



COMPLIANCE CORNER



AUGUST 2018

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FOCUS OF THE MONTH

TIME MANAGEMENT PLANS

17.1.8 Student-Athlete Time Management Plan. [A] An institution shall develop a student-athlete time management plan for each varsity intercollegiate sport in which the Association sponsors a championship or that is an emerging sport for women. The student-athlete time management plan shall include, at a minimum, policies to ensure that: *(Adopted: 1/20/17 effective 8/1/17)*

(a) Student-athletes are provided adequate notice of all countable athletically related activities and other required athletically related activities.

(b) Schedules for all countable athletically related activities and other required athletically related activities are developed through a collaborative process involving student-athletes, coaches and senior athletics department staff members.

(c) Student-athletes are provided adequate notice of changes to a previously established schedule for countable athletically related activities and other required athletically related activities.

COUNTABLE ATHLETICALLY RELATED ACTIVITY

17.1.7.1 Daily and Weekly Hour Limitations -- Playing Season. A student-athlete's participation in countable athletically related activities (see Bylaw [17.02.1](#)) shall be limited to a maximum of four hours per day and 20 hours per week. *(Adopted: 1/10/91 effective 8/1/91)*

17.1.7.3.4 Hour-Limitation Record. Countable hours must be recorded on a daily basis for each student-athlete regardless of whether the student-athlete is participating in an individual or team sport. Any countable individual or group athletically related activity must count against the time limitation for each student-athlete who participates in the activity but does not count against time limitations for other team members who do not participate in the activity. *(Adopted: 1/10/91 effective 8/1/91)*

SA BACK TO SCHOOL REMINDERS:

- * Forms on JumpForward must be completed before first practice in order to be cleared to practice.
- * Be sure to attend the check in meeting with your compliance administrator.
- * CARA logs need to be approved on Jump Forward every Friday.
- * Coach must receive email from compliance administrator clearing SA prior to practicing!!

CAN YOU SPOT THE VIOLATION ?

On a Thursday during the playing season, a coach scheduled a one-hour strength and conditioning session in the morning and a three-hour practice in the afternoon. Recognizing that some student-athletes might have class conflicts in the morning, they were provided the option of attending the Thursday morning session or completing the workout on Sunday, the team's only day off that week. One student-athlete was unable to attend the Thursday morning workout, but participated in the afternoon practice. On Sunday, the student-athlete made up the required session she was unable to attend on Thursday.



The student-athlete was required to either participate in the Thursday morning session or complete the session on her required day off. She did not participate in the Thursday morning session; therefore, her participation on Sunday was required. The student-athlete's participation in the Thursday afternoon practice prevents the institution from using Thursday as her required day off for the week. Therefore, by requiring her to participate in a countable athletically related activity on Sunday (the designated day off for the week), the institution violated the required day off legislation. This is the case even though the student-athlete chose to attend the second of two available sessions and was not assigned to attend the Sunday session rather than the Thursday session.

17.1.7.4 Required Day Off -- Playing Season. During the playing season, all countable athletically related activities (per Bylaw [17.02.1](#)) shall be prohibited during one calendar day per week, except during participation in one conference and postseason championship and any postseason bowl games or National Invitation Tournaments, and during participation in NCAA championships. (Adopted: 1/10/91 effective 8/1/91, Revised: 1/11/94, 1/10/95, 1/9/96, 2/1/05)

FREQUENTLY ASKED QUESTIONS

Question: What is the deadline for each sport to develop its student-athlete time management plan?

Answer: Each sport must develop its student-athlete time management plan by the first date of countable or required athletically related activity for a student-athlete in the sport or the institution's first date of classes for an academic year, whichever comes first.

Educational Column: Proposal No. 2016-137 Autonomy Proposal -- Playing and Practice Seasons -- Student-Athlete Time Management Plan (I)

Question: May a student-athlete voluntarily engage in activities that are generally considered to be required athletically related activities during a required day off?

Answer: Yes; however, such activity must be solely initiated and requested by the student-athlete and institutional staff members may not observe or otherwise be involved in arranging the student-athlete's participation in the activity. Further, consistent with Bylaw 17.02.18, the student-athlete may not be required to report back any information related to the activity to an institutional staff member, the student-athlete's participation in the activity may not be recorded for the purpose of reporting such information to a coaching staff member, and the student-athlete may not be subject to penalty for failing to participate in the activity.

Educational Column: Proposal No. 2016-136 Autonomy Proposal -- Playing and Practice Seasons -- Additional Days Off During the Academic Year (I)

RECRUITING CALENDAR

FOOTBALL

Dead:
1st-31st

MBA

Contact:
1st-26th
Quiet:
27th-31st

MBB & WVB

Quiet:
1st-31st

WBB

Quiet:
1st - 12th;
18th-31st
Recruiting
Shutdown:
13th-17th

WLA

Dead:
1st-14th
Quiet:
15th-31st

XC & TF

Evaluation:
1st-21st
Contact:
22nd-31st

ALL OTHERS

Contact:
1st-31st