



COMPLIANCE CORNER



APRIL 2019

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FOCUS OF THE MONTH

TIME MANAGEMENT PLANS

Every sport program must develop a time management plan (TMP), in conjunction with the playing season declaration, which provides student-athletes with greater predictability and transparency relative to their athletic schedules. All TMPs must, at a minimum, include the following:

- All CARA (practice, film, weights, conditioning, etc.);
- All required athletically related activities (institutional promotions, media activities, community service, student host/recruiting duties, etc.);
- 1 day off per week during the playing season;
- 2 days off during outside playing season;
- 1 day off per week during preseason and vacation periods;
- Excludes individual meetings and team celebrations;
- 7 days off immediately after the end of the championship playing season Excludes individual meetings and team celebrations;
- 14 additional days off during the academic year while classes are in session or during breaks that occur within the playing season; and Continuous eight-hour overnight period when no required activities can take place (no activities prior to 5AM). Bylaw 17.1.8 and 17.1.8.1.

CARA REMINDERS:

- A coach may participate in individual-workout sessions with student-athletes from the coach's team during any institutional vacation period and/or the summer, provided the request for such assistance is initiated by the student-athlete. NCAA Bylaw 17.5.6.2.
- Sports that are **out-of-season** have to cease all required activities one week prior to the start of final exams. They are not permitted to have any RARA during Final Exams.
- Daily and weekly CARA hour limitations do not apply during the vacation period for **in-season sports**. Must still have a required day-off!
- What if a student-athlete is required to remain on campus during a vacation period for practice and competition?
 1. They may receive room and board
 2. They may receive meal expenses
 3. Reasonable team entertainment in connection w/ practice and competition may be provided for in-season sports

REMINDERS:

- Final Exam Dates: April 27 - May 2
- SA must fill out Employment Forms if they are planning on working a summer job.
- SA must fill out an Outside Competition Log if they are planning on competing in the summer.

CAN YOU SPOT THE VIOLATION ?

This summer, Women's Basketball student-athlete Kelly Krossover has decided not to take any summer courses to free up more time for required training without first consulting her advisors. In addition to her required training, Kelly looks forward to the summer skill-instruction as her coaches believe she can elevate her game and show teams she deserves to play at the next level. Equally as exciting, next year will be her senior year. With all of Kelly's hard work on the court and in the weight room in the spring she fell behind, and is not meeting progress towards degree requirements. She knows she needs to take extra classes next year in order to graduate on time, but she is up for the challenge as always.



The violation occurred when Kelly did not take at least a three degree-applicable credit hours, and was not meeting the progress towards degree exception to this requirement.

Bylaw 17.1.7.2.1.5.1 requires a student-athlete to enroll in at least three degree-applicable credit hours in one summer term that is fewer than eight weeks in duration to engage in required weight-training, condition, and skill-related instruction for up to eight weeks.

However, even if a student-athlete is not enrolled in three degree-applicable credit hours over the summer, if the student-athlete receives athletically related financial aid and meets the progress towards degree requirements outlined in Bylaw 17.1.7.2.1.5.1.1, they may still participate in required summer athletic activities for up to eight weeks.

FREQUENTLY ASKED QUESTIONS

Question: During an eight hour segment, how many days off are required?

Answer: Outside the playing season during the academic year, all required athletically related activities are prohibited during two calendar days per week. (Bylaw 17.1.7.7)

Question: A student-athlete participating in a team sport would like to have an individual workout from a strength coach over summer, is this allowed?

Answer: Yes, a strength coach may design and conduct individual workout sessions with team sport student-athletes during the summer, provided the request for such assistance is initiated by the student-athlete. (Bylaw 17.1.7.2.1)

Question: Can vacation periods that occur during the playing season count towards the additional 14 required days off?

Answer: Yes, the institution may use any of the additional 14 required days off during a vacation period that occurs during the declared playing season. (Bylaw 17.1.7.8)

RECRUITING CALENDAR

Contact Period

Evaluation Period

Dead Period Ends/Recruiting
Period Begins at Noon

Dead Period

Evaluation Period: Certified
Nonscholastic Events Only

Quiet Period

Football

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MBB

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

WBB

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

All Other Sports

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				