

CINCINNATI

2004 OUTDOOR TRACK

WOMEN'S TOP-TWO PERFORMANCES

Event	Name	Date	Time	Metric	Feet	Finish
100 Meter Dash	Ashley Ogletree	4/17/04	0:12.39			13
100 Meter Dash	Jalenna Banks	4/23/04	0:12.99			13
200 Meter Dash	Erin Leeper	4/17/04	0:24.77			10
200 Meter Dash	Monique Brent	4/17/04	0:24.86			12
400 Meter Dash	Monique Brent	4/10/04	0:55.42			1
400 Meter Dash	Jammie Jackson	3/26/04	0:56.79			23
800 Meter Dash	Jocelyn Gibson	4/3/04	2:16.54			2
800 Meter Dash	Ashley Wilhelm	4/17/04	2:30.56			H
1500 Meter Run	Jocelyn Gibson	4/3/04	4:42.58			2
1500 Meter Run	Jennifer Limle	4/23/04	4:43.97			2
3,200 Meter Run	Ruth Limo	4/3/04	11:14.30			5
3,200 Meter Run	Karen Berling	4/3/04	11:24.39			9
5000 Meter Run	Ruth Limo	3/26/04	17:49.57			55
5000 Meter Run	Karen Berling	4/23/04	17:55.31			3
10,000 Meter Run	Karen Berling	4/17/04	37:41.57			3
10,000 Meter Run	Dominique Lopez-Stickney	4/17/04	43:00.40			11
100 Meter Hurdles	Ashley Arnett	4/3/04	0:14.54			3
100 Meter Hurdles	Ashley Wilhelm	4/17/04	0:14.74			H
400 Meter Hurdles	Ashley Arnett	4/10/04	1:04.39			5
400 Meter Hurdles	Danielle Erwin	3/27/04	1:07.53			6
3000 Meter Steeplechase	Cristy Doll	4/17/04	11:47.13			8
Long Jump	Ashley Wilhelm	4/17/04		5.93m	19-05.50	H#
Long Jump	Ashley Arnett	4/3/04		5.56m	18-03.25	2
High Jump	Renee Hein	4/10/04		1.73m	5-08.00	1#
High Jump	Ashley Wilhelm	4/1/04		1.65m	5-05.00	H
Pole Vault	Tara Meier	4/10/04		3.30m	10-10.00	9
Pole Vault	Jennifer Verville	4/10/04		3.00m	9-10.00	14
Shot Put	Jo Young	3/26/04		13.44m	44-01.25	12
Shot Put	Jen Myers	4/3/04		12.38m	40-07.50	4
Javelin	Renee Hein	4/3/04		36.95m	121-03.00	2
Javelin	Quelaun Marshall	3/27/04		36.76m	120-07.00	5
Hammer Throw	Jo Young	4/17/04		51.89m	170-03.00	5
Hammer Throw	Jen Myers	4/17/04		44.46m	145-10.00	13
Discus	Jennifer Schmitmeyer	4/3/04		42.44m	139-03.00	3
Discus	Jen Myers	4/3/04		40.90m	134-02.00	4
4x100 Meter Relay	Cincinnati A	4/10/04	0:47.54			3
4x100 Meter Relay	Cincinnati A	4/17/04	0:47.56			6
4x200 Meter Relay	Cincinnati A	3/27/04	1:40.29			11
4x200 Meter Relay	Cincinnati A	4/23/04	1:40.47			14
4x400 Meter Relay	Cincinnati A	4/10/04	3:47.04			1
4x400 Meter Relay	Cincinnati A	3/27/04	3:49.65			14
Sprint Medley Relay	Cincinnati A	4/24/04	4:00.40			5
Heptathlon	Ashley Wilhelm	4/17/04		5,069		1#

CINCINNATI

2004 OUTDOOR TRACK

WOMEN'S PERFORMANCE LIST

Ashley Arnett

100 Meter Hurdles

4/3/04 0:14.54 3
4/10/04 0:14.56 5
3/26/04 0:14.95 35

400 Meter Hurdles

4/10/04 1:04.39 5
3/26/04 1:05.90 35

Long Jump

4/3/04 5.56m 18-03.25 2
4/10/04 5.30m 17-04.75 12

Jalenna Banks

100 Meter Dash

4/23/04 0:12.99 13
3/27/04 0:13.10 10

200 Meter Dash

4/23/04 0:27.04 11

Long Jump

4/10/04 5.30m 17-04.75 11
4/3/04 5.13m 16-10.00 5
4/23/04 5.05m 16-07.00 14

Karen Berling

3,200 Meter Run

4/3/04 11:24.39 9

5000 Meter Run

4/23/04 17:55.31 3
4/10/04 18:20.84 10
3/26/04 18:35.81 16

10,000 Meter Run

4/17/04 37:41.57 3

Monique Brent

200 Meter Dash

4/17/04 0:24.86 12
4/10/04 0:25.08 2
4/3/04 0:25.42 1

400 Meter Dash

4/10/04 0:55.42 1
4/3/04 0:55.89 1
4/17/04 0:56.27 2
3/26/04 0:56.64 22

Cristy Doll

3000 Meter Steeplechase

4/17/04 11:47.13 8
3/27/04 11:54.34 17

Danielle Erwin

400 Meter Hurdles

3/27/04 1:07.53 6
4/10/04 1:07.67 10
4/3/04 1:08.38 6
4/23/04 1:08.55 9
4/17/04 1:09.74 13

Catherine Evans

5000 Meter Run

4/23/04 22:37.39 17
3/27/04 23:13.80 19

Whitney Gaskins

400 Meter Dash

4/3/04 1:05.60 7

800 Meter Dash

4/23/04 2:31.79 25
4/17/04 2:34.83 27

Tanya Gauvin

1500 Meter Run

4/10/04 5:17.43 22

3,200 Meter Run

4/3/04 12:27.38 18

5000 Meter Run

4/23/04 19:25.24 5
4/17/04 20:00.96 13

Jocelyn Gibson

400 Meter Dash

4/3/04 2:16.54 2
4/10/04 2:18.82 8
4/17/04 2:19.83 8

1500 Meter Run

4/3/04 4:42.58 2
4/17/04 4:43.32 7
3/27/04 4:45.91 4
4/10/04 4:50.93 10

Abi Hamrick

1500 Meter Run

4/23/04 4:58.87 15
4/17/04 5:02.78 16
4/10/04 5:03.28 20
4/3/04 5:05.57 11
3/27/04 5:12.50 25

Renee Hein

High Jump

4/10/04 1.73m 5-08.00 1#
4/17/04 1.68m 5-06.00 5
3/26/04 1.63m 5-04.25 26
4/3/04 1.60m 5-03.00 4

Javelin

4/3/04 36.95m .. 121-03.00 2
4/10/04 34.31m .. 112-07.00 5
4/17/04 32.11m .. 105-04.00 ... 10

Jammie Jackson

200 Meter Dash

4/17/04 0:25.41 17
4/10/04 0:25.54 5
4/3/04 0:26.03 4

400 Meter Dash

3/26/04 0:56.79 23
4/3/04 0:56.81 3
4/17/04 0:57.70 5
4/10/04 0:58.41 7

Erin Leeper

200 Meter Dash

4/17/04 0:24.77 10
4/1/04 0:25.42 H
4/10/04 0:25.92 8

800 Meter Dash

4/1/04 2:46.83 H

100 Meter Hurdles

4/1/04 0:17.25 H

Long Jump

4/10/04 4.95m 16-03.00 16
4/1/04 4.61m 15-01.50 H

High Jump

4/1/04 1.59m 5-02.50 H

Shot Put

4/1/04 9.14m 30-00.00 H

Javelin

4/1/04 17.73m .. 58-02.00 H

Heptathlon

4/1/04 3,815 15

Jennifer Limle

1500 Meter Run

4/23/04 4:43.97 2
4/10/04 4:46.40 5
4/17/04 4:47.08 9
3/27/04 4:49.72 12
4/3/04 4:50.70 9

KEY

Date Time Place

Date Metric Feet Place

p = preliminary time.

Ruth Limo
1500 Meter Run
 4/17/04 5:03.47 18
3200 Meter Run
 4/3/04 11:14.30 5
5000 Meter Run
 3/26/04 17:49.57 55
 4/10/04 17:49.60 3

Dominique Lopez-Stickney
5000 Meter Run
 4/10/04 19:58.02 22
 4/23/04 20:16.96 10
 3/27/04 20:47.61 14
10,000 Meter Run
 4/17/04 43:00.40 11

Lindsey Mackall
3200 Meter Run
 4/3/04 12:23.43 17
5000 Meter Run
 4/23/04 19:39.36 7
 4/10/04 19:51.93 21
 4/17/04 20:22.68 14
 3/27/04 21:05.04 16

Quelaun Marshall
Javelin
 3/27/04 36.76m .. 120-07.00 5
 4/17/04 31.53m .. 103-05.00 .. 12
 4/10/04 31.19m .. 102-04.00 9
Hammer Throw
 4/23/04 39.04m .. 128-01.00 .. 12
 4/10/04 37.69m .. 123-08.00 .. 17
 4/17/04 36.97m .. 121-03.00 .. 24
 3/27/04 36.96m .. 121-03.00 .. 16

Disus
 4/3/04 39.93m .. 131-00.00 5
 4/10/04 36.97m .. 121-03.00 .. 11
 4/23/04 36.97m .. 121-03.00 .. 15
 4/17/04 36.69m .. 120-04.00 .. 20
 3/27/04 30.61m .. 100-05.00 .. 15

Tara Meier
Pole Vault
 4/10/04 3.30m 10-10.00 9
 4/17/04 3.30m 10-10.00 8
 4/23/04 3.20m 10-06.00 6
 4/3/04 3.05m 10-00.00 1

Cindi Monaghan
Pole Vault
 4/10/04 2.70m 8-10.25 18
 4/23/04 2.60m 8-06.25 14
 4/3/04 2.59m 8-06.00 2

Jen Myers
Shot Put
 4/3/04 12.38m .. 40-07.50 4
 3/27/04 12.33m .. 40-05.50 6
 4/10/04 12.22m .. 40-01.25 9
 4/23/04 12.21m .. 40-00.75 8
 4/17/04 12.19m .. 40-00.00 17

Javelin
 3/27/04 29.37m .. 96-04.00 11
 4/10/04 26.84m .. 88-01.00 14
 4/3/04 26.65m .. 87-05.00 10
 4/17/04 26.65m .. 87-05.00 17

Hammer Throw
 4/17/04 44.46m .. 145-10.00 .. 13
 3/27/04 43.61m .. 143-01.00 7
 4/3/04 43.24m .. 141-10.00 2
 4/10/04 43.22m .. 141-09.00 7
 4/23/04 40.91m .. 134-03.00 8

Disus
 4/3/04 40.90m .. 134-02.00 4
 4/23/04 40.33m .. 132-04.00 6
 4/17/04 39.37m .. 129-02.00 .. 13
 4/10/04 39.06m .. 128-02.00 8
 3/27/04 36.70m .. 120-05.00 9

Ashley Ogletree
100 Meter Dash
 4/17/04 0:12.39 13
 4/3/04 0:12.44 6
 4/10/04 0:12.57 8
 3/26/04 0:12.61 66
200 Meter Dash
 4/17/04 0:25.56 20
 4/10/04 0:25.64 6
 4/3/04 0:25.78 3

Jennifer Schmitmeyer
Shot Put
 4/23/04 11.96m .. 39-03.00 11
 4/10/04 11.92m .. 39-01.25 11
 4/17/04 11.77m .. 38-07.50 20
 4/3/04 11.64m .. 38-02.25 5

Hammer Throw
 4/23/04 39.92m .. 131-00.00 9
 4/3/04 36.12m .. 118-06.00 5
 4/10/04 33.93m .. 111-04.00 .. 21

Discus
 4/3/04 42.44m .. 139-03.00 3
 4/10/04 39.93m .. 131-0.00 4
 4/17/04 38.60m .. 126-08.00 .. 17
 4/23/04 36.42m .. 119-06.00 .. 17

Kelly Schnur
800 Meter Dash
 4/23/04 2:31.13 23
 4/17/04 2:42.18 31

Adrienne Shipman
200 Meter Dash
 4/3/04 0:26.64 5
400 Meter Dash
 4/10/04 0:59.82 12
 4/17/04 1:00.61 20
 3/26/04 1:01.34 85
 4/3/04 1:03.18 6

Jennifer Verville
Pole Vault
 4/10/04 3.00m 9-10.00 14
 4/23/04 2.75m 9-00.25 13

Ashley Wilhelm
200 Meter Dash
 4/1/04 0:25.43 H
 4/17/04 0:25.74 H

800 Meter Dash
 4/17/04 2:30.56 H
 4/1/04 2:41.74 H

100 Meter Hurdles
 4/17/04 0:14.74 H
 4/1/04 0:14.94 H
 4/10/04 0:15.39 9

Long Jump
 4/17/04 5.93m 19-05.50 H#
 4/17/04 5.80m 19-00.50 5
 3/26/04 5.62m 18-05.25 18
 4/1/04 5.60m 18-04.50 H
 4/10/04 5.58m 18-3.75 6
 4/24/04 5.47m 17-11.50 7

High Jump
 4/1/04 1.65m 5-05.00 H
 4/17/04 1.61m 5-03.25 H
 4/10/04 1.58m 5-02.25 13

Shot Put
 4/1/04 9.63m 31-07.25 H
 4/17/04 10.46m .. 34-04.00 H

Javelin
 4/17/04 33.99m .. 111-06.00 ... H
 4/10/04 31.80m .. 104-04.00 8
 4/1/04 29.85m .. 97-11.00 H

Heptathlon
 4/17/04 5,069 1*#
 4/1/04 4,714 11

Jo Young
Shot Put
 3/26/04 13.44m .. 44-01.25 12
 4/3/04 13.41m .. 44-00.00 2
 4/23/04 13.04m .. 42-09.50 5
 4/17/04 13.03m .. 42-08.75 9
 4/10/04 12.77m .. 41-10.75 4

Hammer Throw
 4/17/04 51.89m .. 170-03.00 5
 3/27/04 50.08m .. 164-04.00 8

KEY

Date Time Place
 Date Metric Feet Place

p = preliminary time.

4/3/04 48.73m.. 159-10.00 1
 4/10/04 47.19m.. 154-10.00 3

RELAY STATS

4x100 Meter Relay

4/10/04 0:47.54 3
 4/17/04 0:47.56 6
 4/3/04 0:49.04 4

Arnett, Jackson, Banks, Ogletree

4x200 Meter Relay

3/27/04 1:40.29 11
 4/23/04 1:40.47 14

Ogletree, Brent, Leeper, Jackson

4x400 Meter Relay

4/10/04 3:47.04 1
 3/27/04 3:49.65 14
 4/23/04 3:50.10 p

Brent, Shipman, Leeper, Jackson

4/17/04 3:50.20 3
 4/3/04 3:51.10 1

Brent, Arnett, Shipman, Jackson

4/3/04 4:16.50 4
 Gaskins, Erwin, Ogletree, Gibson

KEY

Date Time Place
 Date Metric Feet Place

p = preliminary time.