

NFP Foundation Cincinnati Winter Camps & Clinics 2016-2017

Purpose: To provide a fun, safe training environment for the community, high schools, and open athletes of Cincinnati and surrounding counties.

Who: Clinics are open to all ages and abilities

Location: University of Cincinnati – Armory Fieldhouse (Indoor Track)

When: Monday, Wednesday, & Friday Nights 6:15 – 8:15 pm. Doors open at 6:00 pm
Open Dates are as follows 2016-2017:

December 5th, 7th, 9th, 12th, 19th

January 4th, 6th, 9th, 11th, 13th, 16th, 18th, 23rd, 25th, 30th (MLK Day we ARE OPEN)

February 1st, 6th, 8th, 13th, 15th, 20th, 22nd, 27th

March 1st, 6th, 8th

Cost: **2016 DECEMBER SPECIAL**-\$16 per individual athlete per day (Coaches and Parents Free)
2017 JANUARY FEE- \$20 per individual athlete per day (Coaches and Parents Free)
JANUARY 2017- MARCH 2017- \$10 per athlete per day for schools / clubs with 5 or more participants
Cash or Check Only – Please make checks out to NFP Foundation, INC.
(Memo: Cincinnati Camps/Clinics)

Waiver: *All Participants must have a Current Parent/Guardian signed Liability Waiver on File in order to participate. Please see the Attached Form. Every year it must be renewed.*

Venue Description:

The Armory Fieldhouse is home to the University of Cincinnati Track and Field teams. It has a 175 meter indoor track with 1 high jump apron, 1 LJ/TJ runway, 1 pole vault runway, and 1 shot put ring. Hurdles, starting blocks, HJ/PV Standards and Bungees will be available at all sessions.

NOTE:

Pole Vaulters need to bring their own poles!

Throwers need to bring their own implements!

Coaches:

This is a great opportunity for your high school athletes to prepare for the upcoming season and prepare for the Indoor Track and Field State Meet!

If you have any questions or would like to arrange instruction, please contact Camp Director, Nadine Faustin-Parker at 919-673-0826 faustine@ucmail.uc.edu

NFP Foundation Cincinnati Winter Camps & Clinic Registration

Name: _____ Event _____

Address: _____ Grade in school: _____

City: _____ State _____ Zip _____

Phone (_____) _____ Age _____ Sex _____

High School _____ Were you a letter winner? _____

Club Name _____

EMAIL _____ FACE BOOK NAME _____

TWITTER _____ INSTAGRAM _____

Parent/Guardian Name: _____

Emergency Contact Number: (_____) _____



The track and field winter camps and clinics are sponsored and run by the NFP Foundation Cincinnati-Winter Camps & Clinics and are held at the University of Cincinnati. The foundation uses the University's facilities. However, the track and field winter camps and clinics are not sponsored or run by the University, and the coaches and coaches' assistants are not employees or agents of the University in their operation of the camp. Please read the following agreement carefully before signing. Although camp participation is encouraged, it is encouraged only if health and safety are considered.

CERTIFICATION OF PHYSICAL FITNESS TO PARTICIPATE:

1. I understand that a risk of participating in any sport, including all track & field practice, is the risk of injury, including but not limited to serious permanent injury, paralysis, and death. To minimize the risk of injury, I agree to tell my child to obey all safety rules and to report fully any problems related to his or her physical condition to the camp coaches or assistants as soon as the problem begins.
2. By signing below, I certify the following:

--That my child is not currently under the care of a physician for an injury or illness that would prevent his or her safe participation in the camp;

--That my child is not currently being treated for or recovering from an orthopedic injury that would prevent his or her safe participation in the camp;

--That my child has no history of fainting or other problems related to strenuous exercise; and

--That my child is in good health and there is no reason he or she cannot safely participate in strenuous physical activity.

Parent/Guardian Signature _____ Date: _____

CONSENT:

1. By my signature below, I hereby give permission for the NFP Foundation Cincinnati Camps & Clinics employees and agents to obtain medical treatment for my child _____ in the event of accident or illness during his or her presence at the camp.
2. By my signature below, I hereby give consent to have my child be photographed or video- or audiotaped during camp activities, and I agree that the images so obtained may be used for educational and public relations purposes by the NFP Foundation Cincinnati Camps & Clinics.

Parent/Guardian Signature _____ Date: _____

RELEASE:

1. In consideration for accepting my child into the NFP Foundation Cincinnati Winter Camps & Clinics, which uses University facilities, I do hereby agree that I am and shall be responsible for all costs associated with any injury or loss that may be sustained by my child as a result of his or her participation at the camp. I also certify that I have health insurance, which provides adequate coverage for injuries or illness my child may sustain while participating in the camp.

2. By my signature below, I also agree to release and promise not to sue the State of Ohio, the NFP Foundation Cincinnati Camps & Clinics, the University of Cincinnati or their employees or agents, for any damages, loss, injury, or death arising from my child's participation in the Camp, unless such damages, loss, injury or death are caused by the gross negligence or intentional gross misconduct of such employees or agents.

Parent/Guardian Signature _____ Date: _____

NFP Foundation Winter Camps & Clinics– Directions and Parking

From the North on I-75

I-75 South, take Exit 3 (Hopple Street). Turn left on Hopple St., across the bridge and up the hill. At the sixth stop light on Hopple St. which becomes Martin Luther King Blvd., turn right on Jefferson Ave. then go one stop light and turn right on University Ave. into UC. Drop off at the University Circle or park in the University Ave. Parking Garage.

From the North on I-71

I-71 South, take Exit 3 (Taft Rd.) which bears to the right at the top of the ramp. Take Taft Rd. about 1.5 miles and turn right on Jefferson Ave. Go two stop lights on Jefferson Ave. and turn left on University Ave. into UC. Drop off at the University Circle or park in the University Ave. Parking Garage.

From the South on I-75 & Kentucky

I-75 North, take exit 3 (Hopple Street, left-hand exit). Turn left on Hopple St., across the bridge and up the hill. At the sixth stop light on Hopple St. which becomes Martin Luther King Blvd., turn right on Jefferson Ave. then go one stop light and turn right on University Ave. into UC. Drop off at the University Circle or park in the University Ave. Parking Garage.

From the West on I-74 & Indiana

I-74 to where it meets with I-75. Take I-75 South toward Kentucky and get off at the first exit, exit 3 (Hopple Street). Turn left on Hopple St., across the bridge and up the hill. At the sixth stop light on Hopple St. which becomes Martin Luther King Blvd., turn right on Jefferson Ave. then go one stop light and turn right on University Ave. into UC. Drop off at the University Circle or park in the University Ave. Parking Garage.

Parking is available in the University of Cincinnati parking garages at the going rate. Free parking is limited on the surrounding streets. Buses can drop off at the University Circle on the UC campus near the corner of Jefferson and University Ave.