

CINCINNATI

2024-25 MEN'S AND WOMEN'S

TRACK AND FIELD / CROSS COUNTRY **RECORD BOOK**

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RECORD BOOK CRITERIA

The below criteria were established to uphold the integrity of the University of Cincinnati Track and Field Record Book.

To be eligible for new entry into the University of Cincinnati Track and Field Record Book an athlete must meet all of the below criteria:

- Active member on the University of Cincinnati Track and Field Team Roster
- Academically eligible for intercollegiate competition
- Utilizing a season of eligibility

Examples:

An athlete competing unattached is eligible for entry into the record book provided all parts of the above criteria were met.

An athlete redshirting a season is not eligible for entry into the record book during that season or an extension of that season because a season of eligibility was not utilized.

An athlete competing during the extended NCAA season after the NCAA season has concluded is still eligible for entry into the record book whether competing for the Bearcats or unattached provided the above criteria were met for the season of which the competition is an extension. If a season of eligibility was not utilized, then the athlete is not eligible for entry into the record book during the extended NCAA season.

A UC student competing for the Bearcat Track Club or unattached is not eligible for entry into the record book if he/she was not an active member of the University of Cincinnati Track and Field Team during the time of the performance.

A UC track and field team member competing unattached while academically ineligible for intercollegiate competition is not eligible for entry into the record book.

Exceptions:

From 1999 through 2013, the University of Cincinnati did not sponsor men's indoor track and field. Unattached results during this era were accepted into the record book even though a season of eligibility was not utilized because the athletes were not permitted to utilize a season of eligibility. For entry into the record book, the athlete still had to be an active member of the University of Cincinnati Track and Field Team and he had to be academically eligible for competition.

Wind Reading Criteria:

New entries into the University of Cincinnati Track and Field Record Book in the 100m, 100/110m hurdles, 200m, long jump, and triple jump require a wind reading of 4.0 m/s or less.

Wind readings were not taken during much of the history of Cincinnati Track and Field and those marks were accepted into the record book. Wind readings are now a requirement for NCAA competition and are now a requirement for entry into our record book in the 100m, 100/110m hurdles, 200m, long jump, and triple jump.

Rather than adopt the requirement the IAAF uses for World Records (2.0 m/s or less), the decision was made to accept marks into the UC record book if they meet the NCAA requirement for acceptance into the NCAA Meet. The wind reading requirement is 4.0 m/s or less to be accepted into the NCAA Championships.

NUMBERS TO KNOW

16

Individual Bearcats were selected for the All Big 12 teams.

95

Bearcats recorded top 10 times across both the indoor and outdoor seasons. The women's and men's teams both recorded a season high 25 all-time top 10 times during the indoor campaign.

19

Program records were recorded last season. Amanda Ngandu Ntumba led both teams with three school records.

3

UC athletes were crowned conference champions — two indoor and one outdoor.

9

Bearcats were named All Americans. Fred Moudani-Likibi earned first team honors for both outdoor and indoor Shot Put.

15

Cincinnati athletes qualified to the NCAA East First Round. Five Bearcats notched entries in two events.

8

Bearcats advanced to the NCAA Outdoor Championships, setting a new program record. Amanda Ngandu Ntumba was the only Bearcat to qualify in two events (Shot Put & Discus).

SCHOOL RECORDS

Men's Records

Indoor			
Naquille Harris	60m	6.64	
Fred Moudani-Likibi	Shot Put	20.62m	
Astley Davis	Triple Jump	16.22m	
Justin Abrams	Heptathlon	5832	

Outdoor

Camden Beatty	400m Hurdles	51.08	
Orry Willems	Hammer Throw	65.58m	
Ryan Rieckmann	Javelin	71.02m	
All-Time Top 10 Marks: 25 Indoor 21 outdoor			

Women's Records

Indoor			
Kya Epps	60m	7.21	
Kya Epps	200m	22.90	
Davenae Fagan	400m	52.49	
Amanda Ngandu Ntumba	Shot Put	16.78m	
Abby Knouff	Pole Vault	4.46m	

Outdoor

Davenae Fagan	400m	51.65	
Macaela Walker	400m Hurdles	51.65	
Claire Curtsinger	10,000m	33:46.17	
Amanda Ngandu Ntumba	Shot Put	16.85m	
Amanda Ngandu Ntumba	Discus	60.77m	
Abby Knouff	Pole Vault	4.37m	
Juliette Laracuente-Huebner	Heptathlon	5703	

All-Time Top 10 Marks: 25 Indoor & 24 outdoor

ALL AMERICANS

Outdoor

Fred Moudani-Likibi	Shot Put (8th)	
Ryan Rieckmann	Javelin (13th)	
Amanda Ngandu Ntumba	Discus (5th)	
Juliette Laracuente-Huebner	Heptathlon (11th)	
Macaela Walker	400m Hurdles (16th)	

Indoor

Fred Moudani-Likibi	Shot Put (6th)	
Justin Abrams	Heptathlon (8th)	
Astley Davis	Triple Jump (16th)	
Abby Knouff	Pole Vault (11th)	

CONFERENCE CHAMPIONS

Outdoor

Fred Moudani-Likibi	Shot Put, 20.28m
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Indoor

Juliette Laracuente-Huebner	Pentathlon, 4182
Astley Davis	Triple Jump, 15.79m

TEAM CONFERENCE PLACE

Cross Country

Men 8th 234pts | Women 11th 320pts

Indoor

Men 10th 27pts | Women 9th 40pts

Outdoor

Men 12th 34.33pts | Women 7th 48pts

NCAA FIRST ROUND QUALIFIERS

Men's Qualifiers

Camden Beatty	400m Hurdles, 51.08
Jed Helker	1,500m, 3:40.60
Astley Davis	Triple Jump, 16.11m
Fred Moudani-Likibi	Shot Put, 20.28m
Korbin Spencer	Shot Put, 18.50m
Korbin Spencer	Discus, 57.02m
Orry Willems	Hammer Throw, 65.39m
Ben Fiser	Hammer Throw, 61.81m
Ryan Rieckmann	Javelin, 71.02m

Women's Qualifiers

Kya Epps	100m, 11.41
Kya Epps	200m, 22.98
Davenae Fagan	200m, 23.14
Davenae Fagan	400m, 52.68
Macaela Walker	100m Hurdles, 13.13
Macaela Walker	400m Hurdles, 57.43
Claire Curtsinger	10,000m, 33:46.17
Miranda Tcheutchoua	Hammer Throw, 59.99m
Hannah Blood	Hammer Throw, 59.58m
Amanda Ngandu Ntumba	Shot Put, 16.33m
Amanda Ngandu Ntumba	Discus, 60.10m

ALL BIG 12

Mens

Outdoor

Jed Helker	1500m, 3:40.67
Astley Davis	Triple Jump, 16.11m
Fred Moudani-Likibi	Shot Put, 20.28m
Robert Hart	Long Jump, 7.15m
Justin Abrams	Decathlon, 7,169
Korbin Spencer	Shot Put, 18.50m
Joel Addo	High Jump, 2.01m
Orry Willems	Hammer Throw, 64.71m
Ryan Rieckmann	Javelin, 66.81m

Indoor

Naquille Harris	60m, 6.66
Fred Moudani-Likibi	Shot Put, 19.10m
Justin Abrams	Heptathlon, 5765
Astley Davis	Triple Jump, 15.79m
Orry Willems	Weight Throw, 19.65m
Kilgallon, Beatty, Ramos, Helker	DMR, 9:50.19

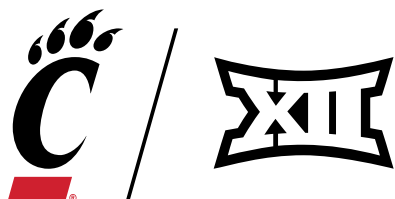
Womens

Outdoor

Kya Epps	200m, 22.98
Davenae Fagan	400m, 52.68
Macaela Walker	100m Hurdle, 13.13
Macaela Walker	400m Hurdle, 57.54
Juliette Laracuente-Huebner	Heptathlon, 5,551
Amanda Ngandu Ntumba	Shot Put, 16.33m
Amanda Ngandu Ntumba	Discus, 59.38m
Hannah Blood	Hammer Throw, 59.58m
Miranda Tcheutchoua	Hammer Throw, 58.65m
Claire Curtsinger	10,000m, 34:03.39
Walker, Fagan, Komolafe, Epps	4x100m, 44.78

Indoor

Kya Epps	60m, 7.26
Kya Epps	200m, 22.92
Davenae Fagan	400m, 52.59
Juliette Laracuente-Huebner	Pentathlon, 4182
Abby Knouff	Pole Vault, 4.46m
Hannah Blood	Weight Throw, 19.67m
Amanda Ngandu Ntumba	Shot Put, 16.75m



CINCINNATI NCAA PARTICIPANTS & ALL-AMERICANS

1964	Carl Burgess	Long Jump	Outdoors (6th)	1996	Chad Disbennett	3000m Steeple	Outdoors
1967	Cornelius Lindsey Jim Calloway Chuck Roberts	High Jump 880 Yds. 600 Yds.	Indoors Indoors Indoors	2000	Chris Reis	Cross Country	(136th)
1968	Cornelius Lindsey Jim Calloway Chuck Roberts	High Jump 880 Yds. 800 Yds.	Outdoors Outdoors Outdoors	2001	Chris Reis Miriam Merrill AA	Cross Country Weight Throw	(118th) Indoors (8th)
1970	Al Lanier	Triple Jump	Outdoors	2002	Chris Reis Charlyn Ray	Cross Country 200 M.	(134th) Outdoor
1971	Ron Stapleton AA Al Lanier Al Lanier	Cross Country Long Jump Triple Jump	(3rd) Outdoors Outdoors	2003	David Payne AA	110 Hurd.	Outdoors (3rd)
1972	Ron Stapleton Al Lanier AA Al Lanier AA Ron Stapleton Tom Mosley Al Lanier AA Al Lanier Jim Stanley Ron Stapleton	Cross Country Long Jump Triple Jump Mile 60 Yd. Hurdles Long Jump Triple Jump 10,000 M. 5,000 M.	(149th) Indoors (2nd) Indoors (3rd) Indoors Indoors Outdoors (2nd) Outdoors Outdoors Outdoors	2004	David Payne AA Chris Wineberg AA Kenny Wade	110 Hurd. Decathlon 200 M.	Outdoors (6th) Outdoors (8th) Outdoors
1973	Al Lanier AA Al Lanier Ron Stapleton Al Lanier AA Al Lanier AA Jim Stanley AA Ron Stapleton	Long Jump Triple Jump Mile Long Jump Triple Jump 6 Miles 3 Miles	Indoors (2nd) Indoors Indoors Outdoors (2nd) Outdoors (4th) Outdoors (4th) Outdoors	2005	Ben Haber Jimmy Mount Renee Hein Jo Young	Decathlon Decathlon High Jump Shot Put	Outdoors Outdoors Outdoors Outdoors
1974	Jim Stanley	6 Miles	Outdoors	2006	Chandler Groves Renee Hein	Long Jump High Jump	Outdoors Outdoors
1975	Barry Pajcic Jim Schnur	880 Yds. 440 Yds.	Indoors Outdoors	2007	Renee Hein Renee Hein Ashley Wilhelm AA	High Jump High Jump Heptathlon	Indoors Outdoors Outdoors (11th)
1976	Jim Schnur	Decathlon	Outdoors	2008	Brandon Fitch Brittany Klima	High Jump Pole Vault	Outdoors Outdoors
1977	Wayne Mason Jim Schnur Jim Schnur	60y Hurdles 440 Yds. Decathlon	Indoors Indoors Outdoors	2009	Antione Drakeford AA Jasmine Cotten Jasmine Cotten	400 M. Pentathlon Heptathlon	Outdoors (12th) Indoors Outdoors
1978	Wayne Mason Jim Schnur Jim Schnur	60y. Hurdles 440 Yds. Decathlon	Indoors Indoors Outdoors	2010	Brian Zimmerman Eric Finan	Javelin Cross Country	Outdoors (60th)
1979	Wayne Mason Bernie Weber	60m Hurdles 3000m Steeple	Indoors Outdoors	2011	Terrence Somerville AA Kathy Klump AA Eric Finan AA Eric Finan AA	110 Hurd. 800 M. 5000 M. Cross Country	Outdoors (8th) Outdoors (12th) Outdoors (10th) (25th)
1980	Wayne Mason AA Bernie Weber	110m Hurdles 3000m Steeple	Outdoors (3rd) Outdoors	2012	Kathy Klump AA Jasmine Cotten AA Jasmine Cotten AA Terrence Somerville AA Kathy Klump AA Jasmine Cotten Michelle Eby Emelie Larsson	800 M. Pentathlon High Jump 60 M. Hurdles 800 M. Heptathlon Pole Vault Javelin	Indoors (4th) Indoors (7th) Indoors (10th) Indoors (14th) Outdoors (6th) Outdoors Outdoors Outdoors
1983	Rodney Johnson	High Jump	Outdoors	2013	Mackenzie Fields AA Josh Dangel AA Terrence Somerville AA	Pole Vault Pole Vault 110m Hurdles	Indoors (10th) Outdoors (T-7th) Outdoors (9th)
1986	Chris Bean	Long Jump	Indoors	2015	Adrian Valles AA Erika Hurd AA Adrian Valles AA Erika Hurd AA Rebecka Abrahamsson AA Kenya Woodall	Pole Vault High Jump Pole Vault High Jump Triple Jump 400 M.	Indoors (6th) Indoors (15th) Outdoors (5th) Outdoors (T-7th) Outdoors (13th) Outdoors (17th)
1987	Lewis Johnson AA	800 M.	Outdoors (8th)				
1993	Mark Rupe	Cross Country	(66th)				
1994	Chad Disbennett AA Mike Albrinck	3000m Steeple Pole Vault	Outdoors (7th) Outdoors				

CINCINNATI NCAA PARTICIPANTS & ALL-AMERICANS

2016	Adrian Valles AA	Pole Vault	Indoors (5th)
	Erika Hurd AA	High Jump	Indoors (6th)
	Annette Echikunwoke AA	Weight Throw	Indoors (8th)
	Loretta Blaut AA	High Jump	Indoors (9th)
	Adrian Valles	Pole Vault	Outdoors
	Loretta Blaut AA	High Jump	Outdoors (6th)
	Annette Echikunwoke AA	Hammer Throw	Outdoors (8th)
	Erika Hurd AA	High Jump	Outdoors (9th)
	Kenya Woodall AA	400 M.	Outdoors (12th)
	Alyssa McBride	Pole Vault	Outdoors

2017	Adrian Valles AA	Pole Vault	Indoors (5th)
	Annette Echikunwoke AA	Weight Throw	Indoors (1st)
	Adrian Valles AA	Pole Vault	Outdoors (2nd)
	Macklin Tudor AA	Discus	Outdoors (10th)
	Loretta Blaut AA	High Jump	Outdoors (7th)
	Annette Echikunwoke	Shot Put	Outdoors
	Tiona Lattimore AA	4x400 Relay	Outdoors (15th)
	Bryana Robinson AA	4x400 Relay	Outdoors (15th)
	Haisha Bisiolu AA	4x400 Relay	Outdoors (15th)
	Deanna Gesicki AA	4x400 Relay	Outdoors (15th)

2018	Adrian Valles AA	Pole Vault	Indoors (5th)
	Alex Bloom AA	Heptathlon	Indoors (12th)
	Loretta Blaut AA	High Jump	Indoors (2nd)
	Annette Echikunwoke AA	Weight Throw	Indoors (2nd)
	Loretta Blaut AA	High Jump	Outdoors (2nd)

2019	Aaron Bienenfeld	Cross Country	2018 (111th)
	Loretta Blaut AA	High Jump	Indoors (3rd)
	Annette Echikunwoke AA	Shot Put	Outdoors (9th)
	Caisja Chandler	200m	Outdoors (22nd)
	Caisja Chandler	4x100 Relay	Outdoors (17th)
	Haisha Bisiolu	4x100 Relay	Outdoors (17th)
	Faith Banks	4x100 Relay	Outdoors (17th)
	Tiona Lattimore	4x100 Relay	Outdoors (17th)

2020	Aaron Bienenfeld	Cross Country	2019
	(Did not compete - Competed at German U23 instead)		
	Caisja Chandler AA	200m	Indoors*
	Chris Borzor AA	200m	Indoors*
	Damien Berthenet AA	Heptathlon	Indoors

*(The 2020 Indoor NCAA Championships were canceled. The day before the meet due to the Coronavirus pandemic. All competitors start list later named All-American.)

2021	Aaron Bienenfeld AA	Cross Country	2020 (16th)
	Alec Sandusky	Cross Country	2020
	Aaron Bienenfeld AA	5000m	Indoors (5th)
	Alec Sandusky AA	5000m	Indoors (14th)
	Taylor Beard AA	High Jump	Indoors (13th)
	Ellie Leather AA	Mile	Indoors (12th)
	Damien Berthenet	Decathlon	Outdoors
	Aaron Bienenfeld	10,000m	Outdoors
	Taylor Beard AA	High Jump	Outdoors (16th)
	Caisja Chandler	100m	Outdoors
	Caisja Chandler AA	200m	Outdoors (14th)

2022	Ellie Leather	Cross Country	2021
	Alec Sandusky	Cross Country	2021
	Ellie Leather AA	Mile	Indoors (3rd)
	Ellie Leather AA	1500m	Outdoors (11th)
	Leonie Troeger	Javelin	Outdoors
	Steven McElroy	400m	Outdoors

2023	Fred Moudani-Likibi AA	Shot Put	Indoors (6th)
	Taylor Beard- AA	High Jump	Indoors (9th)
	Fred Moudani-Likibi AA	Shot Put	Outdoors (3rd)
	Taylor Beard AA	High Jump	Outdoors (8th)
	Annika Kinley	High Jump	Outdoors
	Rylee Penn	1500m	Outdoors
	Leonie Troger	Javelin	Outdoors
	Abby Knouff	Pole Vault	Outdoors

2024	Juliette Laracuente-Huebner AA	Pentathlon	Indoors (12th)
	Juliette Laracuente-Huebner AA	Heptathlon	Outdoors (14th)
	Abby Knouff AA	Pole Vault	Outdoors (15th)
	Dominique Hall AA	Decathlon	Outdoors (15th)

2025	Justin Abrams AA	Heptathlon	Indoors (8th)
	Astley Davis AA	Triple Jump	Indoors (14th)
	Fred Moudani-Likibi AA	Shot Put	Indoors (6th)
	Abby Knouff AA	Pole Vault	Indoors (11th)
	Fred Moudani-Likibi AA	Shot Put	Outdoors (8th)
	Ryan Rieckmann AA	Javelin	Outdoors (13th)
	Amanda Ngandu Ntumba AA	Discus	Outdoors (5th)
	Juliette Laracuente-Huebner AA	Heptathlon	Outdoors (11th)
	Macaela Walker AA	400m Hurdles	Outdoors (16th)
	Orry Willems	Hammer Throw	Outdoors
	Davenae Fagan	400m	Outdoors
	Kya Epps	200m	Outdoors
	Amanda Ngandu Ntumba	Shot Put	Outdoors

Note: AA= All-American

87 total All-America Honors
 45 Individual All-America Honors
 37 Indoor All-America Honors
 47 Outdoor All-America Honors
 3 Cross Country All-America Honors



Al Lainer: Earned six All-American honors and is one of the most decorated track and field athlete in school history.

MEN'S INDOOR RECORD BOOK

55m (HT)	TIME	YEAR
1 Rodney Johnson	6.1	1983
Darryl Swann	6.1	1984, 85
Chris Watkins	6.1	1991, 94
Mike Davis	6.1	1994
5 Al Nelson	6.2	1964
Carlton Hoyles	6.2	1971
Harold Lee	6.2	1976
Joe Abrams	6.2	1989
Reggie Taylor	6.2	1986
Chris Evans	6.2	1990
Craig McIlwain	6.2	1990
Terry Strong	6.2	1990
Myron Bacon	6.2	1994

55m (FAT)	TIME	YEAR
1 Darryl Swann	6.30	1985
2 Myron Bacon	6.32	1993
3 Chris Watkins	6.34	1995
4 Garry Cutright	6.36	2003
5 Shawn Freeman	6.38	1999
6 David Payne	6.38	2004
7 Jim Chestnut	6.40	1979
8 Mike Davis	6.41	1993
9 Antwaion Robinson	6.42	1998
10 Kenny Wade	6.43	2004

55m HURDLES (HT)	TIME	YEAR
1 Wayne Mason	7.1	1979
2 Robert Pittman	7.3	1985
Byron Hill	7.3	1986
Chris Bean	7.3	1986
Terry Strong	7.3	1988
6 Tom Mosley	7.4	1972
Mark Hair	7.4	1984
James Scott	7.4	1994
9 Nate Dean	7.5	1976
Tony Wilson	7.5	1982

55m Hurdles (FAT)	TIME	YEAR
1 Wayne Mason	7.34	1979
2 David Payne	7.38	2004
3 Byron Hill	7.49	1986
4 Terry Strong	7.53	1988
5 Robert Pittman	7.55	1987
6 Brandon Hon	7.56	2002
7 David Ilg	7.57	1998
Greg Schumacher	7.57	1998
9 James Scott	7.58	1994
10 Dexter Shoulders	7.61	2004

60m DASH	TIME	YEAR
1 Naquille Harris	6.64	2025
2 Austin Edwards	6.72	2018
3 Chris Borzor	6.74	2022
4 Quincy Mitchell	6.75	2019
5 Kenny Wade	6.78	2005
6 Anthony Woods	6.80	2020
7 Isaiah McCall	6.82	2020
8 Jimmy Brooks	6.83	2017
9 Dayo Igeleke	6.84	2009
10 Darryl Swann	6.85	1987

60m HURDLES	TIME	YEAR
1 David Payne	7.62	2005
2 Terrence Somerville	7.63	2011
Arthur Greenlee IV	7.77	2020
4 Bryan Cain	7.87	2015
5 Connor Duricky	7.92	2019
Isaiah McCall	7.92	2020
Brandon Johnson	7.92	2025
8 Dailyn Moore	8.01	2014
9 Brandon Hon	8.09	2002
10 Robert Pittman	8:11	1987



David Payne earning a silver medal in the 100m hurdles at the 2008 Olympics in Beijing.

200m	TIME	YEAR
1 Chris Borzor	20.84	2020
2 Kenny Wade	21.07	2004
3 Steven McElroy	21.18	2023
4 Chris Watkins	21.41	1994
5 Jimmy Brooks	21.52	2018
6 Muhammad Saafir	21.54	2004
7 Brandon Johnson	21.56	2023
8 Cedric Powell	21.62	2007
9 Naquille Harris	21.63	2025
10 Justin Conway	21.71	2005
Bob Kandell	21.71	2007

MEN'S INDOOR RECORD BOOK

300m		TIME	YEAR
1	Steven McElroy	33.24	2023
2	Chris Borzor	33.73	2022
3	Chuck Kiser hf	34.31	1986
4	Kevin Konkoly	34.54	2015
5	Romaro Knight	34.65	2025
6	Rodney Johnson f	34.66	1984
7	Darnell Gilbert	34.69	2014
8	Maurice Norman	34.77	2014
9	Brandon Johnson	34.89	2024
10	Keco Morrison	35.00	2024

300 YARDS (HT)		TIME	YEAR
1	Rodney Johnson	6.1	1983
	Darryl Swann	6.1	1984
	Chris Watkins	6.1	1991
	Mike Davis	6.1	1994
5	Al Nelson	6.2	1964
	Carlton Hoyles	6.2	1971
	Harold Lee	6.2	1976
	Joe Abrams	6.2	1989
	Reggie Taylor	6.2	1986
	Chris Evans	6.2	1990
	Craig McIlwain	6.2	1990
	Terry Strong	6.2	1990
	Myron Bacon	6.2	1994

400m		TIME	YEAR
1	Steven McElroy	46.33	2023
2	Antione Drakeford	46.59	2009
3	Jim Schnur hyf	47.04	1977
4	Jeff Walker hyf	47.14	1979
5	Jimmy Brooks	47.28	2017
6	Maurice Norman	47.43	2012
	Chris Borzor	47.43	2020
8	Bob Kandell	47.86	2007
9	Darnell Gilbert	48.03	2014
10	Keco Morrison	48.07	2023

500m		TIME	YEAR
1	Lewis Johnson f	1:02.68	1987
2	Reggie McDaniel f	1:02.89	1984
3	Chris Borzor	1:03.10	2020
4	Byron Hill hf	1:03.99	1986
5	Steve Davis hf	1:04.29	1975
6	Jimmy Brooks	1:04.40	2017
7	Andre Anderson	1:04.56	2015
8	Jaashir Morris	1:04.83	2015
9	Mike Vorherr hf	1:04.99	1978
10	Kyle Smith	1:05.18	2023

600m		TIME	YEAR
1	Jimmy Brooks	1:19.07	2017
2	Quentin Respress f	1:19.34	1992
3	Alonzo Hatchette hf	1:20.14	1990
4	Camden Beatty	1:20.34	2025
5	Jack Barchet	1:20.37	2024
6	Ryan Wynn f	1:20.74	2013
7	Joe Colon f	1:20.91	1990
8	Pat Starkey	1:21.01	2005
9	Jon McClelland	1:21.21	2010
10	Kasey Kist f	1:21.26	1998
	Santino Ramos	1:21.26	2025

600 YARDS		TIME	YEAR
1	Chuck Roberts hf	1:10.24	1968
2	Lewis Johnson hf	1:10.64	1987
3	Claude Holland hf	1:10.84	1976
4	Barry Pajcic hf	1:11.04	1975
5	Reggie McDaniel hf	1:11.74	1984
6	Jack Yablonsky hf	1:11.94	1972
7	Byron Hill hf	1:12.44	1986
8	Jeff Cole hf	1:12.54	1974
9	Mike Vorherr hf	1:12.74	1977
10	Steve Davis hf	1:13.14	1979



All-American and 500m and 1000m UC record holder Lewis Johnson being inducted into the Cincinnati James P. Kelly Athletics Hall of Fame in 1999

800m		TIME	YEAR
1	Alonzo Hatchette hf	1:49.84	1990
2	Calvin Kilgallon	1:50.36	2025
3	Kasey Kist f	1:50.44	1998
4	Michael Vitucci	1:50.59	2019
5	Gianni Allwein	1:51.09	2024
6	Doug Weisman f	1:51.25	1985
7	Jack Barchet	1:51.46	2024
8	Barry Pajcic hyf	1:51.54	1975
9	Jase Headings	1:51.76	2019
10	Matt Daggy f	1:52.13	1998

MEN'S INDOOR RECORD BOOK

1,000m			TIME	YEAR
1	Lewis Johnson	hf	2:22.64	1987
2	Gianni Allwein		2:24.80	2025
3	Jed Helker		2:25.02	2024
4	Jeff Johnson	hf	2:26.14	1983
5	Matthew Hoak		2:26.55	2024
6	Jarrold Hart	f	2:28.50	2020
7	Mark Gerstner	f	2:28.73	1992
8	Eric Walker	f	2:29.17	1992
9	Alex Ramsey		2:29.19	2006
10	Colin Smith		2:29.24	2024

1,000 YARDS			TIME	YEAR
1	Lewis Johnson	f	2:09.16	1987
2	Ron Stapleton	hf	2:10.64	1972
3	Jim Calloway	hf	2:11.64	1968
4	Doug Wiesman	hf	2:11:84	1985
5	Jeff Johnson	hf	2:12.74	1983
6	Paul Rehfus	hf	2:13.14	1976
7	Gary Valentine	hf	2:13.34	1984
8	Dan McCrone	hf	2:15.04	1972
9	John Garter	hf	2:15.97	1987
	Bob Waters	f	2:15.97	1987

1,500m			TIME	YEAR
1	Jeff Johnson	f	3:38.87	1984
2	Chris Gilbert	hf	3:55.44	1981
3	Dwight Drefs	f	4:00.11	1988
4	Brian Hatch	hf	4:00.24	1986
5	Pete Brawn	hf	4:02.14	2001
6	Bret Norton	hf	4:02.84	1986
7	Tom Thompson	hf	4:02.94	1985
8	Wayne Shell	hf	4:04.14	1982
9	David Wahoff	hf	4:07.54	1987
10	Bob Andy	f	4:09.83	1993

MILE			TIME	YEAR
1	Tyler Wirth		3:57.20	2024
2	Jed Helker		4:00.14	2025
3	Gianni Allwein		4:02.86	2024
4	Seth Elking		4:03.40	2024
5	Matthew Hoak		4:03.51	2023
6	Jeff Johnson	hf	4:04.14	1984
7	Aaron Bienenfeld		4:04.77	2020
8	Eric Finan		4:04.94	2011
9	Calvin Kilgallon		4:05.57	2025
10	Milo Greder		4:06.67	2023

2 MILE			TIME	YEAR
1	Bernie Weber	f	8:56.63	1980
2	Jim Stanley	hf	9:01.04	1972
3	Dan McCrone	hf	9:02.54	1973
4	Jeff Johnson	hf	9:03.24	1984
5	Ron Stapleton	hf	9:08.74	1973
6	Scott Jones	f	9:11.50	1985
7	John Wiehe	hf	9:22.94	1983
8	Tom Zimmerly	hf	9:25.64	1985
9	Grant Stanley	hf	9:28.74	1989
10	Joe Gerrety	hf	9:29.04	1982

3,000m			TIME	YEAR
1	Aaron Bienenfeld		7:50.73	2021
2	Alec Sandusky		7:53.78	2021
3	Milo Greder		7:56.97	2023
4	Eric Finan		7:59.02	2011
5	Tyler Wirth		7:59.64	2024
6	Jed Helker		8:07.28	2025
7	Matthew Hoak		8:08.07	2023
8	Jonathan Harley		8:10.35	2022
9	Seth Elking		8:10.53	2024
10	Toni Banos		8:12.70	2021

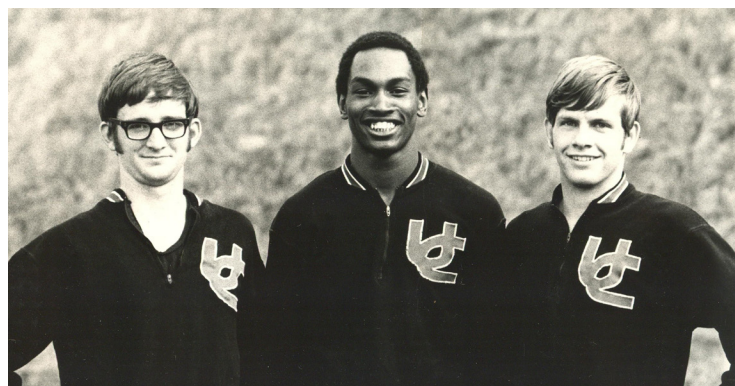
5,000m			TIME	YEAR
1	Aaron Bienenfeld		13:31.65	2021
2	Alec Sandusky		13:43.02	2021
3	Milo Greder		13:53.83	2023
4	Jamie Dailey		14:10.33	2023
5	Isaac Schachleiter		14:12.83	2025
6	Lucas Towne		14:16.11	2025
7	Eric Finan		14:17.07	2011
8	Mike Seymour	h	14:25.79	1998
9	Chris Reis		14:26.42	2003
10	Christian Stevens		14:31.01	2023

HIGH JUMP		MARK	YEAR
1	Alex Bloom	2.16m/7' 1"	2017
2	Brandon Fitch	2.15m/7' 0.5"	2008
3	Damon Kurtz	2.14m/7' 0.25"	1989
4	Rodney Johnson	2.13m/7' 0"	1982
	Bill Bruns	2.13m/7' 0"	1983
	Chris Kratsas	2.13m/7' 0"	1990
	Jared Burkholder	2.13m/7' 0"	2000
8	Albert Kalala	2.11m/6' 11"	2019
9	Chris Bean	2.10m/6' 10.75"	1986
	Ron Quercioli	2.10m/6' 10.75"	1996
	Ryan Beltz	2.10m/6' 10.75"	2008
	Jeremy Hayton	2.10m/6' 10.75"	2020

MEN'S INDOOR RECORD BOOK

POLE VAULT	MARK	YEAR
1 Adrian Valles	5.61m/18' 4.75"	2018
2 Chris Smith	5.41m/17' 9"	2005
3 Josh Dangel	5.35m/17' 6.5"	2014
4 Mike Albrinck	5.30m/17' 4.75"	1993
5 Austin Goolsby	5.26m/17' 3"	2022
6 Justin Abrams	5.17m/16' 11.5"	2025
7 Matt Botos	5.10m/16' 8.75"	1995
Dan Albrinck	5.10m/16' 8.75"	2005
9 Shane Shockey	5.08m/16' 8"	2009
10 Nathan Alexander	5.07m/16' 7.5"	2016

LONG JUMP	MARK	YEAR
1 Al Lanier	8.01m/26' 3.5"	1973
2 Chris Bean	7.79m/25' 6.75"	1986
3 Chris Watkins	7.70m/25' 3.25"	1992
4 Drew Hardyk	7.63m/25' 0.5"	1992
5 Austin Edwards	7.62m/25' 0"	2018
6 Justin Abrams	7.44m/24' 5.0"	2024
7 Astley Davis	7.43m/24' 4.5"	2024
8 Andre Wright	7.37m/24' 2.25"	2019
9 Sergio Acera	7.36m/24' 1.75"	2015
10 Jason Unger	7.33m/24' 0.75"	1996
Marquis Brookins	7.33m/24' 0.75"	2013
Tariq Sanders	7.33m/24' 0.75"	2015



1973 Team Captains: Dan McCrone (left), Al Lanier (center) and Ron Stapleton (Right)

TRIPLE JUMP	MARK	YEAR
1 Astley Davis	16.22M/53' 2.5"	2025
2 Al Lanier	15.99m/52' 5.5"	1972
3 Andre Wright	15.57m/51' 1"	2019
4 Carlos Kouassi	15.54m/51' 0"	2021
5 Michael Nwankwo	15.25m/50' 0.5"	2014
6 Chris Bean	15.02m/49' 3.5"	1987
7 Chris Greene	14.73m/48' 4"	2015
8 Tariq Sanders	14.70m/48' 2.75"	2016
9 Brandon White	14.66m/48' 1.25"	2020
10 Sergio Acera	14.62m/47' 11.75"	2017

SHOT PUT	MARK	YEAR
1 Fred Moudani-Likibi	20.62m/67' 7.8"	2025
2 Giovanni Guitierrez	18.75m/61' 6.25"	2023
3 Macklin Tudor	18.25m/59' 10.5"	2017
4 Sam Meece	17.81m/58' 5.25"	2019
5 Marcus Abraham	17.71m/58' 1.25"	2019
6 Korbin Spencer	17.48m/57' 4"	2025
7 Troy Cooper	17.27m/56' 8"	2011
8 Aaron Deaton	17.20m/56' 5.25"	2020
9 Matthew Rusch	17.19m/56' 4.75"	2025
10 Greg Weber	17.17m/56' 4"	1983

WEIGHT THROW	MARK	YEAR
1 Sam Meece	21.17m/69' 5.5"	2022
2 Josh Province	19.78m/64' 10.75"	2016
3 Oliver Mayer	19.71/64' 8"	2025
4 Orry Willems	19.65m/64' 6"	2025
5 Korbin Spencer	19.49m/63' 11"	2023
6 Ian Jarman	19.35m/63' 6"	2008
7 Noah Thomas	18.89m/61' 11.75"	2024
8 Danny Jones	18.68m/61' 3.5"	2022
9 Richard Hurst	18.60m/61' 0.5"	1991
10 Ben Fiser	18.53m/60' 9.5"	2025

PENTATHLON	POINTS	YEAR
1 Ben Haber	3739	2005
2 Chris Wineberg	3647	2001
3 Cannon Riddle	3583	2020
4 Kyle Kubera	3490	2014
5 Adam Smith	3447	1999
6 Caleb Arthur	3371	2007
7 Todd Douglas	3257	1999
8 Jimmy Mount	3177	2003
9 Keller Schnier	3047	2007
10 Patrick Dunn	3043	2005

HEPTATHLON	POINTS	YEAR
1 Justin Abrams	5832	2025
2 Damien Berthenet	5693	2020
3 Alex Bloom	5649	2018
4 Chris Wineberg	5616	2004
5 Ben Haber	5453	2005
6 Dominique Hall	5416	2023
7 Jimmy Mount	5376	2005
8 Cannon Riddle	5279	2020
9 Ben Wollenslegel	4938	2017
10 Kyle Kubera	4868	2014

MEN'S INDOOR RECORD BOOK

4X400m RELAY						TIME	YEAR
1	Jim Schnur	Claude Holland	Larry Payne	Keith Holland	hyf	3:13.24	1976
2	Claude Holland	Roland Butler	Frank Lewis	Steve Davis	hyf	3:13.44	1977
3	Halen Witcher	Jimmy Brooks	Kevin Konkoly	Jaashir Morris		3:13.64	2017
4	Wayne Mason	Larry Payne	Jeff Walker	Steve Davis	hyf	3:13.74	1979
5	Wayne Mason	Larry Payne	Jeff Walker	Steve Davis	hyf	3:13.94	1979
6	Jim Schnur	Keith Holland	Frank Lewis	Steve Davis	hyf	3:14.14	1977
7	Jim McCorkle	Alonzo Hatchette	Bryan Reed	Roger Elliott	f	3:14.18	1989
8	Roger Elliott	Reggie Brazzile	Robert Pittman	Lewis Johnson	f	3:14.67	1987
9	Wayne Mason	Jim Schnur	Claude Holland	Steve Davis	hyf	3:15.04	1978
10	B.J. Thomas	Micah Ault	Adam Manning	Kasey Kist	f	3:15.19	1998

4X800m RELAY						TIME	YEAR
1	Adam Berner	Eric Graves	Pat Starkey	Jake Richards	f	7:41.25	2004
2	Aaron Bienenfeld	Michael Vitucci	Jase Headings	Matt Stump		7:41.68	2019
3	Zach Webb	Jake Richards	Pat Starkey	Alex Ramsey		7:43.53	2007
4	Jim Slusser	Jean Ellis	Dave Byrd	Jim Calloway	hyf	7:44.04	1968
5	Mike Nickel	Bob Andy	Mark Gerstner	Eric Walker	f	7:44.59	1993
6	Eric Walker	Bob Andy	Quentin Respress	Mark Gerstner	f	7:44.72	1992
7	Bob Waters	John Garter	Mike Borellis	Lewis Johnson	f	7:44.81	1987
8	Gary Valentine	Wayne Shell	Marcus Dudley	Jeff Johnson	hyf	7:47.81	1982
9	Dennis Miles	Quentin Respress	Mark Gerstner	Alonzo Hatchette	f	7:45.37	1990
10	Bruce Shulman	Jim Calloway	Jim Slusser	Jean Ellis	hyf	7:45.44	1969
	Paul Rehfus	Mike Shields	Claude Holland	Barry Pajcic	hyf	7:45.44	1976

DISTANCE MEDLEY RELAY						TIME	YEAR
1	Tyler Wirth	Camden Beatty	Jack Barchet	Seth Elking		9:38.97	2024
2	Matt Hoak	David Endres	Jack Barchet	Tyler Wirth		9:41.29	2023
3	Jonathan Harley	Zachary Robinson	Siro Pina Cardona	Tyler Wirth		9:44.67	2022
4	Jonathan Harley	Chris Borzor	Siro Pina Cardona	Tyler Wirth	f	9:48.10	2022
5	Calvin Kilgallon	Camden Beatty	Jed Helker	Santino Ramos		9:50.19	2025
6	Seth Elking	David Endres	Collin Smith	Jack Barchet		9:52.12	2023
7	Chris Camfield	B.J. Thomas	Kasey Kist	Mike Bruening	f	9:55.02	1998
8	Ian Silver	Ryan Green	Jarrold Hart	Seamus Collins		9:57.82	2016
9	Mike Bruening	Micah Ault	Matt Daggy	Jeremy Bucher	f	9:59.30	1998
10	Claude Holland	Mike Vorherr	Andy Cull	Mike Shields	hyf	10:03.94	1977



2023 AAC Champion and UC DMR record setting team: Matt Hoak, David Endres, Tyler Wirth, and Jack Barchet (Left to Right)

MEN'S OUTDOOR RECORD BOOK

100m	TIME	YEAR
1 Chris Borzor	10.15	2022
2 Naquille Harris	10.18	2024
3 Garry Cutright	10.36	2002
4 Kenny Wade	10.39	2004
Quincy Mitchell	10.39	2019
6 Austin Edwards	10.44	2018
7 John Bowie	10.45	2006
8 Darryl Swann	10.46	1985
Antione Drakeford	10.46	2009
10 Nick Kowaleski	10.48	2014

100m (HT)	TIME	YEAR
1 Rodney Johnson	10.2	1983
2 Glenn Shaw	10.4	1973
Jim Chestnut	10.4	1980
Darryl Swann	10.4	1988
Myron Bacon	10.4	1993
6 Jim Schnur	10.5	1975
Nate Dean	10.5	1977
8 Ed Brown	10.6	1977
Mike Davis	10.6	1994
10 Rusty Geverdt	10.7	1984
Phil Tonne	10.7	1984
Roland Butler	10.7	1977
Chris Watkins	10.7	1993

110m HURDLES	TIME	YEAR
1 Terrence Somerville	13.37	2013
2 David Payne	13.42	2004
3 Wayne Mason	13.60	1980
4 Isaiah McCall	13.88	2021
5 Greg Schumacher	13.92	1999
6 Brandon Hon	13.96	2001
7 Justin Wei	14.02	2025
8 Dailyn Moore	14.03	2013
9 Connor Duricky	14.04	2018
10 Arthur Greenlee IV	14.06	2021
Brandon Johnson	14.06	2023

200m	TIME	YEAR
1 Chris Borzor	20.46	2021
2 Quincy Mitchell	20.84	2019
3 Kenny Wade	20.87	2004
4 Naquille Harris	20.98	2025
5 Steven McElroy	21.03	2022
6 Muhammad Saafir	21.04	2003
7 Antione Drakeford	21.09	2009
8 Bob Howell	21.14	1964
Mike Childs	21.14	1999
10 Dayo Igeleke	21.15	2007

400m	TIME	YEAR
1 Steven McElroy	44.93	2022
2 Antione Drakeford	45.83	2009
3 Jimmy Brooks	46.04	2016
4 Chris Borzor	46.15	2021
5 Keco Morrison	46.38	2023
6 Jeff Walker	46.42	1979
7 Jim Schnur	46.44	1975
8 Jerod Batt	46.73	2004
9 Mike Childs	46.86	1999
10 Darnell Gilbert	46.95	2014

400m HURDLES	TIME	YEAR
1 Camden Beatty	51.08	2025
2 Andre Anderson	51.12	2015
3 David Payne	51.16	2004
4 Robert Pittman	51.44	1985
5 Brandon Hon	51.68	2001
6 Adam Manning	51.87	1998
7 Byron Hill	51.88	1985
8 Troy Lammers	52.00	2007
9 Todd Heinecke	52.16	2001
10 Mark Hair	52.24	1983



UC Indoor mile and outdoor 1500m record holder Tyler Wirth. He is the first Bearcat to ever run a sub four mile.

800m	TIME	YEAR
1 Lewis Johnson	1:47.00	1987
2 Doug Wiesman	1:48.91	1984
3 Jack Barchet	1:49.16	2024
4 Gianni Allwein	1:49.36	2024
5 Alonzo Hatchette	1:49.38	1990
6 Jim Calloway	1:49.94	1969
Chuck Roberts	1:49.94	1969
8 Calvin Kilgallon	1:50.06	2025
9 Michael Rutherford	1:50.12	2012
10 Tyler Wirth	1:50.18	2023

MEN'S OUTDOOR RECORD BOOK

1,500m	TIME	YEAR
1 Tyler Wirth	3:39.58	2024
2 Jed Helker	3:40.60	2025
3 Seth Elking	3:43.16	2025
4 Aaron Bienenfeld	3:43.93	2021
5 Jeff Johnson	3:44.93	1983
6 Matthew Hoak	3:44.99	2023
7 Jonathan Harley	3:46.17	2021
8 Chris Gilbert h	3:46.74	1979
9 Mike Bruening	3:47.64	1998
10 Gianni Allwein	3:47.98	2025

5,000m	TIME	YEAR
1 Eric Finan	13:44.91	2011
2 Aaron Bienenfeld	13:45.72	2021
3 Tyler Wirth	13:49.51	2024
4 Milo Greder	13:50.67	2023
5 Patrick Kiprop	13:54.71	2025
6 Alec Sandusky	14:12.34	2021
7 Lucas Towne	14:13.95	2025
8 Andrew Schille	14:14.97	2019
9 Isaac Schachleiter	14:17.62	2024
10 Seth Elking	14:18.53	2025

10,000m	TIME	YEAR
1 Aaron Bienenfeld	28:10.95	2021
2 Alec Sandusky	28:40.59	2021
3 Milo Greder	29:04.44	2023
4 Eric Finan	29:37.29	2011
5 Jamie Dailey	29:41.84	2023
6 Andrew Schille	29:41.85	2019
7 Colin Cotton	29:50.00	2013
8 Toby Loveridge	29:56.38	2015
9 Kevin Fink	30:17.09	2013
10 Tommy Morgan	30:20.44	2011

3000M STEEPLECHASE	TIME	YEAR
1 Chad Disbennett	8:50.26	1996
2 Jeremy Bucher	8:50.36	1998
3 Bernie Weber h	8:51.24	1979
4 Toni Banos	8:51.89	2022
5 Matt Hoak	8:54.64	2024
6 Julius Hild	8:55.94	2021
7 Kevin Schwarz	8:59.62	2007
8 Chris Gilbert h	9:00.04	1981
9 Dan Huben	9:00.61	2017
10 Rick King	9:03.45	2010

HIGH JUMP	MARK	YEAR
1 Rodney Johnson	2.21m / 7' 3"	1983
2 Brandon Fitch	2.16m / 7' 1"	2010
3 Jared Burkholder	2.15m / 7' 0.75"	2001
4 Ron Quercioli	2.14m / 7' 0.25"	1994
Alex Bloom	2.14m / 7' 0.25"	2017
6 Damon Kurtz	2.13m / 7' 0"	1988
Chris Kratsas	2.13m / 7' 0"	1990
8 Michael Nwankwo	2.12m / 6' 11.5"	2015
9 Jordan Hardiman	2.11m / 6' 11"	2016
10 Chris Bean	2.10m / 6' 10.75"	1986

POLE VAULT	MARK	YEAR
1 Adrian Valles	5.70m / 18' 8.25"	2017
2 Josh Dangel	5.44m / 17' 10.25"	2014
3 Mike Albrinck	5.43m / 17' 9.75"	1994
4 Chris Smith	5.35m / 17' 6.5"	2005
5 Austin Goolsby	5.26m / 17' 3"	2023
6 Shane Shockey	5.21m / 17' 1"	2008
7 Justin Abrams	5.20m / 17' 0.75"	2024
Chris Wineberg	5.20m / 17' 0.75"	2004
9 Jason Deem	5.15m / 16' 11"	2025
10 Ben Novak	5.10m / 16' 8.75"	1997
Colt Robinson	5.10m / 16' 8.75"	2016

LONG JUMP	MARK	YEAR
1 Al Lanier	8.04m / 26' 4.5"	1973
2 Robert Hart	7.84m / 25' 8.75"	2024
3 James White	7.81m / 25' 7.5"	2004
4 Chris Bean	7.76m / 25' 5.5"	1986
5 Chandler Groves	7.69m / 25' 2.75"	2005
6 Chris Watkins	7.67m / 25' 2"	1991
Austin Edwards	7.67m / 25' 2"	2021
8 Drew Hardyk	7.53m / 24' 8.5"	1990
9 Astley Davis	7.52m / 24' 8.25"	2025
Sergio Acera	7.52m / 24' 8.25"	2016



UC 3,000m Steeplechase record holder Chad Disbennett. The only 3,000m steeplechase All-American in school history

MEN'S OUTDOOR RECORD BOOK

TRIPLE JUMP		MARK	YEAR
1	Al Lanier	16.32m / 53' 6.5"	1973
2	Astley Davis	16.11m / 52' 10.25"	2025
3	Chris Bean	15.44m / 50' 8"	1986
4	Carlos Kouassi	15.38m / 50' 5.5"	2022
5	Michael Nwankwo	15.36m / 50' 4.75"	2013
6	Andre Wright	15.25m / 50' 0.5"	2019
	Eric Mumford	15.08m / 49' 6"	1972
8	Tyre Johnson	14.78m / 48' 6"	2002
9	Tariq Sanders	14.71m / 48' 3.25"	2016
10	Chris Greene	14.65m / 48' 0.75"	2015

SHOT PUT		MARK	YEAR
1	Fred Moudani	20.54m / 67' 4.75"	2023
2	Macklin Tudor	18.90m / 62' 0.25"	2017
3	Korbin Spencer	18.50m / 60' 8.4"	2025
4	Giovanni Gutierrez	18.32m / 60' 1.25"	2024
5	Marcus Abraham	17.84m / 58' 6.5"	2019
6	Troy Cooper	17.60m / 57' 9"	2009
7	Greg Weber	17.50m / 57' 5"	1983
8	Jackson Vollbrecht	17.49m / 57' 4.75"	2023
9	Chris Littleton	17.44m / 57' 2.75"	2010
10	Sam Meece	17.30m / 56' 9.25"	2021



Adrian Valles earned a record six All-American honors and is the one of the most decorated track and field athlete in school history.

DISCUS THROW		MARK	YEAR
1	Macklin Tudor	63.54m / 208' 5"	2017
2	Korbin Spencer	57.02m / 187' 0"	2025
3	Sam Meece	56.14m / 184' 2"	2019
4	Greg Weber	55.12m / 180' 10"	1983
5	Chris Littleton	54.66m / 179' 4"	2012
6	Jake Haseman	54.09m / 177' 5"	2012
7	Scott Ference	53.80m / 176' 6"	1992
8	Chris Ward	51.91m / 170' 3.7"	2025
9	Troy Cooper	51.84m / 170' 1"	2010
10	Richard Hurst	51.64m / 169' 5"	1989

HAMMER THROW		MARK	YEAR
1	Orry Willems	65.58m / 215' 1"	2025
2	Sam Meece	62.30m / 204' 5"	2019
3	Noah Thomas	61.98m / 203' 4"	2024
4	Ian Jarman	61.87m / 203' 0"	2008
5	Ben Fiser	61.81m / 202' 9"	2025
6	Richard Hurst	61.16m / 200' 8"	1991
7	Jacob Rieman	59.11m / 193' 11"	2021
8	Chad Hanson	58.04m / 190' 5"	2009
9	Josh Province	57.72m / 189' 4"	2014
10	Tyler Thompson	57.20m / 187' 8"	2025

JAVELIN THROW		MARK	YEAR
1	Ryan Rieckmann	71.02m / 233' 0"	2025
2	Brian Zimmerman	69.45m / 227' 10"	2010
3	Nicholas Lauria	61.43m / 201' 6"	2019
4	Bob Brickweg	61.00m / 200' 1"	1967
5	Phil Scott	60.96m / 200' 0"	1974
6	Chris Kratsas	60.70m / 199' 2"	1994
7	Craig Williamson	60.35m / 198' 0"	1976
8	Adam Smith	60.20m / 197' 6"	1998
9	Paul Deschenes	59.84m / 196' 4"	1984
10	Jeff DuPont	59.69m / 195' 10"	1989

DECATHLON		POINTS	YEAR
1	Damien Berthenet	7686	2021
2	Dominique Hall	7649	2024
3	Chris Wineberg	7584	2004
4	Alex Bloom	7435	2018
5	Jim Schnur	7374	1978
6	Ben Haber	7226	2004
7	Jimmy Mount	7219	2005
8	Justin Abrams	7169	2025
9	David Yimsumruay	7147	1997
10	Mike Yoder	7114	2000



Fred Moudani-Likibi: A four time first team All-American and current Indoor French National and UC shot put record holder.

MEN'S OUTDOOR RECORD BOOK

4X100m RELAY					TIME	YEAR
1	Austin Edwards	Chris Borzor	Brandon Johnson	Steven McElroy	39.93	2022
2	Justin Conway	Cedric Powell	Bob Kandell	John Bowie	40.08	2006
3	Brandon Johnson	Naquille Harris	Brandon Bonsu	LaCarr Trent	40.14	2023
4	Dayo Igeleke	Cedric Powell	Bob Kandell	John Bowie	40.15	2007
5	Justin Conway	Cedric Powell	Bob Kandell	John Bowie	40.16	2006
6	Josh Gerstner	Mike Childs	Branden Beason	Garry Cutright	40.35	2000
7	Kenny Wade	Muhammad Saafir	Bob Kandell	David Payne	40.46	2003
8	Kenny Wade	Muhammad Saafir	Bob Kandell	David Payne	40.49	2003
9	Justin Conway	Cedric Powell	Bob Kandell	John Bowie	40.57	2006
10	Brandon Bonsu	Naquille Harris	Tosin Ayodeji	Keco Morrison	40.58	2024

4X400m RELAY					TIME	YEAR
1	Halen Witcher	Jimmy Brooks	Nathan Smith	Nathan Alexander	3:08.13	2016
2	Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	3:08.68	2010
3	Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	3:09.60	2010
4	Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	3:09.77	2010
5	Byron Hill	Lewis Johnson	Rodney Johnson	Robert Pittman	3:09.93	1985
6	Ethan Freet	Maurice Norman	Chase VanCura	Antione Drakeford	3:10.00	2010
7	Antione Drakeford	Jerod Batt	Bob Kandell	Lonnie Irving	3:10.15	2006
8	Joe Colon	Bryan Reed	Quentin Respress	Alonzo Hatchette	3:10.75	1990
9	David Payne	Bob Kandell	Lonnie Irving	Jerod Batt	3:10.84	2004
10	Lonnie Irving	Chris Wineberg	Bob Kandell	Kenny Wade	3:11.05	2004

4X200m RELAY					TIME	YEAR
1	Justin Conway	Muhammad Saafir	Jerod Batt	Kenny Wade	1:25.06	2004
2	Clarence Hartman	Muhammad Saafir	Branden Beason	Garry Cutright	1:25.21	2002
3	Jerod Batt	Kenny Wade	Bob Kandell	Muhammad Saafir	1:25.22	2003
	Clarence Hartman	Jerod Batt	Bob Kandell	Muhammad Saafir	1:25.22	2004
5	Kenny Wade	Bob Kandell	Jerod Batt	Muhammad Saafir	1:25.65	2003
6	Clarence Hartman	Brandon Hon	Bransen Beason	Muhammad Saafir	1:25.87	2002
7	Jimmy Brooks	Halen Witcher	Mykel Chambers	Nathan Alexander	1:26:14	2017
8	Clarence Hartman	Muhammad Saafir	Branden Beason	Garry Cutright	1:26.21	2002
9	Nate Dean	Ed Brown	Wayne Mason	Steve Davis	1:26.26	1977
10	Jason Unger	Jon Toney	Mike Childs	Antwaion Robinson	1:26.39	1998

4X800m RELAY					TIME	YEAR	
1	Dan Mock	Dave Udovic	Chuck Roberts	Jim Calloway	hy	7:28.54	1969
2	Kyle Neyer	Ryan Wynn	Tony Williamson	Michael Rutherford		7:30.09	2012
3	Matt Daggy	Jason Riegelsberger	Shane Heikenfeld	Kasey Kist		7:30.65	1999
4	Alex Ramsey	Kyle Neyer	Jon McClelland	Michael Rutherford		7:31.59	2009
5	Matt Daggy	Jason Riegelsberger	Shane Heikenfeld	Kasey Kist		7:32.15	1999
6	Gary Valentine	Tom Thompson	Doug Wiesman	Jeff Johnson	h	7:32.44	1984
7	Adam Berner	Eric Graves	Pat Starkey	Jake Richards		7:33.90	2004
8	Adam Berner	Eric Graves	Pat Starkey	Jake Richards		7:34.02	2004
9	Gary Valentine	Doug Wiesman	Ron McFarland	Jeff Johnson		7:34.75	1983
10	Frank Hux	Jean Ellis	Jim Calloway	Chuck Roberts	hy	7:35.04	1967

MEN'S OUTDOOR RECORD BOOK

4X1500m RELAY					TIME	YEAR
1	Jonathan Harley	Tyler Wirth	Alec Sandusky	Aaron Bienenfield	15:34.91	2021
2	Taylor Garvin	Eric Mayhaus	Brad Neumann	Eric Bair	16:00.58	2004
	Jarrold Hart	Ian Silver	Dan Huben	Seamus Collins	16:00.58	2016
4	Jake Richards	Keegan Rathkamp	Bill Keckeis	Taylor Garvin	16:42.58	2005
	Eric Bair	Kevin Schwarz	Taylor Garvin	Chris Reis	16:45.24	2003

4X1600m RELAY					TIME	YEAR
1	Kasey Kist	Nathan Vega	Chris Camfield	Mike Bruening	17:08.30	1998
2	Eric Bair	Taylor Garvin	Eric Mayhaus	Brad Neumann	17:10.69	2004
3	Bob Waters	Mike Borellis	Dwight Drefs	Brian Hatch	h	1987
4	Dan McCrone	Jim Stanley	Tim Benedict	Ron Stapleton	hy	1973
5	Brian Hatch	Joel Robinson	Tom Thompson	Dwight Drefs	hy	1986
6	Brian Hatch	Tom Thompson	Dwight Drefs	Bret Norton	h	1986
7	Brian Hatch	Joel Robinson	Tom Thompson	Dwight Drefs	h	1986
8	Jason Riegelsberger	Bob Zak	Chris Reis	Chris Camfield		2000
9	Dan McCrone	Jim Stanley	Tim Benedict	Ron Stapleton	hy	1972
10	Jean Ellis	Dave Udovic	Jim Calloway	Chuck Roberts	hy	1969

OUTDOOR SPRINT MEDLEY RELAY					TIME	YEAR
1	Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	3:16.44	1987
2	Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	3:19.36	1987
3	Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	3:20.76	1987
4	Darryl Swann	Jamie Trimble	Roger Elliott	Lewis Johnson	3:21.02	1987
5	Darryl Swann	Rodney Johnson	Lewis Johnson	Doug Wiesman	3:21.40	1985
6	Darryl Swann	Jamie Trimble	Roger Elliott	Mike Borellis	3:23.06	1988
7	Bryan Reed	Jim McCorkle	Roger Elliott	Alonzo Hatchette		1989
8	Dave Mayher	Tom Duffy	Jack Yablonsky	Ron Stapleton	hy	1972
9	John Wagner	John Davis	Chuck Roberts	Jim Calloway	hy	1969
10	Darryl Swann	Rodney Johnson	Lewis Johnson	Doug Wiesman	h	1985

OUTDOOR DISTANCE MEDLEY RELAY					TIME	YEAR
1	Doug Wiesman	Will Tolliver	Gary Valentine	Jeff Johnson	h	1984
2	Karl Kimbrough	Claude Holland	Mike Murray	Mike Shields	hy	1978
3	Claude Holland	Mike Shields	Keith Holland	Paul Rehfus	hy	1976
4	Kasey Kist	Mike Childs	Matt Daggy	Chris Camfield		1999
5	Claude Holland	Jim Schnur	Paul Rehfus	Mike Shields	hy	1976
6	Gary Valentine	Mark Hair	Doug Wiesman	Jeff Johnson	h	1984
7	Jack Yablonski	Dave Mayer	Dan McCrone	Ron Stapleton	hy	1972
8	Eric Walker	Joe Colon	Quentin Respress	Mark Gerstner		1992
9	Brad Neumann	Lonnie Irving	Jake Richards	Eric Bair		2004
10	Chad Disbennett	Rich Oakes	Eric Walker	Mark Gerstner	h	1993

OUTDOOR SHUTTLE HURDLE RELAY					TIME	YEAR
1	Brandon Hon	David Payne	Garry Cutright	Jim Ramstetter	57.23	2002
2	Dailyn Moore	Mario Cannon	Steven Mitchell	Terrence Somerville	57.48	2011
3	Brandon Hon	David Payne	Garry Cutright	Jim Ramstetter	57.61	2002
4	Mike Yoder	Anthony Davis	Jim Ramstetter	Brandon Hon	58.81	2001
5	Adam Smith	Mike Yoder	Eric Colegate	Greg Schumacher	59.23	1999
6	Dailyn Moore	Mario Cannon	Steven Mitchell	Terrence Somerville	59.28	2011
7	Ben Haber	David Payne	Scott Maze	Dexter Shoulders	59.43	2004
8	Dom Davolio	Mario Cannon	Jared Martin	Terrence Somerville	59.53	2009
9	Mike Yoder	Anthony Davis	Todd Heinecke	Brandon Hon	59.64	2001
10	Adam Smith	Adam Manning	Eric Colegate	Greg Schumacher	59.83	1998

MEN'S GREAT LAKES REGIONAL CROSS COUNTRY RESULTS

Year	Location	Team	Points	Top Individual	Place	Time
2024	Norton, Ohio	10th	327	Lucas Towne	53rd	30:33.40
2023	Wisconsin	12th	359	Tyler Wirth	14th	3:04 Q
2022	Indiana St.	10th	328	Tyler Wirth	51st	31:09
2021	Evansville	8th	218	Alec Sandusky	6th	30:01 Q
2020	The meet was not held due to the COVID-19 Pandemic					
2019	Wisconsin	16th	478	Aaron Bienenfeld	1st	29:59 Q
2018	Indiana	12th	403	Aaron Bienenfeld	12th	31:21Q
2017	Indiana	21st	586	Nick Grismer	89th	32:51
2016	Wisconsin	17th	481	Dan Huben	58th	31:56
2015	Wisconsin	21st	571	Seamus Collins	100th	32:54
2014	Wisconsin	14th	392	Kevin Fink	24th	30:43
2013	Wisconsin	13th	428	Evan Baum	45th	31:36
2012	Wisconsin	13th	367	Colin Cotton	29th	31:53
2011	Toledo	11th	325	Eric Finan	2nd	30:08 Q
2010	Oakland	9th	277	Eric Finan	1st	30:25 Q
2009	Indiana	16th	427	Eric Finan	32nd	31:58
2008	Purdue	13th	334	Randy King	36th	32:19
2007	Indiana	13th	354	Randy King	47th	32:04
2006	BGSU	10th	314	John Dixon	31st	31:59
2005	Indiana	19th	560	Kevin Schwarz	75th	33:20
2004	East. Mich.	14th	413	Kevin Schwarz	64th	31:56
2003	Indiana St.	13th	472	Andy Wietmarschen	59th	31:59
2002	Purdue	12th	382	Chris Reis	24th	31:18 Q
2001	Indiana St.	10th	336	Chris Reis	15th	31:16 Q
2000	East. Mich.	16th	434	Chris Reis	10th	31:29 Q
1999	Indiana St.	13th	384	Chris Reis	57th	32:23
1998	Indiana St.	20th	505	Vincent Fries	76th	33:20
1997	Indiana	10th	287	Jeremy Bucher	23rd	32:27
1996	Illinois	14th	420	Mike Seymour	28th	31:48
1995	Purdue	8th	270	Mark Rupe	24th	31:59
1994	Purdue	Did not enter				
1993	Indiana	19th	514	Mark Rupe	13th	32:52 Q
1992	Indiana	10th	343	Mark Gerstner	23rd	32:29
1991	Indiana	17th	466	Mark Gerstner	85th	33:16
1990	Purdue	No team score		Mark Gerstner	47th	32:47
1989	East. Mich.	19th	523	Dwight Drefs	37th	32:21
1988	Illinois	Did not enter				
1987	BGSU	No team score		Grant Stanley	90th	32:41
1986	Illinois St.	14th	376	Brian Hatch	69th	31:49
1985	Indiana	18th	484	Brian Hatch	56th	33:45
1984	Illinois	Did not enter				
1983	Michigan St.	No team score		Jeff Johnson	unknown	unknown
1982	Purdue	Did not enter				
1981	Marquette	Did not enter				
1980	Illinois	16th	447	Chris Gilbert	81st	32:15
1979	Michigan St.	No team score		Bernie Weber	71st	34:10
1978	Minnesota	No team score		Bernie Weber	50th	32:07
1977	Michigan	No team score		Bernie Weber	69th	33:27
1976	Illinois	No team score		Mike Shields	47th	31:13
1975	Indiana	Did not enter				
1974	Wisconsin	Did not enter				
1973	Michigan St.	No team score		Jim Stanley	31st	30:43
1972	BGSU	11th	278	Jim Stanley	18th	30:36

MEN'S CONFERENCE CHAMPIONSHIP HISTORY

Conference	Year	Cross Country			Indoor		Outdoor		
		Queen City Invite	All-Ohio	Conf.	All-Ohio	Conf.	All-Ohio	Conf.	
Metro	1980-81	NA	14	4	NA	NA	NA	5	
Metro	1981-82	1	12	3	NA	3	NA	4	
Metro	1982-83	1	11	3	NA	4	NA	3	
Metro	1983-84	1	8	3	NA	NA	NA	4	
Metro	1984-85	3	11	7	NA	NA	NA	2	
Metro	1985-86	2	10	2	NA	NA	NA	4	
Metro	1986-87	1	5	3	2	2	NA	3	
Metro	1987-88	2	8	3	2	NA	NA	3	
Metro	1988-89	2	11	4	2	NA	NA	3	
Metro	1989-90	2	6	4	2	NA	2	3	
Metro	1990-91	3	10	5	9	NA	5	3	
Great Midwest	1991-92	2	6	2	2	1	4	1	
Great Midwest	1992-93	1	4	2	3	1	4	1	
Great Midwest	1993-94	1	5	2	3	1	2	1	
Great Midwest	1994-95	3	16	3	6	1	NA	2	
C-USA	1995-96	1	1	1	5	2	NA	1	
C-USA	1996-97	1	4	1	3	3	NA	2	
C-USA	1997-98	3	3	3	1	2	NA	2	
C-USA	1998-99	3	8	5	NA	NA	NA	2	
C-USA	1999-00	1	4	4	NA	NA	NA	3	
C-USA	2000-01	2	6	6	NA	NA	NA	1	
C-USA	2001-02	1	1	3	NA	NA	4	2	
C-USA	2002-03	1	3	3	NA	NA	3	3	
C-USA	2003-04	1	2	2	NA	NA	1	1	
C-USA	2004-05	1	2	4	NA	NA	2	3	
Big East	2005-06	1	4	6	NA	NA	3	5	
Big East	2006-07	1	2	9	NA	NA	2	9	
Big East	2007-08	1	2	8	2	NA	3	4	
Big East	2008-09	1	2	6	1	NA	1	4	
Big East	2009-10	2	4	8	NA	NA	1	6	
Big East	2010-11	2	5	7	5	NA	2	6	
Big East	2011-12	1	1	8	NA	NA	6	7	
Big East	2012-13	1	1	7	NA	NA	3	10	
The American	2013-14	4	7	2	NA	7	2	7	
The American	2014-15	22*	NA	2	NA	4	NA	4	
The American	2015-16	1	7	5	NA	4	NA	7	
The American	2016-17	4	3	3	NA	5	2	6	
The American	2017-18	3	12	9	NA	5	NA	6	
The American	2018-19	NA	NA	5	NA	4	NA	3	
The American	2019-20	2nd	NA	4	NA	3	NA	NA	
The American	2020-21	NA	NA	3	NA	NA	NA	3	
The American	2021-22	NA	NA	3	NA	2	NA	4	
The American	2021-22	NA	NA	3	NA	2	NA	4	
The American	2022-23	NA	NA	3	NA	1	NA	3	
Big 12	2023-24	NA	NA	7	NA	12	NA	11	
Big 12	2024-25	NA	NA	8	NA	10	NA	12	
WINS		20	4	2	2	5	3	6	

MEN'S CONFERENCE CHAMPIONSHIP HISTORY

INDOOR TRACK & FIELD --- 56 Total Conference Champions, 38 Individual Champions

55 / 60: Chris Watkins (1991)

200: Chris Watkins (1992), Chris Watkins (1994), Chris Borzor (2020)

400m: Darnell Gilbert (2014), Jimmy Brooks (2017), Steven McElroy (2022)

800m: Alonzo Hatchette (1992), Eric Walker (1993), Lance Beck (1994)

Mile: Mark Gerstner (1993)

3,000m: Jeremy Bucher (1997)

5,000m: Chad Disbennett (1992), Mike Seymour (1998), Aaron Bienenfeld (2020)

55m / 60m Hurdles: Robert Pittman (1992), James Scott (1994), Arthur Greenlee IV (2020)

High Jump: Chris Kratsas (1992), Ron Quercioli (1993), Ron Quercioli (1994), Alex Bloom (2018)

Long Jump: Chris Bean (1987), Drew Hardyk (1990), Chris Watkins (1994), Chris Watkins (1995), Jason Unger (1996), Sergio Acera (2016), Austin Edwards (2022) Austin Edwards (2023)

Triple Jump: **Astley Davis (2025)**

Pole Vault: Jeremy Smith (1992), Mike Albrinck (1993), Elmer Brewer (1994), Matt Botos (1995), Adrian Valles (2015), Adrian Valles (2016), Adrian Valles (2017), Adrian Valles (2018)

Shot Put: Greg Weber (1982), Scott Ference (1992), Scott Ference (1994), Fred Moudani-Likibi (2023)

Weight Throw: Scott Ference (1992), Scott Ference (1993), Tim Berwanger (1997), Josh Province (2016), Sam Meece (2019), Korbin Spencer (2023)

Heptathlon: Damien Berthenet (2020)

4 x 400m Relay: 1992 (J. Colon, D. Draper, A. Hatchette, Q. Respress), 1995 (L. Beck, R. Oakes, J. Unger, C. Watkins)

4 x 800m Relay: 1993 (B. Andy, M. Gerstner, M. Nickel, E., Walker)

Distance Medley Relay: 1994 (C. Carroll, R. Oakes, J. Helkenfeld, C. Disbennett), 1996 (Seymour, Unger, Daggy, Disbennett), 2023 (Hoak, Endres, Barchet, Wirth)

OUTDOOR TRACK & FIELD--- 122 Total Conference Champions, 60 Individual Champions

100m: Rodney Johnson (1983), Chris Watkins (1993), Mike Davis (1994),

200m: Rodney Johnson (1983), Chris Watkins (1993), Chris Watkins (1994)

400m: Antione Drakeford (2008), Antione Drakeford (2010), Jimmy Brooks (2016), Steven McElroy (2022)

800m: Doug Wiesman 1984

1,500m: Jeff Johnson (1983), Tyler Wirth 2023

3,000m Steeplechase: Scott Jones (1985), Chad Disbennett (1993), Chad Disbennett (1994), Jeremy Bucher (1997), Jeremy Bucher (1998), Tyler Ross (2015)

5,000m: Mark Rupe (1994), Chad Disbennett (1996), Jeremy Bucher (1997), Eric Finan (2011)

10,000m: Aaron Bienenfeld (2018), Aaron Bienenfeld (2019), Aaron Bienenfeld (2021), Milo Greder (2023)

110m Hurdles: Robert Pittman (1987), Greg Schumacher (1999), David Payne (2002) David Payne (2004) Terrence Somerville (2011)

400m Hurdles: Darryl Draper (1993), Adam Manning (1994), Adam Manning (1995), Adam Manning (1997), Brandon Hon (2001), David Payne (2004), Andre Anderson (2015)

High Jump: Rodney Johnson (1983), Rodney Johnson (1984), Ron Quercioli (1992), Ron Quercioli (1993), Brandon Fitch (2008)

Long Jump: Chris Bean (1985,) Chris Bean 1986, Chris Watkins (1992), Chris Watkins (1993), Chris Watkins (1995), Austin Edwards (2021) Austin Edwards (2022)

Triple Jump: Carlos Kouassi (2023)

Pole Vault: Bill Riffle (1988), Bill Riffle (1989), Eric Lander (1992), Jeremy Smith (1992), Mike Albrinck (1994), Matt Botos (1995), Ben Novak (1996), Jamie Lewis (2000), Chris Smith (2002) Josh Dangel (2013), Adrian Valles (2015), Adrian Valles (2016), Adrian Valles (2017)

Shot Put: Greg Weber (1982), Greg Weber (1983), Scott Ference (1992), Steve Kahle (2005), Macklin Tudor (2015), Macklin Tudor (2016), Fred Moudani-Likibi (2023), **Fred Moudani-Likibi (2025)**

Discus: Greg Weber (1982), Greg Weber (1983), Greg Weber (1984), Richard Hurst (1989), Richard Hurst (1990), Scott Ference 1992, Scott Ference (1993), Scott Ference (1994), Macklin Tudor (2017) Korbin Spencer (2023)

Hammer Throw: Richard Hurst (1988), Richard Hurst (1989), Richard Hurst (1990), Richard Hurst (1991), Scott Ference 1992, Scott Ference (1993), Scott Ference (1994), Josh Province (2014), Sam Meece (2019)

Javelin: Chris Kratsas (1991), Chris Kratsas (1992), Chris Kratsas (1994), Aaron Archer (1995), Brian Zimmerman (2010), Brian Zimmerman (2012)

Decathlon: Jason Shaffer (1990), Chris Kratsas (1992), Jeremy Smith (1993), Chris Kratsas (1994), Aaron Archer (1995), David Yimsumruay (1996), David Yimsumruay (1997), Mike Yoder (1999), Chris Wineberg (2002), Chris Wineberg (2004), Ben Haber (2005), Alex Bloom (2017) Alex Bloom (2018), Cannon Riddle (2021), Dominique Hall (2023)

4 x 100m Relay: 1992 (Bacon, Hardyk, Draper, Watkins), 1993 M. Bacon, M. Davis, D. Draper, C. Watkins), 1994 (M. Davis, T. Davis, J. Unger, C. Watkins), 2006 (J. Conway, C. Powell, B. Kandell, J.Bowie), 2008 (I. Hendricks, A. Drakefield, C. Van Cura, E. Igeleke), 2009 (B. Bruner, A. Drakeford, C. Van Cura, E. Igeleke)

4 x 400m Relay: 1985 (B. Hill, L. Johnson, R. Johnson, R. Pittman), 1987 (R. Elliott, L. Johnson, R. McFarland, R. Pittman), 1994 (T. Davis, D. Grella, B. Mason, R. Oakes)

WOMEN'S INDOOR RECORD BOOK

55m DASH	TIME	YEAR
1 Charlyn Ray	7.09	2001
2 Teresa Campbell y	7.25	1982
3 Maura Kilbane y	7.26	1982
4 Kelly Martin	7.30	1997
5 Amber Kellon	7.31	2001
6 Ashley Ogletree	7.32	2006
7 Ashley Wilhelm	7.42	2003
Cameron Turner	7.42	2006
9 Terri Cassidy y	7.47	1982
Shanekqua Dunbar	7.47	2002

60m DASH	TIME	YEAR
1 Kya Epps	7.21	2025
2 Caisja Chandler	7.30	2020
3 Natasha Burse	7.40	2011
4 Tiona Lattimore	7.43	2018
5 Kenya Woodall	7.52	2014
Kellsa Mbah	7.52	2017
7 Shanay Portis	7.53	2012
Haisha Bisiolu	7.53	2017
9 Hannah Connell	7.56	2024
10 Davenae Fagan	7.58	2024

55m HURDLES	TIME	YEAR
1 Shanekqua Dunbar	8.27	2001
2 Laura Valleperas	8.36	2002
3 Monica Hundley	8.45	2006
4 Amanda Klug	8.55	2003
5 Ashley Arnett	8.60	2004
6 Mary Lee Kreimer hy	8.64	1982
7 K.T. Weisgerber	8.66	1998
8 Ashley Wilhelm	8.69	2003
9 Erin Bush	8.74	2000
Joan Bergman hy	8.74	1982

60m HURDLES	TIME	YEAR
1 Monica Hundley	8.31	2008
Victoria Abunaw	8.31	2023
3 Macaela Walker	8.32	2025
Nyile Facey	8.32	2024
5 Je'Rica Sanders	8.36	2015
6 Angelica Lightfoot	8.43	2019
7 Jasmine Cotten	8.47	2012
8 Julliette Laracuente-Huebner	8.49	2024
9 Kaylon Eppinger	8.50	2009
Javette Lee	8.50	2014
Aliya Barnes	8.50	2016

200m	TIME	YEAR
1 Kya Epps	22.90	2025
2 Caisja Chandler	23.22	2020
3 Kenya Woodall	23.76	2016
4 Davenae Fagan	23.81	2025
5 Tiona Lattimore	23.85	2018
6 Bryana Robinson	23.93	2018
7 Faith Banks	24.00	2022
8 Natasha Burse	24.02	2011
9 Haisha Bisiolu	24.12	2018
10 Charlyn Ray f	24.29	2002

300m	TIME	YEAR
1 Caisja Chandler	37.70	2022
2 Davenae Fagan	37.95	2025
3 Kya Epps	38.09	2025
4 Tiona Lattimore	38.43	2018
5 Kenya Woodall	38.60	2015
6 Haisha Bisiolu	38.73	2019
7 Bryana Robinson	39.00	2017
8 Jayda Bushay	39.09	2024
9 Faith Banks	39.12	2020
10 Alicia Thrope	39.27	2023



UC Indoor 400m record holder Davenae Fagan (Left) with 60m and 200m indoor record holder Kya Epps (Right)

400m	TIME	YEAR
1 Davenae Fagan	52.49	2025
2 Bryana Robinson	53.08	2018
3 Faith Banks	53.63	2022
4 Kenya Woodall	53.73	2015
5 Tiona Lattimore	53.75	2018
6 Haisha Bisiolu	54.46	2018
7 Morgan Komolafe	54.64	2025
8 Jayda Bushay	54.83	2024
9 Faith Banks	54.98	2020
10 Ashley Arnold	55.06	2009

500m	TIME	YEAR
1 Kathy Klump	1:10.08	2012
2 Bryana Robinson	1:11.45	2017
3 Faith Banks	1:13.96	2020
4 Aricka Rhodes	1:14.68	2010
5 Victoria Abunaw	1:15.02	2022
6 Kaitlyn Good	1:15.64	2013
7 Javette Lee	1:16.42	2013
8 Ashley Arnold f	1:16.53	2010
9 Gabby Calderone	1:17.69	2013
10 Jada Grant	1:17.90	2015

WOMEN'S INDOOR RECORD BOOK

600m		TIME	YEAR
1	Carmen Licht	1:32.51	2023
2	Ashley Arnold f	1:33.41	2009
3	Mandy McCumber f	1:33.55	2000
4	Jenna Heaton	1:34.44	2010
5	Aricka Rhodes	1:34.65	2010
6	Kenya Woodall	1:35.08	2015
7	Gwen Stare	1:35.49	2024
8	Kathy Klump	1:36.17	2010
9	Kelsey Mueller	1:36.24	2014
10	Jada Grant	1:37.04	2015

800m		TIME	YEAR
1	Kathy Klump	2:04.39	2012
2	Ellie Leather	2:05.32	2022
3	Carmen Licht	2:09.05	2023
4	Sammy Hentz	2:10.02	2019
5	Rylee Penn	2:10.11	2019
6	Jenna Heaton	2:11.20	2010
7	Alexis Anton	2:11.34	2018
8	Gwen Stare	2:11.94	2025
9	Jocelyn Gibson	2:12.02	2006
10	Sydney Kilgore	2:12.51	2020

1000m		TIME	YEAR
1	Kelsey Mueller	2:50.48	2015
2	Jodie Pierce	2:52.07	2025
3	Rylee Penn	2:52.24	2019
4	Jenna Heaton	2:52.32	2011
5	Gwen Stare	2:53.96	2024
6	Christina Allen	2:54.64	2025
7	Kathy Klump f	2:54.93	2012
8	Madison Conatser	2:55.40	2024
9	Meg Westerheide	2:57.99	2017
10	Jocelyn Gibson f	2:59.11	2006

MILE		TIME	YEAR
1	Rylee Penn	4:34.44	2023
2	Ellie Leather	4:34.89	2022
3	Jodie Pierce	4:46.40	2025
4	Gwen Stare	4:48.66	2025
5	Claire Curtsinger	4:49.06	2025
6	Angie Kist f	4:49.41	2002
7	Maddie Walker	4:50.91	2024
8	Lauren Kemper	4:52.98	2022
9	Hannah Markel	4:55.20	2020
10	Katrina Patterson	4:55.48	2020

3000m		TIME	YEAR
1	Rylee Penn	9:12.44	2023
2	Claire Curtsinger	9:26.41	2025
3	Maddie Walker	9:29.13	2022
4	Ellie Leather	9:30.10	2022
5	Hannah Markel	9:40.55	2020
6	Lilian Jelimo	9:42.95	2008
7	Jill Glassmeyer	9:50.77	2008
8	Katrina Patterson	9:50.99	2020
9	Carmela Henning	9:51.79	2024
10	Lauren Kemper	9:55.09	2022



Three Time NCAA All-American and UC 800m and 500m record holder Kathy Klump

5000m		TIME	YEAR
1	Maddie Walker	16:19.77	2023
2	Lilian Jelimo	16:37.10	2008
3	Claire Curtsinger	16:38.78	2025
4	Jill Glassmeyer	17:16.06	2008
5	P.J. Ball f	17:20.50	2001
6	Tamara Masters	17:20.86	2010
7	Ruth Limo f	17:22.26	2003
8	Michele McKenney	17:24.85	2011
9	Alison Zukowski	17:25.25	2011
10	Hannah Markel	17:26.16	2020

WOMEN'S INDOOR RECORD BOOK

HIGH JUMP	MARK	YEAR
1 Taylor Beard	1.88m / 6' 2"	2023
2 Renee Hein	1.87m / 6' 1.5"	2006
Loretta Blaut	1.87m / 6' 1.5"	2019
4 Erika Hurd	1.86m / 6' 1.25"	2015
5 Annika Kinley	1.85m / 6' 0.75"	2023
6 Jasmine Cotten	1.82m / 5' 11.5"	2012
Spirit Morgan	1.82m / 5' 11.5"	2023
8 Juliet Laracuente-Huebner	1.78m / 5' 8.5"	2024
9 Alyssa Matheny	1.76m / 5' 9.25"	2022
Lauren Barnes	1.76m / 5' 9.25"	2023

POLE VAULT	MARK	YEAR
1 Abby Knouff	4.46m / 14' 7.6"	2025
2 Brooke Catherine	4.26m / 13' 11.75"	2018
3 Mackenzie Fields	4.25m / 13' 11.25"	2013
4 Sarah Rasnick	4.22m / 13' 10"	2012
5 Alyssa McBride	4.18m / 13' 8.5"	2014
6 Brittany Klima	4.05m / 13' 3.5"	2008
Rachel Coghill	4.05m / 13' 3.5"	2021
8 Allie Plybon	4.03m / 13' 2.5"	2019
9 Kendal Fisher	3.97m / 13' 0.25"	2024
10 Tara Meier	3.96m / 12' 11.75"	2007

LONG JUMP	MARK	YEAR
1 Jasmine Cotten	6.13m / 20' 1.5"	2010
2 Kellsa Mbah	6.09m / 19' 11.75"	2017
3 Juliet Laracuente-Huebner	6.06m / 19' 10.57"	2024
4 Nadia Collins	6.05m / 19' 10.2"	2025
5 Anaya Dees	6.03m / 19' 9.5"	2023
6 Rebecka Abrahamsson	6.01m / 19' 8.75"	2016
7 Irati Mitxelena	5.94m / 19' 6"	2019
8 Laura Valldeperas	5.91m / 19' 4.75"	2004
9 Kennedy Marable	5.90m / 19' 4.25"	2020
10 Angelica Lightfoot	5.87m / 19' 3.25"	2019

TRIPLE JUMP	MARK	YEAR
1 Irati Mitxelena	13.17m / 43' 2.5"	2019
2 Kennedy Marable	13.08m / 42' 11"	2022
3 Rebecka Abrahamsson	13.07m / 42' 10.75"	2016
4 Anaya Dees	12.66m / 41' 6.5"	2022
5 Juliet Laracuente-Huebner	12.57m / 41' 3"	2024
6 Shintara Carpenter	12.55m / 40' 10.25"	2005
7 Mary Purtsa	12.22m / 40' 1.25"	2018
8 Juliet McGregor	11.87m / 38' 11.5"	2023
9 Laura Valldeperas	11.55m / 37' 10.75"	2002
10 Jalenna Banks	11.54m / 37' 10.5"	2005

SHOT PUT	MARK	YEAR
1 Amanda Ngandu Ntumba	16.78m / 55' 0.75"	2025
2 Annette Echikunwoke	16.72m / 54' 10.25"	2017
3 Malin Smith	16.17m / 53' 0.75"	2021
4 Frida Akerstrom	16.00m / 52' 6"	2015
5 Ashley Williams	15.82m / 51' 11"	2018
6 Leah Heckaman	15.69m / 51' 5.75"	2018
7 Jane Sensibaugh	15.66m / 51' 4.5"	2022
8 Mekayla Breland	15.16m / 49' 9"	2015
9 Hannah Jackson	15.09m / 49' 6.25"	2023
10 Jo Young	14.87m / 48' 9.5"	2005

WEIGHT THROW	MARK	YEAR
1 Annette Echikunwoke	24.78m / 81' 3.75"	2018
2 Hannah Jackson	19.87m / 65' 2.25"	2024
3 Hannah Blood	19.67m / 64' 6.4"	2025
4 Miriam Merrill	19.53m / 64' 1"	2001
5 Monica Phillips	19.49m / 63' 11.5"	2016
6 Frida Akerstrom	18.27m / 59' 11.25"	2015
7 Alexandria Hunter	18.25m / 59' 10.5"	2023
8 Jane Sensibaugh	18.18m / 59' 7.75"	2022
9 Jo Young	17.80m / 58' 4.75"	2005
10 Sydney Foglesong	17.54m / 57' 6.5"	2025

PENTATHLON	POINTS	YEAR
1 Jasmine Cotten	4192	2012
2 Juliette Laracuente-Huebner	4182	2025
3 Angelica Lightfoot	3926	2019
4 Kaitlyn Good	3907	2013
5 Naomi Urbano	3873	2019
6 Katie Straus	3870	2022
7 Ashley Wilhelm	3788	2006
8 Juliet McGregor	3592	2022
9 Kaylon Eppinger	3586	2009
10 Sydney Spears	3571	2021



Annette Echikunwoke competing the 2017 NCAA Indoor weight throw championships, where she would become the first NCAA Champion in school history

WOMEN'S INDOOR RECORD BOOK

4X400m RELAY					TIME	YEAR
1	Tiona Lattimore	Haisha Bisiolu	Deanna Gesicki	Bryana Robinson	3:36.96	2018
2	Davenae Fagan	Kya Epps	Macaela Walker	Morgan Komolafe	3:38.22	2025
3	Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	3:40.13	2017
4	Davenae Fagan	Kya Epps	Macaela Walker	Morgan Komolafe	3:41.04	2025
5	Javette Lee	Bryana Robinson	Jada Grant	Kenya Woodall	3:41.33	2016
6	Davenae Fagan	Jayda Bushay	Nyile Facey	Hannah Connell	3:41.60	2024
7	Tiona Lattimore	Haisha Bisiolu	Deanna Gesicki	Bryana Robinson	3:42.13	2018
8	Haisha Bisiolu	Tiona Lattimore	Faith Banks	Caisja Chandler	3:42.56	2019
9	Kenya Woodall	Javette Lee	Jalisa Jarrett	Jada Grant	3:43.35	2015
10	Haisha Bisiolu	Faith Banks	Caisja Chandler	Tiona Lattimore	3:43.55	2019

4X800m RELAY					TIME	YEAR
1	Kaitlyn Good	Jenna Heaton	Katie Honigford	Kathy Klump	8:51.06	2012
2	Jenna Heaton	Kaitlyn Good	Katie Honigford	Kathy Klump	8:56.75	2012
3	Kathy Klump	Megan McAuley	Jenny Harsh	Jenna Heaton	8:59.24	2010
4	Megan McAuley	Jenna Heaton	Jenny Harsh	Kathy Klump	8:59.58	2009
5	Jenna Heaton	Kaitlyn Good	Katie Honigford	Kathy Klump	9:00.13	2012
6	Kathy Klump	Jenna Heaton	Caitlyn Good	Rachel Hanzal	9:03.31	2011
7	Rachel Hanzal	Jenna Heaton	Caitlyn Good	Kathy Klump	9:12.30	2011
8	Megan McAuley	Jessica Moyer	Jenna Heaton	Kathy Klump	9:16.76	2009
9	Kathy Klump	Aricka Rhodes	Jenny Harsh	Jenna Heaton	9:17.82	2010
10	Kaitlyn Good	Kelsey Mueller	Jada Grant	Gabby Calderone	9:28.02	2014

DISTANCE MEDLEY RELAY					TIME	YEAR
1	Gwen Stare	Alicia Thorpe	Carmen Licht	Rylee Penn	11:21.95	2023
2	Sam Mikula	Faith Banks	Carmen Licht	Ellie Leather	11:26.86	2022
3	Sam Mikula	Carmen Licht	Sydney Kilgore	Ellie Leather	11:28.64	2020
4	Maddie Walker	Carmen Licht	Sydney Kilgore	Ellie Leather	11:36.35	2020
5	Sam Mikula	Tiona Lattimore	Alexis Anton	Meg Westerheide	11:41.10	2018
6	Sam Mikula	Faith Banks	Rylee Penn	Hannah Markel	11:42.66	2019
7	Jodie Pierce	Morgan Komolafe	Christina Allen	Gwen Stare	11:45.39	2025
8	Gwen Stare	Carmen Licht	Sarah Madix	Maddie Walker	11:46.01	2023
9	Lauren Kemper	Carmen Licht	Gabriela Varisco De Oliveira	Maddie Walker	11:46.35	2022
10	Jenna Heaton	Aricka Rhodes	Kathy Klump	Michele McKenney	11:49.12	2011



The 2023 AAC Indoor Conference Champion DMR Team: Carmen Licht (top left), Rylee Penn (top right), Alicia Thorpe (bottom middle left) and Gwen Stare (bottom middle right).

WOMEN'S OUTDOOR RECORD BOOK

100m	TIME	YEAR
1 Caisja Chandler	11.22	2021
2 Kya Epps	11.23	2025
3 Davenae Fagan	11.47	2025
4 Faith Banks	11.51	2022
5 Tiona Lattimore	11.52	2018
6 Natasha Burse	11.53	2011
Kenya Woodall	11.53	2016
8 Shanay Portis	11.57	2012
9 Charlyn Ray	11.68	2000
10 Haisha Bisiolu	11.69	2018

100m HURDLES	TIME	YEAR
1 Nyile Facey	12.97	2023
2 Macaela Walker	13.13	2025
3 Javette Lee	13.18	2016
4 Je'Rica Sanders	13.30	2015
5 Ailya Barnes	13.41	2016
6 Hannah Connell	13.42	2024
7 Monica Hundley	13.45	2008
8 Kaylon Eppinger	13.63	2009
9 DanHeisha Harding	13.64	2012
Juliette Laracuente-Huebner	13.64	2024

200m	TIME	YEAR
1 Caisja Chandler	22.79	2021
2 Kya Epps	22.82	2025
3 Kenya Woodall	23.09	2016
4 Davenae Fagan	23.14	2025
5 Haisha Bisiolu	23.26	2018
6 Charlyn Ray	23.37	2002
7 Natasha Burse	23.54	2011
Tiona Lattimore	23.54	2018
9 Faith Banks	23.61	2022
10 Jayda Bushay	23.64	2023

400m	TIME	YEAR
1 Davenae Fagan	51.65	2025
2 Kenya Woodall	51.78	2015
3 Faith Banks	52.99	2022
4 Bryana Robinson	53.15	2017
5 Mary Danner	53.30	2002
6 Haisha Bisiolu	53.75	2019
7 Aricka Rhodes	53.82	2011
8 Tiona Lattimore	53.68	2021
9 Jayda Bushay	54.20	2023
10 Morgan Komolafe	54.41	2025

400m HURDLES	TIME	YEAR
1 Macaela Walker	57.16	2025
2 Nyile Facey	58.66	2023
3 Javette Lee	59.13	2016
4 Amanda Klug	1:00.43	2003
5 Victoria Abunaw	1:00.48	2023
6 Kaitlyn Good	1:00.54	2012
7 Gabby Calderone	1:00.62	2014
8 Sharika Thompson	1:01.58	2008
9 K.T. Weisgerber	1:01.90	1998
10 Kylie Cutlip	1:02.17	2019

800m	TIME	YEAR
1 Rylee Penn	2:01.90	2023
2 Kathy Klump	2:03.35	2012
3 Ellie Leather	2:05.43	2022
4 Carmen Licht	2:07.72	2023
5 Gwen Stare	2:09.09	2025
6 Jenna Heaton	2:09.34	2012
7 Alexis Anton	2:10.00	2018
8 Sammy Hentz	2:10.38	2019
9 Kelsey Mueller	2:10.65	2015
10 Mandy McCumber	2:11.24	2000



All-American and 400m-Hurdle record holder Macaela Walker

1500m	TIME	YEAR
1 Rylee Penn	4:10.13	2023
2 Ellie Leather	4:11.33	2022
3 Gwen Stare	4:24.31	2025
Jodie Pierce	4:24.31	2023
5 Katrina Patterson	4:28.03	2021
6 Claire Curtsinger	4:29.56	2025
7 Alexis Anton	4:29.60	2018
8 Angie Kist	4:31.18	2002
9 Christina Allen	4:31.50	2025
10 Meg Westerheide	4:31.70	2017

WOMEN'S OUTDOOR RECORD BOOK

3,000m	TIME	YEAR
1 Katrina Patterson	9:43.16	2021
2 Mary Loebker h	10:03.94	1989
3 P.J. Ball	10:05.12	1999
4 Sam Mikula	10:05.35	2019
5 Maribeth DiSalvo	10:08.60	1998
6 Maggie Breitenstein	10:11.69	2023
7 Angie Kist	10:17.54	1999
8 Tamara Masters	10:17.81	2009
9 Leah Maschino	10:18.24	2022
10 Jackie Rieder	10:18.81	1998

5,000m	TIME	YEAR
1 Maddie Walker	16:18.61	2024
2 Ellie Leather	16:23.43	2022
3 Claire Curtsinger	16:24.67	2025
4 Katrina Patterson	16:52.37	2021
5 Lilian Jelimo	16:55.46	2008
6 P.J. Ball	17:05.54	2001
7 Tamara Masters	17:08.37	2010
8 Jill Glassmeyer	17:13.52	2008
9 Juliana Madzia	17:15.93	2017
10 Megan Knapp	17:17.65	2008

10,000m	TIME	YEAR
1 Claire Curtsinger	33:46.17	2025
2 Maddie Walker	35:07.49	2022
3 Lilian Jelimo	35:22.35	2008
4 Hannah Markel	35:39.62	2019
5 Jill Glassmeyer	35:44.73	2008
6 Ruth Limo	35:59.36	2003
7 Katrina Patterson	36:07.58	2021
8 Jocelyn McCauley	36:28.78	2010
9 Jennifer Hannen	36:31.48	2008
10 Karen Berling	36:57.36	2006

3,000M STEEPLECHASE	TIME	YEAR
1 Lilian Jelimo	10:31.54	2009
2 P.J. Ball	10:46.58	2001
3 Liz Gurko	10:57.53	2023
4 Missy Titus	11:04.79	2003
5 Amber Carter	11:05.84	2024
6 Cortney Staruch	11:05.95	2012
7 Vanessa Robinson	11:07.05	2016
8 Michele McKenney	11:07.92	2010
9 Leah Maschino	11:07.43	2023
10 Cristy Doll	11:11.94	2005

HIGH JUMP	MARK	YEAR
1 Loretta Blaut	1.88m / 6' 2"	2018
2 Renee Hein	1.85m / 6' 0.75"	2007
3 Erika Hurd	1.84m / 6' 0.5"	2015
Taylor Beard	1.84m / 6' 0.5"	2023
5 Jasmine Cotten	1.83m / 6' 0"	2009
6 Annika Kinley	1.82m / 5' 11.5"	2023
7 Spirit Morgan	1.81m / 5' 11.25"	2024
8 Celeste Cofield	1.80m / 5' 11"	2000
9 Lauren Ann Barnes	1.77m / 5' 9.75"	2023
10 Juliette Laracuente-Huebner	1.76m / 5' 9.25"	2024
Mallory Mullen	1.76m / 5' 9.25"	2024

POLE VAULT	MARK	YEAR
1 Abby Knouff	4.37m / 14' 4"	2025
2 Mackenzie Fields	4.35m / 14' 3.25"	2013
3 Alyssa McBride	4.25m / 13' 11.25"	2016
4 Brooke Catherine	4.21m / 13' 9.75"	2018
5 Michelle Eby	4.18m / 13' 8.5"	2013
6 Brittany Klima	4.16m / 13' 7.75"	2008
7 Rachel Coghill	4.07m / 13' 4.25"	2021
8 Kendal Fisher	4.06m / 13' 3.8"	2025
9 Sarah Rasnick	4.02m / 13' 2.25"	2015
10 Sadie Brass	4.01m / 13' 1.75"	2019

LONG JUMP	MARK	YEAR
1 Irati Mitxelena	6.35m / 20' 10"	2019
2 Kellsa Mbah	6.32m / 20' 9"	2017
3 Juliette Laracuente-Huebner	6.25m / 20' 6.25"	2024
4 Rebecka Abrahamsson	6.17m / 20' 1.75"	2016
5 Ashley Wilhelm	6.15m / 20' 2"	2007
6 Nadia Collins	6.10m / 20' 0.25"	2022
7 Renee Raglin	6.07m / 19' 11"	2025
8 Shanay Portis	6.02m / 19' 9"	2013
9 Anaya Dees	6.01m / 19' 8.75"	2023
10 Laura Valldeperas	6.00m / 19' 8.25"	2001
Jasmine Cotten	6.00m / 9' 8.25"	2009



Loretta Blaut who earned six All-America honors during her UC career (all in the high jump).

WOMEN'S OUTDOOR RECORD BOOK

TRIPLE JUMP	MARK	YEAR
1 Irati Mitxelena	13.22m / 43' 4.5"	2019
2 Rebecka Abrahamsson	13.21m / 43' 4.25"	2016
3 Kennedy Marable	13.19m / 43' 3.25"	2022
4 Anaya Dees	12.75m / 41' 10"	2022
5 Juliette Laracuenta-Huebner	12.70m / 41' 8"	2024
6 Shintara Carpenter	12.30m / 40' 4.25"	2006
7 Kellsa Mbah	12.11m / 39' 10.75"	2011
8 Mandi Boykin	11.62m / 38' 1.5"	2009
Juliet McGregor	11.62m / 38' 1.5"	2023
10 Anastasia Tarpeh	11.55m / 37' 10.75"	2010

SHOT PUT	MARK	YEAR
1 Amanda Ngandu-Ntumba	16.85m / 55' 3"	2025
2 Annette Echikunwoke	16.79m / 55' 1"	2017
3 Malin Smith	16.08m / 52' 8.25"	2021
4 Frida Akerstrom	16.07m / 52' 8.75"	2015
5 Ashley Williams	15.89m / 52' 1.75"	2018
6 Jo Young	15.71m / 51' 6.5"	2005
7 Leah Heckaman	15.38m / 50' 5.5"	2016
8 Jane Sensibaugh	15.25m / 50' 0.5"	2021
9 Hannah Jackson	14.99m / 49' 2.25"	2023
10 Mekayla Breland	14.73m / 48' 4"	2015



Lorretta Blout (left) and Annette Echikunwoke (right) two of the most decorated athletes in program history.

DISCUS THROW	MARK	YEAR
1 Amanda Ngandu-Ntumba	60.77m / 199' 4"	2025
2 Jane Sensibaugh	55.15m / 180' 11"	2022
3 Malin Smith	53.66m / 176' 0"	2021
4 Mary Bridges	51.88m / 170' 2"	2013
5 Jessica Molyet	49.91m / 163' 9"	2013
6 Alexis Gray	49.74m / 163' 2"	2018
7 Annette Echikunwoke	49.11m / 161' 1"	2019
8 Frida Akerstrom	48.96m / 160' 7"	2015
9 Kelly Krupa	48.56m / 159' 4"	1999
10 Leah Heckaman	47.19m / 154' 10"	2016

HAMMER THROW	MARK	YEAR
1 Annette Echikunwoke	65.41m / 214' 7"	2019
2 Hannah Jackson	60.62m / 198' 11"	2023
3 Miranda Tcheutchoua	59.99m / 196' 10"	2025
4 Hannah Blood	59.58m / 195' 6"	2025
5 Jane Sensibaugh	56.98m / 186' 11"	2022
6 Monica Phillips	56.86m / 186' 6"	2015
7 Leah Heckaman	55.86m / 183' 3"	2019
8 Jo Young	55.78m / 183' 0"	2005
9 Frida Akerstrom	54.90m / 180' 1"	2015
10 Miriam Merrill	53.54m / 175' 8"	2001

JAVELIN THROW	MARK	YEAR
1 Leonie Troeger	55.31m / 181' 5"	2023
2 Emelie Larsson	52.79m / 173' 2"	2013
3 Chelsea Gerken	43.18m / 141' 8"	2008
4 Kaitlyn Good	42.47m / 139' 4"	2015
5 Ashley Wilhelm	42.42m / 139' 2"	2007
6 Renee Hein	41.98m / 137' 9"	2005
7 Jessica Cobb	39.23m / 128' 8"	2010
8 Amber Bollinger	39.09m / 128' 3"	2003
9 Naomi Urbano	38.55m / 126' 6"	2017
10 Quelaun Marshall	38.10m / 125' 0"	2004

HEPTATHLON	POINTS	YEAR
1 Juliette Laracuenta-Huebner	5703	2025
2 Ashley Wilhelm	5592	2007
3 Jasmine Cotten	5422	2012
4 Kaitlyn Good	5403	2015
Katie Straus	5373	2021
6 Laura Valldeperas	5047	2002
7 Naomi Urbano	5003	2017
8 Kaylon Eppinger	4983	2009
9 Boudine Bouma	4939	2008
10 Juliet McGregor	4871	2021



Juliette Laracuenta-Huebner, two time All-American and UC heptathlon record holder

WOMEN'S OUTDOOR RECORD BOOK

4X100m RELAY					TIME	YEAR
1	Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	43.81	2019
2	Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	44.10	2019
3	Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	44.27	2019
4	Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	44.33	2017
5	Javette Lee	Haisha Bisiolu	Bryana Robinson	Kenya Woodall	44.39	2016
6	Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	44.54	2017
7	Kellsa Mbah	Tiona Lattimore	Haisha Bisiolu	Juliana Puopolo	44.66	2018
8	Kellsa Mbah	Haisha Bisiolu	Bryana Robinson	Tiona Lattimore	44.72	2017
9	Caisja Chandler	Haisha Bisiolu	Faith Banks	Tiona Lattimore	44.75	2019
10	Kya Epps	Davenae Fagan	Morgan Komolafe	Macaela Walker	44.78	2025

4X400m RELAY						
1	Tiona Lattimore	Bryana Robinson	Haisha Bisiolu	Deanna Gesicki	3:35.96	2017
2	Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	3:36.59	2017
3	Haisha Bisiolu	Tiona Lattimore	Deanna Gesicki	Bryana Robinson	3:36.87	2017
4	Shanay Portis	Jalisa Jarrett	Aricka Rhodes	Kathy Klump	3:37.62	2012
5	Shanay Portis	Ashley Arnold	Kathy Klump	Aricka Rhodes	3:37.93	2011
6	Shanay Portis	Jalisa Jarrett	Aricka Rhodes	Kathy Klump	3:38.38	2012
7	Javette Lee	Bryana Robinson	Haisha Bisiolu	Deanna Gesicki	3:38.40	2016
8	Shanay Portis	Ashley Arnold	Kathy Klump	Aricka Rhodes	3:38.43	2011
9	Bryana Robinson	Javette Lee	Deanna Gesicki	Kenya Woodall	3:38.56	2016
10	Kya Epps	Davenae Fagan	Morgan Komolafe	Macaela Walker	3:38.81	2025

4X200m RELAY						
1	Faith Banks	Haisha Bisiolu	Tiona Lattimore	Caisja Chandler	1:34.38	2019
2	Haisha Bisiolu	Tiona Lattimore	Juliana Puopolo	Aliya Barnes	1:38.15	2017
3	DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	1:38.41	2000
4	DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	h 1:38.64	2000
5	Mary Danner	Shanekqua Dunbar	Laura Valldeperas	Charlyn Ray	1:39.63	2002
6	Ashley Ogletree	Monique Brent	Erin Leeper	Jamie Jackson	1:40.29	2004
7	Ashley Ogletree	Monique Brent	Jamie Jackson	Erin Leeper	1:40.47	2004
8	Adrienne Shipman	Danielle Erwin	Monica Hundley	Barb Roberson	1:46.26	2005
9	Amber Stocks	Angel Collins	Kelly Blessing	Kelly Martin	1:48.74	1997
10	Monique Brent	Ashley Wilhelm	Adrienne Shipman	Laura Valldeperas	1:56.24	2003

4X800m RELAY						
1	Kaitlyn Good	Jenna Heaton	Katie Honigford	Kathy Klump	8:45.60	2012
2	Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	8:54.30	2010
3	Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	8:54.81	2010
4	Megan McAuley	Jenny Harsh	Jenna Heaton	Kathy Klump	9:01.52	2009
5	Megan McAuley	Jenny Harsh	Kathy Klump	Jenna Heaton	9:03.51	2009
6	Megan McAuley	Chelsea Gerken	Courtney Hentz	Myeeah Scott	9:07.03	2008
7	Anika Lackey	Michelle Bosse	Carrie Nelson	Maribeth DiSalvo	9:10.72	1998
8	Megan McAuley	Jenna Heaton	Jenny Harsh	Myeeah Scott	9:17.55	2009
9	Kathy Klump	Megan McAuley	Jenny Harsh	Jenna Heaton	9:17.89	2010
10	Mandy McCumber	Michelle Bosse	Angie Kist	Sarah Albert	9:19.97	2001

WOMEN'S OUTDOOR RECORD BOOK

4X1,500m RELAY					TIME	YEAR
1	Lauren Kemper	Maddie Walker	Rylee Penn	Ellie Leather	18:45.64	2022
2	Madison Dunlap	Grace O'Donnell	Vanessa Robinson	Meg Westerheide	19:12.58	2017
3	Tes Corea	Vanessa Robinson	Alexis Anton	Meg Westerheide	19:16.04	2016
4	Erin Kennedy	Grace O'Donnell	Hannah Christ	Alexis Anton	20:12.75	2015

OUTDOOR SPRINT RELAY					TIME	YEAR
1	Charlyn Ray	Shanekqua Dunbar	Mary Danner	Mandy McCumber	3:57.48	2000
2	Charlyn Ray	Amber Kellon	Shanekqua Dunbar	Angie Kist	3:57.53	2002
3	Charlyn Ray	Mary Danner	Nicole Mayes	Mandy McCumber	3:59.79	2000
4	Erin Leeper	Monique Brent	Jamie Jackson	Jocelyn Gibson	4:00.40	2004
5	Javette Lee	Jada Grant	Jalisa Jarrett	Kelsey Mueller	4:02.03	2015
6	Je'Rica Sanders	Shanice Smith	Kelsey Mueller	Alexis Anton	4:02.40	2015
7	Ashley Wilhelm	Adrienne Shipman	Dominique Davis	Jocelyn Gibson	4:02:70	2005
8	Javette Lee	Jada Grant	Jalisa Jarrett	Kelsey Mueller	4:02.77	2015
9	Erin Leeper	Dennale Speakman	Dominique Davis	Jocelyn Gibson	4:05.85	2006
10	Charlyn Ray	Shanekqua Dunbar	Mary Danner	Angie Kist	4:06.26	1999

OUTDOOR DISTANCE MEDLEY RELAY					TIME	YEAR
1	Faith Banks	Haisha Bisiolu	Tiona Lattimore	Caisja Chandler	1:34.38	2019
2	Haisha Bisiolu	Tiona Lattimore	Juliana Puopolo	Aliya Barnes	1:38.15	2017
3	DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	1:38.41	2000
4	DeMetra Gaston	Mary Danner	Shanekqua Dunbar	Charlyn Ray	1:38.64	2000
5	Mary Danner	Shanekqua Dunbar	Laura Valldeperas	Charlyn Ray	1:39.63	2002
6	Ashley Ogletree	Monique Brent	Erin Leeper	Jamie Jackson	1:40.29	2004
7	Ashley Ogletree	Monique Brent	Jamie Jackson	Erin Leeper	1:40.47	2004
8	Adrienne Shipman	Danielle Erwin	Monica Hundley	Barb Roberson	1:46.26	2005
9	Amber Stocks	Angel Collins	Kelly Blessing	Kelly Martin	1:48.74	1997
10	Monique Brent	Ashley Wilhelm	Adrienne Shipman	Laura Valldeperas	1:56.24	2003

OUTDOOR SHUTTLE HURDLE RELAY					TIME	YEAR
1	Kaitlyn Good	Jenna Heaton	Katie Honigford	Kathy Klump	8:45.60	2012
2	Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	8:54.30	2010
3	Jenny Harsh	Jenna Heaton	Megan McAuley	Kathy Klump	8:54.81	2010
4	Megan McAuley	Jenny Harsh	Jenna Heaton	Kathy Klump	9:01.52	2009
5	Megan McAuley	Jenny Harsh	Kathy Klump	Jenna Heaton	9:03.51	2009
6	Megan McAuley	Chelsea Gerken	Courtney Hentz	Myeeah Scott	9:07.03	2008
7	Anika Lackey	Michelle Bosse	Carrie Nelson	Maribeth DiSalvo	9:10.72	1998
8	Megan McAuley	Jenna Heaton	Jenny Harsh	Myeeah Scott	9:17.55	2009
9	Kathy Klump	Megan McAuley	Jenny Harsh	Jenna Heaton	9:17:89	2010
10	Mandy McCumber	Michelle Bosse	Angie Kist	Sarah Albert	9:19.97	2001

WOMEN'S CROSS COUNTRY REGIONAL HISTORY

Year	Location	Team	Points	Top Individual	Place	Time
2024	Norton, Ohio	15th	496	Claire Curtsinger	13th	19:55.70
2023	Wisconsin	14th	385	Claire Curtsinger	32nd	21:12.8
2022	Indiana St.	12th	352	Rylee Penn	30th	20:52.1
2021	Evansville	11th	360	Ellie Leather	14th	20:14 Q
2020	The meet was cancelled due to the Covid 19 Pandemic.					
2019	Wisconsin	11th	374	Lauren Kemper	45th	21:25
2018	Indiana	25th	687	Hannah Markel	87th	22:19
2017	Indiana	21st	614	Madison Dunlap	99th	22:29
2016	Wisconsin	21st	570	Juliana Madzia	66th	21:33
2015	Wisconsin	24th	700	Hannah Christ	103rd	22:45
2014	Wisconsin	28th	821	Ashley Earman	129th	22:83
2013	Wisconsin	29th	885	Ashley Earman	113th	22:42
2012	Wisconsin	19th	553	Emily Clay	69th	21:50
2011	Toledo	19th	551	Ali Zukowski	61st	21:59
2010	Oakland	20th	550	Lilian Jelimo	53rd	21:52
2009	Indiana	13th	370	Lilian Jelimo	33rd	21:59
2008	Purdue	12th	332	Lilian Jelimo	18th	21:48
2007	Indiana	6th	240	Lilian Jelimo	14th	21:29
2006	BGSU	19th	499	Megan Knapp	60th	22:42
2005	Indiana	23rd	522	Karen Berling	71st	23:03
2004	East. Mich.	16th	523	Ruth Limo	21st	20:56
2003	Indiana St.	No team score		Karen Berling	94th	23:01
2002	Purdue	24th	666	Ruth Limo	50th	22:32
2001	Indiana St.	22nd	562	Angie Kist	38th	22:05
2000	East. Mich.	No team score		Angie Kist	37th	22:13
1999	Indiana St.	8th	271	Angie Kist	25th	17:55
1998	Indiana St.	11th	342	Angie Kist	23rd	18:15
1997	Indiana	12th	331	Maribeth DiSalvo	27th	18:52
1996	Illinois	20th	575	Maribeth DiSalvo	28th	18:16
1995	Purdue	19th	558	Missy Utrup	85th	19:32
1994	Purdue	No team score		Julie Snyder	unknown	unknown
1993	Indiana	No team score		Julie Snyder	125th	20:42
1992	Indiana	22nd	648	Maureen Kirkpatrick	11th	19:41
1991	Indiana	No team score		Jean Gordon	161st	20:44
1990	Purdue	Did not enter				
1989	East. Mich.	No team score		Maureen Kirkpatrick	155th	20:43
1988	Illinois	No team score		Mary Loebker	81st	19:29
1987	BGSU	20th	541	Robin Stone	70th	18:35
1986	Illinois St.	No team score		Jake Skibski	81st	18:45
1985	Indiana	No team score		Laura Caminiti	103rd	20:21
1984	Illinois	Did not enter				
1983	Michigan St.	Did not enter				
1982	Purdue	Did not enter				

WOMEN'S CONFERENCE CHAMPIONSHIP HISTORY

		Cross Country	Indoor	Outdoor
Conference	Year	Conf.	Conf.	Conf.
Metro Conference	1980-1981	NA	NA	NA
Metro Conference	1981-1982	NA	NA	NA
Metro Conference	1982-1983	NA	NA	NA
Metro Conference	1983-1984	NA	NA	NA
Metro Conference	1984-1985	NA	NA	NA
Metro Conference	1985-1986	3	NA	NA
Metro Conference	1986-1987	3	NA	NA
Metro Conference	1987-1988	3	NA	NA
Metro Conference	1988-1989	4	NA	NA
Metro Conference	1989-1990	5	NA	NA
Metro Conference	1990-1991	5	NA	NA
Great Midwest Conference	1991-1992	4	NA	NA
Great Midwest Conference	1992-1993	4	NA	NA
Great Midwest Conference	1993-1994	4	NA	NA
Great Midwest Conference	1994-1995	3	NA	NA
Conference USA	1995-1996	8	9	10
Conference USA	1996-1997	5	8	9
Conference USA	1997-1998	5	7	6
Conference USA	1998-1999	3	4	6
Conference USA	1999-2000	3	5	7
Conference USA	2000-2001	4	5	6
Conference USA	2001-2002	9	6	8
Conference USA	2002-2003	7	5	5
Conference USA	2003-2004	6	11	6
Conference USA	2004-2005	6	6	7
Big East	2005-2006	10	14	13
Big East	2006-2007	11	10	8
Big East	2007-2008	9	10	10
Big East	2008-2009	9	7	6
Big East	2009-2010	9	9	12
Big East	2010-2011	9	6	6
Big East	2011-2012	12	2	4
Big East	2012-2013	8	8	6
The American	2013-2014	10	7	9
The American	2014-2015	10	4	3
The American	2015-2016	11	2	1
The American	2016-2017	6	2	1
The American	2017-2018	9	1	3
The American	2018-2019	9	2	2
The American	2019-2020	5	2	NA
The American	2020-2021	3	NA	2
The American	2021-2022	2	2	2
The American	2022-2023	3	2	3
Big 12	2023-24	10	14	11
Big 12	2024-25	11	9	7
TOTAL CHAMPIONSHIPS			1	2

WOMEN'S CONFERENCE CHAMPIONSHIP HISTORY

INDOOR TRACK & FIELD --- 46 Total Conference Champions, 30 Individual Champions

55m / 60m

200m: Charlyn Ray (2002)

400m: Bryana Robinson (2017), Bryana Robinson (2018)

500m: Kathy Klump (2011), Kathy Klump (2012)

800m: Kathy Klump (2012), Ellie Leather (2022)

Mile: Angie Kist (2002), Ellie Leather (2022), Rylee Penn (2023)

3000m: Rylee Penn (2023)

5000m:

55m / 60m Hurdles: Monica Hundley (2008)

High Jump: Renee Hein (2007), Erika Hurd (2014), Erika Hurd (2015), Erika Hurd (2016), Loretta Blaut (2017), Loretta Blaut (2018), Loretta Blaut (2019), Annika Kinley (2022), Alyssa Matheny (2022) Taylor Beard (2023)

Long Jump: Rebecka Abrahamsson (2016), Kellsa Mbah (2017)

Triple Jump: Rebecka Abrahamsson (2016), Irati Mitxelena (2018), Irati Mitxelena (2019)

Pole Vault: Tara Meier (2007), Sarah Rasnick (2012), Mackenzie Fields (2013), Alyssa McBride (2014), Brooke Catherine (2018)

Shot Put: Frida Akerstrom (2015), Divine Oladipo (2017), Annette Echikunwoke (2018),

Weight Throw: Kelly Krupa (1999), Miriam Merrill (2001), Annette Echikunwoke (2016), Annette Echikunwoke (2017), Annette Echikunwoke (2018)

Pentathlon: Jasmine Cotten (2009), Jasmine Cotten (2012), Naomi Urbano (2017), Naomi Urbano (2018), Angelica Lightfoot (2019),

Juliette Laracuenta-Huebner (2025)

4 x 400m: 2017 (Bisiolu, Lattimore, Gesicki, Robinson)

4 x 800m

DMR: 2022 (Mikula, Banks, Licht, Leather), 2023 (Licht, Stare, Thorpe, Penn)

OUTDOOR TRACK & FIELD --- 40 Total Conference Champions, 27 Individual Champions

100m: Caisja Chandler (2022)

200m: Charlyn Ray (2002), Caisja Chandler (2022)

400m: Bryana Robinson (2017)

800m: Ellie Leather (2021), Ellie Leather (2022)

1500m: Ellie Leather (2021), Ellie Leather (2022)

3000m Steeplechase:

5000m:

10000m: Ruth Limo (2003), Ruth Limo (2004)

100 Hurdles: Javette Lee (2016)

400 Hurdles:

High Jump: Renee Hein (2007), Erika Hurd (2015), Loretta Blaut (2017), Loretta Blaut (2018), Taylor Beard (2021), Alyssa Matheny (2022) Taylor Beard (2023)

Long Jump:

Triple Jump: Irati Mitxelena (2019), Kennedy Marable (2022)

Pole Vault: Brittany Klima (2007), Michelle Eby (2012), Mackenzie Fields (2013), Brooke Catherine (2018), Abby Knouff (2023)

Shot Put: Frida Akerstrom (2015), Annette Echikunwoke (2018)

Discus: Jane Sensibaugh (2022)

Hammer: Miriam Merrill (1999), Jo Young (2005), Annette Echikunwoke (2016), Annette Echikunwoke (2017), Annette Echikunwoke (2019)

Javelin: Emelie Larsson (2013), Leonie Troeger (2023)

Heptathlon: Jasmine Cotten (2012), Naomi Urbano (2017)

4 x 100 Relay: 2017 (Mbah, Bisiolu, Robinson, Lattimore)

4 x 400 Relay: 2011 (Portis, Arnold, Klump, Rhodes), 2017 (Bisiolu, Lattimore, Gesicki, Robinson)

RECORD BOOK CRITERIA

CONVERTING

"In an attempt to coordinate all records among the various distances, timing devices and types of indoor tracks, and also to rank the athletes from the different years into one 10-deep list, I have converted all races of a similar distance into present-day terms: METERS, FULLY AUTOMATIC TIMING and 200 M. BANKED OR OVERSIZED TRACKS FOR THE INDOOR SEASON. Those races which do not have a metric counterpart are in essence a different race from the ones now contested and therefore shall stand separately. Those which do have a metric counterpart (220 yards, 440 yards, 880 yards, 4 x 110 yards, 4 x 220 yards, 4 x 440 yards, Sprint Medley Relay and Distance Medley Relay) were converted accordingly into their metric distance. In other words, a "yards" race was converted into a "meters" race for the purpose of easy comparison by subtracting the appropriate time. This procedure was designated by the following mark (y), indicating that the race was run in yards but converted to meters.

In a similar manner, a hand-held time (HT) race was converted into its present-day fully automatic timed (FAT) equivalent by adding 0.24 seconds, generally considered to be the reaction time of the human timer. This procedure was designated by the following mark (h), indicating that the race was actually hand-timed but was converted to fully automatic timing.

Finally, beginning in 2009 when nearly all indoor meets were run on 200 M. banked tracks or oversized tracks, all previous races run on smaller or flat tracks were converted as if they had been run on the larger tracks. This was done by subtracting the appropriate time from the actual race run. When that was done flat track races were designated by (f). Although these conversion procedures can never be considered absolutely accurate and fair to all athletes, they do present the "best guess" and also enable the athletes to be compared in one, easily-read, 10-deep list."

CONVERTING YARDS TO METERS

220 Yards to 200 M.	Subtract 0.1 seconds
440 Yards to 400 M.	Subtract 0.3 seconds
880 Yards to 800 M.	Subtract 0.7 seconds
Mile Run to 1600 M.	Subtract 1.6 seconds
4 x 110 Yards to 4 x 100 M.	Subtract 0.2 seconds
4 x 220 Yards to 4 x 200 M.	Subtract 0.4 seconds
4 x 440 Yards to 4 x 400 M.	Subtract 1.2 seconds
4 x 880 Yards to 4 x 800 M.	Subtract 2.8 seconds
Sprint Medley, Yards. to Sprint Medley, Meters	Subtract 1.2 seconds
Distance Medley, Yards. to Distance Medley, Meters	Subtract 3.8 seconds

CONVERTING MANUAL TIMES (MT) TO FULLY AUTOMATIC TIMES (FAT) (In all races add .24 seconds)

EXAMPLE:

Bob Howell actually ran 220 yards, hand-timed in
 Convert 220 yards to 200 meters (subtract 0.1 seconds)
 Convert (HT) to (FAT) (add 0.24 seconds)
 This mark is now listed in the record book as follows: Bob Howell

OUTDOOR 200 M.

21.00
 ~ y 20.90
 ~ h 21.14
 hy 21.14

RECORD BOOK CRITERIA

CONVERTING cont.

CONVERTING TIMES FROM 200 M. FLAT INDOOR TRACKS TO 200 M. BANKED OR OVERSIZED TRACK

Races run on 200 M. flat tracks You need to convert to: Convert time by using this formula:

200 Meters	200 M. banked or oversized	From flat time subtract: Women (.20) Men (.25)
300 Yards / 300 Meters	200 M. banked or oversized	From flat time subtract: Women (.25) Men (.33)
400 Meters	200 M. banked or oversized	From flat time subtract: Women (.30) Men (.40)
500 Meters	200 M. banked or oversized	From flat time subtract: Women (.33) Men (.45)
600 Yards / 600 Meters	200 M. banked or oversized	From flat time subtract: Women (.35) Men (.50)
800 Meters	200 M. banked or oversized	From flat time subtract: Women (.40) Men (.60)
1000 Yards / 1000 Meters	200 M. banked or oversized	From flat time subtract: Women (.50) Men (.70)
Mile / 1,500 Meters	200 M. banked or oversized	From flat time subtract: Women (.60) Men (.80)
3,000 Meters	200 M. banked or oversized	From flat time subtract: Women (.80) Men (1.30)
5,000 Meters	200 M. banked or oversized	From flat time subtract: Women (1.60) Men (1.90)
4 x 400 Relay	200 M. banked or oversized	From flat time subtract: Women (1.20) Men (1.60)
4 x 800 Relay	200 M. banked or oversized	From flat time subtract: Women (1.60) Men (2.40)
Distance Medley Relay	200 M. banked or oversized	From flat time subtract: Women (1.80) Men (2.50)

EXAMPLE: Mary Danner ran a 400 M. race in 2002 on a 200 M. flat track (f) in 55.54. To compare her time with those running on 200 M. banked or oversized tracks typical of most meets from 2009 to the present, take her actual time (55.54) and subtract (.30) giving her a record book time of 55.24 and designated with an (f).