

55m DASH			
1. Charlyn Ray	2001	7.09	
2. Teresa Campbell	1982	y 7.25	
3. Maura Kilbane	1982	y 7.26	
4. Kelly Martin	1997	7.30	
5. Amber Kellon	2001	7.31	
6. Ashley Ogletree	2006	7.32	
7. Ashley Wilhelm	2003	7.42	
8. Camron Turner	2006	7.42	
9. Terri Cassidy	1982	y 7.47	
Shanekqua Dunbar	2002	7.47	

55m HURDLES			
1. Shanekqua Dunbar	2001	8.27	
2. Laura Valdeperas	2002	8.36	
3. Monica Hundley	2006	8.45	
4. Amanda Klug	2003	8.55	
5. Ashley Arnett	2004	8.60	
6. Mary Lee Kreimer	1982	hy 8.64	
7. K.T. Weisgerber	1998	8.66	
8. Ashley Wilhelm	2003	8.69	
9. Erin Bush	2000	8.74	
Joan Bergman	1982	hy 8.74	

60m DASH			
1. Caisja Chandler	2020	7.30	
2. Natasha Burse	2011	7.40	
3. Tiona Lattimore	2018	7.43	
4. Kellsa Mbah	2017	7.52	
Kenya Woodall	* 2014	7.52	
6. Haisha Bisiolu	2017	7.53	
Shanay Portis	2012	7.53	
8. Morgan Gordon	2012	7.61	
9. Charlyn Ray	2002	7.62	
10. Mandi Boykin	2009	7.64	

60m HURDLES			
1. Monica Hundley	2008	8.31	
2. Je'Rica Sanders	2015	8.36	
3. Angelica Lightfoot	2019	8.43	
4. Jasmine Cotten	2012	8.47	
5. Aliya Barnes	2016	8.50	
Kaylon Eppinger	2009	8.50	
Javette Lee	2014	8.50	
8. Victoria Abunaw	* 2020	8.53	
9. Paris Campbell	2012	8.59	
10. DanHeisha Harding	2012	8.59	

200m DASH			
1. Caisja Chandler	2020	23.22	
2. Kenya Woodall	2016	23.76	
3. Tiona Lattimore	2018	23.85	
4. Bryana Robinson	2018	23.92	
5. Natasha Burse	2011	24.02	
6. Haisha Bisiolu	2018	24.12	
7. Charlyn Ray	2002	f 24.29	
8. Shanay Portis	2012	24.43	
9. Shanice Smith	2014	24.78	
10. Jada Grant	2016	24.92	
Mary Danner	2002	f 24.92	

300m DASH			
1. Tiona Lattimore	* 2018	38.43	
2. Kenya Woodall	2015	38.60	
3. Haisha Bisiolu	* 2019	38.73	
4. Bryana Robinson	* 2017	39.00	
5. Faith Banks	* 2020	39.12	
6. Caisja Chandler	* 2019	39.27	
7. Victoria Abunaw	* 2020	41.31	
Natasha Burse	2008	f 41.31	
9. Shanice Smith	2014	41.82	
10. Morgan Gordon	2014	42.45	

400m DASH			
1. Bryana Robinson	2018	53.08	
2. Kenya Woodall	2015	53.73	
3. Tiona Lattimore	2018	53.75	
4. Haisha Bisiolu	2018	54.46	
5. Faith Banks	2020	54.98	
6. Ashley Arnold	2009	55.06	
7. Aricka Rhodes	2011	55.08	
8. Mary Danner	2002	f 55.24	
9. Javette Lee	2016	56.18	
10. Jada Grant	2016	56.23	

500m DASH			
1. Kathy Klump	2012	1:10.08	
2. Bryana Robinson	* 2018	1:11.45	
3. Faith Banks	* 2020	1:13.96	
4. Aricka Rhodes	2010	1:14.68	
5. Kaitlyn Good	2013	1:15.64	
6. Javette Lee	2013	1:16.42	
7. Ashley Arnold	2010	f 1:16.53	
8. Gabby Calderone	2013	1:17.69	
9. Jada Grant	2015	1:17.90	
10. Kaele Lightfoot	2014	1:18.32	

600m RUN			
1. Ashley Arnold	2009	f 1:33.41	
2. Mandy McCumber	2000	f 1:33.55	
3. Jenna Heaton	2010	1:34.44	
4. Aricka Rhodes	2010	1:34.65	
5. Kenya Woodall	2015	1:35.08	
6. Kathy Klump	2010	1:36.17	
7. Kelsey Mueller	2014	1:36.24	
8. Jada Grant	2015	1:37.04	
9. Kaitlyn Good	2014	1:37.06	
10. Jalisa Jarrett	2012	1:37.12	

800m RUN			
1. Kathy Klump	2012	2:04.39	
2. Sammy Hentz	2019	2:10.02	
3. Rylee Penn	2019	2:10.11	
4. Jenna Heaton	2010	2:11.20	
5. Alexis Anton	2018	2:11.34	
6. Jocelyn Gibson	2006	2:12.02	
7. Sydney Kilgore	2020	2:12.51	
8. Meg Westerheide	2017	2:12.87	
9. Carmen Licht	2020	2:13.34	
10. Kelsey Mueller	2015	2:13.37	

1,000m RUN			
1. Kelsey Mueller	2015	2:50.48	
2. Rylee Penn	* 2019	2:52.24	
3. Jenna Heaton	2011	2:52.32	
4. Kathy Klump	2012	f 2:54.93	
5. Meg Westerheide	* 2018	2:57.99	
6. Jocelyn Gibson	2006	f 2:59.11	
7. Sammy Hentz	* 2019	2:59.54	
8. Natalia Kuhn	2014	3:01.80	
9. Vanessa Robinson	2016	3:02.54	
10. Madalyn O'Dea	* 2020	3:02.70	

MILE RUN			
1. Ellie Leather	2020	4:46.23	
2. Angie Kist	2002	f 4:49.41	
3. Hannah Markel	2020	4:55.20	
4. Katrina Patterson	2020	4:57.07	
5. Sam Mikula	2020	4:58.62	
6. Meg Westerheide	2018	4:58.70	
7. Maddie Walker	2020	4:58.86	
8. Alexis Anton	2016	5:02.23	
9. Michele McKeeney	2011	5:03.12	
10. Mary Loebker	1989	hf 5:04.64	

3,000m RUN			
1. Hannah Markel	2020	9:40.55	
2. Lilian Jelimo	2008	9:42.95	
3. Jill Glassmeyer	2008	9:50.77	
4. Katrina Patterson	2020	9:50.99	
5. Maddie Walker	2020	9:53.31	
6. Angie Kist	2002	f 9:56.31	
7. P.J. Ball	2001	f 9:59.09	
8. Jocelyn McCauley	2010	9:59.58	
9. Sam Mikula	2020	10:00.13	
10. Lauren Kemper	* 2020	10:00.64	

5,000m RUN			
1. Lilian Jelimo	2008	16:37.10	
2. Jill Glassmeyer	2008	17:16.06	
3. P.J. Ball	2001	f 17:20.50	
4. Tamara Masters	2010	17:20.86	
5. Ruth Limo	2003	f 17:22.26	
6. Michele McKeeney	2011	17:24.85	
7. Alison Zukowski	2011	17:25.25	
8. Hannah Markel	2020	17:26.16	
9. Maribeth DiSalvo	1998	f 17:27.98	
10. Karen Berling	2007	f 17:32.84	

LONG JUMP

1. Jasmine Cotten	'10	6.13m	20-01.50
2. Kellsa Mbah	'17	6.09m	19-11.75
3. Rebecca Abrahamsson	'16	6.01m	19-08.75
4. Irati Mitxelena	'20	5.94m	19-06.00
5. Laura Valldeperas	'04	5.91m	19-04.75
6. Kennedy Marable	'20	5.90m	19-04.25
7. Angelica Lightfoot	'19	5.87m	19-03.25
8. Shanay Portis	'12	5.86m	19-02.75
9. Ashley Wilhelm	'06	5.85m	19-02.50
10. Celeste Cofield	'00	5.70m	18-08.50
Ashley Arnett	'04	5.70m	18-08.50

TRIPLE JUMP

1. Irati Mitxelena	'19	13.17m	43-02.50
2. Rebecca Abrahamsson	'16	13.07m	42-10.75
3. Kennedy Marable	'20	12.97m	42-06.75
4. Shintara Carpenter	'05	12.45m	40-10.25
5. Mary Purtsa	'18	12.22m	40-01.25
6. Kellsa Mbah	'17	11.62m	38-01.50
7. Laura Valldeperas	'02	11.55m	37-10.75
8. Jalenna Banks	'05	11.54m	37-10.50
9. Cameron Gardner	'12	11.44m	37-06.50
10. Mandi Boykin	'09	11.42m	37-05.75

HIGH JUMP

1. Loretta Blaut	'19	1.87m	6-01.50
Renee Hein	'06	1.87m	6-01.50
3. Ericka Hurd	*'14	1.86m	6-01.25
4. Jasmine Cotten	'12	1.82m	5-11.50
5. Taylor Beard	'20	1.76m	5-09.25
6. Celeste Cofield	'00	1.73m	5-08.00
Kaitlyn Good	'13	1.73m	5-08.00
8. Naomi Urbano	'19	1.72m	5-07.75
Erin Bush	'00	1.72m	5-07.75
10. Ashleigh Pickens	'15	1.70m	5-07.00

POLE VAULT

1. Brooke Catherine	'18	4.26m	13-11.75
2. Mackenzie Fields	'13	4.25m	13-11.25
3. Sarah Rasnick	'12	4.22m	13-10.00
4. Alyssa McBride	'14	4.18m	13-08.50
5. Brittany Klima	'08	4.05m	13-03.50
6. Allie Plybon	'19	4.03m	13-02.50
7. Tara Meier	'07	3.96m	12-11.75
8. Michele Eby	'10	3.95m	12-11.50
9. Rachel Coghill	'20	3.90m	12-09.50
Lily Bunse	*'17	3.90m	12-09.50

SHOT PUT

1. Annette Echikunwoke	*'18	16.72m	54-10.25
2. Frida Akerstrom	'15	16.00m	52-06.00
3. Malin Smith	'19	15.95m	52-04.00
4. Ashley Williams	'18	15.82m	51-11.00
5. Leah Heckaman	'18	15.69m	51-05.75
6. Mekayla Breland	'15	15.16m	49-09.00
7. Jo Young	'05	14.87m	48-09.50
8. Jane Sensibaugh	'20	14.86m	48-09.00
9. Jessica Cobb	'11	14.72m	48-03.50
10. Hannah Jackson	'20	14.27m	46-10.00

WEIGHT THROW (20#)

1. Annette Echikunwoke	'18	23.69m	77-08.75
2. Miriam Merrill	'01	19.53m	64-01.00
3. Monica Phillips	'16	19.49m	63-11.50
4. Hannah Jackson	'20	18.56m	60-10.75
5. Frida Akerstrom	'15	18.27m	59-11.25
6. Jo Young	'05	17.80m	58-04.75
7. Leah Heckaman	'19	17.27m	56-08.00
8. Nicole Breedan	'17	17.13m	56-02.50
9. Jessica Molyet	'14	16.87m	55-04.25
10. Mekayla Breland	'13	16.86m	55-03.75

PENTATHLON

1. Jasmine Cotten	2012	4,192 pts
2. Angelica Lightfoot	2019	3,926 pts
3. Kaitlyn Good	2013	3,907 pts
4. Naomi Urbano	2019	3,873 pts
5. Ashley Wilhelm	2006	3,788 pts
6. Katie Straus	2019	3,739 pts
7. Kaylon Eppinger	2009	3,586 pts
8. Sydney Spears	2019	3,517 pts
9. Boudine Bouma	2007	3,502 pts
10. Maggie Loeffler	2017	3,428 pts

PENTATHLON EVENT #1 • 60m HURDLES

1. Jasmine Cotten	2012	8.47
2. Angelica Lightfoot	2019	8.56
3. Ashley Wilhelm	2006	8.74
4. Kaylon Eppinger	2009	8.81
5. Katie Straus	2020	8.83
6. Sydney Spears	2020	8.95
7. Maggie Loeffler	2017	9.09
8. Boudine Bouma	2007	9.13
9. Naomi Urbano	2019	9.18
10. Kaitlyn Good	2013	9.20

PENTATHLON EVENT #2 • HIGH JUMP

1. Jasmine Cotten	'12	1.82m	5-11.50
2. Taylor Beard	'20	1.76m	5-09.25
3. Naomi Urbano	'19	1.72m	5-07.75
Kaitlyn Good	'13	1.72m	5-07.75
5. Angelica Lightfoot	'19	1.68m	5-06.00
Ashley Wilhelm	'06	1.68m	5-06.00
7. Katie Straus	'19	1.65m	5-05.00
Maggie Loeffler	'16	1.65m	5-05.00
9. Kaylon Eppinger	'09	1.64m	5-05.00
10. Melissa Brankamp	'06	1.63m	5-04.50

PENTATHLON EVENT #3 • SHOT PUT

1. Angelica Lightfoot	'19	13.30m	43-07.75
2. Kaitlyn Good	'14	12.63m	41-05.25
3. Chelsea Gerken	'09	12.28m	40-03.50
4. Kaylon Eppinger	'09	12.28m	40-03.50
Taylor Rosenhagen	'13	12.06m	39-07.00
6. Naomi Urbano	'19	11.79m	38-08.25
7. Jasmine Cotten	'09	11.70m	38-04.75
8. Cameron Gardner	'14	11.51m	37-09.25
9. Ashley Wilhelm	'06	11.47m	37-07.75
10. Katie Straus	'20	11.26m	36-11.50

PENTATHLON EVENT #4 • LONG JUMP

1. Jasmine Cotten	'12	6.03m	19-09.50
2. Angelica Lightfoot	'19	5.83m	19-01.50
3. Ashley Wilhelm	'04	5.77m	18-11.25
4. Naomi Urbano	'18	5.65m	18-06.50
5. Laura Valldeperas	'03	5.49m	18-00.25
6. Boudine Bouma	'08	5.48m	17-11.75
7. Kaylon Eppinger	'09	5.45m	17-10.75
8. Kaitlyn Good	'14	5.42m	17-09.50
Taylor Rosenhagen	'14	5.42m	17-09.50
10. Chelsea Gerken	'09	5.37m	17-07.50

PENTATHLON EVENT #5 • 800m RUN

1. Kaitlyn Good	2012	2:13.69
2. Katie Straus	2020	2:20.95
3. Naomi Urbano	2018	2:22.34
4. Chelsea Gerken	2008	2:22.81
5. Jasmine Cotten	2012	2:24.66
6. Megan McAuley	2008	2:25.57
7. Doimnique Best	2012	2:25.90
8. Boudine Bouma	2007	2:27.31
9. Sydney Spears	2019	2:27.40
10. Ashley Wilhelm	2006	2:28.24

4x400m RELAY

1. Tiona Lattimore	Haisha Bisiolu	Deanna Gesicki	Bryana Robinson	2018	3:36.96
2. Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	2017	3:40.13
3. Javette Lee	Bryana Robinson	Jada Grant	Kenya Woodall	2016	3:41.33
4. Tiona Lattimore	Haisha Bisiolu	Deanna Gesicki	Bryana Robinson	2018	3:42.13
5. Faith Banks	Haisha Bisiolu	Caisja Chandler	Tiona Lattimore	2019	3:42.56
6. Kenya Woodall	Javette Lee	Jalisa Jarrett	Jada Grant	2015	3:43.35
7. Haisha Bisiolu	Faith Banks	Caisja Chandler	Tiona Lattimore	2019	3:43.55
8. Shanay Portis	Javette Lee	Jada Grant	Kenya Woodall	2013	3:43.70
9. Tiona Lattimore	Haisha Bisiolu	Caisja Chandler	Kylie Cutlip	2019	3:44.08
Javette Lee	Bryana Robinson	Jada Grant	Kenya Woodall	2016	3:44.08

4x800m RELAY

1. Kaitlyn Good	Jenna Heaton	Katie Honigford	Kathy Klump	2012	8:51.06
2. Jenna Heaton	Kaitlyn Good	Katie Honigford	Kathy Klump	2012	8:56.75
3. Kathy Klump	Megan McAuley	Jenny Harsh	Jenna Heaton	2010	8:59.24
4. Megan McAuley	Jenna Heaton	Jenny Harsh	Kathy Klump	2009	8:59.58
5. Jenna Heaton	Kaitlyn Good	Katie Honigford	Kathy Klump	2012	9:00.13
6. Kathy Klump	Jenna Heaton	Caitlyn Good	Rachel Hanzal	2011	9:03.31
7. Rachel Hanzal	Jenna Heaton	Caitlyn Good	Kathy Klump	2011	9:12.30
8. Megan McAuley	Jessica Moyer	Jenna Heaton	Kathy Klump	2009	9:16.76
9. Kathy Klump	Aricka Rhodes	Jenny Harsh	Jenna Heaton	2010	9:17.82
10. Kaitlyn Good	Kelsey Mueller	Jada Grant	Gabby Calderone	2014	9:28.02

DISTANCE MEDLEY RELAY

1. Sam Mikula	Carmen Licht	Sydney Kilgore	Ellie Leather	2020	11:28.64
2. Maddie Walker	Carmen Licht	Sydney Kilgore	Ellie Leather	2020	11:36.35
3. Sam Mikula	Tiona Lattimore	Alexis Anton	Meg Westerheide	2018	11:41.09
4. Sam Mikula	Faith Banks	Rylee Penn	Hannah Markel	2019	11:42.66
5. Jenna Heaton	Aricka Rhodes	Kathy Klump	Michele McKenney	2011	11:49.12
6. Sam Mikula	Haisha Bisiolu	Sammy Hentz	Hannah Markel	2019	11:50.01
7. Tes Corea	Deanna Gesicki	Alexis Anton	Meg Westerheide	2016	11:54.53
8. Mandy McCumber	Mary Danner	Michelle Bosse	Angie Kist	2000	f 11:55.27
9. Sam Mikula	Deanna Gesicki	Alexis Anton	Meg Westerheide	2018	11:55.31
10. Jenna Heaton	Aricka Rhodes	Kathy Klump	Michele McKenney	2011	11:56.65

55m DASH		
1. Darryl Swann	1985	6.30
2. Myron Bacon	1993	6.32
3. Chris Watkins	1995	6.34
4. Garry Cutright	2003	6.36
5. Shawn Freeman	1999	6.38
6. David Payne	2004	6.38
7. Jim Chestnut	1979	6.40
8. Mike Davis	1993	6.41
9. Antwaion Robinson	1998	6.42
10. Kenny Wade	2004	6.43

55m HURDLES		
1. Wayne Mason	1979	7.34
2. David Payne	2004	7.38
3. Byron Hill	1986	7.49
4. Terry Strong	1988	7.53
5. Robert Pittman	1987	7.55
6. Brandon Hon	2002	7.56
7. David Ilg	1998	7.57
Greg Schumacher	1998	7.57
9. James Scott	1994	7.58
10. Dexter Shoulders	2004	7.61

60m DASH		
1. Austin Edwards	2018	6.72
2. Quincy Mitchell	2019	6.75
3. Kenny Wade	2005	6.78
4. Anthony Woods	2020	6.80
5. Isaiah McCall	* 2020	6.82
6. Chris Borzor	2019	6.83
Jimmy Brooks	2017	6.83
8. Dayo Igeleke	2009	6.84
9. Mykel Chambers	2019	6.85
Darryl Swann	1987	6.85

60m HURDLES		
1. David Payne	2005	7.62
2. Terrence Somerville	2011	7.63
3. Arthur Greenlee IV	2020	7.77
4. Bryan Cain	2015	7.87
5. Connor Duricky	* 2020	7.92
Isaiah McCall	* 2020	7.92
7. Dailyn Moore	2014	8.01
8. Brandon Hon	2002	8.09
9. Robert Pittman	1987	8.11
10. Damien Berthenet	2020	8.17

200m DASH		
1. Chris Borzor	2020	20.84
2. Kenny Wade	2004	21.07
3. Chris Watkins	1994	f 21.41
4. Jimmy Brooks	2018	21.52
5. Muhammad Saafir	2004	21.54
6. Cedric Powell	2007	f 21.62
7. Justin Conway	2005	21.71
Bob Kandell	2007	f 21.71
9. Antoine Drakeford	2009	21.75
Darryl Swann	1988	f 21.89
Darnell Gilbert	2014	21.89

300m DASH		
1. Chris Borzor	* 2020	33.98
2. Chuck Kiser	1986	hf 34.31
3. Kevin Konkoly	2015	34.54
4. Rodney Johnston	1984	f 34.66
5. Darnell Gilbert	2014	34.69
6. Maurice Norman	2014	34.77
7. Darryl Swann	1984	f 35.06
8. Jaashir Morris	* 2017	35.09
9. Lonnie Irving	2006	f 35.18
10. Reggie McDaniel	1982	hf 35.34

400m DASH		
1. Antione Drakeford	2009	46.59
2. Jim Schnur	1977	hyf 47.04
3. Jeff Walker	1979	hyf 47.14
4. Jimmy Brooks	2017	47.28
5. Chris Borzor	2020	47.43
Maurice Norman	2012	47.43
7. Bob Kandell	2007	47.86
8. Darnell Gilbert	2014	48.03
9. Rick Oakes	1994	f 48.30
10. Steve Davis	1977	hyf 48.34

500m DASH		
1. Lewis Johnson	1987	f 1:02.68
2. Reggie McDaniel	1984	f 1:02.89
3. Chris Borzor	* 2020	1:03.10
4. Byron Hill	1986	hf 1:03.99
5. Steve Davis	1975	hf 1:04.29
6. Jimmy Brooks	* 2018	1:04.40
7. Andre Anderson	2015	1:04.56
8. Jaashir Morris	2015	1:04.83
9. Mike Vorherr	1978	hf 1:04.99
10. Will Tolliver	1984	f 1:05.34
Robert Pittman	1987	f 1:05.34
Roger Elliott	1987	f 1:05.34

600m RUN		
1. Jimmy Brooks	2017	1:19.07
2. Quentin Respress	1992	f 1:19.34
3. Alonzo Hatchette	1990	hf 1:20.14
4. Ryan Wynn	2013	f 1:20.74
5. Joe Colon	1990	f 1:20.91
6. Pat Starkey	2005	1:21.01
7. Jon McClelland	2010	1:21.21
8. Kasey Kist	1998	f 1:21.26
9. Maurice Norman	2010	1:21.49
10. Shane Heikenfeld	2000	f 1:21.71

800m RUN		
1. Alonzo Hatchette	1990	hf 1:49.84
2. Kasey Kist	1998	f 1:50.44
3. Michael Vitucci	2019	1:50.59
4. Doug Wiesman	1985	f 1:51.25
5. Barry Pajcic	1975	hyf 1:51.54
6. Jase Headings	2019	1:51.76
7. Matt Daggy	1998	f 1:52.13
8. Michael Rutherford	2009	1:52.14
9. Jake Richards	2005	1:52.16
10. Karl Kimbrough	1978	yf 1:52.22

1,000m RUN		
1. Lewis Johnson	1987	hf 2:22.64
2. Jeff Johnson	1983	hf 2:26.14
3. Jarrod Hart	2016	2:28.50
4. Mark Gerstner	1992	f 2:28.73
5. Eric Walker	1992	f 2:29.17
6. Alex Ramsey	2006	2:29.19
7. Mike Borellis	1987	f 2:29.96
8. Brian Hatch	1986	f 2:30.46
9. Gary Valentine	1984	hf 2:30.54
Dwight Drefs	1990	hf 2:30.54

MILE RUN		
1. Jeff Johnson	1984	hf 4:04.14
2. Aaron Bienenfeld	2020	4:04.77
3. Eric Finan	2011	4:04.94
4. Mike Bruening	1998	f 4:07.06
5. Ron Stapleton	1972	hf 4:07.14
6. Bill Beatty	1969	hf 4:09.54
7. Dan McCrone	1973	hf 4:10.34
Dwight Drefs	1990	hf 4:10.34
9. Mike Shields	1976	hf 4:10.54
10. Toni Banos	2020	4:11.40

3,000m RUN		
1. Eric Finan	2011	7:59.02
2. Aaron Bienenfeld	2020	8:01.89
3. Toby Loveridge	2015	8:15.61
4. Jeremy Bucher	1998	f 8:19.00
5. Brian Hatch	1988	f 8:19.86
6. Seamus Collins	2016	8:22.67
7. Evan Baum	2014	8:23.22
8. Jeff Johnson	1984	hf 8:25.64
9. Chris Camfield	2000	f 8:25.73
10. Chad Disbennett	1994	f 8:25.79

5,000m RUN		
1. Aaron Bienenfeld	2020	13:48.56
2. Eric Finan	2011	14:17.07
3. Chris Reis	2003	14:26.42
4. Toby Loveridge	2015	14:31.27
5. Mike Seymour	1998	h 14:35.79
6. Jeremy Bucher	1998	f 14:39.11
7. Bernie Weber	1979	hf 14:41.34
8. Kevin Fink	2014	14:43.36
9. Chase Beckman	2014	14:47.44
10. Kevin McGurk	1996	f 14:48.04

LONG JUMP		
1. Al Lanier	'73	8.01m 26-03.50
2. Chris Bean	'86	7.79m 25-06.75
3. Chris Watkins	'92	7.70m 25-03.25
4. Drew Hardyk	'92	7.63m 25-00.50
5. Austin Edwards	'18	7.62m 25-00.00
6. Andre Wright	'19	7.37m 24-02.25
7. Sergio Acera	'15	7.36m 24-01.75
8. Jason Unger	'96	7.33m 24-00.75
Marquis Brookins	'13	7.33m 24-00.75
Tariq Sanders	'15	7.33m 24-00.75

TRIPLE JUMP		
1. Al Lanier	'72	15.99m 52-05.50
2. Andre Wright	'19	15.57m 51-01.00
3. Michael Nwankwo	'14	15.25m 50-00.50
4. Chris Bean	'87	15.02m 49-03.50
5. Chris Greene	'15	14.73m 48-04.00
6. Tariq Sanders	'16	14.70m 48-02.75
7. Brandon White	'20	14.66m 48-01.25
8. Sergio Acera	'17	14.62m 47-11.75
9. Tyre Johnson	'03	14.59m 47-10.50
10. Damon Kurtz	'89	14.55m 47-09.00

HIGH JUMP		
1. Alex Bloom	'17	2.16m 7-01.00
2. Brandon Fitch	'08	2.15m 7-00.50
3. Damon Kurtz	'89	2.14m 7-00.25
4. Rodney Johnson	'82	2.13m 7-00.00
Bill Bruns	'83	2.13m 7-00.00
Chris Kratsas	'90	2.13m 7-00.00
Jared Burkholder	'00	2.13m 7-00.00
8. Albert Kalala	'19	2.11m 6-11.00
9. Jeremy Hayton	*'20	2.10m 6-10.75
Chris Bean	'86	2.10m 6-10.75
Ron Quercioli	'96	2.10m 6-10.75
Ryan Beltz	'08	2.10m 6-10.75

POLE VAULT		
1. Adrian Valles	'18	5.61m 18-04.75
2. Chris Smith	'05	5.41m 17-09.00
3. Josh Dangel	'14	5.35m 17-06.50
4. Mike Albrinck	'93	5.30m 17-04.75
5. Matt Botos	'95	5.10m 16-08.75
Dan Albrinck	'05	5.10m 16-08.75
7. Shane Shockey	'09	5.08m 16-08.00
8. Nathan Alexander	'16	5.07m 16-07.50
9. Austin Goolsby	'20	5.05m 16-06.75
Nicholas Lauria	'20	5.05m 16-06.75
Chris Wineberg	'02	5.05m 16-06.75

SHOT PUT				
1. Macklin Tudor	'17	18.25m	59-10.50	
2. Sam Meece	'19	17.81m	58-05.25	
3. Marcus Abraham	'19	17.71m	58-01.25	
4. Troy Cooper	'11	17.27m	56-08.00	
5. Aaron Deaton	*'20	17.20m	56-05.25	
6. Greg Weber	'83	17.17m	56-04.00	
7. John Thornton	'89	16.72m	54-10.50	
8. Chris Littleton	'12	16.63m	54-06.75	
9. John Caplinger	'04	16.53m	54-02.75	
10. Steve Kahle	'04	16.45m	53-11.75	

WEIGHT THROW (35#)				
1. Sam Meece	'19	20.98m	68-10.00	
2. Josh Province	'16	19.78m	64-10.75	
3. Ian Jarman	'08	19.35m	63-06.00	
4. Richard Hurst	'91	18.60m	61-00.50	
5. Chris Province	'19	18.32m	60-01.25	
6. Macklin Tudor	'17	18.23m	59-09.75	
7. Danny Jones	'20	17.27m	56-08.00	
8. Marcus Abraham	'18	17.14m	56-03.00	
9. Tim Berwanger	'97	17.03m	55-10.50	
10. Mike Zwick	'90	17.01m	55-10.00	

HEPTATHLON				
1. Damien Berthenet	2020	5,693 pts		
2. Alex Bloom	2018	5,659 pts		
3. Chris Wineberg	2004	5,616 pts		
4. Ben Haber	2005	5,453 pts		
5. Jimmy Mount	2005	5,376 pts		
6. Cannon Riddle	2020	4,955 pts		
7. Ben Wollenslegel	2017	4,938 pts		
8. Kyle Kubera	2014	4,868 pts		
9. Caleb Arthur	2007	4,643 pts		
10. Keller Schnier	2008	4,507 pts		

HEPTATHLON • DAY 1 (EVENTS 1-4)				
1. Alex Bloom	2017	3,299 pts		
2. Damien Berthenet	2020	3,146 pts		
3. Chris Wineberg	2004	3,060 pts		
4. Ben Haber	2006	2,941 pts		
5. Cannon Riddle	2020	2,930 pts		
6. Jeremy Hayton	2020	2,886 pts		
7. Ben Wollenslegel	2017	2,856 pts		
8. Jimmy Mount	2005	2,847 pts		
9. Caleb Arthur	2007	2,771 pts		
10. Kyle Kubera	2014	2,609 pts		

HEPTATHLON • DAY 2 (FINAL 3 EVENTS)				
1. Chris Wineberg	2004	2,556 pts		
2. Damien Berthenet	2020	2,547 pts		
3. Jimmy Mount	2005	2,529 pts		
4. Ben Haber	2006	2,489 pts		
5. Alex Bloom	2018	2,461 pts		
6. Cannon Riddle	2020	2,349 pts		
7. Ben Wollenslegel	2016	2,101 pts		
8. Keller Schnier	2008	2,070 pts		
9. Kyle Kubera	2014	2,005 pts		
10. Matt Bova	2013	2,004 pts		

HEPTATHLON EVENT #1 • 60m DASH (DAY 1)				
1. Alex Bloom	2018	7.00		
2. Jimmy Mount	2005	7.13		
3. Chris Wineberg	2004	7.15		
4. Damien Berthenet	2020	7.16		
5. Caleb Arthur	2007	7.23		
6. Cannon Riddle	2020	7.24		
Ben Haber	2005	7.24		
8. Jeremy Hayton	2020	7.26		
9. Kyle Kubera	2014	7.37		
10. Chris Fisbeck	2013	7.41		

HEPTATHLON EVENT #2 • LONG JUMP (DAY 1)				
1. Alex Bloom	'18	7.22m	23-08.25	
2. Damien Berthenet	'19	7.02m	23-00.50	
3. Cannon Riddle	'20	6.99m	22-11.25	
Chris Wineberg	'04	6.99m	22-11.25	
5. Ben Haber	'06	6.89m	22-07.25	
6. Ben Wollenslegel	'17	6.80m	22-03.75	
7. Kyle Kubera	'14	6.50m	21-04.00	
8. Caleb Arthur	'07	6.45m	21-02.00	
Jimmy Mount	'05	6.45m	21-02.00	
10. Chris Fisbeck	'13	6.44m	21-01.50	

HEPTATHLON EVENT #3 • SHOT PUT (DAY 1)				
1. Damien Berthenet	'20	14.29m	46-10.75	
2. Chris Wineberg	'04	13.74m	45-01.00	
3. Ben Haber	'06	13.25m	43-05.75	
4. Alex Bloom	'18	12.78m	41-11.25	
5. Jimmy Mount	'05	12.50m	41-00.25	
6. Jeremy Hayton	'20	11.92m	39-01.25	
7. Keller Schnier	'08	11.52m	37-09.50	
8. Ben Wollenslegel	'17	11.43m	37-06.00	
9. Nicholas Lauria	'18	11.31m	37-01.25	
10. Jeremy Hayton	'20	11.27m	36-11.75	

HEPTATHLON EVENT #4 • HIGH JUMP (DAY 1)				
1. Alex Bloom	'17	2.16m	7-01.00	
2. Jeremy Hayton	'20	2.03m	6-08.00	
3. Cannon Riddle	'20	2.00m	6-06.75	
4. Ben Wollenslegel	'16	1.99m	6-06.25	
5. Damien Berthenet	'19	1.98m	6-06.00	
6. Caleb Arthur	'07	1.93m	6-04.00	
7. Kyle Kubera	'13	1.90m	6-02.75	
8. Chris Wineberg	'04	1.89m	6-02.75	
9. Ben Haber	'06	1.88m	6-02.00	
10. Jimmy Mount	'05	1.87m	6-02.00	
Patrick Dunn	'05	1.87m	6-02.00	

4x400m RELAY						
1. Jim Schnur	Claude Holland	Larry Payne	Keith Holland	1976	hyf	3:13.24
2. Claude Holland	Roland Butler	Frank Lewis	Steve Davis	1977	hyf	3:13.44
3. Halen Witcher	Jimmy Brooks	Kevin Konkoly	Jaashir Morris	2017		3:13.64
4. Wayne Mason	Larry Payne	Jeff Walker	Steve Davis	1979	hyf	3:13.74
5. Wayne Mason	Larry Payne	Jeff Walker	Steve Davis	1979	hyf	3:13.94
6. Jim Schnur	Keith Holland	Frank Lewis	Steve Davis	1977	hyf	3:14.14
7. Jim McCorkle	Alonzo Hatchette	Bryan Reed	Roger Elliott	1989	f	3:14.18
8. Halen Witcher	Jimmy Brooks	Kevin Konkoly	Jaashir Morris	2017		3:14.47
9. Roger Elliott	Reggie Brazzile	Robert Pittman	Lewis Johnson	1987	f	3:14.67
10. Wayne Mason	Jim Schnur	Claude Holland	Steve Davis	1978	hyf	3:15.04

4x800m RELAY						
1. Adam Berner	Eric Graves	Pat Starkey	Jake Richards	2004	f	7:41.25
2. Aaron Bienenfeld	Michael Vitucci	Jase Headings	Matt Stump	2019		7:41.68
3. Zach Webb	Jake Richards	Pat Starkey	Alex Ramsey	2007		7:43.53
4. Jim Slusser	Jean Ellis	Dave Byrd	Jim Calloway	1968	hyf	7:44.04
5. Mike Nickel	Bob Andy	Mark Gerstner	Eric Walker	1993	f	7:44.59
6. Eric Walker	Bob Andy	Quentin Respress	Mark Gerstner	1992	f	7:44.72
7. Bob Waters	John Garter	Mike Borellis	Lewis Johnson	1987	f	7:44.81
Gary Valentine	Wayne Shell	Marcus Dudley	Jeff Johnson	1982	hyf	7:44.81
9. Dennis Miles	Quentin Respress	Mark Gerstner	Alonzo Hatchette	1990	f	7:45.37
10. Bruce Shulman	Jim Calloway	Jim Slusser	Jean Ellis	1969	hyf	7:45.44
Paul Rehfus	Mike Shields	Claude Holland	Barry Pajcic	1976	hyf	7:45.44

DISTANCE MEDLEY RELAY						
1. Chris Camfield	B.J. Thomas	Kasey Kist	Mike Bruening	1998	f	9:55.02
2. Ian Silver	Ryan Greene	Jarrod Hart	Seamus Collins	2016		9:57.82
3. Mike Bruening	Micah Ault	Matt Daggy	Jeremy Bucher	1998	f	9:59.30
4. Claude Holland	Mike Vorherr	Andy Cull	Mike Shields	1977	hyf	10:03.94
5. Toni Banos	Akari Porter	Logan Baker	Matt Stump	2020		10:05.50
6. Mike Bruening	Jason Unger	Matt Daggy	Chad Disbennett	1996	f	10:07.27
7. Matt Stump	Akari Porter	Jase Headings	Tyler Wirth	2020		10:07.95
8. Jason Heikenfeld	Rich Oakes	Chad Carroll	Chad Disbennett	1994	f	10:08.65
9. Brian Barnett	Kevin Konkoly	Jarrod Hart	Dan Huben	2015		10:09.54
10. Oliver Book	Chase VanCura	Kyler Neyer	Eric Finan	2011		10:10.51

100m DASH			
1.	Caisja Chandler	2019	11.30
2.	Tiona Lattimore	2018	11.52
3.	Kenya Woodall	2016	11.53
	Natasha Burse	2011	11.53
5.	Shanay Portis	2012	11.57
6.	Charlyn Ray	2000	11.68
7.	Haisha Bisiolu	2019	11.69
8.	Monica Hundley	2008	11.85
9.	Kellsa Mbah	2018	11.86
10.	Cameron Gardner	2013	11.87

100m HURDLES			
1.	Javette Lee	2016	13.25
2.	Je'Rica Sanders	2015	13.30
3.	Monica Hundley	2008	13.45
4.	Aliya Barnes	2016	13.49
5.	Kaylon Eppinger	2009	13.63
6.	DanHeisha Harding	2012	13.64
7.	Paris Campbell	2011	13.75
8.	Jasmine Cotten	2012	13.84
9.	Hauna Dawkins	2011	14.00
10.	Juliana Puopolo	2018	14.08

200m DASH			
1.	Caisja Chandler	2019	22.97
2.	Kenya Woodall	2016	23.09
3.	Haisha Bisiolu	2018	23.26
4.	Charlyn Ray	2002	23.37
5.	Tiona Lattimore	2018	23.54
	Natasha Burse	2011	23.54
7.	Shanay Portis	2012	23.81
8.	Bryana Robinson	2016	24.23
9.	Shanice Smith	2014	24.28
10.	Morgan Gordon	2011	24.33

400m DASH			
1.	Kenya Woodall	2015	51.78
2.	Bryana Robinson	2017	53.15
3.	Mary Danner	2002	53.30
4.	Haisha Bisiolu	2019	53.75
5.	Aricka Rhodes	2011	53.82
6.	Tiona Lattimore	2018	53.93
7.	Faith Banks	2019	54.25
8.	Ashley Arnold	2008	54.70
9.	Courtney Wicks	2009	54.85
10.	Monique Brent	2004	54.91

400m HURDLES			
1.	Javette Lee	2016	59.13
2.	Amanda Klug	2003	1:00.43
3.	Kaitlyn Good	2012	1:00.54
4.	Gabby Calderone	2014	1:00.62
5.	Sharika Thompson	2008	1:01.58
6.	K.T. Weisgerber	1998	1:01.90
7.	Kylie Cutlip	2019	1:02.17
8.	Grace Winckowski	2019	1:02.99
9.	Quinisha Dinkins	2008	1:03.08
10.	Hauna Dawkins	2009	1:03.12

800m RUN			
1.	Kathy Klump	2012	2:03.35
2.	Jenna Heaton	2012	2:09.34
3.	Alexis Anton	2018	2:10.00
4.	Sammy Hentz	2019	2:10.38
5.	Kelsey Mueller	2015	2:10.65
6.	Mandy McCumber	2000	2:11.24
7.	Megan McAuley	2009	2:11.63
8.	Jocelyn Gibson	2006	2:11.71
9.	Anika Lackey	1997	2:11.94
10.	Meg Westerheide	2017	2:12.48

1,500m RUN			
1.	Alexis Anton	2018	4:29.60
2.	Angie Kist	2002	4:31.18
3.	Meg Westerheide	2017	4:31.71
4.	Jocelyn Gibson	2006	4:33.81
5.	Kathy Klump	2012	4:33.93
6.	Jennifer Limle	2003	4:37.28
7.	Hannah Markel	2019	4:37.59
8.	Vanessa Robinson	2017	4:37.86
9.	Katrina Patterson	2019	4:38.01
10.	Marina Wrede	2017	4:39.96

3,000m RUN				
1.	Mary Loebker	1989	h	10:03.94
2.	P.J. Ball	1999		10:05.12
3.	Sam Mikula	2019		10:05.35
4.	Maribeth DiSalvo	1998		10:08.60
5.	Katrina Patterson	2019		10:15.23
6.	Angie Kist	1999		10:17.54
7.	Tamara Masters	2009		10:17.81
8.	Jackie Rieder	1998		10:18.81
9.	Megan Knapp	2009		10:28.74
10.	Missy Utrup	1997		10:29.69

3,000m STEEPCHASE				
1.	Lilian Jelimo	2009		10:31.54
2.	P.J. Ball	2001		10:46.58
3.	Missy Titus	2003		11:04.79
4.	Cortney Staruch	2012		11:05.95
5.	Vanessa Robinson	2016		11:07.05
6.	Michele McKeeney	2010		11:07.92
7.	Cristy Doll	2005		11:11.94
8.	Hannah Chris	2016		11:12.94
9.	Jackie Rieder	2001		11:22.55
10.	Ruth Limo	2004		11:25.87

5,000m RUN				
1.	Lilian Jelimo	2008		16:55.46
2.	P.J. Ball	2001		17:05.54
3.	Tamara Masters	2010		17:08.37
4.	Jill Glassmeyer	2008		17:13.52
5.	Juliana Madzia	2017		17:15.93
6.	Megan Knapp	2008		17:17.65
7.	Hannah Markel	2018		17:23.15
8.	Maribeth DiSalvo	1998		17:24.88
9.	Sam Mikula	2018		17:27.12
10.	Katrina Patterson	2019		17:27.19

10,000m RUN				
1.	Lilian Jelimo	2008		35:22.35
2.	Hannah Markel	2019		35:39.62
3.	Jill Glassmeyer	2008		35:44.73
4.	Ruth Limo	2003		35:59.36
5.	Jocelyn McCauley	2010		36:28.78
6.	Jennifer Hannen	2008		36:31.48
7.	Tessa Ward	2018		36:59.25
8.	Karen Berling	2006		36:57.36
9.	Michele McKeeney	2011		36:58.81
10.	Juliana Madzia	2017		37:09.14

LONG JUMP				
1.	Kellsa Mbah	'17	6.32m	20-09.00
2.	Irati Mitxelena	'18	6.26m	20-06.50
3.	Rebecka Abrahamsson	'16	6.17m	20-03.00
4.	Ashley Wilhelm	'07	6.15m	20-02.00
5.	Shanay Portis	'13	6.02m	19-09.00
6.	Laura Valdeperas	'01	6.00m	19-08.25
	Jasmine Cotten	'09	6.00m	19-08.25
8.	Celeste Cofield	'00	5.96m	19-06.75
9.	Ije Obiorah	'08	5.94m	19-06.00
10.	Angelica Lightfoot	'19	5.84m	19-02.00

TRIPLE JUMP				
1.	Irati Mitxelena	'19	13.22m	43-04.50
2.	Rebecka Abrahamsson	'16	13.21m	43-04.25
3.	Kennedy Marable	'19	12.62m	41-05.00
4.	Shintara Carpenter	'06	12.30m	40-04.25
5.	Kellsa Mbah	'17	12.11m	39-08.75
6.	Mandi Boykin	'09	11.62m	38-01.75
7.	Anastasia Tarpeh	'10	11.55m	37-10.75
8.	Cameron Gardner	'13	11.53m	37-10.00
9.	Shanay Portis	'10	11.48m	37-08.00
10.	Laura Valdeperas	'01	11.47m	37-07.75

HIGH JUMP				
1.	Loretta Blaut	'18	1.88m	6-02.00
2.	Renee Hein	'07	1.85m	6-00.75
3.	Erika Hurd	'15	1.84m	6-00.50
4.	Jasmine Cotten	'09	1.83m	6-00.00
5.	Celeste Cofield	'00	1.80m	5-11.00
6.	Amber Bollinger	'03	1.75m	5-08.75
7.	Naomi Urbano	'18	1.73m	5-08.00
	Ashleigh Pickens	'15	1.73m	5-08.00
	Erin Bush	'00	1.73m	5-08.00
10.	Ashley Wilhelm	'07	1.72m	5-07.75

POLE VAULT				
1.	Mackenzie Fields	'13	4.35m	14-03.25
2.	Alyssa McBride	'16	4.25m	13-11.25
3.	Brooke Catherine	'18	4.21m	13-09.75
4.	Michelle Eby	'13	4.18m	13-08.50
5.	Brittany Klima	'08	4.16m	13-07.75
6.	Sarah Rasnick	'15	4.02m	13-02.25
7.	Sadie Brass	'19	4.01m	13-01.75
8.	Allie Plybon	'19	3.95m	12-11.50
9.	Rachel Coghill	'19	3.91m	12-10.00
	Kayla Dunn	'10	3.91m	12-10.00

SHOT PUT				
1.	Annette Echikunwoke	'17	16.79m	55-01.00
2.	Frida Akerstrom	'15	16.07m	52-08.75
3.	Ashley Williams	'18	15.89m	52-01.75
4.	Malin Smith	'19	15.82m	51-11.00
5.	Jo Young	'05	15.71m	51-06.50
6.	Leah Heckman	'16	15.38m	50-05.50
7.	Jane Sensibaugh	'19	14.76m	48-05.25
8.	Mekayla Breland	'15	14.73m	48-04.00
9.	Jessica Cobb	'11	14.53m	47-08.00
10.	Alexis Gray	'18	14.13m	46-04.25

DISCUS				
1.	Mary Bridges	'13	51.88m	170-02
2.	Malin Smith	'19	50.31m	165-01
3.	Jessica Molyet	'13	49.91m	163-09
4.	Alexis Gray	'18	49.74m	163-02
5.	Annette Echikunwoke	'19	49.11m	161-01
6.	Jane Sensibaugh	'19	49.02m	160-10
7.	Frida Akerstrom	'15	48.96m	160-07
8.	Kelly Krupa	'99	48.56m	159-04
9.	Leah Heckaman	'16	47.19m	154-10
10.	Nicole Breeden	'17	46.62m	152-11

HAMMER				
1.	Annette Echikunwoke	'19	65.41m	214-07
2.	Monica Phillips	'15	56.86m	186-06
3.	Leah Heckaman	'19	55.86m	183-03
4.	Jo Young	'05	55.78m	183-00
5.	Frida Akerstrom	'15	54.90m	180-01
6.	Miriam Merrill	'01	53.54m	175-08
7.	Mekayla Breland	'15	52.98m	173-10
8.	Nicole Breeden	'17	52.92m	173-07
9.	Kelly Krupa	'99	52.55m	172-05
10.	Bridget McNeill	'11	52.16m	171-01

JAVELIN				
1.	Emelie Larsson	'13	52.79m	173-02
2.	Chelsea Gerken	'08	43.18m	141-08
3.	Kaitlyn Good	'15	42.47m	139-04
4.	Ashley Wilhelm	'07	42.42m	139-02
5.	Renee Hein	'05	41.98m	137-09
6.	Jessica Cobb	'10	39.23m	128-08
7.	Amber Bollinger	'03	39.09m	128-03
8.	Naomi Urbano	'17	38.55m	126-06
9.	Nicole Breeden	'17	38.31m	125-08
10.	Quelaun Marshall	'04	38.10m	125-00

*The 2020 outdoor track & field season was cancelled because of the COVID-19 global pandemic

HEPTATHLON		Total	100mH	HJ	SP	200m	Day 1	LJ	Jav	800m	Day 2
1. Ashley Wilhelm	2007	5,592 pts	14.13	1.72m	11.28m	25.25	3,317 pts	5.97m	37.61m	2:20.75	2,275 pts
2. Jasmine Cotten	2012	5,422 pts	13.95	1.78m	10.99m	25.44	3,379 pts	5.83m	32.90m	2:28.39	2,043 pts
3. Kaitlyn Good	2015	5,403 pts	14.40	1.61m	11.83m	25.98	3,119 pts	5.55m	39.94m	2:14.27	2,284 pts
4. Laura Valdeperas	2002	5,047 pts	14.90	1.59m	10.12m	25.11	2,993 pts	5.63m	35.28m	2:26.57	2,054 pts
5. Naomi Urbano	2017	5,004 pts	15.01	1.64m	10.44m	27.29	2,869 pts	5.54m	38.55m	2:22.99	2,134 pts
6. Katie Straus	2019	4,996 pts	14.58	1.62m	10.26m	25.92	3,007 pts	5.45m	30.79m	2:20.94	1,989 pts
7. Kaylon Eppinger	2009	4,983 pts	14.03	1.63m	10.00m	25.78	3,091 pts	5.43m	30.92m	2:28.00	1,892 pts
8. Boudine Bouma	2008	4,939 pts	15.04	1.63m	10.90m	26.28	2,969 pts	5.68m	29.96m	2:26.23	1,970 pts
9. Angelica Lightfoot	2018	4,845 pts	14.11	1.67m	12.41m	25.91	3,274 pts	5.29m	25.27m	2:48.34	1,508 pts
10. Erin Leeper	2005	4,797 pts	15.74	1.62m	9.79m	24.44	2,960 pts	5.56m	25.41m	2:27.08	1,837 pts

HEP #1 • 100m HURDLES (Day 1)		
1. Kaylon Eppinger	2009	13.90
2. Jasmine Cotten	2012	13.95
3. Angelica Lightfoot	2018	14.11
4. Ashley Wilhelm	2007	14.13
5. Kaitlyn Good	2015	14.40
6. Katie Straus	2019	14.44
7. Sydney Spears	2019	14.58
8. Laura Valdeperas	2002	14.82
9. Naomi Urbano	2017	15.01
10. Boudine Bouma	2008	15.04

HEP #2 • HIGH JUMP (Day 1)		
1. Jasmine Cotten	'09	1.81m 5-11.25
2. Naomi Urbano	'18	1.73m 5-08.00
3. Ashley Wilhelm	'07	1.72m 5-07.75
4. Erin Bush	'00	1.71m 5-07.25
5. Melissa Brankamp	'08	1.69m 5-06.50
6. Kaitlyn Good	'11	1.69m 5-06.50
7. Amber Bollinger	'01	1.68m 5-06.00
8. Angelica Lightfoot	'18	1.67m 5-05.75
9. Maggie Loeffler	'18	1.67m 5-05.75
10. Katie Straus	'18	1.64m 5-04.50

HEP #3 • SHOT PUT (Day 1)		
1. Angelica Lightfoot	'19	13.50m 44-03.50
2. Kaitlyn Good	'15	12.24m 40-02.00
3. Chelsea Gerken	'09	12.15m 39-10.50
4. Cameron Gardner	'13	12.05m 39-06.50
5. Katie Straus	'19	12.04m 39-06.00
6. Taylor Rosenhagen	'13	12.01m 39-05.00
7. Naomi Urbano	'19	11.69m 38-04.25
8. Ashley Wilhelm	'07	11.63m 38-02.00
9. Jasmine Cotten	'09	11.26m 36-11.50
10. Lizz Carr	'14	11.05m 36-03.00

HEP #4 • 200m DASH (Day 1)		
1. Erin Leeper	2005	24.44
2. Cameron Gardner	2013	24.45
3. Jasmine Cotten	2007	24.74
4. Laura Valdeperas	2002	25.11
5. Char Dixon	2011	25.14
6. Ashley Wilhelm	2007	25.25
7. Kaylon Eppinger	2009	25.78
8. Kaitlyn Good	2012	25.88
9. Angelica Lightfoot	2018	25.91
10. Sydney Spears	2019	25.78

HEP #5 • LONG JUMP (Day 2)		
1. Ashley Wilhelm	'07	6.15m 20-02.25
2. Jasmine Cotten	'09	6.00m 19-08.25
3. Angelica Lightfoot	'18	5.75m 18-10.50
4. Boudine Bouma	'08	5.68m 18-07.75
5. Laura Valdeperas	'02	5.63m 18-06.00
6. Erin Leeper	'05	5.56m 18-03.00
7. Kaitlyn Good	'15	5.55m 18-02.50
8. Naomi Urbano	'17	5.54m 18-02.25
9. Chelsea Gerken	'08	5.48m 17-11.75
10. Katie Straus	'19	5.45m 17-10.75
Dominique Best	'12	5.45m 17-10.75

HEP #6 • JAVELIN (Day 2)		
1. Ashley Wilhelm	'07	42.42m 139-02
2. Kaitlyn Good	'15	39.94m 131-00
3. Naomi Urbano	'17	38.55m 126-09
4. Chelsea Gerken	'08	37.35m 122-06
5. Laura Valdeperas	'02	35.28m 115-09
6. Cameron Gardner	'14	34.74m 114-00
7. Jasmine Cotten	'12	32.90m 107-11
8. Amber Bollinger	'01	31.54m 103-06
9. Kaylon Eppinger	'09	31.29m 102-08
10. Katie Straus	'19	30.79m 101-00

HEP #7 • 800m RUN (Day 2)		
1. Kaitlyn Good	2012	2:12.54
2. Chelsea Gerken	2008	2:19.20
3. Ashley Wilhelm	2007	2:20.75
4. Katie Straus	2019	2:20.94
5. Boudine Bouma	2010	2:22.60
6. Jasmine Cotten	2007	2:22.63
7. Sydney Spears	2019	2:22.96
8. Naomi Urbano	2017	2:22.99
9. Melissa Brankamp	2008	2:26.12
10. Laura Valdeperas	2002	2:26.57

HEPTATLON DAY 1 (Day 1 Points)		
1. Jasmine Cotten	2012	3,379 pts
2. Ashley Wilhelm	2007	3,317 pts
3. Angelica Lightfoot	2018	3,274 pts
4. Kaylon Eppinger	2009	3,121 pts
5. Kaitlyn Good	2015	3,119 pts
6. Katie Straus	2019	3,107 pts
7. Sydney Spears	2019	3,043 pts
8. Laura Valdeperas	2002	2,993 pts
9. Naomi Urbano	2019	2,973 pts
10. Boudine Bouma	2008	2,969 pts

HEPTATLON DAY 2 (Day 2 Points)		
1. Ashley Wilhelm	2007	2,333 pts
2. Kaitlyn Good	2015	2,284 pts
3. Naomi Urbano	2017	2,134 pts
4. Chelsea Gerken	2008	2,127 pts
5. Laura Valdeperas	2002	2,054 pts
6. Jasmine Cotten	2012	2,043 pts
7. Katie Straus	2019	1,989 pts
8. Boudine Bouma	2008	1,970 pts
9. Kaylon Eppinger	2009	1,892 pts
10. Erin Leeper	2005	1,837 pts

100m DASH			
1. Garry Cutright	2002	10.36	
2. Quincy Mitchell	2019	10.39	
Kenny Wade	2004	10.39	
4. Austin Edwards	2018	10.44	
5. John Bowie	2006	10.45	
6. Darryl Swann	1985	10.46	
Antione Drakeford	2009	10.46	
8. Nick Kowaleski	2014	10.48	
9. Dayo Igeleke	2008	10.51	
10. Anthony Woods	2019	10.54	

110m HURDLES			
1. Terrence Somerville	2013	13.37	
2. David Payne	2004	13.42	
3. Wayne Mason	1980	13.60	
4. Greg Schumacher	1999	13.92	
5. Brandon Hon	2001	13.96	
6. Dailyn Moore	2013	14.03	
7. Connor Duricky	2018	14.04	
8. Bryan Cain	2014	14.13	
9. Arthur Greenlee	2019	14.16	
10. Robert Pittman	1987	14.20	

200m DASH			
1. Chris Borzor	2019	20.57	
2. Kenny Wade	2004	20.87	
3. Quincy Mitchell	2019	20.95	
4. Muhammad Saafir	2003	21.04	
5. Antione Drakeford	2009	21.09	
6. Bob Howell	1964	hy 21.14	
Mike Childs	1999	h 21.14	
8. Dayo Igeleke	2007	21.15	
9. Nate Dean	1977	hy 21.24	
Darryl Swann	1988	h 21.24	
Chris Watkins	1993	21.24	

400m DASH			
1. Antione Drakeford	2009	45.83	
2. Jimmy Brooks	2016	46.04	
3. Jeff Walker	1979	46.42	
4. Jim Schnur	1975	hy 46.44	
5. Jerod Batt	2004	46.73	
6. Mike Childs	1999	46.86	
7. Darnell Gilbert	2014	46.95	
8. Steve Davis	1977	47.03	
9. Cedric Powell	2006	47.09	
10. Bob Kandell	2007	47.12	

400m HURDLES			
1. Andre Anderson	2015	51.12	
2. David Payne	2004	51.16	
3. Robert Pittman	1985	51.44	
4. Brandon Hon	2001	51.68	
5. Adam Manning	1998	51.87	
6. Byron Hill	1985	51.88	
7. Troy Lammers	2007	52.00	
8. Todd Heinecke	2001	52.16	
9. Mark Hair	1983	h 52.24	
10. Eric Colegate	1999	52.53	

800m RUN			
1. Lewis Johnson	1987	1:47.00	
2. Doug Wiesman	1984	1:48.91	
3. Alonzo Hatchette	1990	1:49.38	
4. Jim Calloway	1969	hy 1:49.94	
Chuck Roberts	1969	hy 1:49.94	
6. Michael Rutherford	2012	1:50.12	
7. Karl Kimbrough	1979	1:50.30	
8. Michael Vitucci	2017	1:50.38	
9. Kasey Kist	1998	1:50.51	
10. Alex Ramsey	2005	1:50.56	

1,500m RUN			
1. Jeff Johnson	1983	3:44.93	
2. Chris Gilbert	1979	h 3:46.74	
3. Mike Bruening	1998	3:47.64	
4. Andrew Schille	2019	3:47.98	
5. Dwight Drefs	1989	3:48.26	
6. Eric Finan	2010	3:48.55	
7. Aaron Bienenfeld	2019	3:48.80	
8. Michael Rutherford	2011	3:49.19	
9. Mike Shields	1978	h 3:50.34	
10. Kasey Kist	1999	3:51.32	

3,000m STEEPLECHASE			
1. Chad Disbennett	1996	8:50.26	
2. Jeremy Bucher	1998	8:50.36	
3. Bernie Weber	1979	h 8:51.24	
4. Kevin Schwarz	2007	8:59.62	
5. Chris Gilbert	1981	h 9:00.04	
6. Dan Huben	2017	9:00.61	
7. Rick King	2010	9:03.45	
8. Tyler Ross	2015	9:04.33	
9. Randy King	2009	9:05.50	
10. David Barry	2011	9:06.74	

5,000m RUN			
1. Eric Finan	2011	13:44.91	
2. Aaron Bienenfeld	2019	13:57.81	
3. Andrew Schille	2019	14:14.97	
4. Ron Stapleton	1972	14:23.28	
5. Jeff Johnson	1984	h 14:24.14	
6. Bernie Weber	1979	14:25.28	
7. Toby Loveridge	2015	14:27.34	
8. Evan Baum	2014	14:32.77	
9. Seamus Collins	2016	14:34.79	
10. Kevin Fink	2013	14:35.77	

10,000m RUN			
1. Aaron Bienenfeld	2019	29:34.37	
2. Eric Finan	2011	29:37.29	
3. Andrew Schille	2019	29:41.85	
4. Colin Cotton	2013	29:50.00	
5. Toby Loveridge	2015	29:56.38	
6. Kevin Fink	2013	30:17.09	
7. Tommy Morgan	2011	30:20.44	
8. Chris Reis	2001	30:28.67	
9. John Dixon	2007	30:28.82	
10. Ricky Lupp	2010	30:35.20	

LONG JUMP			
1. Al Lanier	'73	8.04m	26-04.50
2. James White	'04	7.81m	25-07.50
3. Chris Bean	'86	7.76m	25-05.50
4. Chandler Groves	'05	7.69m	25-02.75
5. Chris Watkins	'91	7.67m	25-02.00
6. Austin Edwards	'18	7.62m	25-00.00
7. Drew Hardy	'90	7.53m	24-08.50
8. Sergio Acera	'16	7.52m	24-08.25
9. Tim Rhein	'76	7.50m	24-07.50
10. Bloom, Alex	'18	7.42m	24-04.25
Damon Kurtz	'90	7.42m	24-04.25
Jason Unger	'96	7.42m	24-04.25

TRIPLE JUMP			
1. Al Lanier	'73	16.32m	53-06.50
2. Chris Bean	'86	15.44m	50-08.00
3. Michael Nwankwo	'13	15.36m	50-04.75
4. Andre Wright	'19	15.25m	50-00.50
5. Eric Mumford	'72	15.08m	49-06.00
6. Tariq Sanders	'16	14.81m	48-07.25
7. Tyre Johnson	'02	14.78m	48-06.00
8. Chris Greene	'15	14.65m	48-00.75
9. Phil Green	'79	14.63m	48-00.00
10. Sergio Acera	'16	14.51m	47-07.25

HIGH JUMP			
1. Rodney Johnson	'83	2.21m	7-03.00
2. Brandon Fitch	'10	2.16m	7-01.00
3. Jared Burkholder	'01	2.15m	7-00.75
4. Alex Bloom	'17	2.14m	7-00.25
Ron Quercioli	'94	2.14m	7-00.25
6. Damon Kurtz	'88	2.13m	7-00.00
Chris Kratsas	'90	2.13m	7-00.00
8. Michael Nwankwo	'15	2.12m	6-11.50
9. Jordan Hardiman	'16	2.11m	6-11.00
10. Albert Kalala	'19	2.10m	6-10.75
Chris Bean	'86	2.10m	6-10.75
Bruce Cutler	'98	2.10m	6-10.75
James White	'04	2.10m	6-10.75
Andrew Smith	'05	2.10m	6-10.75

POLE VAULT			
1. Adrian Valles	'17	• 5.70m	18-08.25
2. Josh Dangel	'14	5.44m	17-10.25
3. Mike Albrinck	'94	5.43m	17-09.75
4. Chris Smith	'05	5.35m	17-06.50
5. Shane Shockey	'08	5.21m	17-01.00
6. Chris Wineberg	'04	5.20m	17-00.75
7. Colt Robinson	'16	5.10m	16-08.75
Ben Novak	'97	5.10m	16-08.75
9. Matt Botos	'93	5.07m	16-07.25
Dillon Risser	'14	5.07m	16-07.25

• out of collegiate competition (summer)

SHOT PUT			
1. Macklin Tudor	'17	18.90m	62-00.25
2. Marcus Abraham	'19	17.84m	58-06.50
3. Troy Cooper	'09	17.60m	57-09.00
4. Greg Weber	'83	17.50m	57-05.00
5. Chris Littleton	'10	17.44m	57-02.75
6. Steve Kahle	'05	17.16m	56-03.75
7. Sam Meece	'19	16.95m	55-07.50
8. John Caplinger	'03	16.72m	54-10.25
9. Kyle Borton	'09	16.60m	54-05.50
10. Aaron Deaton	'19	16.49m	54-01.25

DISCUS			
1. Macklin Tudor	'17	63.54m	208-05
2. Sam Meece	'19	56.14m	184-02
3. Greg Weber	'83	55.12m	180-10
4. Chris Littleton	'12	54.66m	179-04
5. Jake Haseman	'12	54.09m	177-05
6. Scott Ference	'92	53.80m	176-06
7. Troy Cooper	'10	51.84m	170-01
8. Richard Hurst	'89	51.64m	169-05
9. Bryan Hardesty	'08	51.30m	168-04
10. Josh Province	'16	51.16m	167-10

HAMMER			
1. Sam Meece	'19	62.30m	204-04
2. Ian Jarman	'08	61.87m	203-00
3. Richard Hurst	'91	61.16m	200-08
4. Chad Hanson	'09	58.04m	190-05
5. Josh Province	'14	57.72m	189-04
6. Jake Haseman	'12	56.87m	186-07
7. Mike Hott	'02	55.70m	182-09
8. Chris Province	'19	55.09m	180-09
9. Jacob Rieman	'19	54.18m	177-09
10. Scott Ference	'94	53.74m	176-04

JAVELIN			
1. Brian Zimmerman	'10	69.45m	227-10
2. Nicholas Lauria	'19	61.43m	201-06
3. Bob Brickweg	'67	61.00m	200-01
4. Phil Scott	'74	60.96m	200-00
5. Chris Kratsas	'94	60.70m	199-02
6. Craig Williamson	'76	60.35m	198-00
7. Adam Smith	'98	60.20m	197-06
8. Paul Deschenes	'84	59.84m	196-04
9. Jeff DuPont	'89	59.69m	191-00
10. Steve Kahle	'03	59.38m	194-10

*The 2020 outdoor track & field season was cancelled because of the COVID-19 global pandemic

DECATHLON		Total	100m	LJ	SP	HJ	400m	Day 1	110mH	DT	PV	JT	1500m
1. Wineberg, Chris	2004	7,584 pts	11.08	6.94m	13.40m	1.91m	48.87	3,924 pts	15.89	37.59m	5.00m	54.38m	4:31.51
2. Bloom, Alex	2018	7,435 pts	10.90	7.31m	12.53m	2.10m	50.39	4,103 pts	15.38	37.97m	4.50m	46.63m	4:52.09
3. Schnur, Jim	1978	7,374 pts	unk.										
4. Haber, Ben	2004	7,226 pts	11.32	6.45m	12.67m	1.87m	50.86	3,586 pts	15.02	40.15m	4.90m	54.94m	4:55.81
5. Mount, Jimmy	2005	7,219 pts	11.27	7.03m	12.10m	1.83m	48.82	3,757 pts	16.25	38.27m	4.75m	43.23m	4:20.90
6. Yimsumruay, David	1997	7,147 pts	unk.										
7. Yoder, Mike	2000	7,114 pts	11.28	6.89m	10.47m	1.91m	50.00	3,647 pts	14.99	35.17m	4.80m	43.25m	4:35.34
8. Kratsas, Chris	1994	7,104 pts	11.84	6.72m	13.50m	2.09m	51.80	3,750 pts	16.64	37.28m	4.39m	57.22m	4:43.62
9. Damien Berthenet	2019	7,084 pts	11.45	6.92m	12.51m	1.89m	52.83	3,589 pts	15.07	38.52m	4.45m	57.59m	4:58.02
10. Scott, Phil	1975	6,965 pts	unk.										

DEC #1 • 100m DASH (Day 1)			
1. Bloom, Alex	2018	10.90	
Schnur, Jim	1975	10.90	
3. Wineberg, Chris	2004	10.94	
4. Mount, Jimmy	2005	10.97	
5. Stacy, Wayne	1988	11.00	
6. Arthur, Caleb	2006	11.01	
7. Yoder, Mike	2000	11.13	
8. Miller, Darrin	1988	11.15	
9. Wilkes, Steve	1986	11.18	
10. Botos, Matt	1995	11.20	

DEC #6 • 110m HURDLES (Day 2)			
1. Bloom, Alex	2018	14.93	
2. Yoder, Mike	2000	14.97	
3. Haber, Ben	2004	15.02	
4. Damien Berthenet	2019	15.07	
5. Smith, Aaron	1999	15.38	
6. Archer, Aaron	1994	15.44	
7. Wineberg, Chris	2002	15.54	
8. Wilkes, Steve	1986	15.60	
9. Mitalski, Marc	2002	15.62	
10. Wollenslegel, Ben	2018	15.64	
Botos, Matt	1995	15.64	

DECATHLON DAY 1 (Day 1 Points)			
1. Bloom, Alex	2018	4,119 pts	
2. Yoder, Mike	2000	3,962 pts	
3. Wineberg, Chris	2004	3,924 pts	
4. Schnur, Jim	1975	3,780 pts	
5. Mount, Jimmy	2005	3,757 pts	
6. Kratsas, Chris	1994	3,750 pts	
7. Haber, Ben	2004	3,675 pts	
8. Wollenslegel, Ben	2018	3,606 pts	
9. Damien Berthenet	2019	3,589 pts	
10. Archer, Aaron	1994	3,586 pts	

DEC #2 • LONG JUMP (Day 1)			
1. Bloom, Alex	'18	7.42m	24-04.25
2. Wineberg, Chris	'04	7.27m	23-10.25
3. Mount, Jimmy	'05	7.03m	23-00.75
4. Haber, Ben	'04	7.07m	23-00.00
5. Yoder, Mike	'99	6.99m	22-11.25
6. Damien Berthenet	'19	6.92m	22-08.50
7. Arthur, Caleb	'06	6.90m	22-07.75
8. Wollenslegel, Ben	'18	6.82m	22-04.50
Deslandes, Nathan	'13	6.82m	22-04.50
10. Archer, Aaron	'94	6.77m	22-02.50

DEC #7 • DISCUS (Day 2)			
1. Ference, Scott	'94	47.14m	154-08
2. Haber, Ben	'04	40.15m	131-08
3. Kratsas, Chris	'94	40.02m	131-03
4. Schnier, Keller	'08	39.21m	128-08
5. Bloom, Alex	'18	39.14m	128-05
Wineberg, Chris	'02	39.14m	128-05
7. Damien Berthenet	'19	38.52m	126-04
8. Yimsumruay, David	'96	38.50m	126-04
9. Mount, Jimmy	'05	38.27m	125-07
10. Smith, Jeremy	'93	37.99m	124-08

DECATHLON DAY 2 (Day 2 Points)			
1. Wineberg, Chris	2004	3,678 pts	
2. Haber, Ben	2004	3,640 pts	
3. Damien Berthenet	2019	3,495 pts	
4. Mount, Jimmy	2005	3,477 pts	
5. Yoder, Mike	2000	3,467 pts	
6. Bloom, Alex	2017	3,367 pts	
7. Yimsumruay, David	1997	3,363 pts	
8. Kratsas, Chris	1994	3,354 pts	
9. Novak, Ben	1999	3,272 pts	
10. Scott, Phil	1975	3,242 pts	

DEC #3 • SHOT PUT (Day 1)			
1. Kratsas, Chris	'94	13.50m	44-03.50
2. Wineberg, Chris	'04	13.49m	44-03.25
3. Ference, Scott	'94	13.27m	43-06.50
4. Bloom, Alex	'18	13.23m	43-05.00
5. Haber, Ben	'04	12.67m	41-07.00
6. Damien Berthenet	'19	12.51m	41-00.50
7. Scott, Phil	'75	12.43m	40-09.50
8. Novak, Ben	'99	12.40m	40-08.25
9. Grella, Darrin	'94	12.35m	40-06.25
10. Gaus, Caleb	'10	12.26m	40-02.75

DEC #8 • POLE VAULT (Day 2)			
1. Wineberg, Chris	'04	5.20m	17-00.75
2. Novak, Ben	'99	5.05m	16-60.75
3. Haber, Ben	'04	4.90m	16-00.75
4. Mount, Jimmy	'04	4.80m	15-09.00
Riffle, Bill	'89	4.80m	15-09.00
Yoder, Mike	'00	4.80m	15-09.00
7. Lander, Eric	'92	4.72m	15-06.00
8. Kubera, Kyle	'13	4.65m	15-03.00
9. Bloom, Alex	'17	4.60m	15-01.00
Botos, Matt	'95	4.60m	15-01.00

DEC #4 • HIGH JUMP (Day 1)			
1. Bloom, Alex	'17	2.14m	7-00.25
2. Kratsas, Chris	'90	2.13m	7-00.00
3. Dunn, Patrick	'05	2.00m	6-06.75
4. Yimsumruay, David	'96	1.99m	6-06.25
5. Jeremy Hayton	'19	1.98m	6-06.25
Archer, Aaron	'95	1.98m	6-06.25
Kubera, Kyle	'13	1.98m	6-06.00
8. Wollenslegel, Ben	'18	1.95m	6-04.75
9. Yoder, Mike	'00	1.94m	6-04.25
10. Wineberg, Chris	'04	1.93m	6-04.00

DEC #9 • JAVELIN (Day 2)			
1. Kratsas, Chris	'94	60.72m	199-02
2. Smith, Adam	'98	60.09m	197-02
3. Scott, Phil	'75	57.68m	189-03
4. Damien Berthenet	'19	57.59m	188-11
5. Riffle, Bill	'89	55.85m	183-03
6. Haber, Ben	'04	54.94m	180-03
7. Wineberg, Chris	'04	54.38m	178-05
8. Schnur, Jim	'78	53.69m	176-02
9. Douglas, Todd	'98	53.36m	175-01
10. Yoder, Mike	'99	52.96m	173-07

DEC #5 • 400m DASH (Day 1)			
1. Schnur, Jim	1975	48.10	
2. Mount, Jimmy	2005	48.46	
3. Wineberg, Chris	2004	48.87	
4. Grella, Darrin	1994	49.63	
5. Arthur, Caleb	2006	49.78	
6. Yoder, Mike	2001	49.92	
7. Haber, Ben	2005	50.26	
8. Bloom, Alex	2018	50.39	
Shaffer, Jason	1990	50.39	
10. Wollenslegel, Ben	2018	50.55	

DEC #10 • 1,500m RUN (Day 2)			
1. Mount, Jimmy	2003	4:20.53	
2. Grella, Darrin	1994	4:28.89	
3. Yimsumruay, David	1996	4:30.78	
4. Wineberg, Chris	2001	4:30.96	
5. Schnur, Jim	1975	4:32.40	
6. Smith, Brandon	2010	4:34.55	
7. Miller, Darrin	1991	4:34.76	
8. Yoder, Mike	2000	4:35.34	
9. Wilkes, Steve	1986	4:37.89	
10. Kubera, Kyle	2013	4:39.57	

* The 2020 outdoor track & field season was cancelled because of the COVID-19 global pandemic

RECORD BOOK • OUTDOOR TOP 10 (W)

*UPDATED THROUGH 2019 OUTDOOR SEASON

4x100m RELAY					
1. Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	2019	43.81
2. Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	2019	44.10
3. Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	2019	44.27
4. Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	2017	44.33
5. Javette Lee	Haisha Bisiolu	Bryana Robinson	Kenya Woodall	2016	44.39
6. Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	2017	44.54
7. Kellsa Mbah	Tiona Lattimore	Haisha Bisiolu	Juliana Puopolo	2018	44.66
8. Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	2017	44.72
9. Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	2019	44.75
10. Morgan Gordon	Natasha Burse	Shanay Portis	Aricka Rhodes	2011	44.84

4x400m RELAY					
1. Tiona Lattimore	Bryana Robinson	Haisha Bisiolu	Deanna Gesicki	2017	3:35.96
2. Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	2017	3:36.59
3. Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	2017	3:36.87
4. Shanay Portis	Jalisa Jarrett	Aricka Rhodes	Kathy Klump	2012	3:37.62
5. Shanay Portis	Ashley Arnold	Kathy Klump	Aricka Rhodes	2011	3:37.93
6. Shanay Portis	Jalisa Jarrett	Aricka Rhodes	Kathy Klump	2012	3:38.38
7. Javette Lee	Bryana Robinson	Haisha Bisiolu	Deanna Gesicki	2016	3:38.40
8. Shanay Portis	Ashley Arnold	Kathy Klump	Aricka Rhodes	2011	3:38.43
9. Bryana Robinson	Javette Lee	Deanna Gesicki	Kenya Woodall	2016	3:38.56
10. Haisha Bisiolu	Tiona Lattimore	Faith Banks	Caisja Chandler	2019	3:38.86

4x200m RELAY • NOT AN NCAA EVENT					
1. Faith Banks	Haisha Bisiolu	Tiona Lattimore	Caisja Chandler	2019	1:34.38
2. Haisha Bisiolu	Tiona Lattimore	Juliana Puopolo	Aliya Barnes	2017	1:38.15
3. DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	2000	1:38.41
4. DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	2000	1:38.64
5. Mary Danner	Shanekqua Dunbar	Laura Valldeperas	Charlyn Ray	2002	1:39.63
6. Ashley Ogletree	Monique Brent	Erin Leeper	Jamie Jackson	2004	1:40.29
7. Ashley Ogletree	Monique Brent	Jamie Jackson	Erin Leeper	2004	1:40.47
8. Adrienne Shipman	Danielle Erwin	Monica Hundley	Barb Roberson	2005	1:46.26
9. Amber Stocks	Angel Collins	Kelly Blessing	Kelly Martin	1997	1:48.74
10. Monique Brent	Ashley Wilhelm	Adrienne Shipman	Laura Valldeperas	2003	1:56.24

SPRINT MEDLEY RELAY • NOT AN NCAA EVENT					
1. Charlyn Ray	Shanekqua Dunbar	Mary Danner	Mandy McCumber	2000	3:57.48
2. Charlyn Ray	Amber Kellon	Shanekqua Dunbar	Angie Kist	2002	3:57.53
3. Charlyn Ray	Mary Danner	Nicole Mayes	Mandy McCumber	2000	3:59.79
4. Erin Leeper	Monique Brent	Jamie Jackson	Jocelyn Gibson	2004	4:00.40
5. Javette Lee	Jada Grant	Jalisa Jarrett	Kelsey Mueller	2015	4:02.03
6. Je'Rica Sanders	Shanice Smith	Kelsey Mueller	Alexis Anton	2015	4:02.40
7. Ashley Wilhelm	Adrienne Shipman	Dominique Davis	Jocelyn Gibson	2005	4:02.70
8. Javette Lee	Jada Grant	Jalisa Jarrett	Kelsey Mueller	2015	4:02.77
9. Erin Leeper	Dennale Speakman	Dominique Davis	Jocelyn Gibson	2006	4:05.85
10. Charlyn Ray	Shanekqua Dunbar	Mary Danner	Angie Kist	1999	4:06.26

4x800m RELAY • NOT AN NCAA EVENT					
1. Kaitlyn Good	Jenna Heaton	Katie Honigford	Kathy Klump	2012	8:45.60
2. Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	2010	8:54.30
3. Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	2010	8:54.81
4. Megan McAuley	Jenny Harsh	Jenna Heaton	Kathy Klump	2009	9:01.52
5. Megan McAuley	Jenny Harsh	Kathy Klump	Jenna Heaton	2009	9:03.51
6. Megan McAuley	Chelsea Gerken	Courtney Hentz	Myeeah Scott	2008	9:07.03
7. Anika Lackey	Michelle Bosse	Carrie Nelson	Maribeth DiSalvo	1998	9:10.72
8. Megan McAuley	Jenna Heaton	Jenny Harsh	Myeeah Scott	2009	9:17.55
9. Kathy Klump	Megan McAuley	Jenny Harsh	Jenna Heaton	2010	9:17.89
10. Mandy McCumber	Michelle Bosse	Angie Kist	Sarah Albert	2001	9:19.97

4x1500m RELAY • NOT AN NCAA EVENT					
1. Madison Dunlap	Grace O'Donnell	Vanessa Robinson	Meg Westerheide	2017	19:12.58
2. Vanessa Robinson	Hannah Christ	Sammy Hentz	Tes Corea	2016	19:16.04
3. Erin Kennedy	Grace O'Donnell	Hannah Christ	Alexis Anton	2015	20:12.75

DISTANCE MEDLEY RELAY • NOT AN NCAA EVENT					
1. Alexis Anton	Deanna Gesicki	Sammy Hentz	Meg Westerheide	2016	11:53.49
2. Sam Mikula	Kylie Cutlip	Sammy Hentz	Hannah Markel	2019	11:54.47
3. Svetlana Toulissova	Mary Danner	Michelle Bosse	Angie Kist	1999	11:59.12
4. Anika Lackey	K.T. Weisgerber	Carrie Nelson	Maribeth DiSalvo	1998	12:00.03
5. Meg Westerheide	Grace Winkowski	Alexis Anton	Madison Dunlap	2018	12:11.23
6. P.J. Ball	Anika Lackey	Tina Caldwell	Meg Jahnes	1997	12:50.84
7. Kara Waltz	Brenda Morano	Kelly Fahey	Heidi Guehl	1996	12:55.62

FRESHMAN RECORDS • WOMEN			
100m DASH			
1. Caisja Chandler	2019		11.30
100m HURDLES			
1. Je'Rica Sanders	2013		13.79
200m DASH			
1. Caisja Chandler	2019		22.97
400m DASH			
1. Tiona Lattimore	2017		54.08
400m HURDLES			
1. Javette Lee	2013		1:01.93
800m RUN			
1. Kathy Klump	2009		2:09.94
1,500m RUN			
1. Angie Kist	1999		4:35.18
3,000m RUN			
1. Maddie Walker	2020	i	9:53.31
3,000m STEEPCHASE			
1. Vanessa Robinson	2016		11:07.05
5,000m RUN			
1. Lilian Jelimo	2008		16:55.46
10,000m RUN			
1. Lilian Jelimo	2008		35:22.35
LONG JUMP			
1. Ashley Wilhelm	'03	6.03m	19-09.50
TRIPLE JUMP			
1. Irati Mitxelena	'17	i 12.88m	42-03.25
HIGH JUMP			
1. Renee Hein	'04	1.78m	5-10.00
Erika Hurd	'13	1.78m	5-10.00
Loretta Blaut	'15	1.78m	5-10.00
POLE VAULT			
1. Sarah Rasnick	'11	4.05m	13-03.50
SHOT PUT			
1. Malin Smith	'19	15.95m	i 52-04.00
DISCUS			
1. Mary Bridges	'11	48.86m	160-04
HAMMER			
1. Frida Akerstrom	'11	52.94m	173-08
JAVELIN			
1. Emelie Larsson	'12	50.59m	166-00
HEPTATHLON			
1. Ashley Wilhelm	2003		5,004 pts

i - indicates mark attained in comparable indoor event

*The 2020 outdoor track & field season was cancelled because of the COVID-19 global pandemic

FRESHMAN RECORDS • MEN

100m DASH				
1. Quincy Mitchell	2019			10.39
110m HURDLES				
1. David Payne	2002			13.92
200m DASH				
1. Chris Borzor	2019			20.57
400m DASH				
1. Jim Schnur	1974		h	46.49
400m HURDLES				
1. David Payne	2002			52.13
800m RUN				
1. Michael Rutherford	2009			1:50.34
1,500m RUN				
1. Jeff Johnson	1981			3:51.34
3,000m STEEPLECHASE				
1. Dave Stanton	1974		h	9:07.74
5,000m RUN				
1. Eric Finan	2009			14:19.12
10,000m RUN				
1. Solomon Kessio	2007			31:26.75
LONG JUMP				
1. Al Lanier	'70	7.72m		25-04.00
TRIPLE JUMP				
1. Al Lanier	'70	15.30m		50-02.50
HIGH JUMP				
1. Rodney Johnson	'82	2.13m		7-00.00
Chris Kratsas	'90	2.13m		7-00.00
POLE VAULT				
1. Adrian Valles	'15	5.65m		18-06.50
SHOT PUT				
1. Steve Kahle	'03	16.87m		55-04.25
DISCUS				
1. Sam Meece	'18	51.74m		169-09
HAMMER				
1. Sam Meece	'18	55.48m		182-00
JAVELIN				
1. Brian Zimmerman	'08	62.18m		204-00
DECATHLON				
1. Jim Schnur	1974			6,860 pts

i - indicates mark attained in comparable indoor event

* The 2020 outdoor track & field season was cancelled because of the COVID-19 global pandemic

4x100m RELAY

1. Justin Conway	Cedric Powell	Bob Kandell	John Bowie	2006	40.08
2. Dayo Igeleke	Cedric Powell	Bob Kandell	John Bowie	2007	40.15
3. Justin Conway	Cedric Powell	Bob Kandell	John Bowie	2006	40.16
4. Josh Gerstner	Mike Childs	Branden Beason	Garry Cutright	2000	40.35
5. Kenny Wade	Muhammad Saafir	Bob Kandell	David Payne	2003	40.46
6. Kenny Wade	Muhammad Saafir	Bob Kandell	David Payne	2003	40.49
7. Justin Conway	Cedric Powell	Bob Kandell	John Bowie	2006	40.57
8. David Payne	Muhammad Saafir	Jerod Batt	Kenny Wade	2004	40.60
9. Justin Conway	Cedric Powell	Bob Kandell	John Bowie	2006	40.62
10. David Payne	Muhammad Saafir	Jerod Batt	Kenny Wade	2004	40.64

4x400m RELAY

1. Halen Witcher	Jimmy Brooks	Nathan Smith	Nathan Alexander	2016	3:08.13
2. Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	2010	3:08.68
3. Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	2010	3:09.60
4. Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	2010	3:09.77
5. Byron Hill	Lewis Johnson	Rodney Johnson	Robert Pittman	1985	3:09.93
6. Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	2010	3:10.00
7. Antione Drakeford	Jerod Batt	Bob Kandell	Lonnie Irving	2006	3:10.15
8. Joe Colon	Bryan Reed	Quentin Respress	Alonzo Hatchette	1990	3:10.75
9. David Payne	Bob Kandell	Lonnie Irving	Jerod Batt	2004	3:10.84
10. Lonnie Irving	Chris Wineberg	Bob Kandell	Kenny Wade	2004	3:11.05

4x200m RELAY • NOT AN NCAA EVENT

1. Justin Conway	Muhammad Saafir	Jerod Batt	Kenny Wade	2004	1:25.06
2. Clarence Hartman	Muhammad Saafir	Branden Beason	Garry Cutright	2002	1:25.21
3. Jerod Batt	Kenny Wade	Bob Kandell	Muhammad Saafir	2003	1:25.22
4. Clarence Hartman	Jerod Batt	Bob Kandell	Muhammad Saafir	2004	1:25.22
5. Kenny Wade	Bob Kandell	Jerod Batt	Muhammad Saafir	2003	1:25.65
6. Clarence Hartman	Brandon Hon	Bransen Beason	Muhammad Saafir	2002	1:25.87
7. Jimmy Brooks	Halen Witcher	Mykel Chambers	Nathan Alexander	2017	1:26.14
8. Clarence Hartman	Muhammad Saafir	Branden Beason	Garry Cutright	2002	1:26.21
9. Nate Dean	Ed Brown	Wayne Mason	Steve Davis	1977	y 1:26.26
10. Jason Unger	Jon Toney	Mike Childs	Antwaion Robinson	1998	1:26.39

SPRINT MEDLEY RELAY • NOT AN NCAA EVENT

1. Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	1987	3:16.44
2. Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	1987	3:19.36
3. Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	1987	3:20.76
4. Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	1987	3:21.02
5. Darryl Swann	Rodney Johnson	Lewis Johnson	Doug Wiesman	1985	3:21.40
6. Darryl Swann	Jamie Trimble	Roger Elliott	Mike Borellis	1988	3:23.06
7. Bryan Reed	Jim McCorkle	Roger Elliott	Alonzo Hatchette	1989	3:23.07
8. Dave Mayher	Tom Duffy	Jack Yablonsky	Ron Stapleton	1972	hy 3:23.34
9. John Wagner	John Davis	Chuck Roberts	Jim Calloway	1969	hy 3:23.54
10. Darryl Swann	Rodney Johnson	Lewis Johnson	Doug Wiesman	1985	h 3:23.84

4x800m RELAY • NOT AN NCAA EVENT

1. Dan Mock	Dave Udovic	Chuck Roberts	Jim Calloway	1969	hy 7:28.54
2. Kyle Neyer	Ryan Wynn	Tony Williamson	Michael Rutherford	2012	7:30.09
3. Matt Daggy	Jason Riegelsberger	Shane Heikenfeld	Kasey Kist	1999	7:30.65
4. Alex Ramsey	Kyle Neyer	Jon McClelland	Michael Rutherford	2009	7:31.59
5. Matt Daggy	Jason Riegelsberger	Shane Heikenfeld	Kasey Kist	1999	7:32.15
6. Gary Valentine	Tom Thompson	Doug Wiesman	Jeff Johnson	1984	h 7:32.44
7. Adam Berner	Eric Graves	Pat Starkey	Jake Richards	2004	7:33.90
8. Adam Berner	Eric Graves	Pat Starkey	Jake Richards	2004	7:34.02
9. Gary Valentine	Doug Wiesman	Ron McFarland	Jeff Johnson	1983	7:34.75
10. Frank Hux	Jean Ellis	Jim Calloway	Chuck Roberts	1967	hy 7:35.04
Jean Ellis	Byron Byrd	Jim Calloway	Chuck Roberts	1968	hy 7:35.04

4x1500m RELAY • NOT AN NCAA EVENT

1. Seamus Collins	Ian Silver	Dan Huben	Jarrod Hard	2016	16:00.58
Taylor Garvin	Eric Mayhaus	Brad Neumann	Eric Bair	2004	16:00.58
3. Jake Richards	Keegan Rathkamp	Bill Keckeis	Taylor Garvin	2005	16:42.58
4. Eric Bair	Kevin Schwarz	Taylor Garvin	Chris Reis	2003	16:45.24

4xMILE RELAY • NOT AN NCAA EVENT

1. Kasey Kist	Nathan Vega	Chris Camfield	Mike Bruening	1998	17:08.30
2. Eric Bair	Taylor Garvin	Eric Mayhaus	Brad Neumann	2004	17:10.69
3. Bob Waters	Mike Borellis	Dwight Drefs	Brian Hatch	1987	h 17:19.74
4. Dan McCrone	Jim Stanley	Tim Benedict	Ron Stapleton	1973	hy 17:24.04
5. Brian Hatch	Joel Robinson	Tom Thompson	Dwight Drefs	1986	hy 17:24.14

DISTANCE MEDLEY RELAY • NOT AN NCAA EVENT

1. Doug Wiesman	Will Tolliver	Gary Valentine	Jeff Johnson	1984	h 9:44.84
2. Karl Kimbrough	Claude Holland	Mike Murray	Mike Shields	1978	hy 9:46.94
3. Claude Holland	Mike Shield	Keith Holland	Paul Rehfus	1976	hy 9:54.44
4. Kasey Kist	Mike Childs	Matt Daggy	Chris Camfield	1999	9:55.22
5. Claude Holland	Jim Schnur	Paul Rehfus	Mike Shields	1976	hy 9:56.14