

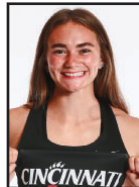


CINCINNATI TRACK AND FIELD

2024 NCAA OUTDOOR TRACK AND FIELD CHAMPIONSHIP MEET NOTES



JULIETTE LARACUENTE-HUEBNER



Class	Freshman
Hometown	Marengo, Ohio
Pop. (279 people)	
High School	Highland
Pronunciation	Lair-a-QUEN-tay Hueb-ner
Major	Speech Language Hearing Sciences
2024 Outdoor All-Big 12	Pentathlon (4th)

2024 Outdoor Season Best

Heptathlon.....	5,637 Points#
*School Record	
100m Hurdles.....	13.64#
*8th in School History	
200m.....	24.28#
800m.....	2:13.42#
Long Jump.....	6.25m / 20' 6.25"#
*3th in School History	
High Jump.....	1.74m / 5' 8.5"#
*9th in School History	
Javelin.....	32.58m / 106' 11"#
Shot Put.....	10.13m / 33' 3"

- Personal Best

DOMINIQUE HALL



Class	Junior
Hometown	Alabaster, Ala.
High School	Thompson
Pronunciation	Dom-in-eeek
Major	Sports Admin
2024 Outdoor All-Big 12	Decathlon (2nd)

2024 Outdoor Season Best

Decathlon.....	7,649 Points#
*2nd in School History	
100m.....	10.91#
110m Hurdles.....	14.88
400m.....	47.94
1500m.....	4:26.77#
Long Jump.....	7.18m / 23' 6.75"
High Jump.....	1.95m / 6' 4.75"
Pole Vault.....	4.90m / 16' 0.75"#
Javelin.....	44.81m / 147' 0"#
Shot Put.....	12.59m / 41' 3.75"#
Discus.....	42.36m / 139' 0"#

- Personal Best

ABBY KNOUFF



Class	Junior
Hometown	Tallmadge, Ohio
High School / Prev. School	Walsh Jesuit/ Akron
Pronunciation	Nuff
Major	Exploratory
2024 Outdoor All-Big 12	Pole Vault (5th)
Placed fifth at the NCAA East First Round (4.30m)	

2024 Outdoor Season Best

Pole Vault.....	4.30m / 14' 1.25"
*2nd in School History	

HISTORICALLY SPEAKING

75 All-America Honors

39 different Bearcats have earned 75 All-America honors since 1964, 40 of which have occurred at the NCAA Indoor Championships.

Former Bearcats Al Lanier (Triple / Long Jump), Adrian Valles (Pole Vault) and Loretta Blaut (High Jump) all tied the program record earning six All-America honors during their careers.

ABOUT THE ATHLETES

• After earning indoor All-America honors in the pentathlon earlier this year, Laracuenta-Huebner will now make her first appearance at the NCAA Outdoor Championships in the heptathlon.

• She qualified for the championship meet after breaking the school heptathlon record in with a score of 5637 points at the Big 12 Outdoor Track and Field Championships, where she finished fourth overall. Her score is tied for the 18th-best point total in the NCAA this season, and she will be the only freshman entered in the heptathlon at the meet.

• Making history has been nothing new for the freshman as she will be the third Bearcat woman in program history to compete in the heptathlon at the NCAA Outdoor Championships and the first since Jasmine Cotten did in 2012. She also has a chance to join Ashley Wilhelm as the only Bearcats to ever earn All-America honors in the event. Wilhelm earned second-team honors in 2007.

• Hall recorded the second-best decathlon score in program history (7649) after battling lengthy weather delays at the Big 12 Championships. He was the UC men's highest podium finisher at the Big 12 Championships, as he placed second overall.

• He enters the competition ranked 16th in the nation and will be the first Bearcat to compete in the decathlon since Damien Berthenet did in 2021. The last Bearcat to earn All-American honors in the decathlon is current associate head coach Chris Wineberg (2004).

• She will head to the NCAA Championships ranked 16th in the country. At the East First Rounds she placed fifth overall after clearing an outdoor personal best mark of 4.30m / 14' 1.25". Her new outdoor best mark is the second-best bar clearance in program history. Knouff broke the indoor school record this past season, clearing a bar height of 4.32m / 14' 2".

• Knouff earned All-Big 12 honors in the pole vault as she native placed fifth overall at the Big 12 championships. She will be the first Bearcat to compete in the pole vault at championships since Alyssa McBride did in 2016.



CINCINNATI NCAA SCHEDULE

June 5-8 / Hayward Field / Eugene, Ore.

Wednesday, June 5 (ESPN 2)

Dominique Hall.....Decathlon Day 1- First Event @ 3:30 pm

Thursday, June 6 (ESPN 2)

Dominique Hall.....Decathlon Day 2- First Event @ 2:30 pm

Abby Knouff.....Pole Vault- Start @ 9 pm

Friday, June 7 (ESPN 2)

Juliette Laracuenta-Huebner.....Heptathlon Day 1- First Event @ 4 pm

Saturday, June 8 (ESPN)

Juliette Laracuenta-Huebner.....Heptathlon Day 2- First Event @ 1:30 pm

*All times list in EST



NUMBERS TO KNOW

1 of 1

Laracuenta-Huebner is the **only** freshman to qualify for the pentathlon at the 2024 NCAA Championships.

3rd

Laracuenta-Huebner joins Jasmine Cotten (2012) Ashley Wilhelm (2007) as the only Bearcats to ever to qualify for the heptathlon.

3

At least three Bearcats have qualified for the NCAA Outdoor Championship since 2019 and UC has had at least one outdoor All-American every year since 2015.

1st

The 2024 Outdoor Championships will be the first year in program history that Cincinnati will compete in both the heptathlon and decathlon at the same championship.

2nd

Knouff will look to become the second women's pole vaulter in program history to earn indoor or outdoor All-American status. Mackenzie Fields earned indoor All-America honors in 2013.

NCAA EVENT RANKINGS

Name	Rank / Event
Dominique Hall.....	16th / Decathlon
Abby Knouff.....	16th / Pole Vault
Juliette Laracuenta-Huebner.....	T-18th / Heptathlon

COACHES CORNER



SUSAN SEATON

Director / Head Coach of T&F/XC
Main Event Groups - Throws

Currently in her 20th year coaching at UC. She took over as head coach of both the men's and women's team in 2014.

Under her watch Bearcats have earned 46 All-America honors and her teams have claimed four AAC conference championships.

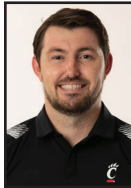


CHRIS WINEBERG

Associate Head T&F Coach
Main Event Groups - Multi and Jumps

Currently in his 18th year coaching at his alma mater serving in a variety of positions after graduating from Cincinnati in 2005.

His athletes have earned 18 All America honors and as former member of the UC men's track and field team, he earned All-America First Team honors in the decathlon at the 2004 NCAA Outdoor Track and Field Championships.



SAM KRANZ

Assistant Head T&F Coach
Main Event Groups - Jumps / Pole Vault

Currently in his ninth year coaching at Cincinnati. His athletes have earned 7 All America honors and claimed 18 AAC titles during UC time in the American.

Has now coached Knouff to back to back NCAA Outdoor Track and Field Championships.