

2018 MEET SCHEDULE

S	1	at Queen City Invite	Highland Heights, Ky.
	15	at McNichols Invite	Terre Haute, Ind.
	29	at Greater Louisville Classic	Louisville, Ky.
O	12	at Bradley Pink Classic	Peoria, Ill.
	25	at AAC Championships	New Orleans, La.
N	9	at NCAA Great Lakes Region	Terre Haute, Ind.
	17	at NCAA Championships	Madison, Wis.

UC'S NCAA COMPETITORS

// ALL-TIME NCAA INDIVIDUAL QUALIFIERS

2018	BIENENFELD, Aaron			
2011	FINAN, Eric	29:54.6	AA	25th
2010	FINAN, Eric	30:41.1		60th
2002	REIS, Chris	31:25.6		134th
2001	REIS, Chris	31:09.0		118th
2000	REIS, Chris	32:01.5		136th
1993	RUPE, Mark	31:16.6		66th
1972	STAPLETON, Ron	30:52.0		149th
1971	STAPLETON, Ron	30:28.0	AA	23rd

// ALL-TIME NCAA FINISHES (BY PLACEMENT)

23	STAPLETON, Ron	* 30:28.0	AA	1971
25	FINAN, Eric	* 29:54.6	AA	2011
60	FINAN, Eric	* 30:41.1		2010
66	RUPE, Mark	* 31:16.6		1993
86	UDOVIC, Dave	31:32.0		1969
100	BEATY, Bill	29:52.0		1970
118	REIS, Chris	* 31:09.0		2001
134	REIS, Chris	* 31:25.6		2002
136	REIS, Chris	* 32:01.5		2000
138	STAPLETON, Ron	32:20.0		1969
139	CRONE, Dan	32:21.0		1969
149	STAPLETON, Ron	* 30:52.0		1972
151	CRONE, Dan	30:16.0		1970
179	STANLEY, Jim	30:32.0		1970
198	MERHOLZ, Lynn	33:21.0		1969
215	STAPLETON, Ron	30:59.0		1970
230	ROGERS, Mike	31:17.0		1970
240	SLUSSER, Jim	34:30.0		1969
241	BENEDICT, Tim	31:28.0		1970
267	UDOVIC, Dave	32:02.0		1970

* competed as an individual

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MEET #6



2018 NCAA CROSS COUNTRY CHAMPIONSHIPS

Meet Info

Date	Saturday, November 17
Host	Wisconsin / NCAA
Venue	Thomas Zimmer Championship Course
Location	Madison, Wis.
Women's Race	6,000m @ 11:45 am ET
Men's Race	10,000m @ 12:45 pm ET
Results	Record Timing (RTSPT.com)
Streaming	FloTrack.com (subscription)

The Bienenfeld File

- 2018 USTFCCCA All-Region (12th, Great Lakes)
- 2018 All-Conference (3rd, American Athletic)
- 1st UC qualifier to NCAA XC since 2011
- 5th individual qualifier in UC history
- Placed in Top 12 in all 5 races run this year
- 2018 German Senior Mountain Racing Champs 2nd place
- 2018 AAC Outdoor 10,000m champ & 5,000m runner-up

UC's Bienenfeld Set to Race at NCAA XC Championships

Bearcats have a runner in national event for the first time since 2011

// THE STARTING LINE

Aaron Bienenfeld, a junior on the University of Cincinnati cross country team, will represent the Bearcats at the 2018 NCAA Cross Country Championships Saturday in Madison, Wis., giving the program its first national qualifier since the 2011 meet. Bienenfeld qualified for the competition on the Thomas Zimmer Championship Course by finishing 12th overall at the NCAA Great Lakes Region Championships last week in Terre Haute, Ind.

// FOLLOW US

For up to the minute updates, follow UC Track & Field/Cross Country (@GoBearsTFXC) on Twitter, Facebook (GoBearsTFXC) and Instagram (GoBearsTFXC) and join in the conversation by using the hashtag #BearsTFXC. This week, fans can also follow @NCAATrackField on Twitter and join the conversation with the hashtag #ncaaXC.

// QUICK SPLITS

- Bienenfeld is the first UC runner to qualify for the NCAA XC meet since 2011 (Eric Finan)
- He is the 5th Bearcats man to qualify individually (9th qualification)
- With his 12th-place finish at the NCAA Great Lakes Region Championships, Bienenfeld was selected to the USTFCCCA All-Region squad, just the 3rd UC runner to earn the honor
- In his five races run in 2018, Bienenfeld has placed in the Top 12 in all five, including 3rd in the AAC Championships to earn all-conference accolades, his best finish of 2018
- The men placed 12th in the Great Lakes Region, their best finish since 2011 (11th) and first Top 15 showing since 2014 (14th)
- Andrew Schille was 32nd in the region, giving UC two runners in the Top 35 for the first time since 1995 when three accomplished the feat
- Hannah Markel was the top UC woman in the region, placing 87th overall for the 2nd-best finish for a UC woman in the AAC era (2013)
- Markel also gave UC a Top 100 runner for the 3rd year in a row after Madison Dunlap (2017) and Juliana Madzia (2016) accomplished the feat
- The women placed 25th overall in the region, giving them their fourth Top 25 finish in as many years after placing 24th, 21st and 21st in the previous three competitions

// THE STAKES

Along with crowing team and individual national champions, several other honors are on the line Saturday in Madison. On the team front, the Top 4 squads in the stands will earn trophies. Individually, those runners finishing in the Top 40 will be recognized as USTFCCCA All-Americans.

// RESULTS & STREAMING

Live results for the championships will be provided by Record Timing while FloTrack.com will provide a web stream of the championships through their subscription service.

// THE STARTING LINE

Bienenfeld will be in starting box #22 in Madison with three other individual qualifiers in Aaron Templeton of Furman, Paul Hogan of UMass Lowell and Brent Demarest of Virginia. The individual group will have #22 Purdue and #27 Oklahoma State on either side of them at the start.

// REPRESENTING THE AAC

In the men's championship, the American Athletic Conference will be represented by one team in Tulsa, an at-large selection, and two individuals in Bienenfeld and Emmanuel Rotich of Tulane. In the women's competition, no AAC teams qualified, but three individuals did in Wichita State's Winny Koskei and SMU runners Hannah Miller and Svenja Ojsteresk.

BEARCATS NOTES // WEEK #7 • Bienenfeld at NCAA Championships

// AWARDS EARNED IN 2018

ATHLETIC HONORS

USTFCCCA All-Region

• Aaron Bienenfeld Great Lakes

AAC All-Conference

• Aaron Bienenfeld

AAC Runner of the Week

• Andrew Schille Men (9/4)
• Aaron Bienenfeld Men (10/2)

// TOP 10 OF THE SEASON

WOMEN

5,000m Races

1. Markel, Hannah	Louisville (69)	18:24.1
2. Bullock, Ellee	Louisville (92)	18:37.1
3. Patterson, Katrina	Louisville (93)	18:37.6
4. Mikula, Sam	Queen City (19)	18:38.2
5. Mikula, Sam	Louisville (94)	18:43.0
6. Markel, Hannah	Queen City (26)	18:47.3
7. Breitenstein, Maggie	Louisville (96)	18:47.5
8. Hentz, Sammy	Louisville (113)	18:55.5
9. Markel, Hannah	McNichols (31)	18:56.7
10. Patterson, Katrina	McNichols (41)	19:06.6

6,000m Races

1. Markel, Hannah	Bradley Pink (105)	22:16.1
2. Markel, Hannah	Great Lakes (87)	22:19.1
3. Patterson, Katrina	Bradley Pink (136)	22:30.1
4. Hentz, Sammy	Bradley Pink (160)	22:46.7
5. Bullock, Ellee	Bradley Pink (163)	22:48.6
6. Breitenstein, Maggie	Bradley Pink (164)	22:49.5
7. Patterson, Katrina	Great Lakes (136)	23:01.0
8. Hentz, Sammy	Great Lakes (150)	23:14.7
9. Breitenstein, Maggie	Great Lakes (156)	23:17.8
10. Bullock, Ellee	Great Lakes (163)	23:20.3

MEN

5,000m Races

1. Schille, Andrew	Queen City (1)	15:21.9
2. Grismer, Nick	Queen City (20)	15:48.9
3. Guenther, Ryan	Queen City (21)	15:49.8
4. Stump, Matt	Queen City (41)	16:17.3
5. Zombory, Steven	Queen City (46)	16:23.4
6. Stevens, Christian	Queen City (48)	16:24.2
7. Banos, Toni	Queen City (62)	16:28.6
8. Barnes, Jake	Queen City (85)	16:42.4
9. --		
10. --		

8,000m Races

1. Bienenfeld, Aaron	Louisville (9)	23:56.8
2. Schille, Andrew	Louisville (12)	24:06.1
3. Bienenfeld, Aaron	Bradley Pink (4)	24:36.7
4. Schille, Andrew	Bradley Pink (6)	24:39.3
5. Guenther, Ryan	Louisville (48)	24:55.2
6. Bienenfeld, Aaron	McNichols (4)	25:01.2
7. Grismer, Nick	Louisville (79)	25:20.4
8. Banos, Toni	Louisville (108)	25:39.0
9. Stevens, Christian	Louisville (128)	25:45.3
10. Vitucci, Michael	Louisville (134)	25:46.6

10,000m Races

1. Bienenfeld, Aaron	Great Lakes (12)	31:21.9
2. Schille, Andrew	Great Lakes (32)	31:50.0
3. Guenther, Ryan	Great Lakes (114)	33:10.6
4. Grismer, Nick	Great Lakes (122)	33:16.8
5. Banos, Toni	Great Lakes (132)	33:25.3
6. Stevens, Christian	Great Lakes (138)	33:36.4
7. Vitucci, Michael	Great Lakes (167)	34:32.6
8. --		
9. --		
10. --		

// 2017 BEARCATS • WOMEN

Name	Yr.	Hometown / High School / Last College
Breitenstein, Maggie	Fr.	Cincinnati, Ohio / St. Ursula Academy
Bullock, Ellee	So.*	Dublin, Ohio / Dublin Jerome / Utah State University (tennis)
Corea, Tes	Sr.	Hilliard, Ohio / Hilliard Darby
Hensley, Emma	Jr.*	Beavercreek, Ohio / Beavercreek
Hentz, Sammy	Sr.	Erlanger, Ky. / St. Henry
Hess, Sydney	So.	Curtice, Ohio / Oregon-Clay
Markel, Hannah	Jr.	Chargin, Ohio / Gilmour Academy
Maschino, Leah	Fr.	Maineville, Ohio / Kings
McManus, Janey	Fr.	Hunstville, Ala. / Grissom
Mikula, Sam	So.	Columbus, Ohio / Bishop Watterson
O'Dea, Madalyn	Fr.	Louisville, Ky. / Christian Academy
Patterson, Katrina	Fr.*	Clarence, N.Y. / Clarence
Penn, Rylee	Fr.	Corona, Calif. / Centennial
Simms, Samantha	Jr.*	Louisville, Ky. / Sacred Heart Academy / University of Louisville

Coached by: Lara Crofford (Cross Country Assistant Coach)

// 2018 BEARCATS • MEN

Name	Yr.	Hometown / High School / Last College
Banos, Toni	Fr.	Berga, Spain / Institut Guillem de Bergueda
Barnes, Jake	Jr.	Maumee, Ohio / St. John's Jesuit
Bienenfeld, Aaron	Jr.	Frankfurt, Germany / Leibniz / University of Frankfurt
Cordonnier, Jack	So.	Morrow, Ohio / St. Xavier
Grismer, Nick	Sr.	Mason, Ohio / Mason
Guenther, Ryan	So.	Louisville, Ky. / St. Xavier
Mosmeier, Keifer	Fr.	Laurelville, Ohio / Logan Elm
Schille, Andrew	Sr.	Cincinnati, Ohio / Oak Hills / Northern Kentucky University
Stevens, Christian	Fr.	Indianapolis, Ind. / Brebeuf Jesuit Prep
Stump, Matt	So.	Medina, Ohio / Medina
Vitucci, Michael	Sr.	Cincinnati, Ohio / St. Xavier
Zombory, Steven	Sr.	Chardon, Ohio / Chardon

Coached by: Sam Burroughs (Associate Head Coach)

// NCAA HISTORY

- Bienenfeld is the first UC runner to reach the NCAA XC Championships since 2011 when Eric Finan placed 25th overall to earn All-America honors
- Bienenfeld is the fifth different UC man to race as an individual at the national meet (ninth total appearance) since the championships were first held in 1938 and will be the 13th different UC man to toe the national meet starting line as eight others raced as a team in the 1969 and 1970 NCAA Championships, the only time the Bearcats have qualified as a team (men or women)
- UC has had only two All-Americans in cross country with Finan being the last after finishing 25th in 2011 and Ron Stapleton being the first after running 23rd in 1971

// LOOKING BACK: FINAN IN 2011

The last time the Bearcats had a man in the national meet was 2011 with Eric Finan making the second of his back-to-back appearances. One year removed from running 30:41.1 to place 60th overall in the 2010 meet, Finan turned in a personal-best time of 29:54.6 in Terre Haute, Ind., to place 25th nationally and earn All-America accolades, the first of his career. His finish was the second All-American showing for the program and the second-best finish in an NCAA meet behind Ron Stapleton's 23rd-place finish at the 1972 championships.

// RECAP: NCAA GREAT LAKES - MEN

The men accumulated 403 points and placed 12th overall in the 29-team Great Lakes Region with a pair of runners in the Top 35 for the first time since 1995. Bienenfeld led the way in 12th place with Andrew Schille behind him at 32nd. The Top 5 scoring positions were rounded out by Ryan Guenther, who ran a 30-second PR to finish 114th; Nick Grismer in 122nd; and Toni Banos in 132nd. The remaining two Bearcats in the race were Christian Stevens (138th) and Michael Vitucci (167th).

// MORE ON BIENENFELD

The race opened fast with Bienenfeld and Ben Kendell (Detroit Mercy) opening a large gap on the rest of the field in the early going. The duo continued to hold a lead through the first 5,000m of the 10,000m event before the field began to slowly chip away at the front runners. At the 8,000m mark, the chase pack had caught the leaders with Bienenfeld remaining among the Top 15 the rest of the way to earn a 12th-place finish on the LaVern Gibson Championship Course in his first collegiate 10,000m cross country race. Once the race was over, Bienenfeld had run 31:21.9, the sixth-fastest time at a regional race for UC since 1980 and only the sixth Top 15 regional showing for UC in that span. Also, his 12th-place finish stood as the fourth-best individual finish at the regional meet for the Bearcats and the best since Finan was the runner up in 2011. Overall, Bienenfeld finished with his fifth Top 12 showing of the year as well.

// ALL-REGION HONORS

The USTFCCCA has awarded all-region honors since 2010 with Bienenfeld being the third UC man to be so honored with the fourth award in program history. Prior to his accolade this year, Eric Finan was recognized twice (2010 and 2011) after winning and placing second, respectively, in the region while Kevin Fink (2014) was the most recent honoree.

// IN THE TOP 35

With Bienenfeld (12th) and Schille (32nd) finishing in the Top 35, it marked the first time the Bearcats had multiple Top 35 finishers since 1995. That year, a trio of Bearcats earned Top 35 finishes, including Mark Rupe (24th), Chad Disbennett (28th) and Kevin McGurk (31st).

// RECAP: NCAA GREAT LAKES - WOMEN

The women finished 25th in the region for their fourth Top 25 showing in a row with Hannah Markel placing 87th to lead the way. Markel's finish is a 20-place improvement from last year and gives UC its third year in a row with a Top 100 finisher in the Great Lakes after Madison Dunlap (2017, 99th) and Juliana Madzia (2016, 66th). Markel's finish also is the second-best in the AAC era (2013+) and makes her just the 14th UC woman to place among the Top 100 in the regional race. Katrina Patterson (136th), Sammy Hentz (150th), Maggie Breitenstein (156th) and Ellee Bullock (163rd) rounded out the Top 5 scorers while Sam Mikula (186th) and Madalyn O'Dea (201st) also raced for the Bearcats.

// BUILDING FOR THE FUTURE

The women sent seven individuals to the start line in Terre Haute with a youthful look to the roster as just two of those Bearcats had competed in the regional event before (Markel and Mikula). In fact, of the remaining five runners, two were freshmen (Breitenstein & O'Dea), one was a redshirt freshman (Patterson) and one was a sophomore in her first collegiate season as a runner (Bullock). The final runner was Hentz, who completed her senior season in cross country.

PREVIOUSLY NOTED**// NO STRANGERS TO WINNING**

Entering the meet this week, the Bearcats men boast two individuals that have previously won conference titles in Aaron Bienenfeld and Andrew Schille. Bienenfeld, who joined the program in January, is the reigning 10,000m outdoor track champion in the AAC. Schille, who joined the program as a graduate transfer in August, won the 2017 Horizon League cross country title to add to his collection of crowns indoors (mile and 5,000m in 2018) and out (1,500m in 2017).

// REGIONALLY RANKED

Earlier this season, the UC men were ranked in the Great Lakes Region for the first time since Week 6 of the 2016 season when they received back-to-back #13 rankings. Dating back to the start of the rankings in 2008, the UC men have been ranked 36 times with their #8 standing in the preseason and Week 1 of the 2011 season being their highest.

// FEELING HONORED

Aaron Bienenfeld tackled the 8,000m course at E.P. "Tom" Sawyer State Park in Louisville, Ky., September 29 and placed ninth overall in the field of 252 runners in the gold race at the Greater Louisville Classic. That run not only saw him cross the finish line in 23:56.8 for his second Top 10 finish of the year, it also earned him the AAC Male Cross Country Athlete of the Week award, the first of his career and the second earned by the UC men so far this year. Bienenfeld's time in Louisville was a 1:04.4 improvement his first 8,000m collegiate race run two weeks prior at the John McNichols Invitational and made him the first UC man to break 24 minutes on an 8k course since Evan Baum ran 23:42.5 at the 2013 AAC Championships in Madison, Conn., finishing sixth overall in the inaugural meet.

// ADDING TO THE HAUL

With his honor earned from the AAC, Bienenfeld becomes not only the second UC man to be honored this year, but also just the second in the history of the program since the Bearcats joined the AAC in 2013 with Andrew Schille being the first. The duo are the first Bearcats to capture a weekly award for the program since 2011 when Eric Finan was named the BIG EAST Cross Country Runner of the Week on October 18 after placing third at the highly-competitive NCAA Pre-National meet.

// BIG IMPROVEMENTS • WOMEN

All season, the women have been posting PRs with three large improvements earned at the Bradley Pink Classic last week. Despite the muddy, wet and sometimes snowy conditions, the trio of Sydney Hess, Sammy Hentz and Hannah Markel each recorded big PRs. Hess improved her 6,000m time by 1:15.9 while Hentz and Markel saw improvements of 33.8 and 22.8, respectively. Katrina Patterson also has been showing big improvements all year as her three 5,000m races ahead of Bradley have netted an improvement of 1:28.5.

// BIG IMPROVEMENTS • MEN

The men also have seen several of their runners post big improvements this year with many of those marks coming at the Greater Louisville Classic where six individuals posted improvements of 40 seconds or more. Leading the way were a pair of freshmen in Christian Stevens and Keifer Mosmeier, who improved over their times from the McNichols Invitational by 1:08 and 1:06.1, respectively. Aaron Bienenfeld posted an improvement of 1:04.4 while Matt Stump's improvement was 52.5. The other two big improvements came from Toni Banos and Ryan Guenther, who lowered their times by 43.7 and 40.9, respectively.

// MORE ON SCHILLE'S WIN

Schille's win brought a bit of history with it as he became just the second man to win the QCI three times in a career, joining former UC All-American Eric Finan with three crowns. Schille's third win also made him the first runner to win for two different teams as he won the past two running for Northern Kentucky before graduating and joining the UC program this fall. His win was the 19th for a UC runner and the first since 2011 when Finan captured his third in the 2011 race.

// ANOTHER FIRST

Schille was not done with history there, however. Following the meet, he was selected as the American Athletic Conference Men's Cross Country Athlete of the Week. He is the first UC runner (man or woman) to collect a weekly award from the AAC since the league was founded in 2013. Going back to previous conference affiliations, Schille is the first UC athlete to earn a weekly award since Finan was named the BIG EAST Runner of the Week on October 18, 2011.

// NEW TO THE TEAM - WOMEN

The newest additions to the women's roster this year include five true freshmen and one redshirt sophomore. The five freshmen include Maggie Breitenstein (Cincinnati/St. Ursula), Leah Maschino (Maineville, Ohio/Kings), Janey McManus (Huntsville, Ala./Grissom), Madalyn O'Dea (Louisville/Christian Academy) and Rylee Penn (Corona, Calif./Centennial). The final newcomer is Ellee Bullock (Dublin, Ohio/Jerome). Bullock has been a member of two collegiate tennis programs, starting her career at Utah State before transferring to UC in time for the 2017-18 season.

// NEW TO THE TEAM - MEN

The men's newcomers include a mix of three true freshmen, one sophomore, one junior and one graduate senior. The rookies include Toni Banos (Spain), Keifer Mosmeier (Laurelville, Ohio/Logan Elm) and Christian Stevens (Indianapolis/Brebeuf Jesuit), with Jack Cordonnier (Morrow, Ohio/St. Xavier) joining as a sophomore after running for the UC Running Club last year. The final two newcomers have had great success in college already, including Aaron Bienenfeld (Germany), who joined the UC program in time for the 2018 track & field season in which he won the AAC 10,000m outdoor title, and Andrew Schille (Cincinnati/Oak Hills), a graduate transfer from NKU where he was a four-time champion in the Horizon League and a 10-time All-Horizon League selection.

// UP NEXT

The NCAA Championships brings a close to the 2018 cross country season. The Bearcats will return to action Friday, December 7, when they open their 2019 indoor track & field season at the Hoosier Open in Bloomington, Ind.

BEARCATS NOTES // WEEK #7 • Bienenfeld at NCAA Championships

2018 WOMEN'S CROSS COUNTRY RESULTS

Date	Event	Location	Host	Distance	Pnts	Place / #Teams	Top UC Finisher	Time	Place
Sep 1	Queen City Invite	Highland Heights	NKU	5,000m	193	8th of 13	Mikula, Sam	18:38.2	19th
Sep 15	McNichols Invite	Terre Haute, Ind.	Indiana State	5,000m	197	8th of 12	Markel, Hannah	18:56.7	31st
Sep 29	Greater L'ville (gold)	Louisville, Ky.	Louisville	5,000m	415	19th of 26	Markel, Hannah	18:24.1	69th
Oct 12	Bradley Pink (red)	Peoria, Ill.	Bradley	6,000m	630	26th of 28	Markel, Hannah	22:16.1	136th
	Bradley Pink (open)	Peoria, Ill.	Bradley	6,000m	NTS	--	McManus, Janey	24:47.3	87th
Oct 25	AAC Championships	New Orleans, La.	Tulane	6,000m	225	8th of 12	Hentz, Sammy	24:27.5	40th
Nov 9	NCAA Great Lakes	Terre Haute, Ind.	Indiana State	6,000m	687	25th of 32	Markel, Hannah	22:19.1	87th

Individual Results	Queen City		McNichols		Greater L'ville		Bradley Pink		AAC Champs		Great Lakes	
	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time
Breitenstein, Maggie	71	19:58.7	52	19:27.4	96	18:47.5	164	22:49.5	53	25:07.8	156	23:17.8
Bullock, Ellee	42	19:16.1	45	19:22.3	92	18:37.1	163	22:48.6	41	24:33.7	163	23:20.3
Corea, Tes		dnr		dnr	223	22:33.2		dnr		dnr		dnr
Hensley, Emma		dnr		dnr		dnr		dnr		dnr		dnr
Hentz, Sammy		dnr		dnr	113	18:55.5	160	22:46.7	40	24:27.5	150	23:14.7
Hess, Sydney		dnr		dnr	189	19:44.7	251	23:53.0	85	26:54.1		dnr
Markel, Hannah	26	18:47.3	31	18:56.7	69	18:24.1	105	22:16.1	44	24:45.4	87	22:19.1
Maschino, Leah		dnr		dnr		dnr		dnr		dnr		dnr
McManus, Janey		dnr		dnr	217	21:24.9	* 87	24:47.3		dnr		dnr
Mikula, Sam	19	18:38.2	50	19:25.4	94	18:43.0		DNF	62	25:38.9	186	23:57.5
O'Dea, Madalyn	93	20:38.4	66	20:07.3	173	19:31.9	267	24:22.0	77	26:28.3	201	24:48.9
Patterson, Katrina	52	19:27.5	41	19:06.6	93	18:37.6	136	22:30.1	48	24:57.2	136	23:01.0
Penn, Rylee		dnr		dnr		dnr		dnr		dnr		dnr
Simms, Samantha		dnr		dnr		dnr		dnr	72	26:11.2		dnr
# of Finishers	149		138		226		298 / *121		97		225	

dnr: did not run in meet / * rank in open race at Bradley Pink Classic / • All-Conference finisher (Top 15)

2018 MEN'S CROSS COUNTRY RESULTS

Date	Event	Location	Host	Distance	Pnts	Place / #Teams	Top UC Finisher	Time	Place
Sep 1	Queen City Invite	Highland Heights	NKU	5,000m	125	4th of 15	Schille, Andrew	15:21.9	1st
Sep 15	McNichols Invite	Terre Haute, Ind.	Indiana State	8,000m	106	4th of 12	Bienenfeld, Aaron	25:01.2	4th
Sep 29	Greater L'ville (gold)	Louisville, Ky.	Louisville	8,000m	247	8th of 29	Bienenfeld, Aaron	23:56.8	9th
Oct 12	Bradley Pink (red)	Peoria, Ill.	Bradley	8,000m	386	11th of 33	Bienenfeld, Aaron	24:36.7	4th
Oct 25	AAC Championships	New Orleans, La.	Tulane	8,000m	138	5th of 10	Bienenfeld, Aaron	27:11.5	3rd
Nov 9	NCAA Great Lakes	Terre Haute, Ind.	Indiana State	10,000m	403	12th of 29	Bienenfeld, Aaron	31:21.9	12th

Individual Results	Queen City		McNichols		Greater L'ville		Bradley Pink		AAC Champs		Great Lakes		NCAAs	
	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time
Banos, Toni	62	16:28.6	37	26:22.7	108	25:39.0		DNF	38	29:25.1	132	33:25.3		
Barnes, Jake	85	16:42.4	118	29:19.5	218	27:18.2	248	27:52.7		dnr		dnr		
Bienenfeld, Aaron		dnr	4	25:01.2	9	23:56.8	4	24:36.7	• 3	27:11.5	§ 12	31:21.9		
Cordonnier, Jack		dnr		dnr	221	27:22.0	230	27:18.0		dnr		dnr		
Grismer, Nick	20	15:48.9	30	26:10.1	79	25:20.4		dnr	20	28:36.0	122	33:16.8		
Guenthner, Ryan	21	15:49.8	18	25:46.7	48	24:55.2	112	26:10.7		DNF	114	33:10.6		
Mosmeier, Keifer		dnr	79	27:30.9	182	26:24.8	169	26:26.7		dnr		dnr		
Schille, Andrew	1	15:21.9		dnr	12	24:06.1	6	24:39.3	26	28:55.0	36	31:50.0		
Stevens, Christian	48	16:24.2	54	26:53.3	128	25:45.3		dnr	63	30:46.1	138	33:36.4		
Stump, Matt	41	16:17.3	65	27:10.5	155	26:04.6		dnr	81	32:20.1		dnr		
Vitucci, Michael		dnr	89	27:58.3	134	25:46.6	110	26:10.1	60	30:34.1	167	34:32.6		
Zombory, Steven	46	16:23.4		dnr	164	26:11.1	194	26:51.8	67	31:20.1		dnr		
# of Finishers	178		157		226		273		86		204			

dnr: did not run in meet / • All-Conference finisher (Top 15) / § All-Region finisher (Top 25)

BEARCATS NOTES // WEEK #7 • Bienenfeld at NCAA Championships

// PR TRACKER

WOMEN

BREITENSTEIN, Maggie

				<i>Race</i>	<i>O'All</i>
5,000m	18:59.7	Ohio District [HS]	10/21/17	--	--
	18:47.5	Greater Louisville	9/29/18	0:12.2	0:12.2
6,000m	22:49.5	Bradley Pink Classic	10/12/18	--	--

BULLOCK, Ellee

				<i>Race</i>	<i>O'All</i>
5,000m	19:16.1	Queen City Invite	9/1/18	--	--
	18:37.1	Greater Louisville	9/29/18	0:39.0	0:39.0
6,000m	22:48.6	Bradley Pink Classic	10/12/18	--	--

HENTZ, Sammy

				<i>Race</i>	<i>O'All</i>
5,000m	19:50.2	Queen City Invite	9/2/17	--	--
	18:55.5	Greater Louisville	9/29/18	0:54.7	0:54.7
6,000m	23:20.5	All-Ohio XC	10/2/15	--	--
	22:46.7	Bradley Pink Classic	10/12/18	0:33.8	0:33.8

HESS, Sydney

				<i>Race</i>	<i>O'All</i>
5,000m	19:58.5	Queen City Invite	9/2/17	--	--
	19:44.7	Greater Louisville	9/29/18	0:13.8	0:13.8
6,000m	25:08.9	All-Ohio XC	9/29/17	--	--
	23:53.0	Bradley Pink Classic	10/12/18	1:15.9	1:15.9

MARKEL, Hannah

				<i>Race</i>	<i>O'All</i>
5,000m	18:06.5	Queen City Invite	9/2/17	--	--
6,000m	22:38.9	NCAA Great Lakes	11/10/17	--	--
	22:16.1	Bradley Pink Classic	10/12/18	0:22.8	0:22.8

McMANUS, Janey

				<i>Race</i>	<i>O'All</i>
5,000m	18:44.2	Alabama State XC [HS]	11/11/17	--	--
6,000m	24:47.3	Bradley Pink Classic	10/12/18	--	--

MIKULA, Sam

				<i>Race</i>	<i>O'All</i>
5,000m	18:19.9	Queen City Invite	9/2/17	--	--
6,000m	22:31.7	NCAA Pre-Nationals	10/14/17	--	--

O'DEA, Madalyn

				<i>Race</i>	<i>O'All</i>
5,000m	19:23.5	Kentucky State XC [HS]	11/7/15	--	--
6,000m	24:22.0	Bradley Pink Classic	10/12/18	--	--

PATTERSON, Katrina

				<i>Race</i>	<i>O'All</i>
5,000m	20:06.1	Queen City Invitational	9/2/17	--	--
	19:27.5	Queen City Invitational	9/1/18	0:38.6	0:38.6
	19:06.6	John McNichols Invite	9/15/18	0:20.9	0:59.5
	18:37.6	Greater Louisville	9/29/18	0:29.0	1:28.5
6,000m	22:30.1	Bradley Pink Classic	10/12/18	--	--

// PR TRACKER

MEN

BANOS, Toni

				<i>Race</i>	<i>O'All</i>
5,000m	16:28.6	Queen City Invite	9/1/18	--	--
8,000m	26:22.7	McNichols Invite	9/15/18	--	--
	25:39.0	Greater Louisville	9/29/18	0:43.7	0:43.7

BARNES, Jake

				<i>Race</i>	<i>O'All</i>
5,000m	16:42.4	Queen City Invite	9/1/18	--	--
8,000m	26:50.7	All-Ohio XC	9/29/17	--	--

BIENENFELD, Aaron

				<i>Race</i>	<i>O'All</i>
8,000m	25:01.2	McNichols Invite	9/15/18	--	--
	23:56.8	Greater Louisville	9/29/18	1:04.4	1:04.4

CORDONNIER, Jack

				<i>Race</i>	<i>O'All</i>
8,000m	26:59.3	All-Ohio XC [UC Club]	9/29/17	--	--

GRISMER, Nick

				<i>Race</i>	<i>O'All</i>
5,000m	15:39.5	Queen City Invite	9/2/17	--	--
8,000m	25:30.7	NCAA Pre-Nationals	10/14/17	--	--
	25:20.4	Greater Louisville	9/29/18	0:10.3	0:10.3

GUENTHNER, Ryan

				<i>Race</i>	<i>O'All</i>
5,000m	15:49.8	Queen City Invite	9/1/18	--	--
8,000m	25:36.1	NCAA Pre-Nationals	10/14/17	--	--
	24:55.2	Greater Louisville	9/29/18	0:40.9	0:40.9
10,000m	33:40.7	NCAA Great Lakes	11/10/17	--	--
	33:10.6	NCAA Great Lakes	11/9/18	0:30.1	0:30.1

MOSMEIER, Keifer

				<i>Race</i>	<i>O'All</i>
8,000m	27:30.9	McNichols Invite	9/15/18	--	--
	26:24.8	Greater Louisville	9/29/18	1:06.1	1:06.1

SCHILLE, Andrew

				<i>Race</i>	<i>O'All</i>
5,000m	14:59.7	Queen City Invite [NKU]	9/2/17	--	--
8,000m	24:10.4	NCAA Pre-Nats [NKU]	10/14/17	--	--
	24:06.1	Greater Louisville	9/29/18	0:04.3	0:04.3

STEVENS, Christian

				<i>Race</i>	<i>O'All</i>
5,000m	15:40.3	Shelbyville Bear XC [HS]	9/24/16	--	--
8,000m	26:53.3	McNichols Invite	9/15/18	--	--
	25:45.3	Greater Louisville	9/29/18	1:08.0	1:08.8

STUMP, Matt

				<i>Race</i>	<i>O'All</i>
5,000m	16:17.3	Queen City Invite	9/1/18	--	--
8,000m	26:57.1	All-Ohio XC	9/29/17	--	--
	26:04.6	Greater Louisville	9/29/18	0:52.5	0:52.5

VITUCCI, Michael

				<i>Race</i>	<i>O'All</i>
8,000m	25:53.8	NCAA Pre-Nationals	10/14/17	--	--
	25:46.6	Greater Louisville	9/29/18	0:07.2	0:07.2

ZOMBORY, Steven

				<i>Race</i>	<i>O'All</i>
5,000m	16:23.4	Queen City Invite	9/1/18	--	--
8,000m	26:28.7	NCAA Pre-Nationals	10/14/17	--	--
	26:11.1	Greater Louisville	9/29/18	0:17.6	0:17.6

BEARCATS NOTES // WEEK #7 • Bienenfeld at NCAA Championships
PERSONAL-BEST TIMES

<i>Bearcat Runner</i>	<i>Dist.</i>	<i>2018 SEASON BEST TIMES</i>			<i>CAREER BEST TIMES</i>			
		<i>Time</i>	<i>Meet (Date)</i>	<i>Finish</i>	<i>Dist.</i>	<i>Time</i>	<i>Meet (Date)</i>	<i>Finish</i>
Breitenstein, Maggie	5K	18:47.5	Greater Louisville Classic (9/28/18)	96th	5K	18:47.5	Greater Louisville Classic (9/28/18)	96th
	6K	22:49.5	Bradley Pink Classic (10/12/18)	164th	6K	22:49.5	Bradley Pink Classic (10/12/18)	164th
Bullock, Ellee	5K	18:37.1	Greater Louisville Classic (9/28/18)	92nd	5k	18:37.1	Greater Louisville Classic (9/28/18)	92nd
	6K	22:48.6	Bradley Pink Classic (10/12/18)	163rd	6K	22:48.6	Bradley Pink Classic (10/12/18)	163rd
Corea, Tes	5K	22:33.2	Greater Louisville Classic (9/28/18)	223rd	5K	20:04.4	Queen City Invitational (9/2/17)	67th
	6K	--			6K	23:30.1	All-Ohio Championships (10/2/15)	112th
Hensley, Emma	5K	--			5K	19:21.9	Friendship Invitational (9/17/16)	18th
	6K	--			6K	22:28.0	NCAA Great Lakes Region (11/11/16)	122nd
Hentz, Sammy	5K	18:55.5	Greater Louisville Classic (9/28/18)	113th	5K	18:55.5	Greater Louisville Classic (9/28/18)	113th
	6K	22:46.7	Bradley Pink Classic (10/12/18)	160th	6K	22:46.7	Bradley Pink Classic (10/12/18)	160th
Hess, Sydney	5K	19:44.7	Greater Louisville Classic (9/28/18)	189th	5k	19:44.7	Greater Louisville Classic (9/28/18)	189th
	6K	23:52.0	Bradley Pink Classic (10/12/18)	251st	6K	23:52.0	Bradley Pink Classic (10/12/18)	251st
Markel, Hannah	5K	18:24.1	Greater Louisville Classic (9/29/18)	69th	5K	18:06.5	Queen City Invitational (9/2/17)	10th
	6K	22:16.1	Bradley Pink Classic (10/12/18)	105th	6K	22:16.1	Bradley Pink Classic (10/12/18)	105th
Maschino, Leah	5K	--			5K	18:29.1	Eastern Cincinnati Conf. [HS] (10/14/17)	3rd
	6K	--			6k	--		
McManus, Janey	5K	21:24.9	Greater Louisville Classic (9/28/18)	217th	5K	18:44.2	AHSAA State Champs. [HS] (11/11/17)	8th
	6K	24:47.3	Bradley Pink Classic (10/12/18)	87th	6k	24:47.3	Bradley Pink Classic (10/12/18)	87th
Mikula, Sam	5K	18:38.2	Queen City Invitational (9/1/18)	19th	5K	18:19.9	Queen City Invitational (9/2/17)	13th
	6K	23:57.5	NCAA Great Lakes Region (11/12/18)	186th	6K	22:31.7	NCAA Pre-Nationals (10/14/17)	84th
O'Dea, Madalyn	5K	19:31.9	Greater Louisville Classic (9/28/18)	173rd	5K	19:23.5	Kentucky State XC Meet [HS] (11/7/15)	8th
	6K	24:22.0	Bradley Pink Classic (10/12/18)	267th	6K	24:22.0	Bradley Pink Classic (10/12/18)	267th
Patterson, Katrina	5K	18:37.6	Greater Louisville Classic (9/28/18)	93rd	5k	18:37.6	Greater Louisville Classic (9/28/18)	93rd
	6K	22:30.1	Bradley Pink Classic (10/12/18)	136th	6K	22:30.1	Bradley Pink Classic (10/12/18)	136th
Penn, Rylee	5K	--			5K	18:31.6	BIG VIII League Finals [HS] (11/1/17)	2nd
	6K	--			6k	--		
Simms, Samantha	5K	--			5K	19:14.2	Queen City Invitational (9/2/17)	42nd
	6K	26:11.2	AAC Championships (10/25/18)	72nd	6K	26:11.2	AAC Championships (10/25/18)	72nd

BEARCATS NOTES // WEEK #7 • Bienenfeld at NCAA Championships
PERSONAL-BEST TIMES

<i>Bearcat Runner</i>	<i>2018 SEASON BEST TIMES</i>				<i>CAREER BEST TIMES</i>			
	<i>Dist.</i>	<i>Time</i>	<i>Meet (Date)</i>	<i>Finish</i>	<i>Dist.</i>	<i>Time</i>	<i>Meet (Date)</i>	<i>Finish</i>
Banos, Toni	5K	16:28.6	Queen City Invitational (9/1/18)	62nd	5K	16:28.6	Queen City Invitational (9/1/18)	62nd
	6K	--			6K	--		
	8K	25:39.0	Greater Louisville Classic (9/28/18)	108th	8K	25:39.0	Greater Louisville Classic (9/28/18)	108th
	10K	33:25.3	NCAA Great Lakes Region (11/9/18)	132nd	10K	33:25.3	NCAA Great Lakes Region (11/9/18)	132nd
Barnes, Jake	5K	16:42.4	Queen City Invitational (9/1/18)	85th	5K	16:42.4	Queen City Invitational (9/1/18)	85th
	6K	--			6K	20:02.3	Queen City Invitational (9/3/16)	43rd
	8K	27:18.2	Greater Louisville Classic (9/28/18)	218th	8K	26:50.7	All-Ohio Championships (9/29/17)	28th
	10K	--			10K	--		
Bienenfeld, Aaron	5K	--			5K	--		
	6K	--			6K	--		
	8K	23:56.8	Greater Louisville Classic (9/28/18)	9th	8k	23:56.8	Greater Louisville Classic (9/28/18)	9th
	10K	31:21.9	NCAA Great Lakes Region (11/9/18)	12th	10K	31:21.9	NCAA Great Lakes Region (11/9/18)	12th
Cordonnier, Jack	5K	--			5K	16:27.5	Queen City Invite [UC Club] (9/2/17)	52nd
	6K	--			6K	--		
	8K	27:18.0	Bradley Pink Classic (10/12/18)	230th	8K	26:59.3	All-Ohio Championships [UC Club] (9/29/17)	34th
	10K	--			10K	--		
Grismer, Nick	5K	15:48.9	Queen City Invitational (9/1/18)	20th	5K	15:39.5	Queen City Invitational (9/2/17)	15th
	6K	--			6K	19:09.2	Queen City Invitational (9/5/15)	19th
	8K	25:20.4	Greater Louisville Classic (9/28/18)	79th	8K	25:20.4	Greater Louisville Classic (9/28/18)	79th
	10K	33:16.8	NCAA Great Lakes Region (11/9/18)	122nd	10K	32:51.6	NCAA Great Lakes Region (11/10/17)	89th
Guenthner, Ryan	5K	15:49.8	Queen City Invitational (9/1/18)	21st	5K	15:49.8	Queen City Invitational (9/1/18)	21st
	6K	--			6K	19:18.9	Butler Opener (9/1/17)	17th
	8K	24:55.2	Greater Louisville Classic (9/28/18)	48th	8K	24:55.2	Greater Louisville Classic (9/28/18)	48th
	10K	33:10.6	NCAA Great Lakes Region (11/9/18)	114th	10K	33:10.6	NCAA Great Lakes Region (11/9/18)	114th
Mosmeier, Keifer	5K	--			5K	15:53.3	Piketon Invitational [HS] (9/30/17)	1st
	6K	--			6K	--		
	8K	26:24.8	Greater Louisville Classic (9/28/18)	182nd	8K	26:24.8	Greater Louisville Classic (9/28/18)	182nd
	10K	--			10K	--		
Schille, Andrew	5K	15:21.9	Queen City Invitational (9/1/18)	1st	5K	14:59.7	Queen City Invitational [NKU] (9/2/17)	1st
	6K	--			6K	18:14.8	Queen City Invitational [NKU] (9/3/16)	1st
	8K	24:06.1	Greater Louisville Classic (9/28/18)	12th	8K	24:06.1	Greater Louisville Classic (9/28/18)	12th
	10K	31:50.0	NCAA Great Lakes Region (11/9/18)	32nd	10K	29:40.9	NCAA Southeast Region [NKU] (11/10/17)	22nd
Stevens, Christian	5K	16:42.2	Queen City Invitational (9/1/18)	48th	5K	15:40.3	Shelbyville Golden Bear [HS] (9/24/16)	2nd
	6K	--			6K	--		
	8K	24:45.3	Greater Louisville Classic (9/28/18)	128th	8K	24:45.3	Greater Louisville Classic (9/28/18)	128th
	10K	33:36.4	NCAA Great Lakes Region (11/9/18)	138th	10K	33:36.4	NCAA Great Lakes Region (11/9/18)	138th
Stump, Matt	5K	16:17.3	Queen City Invitational (9/1/18)	41st	5K	16:17.3	Queen City Invitational (9/1/18)	41st
	6K	--			6K	19:27.1	Butler Opener (9/1/17)	11th
	8K	26:04.6	Greater Louisville Classic (9/28/18)	155th	8K	26:04.6	Greater Louisville Classic (9/28/18)	155th
	10K	--			10K	34:43.9	NCAA Great Lakes Region (11/10/17)	156th
Vitucci, Michael	5K	--			5K	--		
	6K	--			6K	--		
	8K	25:46.6	Greater Louisville Classic (9/28/18)	134th	8K	25:46.6	Greater Louisville Classic (9/28/18)	134th
	10K	--			10K	32:56.9	NCAA Great Lakes Region (11/11/16)	115th
Zombory, Steven	5K	16:23.4	Queen City Invitational (9/1/18)	46th	5K	16:23.4	Queen City Invitational (9/1/18)	46th
	6K	--			6K	19:20.8	Butler Opener (9/1/17)	18th
	8K	26:11.1	Greater Louisville Classic (9/28/18)	164th	8K	26:11.1	Greater Louisville Classic (9/28/18)	164th
	10K	34:32.6	NCAA Great Lakes Region (11/9/18)	167th	10K	33:20.6	NCAA Great Lakes Region (11/10/17)	110th