Heats by time
1:45 pm	100m Hurdles	Women	Heats by time
2:00 pm	110m Hurdles	Men	Heats by time
2:10 pm	400m	Women	Heats by time
2:20 pm	400m	Men	Heats by time
2:30 pm	100m	Women	Heats by time
2:40 pm	100m	Men	Heats by time
2:50 pm	800m	Women	Heats by time
3:00 pm	800m	Men	Heats by time
3:10 pm	400m Hurdles	Women	Heats by time
3:25 pm	400m Hurdles	Men	Heats by time
3:35 pm	200m	Women	Heats by time
3:45 pm	200m	Men	Heats by time
3:55 pm	5000m	Women	Final
4:20 pm	5000m	Men	Final
4:40 pm	4x400 Relay	Women	Heats by time
4:50 pm	4x400 Relay	Men	Heats by time

The 200 heats will be drawn after the 100 Meters. All Athletes who are expected to compete in the 200 MUST CHECK IN to the Clerk by 2:30pm. If any athlete fails to check in by 2:30pm they will be scratched.