## 2025 Big 12 Indoor Track & Field Championship Schedule

FRIDAY, FEBRUARY 28 - MULTI EVENTS				SATURDAY, MARCH 1 - MULTI EVENTS			
10:00 A.M.	60 M	М	Heptathlon	10:00 A.M.	60 M Hurdles	М	Heptathlon
10:15 A.M.	60 M Hurdles	W	Pentathlon	10:45 A.M.	Pole Vault	М	Heptathlon
~10:50 A.M.	High Jump (2 Pits)	W	Pentathlon	~3:00 P.M.	1000 M	М	Heptathlon
~10:50 A.M.	Long Jump (2 Pits)	М	Heptathlon				
~12:00 P.M.	Shot Put (2 Rings)	М	Heptathlon				
~1:00 P.M.	High Jump (2 Pits)	М	Heptathlon				
~1:00 P.M.	Shot Put (2 Rings)	W	Pentathlon				
~2:00 P.M.	Long Jump (2 Pits)	W	Pentathlon				
~3:00 P.M.	800 M	W	Pentathlon				
FRIDAY, FEBRUARY 28 - FIELD EVENTS				SATURDAY, MARCH 1 - FIELD EVENTS			
3:00 P.M.	Weight Throw	W		1:00 P.M.	Shot Put	W	
3:00 P.M.	Pole Vault	W		2:00 P.M.	Triple Jump	W	
6:00 P.M.	Long Jump	W		2:00 P.M.	Triple Jump	М	
6:00 P.M.	Long Jump	М		4:00 P.M.	Shot Put	М	
6:00 P.M.	Weight Throw	М		4:00 P.M.	High Jump	W	
6:00 P.M.	Pole Vault	М		4:00 P.M.	High Jump	М	
FRIDAY, FEBRUARY 28 - RUNNING EVENTS				SATURDAY, MARCH 1 - RUNNING EVENTS			
2:45 P.M.	National Anthem			1:15 P.M			
3:00 P.M.	800 M	W	Pentathlon	1:45 P.M.	National Anthem	า	
3:10 P.M.	Mile Run	W	Prelims	2:00 P.M.	60 M Hurdles	W	Finals
3:25 P.M.	Mile Run	М	Prelims	2:10 P.M.	60 M Hurdles	М	Finals
3:40 P.M.	60 M Hurdles	W	Prelims	2:20 P.M.	60 M	W	Finals
3:50 P.M.	60 M Hurdles	М	Prelims	2:30 P.M.	60 M	М	Finals
4:00 P.M.	60 M	W	Prelims	2:40 P.M.	Mile Run	W	Finals
4:15 P.M.	60 M	М	Prelims	2:50 P.M.	Mile Run	М	Finals
4:25 P.M.	600 Yard Run	W	Prelims	3:00 P.M.	1000 M	М	Heptathlon
4:45 P.M.	600 Yard Run	М	Prelims	3:10 P.M.	600 Yard Run	W	Finals
5:00 P.M.	400 M	W	Prelims	3:20 P.M.	600 Yard Run	М	Finals
5:20 P.M.	400 M	М	Prelims	3:30 P.M.	400 M	W	Finals
5:35 P.M.	1000 M	W	Prelims	3:40 P.M.	400 M	М	Finals
5:50 P.M.	1000 M	М	Prelims	3:50 P.M.	1000 M	W	Finals
6:00 P.M.	800 M	W	Prelims	4:00 P.M.	1000 M	М	Finals
6:10 P.M.	800 M	М	Prelims	4:10 P.M.	800 M	W	Finals
6:25 P.M.	200 M	W	Prelims	4:20 P.M.	800 M	М	Finals
6:45 P.M.	200 M	М	Prelims	4:30 P.M.	200 M	W	Finals
7:00 P.M.	5000 M	W	Finals	4:40 P.M.	200 M	М	Finals
7:25 P.M.	5000 M	М	Finals	4:50 P.M.	3000 M	W	Finals
7:50 P.M.	DMR	W	Finals	5:15 P.M.	3000 M	М	Finals
8:10 P.M.	DMR	М	Finals	5:40 P.M.	4x400 M Relay	W	Finals
				5:55 P.M.	4x400 M Relay	М	Finals