

Indiana Early Bird Friday, December 8, 2023 Final Schedule (Updated 12/6/23)

Track Events

Heat Winners + times of trials advance to finals

5:00 PM W 1000m

5:05 PM M 1000m

5:10 PM W 60m Hurdle Trials

5:20 PM M 60m Hurdle Trials

5:30 PM W 60m Trials

5:40 PM M 60m Trials

5:50 PM W 600m

6:00 PM M 600m

6:10 PM W Mile

6:20 PM M Mile

6:30 PM W 60m Hurdle Finals

6:35 PM M 60m Hurdle Finals

6:40 PM W 60m Finals

6:45 PM M 60m Finals

6:50 PM W 400m

7:05 PM M 400m

7:15 PM W 300m

7:25 PM M 300m

7:35 PM W 800m

7:40 PM M 800m

7:45 PM W 200m

7:55 PM M 200m 8:05 PM W 3000m

8:20 PM M 3000m

8:35 PM W 4 x 400m Relay

8:50 PM M 4 x 400m Relay

Field Events

Implement Weigh-In in Northeast corner 3:00pm - 3:30pm

Throws - All on Outside Ring

Top nine to final round

3:45 PM W 20lb Weight

30 minutes after 20lb final M 35lb Weight

30 minutes after 35lb final W Shot Put

30 minutes after W Shot Put M Shot Put

Horizontal Jumps - Top nine to final round

3:45 PM W Long Jump 3m board

30 minutes after W LJ Final M Long Jump 3m board

30 minutes after M LJ Final W Triple Jump 11m board

30 minutes after W TJ Final M Triple Jump 13m board

Vertical Jumps

5:00 PM	W Pole Vault
7:00 PM	M Pole Vault
7:45 PM	M High Jump
7:45 PM	W High Jump

PENTATHLON	
*Approximate Start	Times
12:00 PM	W Pent 60H
12:05 PM	M Pent 60H
12:45 PM	W Pent HJ
12:45 PM	M Pent LJ
1:45 PM	W Pent SP
1:45 PM	M Pent SP
2:45 PM	W Pent LJ
2:45 PM	M Pent HJ
3:45 PM	W Pent 800m
4:00 PM	M Pent 1000m