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FOCUS OF THE MONTH

WINTER VACATION REMINDERS

- 1. Final Exam Schedule Monday, 12/9/2019 Saturday , 12/14/2019
- 2. Sports who are OUT OF SEASON have to cease all required activities one week prior to the start of final exams (Monday, December 2nd, 2019) through the conclusion of each student-athlete's final exams.
- 4. Daily and weekly CARA hour limitations do not apply during the vacation period for IN-SEASON sports. Student-Athletes <u>must still have a required day-off!</u>

What if a student athlete is required to remain on campus during a vacation period for practice and competition?

- 1. May receive room and board
- 2. May receive meal expenses
- 3. Reasonable team entertainment in connection with practice and competition may be provided for IN-SEASON sports.

CARA TIPS

If a student-athlete initiates a meeting with their coach (as long as no other countable activities occur) this does not count as a countable athletically related activity

RARA TIPS

RARA activities can include community appearances, fan events, or video/photo shoots.

Keep this in mind over the vacation period!

REMINDERS

- Phone and Text Logs due December 13th
- Semester ends Saturday, December 14th, 2019
- Christmas Wednesday, December 25th, 2019
- New Years Wednesday, January 1st, 2020

CAN YOU SPOT THE VIOLATION?

The volleyball team has defined its week as Sunday to Saturday. The team will practice Sunday and Monday. The required day off is Tuesday. The team will then travel to away-from-home competition Wednesday and compete Thursday and Friday. The team will travel back to campus Saturday. The coaching staff told the student-athletes they were invited to attend an institutionally-organized fundraising event on Tuesday evening at a donor's home. The student-athletes voluntarily attended the event to mingle with donors and educate them about the volleyball program.



NCAA legislation states that RARAs cannot occur on a required off day. Because the institutionally-organized donor event is a RARA event and is listed on the team's calendar for that week Tuesday could not be a day off. Because no other day that week could be used as a required off day, the volleyball student-athletes' attendance at the event resulted in a CARA violation.

17.02.14 Required Athletically Related Activities. Such activities include, but are not limited to, the following: (Adopted: 1/20/17 effective 8/1/17)

(a) Compliance meetings;

- (b) Organized team promotional activities;
- (c) Recruiting activities, including student-host duties
- (d) Media activities;

(e) Fundraising events;

(f) Community service events;

RECRUITING CALENDARS

Contact Period

Evaluation Period

Dead Period

Quiet Period

Recruiting Shutdown

	Football								
s	M	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

В	Baseball & Volleyball								
s	М	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

	Men's Basketball								
s	M	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

٧	Women's Basketball								
s	М	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

	Track & Field & CC								
S	М	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

	Men's Golf								
S	M	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

	Women's Lacrosse								
s	М	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

	Men's Soccer								
s	М	Tu	W	Th	Fr	Sa			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

Women's Soccer								
s	М	Tu	W	Th	Fr	Sa		
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
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