## 2014 Rod McCravy Memorial Track and Field Meet January 24<sup>th</sup>, 2014 <u>"Updated Meet Schedule"</u>

# Friday Schedule

Running	<b>Events</b>
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Time	Event	Sections / Advancement
10:00am	Women Pentathlon 60m Hurdles	(4)
10:10am	Men Heptathlon 60m dash	(1)
3:30pm	Men 600 yard run	(2)
3:35pm	Women 600 yard run	(1)
3:40pm	Men 200m dash	(5)
3:50pm	Women 200m dash	(6)
4:05pm	Women Pentathlon 800m run	(1)
7:15pm	Women 5,000m run	(1)
7:35pm	Men 5,000m run	(1)
7:55pm	Women Distance Medley Relay	(1)
8:10pm	Men Distance Medley Relay	(1)

#### **Field Events**

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Time	Event	Sections / Advancement
10:40am	Women Pentathlon High Jump	
10:45am	Men Heptathlon Long Jump	Track Runway
12:15pm	Men Heptathlon Shot Put	·
1:20pm	Women Pentathlon Shot Put	
1:20pm	Men Heptathlon High Jump	
2:35pm	Women Pentathlon Long Jump	Track Runway
3:00pm	Women Weight Throw	(2) - 9 to Final
3:30pm	Women Long Jump	(2) - 9 to Final – Field Runway
5:15pm	Women High Jump	•
5:15pm	Men High Jump	
5:30pm	Men Weight Throw	(2) - 9 to Final
6:00pm	Women Pole Vault	Field Runway
6:00pm	Men Long Jump	(2) - 9 to Final – Field Runway
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## 2014 Rod McCravy Memorial Track and Field Meet January 25<sup>th</sup>, 2014 <u>"Updated Meet Schedule"</u>

#### **Saturday Schedule**

### **Running Events**

Time	Event		Sections / Advancement
10:00am	Men Heptathlon 60m Hurdles		(2)
12:00pm	Women 60m Hurdles	Blue Semi-final	(2) - 8 to Final
12:05pm	Women 60m Hurdles	White Semi-final	(2) - 8 to Final
12:13pm	Men 60m Hurdles	Blue Semi-Final	(2) - 8 to Final
12:18pm	Men 60m Hurdles	White Semi-Final	(2) - 8 to Final
12:25pm	Women 60m	Blue Semi-Final	(3) - 8 to Final
12:32pm	Women 60m	White Semi-Final	(3) - 8 to Final
12:39pm	Men 60m	Blue Semi-Final	(2) - 8 to Final
12:44pm	Men 60m	White Semi-Final	(2) - 8 to Final
12:55pm	Women Mile run		(3)
1:15pm	Men Mile run (Bill Lee Men's Mile)		(2)
1:30pm	Men Heptathlon 1000m		(1)
1:40pm	Women 60m Hurdles	Blue Final	(1)
1:45pm	Women 60m Hurdles	White Final	(1)
1:50pm	Men 60m Hurdles	Blue Final	(1)
1:55pm	Men 60m Hurdles	White Final	(1)
2:00pm	Women 60m	Blue Final	(1)
2:05pm	Women 60m	White Final	(1)
2:10pm	Men 60m	Blue Final	(1)
2:15pm	Men 60m	White Final	(1)
2:20pm	Women 400m dash		(6)
2:35pm	Men 400m dash		(7)
2:55pm	Women 800m run		(4)
3:10pm	Men 800m run		(4)
3:25pm	Women 3,000m run		(2)
3:50pm	Men 3,000m run		(2)
4:15pm	Women 1,600m Relay		(4)
4:35pm	Men 1,600m Relay		(3)

#### Field Events

Time	Event	Sections / Advancement
10:45am	Men Heptathlon Pole Vault	Track Runway
12:00pm	Women Shot Put	(2) - 9 to Final
12:00pm	Women Triple Jump	(2) - 9 to Final – Field Runway
1:00pm	Men Pole Vault	Field Runway
2:00pm	Men Shot Put	(2) - 9 to Final
2:30pm	Men Triple Jump	(2) - 9 to Final – Field Runway