## <u>OUTLOOK</u>

The University of Cincinnati swimming and diving teams will look to build on the achievements of last year while aspiring to greater BIG EAST heights this season. Cincinnati's main objective this season will be trying to develop the depth on each team, in order to compete with the leaders in the conference on a year in year out basis. The Bearcats are mentored by long-time head coach Monty Hopkins. Hopkins, a former Bearcats swimmer, is attempting to rebuild UC into the perennial power that it once was under his guidance. Aiding him are diving coach Paul Glassman and former Cincinnati swimmers Jaimi Armstrong and Michael Hewitt.

One of the keys to the season Coach Hopkins believes is staying healthy.

"We've had more swimmers sick or injured than we ever have before, we're trying to compete with people that are ahead of us and when you're trying to do things right, the worst thing that can happen is someone getting hurt because of swimming."

Hopkins feels developing a cohesive team can have long term benefits.

"Something that has always ear-marked our team is that there is a closeness, a lot of team spirit and people willing to do a little extra to make the team better. We have to develop that, we don't have any seniors, we've got a lot of new faces, 22 new people on the team."

#### Men's Outlook

Despite not having any seniors on this year's team, Hopkins believes this team has the talent and work ethic to compete with teams that may have more experience than the Bearcats. Leading the way for UC will be Sophomores Josh Schneider and Jeremy Peter.

Schneider, finished second at the 2007 BIG EAST Championships in the 50 meter freestyle, along with two strong performances in the 100 meter freestyle and 100 meter butterfly. His efforts will be key in scoring and setting the table for other Bearcat swimmers.

Peter placed fourth in the 200 IM as well as making the finals of the 400 meter IM and 200 meter breaststroke at the BIG EAST meet. His BIG EAST mark of 1:49.90 in the 200 IM was just three seconds off of the school record held by Honza Vitazka.





Junior Jakub "Kuba" Carda will be looked to not only offer leadership in and out of the pool, but his versatility makes him one of the Bearcats to watch out for in the freestyle, breaststroke and IM.

Local products Nathan Williams (Elder H.S) and Nate Kramer (New Richmond H.S) join the team this year. Hopkins believes each has the potential to score for the Bearcats during the season and possibly more down the line. Along with those two, International swimmers Patryk Wakula (Germany) and Stephen Cunningham (Ireland) should also be factors for Cincinnati this year.

#### Women's Outlook

The women's team was hit hard by graduation this year losing seven seniors. Among the losses were standouts Gerdien de Jong, Emily Jonsson and Randi Vogel. Hopkins looks for Sophomore Elinore de Jong to lead the Bearcats in the pool. De Jong made the finals in two relay events in the conference meet. Elinore is the youngest of the three de Jong sisters to swim for UC and may have the talent to upstage some of her sister's past accomplishments.

Senior Shannon McCarthy is one of only two seniors on this year's team, and should make an impact on the team. McCarthy was a BIG EAST qualifier last year, and looks to improve upon that experience.

Sophomores Sarah Krone and Lange Gilby should see a tremendous improvement from their freshmen to sophomore years. Coach Hopkins believes that Gilby has shown the most progress from year one to two. This team has a lot of talent and is only going to get better with experience.

Newcomers Bree Rossi and ever-improving Melody Smith are expected to contribute right away, along with local divers Kirtley Krombholz (Indian Hill H.S.), Maggie Eubanks (Notre Dame Academy) and Lindsay Bakan (Alter H.S.). All should be scorers for UC this year.

Hopkins believes that the tide is changing for the swimming and diving programs this year, it is just a matter of continuing to get better each and every day and not allowing excuses to get in the way.



# 2007-08 UNIVERSITY OF CINCINNATI SWIMMING AND DIVING COACHING STAFF



## Monty **HOPKINS**

**Head Coach** 20th Season Cincinnati '78

he University of Cincinnati swimming and diving program has reached national prominence under the tutelage of former Bearcats standout Monty Hopkins.

The 2006-07 Bearcats finished fifth (men) and eighth (women) in the BIG EAST and a pair of UC records fell. Following the season, as is usually the case with a Hopkins-coached team, the Bearcats garnered several academic awards. Gerdien de Jong and Marcel Kleiner earned the BIG EAST/ Aeropostale Scholar Athlete Award. Kleiner was also named to the CoSIDA Academic All-District First Team.

In his 20th year as head coach of the men's and women's teams, Hopkins has used his wealth of competitive and coaching experience to annually produce conference champions and NCAA qualifiers.

Owning a 210-201-1 dual meet record as the Bearcats' mentor, Hopkins has established himself

as one of UC's most successful swim coaches.

Hopkins has coached two NCAA Champions, 16 All-Americans, 15 Academic All-Americans, and five Olympians during his tenure at UC.

Hopkins' 2006-07 team once again excelled in the classroom as each team was ranked nationally by the College Swimming Coaches of America (CSCAA). The men were tabbed as one of 63 teams in the country to earn All-Academic honors, and also boosted the ninth best GPA in the nation. The women were also diligent in the classroom, having the 49th-best GPA nationally and were recognized as an All-American team.

His 2004-05 teams had one NCAA qualifier, Ann Degenstein, who earned all-America honors after finishing 11th and 14th, respectively,

and 200 butterfly. Four Bearcats earned Academic All-America honors in that season, and the men's and women's programs each finished 10th nationally in combined grade point average.

Hopkins directed the 2003-04 men's and women's teams to fourthplace finishes at the Conference USA Championships. Louise Gowens finished 32nd

in the 200 butterfly at the NCAA Championships. UC's women's team was named a 2004 Academic All-American Team by the CSCAA.

UC, under Hopkins, claimed two Conference USA Swimmer of the Year awards in 2002-03. Scott Davison qualified for his third consecutive NCAA

Championship and was named C-USA Men's Swimmer of the Year after setting a school record in the 500 freestyle with a time of 4:24.82,

second faster than the old mark. Ann Degenstein was named C-USA Freshman Swimmer of the Year after winning the 200 butterfly, setting a new C-USA record of 2:01.50.

The 2001-02 women's team captured the first-ever C-USA Championship. For his efforts, Hopkins was named C-USA Coach of the Year. Four swimmers qualified for the NCAA Championships, with Ryan McNally and Maria Oberg each earning all-America honors.

In 2000-01, Hopkins directed the women's team to its fifth-straight National Independent Conference (NIC) title and the men to a second-place finish. The teams combined to take home nine individual conference titles, and three Bearcats participated in the NCAA Championships.

The 1997-98 campaign proved to be one of the most distinguished in the school's history. The men's and women's teams both claimed conference titles, with the men finishing 23rd at the NCAA Championship and the women 25th.

Hopkins' 1995-96 women's team left its mark when the Bearcats placed 16th at the NCAA Championships. Becky Ruehl became UC's first female national champion in any sport when she captured the 10meter platform diving competition. She was named NCAA Diver of the Year for her efforts.

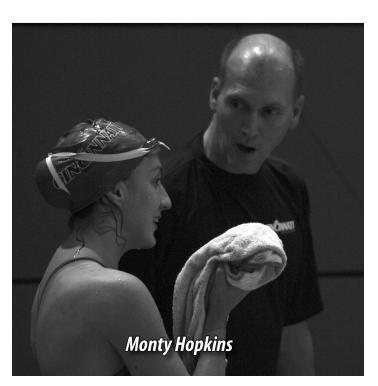
Hopkins became head coach at Cincinnati in 1989 after an 11-year club head coaching career, with stints as an assistant coach at Ohio State from 1981-83, Mission Viejo in 1985 and Louisiana State in 1988. He coached several world-class swimmers and national qualifiers, as well as over 40

junior national qualifiers in nine years as a USS head coach at Westerville Aquatic Club (Columbus, Ohio), Texas Aquatics (Ft. Worth, Texas) and perennial national power Lakeside Swim Team (Louisville, Ky.).

During his tenure at Lakeside, Hopkins coached a Pan-Am gold medalist and developed a 1988 Olympian. While at the Westerville Aguatic Club, he also coached the Westerville North High boys' team for two seasons and the girls' team for one year.

Hopkins, 51, was a four-year letterman and an NCAA qualifier for UC, serving as co-captain his senior season. A 1978 graduate of Cincinnati, Hopkins was a recipient of the Jimmy Nippert Award as the top UC male senior athlete. He earned all-state honors at Mariemont High School and was an AAU nationals and Olympic Trials qualifier with the Cincinnati Marlins before coming to UC.

Hopkins and his wife, Celeste, have a son, Daniel, and a daughter, Sarah.



#### **HOPKINS AT A GLANCE**

College: Cincinnati (BS 1978) **Year at Cincinnati: Coaching Experience:** 19 years 203-184-1 **Dual Meet Record:** Men's Conference Championships: Five NIC (1992, 93, 98, 99, 2000) Women's Conference Championships: Seven NIC (1992, 97, 98, 99, 2000, 01); C-USA (2002) NCAA Champions: **Becky Ruehl** 10-meter dive 1996 Pat Evans 3-meter dive 1989 Men's All-America Awards: 13 Ryan McNally Fly 2002 1999 **Kevin Dupuis Breast** Honza Vitazka IM 1999 Honza Vitazka Fly 1999 Steven McLeod Distance 1998 Honza Vitazka IM 1998 Honza Vitazka Fly 1998 Andy Kendrick 1994 Diving **Brent Ellery** IM 1992 Andy Kendrick 1992 Diving Steve Bell Diving 1990 Dean Panaro Diving 1990 Steve Bell 1989 Diving Women's All-America Awards: 12 Ann Degenstein 2005 Maria Oberg Free 2002 Maria Oberg 2001 Free **Nelly Jorgensen** Free 2000 **Becky Ruehl** Diving 2000 **Angie Trostel** 1999 Diving **Becky Ruehl** Diving 1998 **Angie Trostel** Diving 1998 **Becky Ruehl** 1997 Diving **Angie Trostel** Diving 1997 Becky Ruehl 1996 Diving **Angie Trostel** 1996 Diving Lori Rizzuto 1992 Diving Diane Kelly Diving 1990 Michelle MacPherson Free Relay 1989 Michelle MacPherson 1989 Michelle MacPherson Medley Relay 1989 1989 Lauren Hart Fly **Academic All-Americans:** 6 IM/Fly Henrik Cleverdal 1997 Ann Degenstein 2005 Fly Ann Degenstein 2006 Fly **Brent Ponce** 1992 Fly/Free **Becky Ruehl** Diving 1997 Becky Ruehl Diving 2000



#### Jaimi **ARMSTRONG**

Assistant Coach Fifth Season Cincinnati '02

ormer Bearcats swimmer Jaimi Armstrong enters her fifth year as a member of the Cincinnati coaching staff. She assists head coach Monty Hopkins in every facet of the swimming program, including recruiting and travel arrangements.

As a former UC swimmer, Armstrong knows the program and Hopkins well. She competed primarily in the 200 butterfly from 1998-02 for the Bearcats, and was well respected as a team leader, winning the leadership award her senior season. Armstrong placed in the Conference USA Top-10 in the 200 butterfly in 2002 in a time of 2:11.91. She was a member of the Committee to Promote Athlete Welfare and Success (C-PAWS).

After graduating from UC in 2002 with a BA in Personal and Industrial Relations, Armstrong became head coach of the Sycamore Flying Fish. Armstrong has 12 years of competitive swimming experience. She was a four-year letterwinner at Notre Dame Academy. She was a member of two All-American relay squads, while in high school, was a four-year district qualifier and was named team captain as a senior. She was born August 31, 1980.



#### Michael **HEWITT**

Assistant Coach Fifth Season Cincinnati '03

Former UC swimmer Michael Hewitt enters his fifth year as a full time assistant coach after spending 2002-03 as a volunteer undergraduate assistant for the Bearcats. Hewitt assists head coach Monty Hopkins in every facet of the swimming program.

Hewitt competed in varying distances in the individual medley, breaststroke, freestyle and backstrokes as a Bearcats swimmer from 1998-2002. Hewitt's times were consistently among the top five on the team all four years. He posted the top time on the team as a senior finishing the 200 IM in 1:53.42, good for a top-five finish in the Conference USA Invitational. He was second on the team in the 200 breaststroke (2:06.82), placing fifth in the C-USA, and finished fourth in the 400 IM in a time of 4:02.59. He was also the president of C-PAWS his senior year.

Originally from the Cincinnati area, Hewitt was a four-year letter winner at Lakota West High School in West Chester, Ohio. He set five school records while in high school, including individual records in the 100 breast and 200 IM and was a member of the recording holding 400 free, 200 free and 200 medley relay teams.

Hewitt is the oldest of three children. Younger sister, Louise, was a four-year letter winner at UC from 2000-2004, while younger brother, Alex, is a junior on the 2007-08 squad.

Born June 1, 1980, Hewitt graduated from UC in 2003 with a BS in Biology.



## 2007-08 UNIVERSITY OF CINCINNATI SWIMMING AND DIVING BEARCAT BIOGRAPHIES



**Jakub CARDA** 6-1 • Junior IM Brno, Czech Republic Sportovni Gynasium

2006-07: Qualified for three events at the BIG EAST Championships, finishing 10th in the 400m IM and 15th in the 200m IM ... won four events on the year, two against Oakland ... held the fastest time of the season in the 200m fly. 2005-06: Qualified for four events at the BIG EAST Championships, finishing 15th in the 400m IM ... versatile swimmer, competed in 10 different events...won a pair of 400 IM titles ... just over a second off of the NCAA 'B' cut in the 400 IM. Prior to UC: Czech junior champion each year between 1999-2003 ... took part in European Junior Championships in 2002 and 2003... placed seventh in the World Cup in 2005... Czech national champion in 2005. **Personal:** Born Aug. 27, 1985 ... son of Miroslav Carda and Libuse Cardova. Academic Major: International business and information systems.



Stephen CUNNINGHAM

6-2 • Freshman Freestyle Dublin, Ireland Terenure College

High School: Won multiple Irish Junior (U18) Championships while attending Terenure College in Dublin, Ireland ... received "Outstanding Athlete Award" as the top athlete in Terenure College. Personal: Born September 14, 1987 ... son of Dominic and Maureen Cunningham. Academic Major: Chemistry.



Dustin **FALLER** 

5-9 • Freshman Freestyle Reynoldsburg, Ohio Reynoldsburg

High School: Holds school records in nine events at Reynoldsburg High School...district finalist senior year in 200 IM, 100 Free ... eight-time Ohio Capital Conference champion. Personal: Born September 23, 1988... son of Dana and Rhonda Faller. Academic Major: Psychology.





Max GEIGER

6-1 • Sophomore Freestyle Lakewood, Ohio St. Edward

2006-07: Did not compete. High School: Was All-Ohio in swimming three years at St. Edward High School ... National Merit Scholar ... swam for Lake Erie Silver Dolphins club team. Personal: Born ... son of . Academic Major: Chemical Engineering.



Bill **GRIFFIN** 

5-9 • Sophomore Butterfly/Backstroke Bristol, Ind. Northridge

**2006-07:** Oualified for three BIG EAST events in the 100m back. 200m back and 100m fly ... set three season bests at the Indiana Invite ... specializes in freestyle and IM races. High School: Won four sectional team titles at Northridge High School ... two-year team captain who helped team to a four-year record of 37-5 ... NISCA All-American three times ... all-state first team as a junior and second team as a senior ... all-conference honoree four times ... part of sectional, conference and schoolrecord holding 200m medley relay team ... qualified for state meet four times, winning the 200 medley relay as a junior ... member of National Honor Society ... academic all-state and all-American. Personal: Born April 2, 1988 ... son of Mark and Bridget Griffin. Academic Major: Industrial design.





**Kevin HABEL**6-5 • Freshman
Freestyle
Cincinnati, Ohio
Purcell Marian

**High School:** Named GCL North Swimmer of the Year as a senior at Purcell Marian High School ... earned 10 varsity letters in three sports (4-swimming, 3-Volleyball, 3-Football) during his high school career. **Personal:** Born November 3, 1988... son of Patrick and Janice Habel. **Academic Major:** Athletic Training.



James HERRMANN

6-1 • Sophomore Freestyle Waterville, Ohio Anthony Wayne

**2006-07:** Competed in all five freestyle competitions ... set two season-best times at Miami Invitational ... narrowly missed qualifying for the BIG EAST Championships in the 50m free by over a second. **High School:** Earned 13 letters while attending Anthony Wayne High School ... valedictorian of graduating class ... OHSSCA Academic All-Ohio as a junior and senior ... NISCA Academic All-American, senior year. **Personal:** Born June 16, 1987... son of Lawrence and Linda Herrmann. **Academic Major:** Architecture.



Alex HEWITT

5-11 • Junior Butterfly/Freestyle West Chester, Ohio Lakota West

**2006-07:** Set top times in 100m free (52.25), 200m free (1:52.78) and 500m free (4:52.30) at Miami Invitational ... finished season-best sixth in 200m fly against Wright State. **2005-06:** Placed a season-best third in the 500m freestyle against Ohio State (5:12.60) ... competed in the distance freestyles and both butterfly events ... posted top times in 1650m free (17:00.87) and 500 free (4:58.09) at Miami Invitational. **High School:** Four-year letterwinner at Lakota

West High School ... qualified for districts all four years ... a state qualifier as a sophomore ... second team all-conference selection in the 200m medley relay as a junior and senior ... earned all-conference accolades in 100m fly as a junior.

Personal: Born April 27, 1987 ... son of Heather Hewitt ... older siblings, Louise and Michael, both competed at UC ... Michael is currently an assistant coach for the Bearcats. Academic Major: Architectural engineering technology.



Tim KASBERG

6-0 • Sophomore Freestyle Canal Winchester, Ohio Pickerington Central

**2006-07:** Qualified for three BIG EAST events in the 50m,100m, and 200m free ... posted top times in 50m free (22.11), 200m free(1:46.84), 100m fly(55.84), and 200m IM (2:03.48) at Miami Invite ... finished season-best fourth in 500m free against Kentucky. **High School:** Lettered three years at Pickerington Central High School ... owns school records in the 100m and 200m free ... earned all-state in 100 free as a junior. **Personal:** Born May 5, 1988 ... son of Joe and Kay Kasberg. **Academic Major:** Mechanical engineering.



Nate KRAMER

6-0 • Freshman Freestyle Cincinnati, Ohio New Richmond

**High School:** Made trips to the state swimming meet as a junior and senior at New Richmond High School ... named team MVP each of his four years. **Personal:** Born November 24, 1988 ... son of Vince and De Ann Kramer. **Academic Major:** Business.





Rob LANGFORD

6-3 • Junior Butterfly Mason, Ohio St. Xavier

2006-07: Qualified for three BIG EAST events... held second fastest time on the team in 100m breast ... versatile swimmer competed in a team-high ten events over course of the season.

2005-06 (Fordham): Owned team-best time in the 1000m free (10:07.16) and was second in the 500m free ... top five performer in 100m and 200m breast and 400m IM. High

School: Lettered four years at St. Xavier High School, winning state title each year ... league champion in the 100m fly as a junior, earning first team all-conference honors ... second team all-conference as a sophomore ... honorable mention all-city as a senior. Personal: Born April 24, 1986 ... son of Steve and Julie Lehr ... mother swam for Bowling Green. Academic Major: Accounting.



Louis
MILLER
6-0 • Freshman

Freestyle Wyoming, Ohio Wyoming

**High School:** Two-time state qualifier in the 100 breaststroke and 200 freestyle relay ... MVP of Wyoming High School swim team three years in a row ... qualified for the Winter YMCA Nationals his sophomore through senior years. **Personal:** Born June 21, 1988 ... son of Michael Ray and Mary Ann Miller. **Academic Major:** Civil Engineering.



Alex OLLILA

5-10 • Sophomore Freestyle Maineville, Ohio Kings

**2006-07:** Narrowly missed qualifying for BIG EAST in 200m free and 1650m free by under two seconds ... set two season best times in the 200m free and 1650m free against Kentucky ...

skilled at any freestyle distance ... finished a season-best fifth in the 1000m free against Miami. **High School:** Lettered four times and won three conference titles at Kings High School ... league champion in the 200m freestyle as a junior and senior ... school record holder in 200m, 500m and 1650m free ... qualified four times for YMCA National Meet. **Personal:** Born March 16, 1988 ... son of Roger and Kellie Ollila. **Academic Major:** Marketing.



Jeremy PETER

5-11 • Sophomore Backstroke/Breaststroke/IM Obernai, France Lycee Freppel

2006-07: Qualified for three BIG EAST events ... finished fourth in the 200m IM, third in the 400m and 11th in the 200m breast ... won six events on the year, including two each in duals against Kentucky and Wright State ... held the top time for the team in the 200m and 400m IM. Prior to UC: Qualified for the European Junior Championships in the 200 IM and 100 back ... ranked in the top six in France in the 200 IM ... in 2005 was the national champion in his age group in the 200 IM and 200 breast. Personal: Born November 11, 1988 ... son of Tristan Peter and Isabelle Hechner. Academic Major: Mechanical engineering.



Robbie QUIGLEY

5-10 • Freshman Backstroke Canton, Mass. Xavieron Brothers

**High School:** Letter winner all four years in swimming at Xaverian Brothers High School. **Personal:** Born January 20, 1989... son of Bob and Donna Quigley. **Academic Major:** Biology/Pre-Med.

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Nick
SAUL
6-2 · Sophomore
Freestyle
Napoleon, Ohio
Napoleon

**2006-07:** Qualified for three BIG EAST events in 200m and 500m free, along with 100m back ... captured his only lone win in the 500m free against Oakland. **High School:** Earned four letters in swimming and track and three in water polo at Napoleon High School ... won three team conference titles in swimming ... All-American and first team All-Ohio twice in the 200m and 500m freestyle ... 12-time first team all-conference honoree ... team MVP all four years ... conference MVP twice ... owns school records in 200 and 500 free and 100m backstroke. **Personal:** Born Jan. 18, 1988 ... son of Mark and Beth Saul ... older brother Jake swims at Baldwin-Wallace ... cousin Elliot Vocke is a member of UC track team. **Academic Major:** Communications.



**TALMA**6-0 • Junior
Freestyle
Port of Spain, Trinidad
Fatima College

Mark

2006-07: Qualified for three BIG EAST events in the 50m and 100m free, 100m breast ... set two season best times in the 100m breast and 200m IM against Kentucky ... missed qualifying for the conference championships in 200m breast by a second. 2005-06: Competed in eight meets, swimming in eight different events ... posted season-best 1:02.85 in 100m breast to finish sixth against Kentucky ... finished season-best fifth in 100m back (57.05) against West Virginia. High School: Captain of swim team as a senior at Fatima College ... vice captain as a junior. Prior to UC: Captained Trinidad and Tobago national team at Goodwill Games in 2004 and 2005. Personal: Born Jan. 13, 1987 ... son of Mark and Yvette Talma. Academic Major: Architecture.



Josh
SCHNIEDER
6-4 · Sophomore
Freestyle
Cincinnati, Ohio
Taylor

2006-07: Qualified for three BIG EAST events ... finished ninth in the 100m free, seventh in the 100m fly and second in the 50m free, narrowly falling by .03 of a second at the BIG EAST Championships ... won three events on the year, two against Miami ... swam the third leg of the 200m free relay team that finished third in BIG EAST ... held fastest-time on team in 100m fly and second fastest times on the team in the 50m and 100m free. High School: Earned 11 letters at Taylor High School as a member of swim, football, golf and track teams ... won a state title in the 50m free and placed seventh in the 100m free ... owns school track records for 110m hurdles and 300m dash ... school-record holder for pass receptions in a season with 46. Personal: Born on Jan. 11, 1988 ... son of Greg and Sue Schneider. Acadmic Major: Business.



**VAN DISSEL** 6-0 • Freshman

Breaststroke/Freestyle
Wilmore, Ky.
Sayre School

**High School:** Placed 17th at Kentucky State Championships in 100 Breast as a senior at Sayre High School ... earned four varsity letters in swimming ... three-time all-Bluegrass Conference selection. **Personal:** Born June 11, 1989 ... son of Bart van Dissel and Holly Wiedemarn. **Academic Major:** Mechanical Engineering.









Patryk
WAKULA
5-8 • Freshman
Butterfly/Backstroke
Zabre, Poland

Somsit

**Prior to UC:** Qualified for the European Junior Swimming Championships in 2005 ... member of the Polish National team. **Personal:** Born January 1, 1987 ... son of Mariusz and Jolawta Wakula. **Academic Major:** Business.



Ryan
WEITZEL
6-0 · Sophomore
Butterfly/Freestyle
Stow, Ohio
Stow-Munroe Falls

**2006-07:** Qualified for three BIG EAST events in the 200m fly, 200m and 400m IM ... set three season-best times at the Miami Invitational ... finished a season-best second in the 200m fly against Oakland. **High School:** Lettered four times and won two team league titles at Stow-Munroe Falls High School ... earned first team all-conference honors six times ... set school records in 100m fly, 200m free and 200m IM, and member of record-holding 200m medley, 200m free and 400m free relay teams ... earned National Scholar-Athlete Award as a junior, along with league MVP honors. **Personal:** Born April 12, 1988 ... son of Clayton and Carol Weitzel. **Academic Major:** Biomedical engineering.



WHITE
5-11 · Junior
Breaststroke/IM
Stow, Ohio
Stow-Munroe Falls

2006-07: Qualified for two BIG EAST events in the 100m and 200m breast ... set three of his fastest marks of the season in the Miami Invite ... finished a season-best seventh in the 200m IM against Kentucky ... narrowly missed qualifying for the 50m free. **2005-06:** Qualified for the BIG EAST Championships in both 100m and 200m breaststroke events ... swam

personal-best in the 100 breast (1:00.59) in BIG EAST prelims and 200 breast (2:15.40) in dual meet against Kentucky ... also competed in individual medley events. **High School:** First team all-conference choice as a senior at Stow-Munroe Falls High School ... holds the school's 100 breaststroke record ... four-year letterwinner in swimming and two-year letterwinner in track and field ... member of National Honor Society. **Personal:** Born Sept. 3, 1987...son of Tim and Mary White.

Academic Major: Biomedical engineering.





Nathan WILLIAMS

6-0 • Freshman Freestyle Cincinnati, Ohio Elder

**High School:** Lettered four years in swimming for Elder HS ... named a GCL All-Star all four years ... two-time state qualifier ... finished third in the 500m free at state his junior year ... placed fifth in the 200m free his senior year. **Personal:** Born June 2, 1989 ... son of Roger and Barb Williams. **Academic Major:** Engineering.





**Lindsey BAKAN**5-9 • Freshman
Diving
Miamisburg, Ohio
Alter

**High School:** Placed eight at Ohio State Championships as a senior at Miamisburg High School ... two-time Girls Greater Catholic League Diver of the Year ... holds the school record in diving. **Personal:** Born August 6, 1989 ... daughter of Jim and Marlene Bakan. **Academic Major:** Business/Marketing.



Abi
BOWER
5-4 • Senior
Breaststroke
Pickerington, Ohio
Pickerington North

2006-07: Qualified for two BIG EAST events, in the 100m and 200m breast ... set five season-best marks during Miami Invitational ... swam in six different events on the year. High School: Lettered three years, helping Pickerington North High School to a 27-3 record ... owns school records in the 100m breaststroke and butterfly, 50m freestyle and 200m IM ... also a part of the program's 200m medley, 200m free and 400m free relay records ... team captain during her senior year. Personal: Born January 23, 1988 ... daughter of Tim and Dana Bower. Academic Major: Biology.



**Laurie CAUDY**5-6 • Freshman
Butterfly
Miamisburg, Ohio
Miamisburg

**High School:** MVP of Mid Miami League as a sophomore at Miamisburg High School ... Scholastic All-American as a junior ... National Honor Society member. **Personal:** Born October 31, 1989 ... daughter of John and Amy Caudy. **Academic Major:** Interior Design.



**DE JONG**5-11 • Sophomore
Freestyle/Butterfly
Bussum, Netherlands
Goois Lyceum

**Elinore** 

**2006-07:** Swam third leg of 400m free relay which set school record ... qualified for three BIG EAST events ... finished 12th in the 50m free and seventh in the 100m fly at BIG EAST Championships ... set four season-best marks during Miami Invite ... won three events on the season, two coming against Oakland. **High School:** Attended Goois Lyceum for six years. **Personal:** Born April 23, 1989 ... daughter of Reinier and Maria de Jong ... older sister's Gerdien and Marein were four-year letterwinners in swimming at UC. **Academic Major:** Physics.



Cassandra



**DORL**5-8 • Junior
Freestyle
Madeira, Ohio
Cincinnati Hills Christian Academy

**2006-07:** Specializes in short distance free events ... set two season best times against West Virginia ... narrowly missed BIG EAST qualifying for the 50m free. **2005-06:** Competed in eight meets as a freshman ... posted a season-best sixth-place finish in both the 50m free (29.73) and 100m free (1:06.64) against Wright State...also competed in the 100m breast against West Virginia and at the Indiana Invitational. **High School:** Won



Miami Valley Conference championship as senior at Cincinnati Hills Christian Academy ... also lettered in track (four years), cross country (1) and volleyball (1). **Personal:** Born Aug. 27, 1986 1987 ... daughter of Laura and Skip Dorl. **Academic Major:** Electronic media.



Maggie EUBANKS

5-4 • Freshman
Diving
Florence, Ky.
Notre Dame Academy

**High School:** Earned four letters in swimming during her tenure at Notre Dame Academy ... helped lead the Pandas to a first place finish her senior year at regionals. **Personal:** Born September 2, 1989 ... daughter of Barry and Rose Eubanks. **Academic Major:** Nursing.



Lange GILBY

5-8 • Sophomore Freestyle Cleves, Ohio Taylor

**2006-07:** Qualified for the BIG EAST Championships, in the 50m and 100m free, along with the 100m back ... swam in five events on the season ... set all season-best times in Miami Invite. **High School:** Lettered four times in swimming and track at Taylor High School ... owns school records in 50m and 100m free, 100m back and 200m IM ... also a part of 200m free, 400m free and 200m medley school-record relay teams ... named first team all-league in the 50 and 100 free ... holds school track records in 400 meters, 4x200 relay, 4x400 relay and 4x800 relay. **Personal:** Born July 25, 1987 ... daughter of Cindi and Rich Gilby. **Academic Major:** Special education.



Allison GRIFFIN

5-4 • Senior Freestyle Beavercreek, Ohio Carroll

**2006-07:** Competed in both freestyle and backstroke competitions ... set two season-best times in meets against West Virginia and in the Florida Atlantic Quad. **High School:** Won five letters at Carroll High School ... member of two Mid-Miami League conference titles ... swam in the 200 free relay which placed first at league championships as a junior. **Personal:** Born September 23, 1985 ... daughter of Major Francis E. Griffin Jr. and Donna Thieman. **Academic Major:** Spanish.



Kirtley KROMBHOLZ

5-9 • Freshman
Diving
Cincinnati, Ohio
Indian Hill

**High School:** Three-time state qualifier in diving while attending Indian Hill High School ... finished sixth in the state her senior year ... earned 12 varsity letter during her high school tenure. **Personal:** Born October 20, 1988 ... daughter of Lee and Heather Krombholz. **Academic Major:** Health Sciences.



Sarah KRONE

5-9 • Freshman Freestyle/IM Cincinnati, Ohio Ursuline Academy

**Prior to UC:** Transferred from Ohio State... member of 800 free relay team that placed eighth at Big Ten Championships. **High School:** Four year member of Ursuline Academy swim team ... ... named three times to all-city team ... three-time GGCL first team member ... won three state championships. **Personal:** Born March 16, 1988 ... daughter of Robert and Karen Krone. **Academic Major:** Communication Sciences and Disorders.



Shannon McCARTHY

5-11 • Junior Backstroke/IM Valencia, Calif. William S. Hart

2006-07: Qualified for three BIG EAST events ... finished 20th in the 1650m free ... swam in a team-high nine events during the season ... set four season bests during Indiana Invitational. 2005-06: Redshirted after transferring from Missouri. 2004-**05** (Missouri): Posted a best of 59.0 in the 100m back ... also a part of 100m free and 100m medley relay teams. High School: Four-year letterwinner at William S. Hart High School ... holds high school record in the 500m free ... 15-time CIF qualifier (individual) ... CIF division I consolation finalist and consolation champion in the 100 backstroke ... seven-time Foothill League individual champion and record holder in the 200 free ... two-time USA Swimming Academic All-American ... team member of the Conejo Simi Aquatics/Lake Forest Swim Club ... competed in the 2004 Junior Nationals. **Personal:** Born on April 28, 1986 ... daughter of Shawn and Gina McCarthy. Academic Major: Economics.



Emma MISANIK

5-10 • Sophomore Freestyle/Breaststroke North Canton, Ohio Hoover

**2006-07:** Qualified for two BIG EAST events in the 100m and 200m breast...set four season bests at the Miami Invitational... narrowly missed qualifying for the 50m free, missing the mark by less than a second. **High School:** Lettered four years at Hoover High School, helping team to two league titles ... named first team all-league four times and earned all-state and all-county honors all four years ... four-time state qualifier and school record holder in the 100m breast ... won an individual sectional crown in each of her four years. **Personal:** Born May 2, 1988 ... daughter of Beth and Tom Misanik. **Academic Major:** Communications.





Mary Beth MULHERN

5-6 • Sophomore Breaststroke Paradise Valley, Ariz. Xavier Prep

**2006-07:** Swam in three events over course of the year - 50m free, 100m free, and 100m breast ... set two season-best marks against Kentucky ... narrowly missed qualifying for the BIG EAST Championships in the 50m free. **High School:** Earned four letters while attending Xavier College Prep ... member of team that won four straight 5A state championships ... also won national championship in 2004-05. **Personal:** August 5, 1987 ... daughter of Tom Mulhern. **Academic Major:** Interior Design.



Erin MULLINS

5-5 • Freshman Breaststroke/IM Huber Heights, Ohio Chaminade-Julienne

**High School:** Set school records in 100 & 200 breast, 200 & 400 IM, 200 & 500 free and 100 fly at Chaminade-Julienne High School ... placed 13th at Ohio State Championships as a senior ... four-year letter winner in swimming. **Personal:** Born October 5, 1988 ... daughter of Grady and Jacqueline Mullins. **Academic Major:** Organizational Leadership.







**PEREZ**5-4 • Senior
Distance Freestyle
Corpus Christi, Texas
Mary Carroll

2006-07: Qualified for three BIG EAST events ... finished 19th in the 1650m free ... competed in eight different events on the year, tied for second most on team ... swam in free, back and IM events. 2005-06: Qualified for three events at the BIG EAST Championships ... posted season-bests in 400m IM (4:40.04), 500m free (5:07.24), and 1650m free (17:28.33) at BIG EAST meet, placing 15th in 1650 free ... finished second in the 1650 free (17:42.67) and third in the 500 free (5:12.46) against Wright State. 2004-05: Placed seventh in the 1650 freestyle at the Conference USA Championships ... also placed ninth in the 500 freestyle and 11th in the 400 IM ... won six individual championships in dual meets ... swam a personal-best 10:22.09 in winning the 1000 freestyle in dual meet against Western Kentucky. High School: A two-time district and regional champion at Mary Carroll High School...named district and regional female swimmer of the year as a sophomore and junior. Personal: Born July 22, 1986 ... daughter of Daniel and Margaret Perez. Academic Major: Fashion design.



Natalie PLUNKETT

5-4 • Junior Backstroke/Butterfly Cincinnati, Ohio Lakota Fast

**High School:** Four-time letter winner in swimming during her career at Lakota East High School ... set school records in 100 backstroke and 200 Medley Relay ... district qualifier in 100 backstroke four years in a row. **Personal:** Born September 28, 1986 ... Married to Luke Plunkett ... daughter of Jeff and Sharon Grove. **Academic Major:** Secondary Education.



ROSSI
5-9 • Freshman
Freestyle
Carbondale, Ill.

Carterville

**High School:** Sectional qualifier three out of her four years at Carterville High School ... earned four letters in swimming ... named Academic All-American as a senior. **Personal:** Born June 17, 1989 ... daughter of Eric and Nicole Rossi. **Academic Major:** Biology.



SMIT
5-7 • Freshman
Backstroke
Mason, Ohio
Mason

**High School:** First-team all-Fort Ancient Valley Conference three straight years at Mason High School ... state and district qualifier two consecutive years ... member of Comets' team that won FAVC four years in a row. **Personal:** Born February 4, 1989 ... daughter of John and Sherri Smit. **Academic Major:** Business/Marketing.



Melody SMITH

5-6 • Freshman Freestyle/Backstroke Williamsburg, Ohio Milford

**High School:** Named MVP of the swimming team as a junior and senior at Milford High School ... owns school records in the 200 IM and 100 Back ... four-time Greater Miami Conference Academic Award recipient. **Personal:** Born September 11, 1988 ... daughter of Gary and Diane Smith. **Academic Major:** Spanish.





**Tammy SMITH**5-5 • Junior
Freestyle
Akron, Ohio
Firestone

2006-07: Competed in all five freestyle events ... set season bests in 100m and 500m freestyles against Wright State ... finished a season-best sixth in two events against Wright State.

2005-06: Competed in eight different events, including all of the freestyles ... set personal bests in three events at the Miami Invitational (50m, 100m, 500m freestyles) ... posted a season-best sixth-place finish on six occasions. High School: Led Firestone High School to back-to-back fourth-place state finishes during junior and senior seasons ... three-time district qualifier in both the 200m and 500m freestyle ... four-year letterwinner ... team captain as a senior. Personal: Born Feb. 8, 1987 ... daughter of David and Deborah Smith. Academic Major: Fashion design.



Anna STAURSKY 5-9 • Sophomore Butterfly Dublin, Ohio Dublin Jerome

**2006-07:** Competed in seven different events ... swam the 100m and 200m butterflys against West Virginia. **High School:** Earned six varsity letters at Dublin Jerome High School ... also was on rowing team in high school ... participated in 2004 Head of the Charles Regatta. **Personal:** Born April 2, 1988 ... daughter of Geoff and Karen Staursky. **Academic Major:** Communications/Spanish.

