

2024 SCHEDULE (12-9, 3-7 BIG 12)

DATE	OPPONENT	TIME (ET) / RESULT
Aug. 30	vs. Illinois!	L, 0-3
Aug. 31	vs. Chicago State!	W, 3-0
Sept. 1	at Bowling Green!	W, 3-0
Sept. 6	vs. IU Indy^	W, 3-0
Sept. 6	vs. UAB^	L, 1-3
Sept. 7	at Bellarmine^	W, 3-0
Sept. 12	at Xavier	W, 3-1
SEPT. 14	KENT STATE&	W, 3-0
SEPT. 17	AKRON	W, 3-2
SEPT. 19	MOREHEAD STATE	W, 3-1
Sept. 21	at Morehead State	W, 3-1
Sept. 25	at West Virginia*	W, 3-0
Oct. 2	at Iowa State*	L, 1-3
OCT. 5	UCF*	W, 3-0
OCT. 10	KANSAS STATE*	L, 2-3
OCT. 12	#8 KANSAS*	L, 0-3
Oct. 17	at #22 Baylor*	L, 0-3
Oct. 19	at #18 TCU*	L, 1-3
OCT. 24	TEXAS TECH*	L, 2-3
Oct. 30	at UCF*	W, 3-0
Nov. 1	at Houston*	L, 1-3
NOV. 7	WEST VIRGINIA*	11AM
Nov. 9	at Colorado*	2PM
NOV. 14	ARIZONA*	6PM
NOV. 16	ARIZONA STATE*	1PM
Nov. 21	BYU*	9PM
Nov. 24	at Utah*	2PM
Nov. 27	BAYLOR*	1PM
NOV. 29	TCU*	2PM

* - Big 12 Conference match; ! - BGSU Best Western Invitational
^ - Bellarmine Volleyball Classic; & - Tribute to #10
Home matches in **BOLD**; All times in ET

FOLLOW ALONG

TV: ESPN+

LIVE STATS: Cincinnati.StatBroadcast.com

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CINCINNATI VOLLEYBALL



CINCINNATI BEARCATS (12-9, 3-7)

HEAD COACH: Molly Alvey

RECORD AT UC: 199-170 (13th season)

OVERALL RECORD: 261-211



WEST VIRGINIA MOUNTAINEERS (8-14, 2-9)

HEAD COACH: Jen Greeny

RECORD AT WVU: 8-14 (1st season)

OVERALL RECORD: 355-213



COLORADO BUFFALOES (10-13, 3-8)

HEAD COACH: Jesse Mahoney

RECORD AT CU: 138-122 (9th season)

OVERALL RECORD: 318-201

CINCINNATI — The University of Cincinnati volleyball team welcomes West Virginia for Education Day on Thursday. First serve is scheduled for 11 a.m. inside Fifth Third Arena.

The Bearcats will then travel to Colorado for a 2 p.m. ET matchup on Saturday in Boulder. Both matches will be streamed on ESPN+.

THE RUNDOWN

- Cincinnati split a pair of road matches last week, sweeping UCF in straight sets on Wednesday before a four-set loss to Houston on Friday. The win over UCF marked Cincinnati's first season sweep of the Knights since 2019. Cincinnati hit .274 and received a match-high 16 kills from outside hitter Carly Glendinning in the victory.
- Freshman libero Faith Frame continues to shine, recording double-digit digs in 16 matches this season. Her 4.05 digs per set rank sixth in the Big 12, and she's averaging 4.42 digs over the last three matches.
- Fellow freshman Lilly Gillespie has also stepped up defensively, averaging 3.08 digs per set in the past three matches, including a career-best 16 digs against Texas Tech. Gillespie played a key role against Houston, serving during a stretch when the Bearcats fought off seven set points in the second set.
- Sophomore middle blocker Zeta Washington tallied a season-high 12 kills at a .417 hitting percentage against Texas Tech, and she's contributing 1.63 kills and 0.73 blocks per set in conference play.
- Freshman Gretchen Sigman has been an asset on the right side in recent matches, averaging 1.05 kills, 1.16 digs, and 0.37 aces per set over the last four games.
- The Bearcats have used a 6-2 rotation in their last seven matches, with Katelyn Lefler and Caroline Endres handling the setting duties. Lefler made her return to the court at Baylor after missing the Kansas match with an injury. She has recorded eight double-doubles this season and ranks ninth in the league in assists per set (8.95). She had 36 assists and 11 digs vs. Houston.
- Junior Carly Glendinning leads the Bearcats in multiple categories, including kills (3.72), points (4.18), and aces (0.26) per set. She ranks fifth in the Big 12 for both kills and points per set, leading the team in kills in 14 matches and posting double-digit kills in 15, with five matches surpassing 20 kills. She's recorded 16 or more kills in the last three outings.
- Sophomore Sydney Nolan is second on the team in kills (2.68) and third in digs (2.05). She has reached double-digit kills in 12 matches and boasts five double-doubles on the season.
- Senior Abby Walker is a defensive standout, ranking fifth in the Big 12 in blocks per set (1.12) and 12th in hitting percentage (.339). She has led the team in blocks 16 times and has five or more blocks in seven matches.
- Cincinnati ranks fourth in the conference with 2.25 blocks per set, and their 15-block performance against Bowling Green remains the league's top showing for a three-set match.
- Cincinnati is 12-1 when outhitting opponents.
- Walker needs 27 more kills away to reach 1,000 and two more aces to reach 100 in her career.
- Endres also stands close to 1,000 career assists, needing just 112 more to reach the mark.
- Head coach Molly Alvey is one victory away from securing her 200th win at Cincinnati.

SERIES HISTORY

- Cincinnati leads the all-time series vs. WVU, 14-3. The two teams split the series a season ago. Prior to that, Cincinnati had won nine straight against WVU.
- UC will be meeting Colorado for the second time in program history. The two teams faced off in 2006 at Colorado's Invitational, resulting in a sweep for the Buffaloes.

A WIN WOULD...

- Give head coach Molly Alvey her 200th win at Cincinnati
- Be Cincinnati's second series sweep of a conference opponent this season
- Sweep the season series against West Virginia
- Be Cincinnati's first-ever win over Colorado

2024 NUMERICAL ROSTER

#	NAME	POS.	HT.	CL.	HOMETOWN / HIGH SCHOOL / LAST SCHOOL
1	Nina Horning	OH	6-3	So.	Lake Orion, Mich. / Lake Orion
2	Sydney Nolan	OH	6-4	So.	Florence, Ky. / Notre Dame Academy / UNC
3	Katelyn Lefler	S	6-0	Sr.	Menomonee Falls, Wis. / Hamilton / Illinois State
4	Carly Glendinning	OH	6-2	Jr.	Lake St. Louis, Mo. / Timberland
5	Lilian Entenmann	MB	6-1	So.	Columbus, Ohio / Upper Arlington
7	Janelle Green	S	5-9	Fr.	Leawood, Kan. / Blue Valley North
8	Ligia Williams	MB	5-11	R-So.	Jeffersonville, Ind. / Rock Creek Academy
9	Kayla Hostetler	L/DS	5-6	So.	Hebron, Ky. / Notre Dame Academy
11	Lilly Gillespie	L/DS	5-7	Fr.	Cincinnati, Ohio / Turpin
12	Amanda Mack	OH	6-1	Fr.	Maryville, Tenn. / IMG Academy
14	Irbe Lazda	RS	6-3	5th	Marupe, Latvia / Marupes / Towson
15	Faith Frame	L/DS	5-7	Fr.	Gretna, Neb. / Papillion La Vista
17	Paige Pickering	OH	5-10	Jr.	Downers Grove, Ill. / Montini
20	Gretchen Sigman	RS	5-11	Fr.	Holland, Ohio / Springfield
21	Fallon Stewart	OH	6-3	Fr.	Winter Park, Fla. / Winter Park
22	Caroline Endres	S	5-10	Jr.	Cincinnati, Ohio / Saint Ursula Academy
24	Abby Walker	MB/RS	6-1	Sr.	Cambridge, Ohio / John Glenn
30	Julie Wittekind	L/DS	5-8	Sr.	Cincinnati, Ohio / Turpin
33	Molly Harrison	L/DS	5-9	Sr.	Cleveland, Ohio / Saint Joseph Academy
99	Zeta Washington	MB	6-2	So.	Ponte Vedra, Fla. / Ponte Vedra

COACHING STAFF

Head Coach	Molly Alvey	13th Season at Cincinnati
Associate Head Coach	Phillip White	12th Season at Cincinnati
Associate Head Coach	Kevin Carroll	8th Season at Cincinnati
Director of Operations	Mary Kate DeWees	1st Season at Cincinnati

2024 ALPHABETICAL ROSTER

#	NAME	POS.	HT.	CL.	HOMETOWN / HIGH SCHOOL / LAST SCHOOL
22	Caroline Endres	S	5-10	Jr.	Cincinnati, Ohio / Saint Ursula Academy
5	Lilian Entenmann	MB	6-1	So.	Columbus, Ohio / Upper Arlington
15	Faith Frame	L/DS	5-7	Fr.	Gretna, Neb. / Papillion La Vista
11	Lilly Gillespie	L/DS	5-7	Fr.	Cincinnati, Ohio / Turpin
4	Carly Glendinning	OH	6-2	Jr.	Lake St. Louis, Mo. / Timberland
7	Janelle Green	S	5-9	Fr.	Leawood, Kan. / Blue Valley North
33	Molly Harrison	L/DS	5-9	Sr.	Cleveland, Ohio / Saint Joseph Academy
9	Kayla Hostetler	L/DS	5-6	So.	Hebron, Ky. / Notre Dame Academy
1	Nina Horning	OH	6-3	So.	Lake Orion, Mich. / Lake Orion
2	Sydney Nolan	OH	6-4	So.	Florence, Ky. / Notre Dame Academy / UNC
14	Irbe Lazda	RS	6-3	5th	Marupe, Latvia / Marupes / Towson
3	Katelyn Lefler	S	6-0	Sr.	Menomonee Falls, Wis. / Hamilton / Illinois State
12	Amanda Mack	OH	6-1	Fr.	Maryville, Tenn. / IMG Academy
17	Paige Pickering	OH	5-10	Jr.	Downers Grove, Ill. / Montini
20	Gretchen Sigman	RS	5-11	Fr.	Holland, Ohio / Springfield
21	Fallon Stewart	OH	6-3	Fr.	Winter Park, Fla. / Winter Park
24	Abby Walker	MB/RS	6-1	Sr.	Cambridge, Ohio / John Glenn
99	Zeta Washington	MB	6-2	So.	Ponte Vedra, Fla. / Ponte Vedra
8	Ligia Williams	MB	5-11	R-So.	Jeffersonville, Ind. / Rock Creek Academy
30	Julie Wittekind	L/DS	5-8	Sr.	Cincinnati, Ohio / Turpin

PRONUNCIATION GUIDE

Carly GLENDINNING	Glen-DEN-ing
IRBE Lazda	Ear-Bay Lazda
LIGIA Williams	Lidg-ee-ah
Caroline ENDRES	EN-dress
Julie WITTEKIND	Whit-eh-kend
Kayla HOSTETLER	HO-stet-ler
Lilly GILLESPIE	Gill-es-pee
Gretchen SIGMAN	Sig-men
Molly ALVEY	Al-vee

ROSTER BY CLASS

5TH YEAR (1)		
14	Irbe Lazda	RS

SENIORS (4)		
3	Katelyn Lefler	S
24	Abby Walker	MB/RS
30	Julie Wittekind	L/DS
33	Molly Harrison	L/DS

JUNIORS (3)		
4	Carly Glendinning	OH
17	Paige Pickering	OH
22	Caroline Endres	S

SOPHOMORES (6)		
8	Ligia Williams	MB
1	Nina Horning	OH
5	Lilian Entenmann	MB
9	Kayla Hostetler	L/DS
2	Sydney Nolan	OH
99	Zeta Washington	MB

FRESHMEN (6)		
7	Janelle Green	S
11	Lilly Gillespie	L/DS
15	Faith Frame	L/DS
12	Amanda Mack	OH
20	Fallon Stewart	OH
21	Gretchen Sigman	RS

ROSTER BY STATE/COUNTRY

OHIO (7): Lilian Entenmann, Caroline Endres, Abby Walker, Julie Wittekind, Molly Harrison, Lilly Gillespie and Gretchen Sigman

ILLINOIS (1): Paige Pickering

FLORIDA (2): Zeta Washington and Fallon Stewart

TENNESSEE (1): Amanda Mack

INDIANA (1): Ligia Williams

MICHIGAN (1): Nina Horning

KANSAS (1): Janelle Green

WISCONSIN (1): Katelyn Lefler

MISSOURI (1): Carly Glendinning

NEBRASKA (1): Faith Frame

KENTUCKY (2): Kayla Hostetler and Sydney Nolan

LATVIA (1): Irbe Lazda

ROSTER BY POSITION

OUTSIDE HITTER (6): Fallon Stewart, Amanda Mack, Carly Glendinning, Sydney Nolan, Paige Pickering and Nina Horning

SETTER (3): Katelyn Lefler, Caroline Endres and Janelle Green

LIBERO (5): Faith Frame, Molly Harrison, Julie Wittekind and Kayla Hostetler, Lilly Gillespie

MIDDLE BLOCKER (4): Abby Walker (RS), Ligia Williams, Zeta Washington and Lilian Entenmann

RIGHT SIDE (2): Irbe Lazda and Gretchen Sigman

TELEVISION ROSTER



1 NINA HORNING
OH | LAKE ORION, MICH.



2 SYDNEY NOLAN
OH | FLORENCE KY.



3 KATELYN LEFLER
S | MENOMONEE FALLS, WIS.



4 CARLY GLENDINNING
OH | LAKE ST. LOUIS, MO.



5 LILIAN ENTENMANN
MB | COLUMBUS, OHIO



7 JANELLE GREEN
S | LEAWOOD, KAN.



8 LIGIA WILLIAMS
MB | JEFFERSONVILLE, IND.



9 KAYLA HOSTETLER
L/DS | HEBRON, KY.



11 LILLY GILLESPIE
DS/L | CINCINNATI, OHIO



12 AMANDA MACK
OH | MARYVILLE, TENN.



14 IRBE LAZDA
RS | MARUPE, LATVIA



15 FAITH FRAME
L/DS | GRETNA, NEB.



17 PAIGE PICKERING
OH | DOWNERS GROVE, ILL.



20 GRETCHEN SIGMAN
RS | HOLLAND, OHIO



21 FALLON STEWART
OH | WINTER PARK, FLA.



22 CAROLINE ENDRES
S | CINCINNATI, OHIO



24 ABBY WALKER
MB/RS | CAMBRIDGE, OHIO



30 JULIE WITTEKIND
L/DS | CINCINNATI, OHIO



33 MOLLY HARRISON
L/DS | CLEVELAND, OHIO



99 ZETA WASHINGTON
MB | PONTE VEDRA, FLA.

QUICK FACTS

GENERAL

Location	Cincinnati, OH 45221
Founded	1819
Enrollment.....	53,200
Conference	Big 12
Nickname.....	Bearcats
Colors.....	Red (PMS 186) & Black
Home Court	Fifth Third Arena
President.....	Neville G. Pinto, PhD
Director of Athletics.....	John Cunningham
Faculty Representative.....	Brian Hatch, PhD

HISTORY

First Year of Volleyball.....	1972
All-Time Record	1,066-678
No. Yrs in NCAA Tournament/Last	13/2019
Last NCAA Postseason Opponent	Penn State, 2-3

COACHING STAFF

Head Coach.....	Molly Alvey (Centre College, '01)
Overall Record (Year).....	249-202 (15th)
Record at Cincinnati (Year)	187-171 (13th)
Assistant Coach.....	Phillip White (Long Beach State, '04)
Year at Cincinnati	12th
Assistant Coach.....	Kevin Carroll (UC Irvine, '11)
Year at Cincinnati	8th

2023 INFORMATION

Overall Record.....	12-16
Home	5-9
Road	5-6
Neutral.....	2-1
Conference Record	5-13
Home	2-7
Road	3-6
Finish.....	10th

2024 TEAM

Starters Returning/Lost:	4/3
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2024 SCHEDULE INFORMATION

Home/Away/Neutral Games:	12/13/4
Big 12 Home/Away Games:	9/9
Non-Conf. Home/Away, Neutral Games:	3/4/4

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FOLLOW ON SOCIAL MEDIA

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X:	@GoBearcatsVB
Facebook:	@GoBearcatsVB
Hashtag:	#Bearcats

SEASON SWEEP 'EM

- Cincinnati took down UCF in straight sets on Oct. 5 in Orlando. The win marked Cincinnati's first season sweep of the Knights since 2019. Cincinnati hit .274 and received a match-high 16 kills from outside hitter Carly Glendinning in the victory.
- Defensively, Faith Frame and Lilly Gillespie anchored the back row, accounting for 25 of Cincinnati's 43 digs.
- The Bearcats only committed two service errors, after committing 26 the two matches prior. Conversely, UCF had 15 service errors in the match.
- Zeta Washington and Fallon Stewart also made contributions in their Florida homecoming, combining for seven kills.

THE FUTURE IS BRIGHT

- Faith Frame has been recognized as one of eight standout freshmen on NCAA correspondent Michella Chester's mid-season top freshman list, released on October 20. The list highlighted freshmen who are having breakout seasons in 2024.
- Notably, Frame is the only Big 12 volleyball player included, as well as the sole libero on the list. She has also earned the title of Big 12 Rookie of the Week twice this season.

BIG 12 STUDENT-ATHLETE OF THE MONTH

- Junior Carly Glendinning has been honored as Cincinnati's Big 12 Student-Athlete of the Month for September. Selected for the conference-wide recognition, she is celebrated as one of the "best of the best."
- This award acknowledges athletes who excel in their sport while also demonstrating leadership, perseverance, and a strong commitment to academics and community service. Introduced last season, Glendinning is the second volleyball player to receive this accolade, following Abby Walker's recognition last November.

CAN YOU KICK IT?

- Middle blocker Zeta Washington showcased her artistic flair by custom designing and painting Nike Dunks for both the staff and players. Known for her creativity, she combined her passion for graphic design with her talent for art.



TWICE AS NICE

- Freshman libero Faith Frame was named Big 12 Rookie of the Week for the second time this season, the conference announced on Tuesday, Oct. 8. She is the first Cincinnati volleyball player to win multiple Big 12 weekly awards in a season.
- She totaled 30 digs on the week for a 4.29 digs per set average. She recorded a match-high 17 digs in UCF's sweep of UCF. The total helped the Bearcats be plus-12 in the category (59-47).

FLIPPED THE SCRIPT

- Cincinnati launched its Big 12 home slate with a commanding sweep over UCF on Oct. 5. The Bearcats picked up their first win over UCF since 2019, snapping a nine-match losing skid to the Knights. The victory was significant for the senior class, as it represented their first win against their former AAC rivals.
- The defensive duo of Faith Frame and Julie Wittekind shined in the straight-set victory. They combined for 30 of UCF's 59 digs and helped the Bearcats be plus-12 in the category (59-47). Frame posted a match-high 17 digs while Wittekind finished with a career-high 13.

A LONG-AWAITED RETURN

- Fifth year right side Irbe Lazda made her much-anticipated season debut vs. Iowa State after missing the first 12 matches due to injury. She came off the bench in the second set and finished with six kills and four blocks.
- Sophomore middle blocker Zeta Washington, who also faced injury challenges early in the season, added a match-high six blocks in three sets vs. ISU.

BIG 12-OPENING SWEEP

- Cincinnati kicked off its Big 12 campaign with a sweep over West Virginia on September 25 in Morgantown. The victory marked the Bearcats' second consecutive win in a league road opener.
- UC improved to 10-3 in conference openers under head coach Molly Alvey.
- Cincinnati extended their win streak to seven in row, their longest since 2019, when the Bearcats won 11 consecutive victories.
- Senior Molly Harrison's serving was a game changer for the Bearcats. She ignited two key scoring runs, starting with a 6-0 spurt in the first set. When UC was trailing by three in the second set, Harrison stepped up again with a 4-0 run that featured two aces.

NON-CON NUGGETS

- The Bearcats concluded non-conference play with a 9-2 record, their most non-conference wins since the 2018 season. The .818 winning percentage was the fifth-best among Big 12 teams.
- The non-conference winning percentage is also the Bearcats' best since the 2003 season (.867, 13-2).
- The Bearcats earned five sweeps, their most in non-conference play since 2019.
- Abby Walker and Katelyn Lefler were named to the Best Western Invitational All-Tournament Team while Walker and Sydney Nolan earned All-Tournament accolades at the Bellarmine Classic.

FRAME NAMED BIG 12 ROOKIE OF THE WEEK

- Freshman libero Faith Frame has been named Big 12 Rookie of the Week, the conference announced on Tuesday. Frame averaged a conference-leading 5.14 digs per set in a 2-0 week for the Bearcats.
- She posted a career-high 27 digs in the Bearcats' four-set win over crosstown rival Xavier. The 27 digs were the most in a match by a Conference player during the week. Frame is Cincinnati's second weekly Big 12 award winner, joining Zeta Washington (rookie) from Sept. 5, 2023.

INJURY BUG BITES BEARCATS

- The team has dealt with significant injury challenges over the past two seasons. The 2024 campaign was no different with Zeta Washington and Irbe Lazda both sidelined with injuries to start the year.
- Washington, who was out with a thumb injury, made her return to the court vs. Kent State (Sept. 14). Lazda made her season debut at Iowa State (Oct. 2).
- In 2023, the Bearcats lost their two starting outside hitters prior to Big 12 play. In total, six Bearcats missed at least one match due to injury.
- Two seasons ago, the team was without its starting setter, and Ligia Williams suffered a season-ending injury after just six matches.

250 FOR ALVEY

- Head coach Molly Alvey earned her 250th career win with a three-set victory over Chicago State on Aug. 31. She took Cincinnati to the NCAA Tournament in 2016 and 2018 before leading the Bearcats to one of the greatest seasons in school history in 2019. She guided the Bearcats to a first-ever Sweet 16 appearance in the NCAA Tournament and an American Athletic Conference regular season championship.

RETURNING TALENT

- Cincinnati returns 12 letterwinners, including four starters, from a season ago. The Bearcats bring back four of their top six point scorers, including Zeta Washington (3.44 pts/s) and Abby Walker (3.01 pts/s).
- Setter Katelyn Lefler returns at the setter position after dishing out 1,011 assists last season. She was the first Bearcat since 2019 to eclipse 1,000 assists in a single season.
- Cincinnati returns 78.8% of its blocking, 72.7% of its point-scoring and 70.8% of its kill production.

2024 BIG 12 CONFERENCE STANDINGS

TEAM	BIG 12	PCT.	HOME	AWAY	STREAK	OVERALL	PCT.	HOME	AWAY	NEUTRAL	STREAK
Kansas	11-0	1.000	6-0	5-0	W11	20-1	.952	10-1	7-0	3-0	W11
Arizona State	10-1	.909	5-0	5-1	W9	22-2	.917	9-0	7-2	6-0	W10
TCU	8-3	.727	5-1	3-2	W2	16-5	.762	11-1	3-3	2-1	W2
Baylor	7-3	.700	6-0	1-3	W5	15-6	.714	13-3	2-3	0-0	W5
Utah	7-4	.636	5-1	2-3	L1	17-5	.773	9-2	5-3	3-0	L1
BYU	7-4	.636	5-2	2-2	W1	14-7	.667	11-3	3-3	0-1	W1
Kansas State	6-4	.600	3-2	3-2	W2	8-11	.421	4-5	3-4	1-2	W2
Houston	5-5	.500	3-2	2-3	W2	10-10	.500	6-4	3-5	1-1	W2
Texas Tech	4-7	.364	2-3	2-4	W1	12-11	.522	5-3	4-6	3-2	W1
Cincinnati	3-7	.300	1-3	2-4	L1	12-9	.571	4-3	6-4	2-2	L1
Iowa State	3-7	.300	3-2	0-5	L4	9-12	.429	6-3	1-8	2-1	L4
Colorado	3-8	.273	1-3	2-5	L5	10-13	.435	5-7	4-5	1-1	L5
Arizona	2-8	.200	2-3	0-5	L3	13-8	.619	7-3	2-5	4-0	L3
West Virginia	2-9	.182	1-4	1-5	L3	8-14	.364	1-4	5-7	2-3	L3
UCF	1-9	.100	1-4	0-5	L7	8-11	.421	3-5	3-6	2-0	L7

NEW ‘CATZ ON THE BLOCK

- Cincinnati welcomes eight newcomers to the 2024 roster, including six true freshmen and two transfers.
- UC's freshman class features Janelle Green, Faith Frame, Fallon Stewart, Gretchen Sigman, Amanda Mack and Lilly Gillespie. The Class of 2024 was ranked No. 37 by Prep Dig, marking the second consecutive year with a top-40 recruiting class for the Bearcats.
- Transfers Sydney Nolan (UNC) and Irbe Lazda (Towson) also join the Bearcats.

IMPACT TRANSFERS POISED TO LEAD BEARCATS

- Transfers Irbe Lazda (Towson) and Sydney Nolan (UNC) bring a wealth of experience to the 2024 squad and will look to make an immediate impact on the court.
- Lazda, a 6-foot-3 right side, joins the Bearcats after an impressive three-season stint at UNC (2021-23), where she led the Tigers to two NCAA Tournaments. She will be using the NCAA's extra year of eligibility, having initially begun her collegiate career at UTEP (2019-20).
- Nolan, a 6-foot-4 outside hitter, arrives in Clifton after a standout freshman season at UNC. She earned ACC All-Freshman honors, led UNC with a .391 hitting percentage (7th in the ACC), and averaged 1.06 blocks per set. She will shift to the outside hitter position, a role she played in club.

BACK FOR MORE

- Named to the Big 12 All-Rookie Team, Zeta Washington made history as the first Bearcat to earn a yearly Big 12 volleyball honor. She led the Bearcats with a .316 hitting percentage and ranked second on the team in both kills (250) and blocks (88) in 2023.
- Washington posted 13 double-digit kill performances as a freshman, including 10 in conference play, and recorded five or more blocks in eight matches.
- One of her standout moments came in her collegiate debut, where she delivered a 25-kill performance (25k-2e-42a) in a four-set victory over Kennesaw State.

ABBY UNLEASHED

- Walker, a 6-foot-1 middle blocker, has been a cornerstone of the Bearcats' volleyball program, playing in every set over the last three seasons (333). She led the team in points (325), kills (260), and service aces (23), while also ranking second in hitting percentage (.277) and third in blocks (78) in 2023.
- Due to team injuries over the past two seasons, she has split her time between the right side and middle blocker positions.
- She was a two-time All-Conference selection in the American and named its Freshman of the Year in 2021.

QUEEN CITY CONNECTION

- Former high school teammates and best friends Sydney Nolan and Kayla Hostetler are set to reunite on the court as they compete for the Bearcats this season. The duo attended Notre Dame Academy in Northern Kentucky.
- Cincinnati natives Julie Wittekind and Lilly Gillespie played one season together at Turpin High School.
- All four athletes previously played club volleyball for NKYVC.

IT RUNS IN THE FAMILY

- Nina Horning:** Three of her sisters have competed in collegiate volleyball
- Zeta Washington:** Father, Mal Washington, is former professional tennis player. Mother, Jennifer Carper, swam at the University of Arizona
- Janelle Green:** Father, Trent, was a quarterback in the NFL for 15 years. Brother TJ played football for Northwestern; brother Derek played football for SMU
- Lillian Entenmann:** Father played basketball at Stetson and professionally in Germany. Brother currently plays at Kent State
- Fallon Stewart:** Father played baseball at the Florida and continued his career with the Yankees while mother played basketball for UCF. Brother played volleyball at Purdue Fort Wayne
- Faith Frame:** Sister plays for Creighton softball
- Molly Harrison:** Sister plays volleyball at Tufts University, brother plays baseball for Miami (OH)
- Sydney Nolan:** Father played baseball at Findlay

TWO-TIME OLYMPIC MEDALIST

- Former University of Cincinnati volleyball standout Jordan Thompson claimed silver at the 2024 Paris Olympics. She became the first Bearcat to win an Olympic medal at multiple Games.
- She was also the second Bearcat to medal from the 2024 Paris Olympic Games, joining Annette Echikunwoke (silver, hammer throw).
- One particularly special moment occurred off the court in Paris when Thompson connected with her former college coach, Molly Alvey, before the team's final pool play match.

"I have a really close relationship with that whole coaching staff still, so to have Coach Molly come over and have time to share this experience with her, it meant a lot because she played a massive role in me getting to this point," Thompson said to NCAA.org. "To say that her impact was huge is an understatement. She helped me not only as a player, but as a person and growing into the woman that I am today. She had confidence for me when I didn't have it for myself and really pushed me because she saw the potential and so that meant the world to me. I feel like it's not just an amazing experience for me, but to share that with her I think is such a gift and I feel really honored."

SEASON HONORS

BIG 12 OFFENSIVE PLAYER OF THE WEEK

NAME	Date
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BIG 12 DEFENSIVE PLAYER OF THE WEEK

NAME	Date
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BIG 12 ROOKIE OF THE WEEK

NAME	Date
Faith Frame	Sept. 17
Faith Frame	Oct. 8

AVCA PLAYER OF THE WEEK

NAME	Date
------	------

NCAA'S MICHELLA CHESTER TOP FRESHMAN

NAME	Award
Faith Frame	Oct. 20

OUR NEXT HALL OF FAMER

- Jordan Thompson was inducted into 2024 James P. Kelly UC Athletics Hall of Fame Class on Friday, Sept. 20. She was on hand for the incredible honor.
- Thompson returned to UC that week and was honored at the Bearcats' match versus Morehead State on Sept. 19.
- She won an Olympic silver Medal in volleyball with Team USA in 2024 after capturing Gold in 2021. Thompson was a three-time AAC Player of the Year and two-time AVCA All-American, leading the Bearcats to their first Sweet 16 in 2019.

ACADEMIC SUCCESS UNDER ALVEY

- Cincinnati received the American Volleyball Coaches Association Team Academic Award for the 10th consecutive year after compiling a 3.7224 GPA during the 2023-24 academic year.
- The team also earned the additional distinction of AVCA Team Academic Honor Roll, representing the top 20% of GPAs nationally by division.
- The award, initiated in the 1992-93 academic year, honors collegiate and high school volleyball teams that display excellence in the classroom by maintaining at least a 3.30 cumulative team GPA.

GLENDINNING'S DUAL IMPACT

- Glendinning continues to make impressive strides both on and off the court. As an industrial management major and a member of the Lindner Business Honors program, she is committed to excelling in her academic pursuits.
- This summer, Glendinning interned at Dayton Freight, gaining valuable insights into logistics and operations. She will also continue to work at Top Tier Lessons throughout the year.
- In summer 2022, she interned at Motz Group, the company who installed the new turf fields at UC.
- Glendinning earned the Jean Stephens Award this past spring, an honor given to student-athletes who exemplify the character and values of a past UC employee.

THIS IS VOLLEYBALL COUNTRY

- The Big 12 finished the 2023 season with five ranked teams, the most for the league since 2009 and tied for the most in Big 12 history.
- The Conference had seven teams selected to the Women's Volleyball Championship, the second time in the last three years the Big 12 has placed seven teams into the tournament.
- Four new teams join the Big 12 in Arizona State (preseason pick No. 3), Utah (preseason pick No. 9), Colorado (preseason pick No. 10), Arizona (preseason pick No. 12).

RECORD CROWDS FILL FIFTH THIRD

- Last season, Cincinnati broke its volleyball attendance record when 3,358 fans packed inside Fifth Third Arena for its rivalry match against Xavier.
- The Bearcats set a new school record with a total attendance of 19,123 and averaged 1,366 fans per game, ranking 53rd nationally.
- Additionally, UC achieved six new top-10 attendance records in 2023.
- Seventy-seven schools in Division I finished 2023 with an average attendance of more than 1,000. In 2022, 59 schools averaged 1,000 fans per game and in 2021, even with COVID protocols, 40 averaged more than 1,000.

TOP FIVE ATTENDANCE MARKS IN UC HISTORY

1. 3,358 vs. XAVIER (AUG. 26, 2023)
2. 2,097 vs. TEXAS TECH (OCT. 25, 2023)
3. 2,057 vs. WICHITA STATE (NOV. 2, 2018)
4. 2,018 vs. SMU (NOV. 4, 2016)
5. 1,850 vs. OKLAHOMA (NOV. 20, 2023)

UC'S NCAA TOURNAMENT HISTORY

- 1981: at Penn State, L 0-3
- 1999: vs Santa Clara, L 1-3
- 2000: vs No. 20 Notre Dame, L 0-3
- 2001: vs Xavier, W 3-1; at No. 10 Ohio State, L 1-3
- 2002: vs Arizona State, L 2-3
- 2003: vs UCF, L 2-3
- 2008: vs WKU, W 3-2; at No. 9 Illinois, L 0-3
- 2009: at Ohio State, L 1-3
- 2010: vs WKU, W 0-3; at No. 14 Illinois, L 1-3
- 2011: vs Samford, W 3-2; vs Florida State, L 2-3
- 2016: vs No. 16 Florida State, L 1-3
- 2018: vs Illinois State, 3-0; at No. 15 Marquette, L 0-3
- 2019: vs VCU, W 3-1; at No. 6 Pitt, W 3-2; vs. No. 11 Penn State, L 2-3



1 // NINA HORNING

OH / SO. / 6-3

LAKE ORION, MICH. / LAKE ORION

- Has played in four matches this season
- Made her season debut vs. Morehead State (9/21)
- Played in 13 matches as a freshman
- Made her first career start against Indiana State where she totaled nine kills
- Mom competed in track & field at Marquette; sister, Shannon, played volleyball at Ashland; sister, Sophie, played volleyball at Saint Francis; sister, Hannah, played volleyball at Michigan State



2 // SYDNEY NOLAN

RS/OH / SO. / 6-4

FLORENCE, KY. / NOTRE DAME ACADEMY / UNC

- Begins the season on the right side due to team injuries; saw first action at outside hitter vs. Iowa State with the return of Irbe Lazda
- Has posted five double-doubles in 2024
- Delivered a standout performance vs. Morehead State (9/21), racking up a career-high 19 kills at a .429 clip (19k-1e-42a) to go with 13 digs
- Tallied a career-high 19 digs to go with 10 kills vs. Akron (9/17)
- Posted first career double-double with 12 kills and 11 digs vs. Xavier (9/12)
- Named to Bellarmine Classic All-Tournament Team after averaging 3.90 kills, 2.30 digs and 0.60 blocks per set across three matches
- Came home to Cincinnati after spending her freshman season at UNC
- Earned ACC All-Freshman honors; led the Tar Heels with a .391 hitting percentage, which ranked seventh in the ACC, and 1.06 blocks per set
- Played middle blocker at UNC; was set to move back to the outside position at UC, which she played in club
- Father played baseball at The University of Findlay

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UNC	65-18	104	1.60	18	220	.391	5	0.08	1	0.02	5	16	0.25	0	8	61	69	1.06	2	0	143.5	2.21
2024-25	UC	75-21	201	2.68	59	569	.250	9	0.12	13	0.17	21	154	2.05	14	3	39	42	0.56	4	0	236.5	3.15
TOTAL FOR UC		75-21	201	2.68	59	569	.250	9	0.12	13	0.17	21	154	2.05	14	3	39	42	0.56	4	0	236.5	3.15
TOTAL		140-39	305	2.18	77	789	.289	14	0.10	14	0.10	26	170	1.21	14	11	100	111	0.79	6	0	380.0	2.71



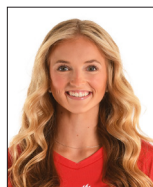
3 // KATELYN LEFLER

S / SR. / 6-0

MENOMONEE FALLS, WIS. / HAMILTON / ILLINOIS STATE

- Suffered injury in fourth set vs. Kansas State, did not play vs. Kansas
- Has posted eight double-doubles in 2024
- Posted 29 assists and 10 digs in sweep vs. UCF
- Registered her second double-double of the season with season highs in assists (52) and digs (16) vs. Akron (9/17)
- Named to Best Western Invitational All-Tournament Team after averaging 9.11 ast/s, 1.44 d/s and 1.00 blk/s
- First Bearcat since 2019 to eclipse 1,000 assists in a single season (1,011 in 2023)
- Posted 15 double-doubles in 2023, including a stretch of five straight
- Surpassed 2,000 career assists in final match of last season
- Dished out 40-plus assists on 11 occasions in 2023
- Joined the Bearcats from Illinois State where she appeared in 38 career matches over two seasons and went to NCAA Tournament in 2021

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	ILS	102-28	54	0.53	10	144	.306	742	7.27	21	0.21	42	200	1.96	0	1	20	21	0.21	1	19	86.0	0.84
2022-23	ILS	37-10	16	0.43	3	47	.277	263	7.11	7	0.19	13	87	2.35	2	0	9	9	0.24	1	6	27.5	0.74
2023-24	UC	106-28	36	0.34	17	118	.161	1011	9.54	12	0.11	19	283	2.67	1	5	48	53	0.50	4	24	77.0	0.73
2024-25	UC	73-20	26	0.36	5	50	.420	653	8.95	11	0.15	19	173	2.37	0	3	31	34	0.47	2	0	55.5	0.76
TOTAL FOR UC		179-48	62	0.35	22	168	.238	1664	9.30	23	0.13	38	456	2.55	1	8	79	87	0.49	6	24	132.5	0.74
TOTAL		318-86	132	0.42	35	359	.270	2669	8.39	51	0.16	93	743	2.34	3	9	108	117	0.37	8	49	246.0	0.77



4 // CARLY GLENDINNING

OH / JR. / 6-2

LAKE ST. LOUIS, MO. / TIMBERLAND

- Has recorded double-digit kills in 15 matches, including 20+ kills five times
- Notched first double-double of the season vs. Texas Tech (21k/11d)
- Posted a career-high 24 kills at a .310 clip vs. Morehead State (9/19)
- Had seven of her 22 kills in the fifth set vs. Akron
- Named Cincinnati's Big 12 Student-Athlete of the Month for October
- Saw time at right side to begin last season before season-ending injury to Jadyn Bauss moved Glendinning back to outside for Big 12 play
- Has posted seven double-doubles in her career
- Named Second Team All-AAC in 2022 after posting a team-high 312 kills
- Industrial management major and member of the Lindner Business Honors; aspires to lead people through an operations role in a company
- Spent her summer interning at Dayton Freight; will continue working at Top Tier Lessons during the year

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UC	105-30	312	2.97	131	957	.189	7	0.07	7	0.07	13	132	1.26	36	8	24	32	0.30	3	0	339.0	3.23
2023-24	UC	99-27	194	1.96	112	656	.125	11	0.11	16	0.16	11	147	1.48	24	6	35	41	0.41	5	0	233.5	2.36
2024-25	UC	76-21	283	3.72	92	758	.252	10	0.13	20	0.26	28	114	1.50	29	4	37	41	0.54	1	0	325.5	4.28
TOTAL		280-78	789	2.82	335	2371	.191	28	0.10	43	0.15	52	393	1.40	89	18	96	114	0.41	9	0	898.0	3.21



5 // LILIAN ENTENMANN

MB / SO. / 6-1

COLUMBUS, OHIO / UPPER ARLINGTON

- Mother was born and raised in Germany which allows Lilian to have dual citizenship; she is also fluent in German
- Mother practices healthcare law, which inspired Lilian to pursue a career in law. Wants to play professionally in Germany for a year before attending law school
- Appeared in 11 matches in 2023 as a serving specialist
- Father played basketball at Stetson, brother currently plays at Kent State



7 // JANELLE GREEN

S / FR. / 5-9

LEAWOOD, KAN. / BLUE VALLEY NORTH

- Made season debut vs. eighth-ranked Kansas due to injury to starting setter Katelyn Lefler
- Ranked No. 1 setter out of Kansas by Prep Dig, No. 11 nationally for her position
- 2023 AVCA Girls High School Honorable Mention All-America
- Father, Trent, was a quarterback in the NFL for 15 years with the Chiefs, Rams, Dolphins, Commanders and Chargers
- Brother TJ played football for Northwestern; brother Derek played football for SMU; cousin, Ben Skowronek, currently plays for the Houston Texans
- Janelle and her siblings all don a jersey number worn by their father
- Received the "Fearless Spirit Award" in high school, in honor of her first volleyball coach, Janice Van Gorp, who passed away in 2015
- Can play the guitar



8 // LIGIA WILLIAMS

MB / R-SO. / 5-11

JEFFERSONVILLE, IND. / ROCK CREEK ACADEMY

- Posted seven blocks in just two sets played vs. Kansas State
- Completed her first full, healthy season with the Bearcats in 2023
- Had nine matches with five-or-more blocks last season, including career-high nine at West Virginia
- Averaged a team-high 1.12 blocks per set in 2023
- Her 19 solo blocks last year ranked seventh in program history for a single season since the implementation of rally scoring
- Played in six matches in 2022 before suffering a season-ending injury
- Redshirt her freshman season in 2021
- Attended Rock Creek Academy and was only the second student ever to play for Division I school
- Has a twin sister, Lajoy; her cousin Janelle Jenkins played volleyball for the University of Louisville

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UC	23-6	37	1.61	24	115	.113	1	0.04	0	0.00	0	6	0.26	0	3	15	18	0.78	3	0	47.5	2.07
2023-24	UC	93-26	153	1.65	61	369	.249	2	0.02	0	0.00	0	15	0.16	0	19	85	104	1.12	14	2	214.5	2.31
2024-25	UC	45-16	42	0.93	17	110	.227	4	0.09	0	0.00	0	12	0.27	1	7	42	49	1.09	6	0	70.0	1.56
TOTAL		161 - 48	232	1.44	102	594	.219	7	0.04	0	0.00	0	33	0.20	1	29	142	171	1.06	23	2	332.0	2.06



9 // KAYLA HOSTETLER

L/DS / SO. / 5-6

HEBRON, KY. / NOTRE DAME ACADEMY

- Member of defensive trio in 2023, playing in 25 matches with 16 starts
- Was third on the team in digs (166) and fourth in service aces (17)
- Five matches with double-digit digs in 2023, with season-high 19 coming against South Carolina



11 // LILLY GILLESPIE

L/DS / FR. / 5-7

CINCINNATI, OHIO / TURPIN

- Defensive specialist who is averaging 1.41 digs across 18 matches
- Averaging 3.08 digs over the last three matches
- Posted career-high 16 digs vs. Texas Tech
- Made collegiate debut in season opener versus Illinois
- Four-year letterwinner at local Turpin High School
- Plans to major in biomedical engineering

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UC	56-20	0	0.00	2	5	-.400	7	0.13	3	0.05	6	79	1.41	10	0	0	0	0.00	0	0	3.0	0.05
TOTAL		56 - 20	0	0.00	2	5	-.400	7	0.13	3	0.05	6	79	1.41	10	0	0	0	0.00	0	0	3.0	0.05



12 // AMANDA MACK

OH / FR. / 6-1

MARYVILLE, TENN. / IMG ACADEMY

- Made collegiate debut versus UAB on Sept. 6
- Moved from Maryville, Tennessee to Bradenton, Florida for her senior year to be a part of IMG Academy's inaugural volleyball season
- Played in the Under Armour All-America Games, only 26 girls in the whole country were selected
- A black belt in tae kwon do
- Grew up in Orange Country before moving to Tennessee



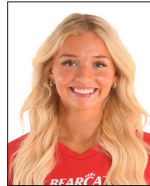
14 // IRBE LAZDA

RS / 5TH / 6-3

MARUPE, LATVIA / MARUPES / TOWSON

- Made her 2024 debut vs. Iowa State after missing the first 12 matches with injury; came off the bench in the second set and finished with 6k and 4blk
- Arrives in Cincinnati following three seasons at Towson (2021-23); where she played in two NCAA Tournaments after winning the CAA Championship in 2022 and 2021
- Named CAA All-Tournament Team and Second Team All-CAA in 2023
- CAA Most Outstanding Performer and All-Tournament Team in 2021
- Played her first two seasons at UTEP (2019-20); received a medical redshirt after suffering a season-ending injury in 2019
- Has been a member of the Latvian National Team since 2015
- Was included on the Senior National Team for Latvia in 2019
- Goes by 'E' to her coaches and teammates

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2019-20	UTEP	40-10	75	1.88	19	138	.406	2	0.05	15	0.38	27	15	0.38	1	6	31	37	0.93	7	0	111.5	2.79
2020-21	UTEP	9-2	22	2.44	10	48	.250	0	0.00	0	0.00	0	0	0.00	0	0	6	6	0.67	0	1	25.0	2.78
2021-22	Towson	69-22	122	1.77	64	372	.156	2	0.03	0	0.00	0	31	0.45	0	2	60	62	0.90	3	1	154.0	2.23
2022-23	Towson	109-31	259	2.38	98	661	.244	10	0.09	0	0.00	1	53	0.49	0	4	95	99	0.91	10	2	310.5	2.85
2023-24	Towson	100-29	290	2.90	72	620	.352	8	0.08	2	0.02	3	74	0.74	0	7	89	96	0.96	5	0	343.5	3.44
2024-25	UC	12-6	20	1.67	9	50	.220	1	0.08	0	0.00	0	4	0.33	0	1	3	4	0.33	0	0	22.5	1.88
TOTAL FOR UC		12 - 6	20	1.67	9	50	.220	1	0.08	0	0.00	0	4	0.33	0	1	3	4	0.33	0	0	22.5	1.88
TOTAL		339 - 100	788	2.32	272	1889	.273	23	0.07	17	0.05	31	177	0.52	1	20	284	304	0.90	25	4	967.0	2.85



15 // FAITH FRAME

L/DS / FR. / 5-7

GRETNA, NEB. / PAPPILLION LA VISTA

- Has recorded 10-or-more digs in 16 matches, 20+ digs three times
- Named to NCAA's Michella Chester mid-season top freshman list
- Earned second Big 12 Rookie of the Week honor on Oct. 8 after totaling 30 digs on the week for a 4.29 digs per set average
- Named Big 12 Rookie of the Week on Sept. 17 after leading the league in digs per set (5.14) for the week
- Posted career-high 27 digs in four-set win at Xavier (9/12)
- 2023 AVCA Girls High School Second Team All-America
- Sister Enslay plays softball for Creighton

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UC	76-21	1	0.01	0	6	.167	78	1.03	9	0.12	20	308	4.05	21	0	0	0	0.00	0	0	10.0	0.13
TOTAL		76 - 21	1	0.01	0	6	.167	78	1.03	9	0.12	20	308	4.05	21	0	0	0	0.00	0	0	10.0	0.13



17 // PAIGE PICKERING

OH / JR. / 5-10

DOWNERS GROVE, ILL. / MONTINI

- Appeared in 10 matches covering 26 sets in 2023
- Utility player who saw action as a setter in 2022



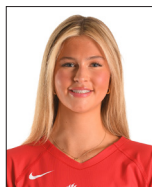
20 // GRETCHEN SIGMAN

RS / FR. / 5-11

HOLLAND, OHIO / SPRINGFIELD

- Has played on the right side in the last four matches
- Posted eight kills, five digs and four aces in first career start vs. Texas Tech
- Made collegiate debut in season opener versus Illinois
- Garnered District Player of the Year at Springfield High School
- Aspires to be a physical therapist, realized this after attending treatments for injuries she endured during high school

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UC	28-11	24	0.86	16	78	.103	3	0.11	7	0.25	3	30	1.07	1	0	6	6	0.21	1	0	34.0	1.21
TOTAL		28 - 11	24	0.86	16	78	.103	3	0.11	7	0.25	3	30	1.07	1	0	6	6	0.21	1	0	34.0	1.21



21 // FALLON STEWART

OH / FR. / 6-3

WINTER PARK, FLA. / WINTER PARK

- Notched 10 kills at a season-high .444 clip vs. #22 Baylor
- Tallied season-high 16 digs in four-set win at Xavier (9/12)
- Posted first career double-digit kill match with 11 kills in sweep of BGSU
- AVCA Girls High School First Team All-America, Metro Conference Female Athlete of the Year, Florida 7A Dairy Farmer Player of the Year
- Finalist for Miss Volleyball Florida and Florida Gatorade Player of the Year
- Winter Park High School record holder for career kills; totaled 1,518 kills, 864 digs, and 175 aces in high school
- USAV National Team Development Program Member and six-time USAV Open Qualifier All-Tournament Team
- Father, Stanley, played baseball at the University of Florida and continued his career with the Yankees while mother, Carla, played basketball for UCF
- Brother, Ketcher, played volleyball at Purdue Fort Wayne

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UC	68-21	158	2.32	87	464	.153	6	0.09	6	0.09	11	60	0.88	15	1	17	18	0.26	2	2	173.5	2.55
TOTAL		68-21	158	2.32	87	464	.153	6	0.09	6	0.09	11	60	0.88	15	1	17	18	0.26	2	2	173.5	2.55



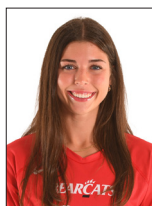
22 // CAROLINE ENDRES

S / JR. / 5-10

CINCINNATI, OHIO / SAINT URSULA ACADEMY

- Has played in the last seven matches in the Bearcats' 6-2 rotation
- Posted double-double vs. TCU with 14 assists and 10 digs
- Did not see action in 2023
- Tallied a career-high 68 assists at Xavier (Sept. 17, 2022) — good for the sixth-most assists in a single match in program history since the implementation of rally scoring
- Mechanical engineering major; interned with a medical device company this summer that designs and creates tools for heart surgeons
- Will assist on a research project this fall with a UC professor
- Went to kindergarten and high school on the same street as UC

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UC	82-24	26	0.32	13	72	.181	785	9.57	21	0.26	35	100	1.22	0	0	26	26	0.32	5	24	60.0	0.73
2024-25	UC	24-10	2	0.08	0	3	.667	103	4.29	0	0.00	8	30	1.25	0	0	0	0	0.00	0	0	2.0	0.08
TOTAL		106-34	28	0.26	13	75	.200	888	8.38	21	0.20	43	130	1.23	0	0	26	26	0.25	5	24	62.0	0.58



24 // ABBY WALKER

MB/RS / SR. / 6-1

CAMBRIDGE, OHIO / JOHN GLENN

- Has led the team in blocking in 16 matches this season
- Season-high 15 kills to go along with a match-high six blocks vs. Akron (9/17); only committed one attacking error on 24 attempts (.583)
- All-Tournament honors at Bellarmine Classic with 2.60 kills at a .435 clip
- Named to Best Western Invitational All-Tournament Team after averaging 2.22 blk/s and 3.00 k/s at a .382 pct
- Was first on the team in points (325), kills (260), service aces (23), second in hitting percentage (.277) and third in blocks (78) last season
- Posted 15 matches with 10-plus kills in 2023, including first career double-double at Kansas State
- Played first season at the middle blocker position before season-ending injuries moved Walker to the right side the last two years
- Two-time All-AAC selection & 2021 AAC Freshman of the Year
- Two-time CSC Academic All-District; graduated this spring with a perfect 4.0 GPA
- Wants to pursue a professional volleyball career

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UC	113-28	286	2.53	80	661	.312	4	0.04	39	0.35	23	62	0.55	1	10	63	73	0.65	4	0	366.5	3.24
2022-23	UC	112-30	281	2.51	77	659	.310	1	0.01	22	0.20	30	55	0.49	0	13	79	92	0.82	3	0	355.5	3.17
2023-24	UC	108-28	260	2.41	79	654	.277	4	0.04	23	0.21	21	110	1.02	0	6	72	78	0.72	3	2	325.0	3.01
2024-25	UC	76-21	146	1.92	33	339	.333	7	0.09	14	0.18	12	31	0.41	0	12	73	85	1.12	5	0	208.5	2.74
TOTAL		409-107	973	2.38	269	2313	.304	16	0.04	98	0.24	86	258	0.63	1	41	287	328	0.80	15	2	1256	3.07



30 // JULIE WITTEKIND

L/DS / SR. / 5-8

CINCINNATI, OHIO / TURPIN

- Averaging 2.10 digs per set in Big 12 play
- Recorded career-high 13 digs in UC's sweep of UCF (10/5)
- Posted 11 digs at Morehead State (9/21)
- Member of defensive trio last season, playing in 24 matches with 10 starts
- Was fourth on the team in digs (158) in 2023
- Has battled injuries the majority of her career, was out all spring with injury
- Her mother and grandmother were both baton twirlers for UC; she learned how to baton twirl growing up

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UC	26-10	0	0.00	0	4	.000	3	0.12	1	0.04	3	41	1.58	4	0	0	0	0.00	0	0	1.0	0.04
2022-23	UC	3-2	0	0.00	0	.000	0	0.00	0	0.00	0	0	4	1.33	1	0	0	0	0.00	0	0	0.0	0.00
2023-24	UC	90-24	0	0.00	0	1	.000	19	0.21	6	0.07	16	158	1.76	17	0	0	0	0.00	0	0	6.0	0.07
2024-25	UC	63-21	0	0.00	2	4	.500	15	0.24	12	0.19	16	118	1.87	12	0	0	0	0.00	0	0	12.0	0.19
TOTAL		182-57	0	0.00	2	9	.222	37	0.20	19	0.10	35	321	1.76	34	0	0	0	0.00	0	0	19.0	0.10



33 // MOLLY HARRISON

L/DS / SR. / 5-9

CLEVELAND, OHIO / SAINT JOSEPH ACADEMY

- Serving specialist for the Bearcats
- Powered UC on two service runs, 6-0 and 4-0, in sweep of WVU (9/25)
- After graduation, she will be a volleyball graduate assistant for Baldwin Wallace University; getting her master's and license in special education
- Is an Irish twin with her sister Megan
- Sister Megan plays volleyball at Tufts University, brother Tommy plays baseball at Miami University
- Has underwent several knee injuries which has caused her to take on more of a leadership position with the team

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UC	65-21	2	0.03	1	7	.143	9	0.14	10	0.15	9	106	1.63	5	0	0	0	0.00	0	0	12.0	0.18
2022-23	UC	19-10	0	0.00	0	0	.000	1	0.05	1	0.05	3	8	0.42	1	0	0	0	0.00	0	0	1.0	0.05
2023-24	UC	57-22	0	0.00	0	1	.000	4	0.07	5	0.09	8	33	0.58	1	0	0	0	0.00	0	0	5.0	0.09
2024-25	UC	35-16	0	0.00	0	0	.000	1	0.03	5	0.14	5	9	0.26	0	0	0	0	0.00	0	0	5.0	0.14
TOTAL		176-69	2	0.01	1	8	.125	15	0.09	21	0.12	25	156	0.89	7	0	0	0	0.00	0	0	23.0	0.13



99 // ZETA WASHINGTON

MB / SO. / 6-2

PONTE VEDRA, FLA. / PONTE VEDRA

- Named to Big 12 All-Rookie Team last season, the first Bearcat to procure a yearly Big 12 volleyball honor
- Saw first significant action of 2024 versus Kent State, totaling seven kills on nine swings (.778) in two sets played
- Was sidelined with a thumb injury to start the season
- Led the Bearcats in hitting percentage (.316) and was second on the team in kills (250) and blocks (88) in 2023
- Posted 13 double-digit kill performances, 10 in league play, and five-or-more blocks in eight matches
- One of her top offensive performances came in her collegiate debut where she dropped a 25-piece (25k-2e-42a) in a four-set win over Kennesaw St.
- Wants to play professional volleyball, and after that pursue a career in sports broadcast journalism — dad was an ESPN tennis analyst
- If she wasn't playing volleyball, she'd want to do weightlifting
- Father is former professional tennis player Mal Washington. He won four tournament championships on the ATP Tour and advanced to the men's singles final at Wimbledon in 1996
- Mother, Jennifer Carper, swam at the University of Arizona. All six of her cousins on her mom's side have played or are competing in college athletics
- Has a cat named Chicken, loves baking and has a passion for graphic design

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UC	91-24	250	2.75	71	566	.316	6	0.07	10	0.11	33	30	0.33	0	18	70	88	0.97	2	0	313.0	3.44
2024-25	UC	37-13	59	1.59	16	133	.323	3	0.08	0	0.00	0	10	0.27	0	4	21	25	0.68	2	0	73.5	1.99
TOTAL		128-37	309	2.41	87	699	.318	9	0.07	10	0.08	33	40	0.31	0	22	91	113	0.88	4	0	386.5	3.02



2024-25 Cincinnati Women's Volleyball Combined Team Statistics All games

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as of Nov 02, 2024

Game Records

Overall	Conference	Home	Away	Neutral
12 - 9	3 - 7	4 - 3	6 - 4	2 - 2

Team Box Score

		Attack						Set		Serve			Dig			Blocking						
##	Player	SP	K	K/S	E	TA	PCT	A	A/S	SA	SE	SA/S	RE	DIG	DIG/S	BS	BA	TOT/S	BLK/S	BE	BHE	PTS
1	Horning, Nina	7	5	0.71	6	34	.029	0	0.00	0	0	0.00	1	7	1.00	0	3	3	0.43	0	0	6.5
2	Nolan, Sydney	75	201	2.68	59	569	.250	9	0.12	13	21	0.17	14	154	2.05	3	39	42	0.56	4	0	236.5
3	Lefler, Katelyn	73	26	0.36	5	50	.420	653	8.95	11	19	0.15	0	173	2.37	3	31	34	0.47	2	0	55.5
4	Glendinning, Carly	76	283	3.72	92	758	.252	10	0.13	20	28	0.26	29	114	1.50	4	37	41	0.54	1	0	325.5
5	Entenmann, Lilian	1	0	0.00	0	0	.000	0	0.00	0	1	0.00	0	0	0.00	0	0	0	0.00	0	0	0.0
7	Green, Janelle	2	0	0.00	0	0	.000	7	3.50	0	0	0.00	0	4	2.00	0	0	0	0.00	0	0	0.0
8	Williams, Ligia	45	42	0.93	17	110	.227	4	0.09	0	0	0.00	1	12	0.27	7	42	49	1.09	6	0	70.0
11	Gillespie, Lilly	56	0	0.00	2	5	-.400	7	0.13	3	6	0.05	10	79	1.41	0	0	0	0.00	0	0	3.0
12	Mack, Amanda	2	0	0.00	1	2	-.500	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0	0.0
14	Lazda, Irbe	12	20	1.67	9	50	.220	1	0.08	0	0	0.00	0	4	0.33	1	3	4	0.33	0	0	22.5
15	Frame, Faith	76	1	0.01	0	6	.167	78	1.03	9	20	0.12	21	308	4.05	0	0	0	0.00	0	0	10.0
17	Pickering, Paige	1	0	0.00	0	0	.000	0	0.00	0	1	0.00	0	0	0.00	0	0	0	0.00	0	0	0.0
20	Sigman, Gretchen	28	24	0.86	16	78	.103	3	0.11	7	3	0.25	1	30	1.07	0	6	6	0.21	1	0	34.0
21	Stewart, Fallon	68	158	2.32	87	464	.153	6	0.09	6	11	0.09	15	60	0.88	1	17	18	0.26	2	2	173.5
22	Endres, Caroline	24	2	0.08	0	3	.667	103	4.29	0	8	0.00	0	30	1.25	0	0	0	0.00	0	0	2.0
24	Walker, Abby	76	146	1.92	33	339	.333	7	0.09	14	12	0.18	0	31	0.41	12	73	85	1.12	5	0	208.5
30	Wittekind, Julie	63	0	0.00	2	4	-.500	15	0.24	12	16	0.19	12	118	1.87	0	0	0	0.00	0	0	12.0
33	Harrison, Molly	35	0	0.00	0	0	.000	1	0.03	5	5	0.14	0	9	0.26	0	0	0	0.00	0	0	5.0
99	Washington, Zeta	37	59	1.59	16	133	.323	3	0.08	0	0	0.00	0	10	0.27	4	21	25	0.68	2	0	73.5
CINCINNATI		76	967	12.72	345	2605	.239	907	11.93	100	151	1.32	128	1143	15.04	35	272	171	2.25	23	2	1,238.0
Opponents		76	982	12.92	418	2746	.205	900	11.84	128	183	1.68	100	1106	14.55	32	228	146	1.92	24	1	1,256.0

Team statistics

	UC	OPP
ATTACK		
Kills	967	982
Errors	345	418
Total Attacks	2605	2746
Attack Pct	.239	.205
Kills/Set	12.72	12.92
SET		
Assists	907	900
Attempts	2640	2668
Assist Pct	.344	.337
Assists/Set	11.93	11.84
SERVE		
Aces	100	128
Errors	151	183
Attempts	1681	1635
Serve Pct	.910	.888
Aces/Set	1.32	1.68
SERVE RECEPTIONS		
Errors	128	100
Errors/Set	1.68	1.32
Attempts	1452	1530
Reception Pct	.912	.999
DEFENSE		
Digs	1143	1106
Digs/Set	15.04	14.55
BLOCKING		
Block solo	35	32
Block Assist	272	228
Total Blocks	171	146
Blocks/Set	2.25	1.92
Block Errors	23	24
Ball handling errors	2	1
ATTENDANCE		
Total	7990	10563
Dates/Avg Per Date	7/1141	10/1056
Neutral Site #/Avg	4/119	-
Current win streak	0	-
Home win streak	0	-

Team Results

Date	Opponent	Score	Score-by-set	Att.
08/30/2024	vs Illinois	L 0-3	10-25,19-25,14-25	140
08/31/2024	vs Chicago St.	W 3-0	25-19,25-14,25-13	122
09/01/2024	at Bowling Green	W 3-0	25-22,25-14,25-18	1165
09/06/2024	vs IU Indy	W 3-0	25-16,25-22,25-17	87
09/06/2024	vs UAB	L 1-3	25-20,21-25,23-25,23-25	125
09/07/2024	at Bellarmine	W 3-0	26-24,25-23,25-14	265
09/12/2024	at Xavier	W 3-1	19-25,25-14,25-21,25-21	1135
09/14/2024	Kent St.	W 3-0	25-22,25-19,25-14	912
09/17/2024	Akron	W 3-2	16-25,25-21,25-19,21-25,17-15	1013
09/19/2024	Morehead St.	W 3-1	31-33,25-21,25-19,25-17	1052
09/21/2024	at Morehead St.	W 3-1	20-25,25-20,25-15,25-20	220
* 09/25/2024	at West Virginia	W 3-0	25-15,25-23,25-16	674
* 10/02/2024	at Iowa St.	L 1-3	19-25,13-25,25-21,23-25	2264
* 10/05/2024	UCF	W 3-0	25-23,25-21,25-20	1231
* 10/10/2024	Kansas St.	L 2-3	25-19,25-19,22-25,18-25,17-19	1112
* 10/12/2024	Kansas	L 0-3	21-25,11-25,18-25	1281
* 10/17/2024	at Baylor	L 0-3	18-25,16-25,20-25	701
* 10/19/2024	at TCU	L 1-3	27-25,19-25,13-25,16-25	1732
* 10/24/2024	Texas Tech	L 2-3	25-17,24-26,25-13,20-25,12-15	1389
* 10/30/2024	at UCF	W 3-0	25-18,25-23,25-20	1077
* 11/01/2024	at Houston	L 1-3	28-26,9-25,24-26,21-25	1330



2024-25 Cincinnati Women's Volleyball
Combined Team Statistics
In Conference games

Game Records

Overall	Conference	Home	Away	Neutral
3 - 7	3 - 7	1 - 3	2 - 4	0 - 0

Team Box Score

		Attack						Set		Serve			Dig			Blocking						
##	Player	SP	K	K/S	E	TA	PCT	A	A/S	SA	SE	SA/S	RE	DIG	DIG/S	BS	BA	TOT/S	BLK/S	BE	BHE	PTS
1	Horning, Nina	5	3	0.60	5	28	-.071	0	0.00	0	0	0.00	1	5	1.00	0	2	2	0.40	0	0	4.0
2	Nolan, Sydney	36	73	2.03	22	231	.221	2	0.06	4	6	0.11	8	49	1.36	0	15	15	0.42	3	0	84.5
3	Lefler, Katelyn	34	11	0.32	1	20	.500	237	6.97	5	8	0.15	0	73	2.15	0	10	10	0.29	0	0	21.0
4	Glendinning, Carly	37	137	3.70	50	392	.222	4	0.11	8	12	0.22	15	56	1.51	2	18	20	0.54	1	0	156.0
7	Green, Janelle	2	0	0.00	0	0	.000	7	3.50	0	0	0.00	0	4	2.00	0	0	0	0.00	0	0	0.0
8	Williams, Ligia	10	3	0.30	6	19	-.158	1	0.10	0	0	0.00	0	3	0.30	1	12	13	1.30	3	0	10.0
11	Gillespie, Lilly	30	0	0.00	0	2	.000	6	0.20	3	4	0.10	7	50	1.67	0	0	0	0.00	0	0	3.0
14	Lazda, Irbe	12	20	1.67	9	50	.220	1	0.08	0	0	0.00	0	4	0.33	1	3	4	0.33	0	0	22.5
15	Frame, Faith	37	0	0.00	0	3	.000	37	1.00	2	9	0.05	9	149	4.03	0	0	0	0.00	0	0	2.0
20	Sigman, Gretchen	19	20	1.05	13	60	.117	3	0.16	7	2	0.37	0	22	1.16	0	6	6	0.32	0	0	30.0
21	Stewart, Fallon	32	66	2.06	35	189	.164	0	0.00	0	1	0.00	7	16	0.50	1	8	9	0.28	2	0	71.0
22	Endres, Caroline	22	2	0.09	0	3	.667	98	4.45	0	7	0.00	0	28	1.27	0	0	0	0.00	0	0	2.0
24	Walker, Abby	37	54	1.46	11	146	.295	4	0.11	6	9	0.16	0	16	0.43	6	31	37	1.00	2	0	81.5
30	Wittekind, Julie	30	0	0.00	2	4	-.500	10	0.33	4	7	0.13	8	63	2.10	0	0	0	0.00	0	0	4.0
33	Harrison, Molly	15	0	0.00	0	0	.000	0	0.00	3	3	0.20	0	5	0.33	0	0	0	0.00	0	0	3.0
99	Washington, Zeta	30	49	1.63	14	112	.313	2	0.07	0	0	0.00	0	10	0.33	3	19	22	0.73	2	0	61.5
CINCINNATI		37	438	11.84	168	1259	.214	412	11.14	42	68	1.14	67	553	14.95	14	124	76	2.05	13	0	556.0
Opponents		37	516	13.95	188	1353	.242	470	12.70	67	99	1.81	42	574	15.51	14	116	72	1.95	14	1	655.0

Team statistics

	UC	OPP
ATTACK		
Kills	438	516
Errors	168	188
Total Attacks	1259	1353
Attack Pct	.214	.242
Kills/Set	11.84	13.95
SET		
Assists	412	470
Attempts	1282	1313
Assist Pct	.321	.358
Assists/Set	11.14	12.70
SERVE		
Aces	42	67
Errors	68	99
Attempts	780	829
Serve Pct	.913	.881
Aces/Set	1.14	1.81
SERVE RECEPTIONS		
Errors	67	42
Errors/Set	1.81	1.14
Attempts	730	712
Reception Pct	.908	.998
DEFENSE		
Digs	553	574
Digs/Set	14.95	15.51
BLOCKING		
Block solo	14	14
Block Assist	124	116
Total Blocks	76	72
Blocks/Set	2.05	1.95
Block Errors	13	14
Ball handling errors	0	1
ATTENDANCE		
Total	5013	7778
Dates/Avg Per Date	4/1253	6/1296
Neutral Site #/Avg	0/0	-
Current win streak	0	-
Home win streak	0	-

Team Results

Date	Opponent		Score	Score-by-set	Att.
* 09/25/2024	at West Virginia	W	3-0	25-15,25-23,25-16	674
* 10/02/2024	at Iowa St.	L	1-3	19-25,13-25,25-21,23-25	2264
* 10/05/2024	UCF	W	3-0	25-23,25-21,25-20	1231
* 10/10/2024	Kansas St.	L	2-3	25-19,25-19,22-25,18-25,17-19	1112
* 10/12/2024	Kansas	L	0-3	21-25,11-25,18-25	1281
* 10/17/2024	at Baylor	L	0-3	18-25,16-25,20-25	701
* 10/19/2024	at TCU	L	1-3	27-25,19-25,13-25,16-25	1732
* 10/24/2024	Texas Tech	L	2-3	25-17,24-26,25-13,20-25,12-15	1389
* 10/30/2024	at UCF	W	3-0	25-18,25-23,25-20	1077
* 11/01/2024	at Houston	L	1-3	28-26,9-25,24-26,21-25	1330