

OLIVER NIKOLOFF INVITE, 2019

Final

FRIDAY, April 5

Field Size

10:00	JAVELIN	(M)	Coy Field	1 flight
11:45	JAVELIN	(W)	Coy Field	1 flight
2:00	HAMMER	(M)	Coy Field	2 flights
4:15	HAMMER	(W)	Coy Field	2 flights

SATURDAY, April 6

10:00	DISCUS	(M)		2 flights
11:00	POLE VAULT	(M)		
11:00	LONG JUMP	(M)		2 flights
11:00	LONG JUMP	(W)		2 flights
12:00	HIGH JUMP	(M)		
12:00	DISCUS	(W)		2 flights
1:00	SHOT PUT	(M)		2 flights
2:00	TRIPLE JUMP	(M)		1 flights
2:00	TRIPLE JUMP	(W)		1 flights
2:00	POLE VAULT	(W)		
2:30	HIGH JUMP	(W)		
3:00	SHOT PUT	(W)		2 flights

11:15 Senior recognition
11:45 National Anthem

12:00	3,000 M. STEEPLE	(M)		1 heat
12:20	5,000 M.	(W)		2 heats
1:00	4 x 100	(W)		2 heats
1:05	4 x 100	(M)		2 heats
1:10	800 M.	(W)		4 heats
1:25	800 M.	(M)		4 heats
1:50	100 M.	(W)		4 heats
2:00	100 M.	(M)		4 heats
2:15	Mary Wineberg 400 M.	(W)		4 heats
2:25	400 M.	(M)		4 heats
2:40	David Payne 110H	(M)		4 heats
2:55	100H	(W)		4 heats
3:10	1,500 M.	(W)		3 heats
3:30	1,500 M.	(M)		3 heats
3:30	**WOMEN 200m checkin deadline**			
3:40	** MEN 200m checkin deadline**			
3:55	400H	(W)		3 heats
4:05	400H	(M)		3 heats
4:15	200 M.	(W)		seeded after checkin
4:25	200 M.	(M)		seeded after checkin
4:40	3,000 M. STEEPLE	(W)		1 heat
4:50	5,000 M.	(M)		2 heats
4:50	**WOMEN 4 x 400 checkin deadline**			
5:00	**MEN 4 x 400 checkin deadline**			
5:35	4 x 400	(W)		seeded after checkin
5:45	4 x 400	(M)		seeded after checkin
6:00	10,000 M.	(W)		1 heat
6:45	10,000 M.	(M)		1 heat