

OLIVER NIKOLOFF, 2015 - FINAL TIME SCHEDULE

UPDATED THURSDAY, MARCH 26

FRIDAY, MARCH 27

Heats/Flights

12:00	HEPTATHLON	(W)	110H-HJ-SP-200	
1:00	HAMMER	(W)	Coy Field	2
3:00	HAMMER	(M)	Coy Field	1
6:00	4 x 1500	(M)		1
6:25	4 x 1500	(W)		1
7:00	10,000 M.	(M)		1
7:45	10,000 M.	(W)		1

SATURDAY, MARCH 28

10:00	HEPTATHLON	(W)	LJ-J-800	
10:00	POLE VAULT	(W)		1
10:00	JAVELIN	(M)	Coy Field	1
11:00	DISCUS	(M)		2
11:00	SHOT PUT	(W)		2
11:00	LONG JUMP	(M)		2
11:00	LONG JUMP	(W)		2
11:30	JAVELIN (HEP)	(W)	Coy Field	1
12:00	HIGH JUMP	(M)		1
1:00	JAVELIN	(W)	Coy Field	2
1:30	DISCUS	(W)		2
1:30	SHOT PUT	(M)		2
2:00	TRIPLE JUMP	(M)		1
2:00	TRIPLE JUMP	(W)		1
2:00	POLE VAULT	(M)		1
2:30	HIGH JUMP	(W)		1

11:15	National Anthem			
11:30	SENIOR AWARDS			
12:00	3,000 M. STEEPLE	(M)		1
12:15	5,000 M.	(W)		1
12:40	800 HEP	(W)		1
12:45	4 x 100	(W)		2
12:50	4 x 100	(M)		1
12:55	1,500 M.	(W)		2
1:15	1,500 M.	(M)		3
1:40	110 M. HURDLES	(M)		2
1:50	100 M. HURDLES	(W)		2
2:00	400 M.	(W)		3
2:10	400 M.	(M)		3
2:20	100 M.	(W)		3
2:30	100 M.	(M)		3
2:40	800 M.	(W)		3
2:55	800 M.	(M)		3
3:10	400 M. HURDLES	(W)		2
3:15	400 M. HURDLES	(M)		2
3:25	200 M.	(W)		4
3:35	200 M.	(M)		5
3:50	3,000 M. STEEPLE	(W)		1
4:05	5,000 M.	(M)		2
4:45	4 x 400	(W)		2
4:55	4 x 400	(M)		2

OLIVER NIKOLOFF INVITATIONAL

March 27-28, 2015

ATHLETE DROP OFF:

On Corry Blvd. in front of the track.

FIRST STOP – SHEAKLEY LAWN for PACKET PICK-UP

First stop for everyone is the tent on Sheakley Lawn.

Pick up your packets & wristbands. No entry into the stadium without wristbands.

Pay your entry fee. Fee based on entries received not on who you travelled.

Wristbands Yellow – athletes

 Red – coaches & trainers

PARKING:

Buses park on Jefferson Ave. facing south. No charge

School vans in the Calhoun Garage (next to the track). No charge.

WARM-UPS:

No one will be allowed to warm up on the infield. General warm-up at Sheakley Lawn.

Field event warm-up at the event site.

The Armory Fieldhouse will be available for warmups.

STADIUM ACCESS:

All people who enter Gettler Stadium will need a wrist band. Athletes will use a yellow wristband, coaches & trainers a red wristband. Spectators will purchase a ticket at the ticket window.

CHECK-IN:

Check in for running events will be at Sheakley Lawn, across Corry Blvd from the track.

Pick up your hip number at the tent.

Field events report to the event site but enter off Corry Blvd through the main gate.

RUNNING EVENT FLOW:

Running event groups will be escorted into Gettler Stadium to the starting line by clerks

Check in (30 min. prior), Final Call (15 min. prior), Escort to starting line (10 min. prior).

Enter through the main gate. Exit up ramp when your event is over.

FIELD EVENT FLOW:

Field events will report to their event area, but will gain access via the main gate on Corry Blvd just like the runners. Check in (60 min. prior).

Pole Vault (90 min. prior). Access will be via wrist band only.

WEIGH IN:

At Gettler stadium storage room, Friday 10am-2:00pm, Saturday 8am-1pm.

Athletes are responsible for bringing their implement to the competition site after it passes inspection.

Failed implements will be impounded and can be picked up after the conclusion of the meet.

RELAYS:

Fill out relay cards. Give to clerk 30 min. prior.

Relay cards will be in team packets.

COY FIELD:

No wrist bands required.
No charter buses or mini buses at Coy Field please. The street is very narrow.
If you do drive, park on Straight St. and not Coy St.
We will provide a shuttle service between Gettler Stadium & Coy Field.

FIELD EVENTS:

Measure one legal attempt. Then you must meet entry standard/minimum measure.

NUMBERS:

Field Events:		No numbers needed
Running Events:	400 & shorter	No numbers needed
Running Events:	800 & longer	3 numbers, both hips & left chest

HOSPITALITY:

Coaches & trainers at the red tent as you enter Gettler Stadium starting at noon.
Red wristbands required.

FOOD:

Food for the teams will be allowed in Gettler Stadium.

Heptathlon estimated start times

Friday		Saturday	
100 HURDLES	12:00	LONG JUMP	10:00
HIGH JUMP	12:45	JAVELIN (COY FIELD)	11:30
SHOT PUT	2:00	800 M.	12:40
200 M.	2:45		