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Cincinnati's Sports Communications staff would like to extend its thanks to all BIG EAST and opponent sports information offices, and all members of past sports information staffs that have assisted in compiling information that is integral to the production of this guide.

Any corrections or additions are welcome and should be directed to Jeremy Martin at jeremy.martin@uc.edu.





2009-10 SCHEDULE

DAY	DATE	OPPONENT (TV)	LOCATION	TIME
Mon.	Nov. 9	KENTUCKY WESLEYAN (EX.)	FIFTH THIRD ARENA	7 p.m.
Sun.	Nov. 15	FURMAN	FIFTH THIRD ARENA	7 p.m.
Wed.	Nov. 18	at Indiana	Bloomington, Ind.	7 p.m.
Sat.	Nov. 21	DETROIT (Fox Sports Ohio)	FIFTH THIRD ARENA	2 p.m.

Great Alaska Shootout

Tue.	Nov. 24	Western Carolina	Anchorage, Alaska	Midnight
Wed.	Nov. 25	Coastal Carolina/Alaska Anchorage	Anchorage, Alaska	6:30 p.m./9 p.m.

Sun.	Nov. 29	DARTMOUTH	FIFTH THIRD ARENA	2 p.m.
Fri.	Dec. 4	KENTUCKY	FIFTH THIRD ARENA	11 a.m.
Sun.	Dec. 6	at Xavier	Cincinnati, Ohio	2 p.m.
Sun.	Dec. 13	BUTLER	FIFTH THIRD ARENA	6 p.m.
Fri.	Dec. 18	EASTERN KENTUCKY	FIFTH THIRD ARENA	7 p.m.
Mon.	Dec. 21	VALPARAISO	FIFTH THIRD ARENA	7 p.m.
Tue.	Dec. 29	WRIGHT STATE	FIFTH THIRD ARENA	7 p.m.
Sat.	Jan. 2	LOUISVILLE*	FIFTH THIRD ARENA	2 p.m.
Thu.	Jan. 7	at Connecticut*	Storrs, Conn.	7:30 p.m.
Sun.	Jan. 10	ST. JOHN'S* (Fox Sports Ohio)	FIFTH THIRD ARENA	2 p.m.
Sat.	Jan. 16	at Rutgers*	Piscataway, N.J.	2 p.m.
Tue.	Jan. 19	GEORGETOWN*	FIFTH THIRD ARENA	7 p.m.
Sat.	Jan. 23	at Seton Hall*	East Orange, N.J.	2 p.m.
Wed.	Jan. 27	at DePaul*	Chicago, Ill.	8 p.m.
Sat.	Jan. 30	USF*	FIFTH THIRD ARENA	Noon
Tue.	Feb. 2	at Louisville* (CBS College)	Louisville, Ky.	7 p.m.
Tue.	Feb. 9	NOTRE DAME*	FIFTH THIRD ARENA	7 p.m.
Sat.	Feb. 13	at Syracuse* (BIG EAST TV)	Syracuse, N.Y.	2 p.m.
Tue.	Feb. 16	at Providence* (COX TV)	Providence, R.I.	7 p.m.
Sat.	Feb. 20	VILLANOVA*	FIFTH THIRD ARENA	2 p.m.
Tue.	Feb. 23	WEST VIRGINIA*	FIFTH THIRD ARENA	7 p.m.
Sat.	Feb. 27	PITTSBURGH*	FIFTH THIRD ARENA	2 p.m.
Mon.	March 1	at Marquette*	Milwaukee, Wis.	8 p.m.

2010 BIG EAST Championship

Fri.-Tue.	March 5-9	BIG EAST Championship	Hartford, Conn.	TBA
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* Denotes BIG EAST Conference game. Home games in **BOLD CAPS**. All times Eastern and subject to change.





UNIVERSITY OF CINCINNATI

The University of Cincinnati traces its origins to 1819, the year in which Cincinnati College and the Medical College of Ohio were chartered. In 1870, the City of Cincinnati established the University of Cincinnati, which later absorbed the earlier institutions. In 1906, the University of Cincinnati created the first cooperative education program in the United States through its College of Engineering. For many years, the University was the second-oldest and second-largest municipal university in the country. In 1968, UC became a "municipally sponsored, state affiliated" institution, entering a transitional period culminating on July 1, 1977 when UC became one of Ohio's state universities. The University of Cincinnati is classified as a Research Extensive University by the Carnegie Commission, and is ranked as one of America's Top 25 public research universities.

ACADEMIC EXCELLENCE

At the University of Cincinnati, excellence is a hallmark of the academic programs. *U.S. News and World Report* ranks 12 UC programs among the Top 10 in the country, while another 26 programs are listed among the Top 50 in the nation.

Money Magazine's Elite Values in Higher Education, *Kaplan's Unofficial, Unbiased Insider's Guide to the 320 Most Interesting Colleges*, *Octameron's College Match: A Blueprint for Choosing the Best School for You* and *Yahoo's Internet Life* have all ranked the University of Cincinnati's programs among the best in the nation.

Undergraduate students in any college may apply to the University Honors Scholars Program. If selected as an Honors student, the rewards for being an outstanding student include smaller classes, honors housing, special advising, and scholarships worth up to \$60,000 over four years.

UC's cornerstone scholarship program is Cincinnatus, which awards more than 1,400 scholarships totaling over \$11 million.

CINCINNATI FIRSTS

UC has been the source of many contributions to society, including:

- the first electric organ
- the first oral polio vaccine
- the first observations of the National Weather Service
- the first safe anti-knock gasoline
- the first antihistamine
- the first use of lasers to remove brain tumors
- the first bachelor's degree program in nursing and first emergency medicine residency program
- the first degree program offered via satellite

CINCINNATI SPORTS FIRSTS

- Cincinnati hosted one of the first night football games in the United States in 1923.
- George Smith, captain of the 1934 football team, wore a device to protect a facial injury, a fore-runner of the facemask.
- In 1961, Hank Hartong became college football's first soccer-style kicker.
- UC was the first school to make five consecutive appearances in the men's basketball Final Four, 1959-63.

FAMOUS BEARCATS



TED CORBITT
Olympic Marathoner

MILLER HUGGINS
Yankees Manager,
Baseball Hall of Fame

SANDY KOUFAX
Los Angeles Dodgers,
Baseball Hall of Fame

DAVID PAYNE
Track and Field
Olympic Silver Medalist

OSCAR ROBERTSON
Basketball Hall of Fame

BECKY RUEHL
Olympic Diver

JACK TWYMAN
Basketball Hall of Fame

MARY WINEBERG
Track and Field
Olympic Gold Medalist



A LOOK AT THE UNIVERSITY

- In fiscal year 2006, UC earned more than \$332 million in grants and contracts. Research funding has quadrupled in the past 20 years, and the University's National Science Foundation ranking has climbed from a placement of 76th to 45th in the nation.
- UC's annual endowment is \$1.185 billion, ranking 54th in the U.S. and 17th among public institutions.
- UC offers 98 doctoral degree programs, 170 master's degree programs, 167 bachelor's degree programs, and 139 associate degree programs.
- The Carnegie Commission has designated UC as a Research Extensive University.
- The University of Cincinnati has an economic impact of over \$2 billion annually on the state's economy.
- The University of Cincinnati is the home of cooperative education. The first co-op program in America was offered at UC in 1906, and UC's co-op program is now the second largest in the country.
- The University of Cincinnati is the Greater Cincinnati area's second-largest employer with 9,000 employees and ranks seventh in the state of Ohio.
- UC's library system contains over three million books and subscriptions to 39,787 periodicals — ranking it among the top research libraries in the country.

UNIVERSITY OF CINCINNATI NATIONAL RANKINGS

National Science Foundation

Research and Development Rank: 45th

Association of University Technology Managers

Income on Patents and Licenses: 28th in U.S., 1st in Ohio

U.S. News and World Report

College of Law: 52nd
Cooperative Education: 4th
College of Pharmacy: 32nd
College of Medicine: 40th
College of Nursing: 48th
Opera/Voice: 3rd
Musical Conducting: 5th
Music: 6th
Music Composition: 9th
Orchestra/Symphony: 9th
Drama: 37th
Creative Writing: 46th
Paleontology: 7th
Environmental Engineering: 20th
Aerospace Engineering: 31st
Industrial Engineering: 37th
Civil Engineering: 48th

Criminal Justice: 3rd

Pediatrics: 4th

Otolaryngology: 18th

AIDS Center: 26th

Neurology: 28th

Geriatrics: 29th

Pulmonary Disease: 32nd

Cancer Center: 33rd

Rheumatology: 35th

Endocrinology: 39th

Speech and Language Pathology: 39th

Cardiology: 43rd

Audiology: 44th

Design Intelligence

For nine straight years, professionals across the nation have ranked UC's interior design program as the nation's best. UC's undergraduate architecture program is ranked No. 2 in the United States



Mission Statement

The University of Cincinnati is a public comprehensive system of learning and research. The excellent faculty have distinguished themselves world wide for their creative pedagogy and research especially in problem solving and the application of their discoveries. The University system is designed to serve a diverse student body with a broad range of interests and goals. It is a place of opportunity. In support of this mission, the University of Cincinnati strives to provide the highest quality learning environment, world renowned scholarship, innovation and community service, and to serve as a place where freedom of intellectual interchange flourishes.



DAVID CANARY
Actor



CHARLES DAWES
U.S. Vice President,
Nobel Peace Prize



HEATHER FRENCH
Miss America, 2000



KIRSTEN HAGLUND
Miss America, 2008



ALBERT SABIN
Developer of Polio
Vaccine



JOSEPH STRAUSS
Designer of Golden
Gate Bridge



**WILLIAM HOWARD
TAFT**
President, Supreme
Court Justice



ALL-AMERICAN CITY



The City of Cincinnati provides the perfect complement to the UC educational experience.

Cincinnati and the surrounding area provides recreational and leisure time activities to meet about every interest — from rock climbing, canoeing, and camping for outdoor enthusiasts to theatre and arts for the culturally inclined.

Cincinnati is truly a major league city. Fans flock to the waterfront to attend games and events at a pair of new venues — the Bengals' Paul Brown Stadium, opened in 2001, and the Reds' Great American Ballpark, opened in 2003.

The variety of museums and galleries, fine dining, festivals and events, attractions and sports, parks, recreation facilities, and shopping are the reasons millions visit the Queen City year after year.

Kings Island theme park and the world-renowned Cincinnati Zoo are just two major attractions that are on the list of "must see" items on any trip to Greater Cincinnati.

Numerous concert facilities attract big-name entertainers and acts to the Cincinnati area. The Ohio River offers a variety of scenic views and entertainment options.

Five-star dining, revolving circular restaurants, and riverboat dining are just a few of the succulent options that Cincinnati offers. Its visitors find themselves coming back for classic "Cincinnati-style" chili, tasty barbecue ribs, and local homemade ice cream.

Annual surveys of the area's quality of life resulted in Cincinnati being listed as the most livable city in North America.

Cincinnati and the tri-state area are the corporate headquarters of 10 Fortune 500 companies. Major corporations, such as Procter and Gamble, Chiquita Brands, and Kroger, make Cincinnati their home while carrying the city's trademark to worldwide marketplaces.

The corporate community has strong ties to UC and provide a wealth of employment opportunities.

Cincinnati is one of America's truly spectacular cities. Its character provides a prime place to enjoy all the best in life. It is a great place to visit, an even better place to live and learn.





Duke Energy Center

WELCOME UNIVERSITY OF CINCINNATI

CINCINNATI at a Glance

Cincinnati is ranked in the Top 10 by *Fortune Magazines* as a great place to live and work due to its variety of cultural, recreational, entertainment and sports activities, its excellent and affordable housing and its low crime rate.

Esquire Magazine ranked Cincinnati No. 7 on its list of "Cities that Rock."

Cincinnati's Fine Arts Fund, the oldest in the nation, ranks among the top three in the U.S. for total dollars raised by a united arts campaign.

Over 100 museums and galleries are located in the Greater Cincinnati area.

Cincinnati's over 20,000 acres of city and county parks give it one of the largest park systems (per capita) of major U.S. cities.

Cincinnati's list of festivals and events include Oktoberfest-Zinzinnati (the world's second-largest next to the original in Munich), the internationally famous Tall Stacks reunion of historic riverboats, the Cincinnati Flower Show, Riverfest, Kidsfest, A Taste of Cincinnati, and the Black Family Reunion.

The Cincinnati Public Library along with the Hamilton County Library combine for the third largest total circulation in the U.S.





BIG EAST CONFERENCE

With 30 years under its belt, The BIG EAST Conference continues on a path of success in and out of the athletic arena. The goals have always been the same. The league wants and expects to compete at the highest level and does so with integrity and sportsmanship. The commendable performances of the student-athletes at BIG EAST schools are the indicators of the league's proud tradition of success.

The BIG EAST has gone through membership changes since its birth, but the 2009-10 academic year will mark the conference's fifth straight with the same 16-member group, the nation's largest Division I-A conference.

In 2008-09, BIG EAST student-athletes again succeeded on the national stage. The Connecticut women's basketball team won its sixth national championship by defeating conference foe Louisville in an all-BIG EAST NCAA title game. The Notre Dame women's soccer team reached the NCAA championship game and the Syracuse field hockey squad advanced to the NCAA Final Four. Three BIG EAST women's cross country teams finished in the top 10 at the NCAA Championships. West Virginia was fourth followed by Villanova in sixth place and Georgetown in ninth.

Individually in women's sports, Providence's Danette Doetzel won the 10,000 meters at the NCAA Outdoor Track & Field Championships. Connecticut's Maya Moore was the conference's sixth winner of the Wade Trophy as the top player in women's basketball. Notre Dame's Kerri Hanks won the Hermann Trophy, the top award in women's soccer.

On the men's side, Connecticut and Villanova advanced to the Final Four in basketball. The 2008-09 campaign was arguably the best men's basketball season in the history of the BIG EAST with the league setting NCAA standards with three No. 1 tournament seeds, four teams in the round of the Elite Eight and five in the Sweet 16.

The St. John's men's soccer team reached the NCAA College Cup before losing in the national semifinals.

BIG EAST football has maintained its high profile and its reputation as a balanced group. Seven of the league's eight squads were nationally ranked or received votes in the national polls in 2008. Cincinnati was the league champion. The BIG EAST, a charter member of the Bowl Championship Series, has won three of its last four BCS bowl games. West Virginia, Louisville and Connecticut also have won or shared league crowns over the past four seasons.

The BIG EAST has continued to produce student-athletes who were at the forefront of athletic and academic achievement. In 2008-09, 19 BIG EAST players were chosen to their respective ESPN The Magazine Academic All-America Teams, including eight first-team selections. Nearly 400 student-athletes have earned academic all-America honors.

The BIG EAST became the nation's largest Division I-A conference in 2005-06 when five new members began competing. The new schools were: University of Cincinnati, DePaul University, University of Louisville, Marquette University and the University of South Florida.

BIG EAST institutions reside in nine of the nation's top 34 largest media markets, including New York, Chicago, Philadelphia, Washington, D.C., Tampa, Pittsburgh, Hartford, Milwaukee and Cincinnati. With its newest members, BIG EAST markets contain almost one fourth of all television households in the U.S.

Since opening its doors in 1979, the league has won 26 national championships in six different sports and 126 student-athletes have won individual national titles.

The BIG EAST has enjoyed tremendous basketball success, especially in this decade. In 2008-09, the BIG EAST produced four of the eight Final Four teams in men's and women's basketball. It was only the second time in NCAA history that one conference placed that many Final Four teams in the same season.

In 2003-04, Connecticut became the first school in NCAA history to win the men's and women's NCAA basketball titles in the same season. In '02-03, the BIG EAST became the first conference in NCAA history to win the men's and women's titles in the same year when the Syracuse men and the Connecticut women captured their respective national championships. In men's basketball, BIG EAST squads have won three of the last 11 NCAA championships. BIG EAST women's teams have taken six of the last 10 NCAA titles.

Proactive movement has been a signature strategy for the conference that was born in 1979. The BIG EAST continually turns challenges into opportunities to become stronger.

In 2009-10, the BIG EAST will add men's lacrosse to its growing list of sports, which will increase its total to 24 sport championships. The first women's golf championship was held in the spring of 2003. Women's lacrosse and rowing were added in 2001.

The BIG EAST became a reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse universities. Seton Hall, Connecticut and Boston College completed the original seven school alliance.

While the membership has both increased and changed, the focus of the BIG EAST has not wavered. The conference reflects a tradition of broad based programs, led by administrators and coaches who place a constant emphasis on academic integrity. Its student athletes own significantly high graduation rates and their record of scholastic achievement notably show a balance between intercollegiate athletics and academics.

Any successful organization has been fortunate to have outstanding leadership. Michael Tranghese, the league's first full-time employee, and for 11 years the associate to Dave Gavitt, became Commissioner in 1990. In his first year, he administered the formation of The BIG EAST Football Conference.

For 2009-10, the BIG EAST will undergo one significant change. Tranghese stepped down from his position on June 30, 2009. John Marinatto, who has served as senior associate commissioner, has moved into the Commissioner's chair.

The league has long been considered a leader in innovative concepts in promotion and publicity, particularly regarding television. Those efforts have resulted in unparalleled visibility for BIG EAST student athletes. The conference has enjoyed long-standing relationships with CBS, ESPN, Inc. and ABC.

BIG EAST men's basketball games are regular sellouts at campus and major public arenas, including the annual men's BIG EAST Championship in Madison Square Garden. The women's basketball championship has led all conferences in attendance for the past six years. Attendance figures also are significant in soccer and baseball.

More than 550 BIG EAST student-athletes have earned all America recognition and dozens have won individual NCAA national championships. The BIG EAST has been well represented in U.S. or foreign national and Olympic teams. Several athletes earned gold medals in each of the last six summer Olympiads.

The BIG EAST has its headquarters in Providence where the conference administers to more than 5,500 athletes.





FIFTH THIRD ARENA



Fifth Third Arena at Shoemaker Center has provided a home court advantage for the Bearcats for the past 20 seasons.

UC's 13,176-seat playing venue, renamed to recognize Fifth Third Bank's generous support of the athletic facilities improvement campaign, has served as a sixth man for Bearcats basketball since it opened its doors originally as the Shoemaker Center in 1989.

Moreover, it has brought out Bearcat fans in droves. The women have set attendance records in two of the last seven years and featured a sellout crowd in the Women's Crosstown Shootout vs. Xavier on Jan. 17, 2007.

The festive arena, with 16 private executive suites, new Daktronics video display boards, and restaurant and lounge areas overlooking the court, is as good as any college facility in the nation.

A new portable playing surface, the All-Star Plus which is used by several NBA teams, was installed for the 2003-04 season.

UC's proud basketball history and tradition are well-represented in Fifth Third Arena. Fans entering from the west side pass by a statue of Oscar Robertson. The playing surface is named Ed Jucker Court in honor of the coach who directed the Bearcats' men's team to two national championships. UC's all-Americans are recognized by photo banners hanging in the concourses.

The south wall of the arena is decorated with the numerous championship banners and the retired jerseys of Bearcats greats Cheryl Cook, Oscar Robertson, Jack Twyman, and Kenyon Martin, while UC's all-Americans are recognized on the north wall in addition to the concourse banners.

The arena is housed in the Myrl H. Shoemaker Center and is adjacent to the new Richard E. Lindner Center, which houses all of the administrative and coaching offices as well as the support services for student-athletes.

In its proud history, Fifth Third Arena has served as host of the 1994 Great Midwest Men's and Women's Basketball Tournament, the 1998 Conference USA Men's Basketball Tournament, the 1998 Conference USA Volleyball Tournament, the 1999 NCAA Mideast Women's Basketball Regional, the 2003 NCAA Women's Basketball West Sub-Regional, and the 2006 BIG EAST Volleyball Tournament.







RICHARD E. LINDNER VARSITY VILLAGE

The future arrived for the University of Cincinnati athletics program in May, 2006 with the completion of the Richard E. Lindner Varsity Village.

The extensive renovation and upgrade of all of UC's athletics facilities, and the construction of some new venues, positions the Bearcats' sports programs to compete among the nation's best.

The term "village" aptly applies because the close proximal location and interconnection of the facilities provides ease of use and access to services for all of the sports teams and their student-athletes, similar to that of a small town.

There was nothing small about the vision for Varsity Village, a \$105 million project, over half of which was privately financed.

The centerpiece of the project was the construction of the Richard E. Lindner Center. Its purpose is to serve as the home for all of the sports programs as well as the centralized support services.

Located between Nippert Stadium and Fifth Third Arena, the Lindner Center is a futuristic eight-story structure which houses offices, locker rooms, and reception and meeting space for each of the sport programs. The administrative services and support areas are also housed in the building.

The emphasis of the Lindner Center programming is on the student-athlete. One entire floor of the building is devoted to the Nancy Hamant Academic Center, which contains study facilities for UC's 560 student-athletes, including over 80 computer stations.

A new athletics training center, equipped with state-of-the-art diagnostic and treatment equipment, including three hydrotherapy pools, is included in the Lindner Center. The University Health Services for students has been relocated to the Lindner Center and provides expanded medical coverage conveniently located for UC student-athletes. An MRI diagnostic center is also part of the building, making UC the first school in the country to have one in its athletics facilities.

Space for strength and conditioning training in the adjacent Fifth Third Arena has been doubled to 18,000 square feet and has been furnished with the latest in weight training equipment. A new 12,000-square foot practice gymnasium will ease the scheduling of workouts and practices.

While the Lindner Center provides for the present and future of UC athletics, it also recognizes and celebrates UC's proud past. The ground level of the five-story atrium features the George and Helen Smith Museum detailing the history of both the athletics program and the University. Sports histories are portrayed in graphic murals and on video screens. A five-story trophy case, making it one of the world's largest, houses the Bearcat's championship memorabilia.

The unique building was designed by signature architect Bernard Tschumi. UC graduate Eva Maddox (DAAP 1966) orchestrated the design of the museum.

Varsity Village created three new sports venues and made significant upgrades and enhancements to two others.

The new baseball stadium, named for late Cincinnati Reds owner and area philanthropist Marge Schott, opened late in the 2004 season. UC's tennis program benefits from a new on-campus tennis center. The swimming and diving teams have a new training and competition home, the Keating Aquatics Center, in the nearby student recreation center.

UC's track and soccer complex was totally renovated and permanent seating for 1,400 was added, along with a press box, and reopened as the Ben and Dee Gettler Stadium.

Nippert Stadium, which has been the home to UC football and the activities of just about every other outdoor sport since 1902, has undergone significant improvements in seating and other accoutrements for the spectators, such as expanded concourses and concessions areas, and a new video board. Teams benefit from field-level game day locker rooms and a grass-like FieldTurf artificial playing surface.

Even UC's Marching Band benefited with the creation of the Rockwren Band Center.

Landscaping has created a major walkway, O'Varsity Way, that leads visitors through the heart of Varsity Village. The Raymond D. Sheakley Lawn and Victory Plaza provide gathering and activities space for UC fans attending events.







ACADEMIC SERVICES

The Cincinnati women's basketball team works as hard off the court in the classroom as they do on the court preparing for each game. To accomplish that, the student-athletes have to have all the tools and the University of Cincinnati does that with state-of-the art study lounges, computer labs, and a personal academic advisor.

The women's basketball program's academic advisor Todd Jones works with coaches, faculty and administrators to help make the student-athlete's academic and athletic experience as enriching and rewarding as possible. In a one-on-one setting, Jones helps the student-athletes stay abreast of the eligibility requirements of their particular colleges, assists with the coordination of class schedules, and monitors their progress in their respective programs and toward graduation.

Jones meets weekly with all first-year basketball players to better monitor their academic progress and assist with adjustment to college. Tutoring and educational assistance are also readily accessible.





SERVICES PROVIDED FOR STUDENT-ATHLETES

Academic Advising: The UC Academic Services staff provides information regarding policies, procedures, course selection, selection of major and minor areas of study as well as NCAA and university guidelines for adequate academic progress.

Priority Registration: Student-athletes meet with an advisor in their college in order to obtain a check sheet and a graduation plan. The student-athlete then meets with an athletic academic advisor during priority registration in order to register for the quarter. Priority registration allows student-athletes to register for classes around practice and competition schedules.

Counseling: Individual work is done with student-athletes with specific concerns such as decision-making, adjustment to college, communications, relationships, test-anxiety and necessary study skills. Appropriate referrals are made to other campus resources.

Monitoring Academic Progress: Progress reports are used to gather classroom performance information from professors. This information is shared with the student-athlete and his/her coach so everyone can keep abreast of the current academic progress.

Tutorials: Services are provided for one-on-one and small group tutoring. Student-athletes may submit requests for a tutor assignment in most courses.

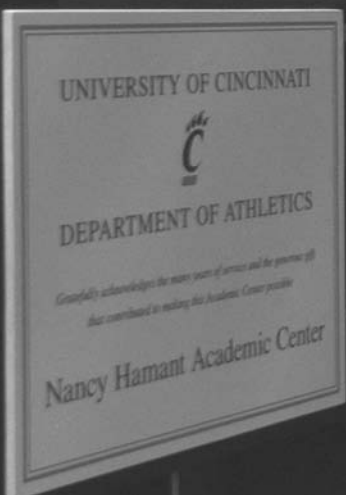
Career Development and Placement: The interests and strengths of each student-athlete are continually measured to prepare the student-athlete for a career beyond college. In addition to aiding career exploration and placement, this program provides assistance in securing summer employment opportunities and internships opportunities and post-graduate scholarships.



NANCY HAMANT ACADEMIC CENTER

The opening of the Richard E. Lindner Athletic Center pays huge dividends for student-athletes in terms of academics as the building houses the spacious Nancy Hamant Academic Center on the entire fifth floor.

The center, named in honor of the longtime faculty athletics representative, The Hamant Academics Center gives student-athletes a variety of ways to fulfill their study needs. The large study room is furnished to accommodate a variety of study habits and features 71 computer stations, a 50-person study room, five group meeting rooms and over 14 individual tutor rooms.





SPORTS MEDICINE

The University of Cincinnati's sports medicine program is responsible not only for helping student-athletes make speedy recoveries from injuries, but in preventing injuries from occurring.

UC's sports medicine program is a comprehensive approach to the injury care and the wellness of the University's over 560 student-athletes, utilizing state-of-the-art diagnostic and treatment equipment with the latest methods in the care and prevention of injuries. Its objectives are simple: to prevent injuries, to rehabilitate injuries, to adjust to the stress following injuries, and to educate student-athletes about various wellness issues. The goal is to get UC's athletes back in the classroom and back on the playing field functioning at 100 percent capacity. The goal is attained in several ways. New student-athletes are carefully examined before they participate to detect potential problems. Student-athletes are afforded state-of-the-art therapeutic care.

The opening of the Richard E. Lindner Athletics Center in May 2006 provides a new, state-of-the-art sports medicine facility that caters to the needs of UC's student-athletes. Features of the facility include over 4,000 square feet of space for treatment and taping, spacious office suites for training staff and physicians, a physicians exam area, pharmacy, and x-ray facilities.

A highlight is the hydrotherapy facility which has a three-level, 5,000 gallon, two-treadmill exercise pool, and two 12-person whirlpools (one for hot and one for cold therapy). The sports medicine facility is located one floor below the new University Health Services Center, providing easy access to physicians and services. University Radiology has a MRI diagnostic center as part of the new complex.

Under the direction of Assistant Director of Athletics for Sports Medicine Jeff Carrico, UC's athletics training staff is the backbone of the sports medicine program. Trainers are present at every practice and event to monitor the health of the student-athletes and respond to injuries.

Dr. W. Kenneth Stephens, a fellow in the American College of Sports Medicine and member of the American Medical Society for Sports Medicine, has served as the Bearcats' team physician for the past 31 years. UC's University Health Service provides a staff of medical professionals accessible to student-athletes 24 hours a day.

Dr. Angelo Colosimo and the staff of the University Orthopedics Associates of Cincinnati are on call to address orthopedic injuries, perform all orthopedic surgeries and supervise post-operation rehabilitation programs.

The UC Medical College provides nationally-recognized specialists who are immediately accessible. University Hospital, a nationally-recognized medical center, is immediately adjacent to the campus, providing UC student-athletes the absolute best in health and medical care.





JEFF CARRICO ASSISTANT AD/SPORTS MEDICINE

Jeff Carrico joined the UC Sports Medicine staff as Assistant AD/Sports Medicine in August of 2007.

A native of Cincinnati, Carrico comes to UC from Marshall, where he spent 10 years with the Thundering Herd sports medicine staff.

Carrico spent his first two seasons as an assistant athletic trainer at Marshall before being promoted to head athletic trainer in 1999. He worked primarily with the men's basketball and baseball teams.

Prior to his time at Marshall, Carrico was a graduate assistant athletic trainer at Northern Illinois in 1993-94 before being named a full-time assistant in 1994. He worked with the men's basketball, women's volleyball, and tennis programs at NIU.

Carrico earned his bachelor's degree in physical education from Eastern Kentucky in 1993 and earned his master's in sports management from Northern Illinois in 1995. He was National Athletic Trainers Association certified in 1993.

He is a member of the College Athletic Trainers Society and the Greater Cincinnati Athletic Trainers Association.

Carrico was born on Oct. 22, 1969 to Bob and Barb Carrico of Cincinnati.



STRENGTH AND CONDITIONING

Strength and conditioning is one of the most important ingredients of any successful college basketball program. To help the Bearcats' student-athletes maximize their athletic potential, UC combines a modern, comprehensive facility with the latest techniques in strength training.

No area of the basketball program is given greater attention and emphasis than strength and conditioning.

With the opening of the Richard E. Lindner Athletics Center, the Bearcats utilize an 18,000-square foot strength training facility. The center includes over \$1 million in Hammer Strength equipment and a five-lane running track.

The mirror-covered room is trimmed in red and black and features a tuflex floor made especially for weight training facilities. The modernized weight facility is highlighted by a quadraphonic sound system.

Strength and conditioning is on-going. Programs are tailored to enable athletes to maintain strength during the peak physical demands of a playing season and increase strength through more extensive training during the off-season.



KELLY HOWE **ASSOCIATE OLYMPIC SPORTS** **STRENGTH & CONDITIONING** **COACH**

Kelly Howe joined the UC strength and conditioning staff as Associate Olympic Sports Strength and Conditioning Coach in August of 2008.

Prior to joining UC, Howe spent two seasons at Bowling Green, first as a graduate assistant and being promoted to full-time assistant overseeing the strength and conditioning needs of all women's programs at BGSU.

She held assistant positions for one year at Columbia (2005-06) and Notre Dame (2004-05) prior to Bowling Green.

Howe spent one year as an intern at Bucknell and was a personal trainer for a year following her graduation from West Virginia Wesleyan College in 2002.

A four-year letterwinner in basketball at WVWC, Howe earned a bachelor's degree in exercise science in 2002. She received her master's in educational administration from Bowling Green in 2007. She is the daughter of Ed and Diane Howe of Blandford, Mass.

Howe earned her certification from the Collegiate Strength and Conditioning Coaches Association under the mentoring of Thomas Sheehan of Columbia.





UC'S CATAPULT

BIG EAST Championships in every sport within the next five years, continued leadership by UC student-athletes in academics, and community engagement are the main goals of CATAPULT, an action plan for University of Cincinnati athletics unveiled by Director of Athletics Mike Thomas.

Thomas' five-year vision for UC's 18-sport intercollegiate program was launched six months into his tenure at UC. The plan focuses on three main initiatives: winning BIG EAST team championships, high-level academic achievement, and a comprehensive integration with the Greater Cincinnati Community.

"It is critically important for our student-athletes, past, present and future, along with our coaches, staff, alumni, and fans to know that we are 100 percent committed to being a championship program within the BIG EAST," said Thomas. "Setting specific goals will keep all of our stakeholders focused on where we need to go. The title of the program, CATAPULT, is truly symbolic of what our department is poised to do over the next five years, which is to leap over the rest of the BIG EAST, and go all the way to the top."

The basic components of CATAPULT are:

CHAMPIONSHIPS: UC will win a BIG EAST championship in every sport within the next five years. The Bearcats picked up their first BIG EAST championship in 2006 as the men's soccer team captured the regular-season title.

ACADEMICS: UC student-athletes will set the pace academically by continuing to lead the general student body in graduation rates and over a five-year period outperform the general student body in grade point average. UC student-athletes are graduating at a 59 percent rate, which exceeds the 49 percent rate of school's general student body and is on par with the national student-athlete rate of 62 percent. In the most recent compilation of the grade-point averages, UC student-athletes posted an accumulated grade point average of 3.07 while the overall GPA of the UC student body was 2.969.

TOGETHER: UC student-athletes, coaches, and staff will respect and honor the privilege of competing as Cincinnati Bearcats. All participants recognize that UC's goals cannot be achieved without engaging the UC family and the Cincinnati community.

CATAPULT

CHAMPIONSHIPS ... ACADEMICS ... TOGETHER





ATHLETICS HALL OF FAME

Since the inaugural class of Oscar Robertson, Jack Twyman, Ethan Allen, Eddie Coons, and Ray Nolting were introduced as charter members of the University of Cincinnati Athletics Hall of Fame in 1976, a total of 153 former UC standouts

have been inducted. In 33 years, nine former women's basketball greats have been selected. Following is the complete list of inductees.

Name	Sports/Final Year	Inducted	Name	Sports/Final Year	Inducted	Name	Sports/Final Year	Inducted
Butch Alberts	Football, Baseball, 1972	1991	Paul Hogue	Basketball, 1962	1982	Thurman Owens	Football, 1950	1987
Ethan Allen	Baseball, Basketball, 1929	1976	Jim Holstein	Basketball, Football, Baseball, 1952	1980	John Pease	Football, 1926	1980
William Anderson	Football, Basketball, Tennis, 1949	1986	John Howard	Basketball, 1968	2004	John Peckskamp	Tennis, 1974	1993
Jim Ard	Basketball, 1970	1996	Miller Huggins	Baseball, 1902	1977	Dan Rains	Football, 1977	1997
L. K. "Teddy" Baehr	Football, 1916	1980	Bob Hynes	Football, Baseball, 1925	2001	Alkie Richards	Football, Basketball, Baseball, 1949	1985
Tay Baker	Basketball, 1950, Coach	1996	Sonja Jackson	Volleyball, 1987	2002	Ralph Richter	Basketball, 1950	1989
Clark Ballard	Basketball, Football, 1936	1988	Barb Jaksa	Basketball, 1983	1992	Bob Ritter	Swimming & Diving, 1981	1996
Danny Barrett	Football, 1983	2001	Albert Johnson	Football, 1971	2004	Rick Roberson	Basketball, 1969	1997
Mike Barrett	Football, 1927	1988	Jeff Johnson	Track & Field, 1984	1997	Joy Roberts Bachman	Basketball, 1983	1993
Lloyd Batts	Basketball, 1974	1993	Lewis Johnson	Track & Field, 1987	1999	Oscar Robertson	Basketball, 1960	1976
John Bedway	Football, 1942	1995	Rodney Van Johnson	Track & Field, 1985	2000	Gene Rossi	Football, 1957	1984
Bob Bell	Football, 1971	1990	Ed Jucker	Basketball, Baseball, 1940, Coach	1978	Al Rubenstein	Basketball, 1950	1995
Tom Blake	Football, 1949	1998	Charles Keating	Swimming, 1948	1979	Paulette Angilecchia	Soccer, 1996	2007
Ron Bonham	Basketball, 1964	1986	William Keating, Sr.	Swimming, 1950	1981	Becky Reuhl Amann	Swimming, 2000	2005
Carl Bouldin	Basketball, Baseball, 1960	1982	William Keating, Jr.	Swimming, 1976	1992	Gene Ruehlmann	Football, 1948	1995
Ray Bradley	Booster, 1927	1982	Jim Kelly	Football, 1951, Coach, Admin	1978	Glenn Sample	Football, Baseball, 1953, Coach	1982
Carol Brestel	Tennis, 1941	1980	Scottie Kolp	Trainer	2003	Hal Schneider	Football, Basketball, Baseball, 1946	1995
Richard Bryant	Football, Basketball, Track, 1928	1984	Ron Kostelnik	Football, 1961	1985	Jim Schnur	Track & Field, 1978	1991
Ralph Bursiek	Football, Track, 1931	1978	Howie Kurnick	Football, 1979	1996	Bill Schwarberg	Football, Baseball, 1936 Coach, Admin	1985
Ken Byers	Football, 1962	1983	Roy Lagaly	Swimming & Diving, 1948	1983	Bill Shalosky	Football, Track, 1953	1984
Dave Canary	Football, 1959	2005	Bill Lammert	Basketball, 1955	1988	Frank Shaut	Wrestling, 1964	1988
Arch Carson	Football, 1887, Admin	2000	Al Lanier	Track & Field, 1973	1988	Nick Shundich	Football, 1952	1988
Charlie Casuto	Coach, 1970	1997	Jack Lee	Football, 1961	1985	Nick Skorich	Football, 1943	1977
Boyd Chambers	Admin/Coach	1977	Jim Leo	Football, 1960	1992	George Smith	Football, 1935, Coach, Athletics Director	1978
Steve Collier	Basketball, 1978	2000	Joe Linneman	Football, Basketball, Baseball, 1923	1990	Helen Norman Smith	Admin	1979
Cheryl Cook	Basketball, 1985	1995	Michelle MacPherson Hohnacki	Swimming & Diving, 1989	2000	Will Stargel	Football, Basketball, 1953	1979
Greg Cook	Football, 1968	1986	Bud Maynard	Admin	1998	Roger Stephens	Football, 1948	1986
Eddie Coons	Baseball, Basketball, Football, Track, 1923	1976	Roger McClendon	Basketball, 1988	1998	Ike Stewart	Football, Swimming, Basketball, Gym, Tennis, Baseball, 1914	1982
Caroline Cooper	Swimming, 1988	1999	Danny McCoin	Football, 1988	2003	Roy Stickney	Swimming & Diving, 1951	1998
Ted Corbitt	Track and Field, 1942	1981	Deb McKinney	Soccer, 1982	2001	Bob Stratton	Football, 1952	1989
Steve Cowan	Football, 1972	2001	Don McMillan	Football, 1950	1995	Bill Talbert	Tennis, 1939	1979
Pat Cummings	Basketball, 1979	1990	Bob Meier	Football, Track & Field, 1943	1992	Reggie Taylor	Football, 1987	1997
Dick Dallmer	Basketball, 1950	1984	Phil Meyers	Football, 1922	1977	Tom Thacker	Basketball, 1963	1981
Chase Davies	Booster, 1921	1980	Frank Middendorf	Football, 1952	1992	Tony Trabert	Tennis, Basketball, 1952	1977
Ralph Davis	Basketball, 1960	1981	Charles Mileham	Athletics Director	1978	Angie Trostel	Swimming, 1999	2006
Derrek Dickey	Basketball, 1973	1988	Joe Miller	Football, Basketball, 1956	1991	Jack Twyman	Basketball, 1955	1976
Connie Dierking	Basketball, 1958	1986	Robert Miller	Basketball, 1978	1999	Bev Ventura	Basketball, 1978	1997
Larry Elsasser	Baseball, Basketball, 1965	1989	Joe Morrison	Football, 1959	1978	Jill Webster McCambridge	Swimming & Diving, 1981	1991
Pat Evans	Swimming & Diving, 1989	1999	Dottie Mueller Braun	Basketball, Swimming, Rifle, Archery, Volleyball, Bowling, 1950	1981	Olga Weil	Basketball, Field Hockey, Rifle, Swimming, Track, Tennis, 1925	1982
Erma Farrell	Field Hockey, Swimming, Baseball, Basketball, 1929	1983	Pat Shibinski	Basketball, Field Hockey, Softball, Volleyball, 1953	1989	Bill Westerfeld	Basketball, 1949	1990
Keely Feaman	Basketball, 1986	1996	Al Nelson	Football, 1965	1987	Phil Wheeler	Basketball, 1956	1989
Mike Gates	Football, 1983	2000	Elbie Nickel	Football, Basketball, Baseball, 1947	1982	Mike Whiting	Soccer, 1981	1990
Sid Gillman	Coach	1981	Vicki Nieman Englehart	Soccer, 1985	1998	Bob Wiesenbahn	Basketball, 1961	1987
Hap Glasser	Basketball, Softball, Tennis, Volleyball, 1943	1990	Monica Nolan	Tennis, Field Hockey, 1938	1979	John Wiethe	Coach	2006
Bob Goin	Athletics Director	2005	Ray Nolting	Football, Basketball, Track, 1936	1976	George Wilson	Basketball, 1964	1983
Richard Goist	Football, 1955	1986	Linda Norwell	Basketball, 1977	1987	Billy Wolff	Baseball, 1966	1987
Cliff Goldmeyer	Football, 1933	1987	Jim O'Brien	Football, 1970	1983	Tony Yates	Basketball, 1963, Coach	1985
Alex Gordon	Football, 1987	1998	Bev Obringer	Basketball, 1989	1999	Kari Yli-Renko	Football, Track & Field, 1981	1993
Fred Heinhold	Football, 1921	1985	Tom O'Malley	Football, 1949	2006	Gary Yoder	Basketball, 1977	1999
Gary Heinrich	Swimming & Diving, 1963	1989	Brig Owens	Football, 1965	1979	Kevin Youkilis	Baseball, 2001	2007
Geoff Hensley	Golf, 1971	1991						
Robert Heuck	Football, 1913	1981						





BEARCATS SPIRIT

DANCE TEAM

An important aspect of the excitement and pageantry of the University of Cincinnati is the UC Dance Team. Along with performing at all home football and basketball games, the team can be seen performing at several community events. Consisting of 36 members that make up both the Varsity and Junior Varsity teams, they average a GPA of a 3.2. This dedicated group of individuals provides more than just entertainment. Like all Bearcats athletics teams, the Dance Team has brought national recognition to the University.

In its 19th year of existence, the UC dance team has distinguished itself among that nation and world's elite. The Bearcats had a banner year in 2009, first winning its fourth national title in six years, and then winning the inaugural International Cheer Union's World Cheerleading Championship, competing as Team USA.

In 2009, the dance team won its fourth national title in the past six years, bringing home first place in Division IA Hip-Hop at the 2009 Universal Dance Association - College Cheerleading and Dance Team National Championship in Orlando, Fla. The dance team also finished fourth in the Division IA Dance competition. UC is the only Division IA team to place in the top four of both categories this year.

Three months later, the Bearcats were selected to represent the United States in the International Cheer Union's World Cheerleading Championship in Orlando, Fla., on Friday, April 24. The UC dance team pulled off a clean sweep, winning gold medals in the jazz, hip-hop, and freestyle competitions, besting teams from 40 countries. The international championship was the first of its kind for both competitive dance and cheerleading.

The team holds four National Championships, plus its three gold medals and World Championship titles from the 2009 season. The team won three consecutive National Titles in the Hip-Hop Category from 2004-06. The College Cheerleading and Dance Team National Championship will be televised over 50 times throughout the year on ESPN/ESPN2.

Lisa Spears enters her 12th season as the team's head coach.

CHEERLEADERS

The UC cheerleaders have consistently proven themselves to be one of the elite squads in the nation. They have posted 11 Top 10 finishes at the College National Cheerleading Championships and have made 16 appearances in the finals.

Cincinnati has finished as high as second place in 2007, and has a third and a pair of fourth-place finishes as well. Between 1990 and 1997, the cheerleaders ran off a streak of eight straight Top-10 finishes.

UC cheerleaders have been selected to perform at international events. In 1994, they made a 10-day tour of Taiwan and performed in the opening ceremonies of the 1996 Olympics.

Tabby Fagan enters her 17th year as cheerleading coach. A 1993 Cincinnati graduate, Fagan was a member of the varsity cheerleading team for five years and cheered on three squads which advanced to the national finals.

BEARCATS MARCHING BANDS

The Bearcats Marching Band is known for its contemporary approach to both music and drill design. It has been a fixture at UC home football games and selected UC road contests for the past 84 years. Over 200 students are involved in the band as instrumentalists or as members of the Bearcats Guard, Twirlers and Drum Majors.

The Bearcats' varsity Band, a smaller pep-band unit, performs at all Cincinnati home basketball games and other selected events, providing the spark for the crowd in Fifth Third Arena.

Dr. Terren L. Frenz, who has compiled 44 years of success in music education and performance, is director of the bands. Nationally known as a conductor, lecturer, and marching drill writer, Frenz has directed previous bands or drum and bugle corps to five national championships.

LUCY THE BINTURONG

In April 2008, the University of Cincinnati and the Cincinnati Zoo and Botanical Gardens brought the Bearcat back to Cincinnati. The baby binturong was born January 17, 2008. In a public naming contest held by the Cincinnati Zoo, the young Bearcat was named Lucy.

Alice, the former Zoo bearcat, cheered for the University of Cincinnati from the mid-'80s to late '90s. Alice lived at the Cincinnati Zoo and was a regular attraction at UC's home football and basketball games for nearly 13 years. In her time at the Cincinnati Zoo, Alice was somewhat of a star herself. She met a number of celebrities including David Letterman, Johnny Carson, Prince Charles, and Newt Gingrich.

