

Important Information for Don Kirby Collegiate Track & Field Meet

** The 200's, 400's, and 4x400 Relays have NOT been seeded. This is to avoid empty lanes. They are listed in alphabetical order on the meet program. Athletes MUST check in at the clerks table by the following times or they will be scratched from the event. Once athletes have checked in the event will be seeded, and heat sheets placed on the boards behind the timing tower**

Friday Unseeded 400's: 4:00pm	Friday 200's: 6:30pm	
Saturday Seeded 400's: 12:45pm	Saturday 4x400: 2:15pm.	

On the meet program you will see after the alphabetical listing of the 200's, unseeded 400's, and the 4x400 Relays four events (m60H, w60H, m60, w60) with 16 athletes listed for Saturday. These are the 16 seeded in each of these events. They will be joined in the semifinal round by eight other athletes who qualify out of the Qualify Round. You will also see the top 20 seeded athletes into Saturdays 400's listed in alphabetical order

** All running events must check in at the clerks table on the north side of the track. Field event athletes may check in at their event**

Running events are seeded with the fastest sections going first, while the field events (LJ/TJ/SP/Wt) are seeded so the top flights go last. Nine athletes will advance to the final in the LJ/TJ/SP/Wt

Once the meet begins at 4:00pm coaches are NOT allowed inside the oval or on the oval. Non-competing athletes are also not allowed on the infield. We have 835 athletes and must have cooperation to run a great meet for everyone

Athletes are not allowed to have any electronic devices on the track, or inside the track

We typically run right on schedule and if that changes will notify athletes over the loudspeaker system

MINIMUM MARKS/OPENING HEIGHTS

Men's High Jump Starting Height	1.87m	(6' 1 1/2")
Women's High Jump Starting Height	1.53m	(5' 1/4") (1.53m, 1.58m, 1.63m, 1.68m, 1.73m, 1.78m, 1.81m, 1.84m)
Men's Pole Vault Friday 4:00pm starting Height	4.45m	(14' 7 1/4")
Men's Pole Vault Friday 7:00pm starting Height	4.90m	(16' 3/4")
Women's Pole Vault Saturday 10:00am starting Height	3.45m	(11' 3 3/4")
Women's Pole Vault Saturday 1:00pm starting Height	3.75m	12' 3 1/2")
Men's Long Jump Minimum Mark	6.60m	(21' 8")
Women's Long Jump Minimum Mark	5.45m	(17' 10 3/4")
Men's Triple Jump Minimum Mark	4.00m	(45' 11 1/2")
Women's Triple Jump Minimum Mark	11.75m	(38' 6 3/4")
Men's Weight Throw Minimum Mark	14.50m	(47' 7")
Women's Weight Throw Minimum Mark	14.50m	(47' 7")
Men's Shot Put Minimum Mark	14.50m	(47' 7")
Women's Shot Put Minimum Mark	12.20m	(40' 1/2")