

RALEIGH RELAYS

FRIDAY, MARCH 25th, 2011 - FINAL



TRACK EVENTS

TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
10:15 AM	5000m	Section IV	Women	Unseeded
10:40 AM	5000m	Section V	Men	Unseeded
11:00 AM	5000m	Section III	Women	Unseeded
11:25 AM	5000m	Section IV	Men	Unseeded
12:00 PM	110m HH	Times to Final	Men	Trials
12:30 PM	100m HH	Times to Final	Women	Trials
1:00 PM	100m	Times to Final	Men	Trials
1:30 PM	100m	Times to Final	Women	Trials
2:00 PM	400m	Final	Men	Final
2:40 PM	400m	Final	Women	Final
3:20 PM	400m IH	Final	Men	Final
3:50 PM	400m IH	Final	Women	Final
4:10 PM	4 X 1500 Top 24 teams	Final	Men	Final
4:35 PM	4 X 1500 Top 24 teams	Final	Women	Final
5:00 PM	Sprint Medley	Final	Men	Final
5:20 PM	Sprint Medley	Final	Women	Final
6:00 PM	5000m	Section III	Men	Unseeded
6:20 PM	5000m	Section II	Women	Unseeded
6:45 PM	5000m	Section II	Men	Unseeded
7:05 PM	3200m-High School	Final	Girls	Seeded
7:20 PM	3200m-High School	Final	Boys	Seeded
7:35 PM	5000m	Section I	Women	Seeded
8:00 PM	5000m	Section I	Men	Seeded
8:20 PM	10,000m	Final	Women	Seeded
9:00 PM	10,000m	Final	Men	Seeded

FIELD EVENTS

TIME	EVENT	SECTION	CLASSIFICATION	MINIMUM MARK MEASURED	
10:00 AM	Discus	Final	Men	44.20m	145'0"
10:00 AM	Shot Put	Final	Women	12.19m	40' 0"
11:00 AM	High Jump	Section I	Women	1.65m	5'4 1/2" Top 15 Entries
	High Jump	Section II - To Follow	Women	1.60m	5'2 1/2"
11:00 AM	Long Jump	Section II	Men/Women	6.70m	21' 11 1/4"(Men) 5.35M 17'6 3/4"(Women)
11:00 AM	Pole Vault	Section I	Men	4.60m	15'1" Top 15 Entries
	Pole Vault	Section II - To Follow	Men	4.45m	14'7 1/4"
2:00 PM	Discus	Final	Women	39.63m	130' 0"
2:00 PM	Shot Put	Final	Men	14.63m	48' 0"
2:00 PM	High Jump	Section I	Men	2.00m	6'6 3/4" Top 15 Entries
	High Jump	Section II - To Follow	Men	1.95m	6'4 3/4"
2:00 PM	Long Jump	Section I	Men/Women	6.85m	22'5 3/4"(Men) 5.50M 18'0 1/2' (Women)

IMPLEMENT WEIGH-IN

Friday	Discus - Men	8:30 AM	Saturday	Javelin - Men	8:30 AM
	Shot - Women	8:30 AM		Javelin - Women	12:00 PM
	Discus - Women	12:00 PM			
	Shot - Men	12:00 PM			
	Hammer - Women	1:00:00 PM (then impounded)			
	Hammer - Men	1:00:00 PM (then impounded)			

RALEIGH RELAYS

SATURDAY, MARCH 26th, 2011 - FINAL

TRACK EVENTS



<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>STANDARD</u>
9:45 AM	3000m steeplechase	Section II	Men	Unseeded
10:35 AM	1500m	Section II (6 Heats - Fastest to Slowest)	Men	Unseeded
11:15 AM	1500m	Section II (5 Heats - Fastest to Slowest)	Women	Unseeded
12:00 PM	110m HH	2 Section Final – top 16	Men	Final
12:05 PM	100m HH	2 Section Final – top 16	Women	Final
12:10 PM	100m	2 Section Final – top 16	Men	Final
12:15 PM	100m	2 Section Final – top 16	Women	Final
12:25 PM	1500m	Section I (2 heats - Fastest to Slowest)	Men	Final
12:45 PM	1500m	Section I (2 heats - Fastest to Slowest)	Women	Final
1:00 PM	4 x 100m	Section I	Men	Final
1:05 PM	4 X 100m	Section II	Men	Final
1:10 PM	4 X 100m	Section III	Men	Final
1:15 PM	4 X 100m	Section IV	Men	Final
1:20 PM	4 X 100m	Section I	Women	Final
1:25 PM	4 X 100m	Section II	Women	Final
1:30 PM	4 X 100m	Section III	Women	Final
1:35 PM	4 X 100m	Section IV	Women	Final
1:40 PM	4 X 100m	Section V	Women	Final
1:45 PM	800m-Invitational	2 Heats–College Ath. Only	Men	Final
1:50 PM	800m-Invitational	2 Heats–College Ath. Only	Women	Final
2:00 PM	4 X 200m	Section I	Men	Final
2:05 PM	4 X 200m	Section II	Men	Final
2:10 PM	4 X 200m	Section III	Men	Final
2:15 PM	4 X 200m	Section IV	Men	Final
2:20 PM	4 X 200m	Section I	Women	Final
2:25 PM	4 X 200m	Section II	Women	Final
2:30 PM	4 X 200m	Section III	Women	Final
2:35 PM	4 X 200m	Section IV	Women	Final
2:45 PM	4 X 800m	Section I	Men	Final
2:55 PM	4 X 800m	Section II	Men	Final
3:05 PM	4 X 800m	Section I	Women	Final
3:15 PM	4 X 800m	Section II	Women	Final
3:25 PM	3000m steeplechase	Section I	Men	Final
3:35 PM	3000m steeplechase	Section I	Women	Final
3:55 PM	200m-Invitational	2 Heats-College Ath. Only	Men	Final
4:05 PM	200m-Invitational	2 Heats-College Ath. Only	Women	Final
4:20 PM	4 X 400m	Section I	Men	Final
4:25 PM	4 X 400m	Section II	Men	Final
4:30 PM	4 X 400m	Section III	Men	Final
4:35 PM	4 X 400m	Section IV	Men	Final
4:40 PM	4 X 400m	Section V	Men	Final
4:50 PM	4 X 400m	Section I	Women	Final
4:55 PM	4 X 400m	Section II	Women	Final
5:00 PM	4 X 400m	Section III	Women	Final
5:05 PM	4 X 400m	Section IV	Women	Final
5:10 PM	4 X 400m	Section V	Women	Final

FIELD EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>MINIMUM MARK MEASURED</u>	
10:00 AM	HAMMER	Final	MEN	45.73.m	150'
10:00 AM	Pole Vault	Section I	WOMEN	3.50M	11' 5 ¾" top 15 entries
11:00 AM	JAVELIN	Final	MEN	51.83.m	170'0"
11:00 AM	TRIPLE JUMP	Section I, Section II To Follow	MEN	14.00m	45' 11 ¼ "
12:00 PM	Pole Vault	Section II	WOMEN	3.35m	10' 11 ¾ "
1:00 PM	Hammer	Final	WOMEN	44.21m	145' 0"
2:00 PM	Javelin	Final	WOMEN	36.59m	120' 0"
2:00 PM	Triple Jump	Section I, Section II To Follow	WOMEN	11.10m	36'6"