

*2014 - 2015 University of New Mexico  
Cross Country  
Indoor Track & Field  
Outdoor Track & Field*



**2014 Men's & Women's  
Mountain West Conference  
Cross Country  
Team Champions**



**2014 Women's  
Cross Country Team  
3rd Place  
at NCAA Championship**



**2015 Men's & Women's  
Mountain West Conference  
Indoor Track & Field  
Team Champions**

# University of New Mexico Cross Country Fall, 2014



## Lobo's Run to Strong Performances in Opening Meet of 2014

September 6, 2014 Lobo Cross Country Invitational

The 2014 season got started under blue skies and bright sunshine for the annual home cross country meet. As always, this early



Amber Zimmerman (L) working to catch her two teammates.



Calli Thackery (L) and Alice Wright (R) running in tandem

season meet was a chance for the Lobo harriers to run a short 5000 meter distance, and find out how their summer training had gone. Both programs were pre-season nationally ranked but not all athletes on the team competed. Several of the athletes ran the race, but did so under strict guidelines to go relaxed and not push it. The women's race featured soph/fr. **Alice Wright (Royal Grammar School, Worcester, England)** returning to action. Last year when Alice came to UNM she had an injury that kept her on the sidelines for the year, so the Lobo meet was her first competition in cherry & silver. She along with jr. **Calli Thackery (Leeds University, Yorkshire, England)** took immediate command of the race sprinting away during the first mile to a comfortable lead. By the mile point they had built a 10 second gap on the rest of the race and they were running side by side enjoying the scenery. Sr. **Amber Zimmerman (Webb School, Knoxville, TN)** got caught behind during the first part of the race, but she made a concerted effort midway

through the race to push forward to try to reel them back in. By the two mile point Amber was only 20 meters behind the leaders. As a group Lobos tallied seven of the top ten spots in the race, so the team outcome was never in doubt. At the finish line Calli was given the victory with an 18:05, the same time as Alice. Amber who always closes very well late in the race got right up behind the first two and finished third overall in 18:07.

### Team Score

1. New Mexico	18	2. New Mexico State	63
3. El Paso CC	79	4. UTEP	82

1. Calli Thackery	18:05	2. Alice Wright	18:05
3. Amber Zimmerman	18:07	5. Nicole Hood	18:23
8. Sophie Connor	19:01	9. Nicole Roberts	19:01
10. Tamara Armoush	19:04	11. Sophia Torres	19:06
15. Chloe Anderson	19:44	18. Adrianna Lopez	20:06
25. Stephanie Mladinich	20:45	31. Elisa Woody	21:53



Nicole Roberts (L) and Sophie Connor coming into the finish chute

The men's race was also held over 5000 meters which is the only time during the season the men get to run this shortened distance, so they look forward to it every year. Most of the nationally ranked men's team did not participate so it was left to the six men run-



Alex Cornwell at the midway point

ning to score for the team. UTEP's two All American runners took off immediately from the onset and left the rest of the field behind. Sr. Alex Cornwell (London, England) attached himself to a small group following that and was always in the top five of the race. Then there was a gap which went back to jr. Graham



Graham Thomas finishes off a fine run

Thomas (Dulce, NM) who was in the top ten. Alex would go on to lead the Lobos to the finish line with his fifth place finish and Graham held on for an eighth place showing.

**Team Scores**

1. UTEP	36	2. New Mexico	41
3. New Mexico St.	70	4. El Paso CC	72
5. Alex Cornwell	15:26	8. Graham Thomas	15:37
10. Ross Matheson	15:44	11. JP Cordova	15:44
16. Danile Studley	15:58	18. Zach Castillo	16:03

## Lobo Women Take Title at Notre Dame Invitational

Friday, October 3, 2014

The first stop of two consecutive nationally ranked meets was the Adidas/Notre Dame Invitational which is traditionally a good place to earn NCAA at-large qualifying points. The 12th ranked women and 15th ranked men would have an opportunity to compete against several other nationally ranked programs. Last year at the Notre Dame Invitational the women earned a runner-up finish while the men finished sixth. No less than 10 nationally ranked men's programs and three nationally ranked women's programs were in attendance during the 2014 edition. With typical midwest fall weather occurring two days prior to the meet Notre Dame had to slightly change the course due to flooding and wet grounds. Thankfully, during the afternoon of the meet the rain stopped so the teams could race fairly, but the skies were still cloudy and footing wet. At the start of the womens race a runner from Ohio State spurted away to an early lead while most of the group stayed in close contact. As the race approached the one mile point there was a group of about 20 runners then a small gap and another group of 20 or so. In the first group Alice Wright, Calli Thackery, All American Charlotte Arter (Austins Friar/ St. Monica, Carlisle, England) and sr. Emily Reese (Chamblee,



Early race action found Calli Thackery (#232), Charlotte Arter (#236) and Alice Wright (just behind Charlotte) right at the front

GA) were tucked in and in the second group Tamara Armoush (Darbyshire, England), Emily Hosker-Thornhill (Cantebury, England), Amber Zimmerman and Nicola Hood (Glasgow, Scotland) were present. The lead pack got whittled down to about 15 runners by the seven minute mark of racing. Charlotte who was running just off the shoulders of SMU and North Carolina State athletes, gracefully moved to the front, and then increased the tempo to gap the field by about five meters. She waited another 400 meters or so then threw in another surge to suddenly be leading the race by 30 meters. This changed the race and instead of a group of people running all within several feet of each other, the race resembled a line of ten athletes, one after another. After Charlotte there was a loosely positioned group of eight athletes with Alice running just off the back of this group. Then Calli who always finishes strong was

making a concerted effort to reel Alice in. Down the homestretch of the Notre Dame golf course Charlotte cruised to an easy victory with Alice churning all the way to the finish line in 8th place overall. Calli who did a great job of keeping her eyes on Alice finished 9th, only one second back. Then sr. Nicole Hood, clearly having her best cross country race ever came across the finish line in 13th place. Rounding out the scoring five for the Lobos was Tamara, who checked in at 18th place.

#### Team Scores

1. **New Mexico 49** 2. North Carolina State 123 3. Notre Dame 147 4. BYU 157 5. Penn State 181 6. Ohio State 184 7. Princeton 214 8. SMU 228 9. Toledo 234 10. Bradley 271 11. Eastern Michigan 309 12. Northwestern 330 13. Tulsa 346 14. Elon 348 15. San Francisco 349 16. Southern Illinois 387 17. Purdue 403 18. Penn 407 19. Air Force 503 20. Loyola (IL) 543

1. Charlotte Arter 16:09	8. Alice Wright 16:23
9. Calli Thackery 16:24	13. Nicole Hood 16:36
18. Tamara Armoush 16:44	26. Amber Zimmerman 16:50
39. Emily Reese 17:00	46. Emily Hosker-Thornhill 17:04
74. Nicole Roberts 17:18	

#### Open Race

Anna Burton 16:59 Sophie Connor 17:10

## *Lobo Men Finish a Strong Third as Bitchell Runs with the Leaders*

Strangely, just before the start of the mens race the dark clouds which had hung over the womens race separated and bright sunshine came down on the course. Certainly this was a welcome relief which helped dry out the course conditions slightly. With so many ranked teams/individuals the race was predicted to hold together for perhaps half the race before separation began to happen, and that is precisely what occurred. During the early miles of the course there was a huge group of maybe 50 runners shoulder to shoulder gauging one another, looking around being patient, waiting for someone to start to push the pace. Lost in the sea of bodies, but very present were two Lobos, seniors **Adam Bitchell (Aberystwyth, Wales)** and **Alex Cornwell (London, England)**. Adam was stuck in the pack pretty tightly while Alex was just off the tail end of the massive group. Just past two miles a Michigan athlete turned up the intensity and a huge group of men went with him. This is where the race started to string out and teams began to show their depth of talent. By the halfway point of the race it was quite clear that the Lobos were having a solid day, clearly in the top five teams and closer to first than fifth. While they were separated from the main lead pack both sr. **Ross Matheson (Edinburgh, Scotland)** and jr. **Dan Studley (Bristol, England)** were having solid runs definitely in the top 40 of the race and maybe closer to 30th. That depth is critical in big meets like Notre Dame. It wasn't until about four miles into the race that it shifted again and everyone became focused on racing hard individually. At four miles it is difficult to see teammates so everyone must assume their brothers in arms are doing what they are supposed to do, and getting the job done. Adam ran a tough race and finished a fine 11th always being in the front part of the race. This was huge for the men. Alex, who has developed greatly over the last six months finished 17th and looked great the entire race. His solid racing will be key as the season progresses. Ross, who also has progressed as a cross country runner



**Junior Matt Bergin strains to get to the finish line ahead of the Notre Dame athlete**

finished 20th and continued his hot running while Dan rebounded from a subpar race at the Lobo Invitational to finish a fine 30th. When all was said and done the men totaled 125 points which would get them third place and solid wins over multiple ranked teams. At the end of the meet the goal of attending the Notre Dame meet was accomplished.

#### Team Scores

1. Michigan 97 2. BYU 112 3. **New Mexico 125** 4. Florida State 162 5. Eastern Kentucky 211 6. Southern Utah 211 7. Colorado State 219 8. Princeton 255 9. North Carolina State 279 10. Tulsa 286 11. Penn State 341 12. Air Force 349 13. Gonzaga 380 14. Notre Dame 383 15. Penn 393 16. Iowa 416 17. Eastern Michigan 425 18. Butler 449 19. Bradley 472 20. Indiana State 472 21. Loyola (IL) 525 22. IUPUI 525 23. Purdue 533 24. Central Michigan 540

11. Adam Bitchell 23:35	17. Alex Cornwell 23:43
20. Ross Matheson 23:45	30. Daniel Studley 23:52
47. Graham Thomas 24:09	72. Jake Shelley 24:23
90. Matt Bergin 24:28	111. Donovan Torres 24:37
139. JP Cordova 24:53	

## **Lobo Teams Race Against Top Teams at Prestigious Wisconsin/Adidas Invitational**

*Friday, October 17, 2014*

In what has developed into the best cross country meet in the country outside of the NCAA Championships both Lobo teams traveled to Madison, Wisconsin for the sixth annual cross country invitational. To say the meet was loaded with talent would be an understatement. On the men's side 19 of the top 30 nationally ranked programs were ready to toe the starting line while on the



**With so many talented teams and individuals the first half of the race was congested and it was virtually impossible to pass anyone.**

womens side there were 22 of the top 30 ranked programs ready to do battle. Without question, the Wisconsin meet would go a long way in determining which teams would get at-large NCAA qualifying slots in early November. When the teams arrived one day prior to the meet it was classic Wisconsin fall weather, overcast and raining, and slightly cool. Thankfully, just as two weeks prior at Notre Dame the day of the meet brought better weather and the teams were treated to excellent racing conditions. The Wisconsin course is challenging on many fronts from a strategy and execution standpoint. On the one hand it is difficult in terms of depth of competition. There is a smaller range between the best athletes and the middle range athletes, therefore small moves are magnified in real terms. Another difficulty about the meet is the concept of motion. As the picture above will attest to, there are huge numbers of runners in close contact with each other, and having the simple ability to move forward or side to side becomes very difficult. Actually, a team can be very, very good, but not able to show it due to the laws of motion. The women came into the meet ranked 11th in the country, and looking forward to the opportunity to knock off some higher ranked programs. The race started off well, as the top Lobo women moved through the crowd, and early on the Cherry & Silver had 4 women in the top 30, and 3 more in the top 70. The first three Lobos, Charlotte Arter, Alice Wright, and Emily Reese all came through 2000 meters at 6:50, just two seconds back from the race leader, Right off their pace was Calli Thackery who clocked 6:52 while the fifth and final scoring member at that point was Tamara Armoush who clocked 6:57. That was good positioning for the Lobo runners, and exactly what was wanted in a huge race. By halfway point of the race (3000 meters) the women were in third place as a team and had done a great job of team running from the front part of the race. From the 3000 meter split once a runner has established good position the focus turns to maintaining that position and conserving as much energy as possible. At 4000 meters the leaders continued their torrid pace and hit that threshold in 13:28. Charlotte running very well crossed in 13:49 with Emily at 13:51, Calli at 13:52, Alice at 13:54, and Tamara at 14:03. That 1-5 spread was a very positive one in such a large race. Over the final 2000 meters the lady Lobos worked hard to maintain their strong early race efforts, but as it turned out that was incredibly difficult. Due to the constant influx of bodies moving forward and backward it extolled a huge energy shift. Typically the Lobo

**Womens Final Team Scores**

1. Michigan State (#2)	87 pts.
2. Arkansas (#5)	191
3. Iowa State (#8)	212
4. Wisconsin (#15)	227
5. West Virginia (#20)	245
6. <b>NEW MEXICO</b> (#11)	261
7. Stanford (#6)	284
8. Florida State (#9)	309
9. Virginia (#10)	367
9. Vanderbilt (#27)	367
11. North Carolina (#13)	382
12. Syracuse (#12)	403
13. Washington (#14)	417
14. Ohio State	443
15. Minnesota (#26)	462
16. Arizona State (#25)	464
17. Boise State (#16)	480
18. Toledo	497
19. Dartmouth (#24)	511
20. UCLA	529
21. Boston College (#17)	541
22. Iona	544
23. SMU	551
24. Providence (#23)	565
25. Texas A&M	576
26. BYU (#30)	588
27. William & Mary (#19)	590
28. Columbia	657
29. Indiana	667
30. Notre Dame (#28)	684
31. Cornell	690
32. Arizona	710
33. Weber State	759
34. Harvard	798
35. Duke	858
36. San Francisco	934
37. Georgia	957
38. Florida	976



women move very well over the final segments of races, but on this day they were not able to as a team and in hindsight it appeared their major surges early on took their toll. The exception to that was Alice Wright who came on strongly over the last 2000 meters. She moved up consistently over that stretch of the race and that is very good given at the NCAA Championships one must continue to work throughout the race right to the finish line. Still the women's sixth place finish against this level of competition was impressive. The Lobos took down three programs higher ranked on the national charts (Stanford, Virginia, Florida State) and secured plenty of at-large qualifying points in the process. Overall the women did exactly what was needed in order to continue their quest for a top national finish.

*Top Photo: Calli Thackery (#222) surging past a large group as she attempts to get to the next large group in front. Picture to the right: Tamara Armoush (far runner on the right) does the same thing trying to get to the front of the group she was running with.*



Women's Championship Race  
(265 runners)

29. Charlotte Arter	20:28
42. Alice Wright	20:37
53. Calli Thackery	20:45
75. Tamara Armoush	20:55
78. Nicola Hood	20:59
80. Emily Reese	21:01
149. Emily Hosker	21:38

Women Open Race

2. Nicole Roberts	21:03
5. Heleene Tambert	21:08
11. Anna Burton	21:19
35. Chloe Anderson	21:56

Over on the men's side the race was just as large as the womens, but the quality was not quite as high, but to think it wasn't good would be a huge error. Entering the meet the Lobo men were ranked 16th in the latest NCAA poll, and that was probably an accurate appraisal of the men's racing so far. Just as in the womens race the men's race was similar in its depth and motion. The men did not get out very well right at the start, and the masses swallowed them up over the long rolling and sweeping course. In races one of the strategic points of emphasis for the team is to find your teammates and run together as this helps to instill confidence in each other. Even though the men were wearing their unique torquoise tops they had a hard time finding rhythm and each other. But by the 2000 meter point the men had worked hard to re-establish a group dynamic and the race leader came through in 6:08. Adam Bitchell led the Lobos and was at 6:12 with Jake Shelley, and Ross Matheson in tow. One second back of that trio was Alex Cornwell and then one second behind him was Elmar Engholm and Dan Studley. So the scoring five was only separated by two full seconds, good in that part of the race. The next 2000 meters found race leaders getting to that point in 12:19 with Adam at 12:20 and Ross/Alex right on his heels. Through 6000 meters the race leaders kept hammering away and they crossed in 18:21 with Adam at 18:28. Dan was moving well and at 18:30. At the finish line Adam crossed in a fine 32nd place with Dan running his best effort of the season at 41st. Jake at 77th, Ross at 96th, and Elmar at 100th completed the scoring



**Mens Team Scores**

1. Syracuse (#6)	85 pts
2. Iona (#14)	154
3. Wisconsin (#9)	176
4. Portland (#5)	211
5. Stanford (#7)	220
6. Northern Arizona (#3)	225
7. UCLA (#9)	236
8. Washington (#25)	267
9. Michigan (#11)	296
9. Florida State (#18)	296
11. Providence (#13)	327
12. <b>NEW MEXICO (#16)</b>	338
13. BYU (#12)	378
14. Indiana (#23)	394
15. Michigan State	399
16. Arkansas (#17)	416
17. Oklahoma (#20)	419
18. North Carolina	456
19. Iowa State	485
20. Minnesota (#27)	486
21. Eastern Kentucky (#19)	532
22. Boise State	534
23. Princeton (#24)	590
24. Dartmouth	619
25. Arizona State	626
26. Harvard	663
27. Columbia	671
28. Illinois	677
29. Lamar	687
30. Notre Dame	724
31. Weber State	755
32. Arizona	767
33. Texas A&M	955
34. Georgia	997
35. William & Mary	1026
36. Florida	1091



**Adam Bitchell is shown in the right of the front pack as they wind through the Wisconsin course.**

five. The men’s total point production of 338 points left them in 12th place overall. Still when looking at the teams that were in attendance the Lobos got some good some quality wins over teams that will finish highly in their regional championship and provide points to the New Mexico boys. Inter-region foe BYU was in 13th position so that was a good win.

Men's Championship Race

- 32. Adam Bitchell 24:12
- 41. Dan Studley 24:16
- 77. Jake Shelley 24:29
- 96. Ross Matheson 24:36
- 100. Elmar Engholm 24:37
- 116. Alex Cornwell 24:45
- 185. Graham Thomas 25:14

**LOBO WOMEN TAKE SEVENTH STRAIGHT MOUNTAIN WEST CONFERENCE CHAMPIONSHIP, MEN TAKE SIXTH CONSECUTIVE TITLE.**

October 31, 2014

The late Ralph Woodward, a long-time Fresno resident, bequeathed the major portion of his estate in 1968 to provide a regional park and bird sanctuary in Northeast Fresno on the South bank of the San Joaquin River between Highway 41 and Friant Road. The initial 235

acres, combined with additional acres acquired later by the City brought the park to an amazing 300 acres. Now packed with amenities, Woodward Park is the only Regional Park of its size in the Central Valley and has been a site for many, many cross country meets throughout the years. Fresno State, the 2014 host to the Mountain West Conference Championships used the same course the state high school championships is competed on. The course set-up is rare for a collegiate course in that it is mostly road and trails and athletes could not use spikes on the course due to the hardness of the surface.

FINAL WOMEN TEAM SCORES

- 1. **NEW MEXICO** 33 (#10)
- 2. Boise State 58 (#23)
- 3. Wyoming 79
- 4. Colorado State 103
- 5. Air Force 141
- 6. Nevada 163
- 7. Utah State 180
- 8. Fresno State 225
- 9. UNLV 245
- 10. San Diego State 276
- 11. San Jose State 295

At 10:00am Pacific time the women toed the starting line and the Lobos were heavy favorites to win



**TEAM HARDWARE**

**Hard Work through the season leads to Championship team Awards which are Symbols of Mountain West Conference Cross Country Supremacy**





**Early in the race Calli Thackery leads the chase pack. The mass of red right behind her shows the strength of the Lobo team**

the team title unless something went terribly wrong.... which just didn't seem possible. The women's team had over the last multiple years a strong presence in the conference championship, and a solid tradition had been established. In 2008 the Lobo ladies won their first championship with a score of 31 points, and followed with teams titles in 2009 scoring 24 points, 2010 scoring 20 points, 2011 scoring 20 points, 2012 scoring 35 points, and 2013 scoring 31 points. When that level of consistent success has

been established athletes start to feel almost.....should we say invincible? Maybe confident in the team ability would be a better choice of words. Anyway, at the start as predicted, Boise State's two national-class seniors took off at a scorching pace, passing the first kilometer close to 3:00, which is awful, awful, quick. Only Lobo senior Charlotte Arter even made an attempt to go with them since it didn't make good team sense to chase the two Broncos. Once the BSU duo were away from the pack all eyes shifted to the rest of the race and the dynamics occurring within the huge race pack. One thing became apparent right away, all seven Lobo scorers were bunched right at the front of the group which gave off a powerful message to the rest of the teams. By the halfway point of the race not much changed in that the Lobo team controlled what was happening. Never in trouble the ladies simply grinded out kilometer after kilometer, down the hills and up the hills. Packed together at the front for all practical purposes the race was over at the halfway point. In just a workmanlike manner the Cherry



Sr. Charlotte Arter racing hard in the early part of the championship. In the background three of her teammates are trying to maintain the torrid pace that Charlotte had established



Alice Wright (#116) and Tamara Armoush (#111) racing side by side with Calli Thackery to their right. The blurred runner in the front that they are chasing is Charlotte Arter.



**2014 Mountain West Conference Team Champions**

*The end result of a group of individuals who sacrifice for the collective best interests of everyone*

& Silver finished off the 6000 meter race taking six of the top twelve spots. Alice Wright was first across in fourth place, followed by Calli Thackery in fifth, Charlotte Arter in sixth, Nicole Roberts in 8th, Amber Zimmerman in tenth, and Tamara Armoush in twelveth. That certainly is fantastic team depth and strength. The 33 point team total was an easy victory over second place Boise State that totaled 58 points. One more conference title in the record books.

The men's race would be much more contested as the #18 Lobos were running against Colorado State, ranked #25, Boise State who was receiving votes in the national poll, and an ever-improving Air Force team. The Lobo men had each run well during the season, but had not to this point of the season all done it on the same day. It seemed each week someone would have a very "off" race and that could not happen in the conference meet.



FINAL MEN'S RESULT	
1. NEW MEXICO (#18)	26
2. Air Force	73
3. Colorado State (#25)	76
4. Boise State	79
5. Utah State	152
6. Wyoming	160
7. Fresno State	181
8. San Jose State	197

**The 2014 MWC  
Championship is  
underway.**

Plus #1 runner Adam Bitchell was suffering from an injury and not able to race for the Lobs. Any team that loses their #1 runner usually struggles, so this was a major blow for the Cherry & Silver. From the onset of the men's 8000 meter race the lads were highly determined, maybe in part due to Adam not being able to race. They went out as a pack and refused to yield any real estate to anyone. At 2000 meters the collection of red jerseys near the front of the race was impressive. This certainly was not how most thought the race would transpire but anyone associated with New Mexico certainly was pleased with the development of the race. By the halfway point of the race the meet was truly over. The determined looks on the Lobos faces showed that they had really come to represent their school with pride and distinction. At the finish line Jake Shelley led the parade as he finished the race in 3rd place. In 4th was Alex Cornwell, 5th Ross Matheson, 6th Matt Bergin, and 8th Dan Studley. A dominating performance taking five of the top eight places for a total of 26 points. How special is that? The 26 points is the

lowest score in MWC mens' cross country history! BYU twice scored 27 and New Mexico had also scored 27 in 2011. Plus the eight second spread from the Lobos first finisher (Jake (23:43) to their fifth (Dan 23:51) is the best ever for UNM at the conference championships. How does that happen? A hardened commitment to stay with each other no matter how much the pain. Well done guys.



*As the picture to the left shows the Lobo red was prominent at the front of the 65 athlete race. Every Lobo runner could almost reach out and touch each other as the race went on.  
#15 is senior Ross Matheson*



*To the left is senior Todd Wakefield, (Kerns, Australia) a transfer from Washington State who was an NCAA individual cross country qualifier while representing the Cougars.*



*By midpoint of the race, the group had started to break up with a small number of athletes getting free. This 12 runner lead group was comprised of five Lobos, two Bronco's of Boise, one Cowboy from Wyoming, two Rams of Colorado State, and two Falcons from Air Force. #14 is senior Alex Cornwell and off his right shoulder Jake Shelley*

Women's Individual Results  
6000 meters

Individual Winner

- Emma Bates, Boise State, 19:37  
 4. Alice Wright 20:21  
 5. Calli Thackery 20:26  
 6. Charlotte Arter 20:42  
 8. Nicole Roberts 20:48  
 10. Amber Zimmerman 20:49  
 12. Tamara Armoush 20:53  
 18. Nicola Hood 21:15  
 20. Emily Reese 21:21  
 30. Sophie Connor 21:35

Men's Individual Results  
8000 meters

Individual Winner

- David Elliott, Boise State 23:38  
 3. Jake Shelley 23:43  
 4. Alex Cornwell 23:44  
 5. Ross Matheson 23:47  
 6. Matt Bergin 23:48  
 8. Dan Studley 23:51  
 13. Elmar Engholm 24:07  
 19. Todd Wakefield 24:21  
 29. Graham Thomas 24:36  
 48. JP Cordova 25:13



**Above: Ross Matheson finishing.**

**Left: The winning men's team scored the fewest points in Mountain West Conference history with their dominating victory.**



**HEAD COACH - JOE FRANKLIN**

**Championship Leadership**

- 2008 - MWC Women's Coach of the Year
- 2009 - MWC Women's Coach of the Year  
MWC Men's Coach of the Year
- 2010 - MWC Women's Coach of the Year
- 2011 - MWC Women's Coach of the Year  
MWC Men's Coach of the Year
- 2012 - MWC Women's Coach of the Year  
MWC Men's Coach of the Year
- 2013 - MWC Women's Coach of the Year  
MWC Men's Coach of the Year
- 2014 - MWC Women's Coach of the Year  
MWC Men's Coach of the Year



**NCAA Mountain Region Championship  
Albuquerque, New Mexico  
Friday, November 14, 2014**

**Lobo Women Earn Automatic NCAA  
Qualifying Spot, Men Qualify as At-  
Large Selection.**

On a picture perfect day for high level racing both Lobo squads played host to the Mountain region championship. The UNM North Golf Course was in excellent shape, and the 55 degree's and sunshine was just about right for the runners, especially since the men would be racing over 10,000 meters (6.2 miles) for the first time this year. Going into the championship the Lobo women were attempting to secure a spot in the NCAA meet for the seventh straight year, while the men were trying to gain a spot for the sixth straight season. That is a remarkable attempt given if they did so, they would become one of only three schools (Stanford & Colorado) to have both genders at the NCAA meet for that length of

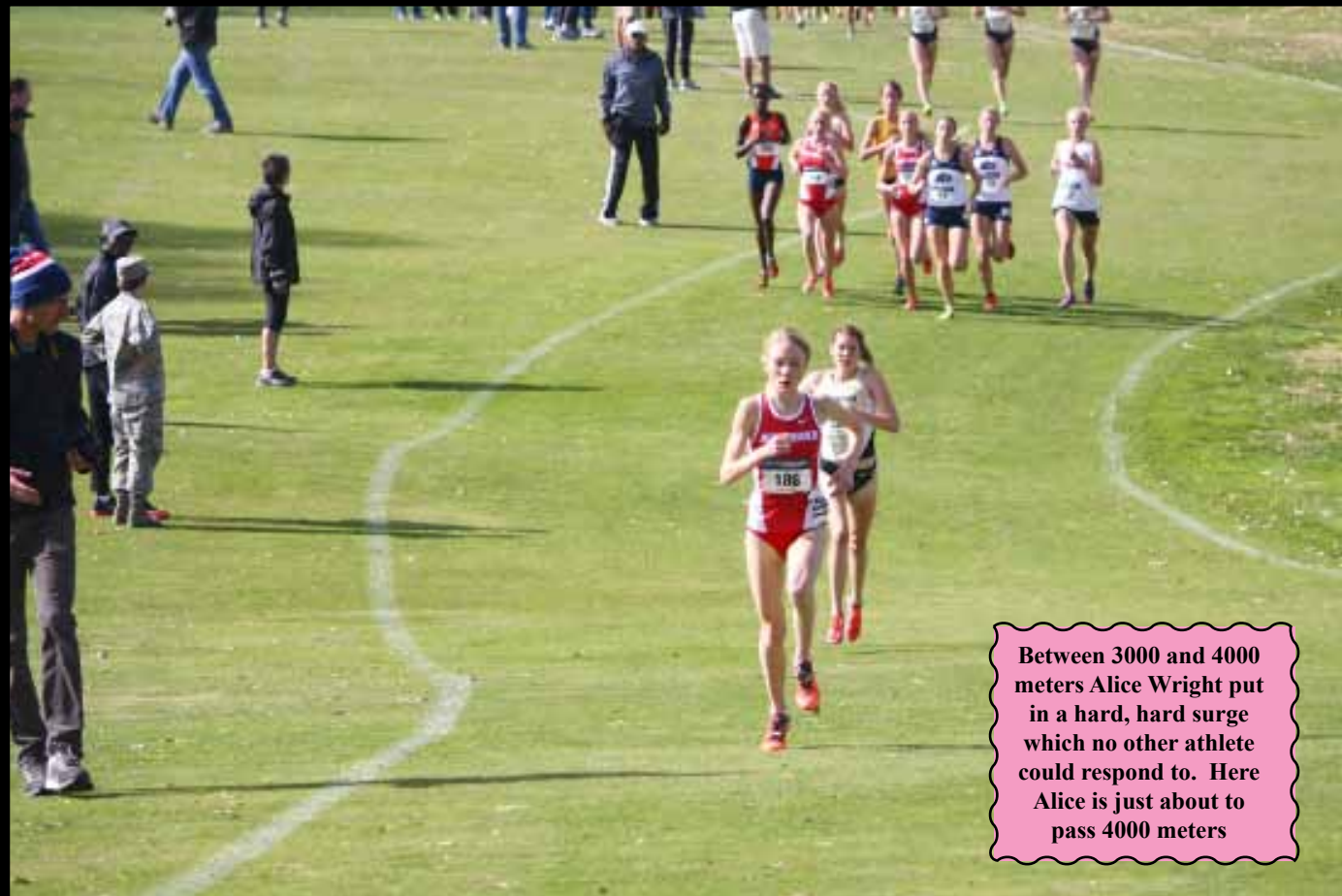
**WOMEN'S FINAL TEAM SCORES**

1. Colorado (#12)	43
2. <b>NEW MEXICO (#9)</b>	56
3. BYU (#35)	112
4. Northern Arizona	149
5. Wyoming	157
6. Colorado State	160
7. Utah	246
8. Idaho State	246
9. Weber State	253
10. Montana State	259
11. Nevada	270
12. Texas Tech	372
13. Utah Valley	374
14. Northern Colorado	379
15. Air Force	385
16. Utah State	407
17. Southern Utah	423
18. New Mexico State	472
19. Montana	485
20. UTEP	488

time! The North Golf course was set up so that the men ran three large loops around six holes of the course, while the women ran one large loop, and then a partial loop to get to their 6000 meter distance. The women's race was up first and during the first 1000 meters no one wanted to take a chance and lead, so the racers just clumped together and ran smoothly, scoping each other out, and seeing how they felt. But the Lobos had moved quickly off the starting line to at least get all seven in the top 30 of the race, so even though no one was pushing the pace, the Cherry & Silver were in good position. During the second kilometer there was a subtle, but increase in the tempo, and about 25 runners moved to cover the pace. Calli Thackery, Charlotte Arter, and Alice Wright were right off the lead pace of two Wyoming runners along with a Colorado Buffalo. The trio of Lobos upfront were being pursued by the 4/5/6 runners for UNM. As the race entered the third kilometer there was another increase in tempo with Calli, Charlotte, and Alice starting to exert some strong presence. After passing 3000 meters the runners headed back out for the shortened second loop and this is where the race changed. Alice, who had been running smoothly and effortlessly put the hammer down and took off, powering away with no one able to chase. In the span of 400 meters she opened up a 50 meter lead on the 16 athlete chase pack which still included Charlotte and Calli. There then was a

*During the first 2000 meters Calli, Alice, and Charlotte made sure they were right at the front of the pack.*





Between 3000 and 4000 meters Alice Wright put in a hard, hard surge which no other athlete could respond to. Here Alice is just about to pass 4000 meters



Calli & Charlotte at 4000 meters - this places 3-9 at that point in the race.



gap of about 30 meters and Emily Reese was battling with six other runners. After that there was a gap of ten meters and seven runners going head to head. In that group were Nicola Hood and Anna Burton. At 4000 meters Alice lead but the top Colorado runner was working hard to bridge the gap. The Buff had left the chase pack to go out on her own. The eight runners in the first large chase pack had Calli and Charlotte, two BYU Cougars, a Wyoming Cowboy, one Lumberjack from Northern Arizona, a Utah Ute, and a UTEP Miner among them. Then about ten meters back from that group was a dangerous group of Colorado runners and they were side by side and looking very strong. Then following the Buffalo trio was a pack of fourteen runners with Emily leading and Anna/Nicola right at the back. Within a span of the next 400 meters Anna put in a hard, hard surge to catch right up to Emily and AB looked very good. As the race rounded past the 5000 meter point sophomore Heleene Tabet was flying, getting right behind Nicola. Heleena had her shoe knocked off and had to stop to put it back on and she was crushing the pace to get back in the thick of things. From the 4000 meter point to the finish line Alice did not let up as she looked strong and powerful in crossing the finish line in 20:51, five seconds ahead of second place. That victory gives New Mexico two champions in a row as last year Sammy Silva took the individual crown. Charlotte, rebounding from the MWC championship when she wasn't pleased with her race pulled away from the BYU runners to finish third in 21:05, matching her finish from 2013. Next in was Calli, who finished 10th in 21:27. That is three places higher than Calli finished last year. Crossing the finish line in 18th place was Anna, with her 21:44 time. Interesting, last year the fourth place finisher for the Lobos (Tamara Armoush) finished in 18th place also. The fifth and final scoring member of the team was Nicola, who finished in 24th place. Last year she finished 35th in the regional championships. The team total of 56 points wasn't quite enough to take the title, but more than enough to earn one of the two automatic qualifying positions. Last year the team also took second place with a score of 64 points. The group will now turn its collective attention to the NCAA Championships on Saturday, November 22nd in Terre Haute, Indiana. There they will try to improve on last years 10th place team finish.

#### INDIVIDUAL RESULTS (133 runners)

1. Alice Wright	20:51
3. Charlotte Arter	21:05
10. Calli Thackery	21:27
18. Anna Burton	21:44
24. Nicola Hood	21:52
34. Heleene Tabet	22:09
40. Emily Reese	22:18

*Congratulations to Alice, Charlotte, Calli, Anna, and Nicola for earning All Region honors which goes to the top 25 finishers.*



**Anna Burton at the 5000 meter point. Anna made a huge move to get back into the top 20 of the race.**



**Alice Wright**  
**2014 Mountain Region**  
**Champion**

**MENS FINAL TEAM SCORES**

1. Colorado (#1)	45
2. Northern Arizona (#10)	68
3. BYU (#15)	121
4. Southern Utah (#30)	128
5. Colorado State (#32)	140
6. UTEP	156
7. <b>NEW MEXICO (#13)</b>	158
8. Weber State	191
9. Air Force	202
10. Wyoming	243
11. Utah State	288
12. Montana State	308
13. Utah Valley	324
14. Texas Tech	396
15. New Mexico State	396
16. Montana	460
17. Idaho State	471

While the womens team was a powerful collection of runners, the men’s team had been up and down during the fall season. At the conference meet two weeks earlier the guys had put on a clinic completely dominating the field. But this field was stronger and deeper, and it was also over 10,000 meters so they were faced with a significant challenge. Given the longer race distance everyone in the field was cautious so the early pace was comfortable and consistent. At this point early in the race everyone is checking each other out, and really no one wanted to push the pace too hard. There had to be at least 40 men tightly bunched together through the first 4000 meters of the race. Then junior Elmar Engholm made a bold move, quickly and speedily going to the front of the race. With his move he brought about 30 athletes with him, and there started to be some separation between the lead group and the chase pack. Thankfully, in the front 30 were five Lobos. After Elmar, Ross Matheson was slightly off the lead pace, but right on his tail was Alex Cornwell, Jake Shelley, and Dan Studley. Those three guys had found each other and were in close proximity to each other. By the halfway point the top 30 were running three wide and right behind each other. Elmar was about 20th place running at the back of the large lead group. Dan appeared to be somewhere between 20th-25th place with Jake two strides back. Then there was a gap of about ten meters with Ross, and then another gap of ten meters and Alex. The Cherry & Silver were in danger of getting too far apart and they needed to address that right away. During the second

Lobo red trying to stay in contact



Elmar made a bold move by moving to the front and increasing the tempo of the race



Dan using the slight downhill to pick up speed to catch the group



Ross fighting to stay with the pack

## NCAA MOUNTAIN REGIONAL FINISHES

	WOMEN	MEN
1977	3rd	7th
1978	2nd	9th
1979	6th	10th
1980	7th	dnc
1981	1st	7th
1982	5th	4th
1983	5th	4th
1984	2nd	7th
1985	2nd	10th
1986	4th	9th
1987	5th	12th
1988	5th	2nd
(new larger regions were established in 1989)		
1989	14th	7th
1990	11th	18th
1991	10th	7th
1992	13th	16th
1993	16th	12th
1994	16th	12th
1995	11th	15th
1996	10th	dnc
1997	16th	dnc
1998	13th	14th
1999	16th	16th
2000	14th	12th
2001	12th	9th
2002	15th	7th
2003	13th	13th
2004	12th	4th
2005	6th	8th
2006	7th	11th
2007	6th	5th
2008	2nd	4th
2009	5th	3rd
2010	1st	1st
2011	1st	4th
2012	2nd	4th
2013	2nd	3rd
2014	2nd	7th

*Jake Shelley sprinting for the finish line trying to keep anyone behind him from passing him.*

half of the race try as they might they could not pull each other in, and then move forward as a group. By 8000 meters there was no Lobo in the top 20 places which is a dangerous position to be in. It was evident that Colorado and Northern Arizona were pulling away from everyone then a close battle between BYU, Southern Utah, and Colorado State. And then it got dicey given UTEP with the runner leading the race, and then one other in front of everyone from UNM was looking dangerous. The guys were implored to make a move and cover the UTEP/Colorado State/Southern Utah groupings. As the runners entered the finish fairway it was every man for himself, struggling to hold position, and pass anyone that they could. As runner after runner crossed the finish line everyone knew it was going to be close.....very close. As the computer program started churning out results the worst fears came to light. Southern Utah finished fourth, Colorado State fifth, and UTEP just nipped the Lobos by two points. After the dust settled the guys knew that they would have to wait two days to find out if an at-large berth to the NCAA was forthcoming. And two days later the men just squeaked into the championship field as one of the last accepted. Whew.....now that was too close for comfort.

### INDIVIDUAL RESULTS

Overall Winner, Anthony Rotich, UTEP, 29:38, 106 runners

24.	Ross Matheson	30:24
26.	Dan Studley	30:31
31.	Elmar Engholm	30:44
33.	Jake Shelley	30:51
44.	Matt Bergin	31:13
63.	Donovan Torres	31:53
70.	Alex Cornwell	32:03



**NCAA Cross Country Championships**  
**Saturday, November 22, 2014**  
**Indiana State University**  
**Terre Haute, Indiana**

**Final Women's Team Scores**

1. Michigan State (#1)	85
2. Iowa State (#5)	147
3. <b>NEW MEXICO (#9)</b>	<b>188</b>
4. Georgetown (#2)	189
5. Arkansas (#4)	209
6. Oregon (#3)	249
7. Colorado (#8)	267
8. West Virginia (#7)	277
9. Iona (#16)	377
10. Wisconsin (#6)	382
11. Boise State (#11)	392
12. Florida State (#13)	393
13. Providence (#23)	401
14. Stanford (#10)	415
15. Virginia (#17)	433
16. North Carolina State (#24)	456
17. William & Mary (#14)	463
18. Michigan (#18)	474
19. Baylor (#26)	479
20. Dartmouth (#27)	508
21. Boston College (#30)	514
22. North Carolina (#15)	515
23. Washington (#19)	559
24. Syracuse (#25)	559
25. Virginia Tech (#28)	574
26. Ohio State (#22)	577
27. UCLA (#29)	582
28. Vanderbilt (#12)	598
29. Notre Dame (#31)	609
30. Toledo (#21)	613
31. Minnesota (#20)	663

## Women Grab First-Ever Podium Finish, Men Outrun Pre-NCAA Ranking

The NCAA Championships first began in 1938 when Michigan State hosted six men's teams on November 28th over a 4 mile course in East Lansing, Michigan. Michigan State would go on to host the NCAA Cross Country Championships 26 straight times, only interrupted in 1943 when there was no meet due to the war. During the first championship it was vintage November weather with 39 degrees and 20 mph wind gusts. There were 50 men who finished the race, and Indiana University scored 51 points to outlast Notre Dame, which totaled 61. The NCAA Championships for women began in 1981 when the Virginia Cavaliers scored 36 points to outduel Wisconsin who scored 83 points. The meet was hosted by Wichita State University on November 23rd in Echo Park Golf Course. The weather was much different in that it was 55 degrees. There were 13 teams competing and a total of 113 athletes who finished the race. Fast forward to 2014 and Indiana State University and their world-class LaVern Gibson cross country course hosted 31 teams from each gender along with 36 individual qualifiers. The 510 athletes showed up on Friday to run the course for a pre-meet practice and found the ground frozen solid from the early cold weather in the state of Indiana. But a warming trend was just about on-top of the Hoosier state, so local experts were predicting by noon on Saturday, when the women's race began, the ground would be melted, and thus the footing soft and muddy. The Lobo women entered the meet ranked in the top 10 of the NCAA final poll, but with some pretty lofty goals. In their ninth NCAA team appearance (1981-1985-2008-2009-2010-2011-2012-2013) the women had a best-ever finish of 5th place in 2010, just one place off the coveted "podium" which means the top four finishing teams get a trophy. It is symbolic of athletic supremacy. All



American Charlotte Arter was leading three other Lobos who had competed in the NCAA's during 2013 (Heleene Tambet, Tamara Armoush, Calli Thackery) so there was some level of comfort with having been there in the past. Soph/Fr. Alice Wright, the 2014 NCAA Mountain Region Athlete of the Year was added into the mix, so good things were expected of the five scoring athletes. On meet day the winds were very strong and the temperatures in the 40's. The LaVern Gibson cross country course has a long, straight section where the athletes run almost 1000 meters from the starting line. The difficulty was that the strong winds were blowing directly into the faces of the athletes which could spell early disaster. Coach Franklin and Coach Haynes implored the Lobo athletes to be cautious during the early part of the race, and they discussed how nothing much could be gained, but much could be lost if the Lobo women went out too hard. Going out too fast would mean the athletes got negatively affected by the wind gusts, and then got depleted



**All Americans Charlotte Arter (#345) and Alice Wright grinding it out halfway through the race**

too early, typically ending in a long, painful last part of the race. The ladies of UNM got the message clearly, and as the race started were not to be seen anywhere near the front of the race. After the initial long straight of 1000 meters, the race course makes a sharp right hand turn, has a medium length straight, and then a sharp left hand turn leading up to the 2000 meter point. The NCAA had scheduled timing pads to be placed at 2000 meters, and 4000 meter checkpoints so team and individual places would be known to the crowd via the jumbotron scoreboard. As the mass of women ran over the top of the timing pads the scores started popping up on the scoreboard. Arkansas was leading the team scoring with 100 points, followed by #1 ranked Michigan State with 112. Then in order of the top ten were Iowa State, Wisconsin, Florida State, Oregon, North Carolina, Boise State, Georgetown, and Iona. Where were the Lobos? Mired down in 19th place with



481 points the ladies had certainly followed Coach Franklin's message. Charlotte was the first turquoise-clad runner as she passed 2k in 42nd place (31st in team scoring) (note-there are 36 individuals who compete in the championship who are not on a team, and those individuals are removed from the team scoring once the race is completed). Charlotte's time at the checkpoint was 6:35 with the lead group at 6:24. It seemed like a loooooog time until Calli got to the 2k point as she crossed in 114th place (83rd in team scoring) with a time of 6:42 and she had Alice right in tow at 116th (84th in team scoring) at 6:43. Then there was another long wait until Tamara got to the checkpoint in 177th place (140th in team scoring) with a 6:49. Right on her heels in 180th place (143rd in team scoring) with the same time was Amber Zimmerman. And with the same time as the other two was Heleene (183rd/146th). Running in 200th place was sr. Nicola Hood. The team score of 481 points left the Lobos in 19th place so they had to put their heads down, and start to grind it out over the next two kilometers. They had to remember to Trust Their Training!!! During the next two kilometers of the race the athletes go along the far backstretch of the LaVern Gibson course, so they are silhouetted against the forest trees which is always a nice contrast for spectators. Entering Inner Loop 1 on the course they pass the 3000 meter point and once the runners exit Inner Loop 1 they pass by the next important checkpoint. It was pretty clear at 3000 meters the Lobos were moving well. How well was not easy to tell, but if nothing else they had started to move forward, which is exactly what Coach Franklin wanted. His words were to start moderate, and then unleash the Lobo devil. When the entire group got to 4000 meters the lead runner from Iona (and eventual champion Kate Avery) passed in 12:50 running a torrid 6:26 second 2000 meters. Fellow Mountain West conference foe Emma



**Calli Thackery shortly after the midway point of the race**



*Charlotte Arter with less than 1000 meters to go trying to push through the pain*



Bates from Boise State was the next closest athlete as she passed in 12:58. Then one could see the unique turquoise tops of the first Lobo runners in the background. Charlotte came to the 4000 meters in 30th place overall (21st in team scoring) having moved up 12 places in that 2000 meter span. She clocked in at 13:31. Then just a second and a half later Alice came flying by in 32nd place (23rd in team scoring) having run a very quick 6:50 for that 2000 meter section which was the ninth fastest of any athlete in the race. Alice had passed 84 runners from the 2000 meter to the 4000 meter point. ....which is fantastic under any circumstance. Then Calli was the third Lobo at 44th overall place (33rd in team scoring) and Calli had clocked 6:56 from 2k to 4k. Like Alice before her Calli had done a fantastic job passing 70 athletes in that stretch. Tamara was the fourth Lobo to pass 4000 meters and Heleene was right behind her and they made a great tandem. Tamara clocked 13:58 which was good for 113th place overall (86th in team scoring) while Heleene was 114th place (87th team scoring). Tamara had passed 64 runners since the last checkpoint while Heleene had passed 69! When the team scores popped up it showed Michigan State taking over the lead at 102 points with Iowa State in second at 142. Then it went Georgetown at 172, Arkansas at 180 and then.....NEW MEXICO at 250 points. The ladies had gone from 19th place and 481 points at 2000 meters to 5th place and 250 points at 4000 meters. What a great move forward (remember ladies.....trust your training). But with only 2000 meters to go the Cherry & Silver were still 70 points out of what they wanted.....a podium finish. But given they looked so good the last 2000 meters should have been fun.....and it was. Most of the attention was centered on Kate Avery who was running superbly. She would go on to victory in 19:31 with a 6:41 last 2000 meter split. That is just an overall wonderful exhibit of running as the fastest time ever on the LaVern Gibson course was a 19:28 by world-class Kenyan athlete, and former Texas Tech Red Raider, Sally Kipyego. Churning for the finish line like crazy was Alice who had taken the lobo lead from Charlotte. Alice continued her hot pace as she finished off the last 2000 meters in 6:55.9 (only 11 athletes ran that final 2000 meters faster) which got her to the finish line in 20:29, good for 20th place overall and 15th place in team scoring. That also snags her an All American award (top 40 get all American). Hot on her heels finishing in the same time (20:29) was Charlotte who was awarded 22nd place (17th team scoring). Charlotte finishes off her career as a two-time All American, one of only two in Lobo history to accomplish that. Charlotte has certainly set the standard for consistency and excellence in her storied career. Between Alice & Charlotte they had moved up 12 places and 8 places respectively in the toughest part of the course (the final 2000 meters). Calli was third in for the Lobos at 43rd overall place (31st in team scoring) at 20:48. She just missed getting top 40 which would have placed her on the all American team. Tamara came to play at the NCAA Championships and she finished off a phenomenal day over the last 2000 meters. How well did she finish??? Well we are glad you asked. Tamara finished 73rd overall (just for comparison she finished 223rd last year) clocking 21:02. But was more impressive was that she passed 40 athletes from 4000 meters to 6000 meters! And from all runners in places 50 – 255 (205 runners total) she ran 7:04.3 for the last 2000 meters only missing out on that fastest split by 2/10th of a second as another runner (Alli Cash – Oregon) ran 7:04.1. In other words during the toughest, most demanding part of the race, when an athletes energy stores are almost completely depleted, and you have to mentally bridge the gap to just get to the finish line Tamara was at her finest. Well done Tamara! Finishing as the final scorer for the Lobos was Heleene who crossed the finish line in 93rd overall place (last year she finished 226th) and the 71st team scorer. Heleene's time of 21:10 allowed her to pass 21 athletes from 4000 meters to 6000 meters. And even though she didn't score for the team Nicola passed 46 runners over the last 2000 meters while running 7:06.5 for that segment of the course. Using the same comparison that we did for Tamara of all runners outside the top 50 (50th place to 255th) Nicola's 7:06.5 was only outdone by five others who ran a faster 2k segment. Have we said it enough ladies.....always, always, always trust your training. When all the dust had settled and the final team scores starting showing up on the big board as expected Michigan State won their first team title with 85 points far outdistancing Iowa State who totaled 147 points. But then.....MAGIC.....the Lobos had amassed 188 points for third, beating Georgetown by one point for that honor. All the hard work, the sacrifice, the hardships.....ahhh who cares-----WE MADE THE PODIUM © What a happy ending to a wonderful year. Well done Lobos. Best finish EVER by a Lobo team.

Individual Results				
Overall Winner, Kate Avery, Iona, 19:31				
		2000 meters	4000 meters	6000 meters
20.	Alice Wright	6:43	13:33 (6:50)	20:29 (6:56)
22.	Charlotte Arter	6:35	13:31 (6:56)	20:29 (6:58)
43.	Calli Thackery	6:42	13:39 (6:57)	20:48 (7:09)
73.	Tamara Armoush	6:49	13:58 (7:09)	21:02 (7:04)
93.	Heleene Tambet	6:49	13:58 (7:09)	21:10 (7:12)
111.	Nicola Hood	6:51	14:09 (7:18)	21:16 (7:07)
141.	Amber Zimmerman	6:49	14:05 (7:16)	21:29 (7:24)





**Third Best Team in All the Land**



## CONSISTENCY AT NCAA WOMEN'S CHAMPIONSHIPS

Since the University of New Mexico women's program started its annual trek to the NCAA Championships the following 9 programs have qualified to the NCAA cross country championships each of the last 7 years, the only teams of the 335 NCAA Division I programs to do so. Listed is their NCAA finish each year and then their total places during that seven-year time span. This shows the strength of the Lobo women's cross country program.

	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	
Florida State	3rd	2nd	2nd	4th	4th	8th	12th	35 points
Oregon	2nd	9th	12th	5th	1st	14th	6th	49 points
Georgetown	9th	21st	4th	1st	2th	5th	4th	56 points
NEW MEXICO	18th	13th	5th	9th	10th	10th	3rd	68 points
Washington	1st	3rd	16th	2nd	9th	17th	23rd	71 points
Stanford	8th	16th	13th	10th	3rd	11th	14th	74 points
Michigan State	11th	26th	23rd	16th	16th	6th	1st	99 points
Michigan	16th	27th	22nd	15th	5th	4th	18th	107 points
Minnesota	12th	10th	27th	27th	22nd	20th	31st	149 points

## CONSISTENCY AT NCAA MEN'S CHAMPIONSHIPS

Since the University of New Mexico men's program started its annual trek to the NCAA Championships the following 11 programs have qualified to the championship each year during the last six. There are 310 Programs in the NCAA Division I ranks. Listed is their NCAA finish each year and then their total places during that six-year time span.

	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	
Oklahoma State	1st	1st	2nd	1st	3rd	9th	17 points
Colorado	6th	15th	3rd	3rd	1st	1st	29 points
Wisconsin	7th	3rd	1st	2nd	9th	10th	32 points
Northern Arizona	4th	9th	14th	4th	2nd	4th	37 points
Portland	13th	13th	8th	12th	7th	3rd	56 points
Stanford	10th	4th	5th	16th	19th	2nd	56 points
BYU	17th	18th	4th	6th	4th	16th	65 points
Syracuse	14th	14th	15th	16th	10th	5th	74 points
Villanova	11th	23rd	13th	27th	18th	7th	99 points
NEW MEXICO	8th	16th	31st	21st	11th	14th	101 points
Texas	28th	26th	11th	9th	14th	26th	114 points

**MEN'S RACE:** Entering the championship the men's team knew they were lucky to be there after their regional finish, and the coaches association ranked them #26 out of the 31 teams in attendance. And that was probably a fair indication based on the facts at hand. The big question for everyone was which team would show up, the tight-knit group that pounded the Mountain West Conference teams, or the disjointed group from the Mountain Regional Championship. Plus, national-level distance runner Adam Bitchell, who had sustained a leg injury and was hopeful to return for the NCAA meet was scratched from the meet. His most likely top 40 All American finish would be a gapping hole for the team, but cross country is the ultimate team sport, and the seven men had their minds in the right spot. As the race got underway, there was nothing special about the first part of the race since the entire field went easy tempo, and they were being cautious. Given the men ran the second race of the day, the footing had started to deteriorate, and most of the runners were trying to feel the course out, to see how hard they could push without slipping. For those that have never run hard in mud, it sucks precious energy out of ones legs, so being efficient is very important. Checkpoints for the men's race were placed down at 3000, 5000, and 8000 meters so there would be ample opportunity to see how the race was progressing. Just as in the womens race Coach Franklin had instructed the men to stay out of trouble during the first half of the race, and then made a hard push near the

### Final Men's Team Scores

1. Colorado (#1)	65
2. Stanford (#9)	98
3. Portland (#7)	175
4. Northern Arizona (#10)	188
5. Syracuse (#2)	206
6. Oregon (#3)	221
7. Villanova (#5)	230
8. Iona (#8)	270
9. Oklahoma State (#4)	296
10. Wisconsin (#6)	335
11. Michigan (#18)	365
12. North Carolina (#23)	380
13. Providence (#11)	393
14. <b>NEW MEXICO (#26)</b>	<b>394</b>
15. Indiana (#25)	416
16. BYU (#15)	437
17. Georgetown (13)	444
18. UCLA (#12)	454
19. Colorado State (#27)	468
20. Washington (#16)	479
21. Virginia (#13)	502
22. Southern Utah (22)	578
23. Eastern Kentucky (#29)	579
24. Michigan State (#17)	583
25. Tulsa (#20)	584
26. Texas (30)	615
27. UTEP (#31)	629
28. Arkansas (#21)	647
29. Mississippi (#24)	685
30. Furman (#19)	747
31. Florida State (#28)	822

halfway point (5000 meters). As the runners came across the 3000 meter timing pad the videoboard showed New Mexico in 29th position with 716 points. Ross Matheson was leading the Lobos with his 153rd position at 9:17 for that 3K split. Within two seconds came the rest of the scoring five as Dan Studley, Alex Cornwell, and Jake Shelley all had the same time for 3000 meters. Todd Wakefield as the number five runner clocked 9:19. The Lobos #2,#3,#4,and #5 runners were in 168th, 172nd, 177th, and 191st positions so at least the boys had found each other in the race. But now the important part of pushing forward to the 5000 meters. At the 5000 meter checkpoint the lads had made a very positive move forward as they had lowered their team total from 716 points to 597 points which had them moved up to 23rd on the team rankings. Jake had taken the lead at 115th place with Ross/Alex side by side at 146th/147th. Then Dan/Todd were teamed up at 153rd/154th. Elmar was still lagging behind the first five but starting to show some life in his legs. The Lobo squad then made a real nice forward progression to the 5 mile (8000 meter) checkpoint where they knocked off way over 100 team points to flash across the line with 452 points, 18th best team total. Jake had taken a major step forward dropping almost 50 places by himself and he looked confident and on the prowl. Elmar finally got his stride rolling and he passed 68 runners

**Jake Shelley had his best cross country race ever and led the Lobos to a fine finish**





Elmar Engholm had a slow start, but once he got rolling he went from 216th place at 3000 meters to 78th at 10,000 meters

between 5000 meters and 8000 meters to move to 100th place overall. Todd had moved into third team position and was at 118th and improvement of 36 places for him. Dan improved over 20 places in that 3000 meter segment while Ross had passed nine runners. So the Lobo training program, largely based on strength development was starting to pay off for the Cherry & Silver. Now, with only 2000 meters left it was guts and glory for every runner in the race. Having come off a 10,000 meter race at the regional championship just eight days before, athletes were depleted running another one on just short rest. During those last two thousand meters Jake never let up, running his best collegiate cross country race. He had his sights set on All American status (top 40) and he was doing everything in his power to make that happen. In the end he came up short, but still finished a fine 50th place (40th in team scoring). Jake's last 2 kilo was 6:08 and not one of the ten runners in front of him finished so fast. But Jake passed a remarkable 65 runners from the 3000 meters to the 10,000 meters which is something to surely be proud of. Elmar moved all the



*Todd Wakefield was the Lobos #3 runner finishing 93rd overall*

way to #2 man with a final placing of 78th (66th in team scoring) and in his last segment he passed another 22 runners. Todd came five seconds after Elmar in 93rd place (79th in team scoring). Todd took the measure of 25 athletes in the final 2000 meter segment. Ross finished #4 for the Lobos at 119th (99th in team scoring) and he got 18 runners in the last two kilometers. The fifth and final scorer for New Mexico was Dan who crossed the finish line in 131st place (110th in team scoring). When all was said and done the videoboard showed the Lobos in 14th place just one point back from 13th. It was a good, solid effort by the guys and a positive ending to the 2014 cross country season.



**A BIG Thank you to Austin Alexander pictured to the right riding on the lead cart. Austin has been a student assistant and has been an integral part of the success of the cross country teams with his team-first attitude. Always there to help in any way that he can he epitomizes the Lobo Tough Attitude**

*Alex Cornwell followed by Ross Matheson early in the race.*



### Individual Results

Overall Winner, Edward Cheserek, Oregon, 30:19

	<u>3000m</u>	<u>5000m</u>	<u>8000m</u>	<u>10,000m</u>
50. Jake Shelley	9:17	15:38 (6:21)	24:56 (9:18)	31:04 (6:08)
78. Elmar Engholm	9:17	15:44 (6:27)	25:08 (9:25)	31:20 (6:12)
93. Todd Wakefield	9:19	15:42 (6:23)	25:13 (9:31)	31:30 (6:17)
119. Ross Matheson	9:17	15:41 (6:24)	25:21 (9:40)	31:41 (6:20)
131. Dan Studley	9:17	15:42 (6:25)	25:21 (9:39)	31:50 (6:29)
178. Alex Cornwell	9:17	15:42 (6:23)	25:22 (9:40)	32:12 (6:50)
Matt Bergin	9:23	16:01 (6:38)	DNF	



## Elite Coaching Company

The NCAA began offering a men's championship in 1938 and added a women's championship in 1981. In that span of 33 years with both genders being offered there has only been a select group of coaches out of the thousands who have tried who have been able to get a team on the podium (top 4) with both programs. While the head coach at Butler Coach Franklin achieved a fourth place finish in 2004 with his men's team. This years third place finish with the women has allowed Joe to join this elite coaching group.

Coaches who have been able to get a men's and women's team on the Podium at the NCAA Championships

1. Dave Murray      University of Arizona
2. Ray Treacy        Providence College
3. Rollie Geiger     North Carolina State
4. Vin Lananna      Stanford
5. Martin Smith     Wisconsin - men; Virginia - women
6. Marty Stern       Villanova
7. Mark Wetmore     Colorado
8. Ron Mann          Northern Arizona
9. JOE FRANKLIN     Butler - men; New Mexico - women

**UPDATED HISTORY LESSON: The University of New Mexico Lobos have a strong history of cross country success and those present athletes should strive to build on that legacy. This is a look back at previous Lobo athletes & teams at the NCAA's.**

**MEN**

1950 at Michigan State	Clarence Watson - 64th place
1966 at Kansas	UNM team placed 11th (George Scott - 4th; Web Loudat - 17th; Adrian DeWindt - 61st; Mike Thornton - 138th; Peter DiOrio - 183rd)
1975 at Penn State	UNM team placed 14th - (Lionel Ortega - 24th; Matt Segura - 53rd; Faustino Salazar - 107th; Walter Johnson - 129th; Jay Miller - 188th; Ron Maestas - 198th; Mark Bjorklund - 220th)
1976 at North Texas State	Peter Butler - 253rd
1977 at Washington State	Harrison Koroso - 138th
1979 at Lehigh	Kip Koskei - 3rd
1981 at Wichita State	Ibrahim Kavina - 21st
1982 at Indiana University	Ibrahim Kavina - 25th
1983 at Lehigh	Ibrahim Kavina - 18th
1988 at Iowa State	UNM team placed 20th - (Bill Mangen - 37th; Shawn Burke - 102nd; Terry Burwell - 131st; Matt Young - 148th; Wilfred Griego - 157th; Jeff Newland - 171st; Joey Farrell - 172nd)
2001 at Furman	Matt Gonzales - 30th Ben Ortega - 106th
2002 at Indiana State	Matt Gonzales - 156th
2004 at Indiana State	UNM team placed 9th - (Matt Gonzales - 2nd; Shadrick Kiptoo-Biwott - 14th; Ben Ortega - 106th; Cameron Clarke - 139th; Sean Flaherty - 175th; Steve Martinez - 190th; Nick Martinez - 235th)
2007 at Indiana State	Jeremy Johnson - 20th
2009 at Indiana State	UNM team placed 8th (Jacob Kirwa - 11th; Rory Fraser - 63rd; Chris Barnicle - 108th; Lee Emanuel - 115th; Dave Bishop - 142nd; Ross Millington - 150th; Keith Gerrard - 161st)
2010 at Indiana State	UNM team placed 16th - (Keith Gerrard - 40th; David Bishop - 41st; Ross Millington - 96th; Brock Hagerman - 126th; Rory Fraser - 152nd; Nicholas Kipruto - 176th; Alex Willis - 178th)
2011 at Indiana State	UNM team placed 31st - (Sean Stam - 139th; Pat Ortiz - 213th; Pierre Malherbe - 235th; Mike Asay - 238th; Allen Pittman - 242nd; Vincent Montoya - 250th)
2012 at Louisville	UNM team placed 21st - (Luke Caldwell - 27th; Elmar Engholm - 85th; Sam Evans - 1216th; Pat Zacharias - 133rd; Donovan Torres - 223rd; Sean Stam - 227th)
2013 at Indiana State	UNM team placed 11th - (Luke Caldwell - 10th; Pat Zacharias - 53rd; Adam Bitchell - 61st; Ross Matheson - 131st; Sean Stam - 157th; Elmar Engholm - 186th; Donovan Torres - 223rd)
2014 at Indiana State	UNM team placed 14th - (Jake Shelley - 50th; Elmar Engholm - 78th; Todd Wakefield - 93rd; Ross Matheson - 119th; Dan Studley - 131st; Alex Cornwell - 178th)

**WOMEN**

1981 at Wichita State	UNM team placed 11th - (Linda Mitchell - 65th; Joan Sterrett - 72nd; Kristie Rapp - 74th; Val Fisher - 77th; Lisa Mitchell - 83rd; Cynthia Valdez - 102nd; Loretta Chavez - 105th)
1984 at Penn State	Carole Roybal - 19th
1985 at Marquette	UNM team placed 14th - (Carole Roybal - 13th; Dawn Driacho - 74th; Jule Farrer - 96th; Diana Baca - 105th; Yvette Haran - 107th; Delores Zamoia - 124th; Dawn Gale)
1986 at Arizona	Carole Roybal - 28th
1988 at Iowa State	Gwen Willink - 36th
1992 at Indiana University	Kelly Dix - 109th
1997 at Furman	April Brannon - 100th
2001 at Furman	Jackie Gallegos - 217th
2004 at Indiana State	Jackie Gallegos - 69th
2006 at Indiana State	Timmie Murphy - 115th
2008 at Indiana State	UNM team placed 18th - (Nicky Archer - 56th; Michelle Corrigan - 85th; Lacey Oeding - 140th; Carolyn Boosey - 152nd; Ashley Gibson - 167th; Leslie Luna - 193rd; Emma Reed - 223rd)
2009 at Indiana State	UNM team placed 13th - (Ruth Senior - 46th; Nicky Archer - 68th; Lacey Oeding - 79th; Delyth James - 126th; Carolyn Boosey - 135th; Ashley Gibson - 191st; Vanessa Ortiz - 228th)
2010 at Indiana State	UNM team placed 5th - (Natalie Gray 15th; Ruth Senior - 33rd; Sarah Waldron - 44th; Kirsty Milner - 56th; Delyth James - 146th; Vanessa Ortiz - 156th, Shawna Winnegar - 224th)
2011 at Indiana State	UNM team placed 9th - (Ruth Senior - 41st; Natalie Gray - 81st; Kirsty Milner - 91st; Imogen Ainsworth - 94th; Josephine Moultrie - 131st; Sarah Waldron - 148th; Shawna Winnegar - 218th)
2012 at Louisville	UNM team placed 10th - (Josephine Moultrie - 30th; Charlotte Arter - 51st; Lacey Oeding - 67th; Shawna Winnegar - 135th; Imogen Ainsworth - 168th; Kirsten Follett - 175th; Chloe Anderson - 230th)
2013 at Indiana State	UNM team placed 10th - (Sammy Silva - 12th; Charlotte Arter - 18th; Calli Thackery - 67th; Heelena Tambet - 146th; Tamara Armoush - 149th; Kirsten Follett - 218th; Nicole Roberts - 232nd)
2014 at Indiana State	UNM team placed 3rd - (Alice Wright - 20th; Charlotte Arter - 22nd; Calli Thackery - 43rd; Tamara Armoush - 73rd; Heleene Tambet - 93rd; Nicola Hood - 111th; Amber Zimmerman - 141st)





University of  
New Mexico

2015  
Indoor  
Track & Field



Air Force Open

Friday, January 9, 2015

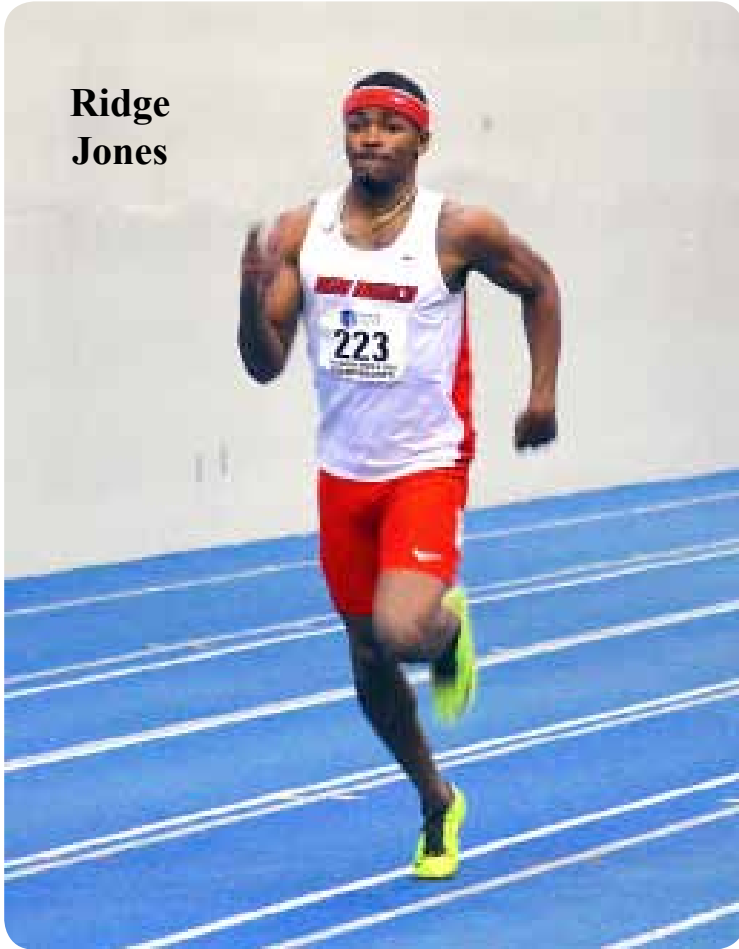


**Aasha Marler**

After a one week training trip over Christmas recess to the Air Force Academy's indoor facility, 16 of the New Mexico Lobo athletes christened the 2015 indoor track & field season. The nine team meet, which is an annual low-key affair was instructive for the Lobo athletes who competed to gauge where they are at in their training, and where they need to go in order to be ready for the full indoor season, which gets underway Saturday, January 24th when New Mexico plays hosts to 20 teams in the Lobo Collegiate Open. The 16 Lobo athletes competed in only ten of the events focusing on gaining either technical practice, or dynamic explosive work. Clearly the top performance on the day came from senior **Aasha Marler (Hope Christian, ABQ, NM)** who popped a 19' 8 1/4" winning leap in the

Long Jump. Aasha is the defending Mountain West Conference indoor Long Jump champion since she jumped 20' 5" last February at the Air Force facility establishing a new indoor UNM school record. In 2014 Aasha's first meet found her coming down in the sand at 18' 4 1/4" so she appears ready to have a great indoor season. In the men's Long Jump junior **Yannick Rogatz (Martin Luther Gymnasium, Birkenau, Germany)** finished runner-up by just 2 3/4" as he spanned 23' 1/2". Over in the Men's 60 meter sprint junior **Ridge Jones (DeSoto, TX)** easily won his specialty, clocking 6.83. Ridge is the #2 ranked 60 meter sprinter all-time at UNM with his 6.70 from last January 14th at the Lobo Open and he ended his season finishing fourth at the MWC conference championship. Backing up Ridge was junior newcomer **Allan Hamilton (Edinburgh, Scotland)** who finished second overall with his 6.94. Over in the women's 60 meter sprint race Aasha Marler clocked a 7.77, good for fourth place overall. Newcomer **Erynn Caldwell (Volcano Vista, ABQ, NM)** last years New Mexico high school state 100

## Ridge Jones



meter champion clocked 7.79 getting close to the Lobo all-time top ten ranking list in her first outing. EC looks ready to add great depth to the Lobo sprint corps. Junior **Holly VanGrinsven (Brentwood, TN)** who entered the meet with an all-time best in the 60 meter Hurdles of 8.62 which ranks #3 all-time at UNM won the race with her 8.72 clocking. That is a good progression as last year Holly opened up her sophomore season with an 8.83 clocking. In the Women's Triple Jump sophomore **Jannell Hadnot (Tokay, Lodi, CA)** finished runner-up with her leap of 38' 9 3/4". The Pole Vaults found junior **Annie Stirling (Cimmaron, NM)** the 2014 MWC conference runner-up finishing 2nd overall with her clearance of 12' 5 1/2". Newcomer combined event athlete **Daniel Lam (Amsterdam, Netherlands)** cleared 15' 7" to finish fifth overall.

**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD) (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## AIR FORCE OPEN, FRIDAY, JANUARY 9, 2015

### MEN

60	Ridge Jones 6.83@ (1st)	Allan Hamilton 6.94@ (2nd)	Carlos Wiggins 7.03@
60H	Beau Clifton 9.48@		
Long J	Yannick Roggatz 23' 1/2" (2nd)		
PoleV	Daniel Lam 15' 7" (5th)		

### WOMEN

60	Aasha Marler 7.77@ (4th)	Erynn Caldwell 7.79@ (5th)	Peri Moran 7.95@ (7th)
60H	Holly VanGrinsven 8.72@ (1st)	Samantha Bowe 9.14@	Kyra Mohns 9.26@
	Casey Dowling 9.29@		
LongJ	Aasha Marler 19' 8 1/2" (1st)		
TripleJ	Janell Hadnot 38' 9 3/4" (2nd)		
HighJ	Kyra Mohns 5' 3"	Casey Dowling 5' 1"	
PoleV	Annie Stirling 12' 5 1/2" (2nd)	Katherine Whiting 11' 5 3/4" (3rd)	

University of  
New Mexico

2015  
Indoor  
Track & Field



## New Mexico Lobo Open January 24, 2015

What a way to start the 2015 home indoor season at the Albuquerque Convention Center when the Lobos hosted 20 collegiate teams, 50 professional athletes, and a total of over 700 athletes. Here are just SOME of the incredible results:

- \* An American record in the Men's 600 meters.
- \* An NCAA Collegiate Record in the Women's Pole Vault which was the 11th best women's pole vault height EVER in world indoor history.
- \* The second best Women's Long Jump mark in the world in 2015 which established a Canadian national record.
- \* The fourth best Women's High Jump height in the world in 2015.
- \* The fifth best Men's High Jump mark in the world in 2015.
- \* A top 40 world best performance in the Men's Pole Vault.
- \* Two top ten performances in the world in the women's 1500.
- \* Six top-10 performances in the NCAA in 2015.
- \* A UNM record in the Women's 600 meters.
- \* Four UNM Lobo performances that rank in the Top 20 of the NCAA lists.
- \* Five performances that now rank #1 in the Mountain West Conference.
- \* 12 UNM performances that now rank in the All Time Lobo Top Ten ranking.

Typically an early season open meet is a way for teams to slowly ease into the competitive cycle of running, jumping and throwing - not any longer. The 2015 indoor season both collegiately and on the world stage promises to be one of the best ever as high level performances are flying in from meets both nationally and around the world. Because of this athletes are coming out of the starting gate with much higher level performances.....since they must take full advantage of every opportunity given. If the next three weekends of home meets in the Convention Center is anything like the 2015 Lobo Open then all we can do is say..... watch out!



### Connor Takes Down Indoor 600 meter record.....in first ever Lobo indoor race

Junior Sophie Connor (Hertfordshire, England) pictured

above had run 2:07.18 back home in England but did not have experience over the non-standard indoor 600 meter distance. Well I guess that doesn't mean much as she took down All American Josephine Moultries three year old school record in the three lap race around the Convention Centers fast Mondo track. The race had some high level talent as Sanne Verstegen from the Netherlands who is a 53.98 400 runner and also had run 2:00.55 for 800 meters wanted a fast race. She took it out from the start and Sophie slipped into the back of the six woman field and let Verstegen do her thing. Passing 400 meters in under 59 seconds Sophie just kept in contact with the group. At the end of the race Moultries 1:33.21 record was erased as SC clocked 1:33.06. Making a major leap forward was junior Zoe Howell (Socorro, NM) who lowered her all-time best from 1:37.08 to a fine 1:34.49, which moves her to #4 on the all-time Lobo Top Ten ranking. Zoe, who is prepping for a move up from her normal 400 meter distance into the 800 this season showed good form and a readiness to clock a fast time.



## Hamilton Pops Big Jump

Jr. Allan Hamilton (Edinburgh, Scotland) had started to put the pieces of the Long Jump together last June when he sailed over 25' once in Birmingham, England and once in Cork, Ireland. He notched his first American soil mark over that threshold as he came down in the sand at 25' 2 3/4" to win the Long Jump competition. Allans mark is the #5 performance all-time at UNM and moves him to #1 in the Mountain West Conference and #4 on the NCAA ranking list.

Last year 25' 3 1/2" was the 16th best performance in the NCAA (the ncaa takes the top 16 to the national championships) so Allan is right on the cusp of moving into that rarified company.

## Silva Moves into Top 10 NCAA Ranking in 1 Mile

Senior Sammy Silva (LaMesa, CA) running her first indoor race for the Lobos got caught in a real hot race. The Brooks Beast Racing Club along with Adidas sent three professional runners to see if they could click off a fast mile race. Using several Lobo distance runners to take the race out hard, the three pro's just tucked in behind and let the race unfold. SS got blasted early but kept her head in the game and as the race wore on began to get a better rhythm and start to pull in the front group. Passing 1500 meters in a solid 4:29, SS crossed the finish line for the 1609.35 meter race in 4:48.25 which when converted for the Albuquerque altitude was 4:41.97. The two top professionals did get their wish and finished in a fast enough time to rank in the top 10 of the world rankings. Sammy's performance moves her to #10 on the NCAA ranking list, and #3 all-time at UNM. She also moves to #1 in the all important Mountain West Conference list.



## Van Grinsven Skims Barrier to two Fastest Times Ever

Junior Holly VanGrinsven (Brentwood, TN) came into the meet with an all-time 60 Hurdle best of 8.62 which put her at #3 all-time at UNM. In the hurdle prelims HVG got out reasonably well during the first three hurdles, but then really picked up the tempo over the last two barriers to finish in an all-time PR of 8.49 seconds and qualify for the eight woman final. In the finals she got out well, but had a great last 30 meters and leaned at the finish line along with two others. With the naked eye it was impossible to tell who had won the race. The results board flashed that the top four places were only 5/100ths apart and Holly was awarded third place with another PR of 8.47. That performance moves her to #2 all-time at UNM, just 4/100ths off the Lobo school record. Holly sits atop the Mountain West Conference chart and moved into the top 40 nationally.

## LEWIS ATTEMPTS TOUGH ONE DAY TRIPLE

Sr. Chaz Lewis (Highlands, ABQ, NM) loves a challenge. Last year at the outdoor conference championship he did the 400 - 400 Hurdle - 4x400 triple which most thought with the rest interval to be nearly impossible given the need to run five hard races within a 24 hour window. Chaz pulled it off scoring huge points and actually running his fastest on his last race. Earlier in the week he asked if he could triple on one day to better prepare himself for later in the season.....be careful what you ask for! Entered into the 600 meters Chaz was lined up with three professional runners, all who are borderline world class. Making sure he controlled himself early Chaz finished behind one of the pro's that set an American record.



CL's time was 1:20.82 which moves him to #5 all-time at UNM. Coming back two hours later Chaz lined up for the 400 meters still feeling the effects of the 600. Still he clocked 48.69, just off his all time best of 48.30. The picture to the left shows Chaz leaning at the line. Several hours later Chaz finished off his day by equalling his fastest relay split of all-time which is 47.9.



JANNELL HADNOT



## Hadnot & Marler Go 1-2 in Triple Jump

Soph. Jannell Hadnot (Tokay, Lodi, CA) & sr. Aasha Marler (Hope Christian, ABQ, NM) made the most of their twelve jumps (six each) getting ten fair marks together. In the jumps not fouling is critical to high-level success. Jannell made quick work of the event as on her very first attempt

she sailed 12.75m or 41' 10". That mark moves her to #2 in the MWC rankings, and 19th nationally. For Aasha, she came into the competition with a best-ever mark of 40' 4 1/4", done last year at the MWC Championship. She started off with a her lone foul, but

then went to a 41' 1 3/4" PR, then another PR of 41' 7 3/4", a 39 footer, then 40' 9 1/2", and 40' 10 1/2". For her five legal jumps she averaged 40' 9" which is impressive. Whenever an athlete can average more in a competition than their existing PR it was a good, good day. AM moves up to #4 all-time at UNM, and #3 in the MWC.

### Women's 4x400 Relay Moves to #9 All-Time

Using a new line-up from last year the 4x400 quartet got the season off to a good start. Haley Sanner (San Bernadino, CA) leading off for the first time took off at a hard pace and cruised home in 57.4. Zoe Howell, coming back after her excellent 600 meter race clocked 57.6 for her two lap journey. Junior Faith Cobb (Miyamura, Gallup, NM) getting her first crack at the 400 distance held together well, clocking 58.4. Holly VanGrinsven still on a high from her 60 Hurdle success blazed out hard throughout the first lap and held on for a sterling split. The total team time of 3:49.68 not only is the 9th fastest time ever at UNM, but it takes them up to #2 in the Mountain West Conference. Great start ladies.

## Engholm Takes Over Conference Lead in 800 Meters

Junior Elmar Engholm (Blackeborgs Gynasium, Stockholm, Sweden) pictured to the left got in a hot race with several professional runners including former UNM two time NCAA mile champion Lee Emanuel, now running for Hoka OneOne. The pace went out pretty hard and all EE had to do was stay in the slipstream of the lead runners. It was a good race to the end and Elmar ended up grabbing a new PR by three seconds. His converted 1:51.29 places him squarely at the top of the MWC leaderboard right where we like to see Lobos.





### **Lovett Back to Sailing Over Bar**

After last years big Mountain West Conference indoor championship winning performance of 7' 2 1/2" senior Django Lovett (Brookwood Secondary, Surrey, BC, Canada) missed the outdoor season with a severely bruised heel. Now back to full training in his last year he opened up with a 6' 11" which was the top collegiate jump on the day. He was fortunate to be in the competition with two world-class jumpers, one who went to #5 in the world, and the other who finished in the top 8 of the World Championships. Django's best height moves him to #2 in the MWC and #33 nationally.



### **Thomas & Castillo Get Good Early Season Marks**

*Junior Graham Thomas (Dulce, NM) and Zach Castillo (Volcano Vista, ABQ, NM) got in a nice early season 1 Mile race which allows them to stake their claim to a spot on the MWC Championship squad. The race was hotly contested by three people as the picture to the left shows. Graham was not afraid to push the pace and lead the race, and Zach, who red-shirted last year was confident enough to run with him. Near the end of the race the Arizona runner put in a hard surge which dropped both Graham and Zach, but with 150 meters to go Graham dug down and made a mad dash to catch the Wildcat. Around the final bend and down the homestretch Graham was catching the Cat with each stride, but ended up 36/100ths short of victory. Regardless, Graham clocked 4:08.83 which ranks him #2 in the MWC. Zach made a HUGE improvement as last year he clocked 4:27 for the mile and his finishing time of 4:10.33 gets him to #4 in the MWC.*



### Froshe Walk-ons Making Nice Contributions

Each year on a track team there are newcomers who have shown solid high school talent but maybe there is a small question how soon they will make the transition from being a high school star, to being a major college contributor. Two of the Lobo freshies are showing they will be an important piece of the Lobo championship hopes. Short sprinter Erynn Caldwell (Volcano Vista, ABQ, NM) shown on the left during the 60 meter sprint always has a smile on her face, but that belies the intense competitive spirit she has shown so far. In the prelims of the 60 sprint Erynn blazed to a 7.71 PR lowering her best from 7.79. That 7.71 performance moves her to #10 all-time at UNM and 11th in the conference. The picture above shows Mark Haywood (Alamogordo, NM) as he passes the 200 point of the 400 meters. Marks 49.20 final clocking moves him all the way up to #4 in the MWC. Mark also came back to split a fine 48.6 in the 4x400 Relay which is ranked #2 in the MWC. It is nice to have both Erynn and Mark assisting during their rookie campaign.

**Sophomore Annie Stirling (Cimarron, NM) last years MWC Pole Vault runner-up is shown barreling down the runway. AS improved her seasonal best as she cleared 12' 8 1/4" to slide up the conference rankings to 4th place.**







**Campbell Pops  
to Top of Conference**

**Sr. Warrick Campbell (Highlands, ABQ, NM) only got three fair jumps in the Triple Jump, but made the most of his chances as he recorded a 49' 7" distance. That distance vaults him to #1 in the conference ranking and 48th nationally. WC has an indoor PR of 52' 0" set last year the last Saturday in January. Maybe next week we will see a repeat of that fine effort as he strives to move up the national ranking.**

*Picture of the Meet  
When looking at this picture some/  
most might see jr. Yannick Roggatz  
leaning at the finish line in the proper  
mechanical way. But others would  
look over his right shoulder and see a  
hurdle airborne, seemingly all by itself.  
Maybe its levitation.....or maybe grav-  
ity gone wild.....or maybe it simply  
shows the incredible power that short  
sprint athletes generate as they try to  
run as fast as possible without touch-  
ing the hurdle. In this case whoever  
was in that lane nailed it pretty well.*



**Sophomore Cheyne Dorsey (Cleveland, Rio Rancho, NM) is shown striving to get to the finish line in the 600 meters before the UTEP Miner does. Cheyne clocked a very nice 1:23.15 for that distance.**

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## Lobo Collegiate Open Saturday, January 24, 2015

### MEN

60	Ridge Jones 6.89@ 6.80@ (3rd)	Allan Hamilton 6.94@ 6.93@ (9,x)	Carlos Wiggins 7.01@
	Scott Bajere 7.03@	Will Carter 7.19@	
200	Carlos Wiggins 21.98@	Dominic Davis 24.24@	Isaac Gonzales 23.00@ (Unattach)
400	Chaz Lewis (22.4) 48.69@	Mark Haywood (22.2) 49.20@	Andris Sturans 51.19@ (Unattach)
	Isaac Gonzales 51.54@ (Unattach)	Dominic Davis 52.37@	
600	Chaz Lewis 1:20.82 (3rd) (5,6)	Cheyne Dorsey (24.5-52.8) 1:23.15	
800	Elmar Engholm 1:51.29@ (2nd) (10,x)PR	Adam Monroe 1:56.85@ (unattached)	Taylor Potter 1:56.95@ (unattach)
	Chris Graham 1:57.63@ PR	Zach Castillio 1:58.45@	
1Mile	Graham Thomas 4:08.83@ (2nd)	Zach Castillo 4:10.33@	
60H	Yannick Roggatz 8.50@	Beau Clifton 9.11@ PR	
400H	Mustafa Mudada 53.33 (1st) PR		
4x400	Mustafa Mudada 49.2, Cheyne Dorsey 49.3, Chaz Lewis 47.9, Mark Haywood 48.6		3:15.57@ (2nd)
HighJ	Django Lovett 6' 11" (1st)	Markus Miller 6' 3 1/4"	
PoleV	Logan Pflibsen 16' 4 1/2" (unattached)	Daniel Lam 14' 11 1/4"	
LongJ	Allan Hamilton 25' 2 3/4" (1st) (5,9)	Daniel Lam 22' 6 1/4"	Beau Clifton 20' 1 3/4"
	Andris Sturans 19' 7" (unattached)	Yannick Roggatz 17' 3"	
TripleJ	Warrick Campbell 49' 7" (3rd)		
ShotP	Mike Budick 45' 8 1/2" (unattached)	Beau Clifton 40' 4"	Daniel Lam 40' 2 3/4"

### WOMEN

60	Aasha Marler 7.63@	Erynn Caldwell 7.71@ (10,x) PR	Peri Moran 7.75@
200	Erynn Caldwell 26.04@	Peri Moran 26.06@	Ariel Burch 26.41@
400	Lucretia Vigil 60.16@	Kelsi Lewis 60.32@	Christina Clark 62.22@
600	Sophie Connor 1:33.06 (5th) (1,1) <i>New UNM Indoor School Record, Old Record Josephine Moultrie 1:33.21, 2012</i>		
	Zoe Howell (27.5-58.7) 1:34.49 (4,4) PR	Haley Butler-Moore (Unattached) 1:42.61	
1Mile	Sammy Silva 4:41.97@ (1st) (3,4)	Calli Thackery 4:54.07@ (2nd)	
	Kendall Kelly 5:05.14 (unattached)	Reiley Kelly 5:11.34 (unattached)	
60H	Holly VanGrinsven 8.49@ (x,4) 8.47@ (2,2) PR	Kyra Mohns 9.16@ PR	Casey Dowling 9.29@
4x400	Haley Sanner 57.4, Zoe Howell 57.6, Faith Cobb 58.4, Holly VanGrinsven 55.5 (PR)		3:49.68@ (3rd) (9,x)
	Lucretia Vigil 60.3, Kelsi Lewis 58.5, Ariel Burch 59.0, Christina Clark 62.2		
HighJ	Casey Dowling 5' 2 1/2"		
PoleV	Annie Stirling 12' 8 1/4" (6th)	Katherine Whiting 12' 2 1/2" (9,x) PR	Anna Duval 10' 8 3/4"
LongJ	Jannell Hadnot 18' 5 3/4" (5th)	Kyra Mohns 17' 8"	
TripleJ	Jannell Hadnot 41' 10" (1st)	Aasha Marler 41' 7 3/4" (2nd) (5,x) PR	
ShotP	Kyra Mohns 33' 4"	Amaris Blount 33' 4" (unattached)	
	Allison Mady 32' 6 1/4" (unattached)	Casey Dowling 28' 9 3/4"	
Weight	Amaris Blount 40' 9 1/2" (unattached)	Allison Mady 32' 2 3/4" (unattached)	

University of  
New Mexico

2015  
Indoor  
Track & Field



## New Mexico Team Invitational January 31, 2015

### FINAL WOMEN TEAM SCORE

1. UCLA	93
2. <b>NEW MEXICO</b>	91.5
3. Alabama	80.5
4. Kansas State	79.5
5. Arizona State	65.5
6. UTEP	64
7. California	41.5
8. Utah State	29
9. TCU	20
10. Air Force	11.5

### FINAL MEN TEAM SCORE

1. UCLA	74
2. Arizona State	72
3. California	62
4. <b>NEW MEXICO</b>	60
5. Kansas State	59
6. Alabama	58
7. TCU	55
Utah State	55
9. Air Force	53
10. UTEP	37

**COMMENTARY:** Smaller team scored meets are very different than the typical large multi-day non-scored invitationals. In a 10 team scored meet with eight places scoring almost everyone on a team can score a point while in large invitationals with 50-60 athletes in an event, rarely can one make any appreciable difference, or maybe even get noticed. Take for instance redshirt freshman Zach Castillo, a local athlete from Volcano Vista. Zach is starting to come into his own, and many throughout the conference probably wouldn't even know who he is, yet he came out in the 3000 meters, ran very, very well, and ended up finishing fourth place and scoring five points for the team. This is what team scored meets bring out, hard working efforts that make a difference. And every year if one examines the scored meets on the schedule usually a high number of PR's (personal best records) come from them. There were 22 PR's for the Lobos on Saturday, with over 30 seasonal best efforts. Scored meets are great for bringout the best in athletes since when they are competing for their alma mater it means something. The 2015 New Mexico Team Invitational was a good meet for the Lobos in that it simulated what the Mountain West Conference Championship will be like in one month time. It helped galvanize the team into understanding the concept of finding a way to score a point, no matter what it comes in. With several PAC12 traditional powers in the house, along with Big12 and SEC juggernauts it provided every athlete wearing Cherry & Silver the opportunity to step outside their comfort zone, and find a way to create something special for not only themselves, but the team. When it was all said and done the Lobos almost pulled off a team victory on the women's side and kept in the game on the men's side. It was nice to have a victory over a team like the Crimson Tide of Alabama, since most would think their huge football success to be something that little old New Mexico track & field couldn't handle. Overall it was a very, very good meet for the Lobos. But now the important learning message for the team is to understand they are pretty good as a program right now, but **HAVE** to get better over the next four weeks in order to defend both Mountain West Conference titles. Both teams have a real strong chance of doing so, but must have progressions and good decision-making in order to accomplish that. The next four weeks are critical to having success in the MWC! How bad do you want another title?

### VAN GRINSVEN SIZZLES TO TAKE DOWN 60 HURDLE RECORD

*Jr Holly Van Grinsven (Brentwood, TN) had been on a hot streak in the sprint hurdles and was primed for a fast time against a quality field. In the prelims HVG clocked 8.52 to qualify for the eight woman final despite smacking a hurdle and losing her rhythm. In the final she got out well, pressed real hard over barriers, two, three, and four, and then lunged for the finish line after blazing hurdle number five. The end result - a fine 8.37 performance which took down Precious Selmon's 2011 school record of 8.43. Holly placed third overall in the competition. She currently is the conference leader in the event, and ranked 23rd in the country.*



## Silva & Connor Both Break School Record in 800 Meters

Pictured leading halfway through the 800 meter race is senior Sammy Silva (La Mesa, CA) who was moving down from the 1 Mile distance she ran last week and junior Sophie Connor (Hertfordshire, England) who was moving up from the 600 meter distance she competed in last week. In the previous weeks Lobo Open Silva ran a fast mile moving to the top of the MWC and the #3 all-time ranking in UNM history while Connor took down the school



record in that 600 meter distance. SS led SC for the first two laps of the race around the 200 meter banked Mondo facility before Sophie extended to the lead on the third tour of the track. Going into the final 200 meters Sophie was leading by three meters with Sammy in second. Coming off the final turn and heading for the finish line Sammy got off the right shoulder of Sophie and as they hit the finish line Sophie launched herself into the air and they both seemed to cross in the same time. It took the computer finish line operator several minutes to separate them and when the results flashed up on the board it showed Sammy at 2:08.14 and Sophie at 2:08.20, both dipping past the existing school record time of 2:08.55 from Josephine Moultrie's 2012 run. The duo moves to #28 and #29 in the NCAA national rankings and hold down the top two slots in the Mountain West Conference.

## Ridge Jones rolling an Alabama sprinter



## JONES POWERS TO EQUAL SCHOOL RECORD IN 60 METER SPRINT

Junior Ridge Jones (DeSoto, Tx) came into the meet owning six of the ten fastest times ever run in the UNM men's 60 meter sprint. But his best ever time of 6.70 left him 1/100th of a second off Beejay Lee's school record of 6.69. In the prelims RJ clocked 6.78 which is the 9th fastest performance all-time at UNM. Not to be outdone and running against a stellar field in the finals he got out well but really pressed hard from 45 meters to the finish line to pass the white line in a record equalling 6.69. So after

the dust had settled Ridge now is co-owner of the sprint record and has seven of the ten fastest times ever run in Cherry & Silver history. That time of 6.69 gets him up to 24th on the NCAA national list, and ahead of the class in the Mountain West Conference. Not making the eight man sprint final but racing to a new PR was junior Allan Hamilton (Edinburgh, Scotland). Allan cruised to a 6.85 PR which moves him up to #4 in the Mountain West Conference rankings and gets him to #5 all-time at UNM.



**Zoe  
Howell**

### **Howell Scores 600 Meter Record**



*Coming into the 2015 indoor season junior Zoe Howell (Socorro, NM) had a best of 1:37.08 for the 600 meter distance. Last week at the Lobo Open ZH chased team-*

*mate Sophie Connor as Connor set a new school record of 1:33.06 while Zoe finished in a huge PR of 1:34.49 moving her to #4 all-time at UNM. This week Zoe went out in 27.9 for the first 200, came through the 400 in 58.9 and then finished with a flourish to cross in a sterling 1:33.23, missing the school record by just 17/100ths of a second. Zoe leapfrogs one more spot on the all-time list as she is now #3.*

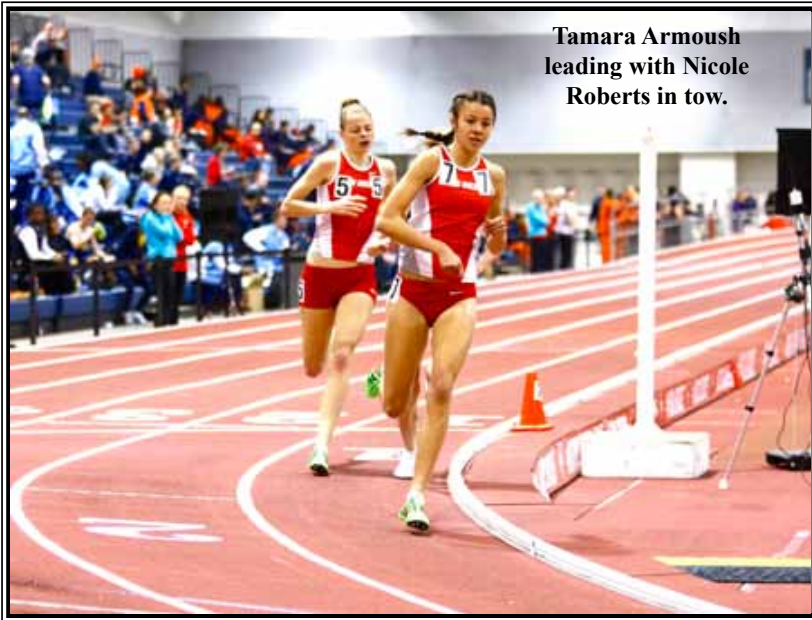


### **Campbell has Fun in the Sand**

*Senior Warrick Campbell (Highland, ABQ, NM) was already the conference leader in his specialty, the Triple Jump, but he extended that lead and sent a clear message to the rest of the conference - I will be a force at conference championship time. After a first round foul WC came back with a 50' 3 1/4 distance which improved on his yearly MWC lead of 49' 7". On his third round jump Warrick is shown above sailing to the 28th best jump in the NCAA, a 50' 6 3/4" distance.*



*Heptathlete/Decathlete froshie Daniel Lam (Amsterdam, Netherlands) is shown to the left while racing the 60 meter sprint. Daniel who also competed in the Pole Vault upped his seasonal best to 15' 9 3/4 which moves him to #6 in the Mountain West Conference. After passing the early heights DL opened up at 14' 10", making it on his first attempt. He then did the same at 15' 4" before having to take all three attempts at 15' 9 3/4". Once the bar went to 16' 3 3/4" Daniel exited the competition. Regardless, the improvement in the conference rankings is crucial in order to have a good team result.*



Tamara Armoush leading with Nicole Roberts in tow.

**Armoush Has Monster Day**  
*Senior Tamara Armoush (Derbyshire, England) entered the New Mexico Team Invitational with PR's of 2:15.21 in the 800 meters and 4:58.29 in the mile. In the first race, the 1 Mile Tamara wanted a fast early pace to ensure she could clock a good time, so one of her teammates was enlisted to run hard and pace the race. Through five laps of the eight lap race the leader did a good job of making the pace honest. Then once they dropped out, Tamara was content to let a California Bear take the lead and have teammate Nicole Roberts (Northamptonshire, England) in tow. Tamara let the Cal runner lead until one lap to go when she swung out and scurried away from the blue clad bear hurrying to the finish line in 4:46.25, knocking 12 seconds off her previous best. That performance moves her to #6 all-time at UNM, #2 in the Mountain West Conference, and #37 nationally. Nicole finished in a new PR of 4:50.27 knock-*

*ing five seconds off her previous best. Nicole moved to #3 in the MWC rankings and #9 all-time at UNM. Coming back later in the day Tamara pushed the pace in the 800 to lower her all-time best to 2:13.04, #10 all-time at UNM. It also gets her to #3 in the Mountain West Conference.*

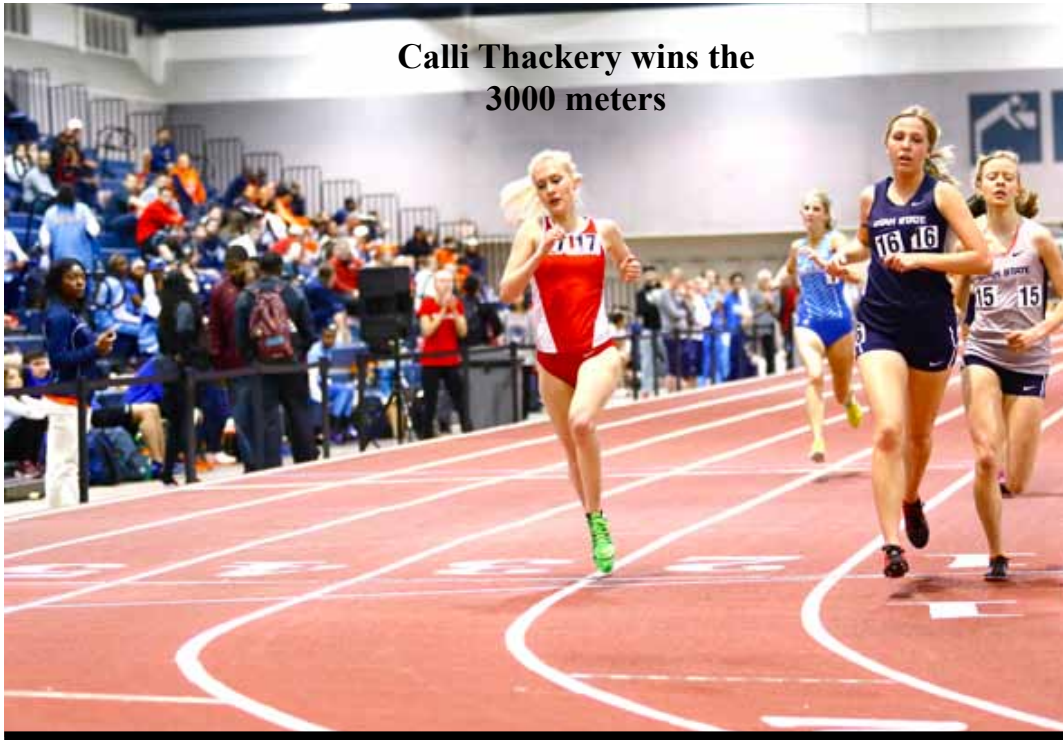
## They're Baaaaaack

The dynamic duo of sr. **Adam Bitchell (Aberystwyth, Wales)** and classmate **Patrick Zacharias (Academy, ABQ, NM)** were probably a surprise to the rest of the Mountain West Conference when they showed up and ran well at the team invitational. Adam, who had started out the cross country season like a dynamo and was planning on ending with an All American finish sustained a leg injury and couldn't participate in the ending of the cross country season. Many thought he might be permanently done but they don't know his inner strength. Then Pat, who had exhausted his cross country and outdoor track eligibility and was scheduled to graduate in December before heading to medical school decided to use his one last season of indoor eligibility. And are the Lobo faithful happy they are back in the fold. Last year the two men accounted for 28 points in the indoor conference championship and without them being on the track in Cherry & Silver would have meant almost no chance to repeat in 2015. Running the 3000 meters they followed the early pacesetter through the first 5:00 of the 8:00 race before Adam took off and started accelerating. Pat also picked up the pace. Adam just flew around the track and the joy of just racing again was evident. When he blazed across the finish line the clock read 7:59.53, a new PR (old PR of 8:00.86) and the 17th fastest time in the NCAA this year. That takes him up to #4 all-time at UNM and #2 in the MWC. Pat also notched a PR as he clocked 8:13.62 down from his previous best of 8:15.27. Finishing third in the race with a seven second PR was jr. Graham Thomas (Dulce, NM) as he clocked 8:15.71. In fourth was Zach Castillo (Volcano Vista, ABQ, NM) who dropped a whopping 22 seconds off his previous best with a 8:20.67.



Adam Bitchell leads Pat Zacharias and Zach Castillo

**Calli Thackery wins the  
3000 meters**



## **Thackery Moves to #12 in NCAA 3000 Meters**

Sophomore Calli Thackery (Yorkshire, England) ran the 1 mile at the Lobo Open and didn't look her normal dominating self. Well one week later she changed all that with a marvelous performance over the 15 lap race. Calli was content to stay behind runners from UCLA and UTEP given the pace was honest, and the tempo strong. She bided her time well and with one lap to go in the race put her head down and unleashed an intense and powerful kick that dropped the opponents like a bad habit. She flew around the track and when she crossed the line in 9:19.67 looked fresh and like she could have gone several laps more. Her time moves her all the way up to #3 all-time at UNM, and it takes over the conference leaderboard by 17 seconds. Racing to a 22 second PR was Nicole Roberts who finished in a fine 9:45.66. That is the 5th fastest in the MWC. Running her first indoor track race EVER was soph. Heleene Tabet (Viljandi, Estonia) and she ended up at 9:47.55, which is #6 in the MWC.

**Heleene Tabet on  
the right and Nicole  
Roberts on the left**



***Mohns Double PR's  
Pentathlete Kyra Mohns (Eldorado, ABQ, NM) is preparing for  
her first collegiate combined event, and notched two nice PR's  
in the process. First Kyra clipped the 60 Hurdles to a nice  
9.07 PR, which moves her to #9 all-time at UNM. Then she  
improved on her High Jump PR as she scaled 5' 4 1/2". Just  
for good measure KM came back to run a solid 59.0 leg of the  
4x400 Relay***



*Junior Scott Bajere (Bristol, England) who just began at UNM in January got his first taste of his specialty, the 200 meters. Scott twirled around the banked oval in 22.21 seconds.*



*Picture of the Week  
Jr. Christina Clark getting ready to sprint the 400 might be saying to the starter - "wait, you want me to run two laps all out with no rest".....are you crazy:)*



*Junior Annie Stirling (Cimarron, NM) was so excited about the Super Bowl that she signaled a touchdown when she went over the bar at 12' 8 3/4".*



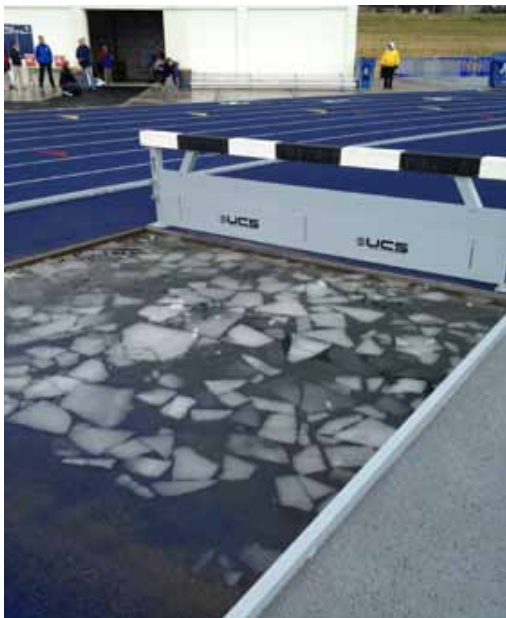
## **Marler Grabs Two Top Four Spots**

*Senior Aasha Marler (Hope Christian, ABQ, NM) was able to finish in the top four of both Long Jump and Triple Jumps with solid efforts in both. In the Long Jump she spanned 19' 5 1/2" to place third, while in the Triple Jump she finished fourth with a 41' 5" distance. Aasha currently ranks second in the Long Jump in the MWC and third in the Triple Jump.*





**The 100th edition of the Lobo Track & Field Newsletter - Wolftracks.** Lets take a quick historical look at what was happening in Lobo Land during the 25th, 50th, and 75th editions of Wolftracks. Edition #25 was the Cherry & Silver indoor Invitational on January 21-22, 2011. Sophomore Shirley Pitts set a new women's 600 record as she clocked 1:34.02, while froshie Margo Tucker cleared 13' in the Pole Vault. Sophomore decathlete Richard York improved on his all-time best in the Pole Vault as he scaled 15' 7". Deanna Young, now a sheriff with Bernalillo Country sailed to the 8th longest triple jump distance of all time (41' 3 1/4"). The 50th Wolftracks happened on February 10-11, 2012 when the Don Kirby Elite was held. It was a hotly contested meet as 10 nationally ranked programs came to town. The action was intense and high level as the Lobo fans saw the fastest men's 400 in the world, the second fastest mens 60 in the world, the 11th highest clearance in the world in the men's pole vault, and the fifth longest long jump in the world. Josephine Moultrie set her third school record of the indoor season as she clocked 4:42.30 in the 1 Mile. Ross Millington took down the men's 3000 meter record when he ran 7:49.11. Amber Menke set a new women's pole vault record as she cleared 13' 4 1/2". The 75th edition found the Lobos at Air Force for a triangular meet on Friday, April 13, 2013. Pat Zacharias and Graham Thomas dominated the 1500 meters. Marcus Simon tossed the javelin out past 180' for the first time, while Alex Herring PR'd with a 1:51.47. Kayla Fisher-Taylor took two second places in the 100 and 200. Probably the most talked about topic was the cold temperatures which the picture will attest to as they had to break the ice of the steeplechase pit.



**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD) (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## NEW MEXICO TEAM INVITATIONAL - JANUARY 31, 2015

### MEN

60 Ridge Jones 6.78@ (x,9) 6.69@ (4th) (=1,=1) **PR Ties UNM School Record**  
 Allan Hamilton 6.85@ (5,x) **PR** Scott Bajere 6.97@ **PR** Carlos Wiggins 6.98@  
 Daniel Lam 7.42@

60H Yannick Roggatz 8.35 (4th)

200 Ridge Jones 21.72@ Carlos Wiggins 21.97@ Scott Bajere 22.21@  
 Will Carter 22.98@ Dominic Davis 23.76@ **PR**

400 Chaz Lewis 48.32@ (8th) Mustafa Mudada 49.20@ Mark Haywood 49.48@  
 Dominic Davis 52.36@

600 Cheyne Dorsey 1:23.70@ (6th)

800 Ross Matheson 1:54.06 Elmar Engholm 1:56.52@ Chris Graham 1:58.75@

1mile Elmar Engholm 4:06.88@ (8th)

3000 Adam Bitchell 7:59.53@ (1st) (4,6) **PR** Pat Zacharias 8:13.62@ (2nd) **PR**  
 Graham Thomas 8:15.71@ (3rd) **PR** Zach Castillo 8:20.67@ **PR**

HighJ Markus Miller 6' 3 1/4"

LongJ Allan Hamilton 23' 11 1/2" (5th) Yannick Roggatz 23' 0"

TripleJ Warrick Campbell 50' 6 3/4" (2nd)

PoleV Daniel Lam 15' 9 3/4" **PR**

### WOMEN

60 Aasha Marler 7.64@ Peri Moran 7.73@ Erynn Caldwell 7.79@

60H Holly VanGrinsven 8.52@ 8.37@ (3rd) (1,1) **PR New UNM School Record**  
 Casey Dowling 8.97@ (7,x) **PR** Samantha Bowe 8.97@ Kyra Mohns 9.07@ (9,x) **PR**

200 Peri Moran 25.82@ Erynn Caldwell 25.87@ **PR** Ariel Burch 26.15@ **PR**

400 Haley Sanner (25.9) 57.59@ Kelsi Lewis 58.95@ **PR** Lucretia Vigil (26.8) 59.47@  
 Christina Clark 61.04@

600 Zoe Howell (27.9-58.9) 1:33.23 (2nd) (3,3) **PR**

800 Sammy Silva 2:08.14@ (1st) **New UNM School Record** Sophie Connor 2:08.20@ (2nd)  
 Tamara Armoush 2:13.04@ (3rd) (10,x) **PR**

1mile Tamara Armoush 4:46.25@ (1st) (6,x) **PR** Nicole Roberts 4:50.27@ (3rd) **PR**  
 Nicola Hood 5:10.71@

3000 Calli Thackery 9:19.67@ (1st) (3,4)

4x400 Haley Sanner (58.5), Zoe Howell (57.0), Faith Cobb (58.0)**PR**, Holly VanGrinsven (56.0) 3:50.73@ (4th)  
 Lucretia Vigil (59.1), Kelsi Lewis (59.0), Ariel Burch (57.6)**PR**, Christina Clark (61.1) 3:57.52@  
 Sophie Connor (59.7), Sammy Silva (60.4), Kyra Mohns (59.0), Tamara Armoush (60.7)

HighJ Samantha Bowe 5' 4 1/2" Kyra Mohns 5' 4 1/2" **PR**

LongJ Aasha Marler 19' 5 1/2" (3rd) Casey Dowling 18' 9 1/4" (6th) Samantha Bowe 18' 3 1/4"  
 Jannell Hadnot 17' 9 3/4"

TripleJ Aasha Marler 41' 5" (4th) Jannell Hadnot 40' 2" (8th)

PoleV Annie Stirling 12' 8 3/4" (4th) Katherine Whiting 11' 9" Anna Duvall 11' 3"

ShotP Samantha Bowe 34' 9 1/2" Kyra Mohns 33' 1 3/4" Casey Dowling 29' 9 1/2"



University of  
New Mexico

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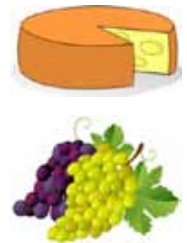
New Mexico Classic

February 6-7, 2015



## Like Wine & Cheese

A great vintner or master cheese maker knows one thing is paramount - the essence of patience and time, two elements that can't be rushed and must be honored to produce a great product. In other words, their product will be ready when its ready and not before. When junior Zoe Howell (Socorro, NM) came to the University of New Mexico she had dabbled at the high school level with the 800, but wasn't real sure about the event given her primary focus was the 400 meters. During her froshie year there was discussion about trying to fit an 800 into her racing schedule, but it just never seemed to work. Then last year as a sophomore there was more discussion but she seemed to adapt to the indoor 600 well, but again, just couldn't fit an 800 naturally into her 400 focus. This indoor season Zoe started out with a 600 meters



in the Lobo Open where she PR'd, then took a major step forward last week when she scared the 600 meter indoor school record. And then this week Zoe decided it was finally time to walk to the starting line, and race four laps around the red Mondo banked track facility. Her plan was to hit 30 seconds for the first 200, then 62 for the 400, and hopefully 1:36 for the 600 meters. Being a little unsure Zoe tucked in behind the more experienced middle distance runners in the field, but they dawdled and came through in almost 32 seconds. It didn't get any better as the pace still was slow as the group got to 400 meters in 66. By the 600 meter point which the field got to in 1:39 the seven runners were closely bunched and ready for a fast last lap. Going up the backstretch Zoe started moving well, slowly but methodically passing runners. At the 700 meter point one of the runners in front of Zoe tripped, and started to fall, interrupting ZH's stride pattern, just as she was ready to surge ahead. Zoe momentarily had to hesitate, then regroup and rally, and sprint for the finish line. As she came down the homestretch she was regaining that great turnover, but ran out of track before the finish line, crossing in second place overall, but the first collegian. The finish clock read 2:12.03 which is right where the plan was to be, even though the race did not go according to plan. Zoe's time moves her to the #7 fastest 800 runner all-time at UNM, and gets her to #4 on the Mountain West Conference ranking list. So, just like the vintner and cheese maker know.....patience is what is needed for great results.



## RARIFIED SAND

*In over 35 years of women's indoor track & field history at the University of New Mexico there have only been four Long Jump performances (jumps) over 20', which is somewhat of a gold standard in the event. If one says they jumped 20' generally that gets peoples attention. Until March 8, 2008 at the University of Washington Last Chance Qualifier when former All American*

*Alesha Walker measured 20' 1 1/2" no one had ever surpassed that in almost 3 decades. Then there was a gap of almost 6 years until senior/junior Aasha Marler (Hope Christian, ABQ, NM) came along and last year as a junior sailed twice over that threshold, going 20' 1/4" and then the big one, a February 28th school record and MWC Championship winning leap of 20' 5". During 2015 she is right back to that level as after two no-marks she pro-*

duced a 20' 2 1/2" seasonal best performance which placed fourth in the tough competition. The New Mexico Classic as always was a fantastic competition as the five best current individual performances in the MWC came out of this one meet. Conference wide Aasha ranks #2 by a scant two inches to Fresno State's Ja'Nia Sears who is ranked #14 nationally while Aasha holds down the #19 spot. This battle between two fine competitors for conference supremacy should be continued when the Lobos host the 2015 Mountain West Conference Championship February 26-28!



## New Territory, Same Result

When athletes work hard in the off-season, and commit themselves to a total pursuit of excellence, usually good things happen - Not always, but usually. In the fall, jr. Holly VanGrinsven (Brentwood, TN) put up some impressive testing numbers. One particular test done in the fall is to see how far a sprinter can run in 55 seconds. HVG toured the UNM outdoor track farther than anyone in the past recent history had done, signifying a high level fitness. That has translated into good things already this indoor season as last week she set a new 60 meter Hurdle record, and run the anchor leg of a quick 4x400 Relay. Running the open 400 for the first time Holly got out slowly and at 200 meters got pushed and shoved and knocked off stride. Once she regained her composure she flew up the backstretch and ran hard to cross the line in 56.73, making her the #6 all-time at UNM. It further gets her to 8th on the MWC ranking list which is tightly bunched. From #2 to #8 on the conference list it is separated by only 7/10ths of a second.



## Lovett Sails Over Seven Feet in High Jump

**Sr. Django Lovett (Brookwood Secondary, Surrey, British Columbia, Canada) pictured on the left got back over the seven foot threshold as he placed second in the 19 athlete field. It took him two attempts at 6' 8 3/4" and then two attempts at 6' 10 3/4" before taking two attempts to clear 7' 1/2". He exited the competition at 7' 1 3/4". Hitting his seasonal-best was sr. Markus Miller (Alamagordo, NM) who cleared 1.99m or 6' 6 1/4". The guys currently rank #2 and #8 in the MWC.**



Junior Yannick Roggatz (MLK Gymnasium, Birkenau, Germany) has been used to being at the top of the conference Long Jump rankings, or near the very top. This season like every season athletes work on technical parameters with their coach attempting to refine and develop new skills. Sometimes those pursuits cause an athlete to take one step back before taking two steps forward. Sitting ranked around #6 in the conference Yannick came out and improved on his seasonal-best to move right back up to #2 in the conference. On his second attempt in the competition YR plunked down in the dirt at 23' 9 1/2" and now only ranks behind teammate Allan Hamilton on the conference chart.

**Brittany Myricks Comes Back Strong As Ever**



Last year at this time of the season senior Brittany Myricks (Ontario, CA) was ranked #3 in the MWC 200 meters with a 24.68 performance. This year BM has been dealing with a nagging hamstring strain and hadn't been able to race. Well she finally got unleashed and toed the starting line. After one revolution of the mondo track Brittany is back in the conference rankings with her 24.86 which is fast enough to rank #5. Welcome back!



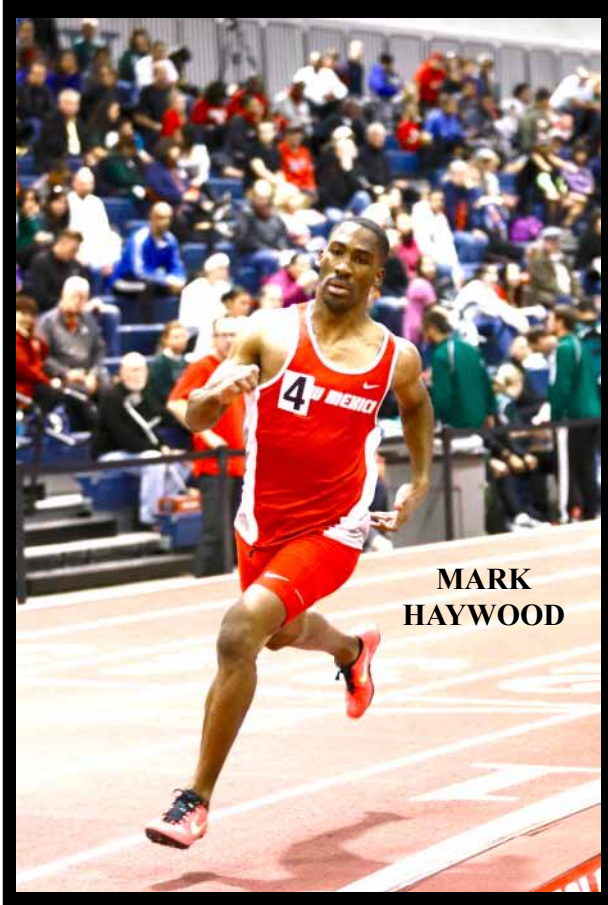
**Brittany Myricks**

**400 Runners Do Pretty Darn Well**

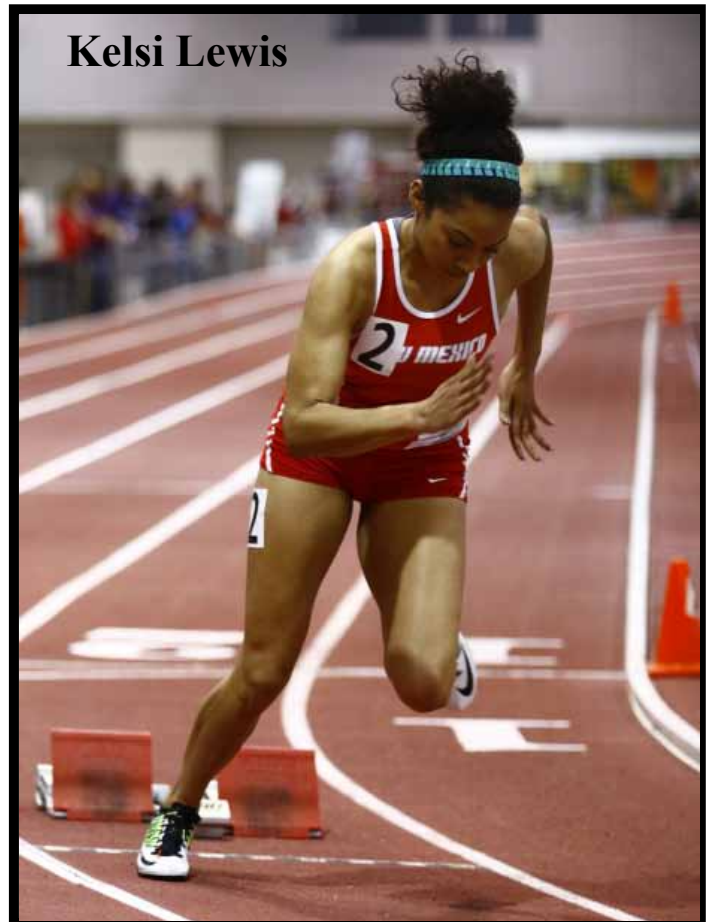


Thirteen quartermilers took to the starting line either on Friday or Saturday and after the dust settled ten of them had PR's, one was running for the first time so couldn't get a PR and the conference rankings were positively Lobo-affected. This type of group dynamics is exactly what training groups are supposed to aspire to do, and that is make everyone around them better! In the women's 400 meters junior Haley Sanner (Cajon HS, San Bernadino, CA) had certainly not been herself. Last years outdoor 400 runner-up had suffered a slight hip strain in the fall and missed almost

six weeks of training which had put her way behind in preparation. She had not been happy about her ability to compete, having struggles late in the race (as would be logical based on lost training time). Well, she had continued to work hard, do double workouts, and prepare for racing as hard as she could.....and the end result.....a new indoor PR of 56.83 and a move up to #9 in the conference.....and a move to #7 all-time at UNM. After Haley came a blanket of Lobos as only 32/100ths of a second separated four Cherry & Silver clad athletes. Sophomore Kelsi Lewis (Hobbs, NM) lowered her best to 58.01 with apartment mate and senior Ariel Burch (Montclair, CA) right behind in a PR of 58.10. Just 5/100ths behind was junior Faith Cobb (Miyamura, Gallup, NM) at at PR of 58.15 and then senior Lucretia Vigil (Rio Grande, ABQ, NM) just 18/100ths back from that at 58.33. The final female PR'er was junior Christina Clark (LaCueva, ABQ, NM) who clocked in at 60.45. Over on the guys side senior Chaz Lewis (Highlands, ABQ, NM) led



MARK  
HAYWOOD



Kelsi Lewis

the parade with his 48.50 effort although that was not his PR. Chaz ranks #4 in the conference. Then behind him froshie Mark Haywood (Alamagordo, NM) lowered his best to 48.77 which ranks him #5 in the conference. Then came sophomore Mustafa Mudada (Highlands, ABQ, NM) at 49.09 which ranks him #6 in the conference. Next in was junior Cheyne Dorsey (Cleveland, Rio Rancho, NM) who hit a PR of 49.46 which ranks him #9 in the conference. The final PR'er was soph Dominic Davis (West Mesa, ABQ, NM) who notched a new PR by 9/100ths of a second.

## Bajere Joins All Time Top Ten

Sprinters like junior Scott Bajere (Bristol, England) live in a world of milliseconds where small finite pieces of time matter. Trying to lower a 60 meter sprint time is not an easy thing to do since improving 1/10th of a second massive giv-

SCOTT  
BAJERE



en the totality of the event. Scott had gotten down to 6.97 at the New Mexico Team Invitational last week. In the pre-lims against a very strong field with the #12, #14, and #32 fastest sprinters in the NCAA in the house Scott clocked 6.97 to earn the last qualifying slot. In the final Scott maintained form well to lean into the line with a new PR clocking of 6.94 which gets him up to #10 all-time at New Mexico. It also gets him ranked at #7 in the Mountain West.



## *Pentathletes Have First Competition of the Season*

*The five event Pentathlon is not an easy event to find to compete in, so UNM decided to host their own and three Lobo athletes participated. Last seasons fourth place conference finisher Samantha Bowe (LaCueva, ABQ, NM) was in the field along with froshie Kyra Mohns (Eldorado, ABQ, NM) and junior Casey Dowling (Rockville, Maryland). The five events are the 60 Hurdles, High Jump, Shot Put, Long Jump, and 800 meter run. Sam, the second highest scoring Lobo of all-time (3911 points) was faced with a tough task against the 15th, 22nd, and 29th nationally ranked athletes. Sam mustered a fourth place finish behind these three powerhouse athletes with a total point value of 3658, which ranks her #2 on the Mountain West Conference list. Kyra, in her first Lobo combined event scored 3527 which placed fifth in the competition. That point total ranks her #4 in the MWC conference and also is #4 all-time at UNM. Also doing her first combined event was Casey, who totalled 3518 points. That is #5 in the Mountain West Conference and #5 all-time at UNM.*

**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## NEW MEXICO CLASSIC - FEBRUARY 6/7, 2015

### MEN

60	Scott Bajere 6.97@ 6.94 (7th) (10,x) PR	Nolan Paranto 7.84@	
200	Scott Bajere 22.23@	Cheyne Dorsey 22.33@	Mark Haywood 22.43@
	Isaac Gonzales (unattached) 22.82@ PR	Dominic Davis 23.79@	
400	Chaz Lewis (22.0) 48.61@	Mark Haywood (22.5) 48.77@ PR	
	Mustafa Mudada (22.5) 49.09@ PR	Cheyne Dorsey (23.6) 49.46@ PR	
	Isaac Gonzales (unattached) (22.5) 50.00@ PR	Dominic Davis (24.0) 52.27@ PR	
600	Adam Monroe (unattached) 1:22.67		
1mile	Taylor Potter (unattached) 4:21.55@		
400H	Mustafa Mudada 53.58 (1st)		
LongJ	Yannick Roggatz 23' 9 1/2" (5th)		
HighJ	Django Lovett 7 1/2" (2nd) (x, 5)	Markus Miller 6' 6 1/4"	
ShotP	Mike Budick (unattached) 47' 11" PR		
Weight	Mike Budick (unattached) 47' 10"		
Hept	Andris Sturans (unattached) 4473	Daniel Lam 3497	

### WOMEN

60	Erynn Caldwell 7.70@ (10,x) PR	Peri Moran 7.75@	
200	Brittney Myricks 24.86@	Haley Sanner 25.37@	Lucretia Vigil 25.59@ PR
	Kelsi Lewis 25.92@ PR	Ariel Burch 26.23@	Christina Clark 27.49@
400	Holly VanGrinsven (26.3) 56.73@ (6,x)	Haley Sanner (25.7) 56.83@ (7,x) PR	
	Kelsi Lewis (26.9) 58.01@ PR	Ariel Burch (26.7) 58.10@ PR	
	Faith Cobb (26.8) 58.15@ PR	Lucretia Vigil (26.6) 58.33@	
	Christina Clark (27.9) 60.45@ PR		
800	Zoe Howell (32-66-1:39) 2:12.03 (1st) (7,x)	Maya Hena 2:53.93@	
1mile	Adrianna Lopez 5:28.10@		
60H	Holly VanGrinsven 8.47 8.51 (7th)		
LongJ	Aasha Marler 20' 2 1/2" (4th) (x,2)	Yeshemabet Turner (unattached) 17' 10 3/4"	
TripleJ	Jannell Hadnot 41' 2 1/2" (5th)		
PoleV	Annie Stirling 12' 8"	Katherine Whiting 11' 8"	Anna Duvall 11' 2 1/4"
Weight	Amaris Blount 53' 2 1/4" PR		
Pent	Samantha Bowe 3658 points (9.07-5' 6"-37' 8 3/4"-18' 4 1/2"-2:39.74) (4th)		
	Kyra Mohns 3527 points (9.06-5' 3 3/4"-35' 10 1/2"-17' 0"-2:31.75) (5th) (4,x)		
	Casey Dowling 3518 points (8.95-5' 3 3/4"-31' 6 1/2"-19' 4"-2:44.78) (6th) (5,x)		





2015  
Indoor  
Track & Field



Don Kirby Elite

February 13-14, 2015

## Records Tumble, National Rankings improved, All Time Top Ten list changed.....What a Lobo Weekend.

Each year the final regular season meet on the schedule is the Don Kirby Elite Invitational. Over the last five seasons the Don Kirby has grown to be one of the three or four more important meets in the country. The meet comes at a time when teams are refining and tapering for conference championships, along with starting to focus more on NCAA qualifying performances. Everyone wants to run fast, jump far and high, and throw far so the Albuquerque Convention Center track which is considered to be one of the five fastest tracks in all the land becomes a central focus for the US track world. Athletes of all divisions (DI, DII, NAIA, NCAA Jr. College) want to get to the nationals and the red mondo surface is one way to do so. This year a record number of athletes attended (almost 900) and the competition was off the charts. It seemed like every event was followed by an announcement from the meet voice Don Steffens.....and that was the #1 performance in the country! In all there were 36 Top 25 Division I national marks set in the Kirby along with 25 Top Ten NCAA Junior College national marks. For the Cherry & Silver there were 13 changes to the All Time Top rankings along with five new UNM Indoor School records and one record tying performance. The Don Kirby IS special.



### Jones Gets the 2 for 1 Special.... Two Records in One Meet

Junior Ridge Jones (DeSoto, TX) had bests of 6.69 and 21.59 in the 60 meters and 200 meters entering the competition which ranked as the equal #1



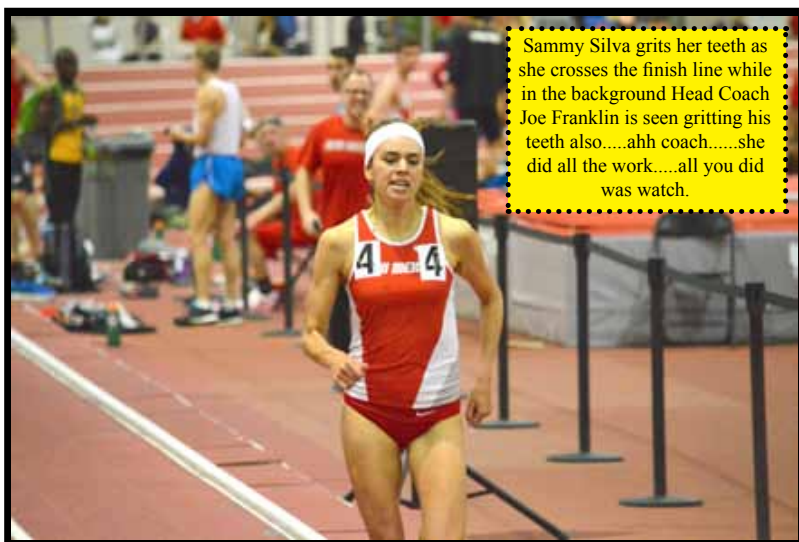
in school history (60) and #4 in school history (200). He exited the competition as #1 in both. On Friday night Ridge lined up for the 200 meters (pictured above) and finally ran relaxed and controlled which resulted in taking 1/100th of a second off the existing school record of 21.44, set by Larry Davis way back in 2001. The reason we say controlled is that on a banked indoor track a sprinter has to learn to relax around the turn and let the bank of the track slingshot him around, and then whip him into the straightaway. It is almost against what a sprinter is used to.....power everything. It is a classic study of centripetal force (from Latin centrum "center" and petere "to seek") which is a force that makes a body follow a curved path and its direction is always orthogonal to the velocity of the body and towards the fixed point of the instantaneous center of curvature of the path. Sprint coach Austin Brobst had been working with Ridge to power up the backstretch and then when he got to the banked turn to not rotate his shoulders and torso, but to keep running naturally and let the banked track "force" him around and push him out the other side. Ridge had had trouble (which most sprinters do) working against everything he has been taught about sprinting, since a power sprinter doesn't understand the word relax. It was a thing of beauty when RJ got to that turn and just glided around the bend and came down the homestretch like a house

afire and flashed across the white finish line in 21.43. That performance moves him up to #3 in the Mountain West Conference rankings. The next day, on Saturday Ridge lined up in the 60 meters prelim having to earn his way to the eight man final. In the second prelim he won it going away in a solid 6.82 seconds, which meant he had the fifth fastest time entering the final two hours later. In the final Ridge got out of the blocks extremely well and lifted and pushed with great efficiency in the middle of the race, which transitioned to a great finish. After he had crossed the finish line and turned to see the finish clock it read.....6.67.....and a new UNM indoor school record. That performance also vaults him up to #22 on the NCAA national ranking list. Currently 6.65 is 16th on the NCAA ranking list (the NCAA only takes 16 in each event) so Ridge has a few more hundredths of a second to get at the MWC Championship.



## LOVETT SAILS OVER CROSSBAR TO #7 RANKING IN NCAA

Sr. Django Lovett (Brookwood Secondary, Surrey, British Columbia) had cleared the seven foot threshold five times in his indoor Lobo career, four clearances at 7' 1/4" and then last years massive 7' 2 1/2" jump at the Mountain West Conference Championships which sealed a title for himself. At the Don Kirby meet opening up at 6' 8 1/4" DL easily cleared on his first attempt, then did the same at 6' 10 1/4" and 7' 1/4" inch. At 7' 1 3/4" Django ran into some trouble, and had to take all three attempts to clear. Now on to 7' 3" (2.21m) which most likely is the height necessary to qualify for the NCAA Indoor Championships in Fayetteville, Arkansas. On his first attempt the crossbar came down so he regrouped and as the picture shows focused well and boomed over 7' 3". That height ties the existing UNM school record which he will share with Ivan Hella who set the record in 1992. Now on to another title at the Mountain West Conference Championship.



Sammy Silva grits her teeth as she crosses the finish line while in the background Head Coach Joe Franklin is seen gritting his teeth also.....ahh coach.....she did all the work.....all you did was watch.

## Silva Takes Down 1 Mile Record

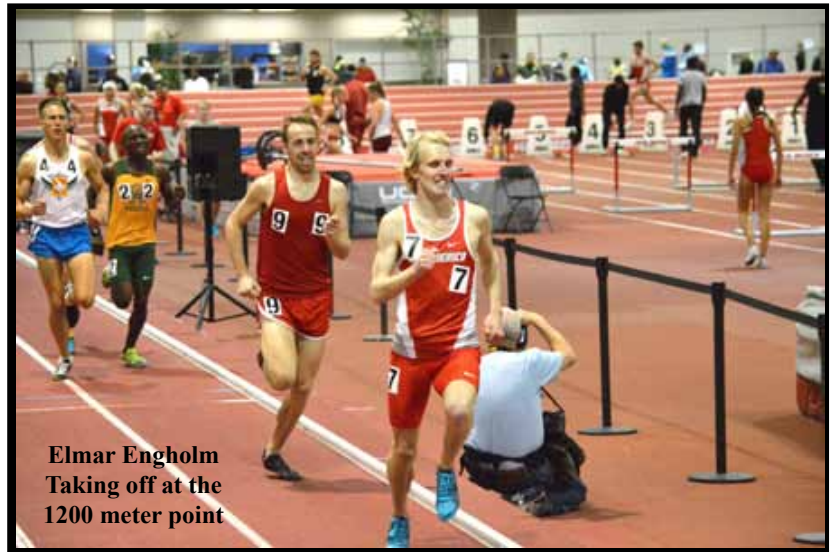
Sr. Sammy Silva (La Mesa, CA) had clicked off a 4:41.97 mile at the January 24th Lobo Collegiate Open which placed her at the top of the Mountain West Conference rankings, and got her on the national ranking, but was a time everyone knew wouldn't qualify to the NCAA Championships. Using her teammates to secure a strong early pace through 1200 meters SS then took over over the final 400 meters to record a sterling 4:33.48 effort, taking down Josephine Moultries 2013 school record of 4:36.59. The 4:33

moves her more than 12 seconds ahead of the second ranked conference athlete, who just happens to be sr. Tamara Armoush (Darbyshire, England) who clocked a nice PR of 4:45.69 which moves her to #6 all-time at UNM. On the national front Sammy now ranks #6 which is just about a guarantee to having a chance to run in hogland at the University of Arkansas. Jr. Sophie Connor (Hertfordshire, England) moved up from her normal 600-800 meter race range to record a nice 4:51.46 which gets her to #10 all-time at UNM, and #4 on the MWC ranking list.

## Engholm Goes Sub 4:00 for 1 Mile.....Again

One year ago at this same meet junior **Elmar Engholm (Stockholm, Sweden)** got plenty of help from teammates and clocked his first sub-4:00 mile as he finished in 3:58.90, a time that would get him to the NCAA Championships which was hosted by the University of New Mexico. One year later there were three Lobos enlisted to take him through about 2:00 for the 800 and about 3:02ish for the 1200 before letting him go. The pacesetting was solid and when Elmar got to the 1200 meter point he was prepared and focused. He flew around the track by himself never letting up the intensity to cross the finish line in a new PR of 3:57.95,

just missing out on the UNM school record of 3:57.62. And that school record is held by two-time NCAA Indoor mile champion Lee Emanuel so it is a representative time and indicates what might be able to be accomplished at the NCAA Championships. Elmar is the only current MWC athlete this season to run sub-4:00 and his time gets him all the way up to #11 on the NCAA rankings. Finishing third in the race was junior **Graham Thomas (Dulce, NM)** who finished in a PR of 4:04.86 a long way from the 4:23 mile PR he had in high school. GT is currently ranked #5 in the MWC.



Elmar Engholm  
Taking off at the  
1200 meter point



## Howell Fulfills Goal - Breaks 600 Meter Record

*Jr. Zoe Howell (Socorro, NM) is not one to make predictions about anything, and is generally an unassuming person who would never make a prediction. But two weeks ago after just missing the 600 record by 17/100ths of a second she felt that if given another chance she could break it. Not that she would but that she could. That feeling was based on some great training, high level fitness, and an increasing confidence level derived from that great training. Still it was a pretty bold thought process for ZH! In that race two weeks ago Zoe went out in 27.9 for the first 200 meters, and came through the 400 point in 58.9. It was thought she would have to come through this week in about 58.0*

*to grab the record. On this evening Zoe went out faster for the first 200 (26.9) given a professional athlete from Nike was in the field and trying to set an American best, so she dragged everyone with her. But during the second 200 meters the Nike athlete was far out in front of the collegiate athletes and inexplicably the pace slowed to a 59.5, which put a record attempt in serious jeopardy. But over the last 200 meters Zoe found another gear and drove hard all the way through the finish line. When the timing clock flashed up the results she was credited with a 1:32.90 beating the old school record by 16/100ths of a second.*

## Marler Breaks School Record in Long Jump.....Her Own Record

**Sr. Aasha Marler (Hope Christian, ABQ, NM)** established the indoor school record in 2014 when she jumped 20' 5". In a stellar field of athletes Aasha did not get off to a good start fouling her first two attempts. Only having one more shot to qualify for the finals she came down the runway and hit a 6.23m distance, which converts to 20' 5 1/4", a new record by 1/4". In the fourth round jump in the finals Aasha also nailed a 20' 3 1/2" distance which is the #3 longest leap in Lobo history. After the meet was done Aasha now owns the #1, #2, #3, #4, #6, #7 longest jumps in history. Of her four legal jumps in the Kirby meet she averaged 20' 1" and only one



**other athlete in the MWC has been over 20 feet even once this indoor season. On the NCAA ranking list Aasha currently sits at #17 nationally.**

## More Sand Stuff

Sophomore **Jannell Hadnot (Tokay, Lodi, CA)** came into the Don Kirby meet with a lifetime best of 42' 3 1/2" in the Triple Jump, done in February, 2014. This season she had a best of 41' 10" which ranked #2 in the conference. Jannell got right to work as on her first jump she spanned 40' 9 1/2", then 41' 1/2", before hitting the big one of the day, a 42' 3/4" distance. In the finals she matched that 42' 3/4" distance before ending with two fouls. Her best distance moves her up to #25 nationally. Also in the

Triple Jump Asha Marler came back to distance 41' 2 1/4" which is not her best of the season (41' 7 3/4") but shows the ability to come back one day after a strong Long Jump and hit a solid Triple Jump which is important as in the conference championship that is exactly what one has to do.

## EVEN MORE SAND STUFF

**Sr. Warrick Campbell (Highlands, ABQ, NM) just like Aasha in the Long Jump was faced with a stellar field in the Men's Triple Jump. Jumping against two post-collegiates and multiple excellent collegiates, the situation was ripe for good jumps. Warrick had a comfortable lead in the MWC rankings, but was trying to move up the national ranks. His seasonal best mark of 50' 6 3/4" left him way down the list outside of any possible qualifying contention. He wasted little time as on his very first foray down the mondo runway Warrick hopped, stepped, and jumped to a 15.59m seasonal best distance, which is 51' 1 3/4". On his next attempt he landed even further in the sand as he sailed to a 51' 5" distance (15.67m). That ended up being his best mark of the competition which placed him second by five inches to an Oregon Duck. On the national radar that performance moves Warrick up to #26 nationally, and only about eight inches out of 16th position. With the MWC Championship at home in two weeks, that meet will provide both the familiarity and excitement of the home crowd for WC. Currently Warrick has over two feet on the second best MWC athlete.**



Jannell Hadnot



Warrick Campbell



### Van Grinsven Hurdles to Two Quick Times

When you are the school recordholder it elevates your expectations, so even when you perform well there can be disappointment. Junior Holly VanGrinsven (Brentwood, TN) has been on a roll this indoor season establishing a new 60 meter Hurdle record of 8.37 and hurdling fast each and every week. The Don Kirby hurdle field was absolutely loaded, and to make the eight woman final when there were 45 athletes would be an accomplishment in and of itself. In the prelim Holly scorched the track to a 8.39 clocking, the second fastest time in school history. Then in the finals she duplicated that with another 8.39 which placed eighth overall. Holly now owns the #1, #2, #4, and #6 fastest times in Lobo history. She leads the MWC and ranks #32 nationally.



Annie Stirling



### Women's 4x400 Runs to #2 Time in Lobo History

The women's quartet of Haley Sanner (Cajon, San Bernadino, CA), Zoe Howell, Faith Cobb (Myimura, Gallup, NM), and Holly VanGrinsven were faced with this scenario, either run their fastest of the season, or be relegated to the slow section of the relay at the conference championship. They had to run in the 3:47 range to be safe, and had only managed 3:49.68. Haley got the party started when she split 57.1, her seasonal-best. HS handed off to Zoe, and still on a high from her school record the night before scorched the track to a 55.4 split, her lifetime best. Zoe came in a handed to Faith (pictured to the left) and Faith responded with her lifetime best of 57.1. Holly got the anchor duties and didn't waste any time flying around the track never letting up. When Holly crossed the line, her 55.0 lifetime best gave the group a 3:45.74 final time.....#3 in the conference -take some of THAT MWC. The time of 3:45.74 moves the group to #2 all-time at UNM behind the 3:44.05 by the 2012 squad.

### Stirling Ups Seasonal Best in Pole Vault.....and equals all-time best

Jr. Annie Stirling (Cimarron, NM), who was the MWC runner-up last year came into the competition with a lifetime indoor best of 13' 2 1/4" which ranks #3 all-time at UNM. And the best part is that she did it at the MWC Championships when it mattered most. This season she had gone 12' 8 1/4" but got into the groove at the Kirby meet. Opening up at 12' 2 1/2" AS easily cleared the bar. She then missed once at 12' 8 1/4" before making it on her second attempt. At 13' 2 1/4" she did the same, missing once before making it on her second attempt. At 13' 8 1/4" she wasn't able to navigate it, but had good attempts. Annie is currently tied for #2 in the MWC and is just outside the top 50 nationally.



*Junior Yannick Roggatz (Birkenbau, Germany) is shown straining to defy gravity in the Long Jump.*

*Yannick got off his seasonal best effort to solidify a #2 ranking in the Mountain West Conference. YR plunked down in the sand at 24' 4 1/4" which placed 6th in the competition. He is slowly inching toward his all-time indoor best of 24' 7 1/4".*

### **Zacharias & Castillo Run to PR's in 3000 Meters**

**Sr. Pat Zacharias (Academy, ABQ, NM) shown in red leading the race followed by sophomore Zach Castillo (Volcano Vista, ABQ, NM) both ran to new PR's. Pat, who entered the meet with a 8:15.27 ended up winning the race in 8:13.62 and looking comfortable in the process. Zach who entered the meet with a PR of 8:20.67 done just two weeks earlier was able to finish in 8:17.30 for second place.**



## **HUSKY REPORT**

Five members of the Lobo distance squad traveled to the infamous Husky Track Classic hosted by the University of Washington in Seattle. Hordes of distance runners from all over the country flock to the Dempsey Indoor facility each year to line up and do battle. In the men's 5000 meters Adam Bitchell (Aberystwyth, Wales) clocked a fine 13:50.05 which takes over the MWC leaderboard and gets him to #20 on the NCAA list. In the women's 5000 Alice Wright (Worcester, England) clocked 16:09.38 to move to #4 all-time at UNM and move to

#22 nationally and #2 in the MWC. Also in the 5000 soph. Heleene Tambet (Viljandi, Estonia) clocked 16:44.15 to move to #10 all-time at UNM. She sits at #5 in the MWC. In the 3000 meters Calli Thackery (Yorkshire, England) already had run 9:19.67 and been nationally ranked this season but she needed to run faster to have a solid chance of qualifying for the NCAA Championships. She more than did that as she toured the oversized oval to the tune of 9:07.31 the #9 time in the NCAA this season. Calli leads the Mountain West Conference by over 20 seconds and she checks in at #2 all-time at UNM. Woof, woof.



PERI MORAN

## Moving on Up

In order for the Lobos to have a chance to repeat as conference champions, everyone on the team must continually move up the MWC rankings, and place themselves into a position to score in the top eight. Two Lobo sprinters did just that. Sophomore Peri Moran (Flower Mound, TX) had not been running like her normal self, but she changed all that in one 60 meter stretch of Mondo blazing to equal her all-time PR of 7.63. That moves PM up to 9th on the conference ranking. Jr. Scott Bajere (Bristol, England) had slowly been inching up starting out with a 7.03, then a 6.97, then a 6.94, and finally a nice 6.88 which gets him up to 7th on the MWC chart. That performance also moves Scott up to #6 all-time indoors at UNM.



Mustafa



Cheyne



Chaz



Mark

## 4x400 Runs to #7 All Time

The men's 4x400 unit of soph Mustafa Mudada (Highlands, ABQ, NM), soph Cheyne Dorsey (Cleveland, Rio Rancho, NM), sr. Chaz Lewis (Highlands, ABQ, NM) and froshie Mark Haywood (Alamogordo, NM) combined for a 3:13.93 which is the 7th fastest in school history and the #2 performance in the MWC. After Mustafa's 48.3 opening leg, he handed off to Cheyne who PR'd with his solid 48.6 split. Still smarting from his previous night's race where he didn't run like he wanted, Chaz growled around the track to an all-time PR of 47.8. Mark finished the quartets work by clocking his seasonal-best 400 of 48.3.



SCOTT BAJERE



## PICTURE OF THE WEEK

New Mexico High School Hall of Fame Coach Gary Sanchez from Highlands High School right here in Albuquerque has coached many great athletes in his storied career. Three of his products are currently Lobos, Chaz Lewis, Mustafa Mudada, and Warrick Campbell.

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## DON KIRBY OPEN & ELITE - FEBRUARY 13/14, 2015

### MEN

60 Ridge Jones 6.82@ 6.67@ (2nd) (1,1) PR **NEW UNM INDOOR RECORD**  
 Scott Bajere 6.88@ (6,x) PR Carlos Wiggins 6.96@ =PR Andris Sturans (unattach) 7.30 Daniel Lam 7.46@

60H Yannick Roggatz 8.41@

200 Ridge Jones 21.43@ (6th) (1,1) PR **NEW UNM INDOOR RECORD**  
 Carlos Wiggins 21.91@ Mustafa Mudada 22.16@ Mark Haywood 22.48@  
 Isaac Gonzales (unattached) 22.82@ Dominic Davis 23.83@

400 Chaz Lewis (22.2) 48.77@ Cheyne Dorsey (22.7) 49.34@ PR Isaac Gonzales (unattach) 50.63@ Dominic Davis 52.15@ PR

800 Alex Herring (unattached) 1:53.88@ Adam Monroe (unattached) 1:54.29@ PR  
 Taylor Potter (unattached) 1:55.78@ PR Matt Bergin 1:59.17@ Tyler Valdez 1:59.82@

1mile Elmar Engholm 3:57.95@ (1st) (2,3) PR Graham Thomas 4:04.86@ (3rd) PR Ross Matheson 4:13.57@ PR

3000 Pat Zacharias 8:15.73@ (1st) PR Zach Castillo 8:17.30@ (2nd) PR

4x400 Mustafa Mudada(48.3),Cheyne Dorsey(48.6)PR,Chaz Lewis(47.8)PR, Mark Haywood(48.3)PR 3:13.93 (5th)(7,x)

HighJ Django Lovett 7' 3" (1st) (=1,=1) PR **EQUALS UNM INDOOR SCHOOL RECORD** Markus Miller 6' 4 1/4"

LongJ Allan Hamilton 24' 7 1/4" (5th) Yannick Roggatz 24' 4 1/4" (6th)

TripleJ Warrick Campbell 51' 5" (2nd)

PoleV Logan Pflibsen (unattached) 16' 10 3/4" Daniel Lam 15' 11" PR

ShotP Mike Budick (unattached) 49' 6 1/4" PR

### WOMEN

60 Peri Moran 7.63 =PR Aasha Marler 7.66@ Erynn Caldwell 7.77@

60H Holly VanGrinsven 8.39@ 8.39@ (8th) (2,2) Samantha Bowe 8.97@ Casey Dowling 9.03@ Kyra Mohns 9.10@

200 Brittany Myricks 24.97@ Peri Moran 25.83@ Erynn Caldwell 26.33@ Yeshemabet Turner (unattached) 26.69@

400 Haley Sanner (25.3) 57.56@ Kelsi Lewis (26.4) 57.68@ PR Faith Cobb (26.8) 57.84@ PR  
 Ariel Burch (26.2) 58.36@ Lucretia Vigil (27.0) 59.57@ Christina Clark (27.9) 60.17@

600 Zoe Howell (26.9-59.5) 1:32.90 (2nd) (1,1) PR **NEW UNM INDOOR RECORD** Haley Butler-Moore 1:40.62 PR

800 Nicola Hood 2:16.26@ PR Adrianna Lopez 2:26.39@

1mile Sammy Silva 4:33.48@ (1st) (1,1) PR **NEW UNM INDOOR RECORD** Tamara Armoush 4:45.69@ (2nd)(6,x) PR  
 Sophie Connor 4:51.46@ (3rd) (10,x) Nicola Hood 4:59.42@ PR

3000 Anna Burton 9:57.28@ (2nd) Kendall Kelly (unattached) 10:14.26@ Reiley Kelly (unattached) 10:19.83@

4x400 Haley Sanner (57.1), Zoe Howell (55.4)PR, Faith Cobb (57.1)PR, Holly VanGrinsven (55.0)PR 3:45.74@ (6th) (2,x)  
 Lucretia Vigil (59.5), Kelsi Lewis (56.6)PR, Ariel Burch (57.9), Christina Clark (59.2)PR 3:53.87@

HighJ Samantha Bowe 5' 4 1/2"

LongJ Aasha Marler 20' 5 1/4" (4th) (1,1) PR **NEW UNM INDOOR RECORD**  
 Samantha Bowe 18' 3 3/4" Yeshemabet Turner (unattached) 18' 2 1/2"

TripleJ Jannell Hadnot 42' 3/4" (3rd) Aasha Marler 41' 2 1/4" (6th)

PoleV Annie Stirling 13' 2 1/4" (6th) (3,4) =PR Katherine Whiting 12' 2 1/2" =PR Anna Duvall 11' 2 1/2"

Wt Amaris Blount (unattached) 48' 5 1/2"

## WASHINGTON HUSKY CLASSIC - FEBRUARY 13-14, 2015

### Women

3000 Calli Thackery 9:07.31 (4th) (2,2) PR

5000 Alice Wright 16:09.38 (4,5) Heleene Tabet 16:44.15 (10,x) Nicole Roberts 17:20.72

### Men

5000 Adam Bitchell 13:50.05



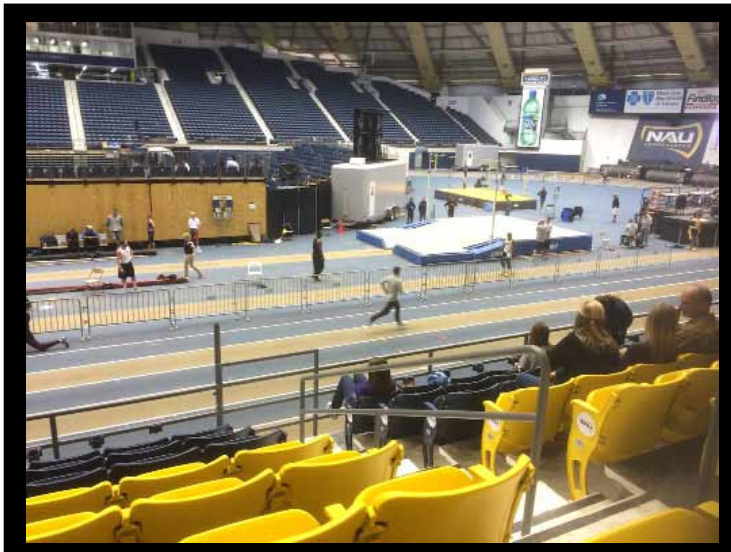


University of  
New Mexico

2015  
Indoor  
Track & Field



## Northern Arizona TuneUp February 20, 2015



*Northern Arizona University's Walkup Sky-Dome houses not only their 300 meter track, but serves as their football & basketball facility. Zac Castillo (far left), then Pat Zacharias & Adam Bitchell toe the starting line.*



### Bitchell's Brotherhood

There are countless wonderful metaphors for individuals who have bonded during trials, tribulations, crisis, challenges, and otherwise trying times. It is a unique characteristic of humans in that friendships and strong relationships are developed when there is a strong need for partnership. One always reads about how soldiers during war, who are stuck in the same foxhole, learn to trust and rely on their partner, and when they are done with their tour of duty remain close friends for life. The crisis they were involved in created a strong and irreplaceable bond, something that most could not understand. Sports metaphors abound, where linemen on NFL teams, who almost never get publicity, given they do the dirty work, toil and sweat and become lifelong buddies. After all, a center squats down next to a guard for years and years and fights and claws, and scratches their way to protect the quarterback. The tandem forms a strong and inflexible bond and many years after their playing days are done, they still have something special. Senior **Adam Bitchell (Aberystwyth, Wales)** was faced with somewhat of a conundrum as he had not been able to train properly during October, November, and December due to a leg injury. Even though he had spent hundred and hundred of hours pedaling away on a stationary bike to maintain some semblance of fitness, there is nothing to take the place of actual running. So even though he worked as hard as possible to minimize the detraining effect, the injury left him shy of full strength for longer distance competition. Adam's goal this indoor season was to qualify to the NCAA Championships in his specialty, the 5000 meters. Several weeks ago at the New Mexico Team Invitational he ran a 3000 meters in preparation of racing at Washington the following week in the 5000. At the UNM Team Invitational he clocked his fastest 3000 meters ever, a 7:59.53 which got him ranked in the Top 40 nationally, but nowhere near the top 16 which is required to get selected by the NCAA Committee. Traveling to Washington Adam ran a gutsy and tough race to record a very fine 13:50.05, which got him up to #20 nationally, but probably a time that won't get selected. Essentially the lost three months of running just left him slightly short in his fitness level, and not at a point where he can go that 1-2% extra which is necessary to qualify for NCAA's. So back to Adams conundrum. He was faced with a dilemma during the final weekend of regular season racing before the Mountain



West Conference - how do I get to run a faster time? Doing it at the MWC Championship was not an option since the focus of the conference meet is on team success and not individual accolades and almost everyone on the team doubles, and triples to score as many points as possible. It just isn't a situation where time is a factor.....placing high is the sole focus. Northern Arizona University over in Flagstaff, Arizona had a similar issue with their All American cross country runner, Futsam Zienasellassie. He had also gone to Washington and hoped to qualify in the 5000 just like Adam, but he finished behind AB at that race, so he would not get selected to the NCAA meet. There was no fast 5000 meter race scheduled anywhere in the country for the guys to race at. So the coaches at both UNM and NAU created a special invitational 3000 meter race where NAU would enlist one of their former 4:00 milers and UNM would get sophomore **Zach Castillo (Volcano Vista, ABQ, NM)** and senior **Pat Zacharias (Academy, ABQ, NM)** to lead the two guys through fast early splits, and then at some point get out of the way and let the two national caliber athletes duke it out to the finish line. This was unconventional, but just about the only way to give Adam and Futsam a shot at NCAA's. For Pat & Zac their job was simply to sacrifice themselves to help their teammate and friend qualify for the NCAA's. They wouldn't finish the race, they wouldn't be listed in the final results, and almost no one would know what they did.....but the coaches and Adam would know, and they would know. Distance runners spend an inordinate amount of time together as they traverse



*Pat, Adam, and Zac*

**BROTHERHOOD**

maybe 100 miles per week together. Out of necessity they become partners to help each other with the drudgery and loneliness of their chosen discipline. To run the required time of at least 8:15 on the NAU 300 meter oval would take a 49.5 per lap (one lap = 300 meters) average for the ten laps. Once the race was done the NCAA would altitude convert the performance given NAU is at 7000 feet above sea level, which makes distance running much more challenging with the scarcity of oxygen. An 8:15 would get Adam and Futsam into the top 15 nationally as that would convert to about 7:54. The plan was for NAU's former 4:00 miler to lead for the first 1200 meters, then get out of the way for Zac, who would take the group through at least 1600 meters or about 1 mile (1 mile = 1609.35 meters). Then Zac would get out of the way and Pat would try to get Adam through 2200 meters before moving out of the way, and letting AB finish as hard as he could. Right off the bat the pacesetter from NAU started having issues. He ran the first lap in 50.9 with Zac right behind and then Pat, Futsam, and Adam behind in a row. Everyone thought it was just the first lap and the pacesetter was getting used to his assigned tempo. But on the second lap he followed up with a 50.0. The NAU coach started yelling at him to increase the tempo which he did on the third tour of the oval, clocking 49.2. Still after only three laps the guys were 1.6 too slow to the average pace they needed. **Warning!!!** Then the leader slowed even further to a 51.0 and followed with a 52.0.....all of a sudden there was great concern and he got out of the way and off the track. Zac then took over and tried to increase the tempo to make up for what just happened, because at 1500 meters into the race the guys were already down 5.6 seconds to where they needed to be, and it is not easy to make up time as the race goes on. They came through the 1500 meters about 4:13 and had been instructed by the NAU coach they needed to get to the 1 mile point in 4:24 and the official read out.....4:29.9.....Yikes. Zac put his head down and started driving hard, doing his best to further increase the tempo. He was able to drop the time to 50.4 and then exit the track to the outside. Pat, clearly knowing the splits were off was fully aware of the issue so he turned up the tempo and came roaring around the track in a 49.5 with Adam in his slipstream. But even with that better lap time Adam was still down 6.5 seconds to where he needed to be and there was only 900 meters left. Pat then turned up the tempo another notch and came flying down the homestretch getting Adam to a 47.7 lap and only 4.7 seconds down. At that point with 600 meters remaining Pat stopped his leading man duties and left it to Adam. Adam was able to run with Futsam for a 48.2 which meant with one lap remaining he was 3.4 seconds off. As Adam hit the finish line for his final tour of the oval he exploded and took off, leaving Futsam in his wake. He flew up the backstretch and was pumping his arms furiously. He came around the final bend and had his eyes fixated on the finish line. He never let up and burst across the finish line with a final lap of 44.7 and an 8:13.80 time. That time when converted by the NCAA gave him a 7:53.27 and a #10 national ranking. It moves him up to the #3 fastest Lobo ever and gives him a fighting chance to be accepted into the NCAA Championships. After the race Adam could not stop thanking the two guys for their unselfish sacrifice, and if Adam gets accepted to the NCAA's two people will be cheering him on..... Pat and Zac. And we are quite sure that as Adam walks to the starting line he will know in his heart that two of his teammates gave their best for him, and he will carry that Lobo pride throughout the race. And we are quite sure that the experience these three men went through will be a lifelong bond for them.

## WOMEN'S DISTANCE MEDLEY RELAY BLOWS UP SCHOOL RECORD



After the four regular season meets were done Coach Franklin decided to put together a Distance Medley Relay (1200-400-800-1600) to try to qualify for the NCAA Championships. On paper the quartet of [Calli Thackery](#) (Yorkshire, England), [Holly VanGrinsven](#) (Brentwood, TN), [Sophie Connor](#) (Hertfordshire, England), and [Sammy Silva](#) (La Mesa, CA) should easily qualify based on their four individual accomplishments. But writing something on paper and running on a Mondo track are very different and just because coaches think something can occur, does not mean that it will occur. The foursome traveled to South Bend, Indiana where the University of Notre Dame annually puts on the Alex Wilson Invitational, and almost anyone who has a solid foursome comes to try to race fast enough for NCAA consideration. Over the last ten years about 70% of all Distance Medley



Relay teams that have been selected for the NCAA Championship have achieved their qualifying performance at Notre Dame. Notre Dame has a huge oversized track around their indoor football facility and the competition is always strong. Essentially almost every coach in the country knows that if he/she wants to qualify a DMR then Notre Dame is the place to attend. Plus, at the Alex Wilson Invitational the DMR is the only event athletes are doing, so there can be a total and complete focus on just one thing. When all the dust settled after the race four of the top ten times in the country, and nine of the top twenty times came from the Notre Dame track facility. The eleven teams that toed the starting line along with the Lobos (Baylor, Clemson, Harvard, Michigan, Notre Dame, Northern Iowa, North Dakota State, Oklahoma State, Purdue, Vanderbilt) were clearly some of the best middle distance and distance programs in the country. Of the athletes running in the DMRs 16 top 20 individual NCAA ranking performances came from those individuals. So lots of talent was on the starting line. At the gun the athletes took off and the pace was intense and hard. Leadoff runner Calli Thackery did her best to maintain contact with the athletes in the group as everyone in the field was more of a miler and she is more distance based. Her opening split of 3:26.2 kept them in contact with the pack, but near the end. Holly took the baton and didn't delay trying to catch anyone in front of her. She ran a PR of 54.8 and was able to pass one additional athlete. Sophie was instructed to get out fast

*and see if she could attach herself to the small group in front and she did a good job of that. She immediately caught one runner, and then set her sights on the 2-3 teams slightly in front. She did a great job of pulling in the main pack and her 2:06.6 split was just what the quartet needed. Baylor had sprinted out to a huge lead over everyone else, but the next group slowed slightly as they were packed together, more concerned with each other than with the runners behind them. Thankfully that gave Sammy a chance to run hard from the onset and get at the back of the group and stay attached and regroup. With 2 laps left (about 600 meters) Michigan, Notre Dame, and the Lobos were neck and neck and fighting to pull away. As the trio came down the homestretch preparing for their final lap Sammy started to apply pressure, and as they went up the backstretch for the final time SS put in a hard surge that gave her daylight between the Fighting Irish runner and the Wolverine. Sammy was able to cross the finish line in second place overall with a fine split of 4:34.5 for the 1600 meter leg. After the race was completed the 11:01.44 Lobo clocking stood as the #3 time in the all the land, and the #2 time ever in the Mountain West Conference. Only BYU's superlative quartet from 2009 when they ran 10:56.73 at the NCAA Championships at Texas A&M is faster. In that race BYU finished third to Tennessee's world record of 10:50.98.*

*Following the Distance Medley Relay sophomore Alice Wright (Worcester, England) took aim at running a fast 3000 meters. She clocked 9:26.42 finishing third overall, but second collegiately. That time moves her all the way up to #4 all-time as a Lobo and gets her a #22 national ranking.*

**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD) (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## **NORTHERN ARIZONA TUNE-UP, FRIDAY, FEBRUARY 20, 2015**

### **MEN**

3000 Adam Bitchell 7:53.27@ (1st) (3,3)

## **ALEX WILSON INVITATIONAL AT NOTRE DAME, FEBRUARY 21, 2015**

### **WOMEN**

3000 Alice Wright 9:26.42 (4,6)

DMR Calli Thackery (3:28.0), Holly VanGrinsven (54.8), Sophie Connor (2:08.1)  
Sammy Silva (4:30.2) 11:01.44 (2nd) (1,1) **NEW UNM SCHOOL RECORD**

# END OF REGULAR SEASON NCAA NATIONAL RANKINGS FOR LOBOS

<b>60M</b>	<b>RIDGE JONES</b>	<b>6.65</b>	<b>#23</b>
<b>60HURDLES</b>	<b>HOLLY VANGRINSVEN</b>	<b>8.37</b>	<b>#36</b>
<b>1MILE</b>	<b>ELMAR ENGHOLM</b>	<b>3:57.95</b>	<b>#11</b>
	<b>SAMMY SILVA</b>	<b>4:33.48</b>	<b>#6</b>
<b>3000</b>	<b>ADAM BITCHELL</b>	<b>7:53.27</b>	<b>#10</b>
	<b>CALLI THACKERY</b>	<b>9:07.31</b>	<b>#11</b>
<b>5000</b>	<b>ADAM BITCHELL</b>	<b>13:50.05</b>	<b>#20</b>
	<b>ALICE WRIGHT</b>	<b>16:08.38</b>	<b>#22</b>
<b>DISTANCE MEDLEY RELAY</b>		<b>11:01.44</b>	<b>#3</b>
<b>HIGH JUMP</b>	<b>DJANGO LOVETT</b>	<b>7' 3"</b>	<b>#7</b>
<b>LONG JUMP</b>	<b>ALLAN HAMILTON</b>	<b>25' 2 3/4"</b>	<b>#12</b>
	<b>YANNICK ROGGATZ</b>	<b>24' 4 1/4"</b>	<b>#50</b>
	<b>AASHA MARLER</b>	<b>20' 5 1/4"</b>	<b>#18</b>
<b>TRIPLE JUMP</b>	<b>WARRICK CAMPBELL</b>	<b>51' 5"</b>	<b>#29</b>
	<b>JANNELL HADNOT</b>	<b>42' 3/4"</b>	<b>#25</b>
	<b>AASHA MARLER</b>	<b>41' 7 3/4"</b>	<b>#39</b>



University of  
New Mexico

2015  
Indoor  
Track & Field



Mountain West Championship February 26-28, 2015

**FINAL MEN TEAM SCORE**

1. NEW MEXICO	160
2. Colorado State	140
3. Air Force	118
4. Utah State	111
5. Wyoming	70
6. Boise State	57



**FINAL WOMEN TEAM SCORES**

1. NEW MEXICO	149
2. Colorado State	96
3. San Diego State	81.5
4. UNLV	78
5. Wyoming	52
6. Utah State	45
7. Boise State	40.5
8. Fresno State	35.5
9. Nevada	34.5
10. Air Force	33
11. San Jose State	17



## Lobos Earn Two More Conference Titles

In 2012 and 2013 the women's team lost the conference title by 25 points, and 20 points respectively. Then last year in 2014 the ladies got on a roll and dominated the meet, racking up enough points to win going away by 64 points. This year there was much more concern since Colorado State had some really talented new athletes, and we knew they were very hungry for a victory. But the coaching staff felt comfortable in that if everyone did their job, there were no disasters (false starts, fouls, DQ's), the end result would produce a victory, although certainly a victory by 53 points was not thought about.

In 2012 the men's team came up 15 point short of victory, then in 2013 and 2014 won by 40 points and 33 points respectively. Those were comfortable victories although with each event producing 39 points for the eight places (10-8-6-5-4-3-2-1) one bad event can change everything. Regardless, our men's team did enough to earn two nice conference titles in a row. This year if one just went off the final regular season rankings, and scored the meet out Colorado State had somewhere in the 25-30 point cushion. They had lots of talented bodies, and were strong across the board. To earn a victory the Lobo coaching staff had to do some real game planning, and come up with solutions to CSU's talented group. Within each conference championship there are many crucial decisions to be made, which athletes to double, which athletes to triple, which athletes to keep fresh for one event, which events to maybe not focus on so much since the energy expended to score a few points can be better utilized somewhere else. Strategy plays an important role in how a championship meet turns out, and the 2015 title is an affirmation that the Lobos made some wise and calculated decisions, which in the end played out to the Cherry & Silver's favor.

There were many great stories lines within the championship. Maybe none more compelling than what senior Adam Bitchell did, or maybe a better way of stating that would be what he was asked to do. The always formidable men's middle distance/distance

group with lots of talent and depth was a little depleted this indoor season so Coach Franklin turned to Adam to see if he would be able to run within a 24 hour window, the 5000, the mile, and then the 3000. That is a very difficult thing to do, especially given the talent pool he would have to face in each race. Colorado State would line up fresh athletes to push the pace and make things difficult. Originally when presented the idea Adam thought Coach Franklin crazy. But after a brief reflection he did what he always has done - do whatever it takes to help the Lobos be success. While Adams events will be discussed later in the newsletter this is how it played out from a team standpoint. Most people just look at the points an athlete scores, but the real equation is to look at not just how many points they score, but how many points they displace others. Adam ran the 5000 and won in a tough race. He earned 10 points for that victory BUT he pushed Colorado State's two athlete down one place and that was worth a 2 point extra swing. So just in the 5000 meters Adam was actually worth 12 points. Then the next day in the mile Adam finished 3rd which earned 6 points, but again he pushed Colorado State's athletes down so that netted another 2 points. So the mile was worth 8 points. Then finally in his last home race he came from behind to outlean a Colorado State runner for the victory and earned 10 points. But he pushed Colorado State down to where they scored 5 points less so the 3000 meters was worth 15 points. So when you add all that up, Adam's three races accounted for 35 points, points that UNM got, and points that Colorado State lost. This is the type of sacrifice that great team athletes make, and is an exemplar for all Lobo track athletes. So lets get to the action!

## DAY ONE - THURSDAY

The only events contested on Thursday are the women's five event Pentathlon (60H, HJ, SP, LJ, 800), and the first day of the men's seven event Heptathlon (60, LJ, SP, HJ, 60H, PV, 1000). In the women's competition sr/jr Samantha Bowe (La Cueva, ABQ, NM) had finished fourth last year and third as a froshie after redshirting her sophomore season but was up against NCAA national qualifier Chari Hawkins from Utah State. Sam had two nice PR's within the five events as she ran a very nice 60 Hurdle race to lower her all-time best to 8.64 which makes her the #5 fastest in Lobo history. Then later on in the day she hit a great 19' 4 3/4" long jump which is a huge PR, and that moves her up to #8 all-time at UNM. When the day was completed Sam totaled 3884 points good enough for eight points and second place. Her 3911 points from last years MWC Championship makes her the #2 all-time at UNM, and this years score is the 7th best of anyone in Lobo history. Froshie Kyra Mohns (Eldorado, ABQ, NM) was competing in her first conference championship. She took things in stride and put together a nice overall day to finish 5th with a 3681 score. Kyra PR'd in the 60H which moves her to #9 all-time at UNM and also PR'd in the High Jump and 800 meters. Kyra's point total will move her to #4 all-time at UNM. In Day one of the Men's Heptathlon froshie Daniel Lam (Amsterdam, Netherlands) who had done one indoor Heptathlon way back in 2012 where he scored 4695 points put on a good show. Of the four events contested Daniel PR'd in each of them and showed excellent consistency between events. Classmate Andris Sturans (Chantilly, VA) who had planned on redshirting this indoor season was called into action to see if somehow he could finish in the scoring column. Andris put together two PR's on Day one.



Samantha Bowe on her way to a new all-time PR in Long Jump

## DAY TWO - FRIDAY

The first event up on Friday is the completion of the Men's Heptathlon and Daniel picked up right where he left off Thursday by nailing two more PR's. Especially pleasing was his Pole Vault PR which he improved to 16' 2 3/4". Once the 1000 meters was done Daniel totalled 5240 points which placed fourth overall. That point score moves DL up to #3 all-time at UNM. Further, on the NCAA national ranking system Daniel is now the 8th best freshmen in all Division I. For Andris he was sitting in 12th place going into the 1000 meters and his goal was quite simple - run as hard as possible, score as many points in the event as possible, and maybe, just maybe I can catch some of those guys in front of me. And that is exactly what happened as he ran a sterling 2:42.88 earning 842 points and vaulting him all the way up to 8th place moving ahead of a Colorado State athlete by nine points. Andris scored 4700 points which gets him on the all-time UNM list at #8. Great focus.



DANIEL LAM

Friday is comprised of mostly prelims which are of paramount importance since if an athlete doesn't qualify for Saturdays final they don't score any points. Prelims were held in the 60, 60H, 200, 400, 800, and women's 1 Mile, plus finals in the Men's & Women's Long Jump, the Women's Pole Vault, the Men's & Women's 5000, and the Men's & Women's Distance Medley Relay.

## HAMILTON & ROGGATZ DO WHAT THEY NEED TO DO IN MEN'S LONG JUMP

In the Men's Long Jump things went exactly as planned as junior Allan Hamilton (Edinburgh, Scotland) ranked #15 in the NCAA got off a second round jump of 24' 11 3/4" to seal the victory early on. Junior Yannick Roggatz (Birkenbau, Germany) ranked #2 in the conference landed in the sand at 24' 1/4" to solidify that second place. They were the only two athletes in the competition who sailed over the 24' bar-



Junior Allan Hamilton comes down in the sand with a victory

rier and were the only two athletes during the regular season who surpassed 24' so the Men's LJ went according to the rankings.

### WOMEN'S LONG JUMP.....oooops.

Just as like Allan, senior Aasha Marler (Hope Christian, ABQ, NM) had been at the top of the MWC rankings all season long, and was ranked in the top 30 nationally. She was on her home runway with a large contingent of family and friends on hand. One would assume that would result in a great competition and ten points for the victory.....nope. AM uncharacteristically three fouled in the prelims and didn't make the final. Whoaaa! Samantha Bowe coming back after her finish in the Pentathlon recouped some of the lost points as she sailed 19' 3 1/2" to get sixth place and three points. But later in the newsletter it ends with a nice comeback by Aasha so stay tuned for more action.

## VAN GRINSVEN & ROGGATZ MOVE THROUGH TO THE FINALS IN 60 HURDLES

Juniors Holly Van Grinsven (Brentwood, TN) and Yannick Roggatz were seeded #1 and #7 in their respective races. First up was Holly who left little doubt she meant business as she screamed to a fast-est-ever clocking of 8.29 which breaks her own UNM school record. She was smooth, aggressive, and technically very, very good in the race and it portended great things the next day. For Yannick he was not as solid to make the finals but he came up with an all-time PR of 8.30 which made him the sixth fastest going into finals. That performance also moved him up to #4 all-time at UNM.



## Short & Long Sprint Report

In the men's 60 meter prelim jr. Ridge Jones (DeSoto, TX), and classmates Carlos Wiggins (West, Plano, TX), Allan Hamilton, and Scott Bajere (Bristol, England) had to work hard to make it out of the round. How hard? Ridge ran the 5th fastest Lobo time ever (6.71) while the other three lads all had to PR to make it through. Carlos came up with a huge PR as he clocked 6.83, while Allan sprinted to a 6.84 PR, and Scott a 6.85 PR. Coming back in the 200 Ridge and Carlos were able to make it through to the eight man final with Carlos's PR of 21.55 and Ridges 21.74. In the 400 both senior Chaz Lewis (Highlands, ABQ, NM) and froshie Mark Haywood (Alamogordo, NM) had to PR to make it through to the final race. Chaz lowered his best to 48.12 (#6 all-time) while Mark finished in 48.58 (#9 all-time). On the ladies side Holly VanGrinsven set a new 400 PR of 54.36 (#3 all-time) to lead all runners into the final while last years eighth place finisher Haley Sanner (Cajon, San Bernadino, CA) hit an all-time PR of 56.60 and #6 all-time Lobo ranking, but couldn't get into the final. That is how much better the conference is getting each year.

## There IS strength in Numbers

Part of the strategic planning for a conference meet is reviewing conference rankings and then deciding where to put athletes. When looking at the MWC rankings the four athletes who ended up comprising the Distance Medley Relay - Nicola Hood (Dumfries, Scotland), Kelsi Lewis (Hobbs, NM), Emily Hosker-Thornhill (Cantebury, England), and Nicole Roberts (Northhamptonshire, England) did not predict to score many points on an individual basis as only Nicole was ranked in the top eight. But together they formed a quartet that Coach Franklin believed could score 10 points with a victory. Nicola led off with her 1200 meter leg and handed off in first place with a 3:38.3 split. Kelsi, running with new-found confidence toured the 400 meter leg in a nice solid 56.3 PR. UNM still led and Emily, who has been on the comeback trail after an injury surprized everyone with her fine 2:12.5 split. Nicole taking the baton in first place never let that slip away as she toured her eight laps and 1600 meters in 5:01.1. The relays total time of 11:37.86 moves them to the #3 fastest all-time at UNM. But more importantly it earned the ten points which was crucial at that juncture of the meet.





## 50 Laps of Fun



The men's & women's 5000 meters brought 50 laps of racing to close the Friday night section of the individual events. Racing in the women's side of things were Calli Thackery (Yorkshire, England) and Alice Wright (Worcester, England) and the plan was to kill two birds with one stone so to speak, win the race, and run fast. Earlier in the season Alice had clocked a 16:09.38 up at Washington which got her on the NCAA ranking list, but not quite high enough to get her to NCAA's. So Calli shown above agreed to go out hard and keep a strong, driving, hard pace for as long as she could to give Alice some help in running to a faster time. Calli did a great job of that before letting go of the pace, and allowing Alice to take over and crush the

field on her own. Alice ran a solo 16:05.62 winning by 25 seconds and moved up the NCAA ranking to #23. Calli, who paid dearly for the hard early pace did manage to hang for fourth place at 16:42.71 (a PR) and the #10 fastest in Lobo history. On the men's side the tandem of Adam Bitchell (Aberystwyth, Wales) and Pat Zacharias (Academy, ABQ, NM) were ready to take on the very strong field of runners. In the early parts of the race Adam was content to sit in the back of the lead pack, while

Pat was more toward the front of the six to eight man front grouping. That stayed that way for at least 2/3rds of the race until a slow, gradual increase in tempo happened. Pat, always knowing where he was made sure that Adam was in tow, and after the 2 mile point the front group got whittled down to five guys. With a couple of laps to go Adam exerted his force and got to the front of the pack to make sure he did not get interfered with when he started his final stretch run. Pat, would not let go of the group since he knew that if the guys got away from him over the final few laps he could not catch them. He was running with guys that had much better leg speed as all three guys had run near 4:00 for the mile. Once Adam went there was little doubt that no one was going to pass him, and he flashed across the finish line in 14:07.16. Pat, crossed in 14:09.97, a new PR.

### MIDDLE DISTANCE SUMMARY - FRIDAY

There weren't enough men to have a prelim in the mile so the three races with Lobos competing were the women's 1 mile and both 800's. In the women's 1 mile all three Lobos made it through easily as Sammy Silva (La Mesa, CA) at 4:50.71, Sophie Connor (Hertfordshire, England) at 4:54.89, and Tamara Armoush (Derbyshire, England) at 4:55.05 took 1st-2nd-4th overall. The trio came back later in the day to run 800 meters and got the same result qualifying everyone to the final with Sophie having the fastest time overall of 2:09.83. In the men's 800 senior Alex Herring (Academy, ABQ, NM) the 2013 MWC 800 champion was competing for the Lobos for the first time in 2015 after a long layoff. He didn't seem to miss a beat as in the prelim he led most of the way and finished with the second fastest overall time of 1:50.31. Also making it through the rounds was Elmar Engholm who grabbed the eighth and final position with his 1:51.50.

Junior Annie Stirling (Cimarron, NM) on her way to a 5th place finish in the Pole Vault which earned her a valuable 4 points for the team.



**SCORING SUMMARY AFTER FRIDAY:** So at the end of Day two (Friday) the scoring summary was on the women's side: New Mexico 45, Colorado State 44, and San Diego State 31. As far as getting qualifiers through to Saturday's finals UNM had eight athletes make it through Friday's prelims while Colorado State had seven, and SDSU had eight. For the men the scoring on Friday ended up with Colorado State at 65, UNM 45, and Air Force 29. But UNM got eleven athletes through the qualifying rounds while Colorado State had two, and Air Force two. Even though the Lobos were trailing, they set up Saturday well.

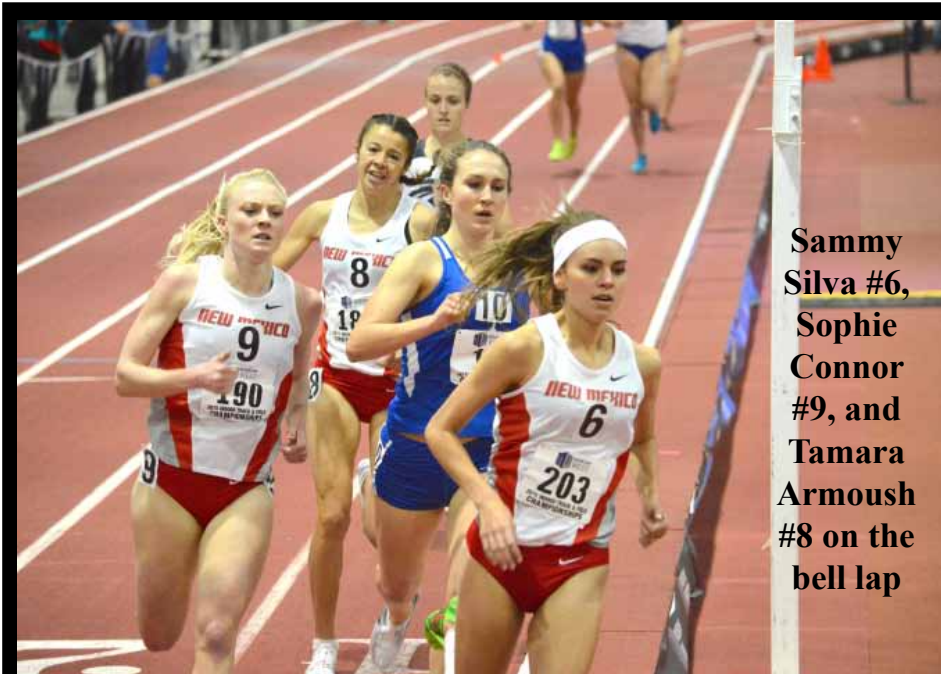
## SATURDAY - THE FINALS



### MEN'S HIGH JUMP - LOVETT, ROGGATZ, MILLER COMBINE FOR 15 POINTS.....wait.....Roggatz???????

Seniors Django Lovett (Brookwood Secondary, Surrey, British Columbia, Canada) and Markus Miller (Alamogordo, NM) certainly were names other conference High Jumpers were familiar with as they both had scored in the conference the last two years.....but that Long Jumper/Hurdler guy Yannick Roggatz.....what the heck was he doing in the field? About two weeks before the MWC meet Yannick approached his coach, Austin Brobst asking what he could do to help score more points. Given Yannick had high jumped back in his native Germany he at least had some experience with the event. But the only time he had done the event in the last three years was in April, 2013 at the Air Force triangular meet when he did it to earn points for the team clearing 6' 2 3/4". But with a small field of 14 athletes in 2015, maybe he could somehow squeeze out a point. Django, the two time defending champion, and #11th ranked athlete in the NCAA took one jump at 6' 8 3/4", clearing it easily, then passed to 6' 11" where he took two attempts to clear then moved to 7' 1/4" and cleared on his first attempt. Nursing a sore foot he made sure the Air Force jumper went out before calling it a day and earning his third MWC Championship title. Markus meanwhile cleared 6' 6 3/4" to grab eighth place and the one point that comes with that. But back to Yannick. He opened up at 6' 3/4" and made it on his first attempt. He then went to 6' 2 3/4" and took two attempts to clear.....good, but not in scoring position. He then moved to 6' 4 3/4", and nailed it on his first attempt. This energized the Lobo crowd and they started hooting and howling. Then with the bar at 2.00m (6' 6 1/4") he approached and was up.....and OVER! The crowd went nuts and now the adrenaline was flowing as YR was fist-pumping and jumping around. This clearance guaranteed at least one point! At 6' 8 3/4" Yannick seemed out of gas as he missed badly on his first two attempts. Then on his third attempt.....magic.....he had a smooth approach, stuck his plant step, stayed back away from the bar, and as the picture above shows just freaking smashed the height. He jumped off the pit and was shouting and yelling and the Lobo faithful were going nuts in the stands. Chants like....."you the man", and "you rock" poured out onto the track. Well, at 6' 9 3/4" the adrenaline rush had started to dissipate and everyone thought he was done. He missed his first two attempts and there was no thought of him clearing since he had gone waaaaaay beyond what anyone thought. Then on his third and final attempt at 6' 9 3/4" he replicated his third attempt at 6' 8 3/4" and just crushed the plant step and flew over the bar. It resembled a New Orleans Marti Gras party.....hooting and howling.....those four points were sure fun.

Scoring summary.....after one field event was completed on Saturday the men narrowed the gap to Colorado State 73-60 while the women fell behind Colorado State 59-45 based on CSU's fine Shot Put crew.



**Sammy Silva #6, Sophie Connor #9, and Tamara Armoush #8 on the bell lap**



**Elmar at the finish line with Adam #1 and Ross #5 behind**

#### NEXT UP.....1 MILE

The women's mile started out with an easy, comfortable pace throughout maybe the first 800, then an Air Force runner quickly picked up the tempo and started to string the field out. Once the AF athlete picked up the pace Sammy Silva immediately got right behind her, while it took a moment for Sophie Connor and Tamara Armoush to respond. The Air Force runner hearing the announcer say that there were three Lobos right off her right shoulder threw in another surge and tried to drop the Cherry & Silver athletes.....no way. Approaching the bell lap Sammy put in a quick surge to pass the Falcon on the homestretch and then picked up the pace again. Sophie and Tamara were now in full flight and chasing like crazy. Up the backstretch the AF runner tried to reel Sammy in, but she was not having any of it maintaining a strong pace. Down the homestretch to the finish line Sammy controlled the race. SS finished in 4:43.90, the 10th fastest performance in Lobo history. Coming in third and fourth were Sophie and Tamara who clocked 4:46.27 and 4:46.67. For Sophie that moves her to #7 all-time at UNM. AFTER THAT 21 POINT EFFORT THE LOBO WOMEN RETOOK THE LEAD FROM COLORADO STATE 66-59. The men's mile field had only enough athletes to run a final so the 11 men toed the starting line ready for some serious racing. Junior Elmar Engholm (Stockholm, Sweden) had the fastest time in the field as he ranked #12 in the NCAA. He wanted an honest race so that it didn't come down to a kick at the end so he went right to the front of the pack and had Ross Matheson right off his shoulder. Adam Bitchell was running fourth and Graham Thomas (Dulce,

NM) was back in seventh. The first 400 went in 66 and then the 800 was in 2:11. After the 800 Elmar started a slow increase in tempo between the 1000 and 1200 where the pace would go from 32 per lap to 30 per lap. Suddenly going up the backstretch Ross took the lead and looked very powerful. The night before in the DMR he had not looked good and this seemed a different guy. With 400 meters to go Ross threw the gauntlet down and drove hard with Elmar always in tow. Adam, who had just played it safe still trying to recover from last night's 5000 meter got right behind Elmar. And then Graham taking his cue from Adam slid up to fifth, right off Adams shoulder. Coming down the homestretch to the bell lap Elmar increased his own pace and passed Ross but the Lobos were 1-2-3 at this point. At the bell Elmar just scorched the track and built up a 10 meter lead with Ross now in full stride with Adam hanging on to Ross. At the

## 60 HURDLES

Junior Holly VanGrinsven had been looking forward to this day as she had planned all season-long for it. Running out of lane four HVG had had the fastest qualifying race and had her next fastest competitor from SDSU out of lane five. Settling into the starting blocks she smoothly rose to the set position but at the gun instead of taking a straight push directly out the front, took a very small slight outward step with her right foot. This is the fun part of running 60 meters, any little microscopic issue affects an athlete. By the first hurdle

Holly was almost two meters behind but she quickly got back into her rhythm. At this point it was only a matter of could she catch up within the 60 meter distance. Over hurdle three the picture to the right shows the SDSU athlete's lead leg coming down while Holly's was still in the transition phase downward. But coming off the hurdle Holly made a mad rush at the Aztec. Over hurdle four and five Holly was absolutely flying and as they raced to the finish line there was a tremendous lean by both athletes. With the human eye it was too close to call.....and then the videoboard shows SDSU at 8.23 and Holly at an all-time PR of 8.26. While not happy with the end result both ladies moved into the top 25 nationally with those quick marks. TEAM POINTS 8 AND UNM NOW HAD 74 TO CSU 60. To the mens hurdles. Yannick Rogatz had made the final but after high jumping 14 attempts just before had dead legs and was only able to finish 8th place. Still one point is one point and now the men's team scoring was UNM 89 CSU 82.



## 400 METERS

Only 20 minutes after finishing the 60 Hurdles Holly Van-Grinsven was scheduled to run the 400 final, where she had the top time going into the final. Still smarting from the 60H she had to control that urge to go out and pound the tempo from the beginning. Running out of lane five at the gun she appeared to have a momentary fatigue factor hit her (which would be understandable) and as the runners got to the cut-in point at 150 meters she was third. At the tape with one lap to go she remained third, but started to look "refreshed". Going up the backstretch she suddenly came to life and there was a noticeable and powerful push forward. At 300 meters into the race the runner from Fresno State who was in second moved out slightly into lane two, and Holly took a huge risk and went straight ahead in lane one getting right behind the lead runner from UNLV. But Holly was completely boxed in with a runner in front of her

and a runner to her right. And then going into the banked turn Holly thought she had a moment of daylight ahead of her and decided to go for it. But on a banked turn it forces everyone down into lane one, and all of sudden there was contact among the UNLV athlete, Holly, and the Fresno State athlete. In fact, the UNLV athlete used her left arm to push Holly over the curb and into the skirting which surrounds the inside of the curb. Somehow Holly kept her balance and then the SDSU runner behind her gave her a hard push in the back which almost sent her sprawling. Coming off the turn Holly was in second but using her great fitness and strength just zoomed down the homestretch pulling away from the rest of the group. After two hours of protests the MWC Games Committee decided that the contact came from everyone and the results would stand. Whew! SCORE: UNM 84, CSU 60, SDSU 55.....breathing room.

MEN'S 400: With two finalists and CSU with none this gave the Lobos some room to extend the lead. Running in the same section Chaz Lewis and Mark Haywood finished sixth and eighth which gave the Lobos 3 points. Chaz clocked 48.56 while Mark finished in 49.01.

**MARLER MAKES**



**INTO**



**CAMPBELL BRINGS HOME THE**



TRIPLE JUMP: While most spectators were watching the events on the track a very important event for the Lobos was taking place in the sand pit. In both the men's and women's Triple Jumps UNM had athletes that could greatly help the teams chances of winning the conference title, especially on the men's side which remained close. On Friday in the Long Jump senior Aasha Marler had basically not done what she wanted to do and felt she let the team down. So in life everyone is faced with choices.....do I let what happened yesterday negatively impact me today, or do I forget about what

happened yesterday and try to make today a great day. Clearly, Aasha focused on the second half of that equation. Sophomore Jannell Hadnot (Tokay, Lodi, CA) and Aasha were seeded 2nd and 3rd in the Triple Jump and senior Yeshemabet Turner (Pecos, NM) was unseeded even though she had placed fifth, fourth, and fifth in her previous three conference meets. Shema was coming off knee surgery and had been cleared only a few weeks ago. Wanting to contribute to the Lobos chances she decided to give her best for the team. In the preliminary round of three jumps Aasha got her longest on her first attempt when she went 41' 4 1/2", just slightly shy of her all-time PR of 41' 7 3/4". Jannell made sure she got off a good one as on her first attempt she hopped, stepped, and jumped to a 41' 8 3/4" distance which led throughout the first three rounds. Shema, after a foul, came back with a 39' 11 1/4" which was fifth going into finals. In the finals nothing changed as Jannell could not extend her best distance and that held true for Yeshemabet. So here is the scenario. With all jumpers except three having finished their six jumps Aasha stood third in the competition behind Jannell who was leading and Utah State's regular season leader Sam Nielson who had distanced 41' 5". Composing herself for her final jump of her indoor collegiate career Aasha came down the runway with purpose and abandon and hit the board perfectly, held her second phase well, and plunked down in the sand at 42' 1 12/", the best jump of her life.....and the winning jump in the competition. That distance moves AM all the way up to #4 all-time at UNM and into the 30 nationally. What an ending!!! Aasha first, Jannell second, Shema fifth.....total points 22.....TEAM SCORE NOW UNM 106, CSU 83

**MEN'S TRIPLE JUMP**

Senior Warrick Campbell (Highlands, ABQ, NM) had been the conference leader all season long and ranked #35 nationally. Coming into the championship Warrick held over a two foot advantage to the second place athlete. When someone is the favorite it is critical to go out, diffuse any potential energy from the field, and put ones stamp on the event. After a first round foul Warrick did just that hitting the sand at 50' 5 1/2" much farther than anyone else in the conference had done. Also competing in the Triple Jump was Allan Hamilton. While over in Scotland Allan had dabbled in the Triple Jump but it wasn't his primary two events. In fact over the last three years he had only done it five times with his best coming at the University of Dublin International when he leaped 49' 1 1/2". Allan had trouble on the board and had four fouls among his six attempts. But on the fourth round he did get off a 49' 1/4" distance which tied him for second place. But when the competition was done Allan was given third due to the other athlete having a better second attempt. But back to Warrick. On his fifth round attempt he came down and hit a 51' 5" distance to just put an exclamation point on the competition. After winning the title in 2014 WC got to finish his collegiate indoor career with another title. **TEAM SCORE:** New Mexico 105, Colorado State 97, Air Force 86.....getting tighter. With only six events left (60, 200, 800, Shot Put, 3000, 4x400 Relay) it was a great competition.



**AASHA MARLER**



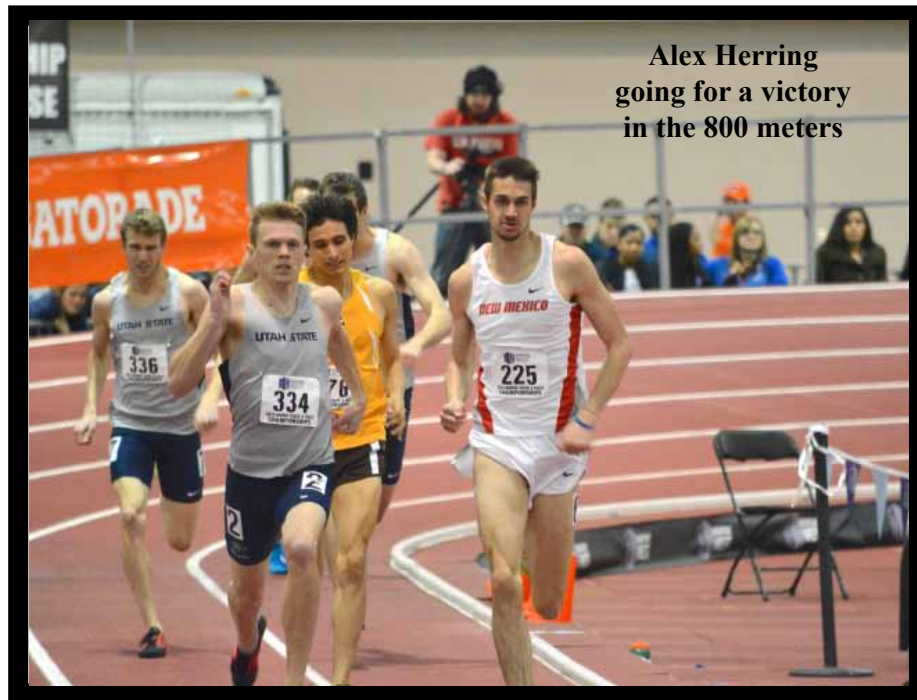
**Warrick Campbell**



**RIDGE JONES SPRINTING TO A TITLE**

**Jones & Company Get Job Done in 60** With three Utah State Aggies, four New Mexico Lobos and one CSU Ram this had the potential for a big swing in points for UNM. Ridge Jones had a great start which he needed since the USU guys also had a great start. Halfway down the track it was a pick-em as the athletes were in a line across the sprint straight. About 50 meters in Ridge got a little extra lift and pulled away for the victory in a PR and new UNM indoor record of 6.62. That time also moves him into serious consideration for NCAA selection. Allan Hamilton also PR'd with his fifth place 6.80 (#4 all-time), Scott Bajere placed sixth with a PR of 6.82 (#5 all-time) and Carlos Wiggins took home eighth with his PR of 6.82 (#5 all-time). The 16 points earned by the guys gave a little more breathing room from Colorado State as they only scored 6. Team score UNM 121, CSU 103, AF 86.

Alex Herring  
going for a victory  
in the 800 meters



## Jones & Wiggins Finish Up Their Sprint Day

Ridge Jones and Carlos Wiggins were the only Lobos to make the 200 meter final and they ran to 6th (Ridge) and 7th (Carlos) place finishes in 21.45 and 21.55 respectively. For Ridge that 21.45 is the third fastest performance all-time at UNM after his school record of 21.43 and a 21.44 by Larry Davis in 2001. Carlos, who clocked 21.55 in the prelim matched that with another 21.55 which makes him the #4 fastest performer ever and the 21.55 is the #5 fastest performance all-time. The guys earned 5 team points.

### 800 Meters800 Meters800 Meters800 Meters800 Meters800 Meters800 Meters

In the women's 800 meters the trio of Sammy Silva, Sophie Connor, and Tamara Armoush were coming back from their excellent finish in the 1 Mile. A sophomore from UNLV decided to push the pace from the gun and she spurted out to a 30 second first 200 and a 63 second halfway split. Sammy, Sophie, and Tamara were content to stay near the back of the pack during the early going and it wasn't until the runners approached the 600 meter point that the three Lobos exerted their will on the race. Going up the backstretch of the final lap Sophie and Sammy were nipping at the lead while Tamara was getting around people in front of her so she would have clean running. Around the final turn Sammy got off the shoulder of the UNLV Running Rebel and added one more gear and pulled away down the straight. SS crossed the finish line in 2:10.79 while Tamara got up for a second place and new PR of 2:11.41 which moves her to #7 all-time at UNM. Sophie held on for the third place with her 2:11.73. In the men's 800 the Lobos just needed points plain and simple. Thankfully Colorado State had not qualified anyone for the final so our two finalists, Alex Herring and Elmar Engholm would help. Senior Briton Page from Utah State took the guys out through a 27.3 first 200 meters and Alex was happy to just stay near the back with Elmar and bide his time. Page continued to lead through the 400 (55.4) with Alex at 56.2 and Elmar at 56.5. The third lap to the 600 started to take shape of what the runners wanted to do. Coming down the homestretch to the 600 meter split Alex picked up the tempo in his arm swing and glided right up to the front of the race. When he crossed the 600 meter split he was at 1:23.5 and around the bend he started all out sprinting. The yearly leader from Utah State, froshie Clay Lambourne reacted and sped up to catch Alex. Up the backstretch they were both in full stride and at 700 meters the Aggie finally got off the shoulder of Alex. Around the final turn they were both working hard to maintain their stride pattern and fight off fatigue. The difference down the homestretch was the USU's runners 47 second 400 speed which Alex just doesn't possess right now. Regardless, the second place finish in 1:50.68 and Elmar's 7th place finish were huge for the team. That extended the lead over Colorado State to 32 points.

### SCORING SUMMARY WITH THREE

**EVENTS LEFT:** The Lobo women had started to pull away having a 35 point advantage over Colorado State (127 - 92) with San Diego State now out of it with 78 points. For the men, Colorado State and their superlative throwing group had scored 21 points in the Shot Put and pulled back up to the Lobos by only 16 points.

## The 3000 Meters

On the women's side by the time the meet got down to two events to go (3000 and 4x400 Relay) the meet was already decided. Certainly that was a nice position to be in. But Alice Wright and Calli Thackery are tough, dedicated runners who don't care about anything other than giving their best each and every time they step on a track. So even though the meet was decided they could have cared less. Alice ran to a second place finish of 9:28.47 while Calli was right behind in third place with a 9:33.51. Coming in 7th with a new PR was Heleene Tabet (Viljandi, Estonia) who clocked 9:41.98. The men's race was much more interesting only because of the team dynamics and score. New Mexico held a 32 point advantage over Colorado State with only two events remaining. But they had prepared for the 3000 and four solid guys in the race. Conceivably if they went 1-2-3-4 and their 4x400 Relay team took second place (8 points) and the New Mexico relay team false started or got DQ'd or something strange happened then Colorado State would win by five points. So when there is a need who do the Lobos call.....the tandem of Adam Bitchell and Pat Zacharias. Even though Adams parents had come all the way from Wales to see him compete he certainly was tired, and how he would do up in the air. From the onset the Colorado State boys took it out most likely trying to hurt Adam and Pat as much as possible and suck the life out of their legs. Five minutes into the eight minute race CSU was 1-2-3 with Adam run-



ning 4th and Pat 7th behind two Boise State Broncos. Clearly, the Rams plan was working to perfection. By six minutes into the race one of the CSU guys couldn't maintain the tempo and dropped off leaving Adam in third with the two BSU guys on his tail, then Pat still in 7th. Two minutes to go and lots to be decided. At seven minutes Jefferson Abbey CSU's fine sophomore sensed that he needed to go and threw in a hard surge and gapped the field establishing maybe a 20 meter lead over Adam, who had moved into second. Pat was in danger of losing contact with the group and would have to fight hard to get through this point of the race. And he did just that as at about 7:30 into the race just putting his head down and driving forward as hard as he could. Within a 50 meter distance he cut the lead of the person in front of him in half. Adam had decided with 300 meters to go that he needed to just pull Abbey in a little so he jacked up the tempo and got within about five meters of him. At the bell lap Adam was on the prowl and Abbey knew it. Up the backstretch for the final time Adam could not put a dent in that five meter lead until with just 100 meters to go he sensed time to pull it all out. Around the bend for the final turn he prepared for the final 70 meters of his career and he pumped his arms furiously and got up alongside Abbey on the final homestretch. It was just two fine runners going stride for stride trying to get to the finish line first. The above photo will tell everything about the final results as Adam outleaped the Ram by just .08. Adams finishing time of 7:58.95 is the seventh fastest time ever at UNM. Pat leaving nothing out on the mondo crossed in 4th place in a new all-time PR of 8:05.94. **TEAM STANDINGS: AS THEY SAY IN TENNIS..... GAME, SET, AND MATCH.**

## 4x400 Relays Run for Lobo Pride and School Records

By the last event of the 2015 championship both meets had already been decided so there wasn't much from a points standpoint for the eight members of the relays teams to run for.....well then you don't know the Lobo long sprinters. They wanted to end the meet with an exclamation point and do their part to make the championship special. The men's quartet of Cheyne Dorsey, Chaz Lewis, Mark Haywood, and Mustafa Mudada (Highlands, ABQ, NM) had already put up the 7th fastest time in school history when they went 3:13.93 at the Don Kirby Elite. How about another top 10 performance? When the race was over the men finished 4th in 3:14.60 which will rank them as the 10th fastest group in school history. Both Chaz Lewis at 47.6 and Mark Haywood at 48.3 PR'd in the process of the race. Now on to the ladies race. The female quartet of Haley Sanner, Zoe Howell, Faith Cobb (Miyamura, Gallup, NM), and Holly VanGrinsven like the men had already run the third fastest time in school history



when they went 3:45.74 at the Don Kirby Elite. They were very motivated to see if they could take a crack at the school record which was 3:44.05 from the 2012 team of Tawsha Brazley, Rachel Kelchner, Mickey Brown, and Shirley Pitts. Running in the fastest of the two section final Haley got the group off to a rousing start as she toured her two laps in a quick 55.7. This surely is the fastest relay split Haley has ever done since she has run 55.5 but that was running on the second or third leg which allows for a full running start, instead of coming out of the starting blocks. Haley handed off to Zoe who had never run faster than 55.7 which she did in 2014. Well, that now is history as she clocked a nice 55.4 leg. Handing off to Faith the ladies had a good start on the

school record and Faith did not disappoint sprinting her two laps in an all-time PR of 56.4. Only Holly was left to finish off the effort and she crushed a PR of 54.8 in the process. The quartets final place was third and their time was 3:43.45 easily taking down the old record. Well done by both groups.



To win a championship takes hard work from many and most often it goes on behind the scenes. Lobo Track & Field would like to say a big THANK YOU to our incredible team managers Mike Warren, Shay Adefeso, and Austin Alexander. You three have set the bar incredibly high when it comes to work ethic, professionalism, and just fun dudes to be around. You guys rock and the Lobo team is lucky to have you around.

Head Coach Joe Franklin picks up his fourth & fifth Mountain West Conference Coach of the Year award. He won it in 2014 for the women and in 2013 and 2014 for the men.



**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD) (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## MOUNTAIN WEST CONFERENCE CHAMPIONSHIP, FEBRUARY 26-28, 2015

### MEN

60	Ridge Jones 6.71@ (x,5) 6.62@ (1st) (1,1) PR	<b>NEW INDOOR UNM RECORD</b>	Allan Hamilton 6.84@ PR 6.80@ PR (6th)(4,x)
	Scott Bajere 6.85@ PR 6.82@ PR (7th) (5,x)	Carlos Wiggins 6.83@ PR 6.82@ (8th) (5,x) PR	
60H	Yannick Roggatz 8.30 PR (4,x) 10.69 (8th)		
200	Ridge Jones 21.74@ 21.45@ (6th) (x,3)	Carlos Wiggins 21.55@ PR (5,5) 21.55 (7th)	Scott Bajere 22.03@ PR
	Dominic Davis 23.62@		
400	Chaz Lewis (22.2) 48.12@ PR (6,x) (21.8) 48.56@ (6th)	Mark Haywood (22.9) 48.58@ PR (9,x) (22.1) 49.01@ (8th)	Dominic Davis(23.2)51.89@ PR
800	Alex Herring 1:50.31@ 1:50.68@ (2nd)	Elmar Engholm 1:51.50@ 2:02.08@ (7th)	Graham Thomas 1:53.04@ PR
1Mile	Elmar Engholm 4:04.68@ (1st)	Ross Matheson 4:05.07@ (2nd) PR	Adam Bitchell 4:05.17@ (3rd) PR
3000	Adam Bitchell 7:58.95@ (1st)(x,7)	Pat Zacharias 8:05.94@ (4th) PR	Zac Castillo 8:30.39@
	Julian Florez 8:39.30@	Graham Thomas 8:58.09@	Matt Bergin 8:37.83@
5000	Adam Bitchell 14:07.16@ (1st)	Pat Zacharias 14:09.97@ (4th) PR	Zac Castillo 14:43.49@
4x400	Cheyne Dorsey (48.4), Chaz Lewis (47.6)PR, Mark Haywood (48.3) PR, Mustafa Mudada (49.5)		Julian Florez 15:12.31@
DMR	Chris Graham 1200m - 3:06.8; 400m - Cheyne Dorsey 48.3PR; 800m - Adam Monroe - 1:54.6; Ross Matheson 1600m - 4:16.1		9:57.06@ (3rd) (10,x)
LongJ	Allan Hamilton 24' 11 3/4" (1st)	Yannick Roggatz 24' 1/4" (2nd)	Warrick Campbell 21' 11"
TripleJ	Warrick Campbell 51' 5" (1st)	Allan Hamilton 49' 1/4" (3rd)	
HighJ	Django Lovett 7' 1/4" (1st)	Yannick Roggatz 6' 9 3/4" (5th)	Markus Miller 6' 6 3/4" (8th)
PoleV	Daniel Lam NM		
HEPT	Daniel Lam 60 - 7.39 PR	LJ - 22' 7 3/4" PR	SP - 41' 3" PR
	60H - 8.89@ PR	PV - 16' 2 3/4" PR	HJ - 6' 3/4" PR
	Andris Sturans 60 - 7.28@	LJ - 20' 3"	1000 - 2:55.02
	60H - 9.20@ PR	PV - 13' 7 1/4"	5240 points (4th) (3,x)
			SP - 29' 10 1/4"PR
			HJ - 5' 11 1/2" PR
			1000 - 2:42.88 PR
			4700 points (8th) (8,x)

### WOMEN

60	Aasha Marler 7.66@	Peri Moran 7.68@	Eryn Caldwell 7.71@	Brittany Myricks 7.79@ PR
60H	Holly VanGrinsven 8.29@ PR (x,2) 8.26@ (2nd) (1,1) PR		<b>NEW UNM INDOOR SCHOOL RECORD</b>	
200	Brittany Myricks 24.66@ PR	Peri Moran 25.48@ PR	Erynn Caldwell 25.52@ PR	
400	Holly VanGrinsven 54.36@ PR (3,5) 54.80@ (1st) (x,8)		Haley Sanner 56.60@ PR (6,x)	Ariel Burch 58.35@ Lucretia Vigil 60.51@
800	Sammy Silva 2:10.78@ 2:10.79@ (1st)	Tamara Armoush 2:11.45@ PR 2:11.41@ (3rd) (7,x) PR		
	Sophie Connor 2:08.93@ (x,9) 2:11.73@ (4th)	Zoe Howell 2:13.43@		
1Mile	Sammy Silva 4:50.71@ 4:43.90@ (1st) (x,10)	Sophie Connor 4:54.89@ 4:46.27@ (3rd) (7,x) PR	Tamara Armoush 44:55.05@ 4:46.67@ (4th)	
3000	Alice Wright 9:28.47@ (2nd)	Calli Thackery 9:33.51@ (3rd)	Heleene Tabet 9:41.98@ (7th) PR	
	Nicole Roberts 9:51.85@	Anna Burton 10:04.45@	Nicola Hood 10:05.14@ PR	
5000	Alice Wright 16:05.62@ (1st) (4,4) PR	Calli Thackery 16:42.71@ (4th) (10,x) PR	Heleene Tabet 17:12.25@ (8th)	
4x400	Haley Sanner (55.7); Zoe Howell (55.4) PR; Faith Cobb (56.5) PR; Holly VanGrinsven (54.8) PR		3:43.45@ (3rd) (1,1) <b>NEW UNM INDOOR RECORD</b>	
DMR	Nicola Hood 1200m - 3:38.3; Kelsi Lewis 400m - 56.3PR; Emily Hosker-Thornhill 800 - 2:12.5; Nicole Roberts 1600 - 5:01.1		11:37.86@ (1st) (x,3)	
LongJ	Samantha Bowe 19' 3 1/2" (6th)	Yeshemabet Turner 18' 1"	Jannell Hadnot 18' 1/2"	Aasha Marler NM Casey Dowling NM
TripleJ	Aasha Marler 42' 1 1/2" (1st) PR (4,8)	Jannel Hadnot 41' 8 3/4" (2nd)		Yeshemabet Turner 39' 11 1/4" (5th)
HighJ	Samantha Bowe 5' 5"	Kyra Mohns 5' 3"		
PoleV	Annie Stirling 12' 8 3/4" (5th)	Katherine Whiting 11' 10 1/2"		
PENT	Samantha Bowe 60H - 8.64@ PR (5,x)	HJ - 5' 5 1/4"	SP - 38' 2 1/4"	LJ - 19' 4 3/4"PR (8,x) 800 - 2:35.26 3884 pts. (2nd)
	Kyra Mohns 60H - 9.06@ PR (9,x)	HJ - 5' 5 1/4"PR	SP - 35' 1 1/4"	LJ - 17' 7 1/2" 800 - 2:26.72 PR 3681 pts (5th) PR (4,x)
	Casey Dowling 60H - 8.99@	HJ - 5' 4 1/4"	SP - 27' 11 1/2"	LJ - 18' 8" 800 - 2:40.79 3440 pts

# END OF REGULAR SEASON NCAA NATIONAL RANKINGS FOR LOBOS

THERE ARE 335 DIVISION I TRACK & FIELD PROGRAMS IN THE NCAA AND TO RANK IN THE TOP 40 OF ANY EVENT IS A REAL ACCOMPLISHMENT. WE CONGRATULATE THESE ATHLETES FOR ACHIEVING THAT HIGH LEVEL.

60M	RIDGE JONES	6.62	#17
60HURDLES	HOLLY VANGRINSVEN	8.26	#24
1MILE	ELMAR ENGHOLM	3:57.95	#12
	SAMMY SILVA	4:33.48	#8
3000	ADAM BITCHELL	7:53.27	#16
	CALLI THACKERY	9:07.31	#14
5000	ADAM BITCHELL	13:50.05	#21
	ALICE WRIGHT	16:05.62	#23
DISTANCE MEDLEY RELAY		11:01.44	#4
HIGH JUMP	DJANGO LOVETT	7' 3"	#11
LONG JUMP	ALLAN HAMILTON	25' 2 3/4"	#15
	AASHA MARLER	20' 5 1/4"	#24
TRIPLE JUMP	WARRICK CAMPBELL	51' 5"	#35
	JANNELL HADNOT	42' 3/4"	#31
	AASHA MARLER	42' 1 1/2"	#28
PENTATHLON	SAMANTHA BOWE	3884 POINTS	#36



University of  
New Mexico

2015  
Indoor  
Track & Field



## NCAA Indoor Championship March 13-14, 2015

Fayetteville, Arkansas - For the 12th time the NCAA Division I Track & Field Indoor Championships was hosted by the University of Arkansas. The Randal Tyson Track & Field Center houses a 200 meter Mondo oval just like the one New Mexico uses inside the Convention Center. There are only 11 banked tracks in the United States, so athletes are treated to excellent racing conditions when they get an opportunity to compete on one. The eleven Lobo athletes making the trek to Fayetteville represented eight different event specialties, and it certainly is an honor to qualify for the NCAA Championships. Outside of the Olympics Games, the US Olympic Trials, and maybe about 6-8 other meets around the world the NCAA Championships is the most elite of the elite. Sometimes those in the track community wonder if non-track people can appreciate how hard it is just to qualify for the NCAA Indoor meet given the NCAA only accepts 16 athletes in each event? With 335 Division I institutions sponsoring indoor track & field there are lots of great athletes competing for those precious slots. Lets take a couple of examples what is meant by elite. On May 6, 1954 at Iffley Road Track in Oxford, England Roger Bannister became the first person to ever run sub 4:00 for the mile (3:59.4). It is probably one of the most iconic of athletic achievements, and even to this day running under 4:00 for the mile is renowned world wide for being special. In the approximately 61 years since Dr. Bannister ran the first sub-4:00 mile only 1325 athletes have ever accomplished that feat. So even to this day running under 4:00 for the mile is a world-wide event. Just to qualify for the 2015 NCAA Indoor Championships a miler had to run 3:58.54 or faster to get into the meet. So even though anyone who runs a 3:58.54 mile can go just about anywhere in the world and race it is only what is needed to qualify for the NCAA. On the women's side the 400 meters is simply insane as far as talent. How talented are the ladies in that event? If one took the four fastest entrants (51.37, 51.46, 51.72, 51.81) and totalled up their four performances for a 4x400 Relay they would get a time fastest enough to have placed 7th in the 2012 London Olympic Games in the 4x400 Relay! The depth and breadth of talent in the NCAA is just remarkable and our eleven athletes should hold their heads high for their accomplishments.



**Three Lobos Walk  
Away From 2015  
NCAA  
Championship  
with All American  
Honors**

***Bitchell Finishes  
6th in 3000 Meters***  
*Sr. Adam Bitchell (Aberystwyth, Wales) was the 16th and last qualifier accepted into the 2015 NCAA meet with his regular season best of 7:53.27. But once an athlete gets into the NCAA meet anything can change as head to head competition brings out the best in some. From the gun Adam was content to stay in the middle*

*of the pack just getting used to the pace, and trying to figure out how the race would develop. The leaders came through the 800 meter point in a comfortable 2:16 and the 1600 point in 4:25. Adam was always within one sec-*

ond of the leader and looked fine as the group of men stayed bunched together. At about 2000 meters Adam made a slight move forward, nothing crazy, just a slow methodical move toward the front. He was running ninth but looking like he wanted to go, but was holding back. Then at 2400 meters he moved up one spot, and then started to pull in the next guy in front of him. At 2600 meters he got up to seventh and then let go pulling by a runner and getting to 6th. It was then a sprint to the finish as Adam had to run a 58 second last 400 to hold off anyone from behind. His finishing time was 8:02.72 and earned All American honors and also is the 10th fastest performance all-time at UNM. Adam finishes his storied career having the 3rd, 7th, 8th, 9th, and 10th fastest 3k's of all time.



### **SILVA FINISHES SIXTH IN 1 MILE TO EARN ALL AMERICAN**

Sr. Sammy Silva (La Mesa, CA) came into the championship ranked 7th with a 4:33.48 clocking. The sixteen athletes were divided into two sections of eight athletes for the preliminary round, with the top four from each section, and next two fastest overall times qualifying to the finals. In the prelim Sammy stayed close to the front right off the leaders shoulder the entire time coming through splits of 68 and 2:19. As the tempo quickened Sammy didn't panic and stayed glued to the leader. When the pace dropped to a 33 second penultimate lap SS had no problem and she finished off with a 31.6 last 200 to finish second overall in 4:36.79, and get a pass to the final on Saturday. On Saturday the ten women lined up and once the gun started Sammy employed the same strategy, as the picture above shows. Sammy looked fine in third place and through the 800 meters which the group crossed in about 2:15 there was no stress or panic. A Michigan State Spartan and Arizona State Sun Devil threw down a hard 400 meters within the race and they broke free and was chased by the regular season leader from Florida State. No one else in the field could muster that type of power surge and everyone started focusing around them for place. Sammy was able to finish in 6th place in 4:35.44 which is the second fastest Lobo time in history after her regular season 4:33.48.

### **Hamilton Earns All American in First NCAA Meet**

Junior Allan Hamilton (Edinburgh, Scotland) came into the 2015 season with a lifetime best of 7.81m (25' 7 1/2") which he achieved on June 7, 2014 at the British Athletic League Premiership. This indoor season he had a best of 7.69m (25' 2 3/4") which got him the 16th and last qualifying position. The sixteen jumpers competed in one flight and the top nine jumpers after three rounds would qualify for three more jumps. On his first jump he came down and hit a 23' 4" distance which put him in 11th position. Not the way to start! But he quickly corrected that jump and on his second attempt came down the runway and blasted a 7.65m (25' 1 1/4") distance which moved him to sixth place. Allan finished off the prelims with a 24' 1" distance



moving on to the nine man final. In the final he began with a solid 24' 7 3/4" and then followed with a 24' 4 1/4". As he stood on the runway for his sixth and final jump no one from behind could pass him since they were all done jumping so he took a full extension at the board and got a nice seasonal PR of 25' 4 3/4" (7.74m). That jump moves him to the #4 all-time performer at UNM with the #7 longest performance all-time.



### Engholm Sets Swedish National Record in 1 Mile

Junior Elmar Engholm (Stockholm, Sweden) was one of the ten men trying to qualify for the final and in his prelim it was a tightly packed race with bumping and pushing. Once the race got to two laps left it was every man for himself and in the end the guys that finished ahead of him had just a little more umph in their legs than he did and he finished in 4:00.79, just 79/100ths of a second out of the final. BUT Elmar did get a record out of his race. On January 13th, 1968 Ulf Hogberg racing for Sweden clocked 4:02.3 in an indoor mile race in Boston which established a new Swedish national record. So 45 years later Elmar has broken this long-standing record.



**Distance Medley Relay Finishes 10th**  
The quartet of Tamara Armoush (Derbyshire, England), Holly Van Grinsven (Brentwood, TN), Sophie Connor (Hertfordshire, England), and Alice Wright (Worcester, England) was a different one that qualified for the championship at Notre Dame. Tamara and Alice were substituting for Calli Thackery and Sammy Silva who were running in individual events at the championship. Tamara, leading off with the 1200 meter leg fought hard the entire way and kept right in the thick of things as she split a very fine 3:24.1 to hand off in sixth place. Tamara looked powerful and in control the entire time, which is exactly what



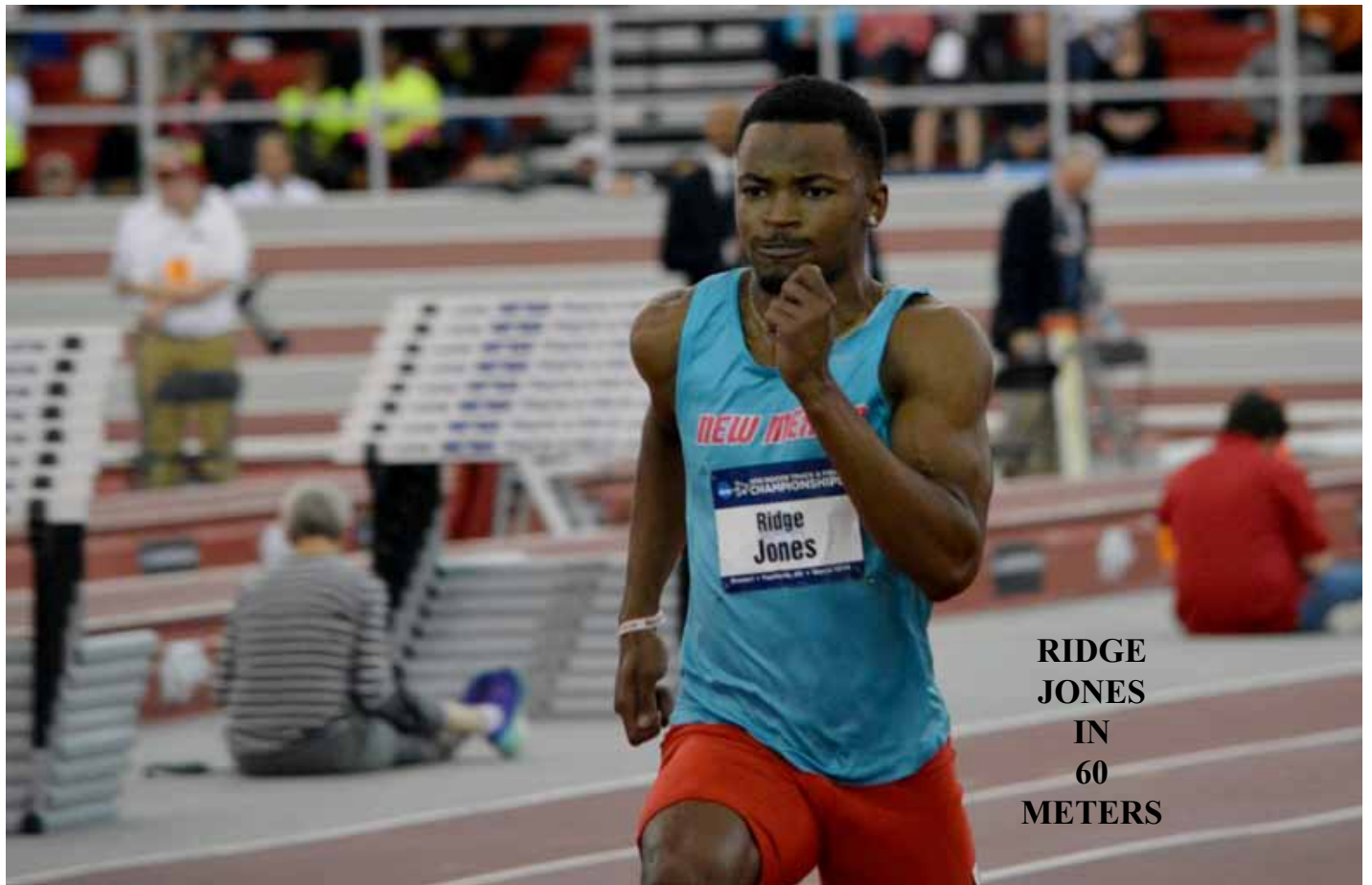
is needed from a lead off person. Handing off to Holly she split her 400 leg in 55.1 seconds handing off to Sophie with a total time of 4:19 which was fifth overall. Sophie who is very consistent clocked 2:08.6 and handed off to Alice who rocked a 4:49.5 1600 meter leg to finish off the total event with a 11:17.98. That time is the second fastest in Lobo history.



**The University of Arkansas Track & Field Facility**



Senior  
Django  
Lovett  
competed  
in the  
High  
Jump



**RIDGE  
JONES  
IN  
60  
METERS**



**Calli  
Thackery  
3000 Meters**



**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD) (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

## NCAA INDOOR CHAMPIONSHIPS @ ARKANSAS MARCH 13-14, 2015

### MEN

60m prelim	Ridge Jones 6.77 (14th)
1 Mile	Elmar Engholm 4:00.79 (10th)
3000 Meters	Adam Bitchell 8:02.72 (6th) (x,10th)
Long Jump	Allan Hamilton 25' 4 3/4" (6th) (4,7) PR
High Jump	Django Lovett 6' 10 3/4" (16th)

### WOMEN

1 Mile	Sammy Silva 4:36.79q (x,4)      4:35.44 (6th) (x,2)
3000 Meters	Calli Thackery 9:26.33 (13th) (x,6)
Distance Medley Relay	Tamara Armoush (3:24.1), Holly VanGrinsven (55.1), Sophie Connor (2:08.5), Alice Wright (4:49.5)    11:17.98 (10th) (2,x)



# A Look Down Memory Lane

## Historical Review of NCAA & Lobo Athletes

Based on what could be found either in the NCAA archives, or UNM Media Relations archives the following Lobo athletes competed in the NCAA Indoor Championships. The NCAA Indoor Championship for men began in 1965, while NCAA competition for women started in 1982.

March 10-11, 1967 at Cobo Arena, Detroit, Michigan  
 Mile Relay (R.Matison, C.Mitchell, K.Head, A.Baxter) 3:18.5(4th)  
 George Scott 2 miles 8:37.8 (3rd)  
 Clark Mitchell 600 yards 1:10.3 (2nd)  
 Web Loudat 1 Mile 4:06.8 (4th)



Art Baxter



Rene Matison



Web Loudat



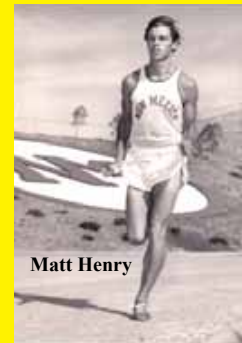
Ken Head

March 16, 1968 at Cobo Arena, Detroit, Michigan  
 Adrian DeWindt 1000 yards 2:10.3 (4th)

March 12-13, 1971 at Cobo Arena, Detroit, Michigan  
 Reid Cole 600 yards 1:11.4 (3rd)  
 Tom Ericson 880 yards 1:52.3 (4th)  
 Chuck Steffes Triple Jump 52' 2" (3rd)



Chuck Steffes



Matt Henry

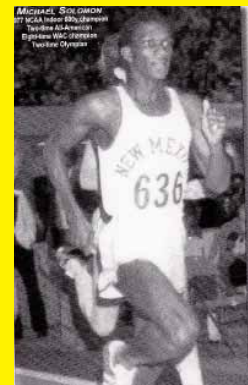
March 12, 1972 at Cobo Arena, Detroit, Michigan  
 Ken Ohman 600 yards 1:11.9 (4th)  
 2 mile Relay (Reid Cole, G. Easterly, B. Dooley, Matt Henry) 7:34.7 (3rd)  
 Ingemar Nyman High Jump 6' 11" (5th)  
 Chuck Steffes Triple Jump 51' 7" (7th)

March 9-10, 1973 at Cobo Arena, Detroit, Michigan  
 Ingemar Jernberg Pole Vault 16' 4" (4th)

March 15, 1975 at Cobo Arena, Detroit, Michigan  
 2 mile Relay (John Allison, Jay Miller, Tom Snowden, Bob Phippen) 7:44.6 (5th)  
 Mike Solomon 600 yards 1:11.0 (3rd)



Reid Cole



Mike Solomon

March 13, 1976 Charles Draminga 600 yards 1:10.58 (1st)  
 Mike Solomon 600 yards 1:11.28 (5th)

March 12, 1977 Mike Solomon 600 yards 1:10.01 (1st)  
 440 yards 48.57 (3rd)  
 Sammy Kipkurat 880 yards

March 11, 1978 Charles Draminga 600 yards 1:10.16 (4th)  
 440 yards 49.31  
 2 mile Relay (Jay Quade, J. Ongwae, S. Kipkurat, Mark Romero) 7:27.53 (1st)



Charles Draminga



Sammy Kipkurat



Jay Quade,  
 Jeremiah Ongwae,  
 Sammy Kipkurat,  
 Mark Romero

March 10, 1979 Jeremiah Ongwae 880 yards 1:54.21 (5th)

March 14-15, 1980 Fatwell Kimmaiyo 60yard Hurdles 7.30 (5th)

March 11-12, 1983 at Pontiac Silverdome, Detroit, Michigan  
Dwayne Rudd Long Jump 24' 9 1/4" (5th)  
2 mile Relay (Richie Martinez, Ibrahim Hussein, Roger Moore, Pete Serna) 7:26.56 (6th)



Jeremiah Ongwae



Pete Serna



Roger Moore



Dwayne Rudd

March 9-10, 1984 at Pontiac Silverdome, Detroit, Michigan  
Ibrahim Hussein 1000 meters 2:25.41 (3rd)  
Dwayne Rudd Long Jump 25' 4 1/4" (3rd)  
Barbara Bell 55 meters  
Shannon Vessup 500 meters



Barbara Bell



Shannon Vessup

March 13-14, 1987 at Cox Convention Center, Oklahoma City, Oklahoma  
Simon Arkell Pole Vault 16' 11"

March 10-11, 1989 at RCA Dome, Indianapolis, Indiana  
Simon Arkell Pole Vault 17' 10 1/4" (7th)

March 9-10, 1990 at RCA Dome, Indianapolis, Indiana  
Darren Crawford Weight Throw 63' 9" (3rd)  
Simon Arkell Pole Vault 17' 4"



Darren Crawford



Simon Arkell

March 12-13, 1993 at RCA Dome, Indianapolis, Indiana  
 Chip Smith 3000 meters

March 14-15, 2003 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas  
 Bridgid Isworth Pole Vault 12' 11 1/2" (12th)

March 11-12, 2005 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas  
 Matt Gonzales 5000 meters 13:45.72 (4th)

March 10-11, 2006 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas  
 Robert Caldwell Pole Vault 17' 6 1/2" (6th)  
 Derek Mackel Pole Vault NM

March 14-15, 2008 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas  
 Sandy Fortner Pentathlon 3905 points (12th)

March 13-14, 2009 at Texas A&M, College Station, Texas  
 Deanna Young Triple Jump 42' 2" (12th)  
 Jarrin Solomon 400 meters 46.55 (5th)  
 Lee Emanuel 1 Mile 4:00.36 (1st)  
 Rory Fraser 5000 meters 14:10.35 (11th)  
 Distance Medley Relay (D.Bishop, D. Roberts, R.Steadman, M. Aston) 9:52.43 (18th)

March 12-13, 2010 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas  
 Lee Emanuel 1 Mile 3:59.26 (1st)  
 3000 meters 8:19.35 (12th)  
 Rory Fraser 3000 meters 8:12.88 (6th)  
 5000 meters 14:07.77 (13th)  
 Chris Barnicle 5000 meters 13:43.20 (4th)  
 Sandy Fortner Pentathlon 4156 points (3rd)



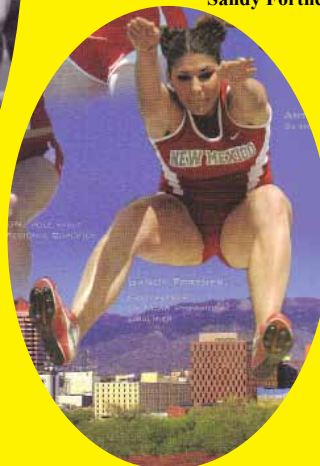
**Robert Caldwell**



**Bridgid Isworth**



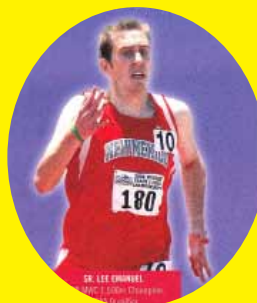
**Matt Gonzales**



**Sandy Fortner**



**Jarrin Solomon**



**Lee Emanuel**



**Deanna Young**

March 11-12, 2011 at Texas A&M, College Station, Texas  
 Ross Millington 3000 meters 8:08.40 (11th)  
 Natalie Gray 5000 meters 16:44.36 (14th)  
 Ruth Senior 5000 meters 16:18.38 (10th)  
 Deanna Young Triple Jump 41' 11 1/4" (11th)  
 Distance Medley Relay (Sam Evans, Richard York, Gabe Aragon, David Bishop) 9:31.50 (6th)

March 9-10, 2012 at Boise State University, Boise, Idaho  
 Ross Millington 3000 meters 8:08.73 (13th)  
 Kendall Spencer Long Jump 26' 3 1/2" (1st)  
 Floyd Ross Triple Jump 51' 0" (8th)  
 Josephine Moultrie 1 Mile 4:49.56 (14th)  
 Sarah Waldron 5000 meters 16:07.04 (8th)

March 8-9, 2013 at Randal Tyson Center, University of Arkansas, Fayetteville, Arkansas

Luke Caldwell	5000 meters	13:46.44 (8th)
Josephine Moultrie	3000 meters	9:14.84 (10th)
Kendall Spencer	Long Jump	NM
Floyd Ross	Triple Jump	52' 0" (8th)



**Floyd Ross**



**Sarah Waldron**

March 14-15, 2014 at University of New Mexico, Albuquerque, New Mexico

Elmar Engholm	1 Mile	4:05.04 (12th)
Luke Caldwell	5000 meters	13:56.66 (6th)
Adam Bitchell	5000 meters	14:10.36 (9th)
Kendall Spencer	Long Jump	25' 1 3/4" (8th)



**Josephine Moultrie**



**Kendall Spencer**



**Rory Fraser**



**Luke Caldwell**

# UNIVERSITY OF NEW MEXICO INDOOR TRACK & FIELD

## FINAL 2015 NEW MEXICO INDOOR BEST PERFORMANCES (Updated, March 14, 2015)

*An @ after a performance denotes that performance has been adjusted based on the NCAA altitude conversion*

### 2015 BEST

### ALL TIME BEST or PREVIOUS BEST

#### 60 METERS (WOMEN)

Aasha Marler	Senior	7.63@
Peri Moran	Soph.	7.63@
Erynn Caldwell	Frosh.	7.70@
Brittany Myricks	Senior	7.79@
Yeshemabet Turner	Senior	
Casey Dowling	Junior	
Haley Sanner	Junior	
Samantha Bowe	Senior	
Jannell Hadnot	Soph.	
Ariel Burch	Senior	

#### UNM Record - Kayla Fisher-Taylor, 7.55@ (7.51 raw), March 1, 2014@MWC (AF)

Lobo Collegiate Open, 1/24	7.57@	MWC Championship, 3/1/14
Don Kirby Elite, 2/14	7.63@	New Mexico Classic, 2/9/14
New Mexico Classic, 2/7	7.71@	Lobo Collegiate Open, 1/24
MWC Championship, 2/27	7.90@	New Mexico Team Invt, 2/1/14
	7.71@	Cherry & Silver, 1/25/14
	7.83@	Cherry & Silver, 1/25/14
	7.94@	Lobo Collegiate, 1/18/14
	8.00@	Cherry & Silver, 1/21/12
	8.07@	Cherry & Silver, 1/25/14
	8.18@	Lobo Collegiate, 1/18/14

#### 60 METERS (MEN)

Ridge Jones	Junior	6.62@
Allan Hamilton	Junior	6.80@
Scott Bajere	Junior	6.82@
Carlos Wiggins	Junior	6.82@
Will Carter	Junior	7.19@
Andris Sturans	Frosh.	7.28@
Daniel Lam	Frosh.	7.39@
Nolan Paranto	Junior	7.84@
Django Lovett	Senior	
Markus Miller	Senior	
Mustafa Mudada	Soph.	
Yannick Roggatz	Junior	

#### UNM Record - Ridge Jones, 6.62 (6.60 raw), Feb 28, 2015@MWC (New Mexico)

MWC Championship, 2/28	6.67@	Don Kirby Elite, 2/14
MWC Championship, 2/28	6.84@	MWC Championship, 2/27/15
MWC Championship, 2/28	6.85@	MWC Championship, 2/27/15
MWC Championship, 2/28	6.83@	MWC Championship, 2/27/15
Lobo Collegiate Open, 1/24		
MWC Heptathlon, 2/26	7.30@	Don Kirby Elite, 2/14
MWC Heptathlon, 2/26	7.42@	New Mexico Team Invt, 1/31
New Mexico Classic, 2/7	7.04@	UNM Classic, 2/2/13
	7.27@	UNM Classic, 2/2/13
	7.35@	UNM Classic, 2/2/13
	7.08@	Lobo Collegiate, 1/18/14
	7.40@	Northern Arizona, 1/12/13

#### 60 HURDLES (WOMEN)

Holly VanGrinsven	Junior	8.26@
Samantha Bowe	Senior	8.64@
Casey Dowling	Junior	8.97@
Kyra Mohns	Frosh.	9.06@
Haley Sanner	Junior	

#### UNM Record - Holly Van Grinsven, 8.26@, February 26, 2015@MWC (UNM)

MWC Championship, 2/28	8.29@	MWC Championship, 2/27/15
MWC Pentathlon, 2/26	8.89@	New Mexico Team Invt, 2/1/14
New Mexico Team Invt, 1/31	9.29@	Air Force Open, 1/9/15
MWC Pentathlon, 2/26	9.07@	New Mexico Team Invt, 1/31
	9.30@	Cherry & Silver, 1/25

#### 60 HURDLES (MEN)

Yannick Roggatz	Junior	8.30@
Daniel Lam	Frosh.	8.89@
Beau Clifton	Frosh.	9.11@
Andris Sturans	Frosh.	9.20@

#### UNM Record - DeVron Walker, 7.96, February 11, 2011 @ UNM Don Kirby

MWC Championship, 2/27	8.32@	New Mexico Team Invt, 2/1/14
MWC Heptathlon, 2/27		
Lobo Collegiate Open, 1/24	9.48@	Air Force Open, 1/9/15
MWC Heptathlon, 2/27	9.40@	UNM Classic Heptathlon, 2/7

#### 200 METERS (WOMEN)

Brittany Myricks	Senior	24.66@
Haley Sanner	Junior	25.37@
Peri Moran	Soph.	25.48@
Erynn Caldwell	Frosh.	25.52@
Lucretia Vigil	Senior	25.59@
Kelsi Lewis	Soph.	25.92@
Ariel Burch	Senior	26.15@
Yeshemabet Turner	Senior	26.69@
Christina Clark	Junior	27.49@
Aasha Marler	Senior	
Casey Dowling	Junior	
Jannell Hadnot	Soph.	
Faith Cobb	Junior	
Samantha Bowe	Senior	

#### UNM Record - Adwoa Gyasi-Nimako 24.08, February 26, 2000@MWC (AF)

MWC Championship, 2/27	24.68@	New Mexico Classic, 2/8/14
New Mexico Classic, 2/6	25.20@	New Mexico Classic, 2/8/14
MWC Championship, 2/27	25.72@	Cherry & Silver, 1/24/13
MWC Championship, 2/27	25.87@	New Mexico Team Invt, 1/31
New Mexico Classic, 2/6	26.09@	Don Kirby Open, 2/9/13
New Mexico Classic, 2/6	27.18@	Cherry & Silver, 1/24/14
New Mexico Team Invt, 1/31	26.47@	New Mexico Classic, 2/8/14
Don Kirby Elite, 2/14	25.12@	Lobo Collegiate, 1/18/14
New Mexico Classic, 2/6	27.42@	Don Kirby Elite, 2/14/14
	25.25@	Lobo Collegiate, 1/18/14
	25.40@	UNM Invt, 1/25/13
	26.19@	Lobo Collegiate, 1/18/14
	26.82@	Lobo Collegiate, 1/18/14
	26.95@	N. Arizona, 1/14/12

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****200 METERS (MEN)**

Ridge Jones	Junior	21.43@
Carlos Wiggins	Junior	21.55@
Scott Bajere	Junior	22.03@
Mustafa Mudada	Soph.	22.16@
Cheyne Dorsey	Soph.	22.33@
Mark Haywood	Frosh.	22.43@
Mark Haywood	Frosh.	22.48@
Isaac Gonzales (Unatch)	Frosh	22.82@
Will Carter	Junior	22.98@
Dominic Davis	Soph.	23.62@
Chaz Lewis	Senior	
Yannick Roggatz	Junior	
Warrick Campbell	Senior	

**UNM Record - Ridge Jones, 21.43@ (21.36raw), February 13, 2015, Don Kirby**

Don Kirby Elite, 2/13	21.59@	Don Kirby Elite, 2/14/14
MWC Championship, 2/27	21.66@	Don Kirby Elite, 2/8/13
MWC Championship, 2/27	22.21@	New Mexico Team Invt, 1/31
Don Kirby Elite, 2/13	22.06@	New Mexico Team Invt, 2/1/14
New Mexico Classic, 2/6		
New Mexico Classic, 2/6		
Don Kirby Elite, 2/13		
New Mexico Classic, 2/6	23.00@	Lobo Collegiate Open, 1/24
New Mexico Team Invt, 1/31	23.37@	Don Kirby Elite, 2/14/14
MWC Championship, 2/27	23.76@	New Mexico Team Invt, 1/31
	21.83	MWC Championship, 2/23/13
	22.96@	Northern Arizona, 1/12/13
	23.33@	Lobo Collegiate, 1/18/14

**400 METERS (WOMEN)**

Holly VanGrinsven	Junior	54.36@
Haley Sanner	Junior	56.60@
Kelsi Lewis	Soph.	57.68@
Faith Cobb	Junior	57.84@
Ariel Burch	Senior	58.10@
Lucretia Vigil	Senior	58.33@
Christina Clark	Junior	60.17@
Hannah Riker-Urrutia	Junior	
Zoe Howell	Junior	

**UNM Record - Ariel Burr, 53.73, February 22, 20007 @ MWC (UNM)**

MWC Championship, 2/27	56.73@	New Mexico Classic, 2/6
MWC Championship, 2/27	56.83@	New Mexico Classic, 2/6
Don Kirby Elite, 2/13	58.01@	New Mexico Classic, 2/6
Don Kirby Elite, 2/13	58.15@	New Mexico Classic, 2/6
New Mexico Classic, 2/6	58.57@	Don Kirby Elite, 2/14/14
New Mexico Classic, 2/6	57.52@	Don Kirby Elite, 2/14/14
Don Kirby Elite, 2/13	60.45@	New Mexico Classic, 2/6
	57.42@	New Mexico Classic, 2/8/14
	57.45@	Don Kirby Open, 2/9/13

**400 METERS (MEN)**

Chaz Lewis	Senior	48.12@
Mark Haywood	Frosh.	48.58@
Mustafa Mudada	Soph.	49.09@
Cheyne Dorsey	Soph.	49.34@
Isaac Gonzales (Unatt)	Frosh	50.00@
Andris Sturans	Frosh.	51.19@
Dominic Davis	Soph.	51.89@
Chris Kline	Junior	

**UNM Record - Jarrin Solomon, 46.33, March 7, 2009 @ Iowa State**

MWC Championship, 2/27	48.30@	UNM Classic, 2/2/13
MWC Championship, 2/27	48.77@	New Mexico Classic, 2/6
New Mexico Classic, 2/6	49.20@	New Mexico Team Invt, 1/31
Don Kirby Elite, 2/13	49.46@	New Mexico Classic, 2/6
New Mexico Classic, 2/6	51.54@	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24		
MWC Championship, 2/27	52.15@	Don Kirby Elite, 2/13
	48.80@	MWC Championship, 2/28/14

**400 METER RELAY SPLITS (WOMEN)**

Holly VanGrinsven	Junior	54.8	MWC Championship, 2/28	55.0	Don Kirby Elite, 2/14
Zoe Howell	Junior	55.4	MWC Championship, 2/28	55.7	Don Kirby Elite, 2/14/14
Haley Sanner	Junior	55.7	MWC Championship, 2/28	55.5	Don Kirby Elite, 2/15/14
Kelsi Lewis	Soph.	56.3	MWC Championship, 2/27	56.5	Don Kirby Elite, 2/14
Faith Cobb	Soph.	56.4	MWC Championship, 2/28	57.1	Don Kirby Elite, 2/14
Ariel Burch	Senior	57.6	New Mexico Team Invt, 1/31	57.8	Don Kirby Elite, 2/15/14
Kyra Mohns	Frosh.	59.0	New Mexico Team Invt, 1/31		
Lucretia Vigil	Senior	59.1	New Mexico Team Invt, 1/31	57.6	New Mexico Classic, 2/8/14
Christina Clark	Junior	59.2	Don Kirby Elite, 2/14	59.6	New Mexico Classic, 2/8/14
Sophie Connor	Junior	59.7	New Mexico Team Invt, 1/31		
Sammy Silva	Senior	60.4	New Mexico Team Invt, 1/31		
Tamara Armoush	Senior	60.7	New Mexico Team Invt, 1/31		
Hannah Riker-Urrutia	Junior			56.5	Don Kirby Elite, 2/15/14
Sam Bowe	Senior			61.7	Northern Arizona, 1/12/13

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****400 METER RELAY SPLITS (MEN)**

Chaz Lewis	Senior	47.6	MWC Championship, 2/28	47.8	Don Kirby Elite, 2/14
Mark Haywood	Frosh.	48.3	MWC Championship, 2/28	48.6	Lobo Collegiate Open, 1/24
Mustafa Mudada	Soph.	48.3	Don Kirby Elite, 2/14	47.9	New Mexico Classic, 2/8/14
Cheyne Dorsey	Soph.	48.3	MWC Championship, 2/27	48.6	Don Kirby Elite, 2/14
Adam Monroe	Frosh	50.1	New Mexico Classic, 2/7		
Isaac Gonzales (unatt)	Frosh	50.6	New Mexico Classic, 2/7		
Dominic Davis	Soph.	52.2	Lobo Collegiate Open, 1/24		
Taylor Potter (unatt)	Frosh	52.3	New Mexico Classic, 2/7		
Chris Kline	Junior			47.9	New Mexico Classic, 2/8/14
Alex Herring	Senior			50.0	Northern Arizona, 1/12/13
Warrick Campbell	Senior			51.2	Cherry & Silver, 1/25/14
Graham Thomas	Junior			52.1	Cherry & Silver, 1/25/14
Alex Cornwell	Senior			53.0	New Mexico Team Invt, 2/1/14

**400 METER HURDLES (MEN)**

Mustafa Mudada	Soph.	53.22
Chaz Lewis	Senior	

**UNM Record - Chaz Lewis, 53.12@, 2013**

Lobo Collegiate Open, 1/24	55.39	Cherry & Silver, 1/24/14
	53.12	UNM Invt, 1/25/13

**400 METER HURDLES (WOMEN)**

Christina Clark	Junior
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**UNM Record - Christina Clark, 67.69, February 7, 2014@ UNM Classic**

67.69	New Mexico Classic, 2/7/14
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**600 METERS (WOMEN)**

Zoe Howell	Junior	1:32.90
Sophie Connor	Junior	1:33.06
Haley Butler-Moore(Unatt)	Frosh.	1:40.62
Hannah Riker-Urrutia	Junior	

**UNM Record - Zoe Howell, 1:32.90, February 14, 2015, Don Kirby Elite**

Don Kirby Elite, 2/13	1:33.23	New Mexico Team Invt, 1/31
Lobo Collegiate Open, 1/24		
Don Kirby Elite, 2/13	1:42.61	Lobo Collegiate Open, 1/24
	1:37.66	New Mexico Team Invt, 2/1/14

**600 METERS (MEN)**

Chaz Lewis	Senior	1:20.82
Adam Monroe	Frosh.	1:22.67
Cheyne Dorsey	Soph.	1:23.15
Alex Herring	Senior	
Chris Kline	Junior	
Graham Thomas	Junior	
Warrick Campbell	Senior	

**UNM Record - Jarrin Solomon, 1:19.18, January 17, 2008 @ Lobo Open**

Lobo Collegiate Open, 1/24	1:21.42	Cherry & Silver, 1/24/14
New Mexico Classic, 2/6		
Lobo Collegiate Open, 1/24	1:20.59	Cherry & Silver, 1/20/12
	1:21.00	UNM Classic, 2/1/13
	1:21.13	New Mexico Team Invt, 2/1/14
	1:22.06	New Mexico Team Invt, 2/1/14
	1:26.19	Lobo Collegiate, 1/18/14

**800 METERS (MEN)**

Alex Herring	Senior	1:50.68@
Elmar Engholm	Junior	1:51.29@
Graham Thomas	Junior	1:53.04@
Ross Matheson	Senior	1:54.06@
Adam Monroe	Frosh	1:54.29@
Taylor Potter (Unatt)	Frosh	1:55.78@
Chris Graham	Soph.	1:57.63@
Zach Castillo	Frosh.	1:58.45@
Matt Bergin	Junior	1:59.17@
Tyler Valdez	Soph.	1:59.82@
Alex Cornwell	Senior	
Jake Shelley	Senior	

**UNM Record - Sammy Kipkurgat, 1:48.74, 1977**

MWC Championship, 2/28	1:49.50	Notre Dame, 3/1/13
Lobo Collegiate Open, 1/24	1:54.51@	MWC Championship, 2/28/14
MWC Championship, 2/27	1:53.11@	MWC Championship, 2/28/14
New Mexico Team Invt, 1/31	1:52.08@	Lobo Collegiate, 1/18/14
Don Kirby Elite, 2/13	1:56.85@	Lobo Collegiate Open, 1/24
Don Kirby Elite, 2/13	1:56.95@	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24	1:59.19@	New Mexico Classic, 2/8/14
Lobo Collegiate Open, 1/24		
Don Kirby Elite, 2/13		
Don Kirby Elite, 2/13		
	1:53.05@	Lobo Collegiate, 1/18/14
	1:53.14@	Lobo Collegiate, 1/18/14



**2015 BEST****ALL TIME BEST or PREVIOUS BEST****800 METERS (WOMEN)**

Sammy Silva	Senior	2:08.14@
Sophie Connor	Junior	2:08.20@
Zoe Howell	Junior	2:12.03@
Tamara Armoush	Senior	2:11.41@
Nicola Hood	Senior	2:16.26@
Kyra Mohns	Frosh.	2:25.90
Adrianna Lopez	Junior	2:26.39@
Samantha Bowe	Senior	2:34.39
Casey Dowling	Junior	2:39.89
Maya Hena	Senior	2:53.93@
Nicole Roberts	Senior	
Holly Van Grinsven	Junior	

**UNM Record - Sammy Silva, 2:08.14@, January 31, 2015 at UNM Team Invt.**

New Mexico Team Invt, 1/31		
New Mexico Team Invt, 1/31		
New Mexico Classic, 2/7		
MWC Championship, 2/28	2:11.45@	MWC Championship, 2/27/15
Don Kirby Elite, 2/14	2:24.31@	Lobo Collegiate, 1/18/14
MWC Pentathlon, 2/26	2:30.90@	UNM Classic Pentathlon, 2/6
Don Kirby Elite, 2/14		
MWC Pentathlon, 2/26	2:31.85@	Cherry & Silver Pent, 1/24/14
MWC Pentathlon, 2/26	2:43.86@	UNM Classic Pentathlon, 2/6
New Mexico Classic, 2/7	2:43.21@	New Mexico Classic, 2/8/14
	2:18.88@	Cherry & Silver, 1/25/14
	2:29.24	MWC Pentathlon, 2/21/13

**1000 METERS (MEN)**

Andris Sturans	Frosh.	2:42.88
Daniel Lam	Frosh	2:49.80

MWC Heptathlon, 2/27	2:46.18	UNM Classic Heptathlon, 2/7
UNM Classic Heptathlon, 2/7		

**1 MILE (WOMEN)**

Sammy Silva	Senior	4:33.48@
Tamara Armoush	Senior	4:45.69@
Sophie Connor	Junior	4:46.27@
Nicole Roberts	Senior	4:50.27@
Calli Thackery	Soph.	4:54.07@
Nicola Hood	Senior	4:59.42@
Kendall Kelly (Unatt)	Frosh.	5:05.14@
Reily Kelly (Unattach)	Frosh.	5:11.34@
Adrianna Lopez	Junior	5:28.10@
Sophia Torres	Senior	
Maya Hena	Senior	

**UNM Record - Sammy Silva, 4:33.48@, February 14, 2015, Don Kirby Elite**

Don Kirby Elite, 2/14	4:41.97@	Lobo Collegiate Open, 1/24
Don Kirby Elite, 2/14	4:46.25@	New Mexico Team Invt, 1/31
MWC Championship, 2/28	4:51.46@	Don Kirby Elite, 2/14
New Mexico Team Invt, 1/31	4:55.33@	Don Kirby Elite, 2/15/14
Lobo Collegiate Open, 1/24		
Don Kirby Elite, 2/14	5:00.83@	New Mexico Classic, 2/5/11
Lobo Collegiate Open, 1/24		
Lobo Collegiate Open, 1/24		
New Mexico Classic, 2/7	5:22.76@	New Mexico Classic, 2/8/14
	5:13.18@	Lobo Collegiate, 1/18/14
	6:07.13@	Lobo Collegiate, 1/18/14

**1 MILE (MEN)**

Elmar Engholm	Junior	3:57.95@
Graham Thomas	Junior	4:04.86@
Ross Matheson	Senior	4:05.07@
Adam Bitchell	Senior	4:05.17@
Zach Castillo	Frosh.	4:10.33@
Taylor Potter (unattach)	Frosh.	4:21.55@
Jake Shelley	Senior	
Pat Zacharias	Senior	
Alex Cornwell	Senior	
Alex Herring	Senior	
Donovan Torres	Junior	
Kyle FastWolf	Junior	
Chris Graham	Soph.	

**UNM Record - Lee Emanuel, 3:57.62, January 29, 2010 @ Indiana Relays**

Don Kirby Elite	3:58.90@	Don Kirby Elite, 2/15/14
Don Kirby Elite	4:04.95@	Don Kirby Elite, 2/15/14
MWC Championship, 2/28	4:13.57@	Don Kirby Elite
MWC Championship, 2/28	3:59.83@	UNM Invt, 1/26/13
Lobo Collegiate Open, 1/24		
New Mexico Classic, 2/7		
	4:00.47@	Don Kirby Elite, 2/15/14
	4:02.74@	New Mexico Team Invt, 2/1/14
	4:03.38@	Don Kirby Elite, 2/15/14
	4:13.08@	UNM Cherry&Silver, 1/18/13
	4:22.76@	Don Kirby Elite, 2/15/14
	4:26.37@	Lobo Collegiate, 1/18/14
	4:26.72@	Lobo Collegiate, 1/18/14

**3000 METERS (WOMEN)**

Calli Thackery	Soph.	9:07.31
Alice Wright	Soph.	9:26.42
Nicole Roberts	Senior	9:45.66@
Heleene Tambet	Soph.	9:41.98@
Anna Burton	Junior	9:57.28@
Nicola Hood	Senior	10:05.14@
Kendall Kelly (unattach)	Frosh.	10:14.26@
Reiley Kelly (unattach)	Frosh.	10:19.83@
Tamara Armoush	Senior	
Sammy Silva	Senior	
Sophia Torres	Senior	

**UNM Record - Josephine Moultrie, 9:06.35, January 26, 2013 @ Washington**

Washington Classic, 2/14	9:19.67@	New Mexico Team Invt, 1/31
Alex Wilson Invt, 2/21		
New Mexico Team Invt, 1/31	10:07.00@	MWC Championship, 3/1/14
MWC Championship, 2/28	9:47.55@	New Mexico Team Invt, 1/31
Don Kirby Elite, 2/13		
MWC Championship, 2/28	10:06.78@	New Mexico Team Invt, 2/1/14
Don Kirby Elite, 2/13		
Don Kirby Elite, 2/13		
	9:49.08@	MWC Championship, 3/1/14
	9:53.28@	MWC Championship, 3/1/14
	10:21.87@	MWC (New Mexico), 2/25/12

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****3000 METERS (MEN)**

Adam Bitchell	Senior	7:53.27@
Pat Zacharias	Senior	8:05.94@
Graham Thomas	Junior	8:15.71@
Zach Castillo	Soph.	8:17.30@
Matt Bergin	Junior	8:37.83@
Julian Florez	Junior	8:39.30@
Tyler Valdez	Frosh.	9:10.59@
Alex Cornwell	Senior	
Kyle Fast Wolf	Junior	
Ross Matheson	Senior	
Donovan Torres	Junior	
Elmar Engholm	Junior	

**UNM Record - Ross Millington, 7:49.11, February 11, 2012 @ Washington**

Northern Arizona TuneUp, 2/20	7:59.53@	New Mexico Team Invt, 1/31
MWC Championship, 2/28	8:13.62@	New Mexico Team Invt, 1/31
New Mexico Team Invt, 1/31	8:22.75@	New Mexico Team Invt, 2/1
Don Kirby Elite, 2/13	8:20.67@	New Mexico Team Invt, 1/31
MWC Championship, 2/28		
MWC Championship, 2/28		
New Mexico Classic, 2/6		
	8:26.47@	MWC Championship, 3/1
	8:37.36@	1/28/12, New Mexico Invt.
	8:44.48@	MWC Championship, 3/1
	8:46.08@	2/10/12, Don Kirby Elite
	8:46.48@	MWC Championship, 3/1

**5000 METERS (WOMEN)**

Alice Wright	Soph.	16:05.62@
Calli Thackery	Soph.	16:42.71@
Heleene Tambet	Soph.	16:44.15
Nicole Roberts	Senior	17:20.72
Sophia Torres	Senior	
Nicola Hood	Senior	

**UNM Record - Natalie Gray, 15:54.29, February 11, 2011 @ Washington**

MWC Championship, 2/27	16:09.38	Washington Classic, 2/13
MWC Championship, 2/27	16:44.44	Indiana Open, 12/12/14
Washington Classic, 2/13		
Washington Classic, 2/13	17:56.41@	MWC Championship, 2/28/14
	17:56.76@	MWC (New Mexico)2/24/12
	18:34.58@	MWC Championship, 2/28/14

**5000 METERS (MEN)**

Adam Bitchell	Senior	13:50.05
Pat Zacharias	Senior	14:09.97@
Zac Castillo	Frosh	14:43.49@
Julian Florez	Junior	15:12.31@
Donovan Torres	Junior	

**UNM Record - Luke Caldwell, 13:40.39, February 8, 2013 @ Washington**

Washington Classic, 2/13	13:44.70	Indiana Open, 12/13/13
MWC Championship, 2/27	14:09.85	Indiana Open, 12/13/13
MWC Championship, 2/27		
MWC Championship, 2/27		
	15:18.58@	MWC Championship, 2/28

**4 x 400 RELAY (WOMEN)**

Sanner, Howell, Cobb, VanGrinsven	3:43.35@
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**UNM Record - Sanner, Howell, Cobb, VanGrinsven, 3:43.35@, February 26, 2015 @ MWC**

MWC Championship, 2/28	3:47.69@	Don Kirby Elite, 2/15/14
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**4 x 400 RELAY (MEN)**

Mudada, Dorsey, Lewis, Haywood	3:13.93@
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**UNM Record - Servizio, Serna, Wood, Hussein, 3:11.64, 1983 @ Northern Arizona**

Don Kirby Elite, 2/14	3:14.03@	New Mexico Classic, 2/8/14
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**DISTANCE MEDLEY RELAY (WOMEN)**

Calli Thackery, Holly VanGrinsven, Sophie Connor, Sammy Silva	11:01.44
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**UNM Record - Thackery, VanGrinsven, Connor, Silva 11:01.44, February 21, 2015**

Alex Wilson Invt, 2/21	11:42.72@	MWC Championship, 2/28/14
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**DISTANCE MEDLEY RELAY (MEN)**

Chris Graham, Cheyne Dorsey	9:57.06@
Adam Monroe, Ross Matheson	

**UNM Record - Bishop, Roberts, Steadman, Emanuel, 9:30.38, March 6, 2009 @ Notre Dame**

MWC Championship, 2/27	9:36.98	Notre Dame, 3/1/14
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**LONG JUMP (WOMEN)**

Aasha Marler	Senior	20' 5 1/4"
Casey Dowling	Junior	19' 4"
Jannell Hadnot	Soph.	18' 5 3/4"
Samantha Bowe	Senior	19' 4 3/4"
Yeshemabet Turner	Senior	18' 2 1/2"
Kyra Mohns	Frosh.	17' 8"
Holly Van Grinsven	Junior	

**UNM Record - Aasha Marler, 20' 5 1/4", February 13, 2015 @ Don Kirby Elite**

Don Kirby Elite, 2/13	20' 5"	MWC Championship, 2/28/14
UNM Classic Pentathlon, 2/6	19' 10 3/4"	MWC Championship, 2/28/14
Lobo Collegiate Open, 1/24	19' 3 1/4"	MWC Championship, 2/28/14
MWC Pentathlon, 2/26	18' 11 3/4"	MWC Pentathlon, 2/27/14
Don Kirby Elite, 2/13	19' 8"	Lobo Collegiate, 1/18/14
Lobo Collegiate Open, 1/24		
	18' 1/4"	Cherry & Silver, 1/18/13

**LONG JUMP (MEN)**

Allan Hamilton	Junior	25' 4 3/4"
Yannick Roggatz	Junior	24' 4 1/4"
Daniel Lam	Frosh	22' 7 3/4"
Warrick Campbell	Senior	21' 11"
Andris Sturans	Frosh	20' 5 1/4"
Beau Clifton	Frosh	20' 1 3/4"

**UNM Record - Kendall Spencer, 26' 3 1/2", March 9, 2012 @ NCAA (Boise)**

NCAA Champ, 3/13	25' 2 3/4"	Lobo Collegiate Open, 1/24
Don Kirby Elite, 2/13	24' 7 1/4"	MWC Championship, 2/28/14
MWC Heptathlon, 2/25	22' 6 1/4"	Lobo Collegiate Open, 1/24
MWC Championship, 2/27	22' 11 1/4"	MWC Championship, 2/28/14
UNM Classic Heptathlon, 2/6	19' 7"	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24		

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****TRIPLE JUMP (WOMEN)**

Aasha Marler	Senior	42' 1 1/2"
Jannell Hadnot	Soph.	42' 3/4'
Yeshemabet Turner	Senior	39' 11 1/4"
Casey Dowling	Junior	

**TRIPLE JUMP (MEN)**

Warrick Campbell	Senior	51' 5"
Allan Hamilton	Junior	49' 1/4"

**HIGH JUMP (WOMEN)**

Samantha Bowe	Senior	5' 6"
Kyra Mohns	Frosh.	5' 5 1/4"
Casey Dowling	Junior	5' 4 1/4"
Holly Van Grinsven	Junior	

**HIGH JUMP (MEN)**

Django Lovett	Senior	7' 3"
Yannick Roggatz	Junior	6' 9 3/4"
Markus Miller	Senior	6' 6 3/4"
Daniel Lam	Frosh.	6' 3/4"
Andris Sturans	Frosh	5' 11 1/2"

**POLE VAULT (WOMEN)**

Annie Stirling	Junior	13' 2 1/4"
Katherine Whiting	Frosh	12' 2 2 1/2"
Anna Duvall	Fr.	11' 3"

**POLE VAULT (MEN)**

Logan Pflibsen (Unatt)	Senior	16' 10 3/4"
Daniel Lam	Frosh.	16' 2 3/4"
Andris Sturans	Frosh.	13' 7 1/4"

**SHOT PUT (WOMEN)**

Samantha Bowe	Senior	38' 2 1/4"
Kyra Mohns	Frosh	35' 10 1/2"
Amaris Blount (Unatt)	Frosh	33' 4"
Allison Mady (Unatt)	Frosh	32' 6 1/4"
Casey Dowling	Junior	31' 6 1/2"
Holly Van Grinsven	Junior	

**SHOT PUT (MEN)**

Mike Budick (Unatt)	Frosh	49' 6 1/4"
Daniel Lam	Frosh	41' 3"
Beau Clifton	Frosh	40' 4"
Andris Sturans	Frosh	29' 10 1/4"
Michael Ellis	Senior	

**WEIGHT THROW (WOMEN)**

Amaris Blount (Unatt)	Frosh	53' 2 1/4"
Allison Mady (Unatt)	Frosh	32' 2 3/4"

**WEIGHT THROW (MEN)**

Mike Budick (unatt)	Frosh.	47' 10"
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**UNM Record - Deanna Young, 43' 2 1/2", February 26, 2011@MWC (UNM)**

MWC Championship, 2/28	41' 7 3/4"	Lobo Collegiate Open, 1/24
Don Kirby Elite, 2/14	42' 3 1/2"	New Mexico Team Invt, 2/1/14
MWC Championship, 2/28	41' 2 1/2"	Don Kirby Elite, 2/15/14
	38' 11"	MWC Championship, 2/2/13

**UNM Record - Dwayne Rudd, 54' 3", 1984 @ Northern Arizona**

Don Kirby Elite, 2/14	52' 0"	Cherry & Silver, 1/25/14
MWC Championship, 2/28		

**UNM Record - Margaret Metcalf, 5' 11", 1979**

UNM Classic Pentathlon, 2/6	5' 8 3/4"	Cherry&Silver Pent., 1/24/14
MWC Pentathlon, 2/26	5' 4 1/2"	New Mexico Team Invt, 1/31
MWC Pentathlon, 2/26	5' 3 3/4"	UNM Classic Pentathlon, 2/6
	5' 2 1/4"	Cherry & Silver, 1/18/13

**UNM Record - Ivan Hella, 7' 3", March 6, 1992 @ Wyoming**

Don Kirby Elite, 2/13	7' 2 1/2"	MWC Championship, 2/28/14
MWC Championship, 2/28		
MWC Championship, 2/28	6' 8 3/4"	Cherry & Silver, 1/24/14
MWC Championship, 2/26	5' 10 3/4"	UNM Classic Heptathlon, 2/6
MWC Championship, 2/26	5' 10 3/4"	UNM Classic Heptathlon, 2/6

**UNM Record - Amber Menke, 13' 5 3/4", February 24, 2012@MWC (UNM)**

Don Kirby Elite, 2/14	13' 2 1/4"	MWC Championship, 2/28/14
Lobo Collegiate Open, 1/24	11' 5 3/4"	Air Force Open, 1/9/15
New Mexico Team Invt, 1/31	12' 2"	Don Kirby Elite, 2/15/14

**UNM Record - Simon Arkell, 18' 1 1/2", February 8, 1991 @ Nebraska**

New Mexico Classic, 2/6	17' 2 3/4"	MWC Championship, 2/23/13
MWC Heptathlon, 2/27	15' 11"	Don Kirby Elite, 2/13
MWC Heptathlon, 2/27		

**UNM Record - Amanda Barnes, 49' 4 1/2", February 24, 2005 @MWC (AF)**

MWC Pentathlon, 2/26	41' 7 1/4"	MWC Pentathlon, 2/27/14
UNM Classic Pentathlon, 2/6	33' 4"	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24		
Lobo Collegiate Open, 1/24		
UNM Classic Pentathlon, 2/6	29' 9 1/2"	New Mexico Team Invt, 1/31
	31' 6 3/4"	MWC Pentathlon, 2/21/13

**UNM Record - Darren Crawford, 60' 8 3/4", February 26, 1988 @ WAC (AF)**

Don Kirby Elite, 2/14	47' 11"	New Mexico Classic, 2/7
MWC Heptathlon, 2/26	40' 2 3/4"	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24		
MWC Heptathlon, 2/26	27' 0"	UNM Classic Heptathlon, 2/6
	38' 7 3/4"	Lobo Collegiate, 1/18/14

**UNM Record - Amanda Barnes, 60' 10 3/4", February 24, 2005 @MWC (AF)**

New Mexico Classic, 2/6	40' 9 1/2"	Lobo Collegiate Open, 1/24
Lobo Collegiate Open, 1/24		

**UNM Record - Darren Crawford, 65' 6 3/4", 1990**

New Mexico Classic, 2/6		
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**2015 BEST****ALL TIME BEST or PREVIOUS BEST****PENTATHLON (WOMEN)**

Samantha Bowe	Senior	3884 points
Kyra Mohns	Frosh.	3681 points
Casey Dowling	Junior	3518 points
Holly Van Grinsven	Junior	

**UNM Record - Sandy Fortner, 4005, March 13, 2008 @ NCAA (Arkansas)**

MWC Pentathlon, 2/26	3911 pts.	MWC Pentathlon, 2/27/14
MWC Pentathlon, 2/26	3527 points	UNM Classic Pentathlon, 2/6
UNM Classic Pentathlon, 2/6		
	3503 pts.	MWC Championship, 2/21/13

**HEPTATHLON (MEN)**

<i>Andris Sturans (Unatt)</i>	Frosh	4473 points
Daniel Lam	Frosh	3497 points

**UNM Record - Richard York, 5590 points, Feb 21-22, 2013 @ Boise State**

UNM Classic Heptathlon, 2/6-7
UNM Classic Heptathlon, 2/6-7

# UNIVERSITY OF NEW MEXICO WOMEN'S INDOOR TRACK & FIELD

## ALL TIME TOP TEN (1976 - 2015) (REVISED MARCH 14, 2015)

**PLEASE NOTE:** These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

### HOW TO READ THE RANKINGS.

**PERFORMERS:** THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

**PERFORMANCES:** THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

### Conversions used in these rankings

**TRACK SIZE:** The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in BOLD/ITALICS has been converted.

**ALTITUDE:** The NCAA converts performances based on altitude either enhancing (60,200,400) or due to the difficulty (800, 1M, 3K, 5K) of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment

**HAND TIMING:** Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

**YARDS:** Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

\*\* In the 55, 55 Hurdles, 60, 60 Hurdles all performances are the actual "raw" performances with no conversions made.

#### 55 METERS - INDIVIDUAL

1.	Barbara Bell	6.85	1984
2.	Pam Posey	7.02	1987
3.	Terrian Florence	7.06	1990
4.	Natanya Jones	7.12	1990
5.	Annette DiLorenzo	7.14	1987
6.	Nicole Oates	7.18	1998
	Stacey Thompson	7.18	1993
8.	Nichelle Milner	7.21	1995
9.	Patty Mack	7.27	1984
10.	Natalie Dalton	7.30	1996

#### 55 METERS - TIMES

1.	Barbara Bell	6.85	1984
2.	Barbara Bell	6.90	1984
3.	Barbara Bell	6.92	1983
4.	Pam Posey	7.02	1987
5.	Terrian Florence	7.06	1990
6.	Pam Posey	7.08	1987
7.	Pam Posey	7.09	1987
8.	Terrian Florence	7.11	1990
	Terrian Florence	7.11	1988
9.	Natanya Jones	7.12	1990

#### 55 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Barbara Bell	6.85	March 1, 1984
2.	Pam Posey	7.02	February 21, 1987 @ Northern Arizona
3.	Terrian Florence	7.06	February 24, 1990 @ Northern Arizona
4.	Natanya Jones	7.12	February 24, 1990 @ Northern Arizona
5.	Annette DiLorenzo	7.14	February 21, 1987 @ Northern Arizona
6.	Nicole Oates	7.18	February 27, 1998 @ WAC (Air Force)
	Stacey Thompson	7.18	February 26, 1993 @ WAC (Air Force)
8.	Nichelle Milner	7.21	February 4, 1995 @ Northern Arizona
9.	Patty Mack	7.27	January 28, 1984 @ Northern Arizona
10.	Natalie Dalton	7.30	February 3, 1996 @ Northern Arizona

#### 55m HURDLES - INDIVIDUAL

1.	Angela Whyte	8.15	1999
2.	Tonya Thompson	8.26	1987
3.	Lisa Teasdale	8.28	1997
4.	Monica Crittenden	8.32	1993
5.	Darcy Ahner	8.41	1990
6.	Felecia DeVargas	8.42	1997
7.	Debbie Berger	8.51	1987
8.	Mary Goodwin	8.57	1983
9.	Joni Dobbins	8.60	1995
10.	Kitrain Martin	8.64	1993

#### 55m HURDLES - TIMES

1.	Angela Whyte	8.15	1999
2.	Tonya Thompson	8.26	1987
3.	Lisa Teasdale	8.28	1997
4.	Monica Crittenden	8.32	1993
5.	Lisa Teasdale	8.33	1997
6.	Tonya Thompson	8.36	1987
7.	Monica Crittenden	8.37	1994
8.	Monica Crittenden	8.40	1995
9.	Felecia DeVargas	8.42	1997
10.	Felecia DeVargas	8.44	1997
	Monica Crittenden	8.44	1995

#### 55m HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Angela Whyte	8.15	January 30, 1999 @ Texas Tech
2.	Tonya Thompson	8.26	February 21, 1987 @ Northern Arizona
3.	Lisa Teasdale	8.28	February 7, 1997 @ Texas Tech
4.	Monica Crittenden	8.32	February 26, 1993 @ WAC (Air Force)
5.	Darcy Ahner	8.41	February 24, 1990 @ Northern Arizona
6.	Felecia DeVargas	8.42	January 25, 1997 @ Northern Arizona Quad
7.	Debbie Berger	8.51	February 21, 1987 @ Northern Arizona
8.	Mary Goodwin	8.57	February 12, 1983 @ Northern Arizona
9.	Joni Dobbins	8.60	February 4, 1995 @ Northern Arizona
10.	Kitrain Martin	8.64	February 13, 1993 @ Air Force

#### 60 METERS - INDIVIDUAL

1.	Kayla Fisher-Taylor	7.55@	2014
2.	Aasha Marler	7.57@	2014
3.	Kristan Matison	7.60@	2007
4.	Angela Whyte	7.61@	2000
5.	Peri Moran	7.63@	2014
6.	Adwoa Gyasi-Nimako	7.64	2000
7.	Alesha Walker	7.66	2008
8.	Precious Selmon	7.69	2009
9.	Dayna McMillen	7.70	2001
10.	Erynn Caldwell	7.70@	2014

#### 60 METERS - TIMES

1.	Kayla Fisher-Taylor	7.55@	2014
2.	Aasha Marler	7.57@	2014
3.	Aasha Marler	7.58@	2014
	Kayla Fisher-Taylor	7.58@	2014
4.	Aasha Marler	7.59@	2014
	Aasha Marler	7.59@	2014
5.	Kristan Matison	7.60@	2007
	Aasha Marler	7.60@	2014
6.	Angela Whyte	7.61@	2000
7.	Kristin Matison	7.62	2006

#### 60 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Kayla Fisher-Taylor	7.55@	February 28, 2014 @ MWC (Air Force)(raw 7.51)
2.	Aasha Marler	7.57@	March 1, 2014 @ MWC (Air Force)(raw 7.53)
3.	Kristin Matison	7.60@	February 10, 2007 @ New Mexico (7.58-raw)
4.	Angela Whyte	7.61@	February 25, 2000 @ MWC (Air Force)
5.	Peri Moran	7.63@	February 8, 2014 @ New Mexico Classic
6.	Adwoa Gyasi-Nimako	7.64	February 26, 2000 @ MWC (Air Force)
7.	Alesha Walker	7.66	January 19, 2008 @ Northern Arizona
8.	Precious Selmon	7.69	December 3, 2009 @ Northern Arizona dual
9.	Dayna McMillen	7.70	February 24, 2001 @ MWC (Air Force)
10.	Erynn Caldwell	7.70@	February 7, 2015 @ New Mexico Classic (7.68 raw)

#### 60 HURDLES - INDIVIDUAL

1.	Holly VanGrinsven	8.26@	2015
2.	Precious Selmon	8.43@	2011
3.	Angela Whyte	8.49	2000
4.	Sandy Fortner	8.63@	2008
5.	Samantha Bowe	8.64@	2015
6.	Lisa Coleman	8.79	2001
7.	Casey Dowling	8.97@	2015
8.	Felecia DeVargas	9.00	1999
9.	Kyra Mohns	9.06@	2015
10.	Keren Sari-Bentzur	9.10@	2002

#### 60m HURDLES - TIMES

1.	Holly VanGrinsven	8.26@	2015
2.	Holly VanGrinsven	8.29@	2015
3.	Holly VanGrinsven	8.37@	2015
4.	Holly VanGrinsven	8.39@	2015
	Holly VanGrinsven	8.39@	2015
5.	Precious Selmon	8.43	2011
	Precious Selmon	8.43@	2011
	Precious Selmon	8.43@	2011
6.	Holly VanGrinsven	8.47@	2015
	Holly VanGrinsven	8.47@	2015

#### 60 HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Holly VanGrinsven	8.26@	February 28, 2015@MWC (New Mexico)
2.	Precious Selmon	8.43@	February 11, 2011 @ UNM Don Kirby Invnt.
3.	Angela Whyte	8.49	February 25, 2000 @ MWC (Air Force)
4.	Sandy Fortner	8.63@	February 28, 2008 @ MWC (Air Force)
5.	Samantha Bowe	8.64@	February 26, 2015@MWC Pentathlon (New Mexico)
6.	Lisa Coleman	8.79	February 24, 2001 @ MWC (Air Force)
7.	Casey Dowling	8.97@	January 31, 2015 @ New Mexico Team Invnt.
8.	Felecia DeVargas	9.00	January 23, 1999 @ Northern Arizona
9.	Kyra Mohns	9.06@	February 26, 2015@MWC Pentathlon (New Mexico)
10.	Keren Sari-Bentzur	9.10@	January 25, 2002 @ Air Force

**200 METERS - INDIVIDUAL**

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Ariel Burr	24.13	2009
3.	Arline Smith	24.54	2001
4.	Shirley Pitts	24.66	2011
	Brittany Myricks	24.66@	2015
6.	Alesha Walker	24.74	2007
7.	Terrian Florence	24.91	1988
	Kayla Fisher-Taylor	24.91@	2013
9.	Tabitha Shaw	24.97	2006
10.	Natanya Jones	25.00	1990

**200 METERS - TIMES**

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Adwoa Gyasi-Nimako	24.12	2000
3.	Ariel Burr	24.13	2009
4.	Ariel Burr	24.43	2009
5.	Adwoa Gyasi-Nimako	24.50	2000
6.	Arline Smith	24.54	2001
7.	Ariel Burr	24.55	2007
8.	Shirley Pitts	24.66	2011
9.	Brittany Myricks	24.66@	2015
10.	Brittany Myricks	24.68@	2014

**200 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Adwoa Gyasi-Nimako	24.08	February 26, 2000 @ MWC (Air Force)
2.	Ariel Burr	24.13	February 7, 2009 @ New Mexico
3.	Arline Smith	24.54	February 24, 2001 @ MWC (Air Force)
4.	Shirley Pitts	24.66	January 28, 2011 @ UNM Invt.
	Brittany Myricks	24.66@	February 27, 2015@MWC (New Mexico)
6.	Alesha Walker	24.74	February 22, 2007 @ MWC (New Mexico)
7.	Terrian Florence	24.91	February 20, 1988 @ Northern Arizona
	Kayla Fisher-Taylor	24.91@	February 9, 2013 @ Don Kirby Elite (UNM)
9.	Tabitha Shaw	24.97	February 23, 2006 @ MWC (New Mexico)
10.	Natanya Jones	25.00	February 19, 1990 @ Northern Arizona

**400 METER - INDIVIDUAL**

1.	Ariel Burr	53.73	2007
2.	Shirley Pitts	54.00@	2012
3.	Holly VanGrinsven	54.36@	2015
4.	Tawsha Brazley	55.54@	2012
5.	CatherineMcKinney	55.99	1990
6.	Haley Sanner	56.60@	2015
7.	Sue Vigil	56.64yh	1978
8.	Stacey Thompson	57.10	1993
9.	Kamillia Davis	57.16	2004
10.	Shakira Williams	57.39	2006

**400 METER - TIMES**

1.	Ariel Burr	53.73	2007
2.	Shirley Pitts	54.00@	2012
3.	Ariel Burr	54.05	2009
4.	Ariel Burr	54.27	2006
5.	Holly VanGrinsven	54.36@	2015
6.	Ariel Burr	54.38	2009
7.	Ariel Burr	54.54	2009
8.	Holly VanGrinsven	54.80@	2015
9.	Ariel Burr	54.86	2009
10.	Shirley Pitts	54.89	2011

**400 METER - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Ariel Burr	53.73	February 22, 2007 @ MWC (New Mexico)
2.	Shirley Pitts	54.00@	February 25, 2012 @ MWC (New Mexico)
3.	Holly VanGrinsven	54.36@	February 27, 2015@MWC (New Mexico)
4.	Tawsha Brazley	55.54@	February 25, 2012 @ MWC (New Mexico)
5.	CatherineMcKinney	55.99	February 24, 1990 @ Northern Arizona
6.	Haley Sanner	56.60@	February 27, 2015@MWC (New Mexico)
7.	Sue Vigil	56.64yh	1978
8.	Stacey Thompson	57.10	February 26, 1993 @ WAC (Air Force)
9.	Kamillia Davis	57.16	February 26, 2004 @ MWC (Air Force)
10.	Shakira Williams	57.39	February 11, 2006 @ New Mexico

**600 METER - INDIVIDUAL**

1.	Zoe Howell	1:32.90	2015
2.	Sophie Connor	1:33.06	2015
3.	Josephine Moultrie	1:33.21	2012
4.	Shirley Pitts	1:34.02	2011
5.	Hannah Riker-Urruitia	1:37.66	2014
6.	Andrea Wright	1:38.31	2009
7.	Julie Brasher	1:38.32	2013
8.	Mickey Brown	1:39.33	2012
9.	Mia Weaver	1:41.18	2013
10.	Christine Ostler	1:41.59	2012

**600 METER - TIMES**

1.	Zoe Howell	1:32.90	2015
2.	Sophie Connor	1:33.06	2015
3.	Josephine Moultrie	1:33.21	2012
4.	Zoe Howell	1:33.23	2015
5.	Shirley Pitts	1:34.02	2011
6.	Zoe Howell	1:34.49	2015
7.	Josephine Moultrie	1:34.68	2012
8.	Shirley Pitts	1:35.32	2013
9.	Shirley Pitts	1:35.88	2011
10.	Zoe Howell	1:37.08	2014

**600 METER - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Zoe Howell	1:32.90	February 14, 2015 at Don Kirby Elite
2.	Sophie Connor	1:33.06	January 24, 2015 at Lobo Open
3.	Josephine Moultrie	1:33.21	January 27, 2012 at UNM Invitational
4.	Shirley Pitts	1:34.02	January 22, 2011 at UNM Invitational
5.	Hannah Riker-Urruitia	1:37.66	February 1, 2014 @ New Mexico Team Invt.
6.	Andrea Wright	1:38.31	January 17, 2009 at Lobo Open
7.	Julie Brasher	1:38.32	January 25, 2013 @ UNM Invt.
8.	Mickey Brown	1:39.33	January 27, 2012 at UNM Invitational
9.	Mia Weaver	1:41.18	January 18, 2013 at Cherry & Silver Invt.
10.	Christine Ostler	1:41.59	February 3, 2012 at UNM Classic

**800 METERS - INDIVIDUAL**

1.	Sammy Silva	2:08.14@	2015
2.	Sophie Connor	2:08.20@	2015
3.	Josephine Moultrie	2:08.55@	2012
4.	Charlotte Arter	2:09.32@	2014
5.	Chloe Anderson	2:09.33@	2014
6.	Sue Vigil	2:09.54yh	1979
7.	Tamara Armoush	2:11.41@	2015
8.	Zoe Howell	2:12.03@	2015
9.	Regina Dramiga	2:12.04@	1980
10.	Andrea Wright	2:12.25@	2009

**800 METERS - TIMES**

1.	Sammy Silva	2:08.14@	2015
2.	Sophie Connor	2:08.20@	2015
3.	Josephine Moultrie	2:08.55@	2012
4.	Josephine Moultrie	2:09.27@	2012
5.	Charlotte Arter	2:09.32@	2014
6.	Chloe Anderson	2:09.33@	2014
7.	Sue Vigil	2:09.54h	1979
8.	Josephine Moultrie	2:09.75	2013
9.	Sophie Connor	2:09.83@	2015
10.	Chloe Anderson	2:09.92@	2014

**800 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Sammy Silva	2:08.14@	January 31, 2015 @ UNM Team Invt (2:08.86raw)
2.	Sophie Connor	2:08.20@	January 31, 2015 @ UNM Team Invt (2:08.92raw)
3.	Josephine Moultrie	2:08.55@	February 25, 2012 @ MWC (New Mexico)
4.	Charlotte Arter	2:09.32@	January 18, 2014 @ Lobo Collegiate (2:10.05-raw)
5.	Chloe Anderson	2:09.33@	January 18, 2014 @ Lobo Collegiate(2:10.06-raw)
6.	Sue Vigil	2:09.54yh	1979
7.	Tamara Armoush	2:11.41@	February 28, 2015@MWC(UNM)(raw 2:12.15)
8.	Zoe Howell	2:12.03@	February 7, 2015 @ NM Classic(2:12.77raw)
9.	Regina Dramiga	2:12.04@	February 16, 1980 @ New Mexico
10.	Andrea Wright	2:12.25@	February 28, 2009 @ MWC (Air Force)

**1 MILE - INDIVIDUAL**

1.	Sammy Silva	4:33.48@	2015
2.	Josephine Moultrie	4:36.59	2013
3.	Charlotte Arter	4:38.20@	2014
4.	Ashley Gibson	4:43.78	2010
5.	Chloe Anderson	4:44.01	2014
6.	Tamara Armoush	4:45.69@	2015
7.	Sophie Connor	4:46.27@	2015
8.	Ruth Senior	4:48.24@	2011
9.	Imogen Ainsworth	4:48.65@	2013
10.	Nicole Roberts	4:50.27@	2015

**1 MILE - TIMES**

1.	Sammy Silva	4:33.48@	2015
2.	Sammy Silva	4:35.44	2015
3.	Josephine Moultrie	4:36.59	2013
4.	Sammy Silva	4:36.79	2015
5.	Charlotte Arter	4:38.20@	2014
6.	Josephine Moultrie	4:38.87	2012
7.	Sammy Silva	4:41.97@	2015
8.	Josephine Moultrie	4:42.30	2012
9.	Josephine Moultrie	4:42.33	2013
10.	Charlotte Arter	4:42.74	2014

**1 MILE - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Sammy Silva	4:33.48@	February 14, 2015 @ Don Kirby Elite(raw4:39.57)
2.	Josephine Moultrie	4:36.59	February 8, 2013 @ Washington Husky Classic
3.	Charlotte Arter	4:38.20@	February 1, 2014 @ UNM Team Invt (4:44.40-raw)
4.	Ashley Gibson	4:43.78	February 13, 2010 @ Washington Husky Classic
5.	Chloe Anderson	4:44.01	February 15, 2014 @ Washington Husky Classic
6.	Tamara Armoush	4:45.69@	February 14, 2015 @ Don Kirby Elite(raw4:52.05)
7.	Sophie Connor	4:46.27@	February 28, 2015@MWC (UNM)(raw-4:52.64)
8.	Ruth Senior	4:48.24@	January 15, 2011 @ Lobo Open (raw-4:54.66)
9.	Imogen Ainsworth	4:48.65@	January 26, 2013 @ UNM Invt. (raw - 4:55.08)
10.	Nicole Roberts	4:50.27@	January 31, 2015 @ UNM Team Invt (raw-4:54.60)

**3000 METER - INDIVIDUAL**

1.	Josephine Moultrie	9:06.35	2013
2.	Calli Thackery	9:07.31	2015
3.	Ruth Senior	9:17.09@	2011
4.	Alice Wright	9:26.42	2015
5.	Natalie Gray	9:27.25@	2011
6.	Sarah Waldron	9:33.10@	2011
7.	Timmie Murphy	9:33.11	2006
8.	Charlotte Arter	9:36.20@	2014
9.	Imogen Ainsworth	9:39.69@	2012
10.	Nicky Archer	9:40.71@	2009

**3000 METER - TIMES**

1.	Josephine Moultrie	9:06.35	2013
2.	Calli Thackery	9:07.31	2015
3.	Josephine Moultrie	9:14.84	2013
4.	Ruth Senior	9:17.09@	2011
5.	Calli Thackery	9:19.67@	2015
6.	Calli Thackery	9:26.33	2015
7.	Alice Wright	9:26.42	2015
8.	Natalie Gray	9:27.25@	2011
9.	Alice Wright	9:28.47@	2015
10.	Ruth Senior	9:30.82@	2011

**3000 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED**

1.	Josephine Moultrie	9:06.35	January 26, 2013 at Washington Invitational
2.	Calli Thackery	9:07.31	February 14, 2015 @ Washington Husky Classic
3.	Ruth Senior	9:17.09@	January 29, 2011 @ UNM Invt. (raw - 9:31.16)
4.	Alice Wright	9:26.42	February 21, 2015 @ Alex Wilson (ND) Invt.
5.	Natalie Gray	9:27.25@	January 29, 2011 @ UNM Invt. (raw - 9:41.58)
6.	Sarah Waldron	9:33.10@	February 26, 2011 @ MWC (UNM)(raw-9:47.57)
7.	Timmie Murphy	9:33.11	March 4, 2006 @ Washington Last Chance
8.	Charlotte Arter	9:36.20@	March 1, 2013 @MWC (Air Force)(raw10:20.24)
9.	Imogen Ainsworth	9:39.69@	February 25, 2012 @ MWC (New Mexico)
10.	Nicky Archer	9:40.71@	January 31, 2009 @ New Mexico

**5000 METERS - INDIVIDUAL**

1.	Natalie Gray	15:54.29	2011
2.	Sarah Waldron	15:59.93	2012
3.	Ruth Senior	16:02.38	2011
4.	Alice Wright	16:05.62@	2015
5.	Kendra Schaaf	16:21.71	2013
6.	Michelle Corrigan	16:34.58	2009
7.	Jackie Gallegos	16:35.83@	2005
8.	Lacey Oeding	16:39.27@	2012
9.	Nicky Archer	16:40.64	2009
10.	Calli Thackery	16:42.71@	2015

**5000 METERS - TIMES**

1.	Natalie Gray	15:54.29	2011
2.	Sarah Waldron	15:59.93	2012
3.	Ruth Senior	16:02.38	2011
4.	Alice Wright	16:05.62@	2015
5.	Sarah Waldron	16:07.04	2012
6.	Alice Wright	16:09.38	2015
7.	Sarah Waldron	16:14.65	2012
8.	Sarah Waldron	16:16.73	2011
9.	Ruth Senior	16:18.38	2011
10.	Kendra Schaaf	16:21.71	2013

**5000 METERS WHERE PERFORMANCE HAPPENED**

1.	Natalie Gray	15:54.29	February 11, 2011 @ Washington Husky Classic
2.	Sarah Waldron	15:59.93	March 3, 2012 @ Alex Wilson Invt (Notre Dame)
3.	Ruth Senior	16:02.38	February 11, 2011 @ Washington Husky Classic
4.	Alice Wright	16:05.62@	February 27, 2015@MWC(UNM)(raw16:31.85)
5.	Kendra Schaaf	16:21.71	February 9, 2013 @ Washington Husky Classic
6.	Michelle Corrigan	16:34.58	February 14, 2009 @ Washington
7.	Jackie Gallegos	16:35.83@	February 24, 2005 @ MWC (Air Force)
8.	Lacey Oeding	16:39.27@	February 24, 2012 @ MWC (New Mexico)
9.	Nicky Archer	16:40.64	March 7, 2009 @ Notre Dame Last Chance
10.	Calli Thackery	16:42.71@	February 27, 2015@MWC(UNM) (raw 17:09.95)

**4x400 RELAY - TIMES**

1.	Sanner, Howell, Cobb, VanGrinsven	3:43.35@	2015
2.	Brazley, Kelchner, Brown, Pitts	3:44.05@	2012
3.	Sanner, Howell, Cobb, VanGrinsven	3:45.74@	2015
4.	Brazley, Brown, Kelchner, Pitts	3:47.65@	2012
5.	Burr, Matison, S. Fortner, Zarrella	3:47.66	2007
6.	Howell, Sanner, Vigil, Riker-Urrutia	3:47.69@	2012
7.	Brazley, Brown, Kelchner, Pitts	3:48.84@	2014
8.	Howell, McCray, Pitts, Brazley	3:49.04	2013
9.	Howell, McCray, Pitts, Brazley	3:49.12@	2013
10.		3:49.48	2006

**PENTATHLON - INDIVIDUAL**

1.	Sandy Fortner (8.70, 5' 7 1/4", 42 10 3/4", 19' 6", 2:25.41)	4156	2010
2.	Samantha Bowe (8.87-5' 7"-41' 7 1/4"-18' 11 3/4"-2:35.13)	3911	2014
3.	Keren Sari-Bentzur (8.99-5' 7 1/4"-35' 7"-18' 11 3/4"-2:29.65)	3845	2003
4.	Kyra Mohns (9.04-5' 5 1/4"-35' 1 1/4"-17' 3 1/2"-2:2672)	3681	2015
5.	Casey Dowling (8.95-5' 3 3/4"-31' 6 1/2"-19' 4"-2:44.78)	3518	2015
6.	Holly VanGrinsven (8.84, 5' 1/4", 31' 6 3/4", 18' 1/4", 2:29.24)	3503	2013
7.	Precious Selmon (8.43, 5' 4 1/2", 39' 4 1/2", 19' 1/2", 2:55.91)	3469	2011
8.	Hedi Anderson	3442	1990
9.	Susanne Oravainen (8.66(55h), 5' 3 1/4", 32' 11 1/4", 17' 1,2:31.49)	3352	1997
10.	Anita Marsland (9.9h,28', 5' 6 1/2", 15' 9", 2:41.64)	3222	1980

**LONG JUMP - INDIVIDUAL**

1.	Aasha Marler	20' 5 1/4"	2015
2.	Alesha Walker	20' 1 1/2"	2008
3.	Keren Sari-Bentzur	19' 11"	2001
4.	Casey Dowling	19' 10 3/4"	2014
5.	Sandy Fortner	19' 8"	2008
	YeshemabetTurner	19' 8"	2014
7.	Tara Spurlock	19' 5"	1984
8.	Samantha Bowe	19' 4 3/4"	2015
9.	Janell Hadnot	19' 3 1/4"	2014
10.	Precious Selmon	19' 2 3/4"	2011

**LONG JUMP - DISTANCES**

1.	Aasha Marler	20' 5 1/4"	2015
2.	Aasha Marler	20' 5"	2014
3.	Aasha Marler	20' 3 1/2"	2015
4.	Aasha Marler	20' 2 1/2"	2015
5.	Alesha Walker	20' 1 1/2"	2008
6.	Aasha Marler	20' 1/4"	2014
7.	Aasha Marler	19' 11 1/2 2014	
8.	Alesha Walker	19' 11 1/4 2011	
	Alesha Walker	19' 11 1/4 2011	
9.	Keren Sari-Bentzur	19' 11"	2001
	Alesha Walker	19' 11"	2011
	Alesha Walker	19' 11"	2011

**TRIPLE JUMP - INDIVIDUAL**

1.	Deanna Young	43' 2 1/2"	2011
2.	Jannell Hadnot	42' 3 1/2"	2014
3.	Lavern Clarke	42' 3 1/4"	1990
4.	Aasha Marler	42' 1 1/2"	2015
5.	Monique Harris	41' 9 3/4"	2002
6.	Yeshemabet Turner	41' 2 1/2"	2014
7.	Hagit Salamon	40' 3/4"	2007
8.	Susanna Orvainen	39' 5"	1996
9.	Casey Dowling	38' 11"	2013
10.	Lisa Oliver	38' 9"	1998

**TRIPLE JUMP - DISTANCES**

1.	Deanna Young	43' 2 1/2"	2011
2.	Deanna Young	43' 1 3/4"	2009
3.	Deanna Young	42' 5 1/4"	2011
4.	Deanna Young	42' 4 1/4"	2009
5.	Jannell Hadnot	42' 3 1/2"	2014
6.	Lavern Clarke	42' 3 1/4"	1990
7.	Deanna Young	42' 2"	2009
8.	Aasha Marler	42' 1 1/2"	2015
9.	Jannell Hadnot	42' 3/4"	2015
10.	Lavern Clarke	42' 1/4"	1992

**HIGH JUMP - INDIVIDUAL**

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	2007
3.	Sandy Fortner	5' 9 1/4"	2010
4.	Aura Cook	5' 8 3/4"	1993
	Samantha Bowe	5' 8 3/4"	2014
6.	Kristina Curtis	5' 7 3/4"	2006
7.	Keren Sari-Bentzur	5' 7 1/4"	2003
	Darcy Ahner	5' 7 1/4"	1987
9.	Marin Schweigert	5' 7"	2011
10.	Kelli Myers	5' 6 3/4"	2002

**HIGH JUMP - HEIGHTS**

1.	Margaret Metcalf	5' 11"	1979
2.	Margaret Metcalf	5' 10 1/2"	1980
3.	Tiyana Peters	5' 10"	2007
	Tiyana Peters	5' 10"	2007
	Margaret Metcalf	5' 10"	1979
	Margaret Metcalf	5' 10"	1979
4.	Sandy Fortner	5' 9 1/4"	2010
5.	Margaret Metcalf	5' 9"	1980
6.	Tiyana Peters	5' 8 3/4"	2007
	Samantha Bowe	5' 8 3/4"	2014

**POLE VAULT - INDIVIDUAL**

1.	Amber Menke	13' 5 3/4"	2012
2.	Bridgid Isworth	13' 2 1/2"	2003
3.	Margo Tucker	13' 2 1/4"	2014
	Annie Stirling	13' 2 1/4"	2014
5.	Whitney Johnson	13' 1 3/4"	2006
6.	Nathalie Busk	12' 7 1/2"	2013
7.	Emily Heisler	12' 6 1/4"	2014
8.	Kelly Fortner	12' 5 1/2"	2010
9.	Katherine Whiting	12' 2 1/2"	2015
10.	Lauren Jaramillo	12' 1 1/2"	2010

**POLE VAULT - HEIGHTS**

1.	Amber Menke	13' 5 3/4"	2012
2.	Amber Menke	13' 4 1/2"	2012
3.	Amber Menke	13' 2 1/2"	2013
	Bridgid Isworth	13' 2 1/2"	2003
4.	Amber Menke	13' 2 1/4"	2013
	Margo Tucker	13' 2 1/4"	2014
	Annie Stirling	13' 2 1/4"	2014
	Annie Stirling	13' 2 1/4"	2015
5.	Whitney Johnson	13' 1 3/4"	2006
	Whitney Johnson	13' 1 3/4"	2006
	Margo Tucker	13' 1 3/4"	2014

**SHOT PUT - INDIVIDUAL**

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Myra Smith	46' 11"	1992
3.	Briana Paxton	46' 3 1/4"	2008
4.	Sandy Fortner	44' 8 3/4"	2010
5.	Terry Helleck	43' 7"	1980
6.	Bobbi Hall	43' 0"	2002
7.	Lynn Keck	41' 11"	1984
8.	Samantha Bowe	41' 7 1/4"	2014
9.	Sarah Swartwood	41' 3 3/4"	2007
10.	Debbie Davis	41' 2 1/4"	1979

**SHOT PUT - DISTANCES**

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Amanda Barnes	49' 3 1/2"	2004
3.	Amanda Barnes	49' 2 1/2"	2005
4.	Amanda Barnes	48' 11"	2005
5.	Amanda Barnes	48' 7 1/2"	2005
6.	Amanda Barnes	48' 7 1/4"	2005
7.	Amanda Barnes	48' 2"	2005
8.	Amanda Barnes	47' 8"	2005
9.	Amanda Barnes	47' 4 1/2"	2005
10.	Amanda Barnes	47' 1/4"	2003

**4x400 RELAY****WHERE PERFORMANCE HAPPENED**

1.	3:43.35@	February 28, 2015@MWC(UNM) (raw - 3:42.91)
2.	3:44.05@	February 25, 2012 @ MWC (New Mexico)
3.	3:45.74@	February 14, 2015 @ Don Kirby Elite
4.	3:47.65@	January 21, 2012 @ UNM Cherry & Silver
5.	3:47.66	February 22, 2007 @ MWC (New Mexico)
6.	3:47.69@	February 15, 2014 @ Don Kirby Elite (3:47.25raw)
7.	3:48.84@	February 4, 2012 @ New Mexico Classic
8.	3:49.04	February 23, 2013 @ MWC (Boise State)
9.	3:49.12@	January 26, 2013 @ UNM Invt.
10.	3:49.48	February 23, 2006 @ MWC (New Mexico)

**PENTATHLON****WHERE PERFORMANCE HAPPENED**

1.	Sandy Fortner	4156	March 13, 2010 @ NCAA Champ. (Arkansas)
2.	Samantha Bowe	3911	February 27, 2014 @ MWC (Air Force)
3.	Keren Sari-Bentzur	3845	February 27, 2003 @ MWC (Air Force)
4.	Kyra Mohns	3681	February 26, 2015 @ MWC (New Mexico)
5.	Casey Dowling	3518	February 6, 2015 @ New Mexico Classic
6.	Holly VanGrinsven	3503	February 21, 2013 @ MWC (Boise State)
7.	Precious Selmon	3469	February 24, 2011 @ MWC (UNM)
8.	Hedi Anderson	3442	February 3, 1990 @ Air Force
9.	Susanne Oravainen	3352	February 22, 1997 @ WAC (Air Force)
10.	Anita Marsland	3222	January 26, 1980 @ New Mexico

**LONG JUMP****WHERE PERFORMANCE HAPPENED**

1.	Aasha Marler	20' 5 1/4"	February 13, 2015 @ Don Kirby Elite
2.	Alesha Walker	20' 1 1/2"	March 8, 2008 @ Washington Last Chance
3.	Keren Sari-Bentzur	19' 11"	February 10, 2001 @ Northern Arizona
4.	Casey Dowling	19' 10 3/4"	February 28, 2014 @ MWC (Air Force)
5.	Sandy Fortner	19' 8"	February 9, 2008 @ Air Force
	YeshemabetTurner	19' 8"	January 18, 2014
7.	Tara Spurlock	19' 5"	January 28, 1984 @ Northern Arizona
8.	Samantha Bowe	19' 4 3/4"	February 26, 2015@MWC Pentathlon (New Mexico)
9.	Janell Hadnot	19' 3 1/4"	February 28, 2014 @ MWC (Air Force)
10.	Precious Selmon	19' 2 3/4"	February 11, 2011 @ UNM Don Kirby Invt.

**TRIPLE JUMP****WHERE PERFORMANCE HAPPENED**

1.	Deanna Young	43' 2 1/2"	February 26, 2011 @ MWC (New Mexico)
2.	Jannell Hadnot	42' 3 1/2"	February 1, 2014 @ New Mexico Team Invt.
3.	Lavern Clarke	42' 3 1/4"	February 24, 1990 @ Northern Arizona
4.	Aasha Marler	42' 1 1/2"	February 28, 2015 @ MWC (New Mexico)
5.	Monique Harris	41' 9 3/4"	February 2, 2002 @ Nevada
6.	Yeshemabet Turner	41' 2 1/2"	February 15, 2014 @ Don Kirby Elite
7.	Hagit Salamon	40' 3/4"	February 9, 2007 @ New Mexico
8.	Susanna Orvainen	39' 5"	February 22, 1996 @ WAC (Air Force)
9.	Casey Dowling	38' 11"	February 23, 2013 @ MWC (Boise State)
10.	Lisa Oliver	38' 9"	February 28, 1998 @ WAC (Air Force)

**HIGH JUMP****WHERE PERFORMANCE HAPPENED**

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	February 16, 2007 @ New Mexico
3.	Sandy Fortner	5' 9 1/4"	February 25, 2010 @ MWC Pent. (New Mexico)
4.	Aura Cook	5' 8 3/4"	February 26, 1993 @ WAC (Air Force)
	Samantha Bowe	5' 8 3/4"	January 24, 2014 @ C&S Pentathlon
6.	Kristina Curtis	5' 7 3/4"	February 23, 2006 @ MWC (New Mexico)
7.	Keren Sari-Bentzur	5' 7 1/4"	February 27, 2003 @ MWC (Air Force)
	Darcy Ahner	5' 7 1/4"	February 21, 1987 @ Northern Arizona
9.	Marin Schweigert	5' 7"	February 26, 2011 @ MWC (New Mexico)
10.	Kelli Myers	5' 6 3/4"	January 25, 2002 @ Air Force

**POLE VAULT****WHERE PERFORMANCE HAPPENED**

1.	Amber Menke	13' 5 3/4"	February 24, 2012 @ MWC (New Mexico)
2.	Bridgid Isworth	13' 2 1/2"	February 27, 2003 @ MWC (Air Force)
3.	Margo Tucker	13' 2 1/4"	March 1, 2014 @ MWC (Air Force)
	Annie Stirling	13' 2 1/4"	March 1, 2014 @ MWC (Air Force)
5.	Whitney Johnson	13' 1 3/4"	March 3, 2006 @ Air Force Last Chance
6.	Nathalie Busk	12' 7 1/2"	February 2, 2013 @ UNM Classic
7.	Emily Heisler	12' 6 1/4"	March 1, 2014 @ MWC (Air Force)
8.	Kelly Fortner	12' 5 1/2"	February 26, 2010 @ MWC (New Mexico)
9.	Katherine Whiting	12' 2 1/2"	January 24, 2015 @ Lobo Collegiate Open
10.	Lauren Jaramillo	12' 1 1/2"	January 29, 2010 @ UNM Lobo Challenge

**SHOT PUT****WHERE PERFORMANCE HAPPENED**

1.	Amanda Barnes	49' 4 1/2"	February 24, 2005 @ MWC (Air Force)
2.	Myra Smith	46' 11"	February 29, 1992 @ WAC (Air Force)
3.	Briana Paxton	46' 3 1/4"	February 29, 2008 @ MWC (Air Force)
4.	Sandy Fortner	44' 8 3/4"	February 5, 2010 @ UNM Combined Event
5.	Terry Helleck	43' 7"	March 7, 1980 @ AIAW (Missouri)
6.	Bobbi Hall	43' 0"	February 21, 2002 @ MWC (Air Force)
7.	Lynn Keck	41' 11"	January 28, 1984
8.	Samantha Bowe	41' 7 1/4"	February 27, 2014 @ MWC Pentathlon (Air Force)
9.	Sarah Swartwood	41' 3 3/4"	February 22, 2007 @ MWC (New Mexico)
10.	Debbie Davis	41' 2 1/4"	1979

**20 LB WEIGHT THROW - INDIVIDUAL**

1.	Amanda Barnes	60' 10 3/4	2005
2.	Jamie Fishencord	55' 1"	2005
3.	Briana Paxton	48' 10"	2008
4.	Tami Williams	47' 11"	2010
5.	Sarah Swartwood	47' 6 1/2"	2009
6.	Chelsea Stephens	47' 1 1/2	1996
7.	Erin Manning	42' 9 1/2	2007
8.	Vanessa Frangos	41' 10 1/2	2006
9.	Melissa Page	32' 6"	1996
10.			

**20 LB. WEIGHT THROW-DISTANCES**

1.	Amanda Barnes	60' 10 3/4	2005
2.	Amanda Barnes	55' 3 1/2"	2005
3.	Jamie Fishencord	55' 1"	2005
	Amanda Barnes	55' 1"	2005
4.	Jamie Fishencord	54' 7 1/4"	2005
5.	Amanda Barnes	54' 1"	2005
6.	Jamie Fishencord	53' 11 3/4	2004
7.	Amanda Barnes	53' 9 3/4"	2004
8.	Jamie Fishencord	53' 9 1/4"	2005
9.	Amanda Barnes	53' 8 1/2"	2005

**20 LB. WEIGHT THROW**

1.	Amanda Barnes	60' 10 3/4	February 24, 2005 @ MWC (Air Force)
2.	Jamie Fishencord	55' 1"	February 24, 2005 @ MWC (Air Force)
3.	Briana Paxton	48' 10"	February 28, 2008 @ MWC (Air Force)
4.	Tami Williams	47' 11"	February 26, 2010 @ MWC (New Mexico)
5.	Sarah Swartwood	47' 6 1/2"	February 7, 2009 @ New Mexico
6.	Chelsea Stephens	47' 1 1/2	February 22, 1996 @ WAC (Air Force)
7.	Erin Manning	42' 9 1/2"	February 10, 2007 @ New Mexico
8.	Vanessa Frangos	41' 10 1/2	February 23, 2006 @ MWC (New Mexico)
9.	Melissa Page	32' 6"	February 3, 1996 @ Northern Arizona
10.			

**WHERE PERFORMANCE HAPPENED****DISTANCE MEDLEY RELAY - TIMES**

1.	Thackery, VanGrinsven,Connor, Silva	11:01.44	2015
2.	Armouh, VanGrinsven, Connor, Wright	11:17.98	2015
3.	Milner, Perkins, Darling, Senior	11:34.71@	2011
4.	Hood, Lewis, Hosker-Thornhill, Roberts	11:37.86@	2015
5.	Silva, Riker-Urrutia, Boast, Armouh	11:42.72@	2014
6.	Zimmerman, Howell, Follett, Roberts	11:43.94@	2014
7.	Milner, Brown, Reed, Ainsworth	11:53.03@	2012
8.	Senior, Brazley, Martin, Gibson	11:55.46@	2010
9.	Brasher, McCray, Weaver, Mitsos	11:56.65	2013
10.	Luna, Zarrella, Lucy, Murphy	11:56.70@	2006

**DISTANCE MEDLEY RELAY - WHERE PERFORMANCE HAPPENED**

11:01.44	February 21, 2015 @ Alex Wilson (ND) Invt.
11:17.98	March 13, 2015 @ NCAA Championship (Arkansas)
11:34.71@	February 25, 2011 @ MWC(UNM)(raw-11:45.39)
11:37.86@	February 27, 2015@MWC(UNM) (raw-11:49.59)
11:42.72@	February 28, 2014 @ MWC (Air Force)(12:01.67)
11:43.94@	February 14, 20014@Don Kirby Elite (11:54.76)
11:53.03@	February 24, 2012 @ MWC (New Mexico)
11:55.46@	February 26, 2010 @ MWC (New Mexico)
11:56.65	February 23, 2013 @ MWC (Boise State)
11:56.70@	February 23, 2006 @ MWC (New Mexico)



# UNIVERSITY OF NEW MEXICO MEN'S INDOOR TRACK & FIELD

## ALL TIME TOP TEN (1958 - 2015) (REVISED MARCH 14, 2015)

**PLEASE NOTE:** These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

### HOW TO READ THE RANKINGS.

**PERFORMERS:** THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

**PERFORMANCES:** THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

### Conversions used in these rankings

**TRACK SIZE:** The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in **BOLD/ITALICS** has been converted.

**ALTITUDE:** The NCAA converts performances based on altitude due to either the enhancement (60, 200, 400) or the difficulty (800, 1m, 3K, 5K) of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment.

**HAND TIMING:** Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

**YARDS:** Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

#### 55 METERS - INDIVIDUAL

1.	Phil Miller	6.32	1985
2.	Gabriel Okon	6.35	1987
3.	Jim Boswell	6.49	1998
	James Martin	6.49	1998
	Karlos Kirby	6.49	1991
6.	Carl King	6.51	1996
7.	Jeramie White	6.52	2005
	Stacey Blackmore	6.52	1991
9.	Ahmed Raji	6.53	2005
10.	Willie Goldsmith	6.54	1985

#### 55 METERS - TIMES

1.	Phil Miller	6.32	1985
2.	Gabriel Okon	6.35	1987
3.	Jim Boswell	6.49	1998
	James Martin	6.49	1998
	Karlos Kirby	6.49	1991
4.	Carl King	6.51	1996
5.	Jeramie White	6.52	2005
	Stacey Blackmore	6.52	1991
6.	Ahmed Raji	6.53	2005
7.	Stacey Blackmore	6.54	1991
	Willie Goldsmith	6.54	1985

#### 55 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Phil Miller	6.32	1985
2.	Gabriel Okon	6.35	January 31, 1987 @ Northern Arizona
3.	James Martin	6.49	February 27, 1998 @ WAC (Air Force)
	Jim Boswell	6.49	February 27, 1998 @ WAC (Air Force)
	Karlos Kirby	6.49	February 22, 1991 @ WAC (Air Force)
6.	Carl King	6.51	February 2, 1996 @ Northern Arizona
7.	Jeramie White	6.52	January 29, 2005 @ Texas Tech
	Stacey Blackmore	6.52	February 9, 1991 @ Northern Arizona
9.	Ahmed Raji	6.53	January 29, 2005 @ Texas Tech
10.	Willie Goldsmith	6.54	1985

#### 55m HURDLES - INDIVIDUAL

1.	Willie Goldsmith	7.30	1985
2.	Shawn Taylor	7.44	1988
3.	Kwane Stewart	7.56	1992
4.	Chris Barella	7.64	1988
5.	Chuck Warner	7.76	1987
	Ed Ford	7.76	1985
7.	Kelly Woyewodzic	8.00	1998
8.	Chuck Clark	8.03	1987
9.	Mike Pergerino	8.22	1999
10.			

#### 55m HURDLES - TIMES

1.	Willie Goldsmith	7.30	1985
2.	Shawn Taylor	7.44	1988
3.	Shawn Taylor	7.47	1988
4.	Kwane Stewart	7.56	1992
5.	Kwane Stewart	7.64	1991
	Chris Barella	7.64	1988
6.	Kwane Stewart	7.66	1991
7.	Chuck Warner	7.76	1987
	Ed Ford	7.76	1985
8.	Chuck Warner	7.92	1987

#### 55m HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Willie Goldsmith	7.30	1985
2.	Shawn Taylor	7.44	February 26, 1988 @ WAC (Air Force)
3.	Kwane Stewart	7.56	February 15, 1992 @ Air Force
4.	Chris Barella	7.64	February 26, 1988 @ WAC (Air Force)
5.	Chuck Warner	7.76	January 31, 1987 @ Northern Arizona
	Ed Ford	7.76	1985
7.	Kelly Woyewodzic	8.00	February 27, 1998 @ WAC (Air Force)
8.	Chuck Clark	8.03	January 31, 1987 @ Northern Arizona
9.	Mike Pergerino	8.22	January 30, 1999 @ Texas Tech
10.			

#### 60 METERS - INDIVIDUAL

1.	Ridge Jones	6.62@	2015
2.	Beejay Lee	6.69@	2012
3.	Lamaar Thomas	6.77@	2010
4.	Allan Hamilton	6.80@	2015
5.	Scott Bajere	6.82@	2015
	Carlos Wiggins	6.82@	2015
7.	Kendall Spencer	6.84@	2014
8.	Aaron Brack	6.88@	2006
9.	Jeramie White	6.89@	2004
10.	Jhurell Pressley	6.91@	2014

#### 60 METERS - TIMES

1.	Ridge Jones	6.62@	2015
2.	Ridge Jones	6.67@	2015
3.	Beejay Lee	6.69@	2012
	Ridge Jones	6.69@	2015
4.	Ridge Jones	6.70@	2014
5.	Ridge Jones	6.71@	2015
6.	Ridge Jones	6.72@	2014
7.	Beejay Lee	6.74@	2012
8.	Ridge Jones	6.75@	2014
9.	Ridge Jones	6.76@	2014

#### 60 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	Ridge Jones	6.62@	February 28, 2015@MWC (New Mexico)
2.	Beejay Lee	6.69@	February 10, 2012 @ Don Kirby Elite (UNM)
3.	Lamaar Thomas	6.77@	February 27, 2010 @ MWC (New Mexico)
4.	Allan Hamilton	6.80@	February 28, 2015@MWC (New Mexico)
5.	Scott Bajere	6.82@	February 28, 2015@MWC (New Mexico)
	Carlos Wiggins	6.82@	February 28, 2015@MWC (New Mexico)
7.	Kendall Spencer	6.84@	February 15, 2014 @ Don Kirby Elite (UNM)
8.	Aaron Brack	6.88@	February 23, 2006 @ MWC (New Mexico)
9.	Jeramie White	6.89@	February 14, 2004
10.	Jhurell Pressley	6.91@	February 15, 2014 @ Don Kirby Elite (UNM)

#### 60 HURDLES - INDIVIDUAL

1.	De'Vron Walker	7.96@	2011
2.	Chris Garofola	8.11@	2004
3.	Mark Lamb	8.17@	2007
4.	Yannick Roggatz	8.30@	2014
5.	Brian Wilson	8.38@	2011
6.	Richard York	8.42@	2010
7.	Justin Massey	8.46	2001
8.	Mark Johnson	8.49	2004
9.	Matt Bishop	8.54	2001
10.	Derek McDonald	8.55@	2005

#### 60m HURDLES - TIMES

1.	De'Vron Walker	7.96@	2011
2.	De'Vron Walker	8.01@	2011
3.	De'Von Walker	8.02@	2012
4.	De'Vron Walker	8.04@	2012
5.	De'Vron Walker	8.05	2013
6.	De'Vron Walker	8.07	2013
	De'Vron Walker	8.07@	2011
	De'Vron Walker	8.07@	2012
7.	De'Vron Walker	8.09@	2010
	De'Vron Walker	8.09@	2010
	De'Vron Walker	8.09@	2012

#### 60 HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED

1.	De'Vron Walker	7.96@	February 11, 2011 @ UNM Don Kirby Invnt.
2.	Chris Garofola	8.11@	February 26, 2004 @ MWC (Air Force)
3.	Mark Lamb	8.17@	February 9, 2007 @ New Mexico
4.	Yannick Roggatz	8.30@	February 27, 2015@MWC (New Mexico)
5.	Brian Wilson	8.38@	February 11, 2011 @ UNM Don Kirby Invnt.
6.	Richard York	8.42@	January 23, 2010 @ New Mexico Cherry & Silver
7.	Justin Massey	8.46	February 10, 2001 @ Northern Arizona
8.	Mark Johnson	8.49	February 26, 2004 @ MWC Hept. (Air Force)
9.	Matt Bishop	8.54	January 27, 2001 @ Air Force
10.	Derek McDonald	8.55@	February 5, 2005 @ Northern Arizona

**200 METERS - INDIVIDUAL**

1.	Ridge Jones	21.43@	2015
2.	Larry Davis	21.44	2001
3.	Chris Garofola	21.54	2004
4.	Carlos Wiggins	21.55@	2015
5.	Beejay Lee	21.57@	2012
6.	Ian Stewart	21.61	2001
7.	Thomas Trujillo	21.64	2011
8.	Karlos Kirby	21.66	1991
9.	Stacey Blackmore	21.68	1991
10.	Jermaine McQueen	21.69	2009

**200 METERS - TIMES**

1.	Ridge Jones	21.43@	2015
2.	Larry Davis	21.44	2001
3.	Ridge Jones	21.45@	2015
4.	Chris Garofola	21.54	2004
5.	Carlos Wiggins	21.55@	2015
	Carlos Wiggins	21.55@	2015
6.	Larry Davis	21.57	2001
	Beejay Lee	21.57@	2012
7.	Ridge Jones	21.59@	2014
8.	Ian Stewart	21.61	2001

**200 METERS - INDIVIDUAL**

1.	Ridge Jones	21.43@	February 13, 2015 @ Don Kirby Elite
2.	Larry Davis	21.44	February 24, 2001 @ MWC (Air Force)
3.	Chris Garofola	21.54	February 26, 2004 @ MWC (Air Force)
4.	Carlos Wiggins	21.55@	February 27, 2015 @ MWC (New Mexico)
5.	Beejay Lee	21.57@	February 25, 2012 @ MWC (New Mexico)
6.	Ian Stewart	21.61	January 26, 2001 @ Air Force
7.	Thomas Trujillo	21.64	February 26, 2011 @ MWC (New Mexico)
8.	Karlos Kirby	21.66	February 22, 1991 @ WAC (Air Force)
9.	Stacey Blackmore	21.68	February 22, 1991 @ WAC (Air Force)
10.	Jermaine McQueen	21.69	January 31, 2009 @ New Mexico

**WHERE PERFORMANCE HAPPENED****400 METER - INDIVIDUAL**

1.	Jarrin Solomon	46.33	2009
2.	Mike Solomon	47.54hy	1977
3.	Ian Stewart	47.61	2001
4.	Willie Garcia	47.95	1992
5.	Dominick Roberts	48.00	2009
6.	Chaz Lewis	48.12@	2015
7.	David Lloyd	48.34	2002
8.	Rene Matison	<b>48.54yh</b>	<b>1968</b>
9.	Mark Haywood	48.58@	2015
10.	Charles Dramiga	48.59y	1978

**400 METER - TIMES**

1.	Jarrin Solomon	46.33	2009
2.	Jarrin Solomon	46.55	2009
3.	Jarrin Solomon	46.69	2009
4.	Jarrin Solomon	46.84	2009
5.	Jarrin Solomon	46.85	2009
6.	Jarrin Solomon	46.95	2009
7.	Jarrin Solomon	47.00	2009
8.	Jarrin Solomon	47.17	2009
9.	Mike Solomon	47.54hy	1977
10.	Ian Stewart	47.61	2001

**400 METER - INDIVIDUAL**

1.	Jarrin Solomon	46.33	March 7, 2009 @ Iowa State Last Chance
2.	Mike Solomon	47.54hy	1977 @ Idaho State
3.	Ian Stewart	47.61	February 10, 2001 @ Northern Arizona
4.	Willie Garcia	47.95	February 8, 1992 @ Northern Arizona
5.	Dominick Roberts	48.00	February 28, 2009 @ MWC (Air Force)
6.	Chaz Lewis	48.12@	February 27, 2015 @ MWC (New Mexico)
7.	David Lloyd	48.34	February 9, 2002 @ Northern Arizona
8.	Rene Matison	<b>48.54yh</b>	<b>February 10, 1968 @ UNM (176yd)</b>
9.	Mark Haywood	48.58@	February 27, 2015 @ MWC (New Mexico)
10.	Charles Dramiga	48.59y	March 10, 1978 @ NCAA (Detroit)

**WHERE PERFORMANCE HAPPENED****600 METERS - INDIVIDUAL**

1.	Jarrin Solomon	1:19.18	2008
2.	Sam Evans	1:19.28	2011
3.	Gabe Aragon	1:19.35	2012
4.	JP Cordova	1:20.59	2012
5.	James Senior	1:20.82	2012
	Chaz Lewis	1:20.82	2015
7.	Alex Herring	1:21.00	2013
8.	Chris Kline	1:21.13	2014
9.	Ryan Steadman	1:21.58	2010
10.	Brian Vallie	1:21.69	2008

**600 METERS - TIMES**

1.	Jarrin Solomon	1:19.18	2008
2.	Sam Evans	1:19.28	2011
3.	Gabe Aragon	1:19.35	2012
4.	JP Cordova	1:20.59	2012
5.	Gabe Aragon	1:20.75	2013
6.	James Senior	1:20.82	2012
	Chaz Lewis	1:20.82	2015
7.	Alex Herring	1:21.00	2013
8.	Chris Kline	1:21.13	2014
9.	Gabe Aragon	1:21.41	2014

**600 METERS - INDIVIDUAL**

1.	Jarrin Solomon	1:19.18	2008 January 17, 2008 at Lobo Open
2.	Sam Evans	1:19.28	2011 February 4, 2011 at UNM Classic
3.	Gabe Aragon	1:19.35	2012 January 20, 2012 at Cherry & Silver Open
4.	JP Cordova	1:20.59	2012 January 20, 2012 at Cherry & Silver Open
5.	James Senior	1:20.82	2012 February 10, 2012 at Don Kirby Elite
	Chaz Lewis	1:20.82	2015 January 24, 2015 @ Lobo Open
7.	Alex Herring	1:21.00	2013 February 1, 2013 @ UNM Classic
8.	Chris Kline	1:21.13	2014 February 1, 2014 @ New Mexico Team
9.	Ryan Steadman	1:21.58	2010 February 5, 2010 at UNM Classic
10.	Brian Vallie	1:21.69	2008 January 17, 2008 at Lobo Open

**WHERE PERFORMANCE HAPPENED****800 METERS - INDIVIDUAL**

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Gabe Aragon	1:49.37@	2012
3.	Alex Herring	1:49.50	2013
4.	Sam Evans	1:49.52@	2011
5.	Lee Emanuel	1:50.15@	2009
6.	Roger Moore	1:50.84h	1983
7.	David Bishop	1:50.97@	2011
8.	JP Cordova	1:51.11@	2011
9.	Rich Martinez	1:51.21	1985
10.	Elmar Engholm	1:51.29@	2015

**800 METERS - TIMES**

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Gabe Aragon	1:49.37@	2012
3.	Gabe Aragon	1:49.48@	2011
4.	Alex Herring	1:49.50	2013
5.	Sam Evans	1:49.52@	2011
6.	Gabe Aragon	1:49.68@	2011
7.	Gabe Aragon	1:49.96@	2014
8.	Lee Emanuel	1:50.15@	2009
9.	Lee Emanuel	1:50.26@	2010
10.	Lee Emanuel	1:50.30@	2009

**800 METERS - INDIVIDUAL**

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Gabe Aragon	1:49.37@	February 10, 2012 @ Don Kirby Elite (raw-1:49.98)
3.	Alex Herring	1:49.50	March 1, 2013 at Notre Dame Alex Wilson
4.	Sam Evans	1:49.52@	February 11, 2011 @UNM Don Kirby (raw-1:50.14)
5.	Lee Emanuel	1:50.15@	February 28, 2009 @ MWC (Air Force)
6.	Roger Moore	1:50.84h	1983 @ Tennessee
7.	David Bishop	1:50.97@	January 29, 2011 @ UNM Invt. (raw - 1:51.39)
8.	JP Cordova	1:51.11@	February 11, 2011 UNM Don Kirby (raw-1:51.74)
9.	Rich Martinez	1:51.21	1985
10.	Elmar Engholm	1:51.29@	January 24, 2015 @ Lobo Open (raw - 1:51.92)

**WHERE PERFORMANCE HAPPENED****1 MILE - INDIVIDUAL**

1.	Lee Emanuel	3:57.62	2010
2.	Elmar Engholm	3:57.95@	2015
3.	Adam Bitchell	3:59.83@	2013
4.	Ross Millington	3:59.86	2011
5.	David Bishop	4:00.38	2009
6.	Jake Shelley	4:00.47@	2014
7.	Luke Caldwell	4:01.01@	2014
8.	Sam Evans	4:02.49	2013
9.	Pat Zacharias	4:02.74@	2014
10.	Ibrahim Hussein	4:04.44	1984

**1 MILE - TIMES**

1.	Lee Emanuel	3:57.62	2010
2.	Lee Emanuel	3:57.91	2009
3.	Elmar Engholm	3:57.95@	2015
4.	Elmar Engholm	3:58.90@	2014
5.	Lee Emanuel	3:59.26	2010
6.	Adam Bitchell	3:59.83@	2013
7.	Ross Millington	3:59.86	2011
8.	Lee Emanuel	4:00.36	2009
9.	David Bishop	4:00.38	2009
10.	Jake Shelley	4:00.47@	2014

**1 MILE - INDIVIDUAL**

1.	Lee Emanuel	3:57.62	January 29, 2010 @ Indiana Relays
2.	Elmar Engholm	3:57.95@	February 14, 2015 @ Don Kirby Elite(raw4:03.25)
3.	Adam Bitchell	3:59.83@	January 26, 2013 @ UNM Invt (raw 4:05.17)
4.	Ross Millington	3:59.86	January 28, 2011 @ Indiana Relays
5.	David Bishop	4:00.38	February 14, 2009 @ Washington
6.	Jake Shelley	4:00.47@	February 15, 2014 @ Don Kirby Elite (4:05.83-raw)
7.	Luke Caldwell	4:01.01@	February 1, 2014 @ New Mexico Invt(4:06.38-raw)
8.	Sam Evans	4:02.49	February 9, 2013 @ Washington Classic
9.	Pat Zacharias	4:02.74@	February 1, 2014 @ New Mexico Invt(4:08.15-raw)
10.	Ibrahim Hussein	4:04.44	1984 @ East Tennessee State

**WHERE PERFORMANCE HAPPENED****3000 METER - INDIVIDUAL**

1.	Ross Millington	7:49.11	2012
2.	Lee Emanuel	7:51.20	2010
3.	Adam Bitchell	7:53.27@	2015
4.	Rory Fraser	7:56.31@	2010
5.	Pat Zacharias	8:05.94@	2015
6.	David Bishop	8:06.63	2011
7.	Chip Smith	8:07.01	1993
8.	Jeremy Johnson	8:08.61	2007
9.	Jacob Kirwa	8:10.58@	2010
10.	Ibrahim Hussein	8:11.35@	1984

**3000 METER - TIMES**

1.	Ross Millington	7:49.11	2012
2.	Lee Emanuel	7:51.20	2010
3.	Adam Bitchell	7:53.27@	2015
4.	Ross Millington	7:54.08	2011
5.	Rory Fraser	7:56.31@	2010
6.	Lee Emanuel	7:56.35	2009
7.	Adam Bitchell	7:58.95@	2015
8.	Adam Bitchell	7:59.53@	2015
9.	Adam Bitchell	8:00.86	2014
10.	Adam Bitchell	8:02.72	2015

**3000 METERS - INDIVIDUAL**

1.	Ross Millington	7:49.11	February 11, 2012 @ Washington Husky Classic
2.	Lee Emanuel	7:51.20	February 13, 2010 @ Washington Husky Classic
3.	Adam Bitchell	7:53.27@	February 20, 2015 @ N. Arizona (8:13.80raw)
4.	Rory Fraser	7:56.31@	January 30, 2010 @ UNM Invt. (8:08.29 - raw)
5.	Pat Zacharias	8:05.94@	February 28, 2015 @ MWC (New Mexico)(8:18.21)
6.	David Bishop	8:06.63	February 12, 2011 @ Washington Husky Classic
7.	Chip Smith	8:07.01	1993 NCAA Prelim @ Indianapolis RCA Dome
8.	Jeremy Johnson	8:08.61	March 2, 2007 @ Arkansas
9.	Jacob Kirwa	8:10.58@	February 27, 2010 @ MWC (New Mexico) (8:22.56 raw)
10.	Ibrahim Hussein	8:11.35@	1984 @ Northern Arizona

**WHERE PERFORMANCE HAPPENED****5000 METERS - INDIVIDUAL**

1.	Luke Caldwell	13:40.39	2013
2.	Chris Barnicle	13:43.20	2010
3.	Adam Bitchell	13:44.70	2013
4.	Matt Gonzales	13:45.72	2005
5.	Rory Fraser	13:48.24	2010
6.	Jacob Kirwa	13:55.75@	2010
7.	Matt Ashton	14:00.30	2008
8.	Sean Stam	14:05.07	2013
9.	Ben Ortega	14:08.70@	2005
10.	Keith Gerrard	14:09.31	2011

**5000 METERS- TIMES**

1.	Luke Caldwell	13:40.39	2013
2.	Luke Caldwell	13:42.50	2014
3.	Chris Barnicle	13:43.20	2010
4.	Adam Bitchell	13:44.70	2013
5.	Matt Gonzales	13:45.72	2005
6.	Luke Caldwell	13:46.44	2013
7.	Chris Barnicle	13:47.12	2010
8.	Rory Fraser	13:48.24	2010
9.	Matt Gonzales	13:49.06	2005
10.	Rory Fraser	13:49.57	2009

**5000 METERS**

1.	Luke Caldwell	13:40.39	February 8, 2013 @ Washington Husky Classic
2.	Chris Barnicle	13:43.20	March 12, 2010 @ NCAA (Arkansas)
3.	Adam Bitchell	13:44.70	December 13, 2013 @ Indiana University
4.	Matt Gonzales	13:45.72	March 11, 2005 @ NCAA (Arkansas)
5.	Rory Fraser	13:48.24	February 12, 2010 @ Washington Husky Classic
6.	Jacob Kirwa	13:55.75@	February 26, 2010 @ MWC (New Mexico)(14:18.22 raw)
7.	Matt Ashton	14:00.30	February 16, 2008 @ Washington
8.	Sean Stam	14:05.07	February 8, 2013 @ Washington Husky Classic
9.	Ben Ortega	14:08.70@	February 24, 2005 @ MWC (Air Force)
10.	Keith Gerrard	14:09.31	February 11, 2011 @ Washington Husky Classic

**WHERE PERFORMANCE HAPPENED**

**4x400 RELAY - TIMES**

1.	Servizio, Sema, Wood, Hussein	3:11.64	1983
2.	James, Matt Henry, Skinner, Solomon	3:12.64h	1974
3.	Solomon, Reid, Roberts, Steadman	3:12.80	2009
4.	Solomon, Reid, Roberts, Steadman	3:13.59	2009
5.	James, Henry, Skinner, Solomon	<b>3:13.74h</b>	<b>1974</b>
6.	Siemon, McCain, K. Henry, Solomon	3:13.79	2007
7.	Mudada, Dorsey, Lewis, Haywood	3:13.93@	2015
8.	Kline, Mudada, Lewis, Dorsey	3:14.03@	2014
9.		3:14.06	2006
10.	Dorsey, Lewis, Haywood, Mudada	3:14.60@	2015

**HEPTATHLON - INDIVIDUAL**

1.	Richard York	5590 (7.06, 22' 9", 44' 4 1/4", 6' 6 3/4", 8.70, 15' 5", 2:46.88)	2013
2.	Mark Johnson	5263	2004
3.	Daniel Lam	5240 (7.37, 22' 7 3/4", 41' 3", 6' 3/4", 8.87, 16' 2 3/4", 2:55.02)	2015
4.	Dan Feltman	5145	2006
5.	Sam Potter	5121 (7.25@, 21' 9 1/2", 35' 1/2", 6' 1/2", 8.60@, 15' 7", 2:53.72)	2012
6.	Derek McDonald	4966 (7.18, 22' 9 1/4", 32' 2", 6' 4 3/4", 8.81, 14' 5, 3:07.05)	2005
7.	Brian Wilson	4946 (7.37, 21' 8 3/4", 39' 7 3/4", 5' 10 1/2", 8.51 14' 3 1/4" 3:00.18)	2011
8.	Andris Sturans	4700 (7.26, 20' 3", 29' 10 1/4", 5' 11 1/2", 9.18, 13' 7 1/4", 2:42.88)	2015
9.	Rodney Hocker	4462	2004
10.	Jason Bigott	4462 (7.44, 19' 11, 33' 6 3/4", 5' 6", 8.70, 12' 5 1/2", 2:53.86)	2005

**PENTATHLON - INDIVIDUAL**

1.	Mark Johnson	3650 (8.50, 21' 5 1/2", 38' 9", 6' 4 3/4", 2:53.11)	2002
2.	Ryan Voge	3478	2003
3.	Dan Feltman	3287	2003
4.			
5.			
6.			
7.			
8.			
9.			
10.			

**LONG JUMP - INDIVIDUAL**

1.	Kendall Spencer	26' 3 1/2"	2012
2.	Dwayne Rudd	25' 7 1/4"	1983
3.	Clarence Robinson	25' 6 3/8"	1965
4.	Allan Hamilton	25' 4 3/4"	2015
5.	Bob Nance	25' 3 3/4"	1976
6.	Phil Quinet	25' 1"	1970
7.	Fidelis Ndyabagye	24' 10"	1985
8.	Chuck Steffes	24' 8"	1972
9.	Yannick Roggatz	24' 7 1/4"	2014
10.	Ira Robinson	24' 3 3/8"	1965

**LONG JUMP - DISTANCES**

1.	Kendall Spencer	26' 3 1/2"	2012
2.	Kendall Spencer	25' 9 1/4"	2014
3.	Kendall Spencer	25' 7 1/2"	2012
4.	Dwayne Rudd	25' 7 1/2"	1983
5.	Clarence Robinson	25' 6 3/8"	1965
6.	Clarence Robinson	25' 6 1/4"	1966
7.	Allan Hamilton	25' 4 3/4"	2015
8.	Clarence Robinson	25' 4 1/2"	1965
9.	Bob Nance	25' 3 3/4"	1976
10.	Allan Hamilton	25' 2 3/4"	2015

**TRIPLE JUMP - INDIVIDUAL**

1.	Dwayne Rudd	54' 3"	1984
2.	Floyd Ross	52' 4 3/4"	2013
3.	Chuck Steffes	52' 1 1/2"	1972
4.	Warrick Campbell	52' 0"	2014
5.	Arthur Ogedebie	51' 6 1/4"	1988
6.	Mikael Bernhardt	50' 10"	1975
7.	Art Baxter	50' 3 1/2"	1968
8.	Ty Kirk	50' 2"	2010
9.	Fidelis Ndyabagye	50' 1/2"	1985
10.	David Brown	49' 3 3/4"	2011

**TRIPLE JUMP - DISTANCES**

1.	Dwayne Rudd	54' 3"	1984
2.	Dwayne Rudd	53' 11"	1984
3.	Dwayne Rudd	53' 8"	1984
4.	Dwayne Rudd	52' 5 1/2"	1983
5.	Floyd Ross	52' 4 3/4"	2013
6.	Chuck Steffes	52' 1 1/2"	1972
7.	Chuck Steffes	52' 1 1/2"	1972
8.	Floyd Ross	52' 0"	2013
9.	Warrick Campbell	52' 0"	2014
10.	Dwayne Rudd	51' 10"	1984

**HIGH JUMP - INDIVIDUAL**

1.	Ivan Hella	7' 3"	1992
2.	Django Lovett	7' 3"	2015
3.	David Llamas	7' 1 1/2"	1997
4.	Mike Foster	7' 1 1/2"	1987
5.	Fernando Abugattas	7' 1 1/2"	1971
6.	Ingemar Nyman	7' 1/4"	1972
7.	Ramani Harper	6' 10 3/4"	1993
8.	Bob Marchetti	6' 10 3/4"	1993
9.	Josh Cosio	6' 10 1/4"	2009
10.	Chris Warner	6' 10"	1986

**HIGH JUMP - HEIGHTS**

1.	Ivan Hella	7' 3"	1992
2.	Django Lovett	7' 3"	2015
3.	Django Lovett	7' 2 1/2"	2014
4.	David Llamas	7' 1 1/2"	1997
5.	Mike Foster	7' 1 1/2"	1987
6.	Fernando Abugattas	7' 1 1/2"	1971
7.	Mike Foster	7' 1 1/4"	1986
8.	David Llamas	7' 1/4"	1997
9.	Ingemar Nyman	7' 1/4"	1972
10.	Django Lovett	7' 1/4"	2011
11.	Django Lovett	7' 1/4"	2014
12.	Django Lovett	7' 1/4"	2014
13.	Django Lovett	7' 1/4"	2015

**POLE VAULT - INDIVIDUAL**

1.	Simon Arkell	18' 1 1/2"	1991
2.	Derek Mackel	17' 11"	2006
3.	Robert Caldwell	17' 7 1/4"	2006
4.	Brandon Bennett	17' 6 1/2"	2003
5.	Logan Pfiibsen	17' 2 3/4"	2013
6.	Dan Holton	16' 9 1/2"	1991
7.	Mark Johnson	16' 9 1/4"	2004
8.	Darrin Bryant	16' 8"	1992
9.	Rob Warensjo	16' 7 1/2"	2012
10.	Ingemar Jernberg	16' 7"	1974

**POLE VAULT - HEIGHTS**

1.	Simon Arkell	18' 1 1/2"	1991
2.	Derek Mackel	17' 11"	2006
3.	Simon Arkell	17' 10 1/2"	1989
4.	Robert Caldwell	17' 7 1/4"	2006
5.	Derek Mackel	17' 7 1/4"	2006
6.	Brandon Bennett	17' 6 1/2"	2003
7.	Robert Caldwell	17' 6 1/2"	2006
8.	Derek Mackel	17' 5 1/2"	2005
9.	Simon Arkell	17' 4"	1990
10.	Simon Arkell	17' 3 1/2"	1987

**4x400 RELAY WHERE PERFORMANCE HAPPENED**

1.	3:11.64	1983 @ Northern Arizona
2.	3:12.64h	February 9, 1974 @ Idaho State
3.	3:12.80	February 28, 2009 @ MWC (Air Force)
4.	3:13.59	January 31, 2009 @ New Mexico
5.	3:13.74h	March 1, 1974 @ WAC (New Mexico) (176yd)
6.	3:13.79	February 22, 2007 @ MWC (New Mexico)
7.	3:13.93@	February 14, 2015 @ Don Kirby Elite
8.	3:14.03@	February 8, 2014 @ New Mexico Classic (3:13.59)
9.	3:14.06	February 23, 2006 @ MWC (New Mexico)
10.	3:14.60@	February 28, 2015 @ MWC (New Mexico)

**HEPTATHLON WHERE PERFORMANCE HAPPENED**

1.	Richard York	5590	February 21-22, 2013 @ MWC (Boise State)
2.	Mark Johnson	5263	February 26, 2004 @ MWC (Air Force)
3.	Daniel Lam	5240	February 26-27, 2015 @ MWC (New Mexico)
4.	Dan Feltman	5145	February 23, 2006 @ MWC (New Mexico)
5.	Sam Potter	5121	February 23-24, 2012 @ MWC (New Mexico)
6.	Derek McDonald	4966	February 24, 2005 @ MWC (Air Force)
7.	Brian Wilson	4946	February 24-25, 2011 @ MWC (New Mexico)
8.	Andris Sturans	4700	February 26-27, 2015 @ MWC (New Mexico)
9.	Rodney Hocker	4462	February 26, 2004 @ MWC (Air Force)
10.	Jason Bigott	4462	February 24, 2005 @ MWC (Air Force)

**PENTATHLON WHERE PERFORMANCE HAPPENED**

1.	Mark Johnson	3650	2002
2.	Ryan Voge	3478	January 24, 2003 @ Air Force
3.	Dan Feltman	3287	January 24, 2003 @ Air Force
4.			
5.			
6.			
7.			
8.			
9.			
10.			

**LONG JUMP WHERE PERFORMANCE HAPPENED**

1.	Kendall Spencer	26' 3 1/2"	March 9, 2012 @ NCAA Championship (BoiseSt)
2.	Dwayne Rudd	25' 7 1/4"	1983 @ New Mexico
3.	Clarence Robinson	25' 6 3/8"	January 23, 1965 @ New Mexico
4.	Allan Hamilton	25' 4 3/4"	March 13, 2015 @ NCAA Championship (Arkansas)
5.	Bob Nance	25' 3 3/4"	February 28, 1976 @ WAC (Salt Lake City)
6.	Phil Quinet	25' 1"	February 21, 1970 @ WAC (Salt Lake City)
7.	Fidelis Ndyabagye	24' 10"	1985
8.	Chuck Steffes	24' 8"	February 18, 1972 @ WAC (Salt Lake City)
9.	Yannick Roggatz	24' 7 1/4"	February 28, 2014 @ MWC (Air Force)
10.	Ira Robinson	24' 3 3/8"	January 23, 1965 @ New Mexico

**TRIPLE JUMP WHERE PERFORMANCE HAPPENED**

1.	Dwayne Rudd	54' 3"	1984 @ Northern Arizona
2.	Floyd Ross	52' 4 3/4"	March 1, 2013 @ Notre Dame Last Chance
3.	Chuck Steffes	52' 1 1/2"	January 19, 1972 @ New Mexico
4.	Warrick Campbell	52' 0"	January 25, 2014 @ Cherry & Silver
5.	Arthur Ogedebie	51' 6 1/4"	February 26, 1988 @ WAC (Air Force)
6.	Mikael Bernhardt	50' 10"	February 8, 1975 @ WAC (New Mexico)
7.	Art Baxter	50' 3 1/2"	February 10, 1968 @ New Mexico
8.	Ty Kirk	50' 2"	February 12, 2010 @ Air Force Invitational
9.	Fidelis Ndyabagye	50' 1/2"	February 22, 1985 @ WAC (New Mexico)
10.	David Brown	49' 3 3/4"	January 15, 2011 @ UNM Lobo Open

**HIGH JUMP WHERE PERFORMANCE HAPPENED**

1.	Ivan Hella	7' 3"	March 6, 1992 @ Wyoming
2.	Django Lovett	7' 3"	February 13, 2015 @ Don Kirby Elite
3.	David Llamas	7' 1 1/2"	January 25, 1997 @ Northern Arizona Quad
4.	Mike Foster	7' 1 1/2"	1985 @ New Mexico
5.	Fernando Abugattas	7' 1 1/2"	1971
6.	Ingemar Nyman	7' 1/4"	February 5, 1972 @ New Mexico
7.	Ramani Harper	6' 10 3/4"	February 13, 1993 @ Air Force
8.	Bob Marchetti	6' 10 3/4"	February 26, 1993 @ WAC (Air Force)
9.	Josh Cosio	6' 10 1/4"	January 17, 2009 @ New Mexico
10.	Chris Warner	6' 10"	February 23, 1986 @ WAC (Air Force)

**POLE VAULT WHERE PERFORMANCE HAPPENED**

1.	Simon Arkell	18' 1 1/2"	February 8, 1991 @ Nebraska
2.	Derek Mackel	17' 11"	January 21, 2006 @ New Mexico
3.	Robert Caldwell	17' 7 1/4"	February 23, 2006 @ MWC (New Mexico)
4.	Brandon Bennett	17' 6 1/4"	March 1, 2003 @ MWC (Air Force)
5.	Logan Pfiibsen	17' 2 3/4"	February 23, 2013 @ MWC (Boise State)
6.	Dan Holton	16' 9 1/2"	February 22, 1991 @ WAC (Air Force)
7.	Mark Johnson	16' 9 1/4"	February 26, 2004 @ MWC (Air Force)
8.	Darrin Bryant	16' 8"	February 15, 1992 @ Air Force
9.	Rob Warensjo	16' 7 1/2"	January 27, 2012 @ New Mexico Invitational
10.	Ingemar Jernberg	16' 7"	February 9, 1974 @ Idaho State

**SHOT PUT- INDIVIDUAL**

1.	Darren Crawford	60' 8 3/4"	1988
2.	Randy Withrow	57' 3"	1973
3.	Jason Barkermeyer	56' 9 1/4"	2004
4.	Bob Sadler	56' 2"	1999
5.	Ervin Jaros	55' 11 1/2"	1970
6.	Larry Kennedy	55' 10 1/2"	1965
7.	Kerry Eskeli	55' 2 1/2"	1970
8.	Greg Rees	54' 1 1/2"	1991
9.	Jordan Parker	54' 1"	2004
10.	Anthony Harlin	53' 6 3/4"	1977

**SHOT PUT - DISTANCES**

1.	Darren Crawford	60' 8 3/4"	1988
2.	Darren Crawford	58' 11 1/2"	1987
3.	Darren Crawford	58' 10 3/4"	1988
4.	Randy Withrow	57' 3"	1973
5.	Jason Barkermeyer	56' 9 1/4"	2004
6.	Randy Withrow	56' 6 1/2"	1974
7.	Jason Barkermeyer	56' 6"	2004
8.	Darren Crawford	56' 5 1/4"	1987
9.	Randy Withrow	56' 3"	1974
10.	Randy Withrow	56' 2 1/2"	1972

**SHOT PUT****WHERE PERFORMANCE HAPPENED**

1.	Darren Crawford	60' 8 3/4"	February 26, 1988 @ WAC (Air Force)
2.	Randy Withrow	57' 3"	1973 @ Idaho State
3.	Jason Barkermeyer	56' 9 1/4"	February 26, 2004 @ MWC (Air Force)
4.	Bob Sadler	56' 2"	February 20, 1999 @ Air Force
5.	Ervin Jaros	55' 11 1/2"	February 21, 1970 @ WAC (Salt Lake City)
6.	Larry Kennedy	55' 10 1/2"	January 23, 1965 @ New Mexico
7.	Kerry Eskeli	55' 2 1/2"	January 17, 1970 @ New Mexico
8.	Greg Rees	54' 1 1/2"	February 22, 1991 @ WAC (Air Force)
9.	Jordan Parker	54' 1"	February 26, 2004 @ MWC (Air Force)
10.	Anthony Harlin	53' 6 3/4"	January 22, 1977 @ Air Force

**35 LB WEIGHT THROW - INDIVIDUAL**

1.	Darren Crawford	65' 6 3/4"	1990
2.	Matthew Henry-Marshall	60' 3"	2011
3.	Tom Ferrier	57' 7"	1984
4.	Steve Dunbar	56' 4"	1999
5.	Jason Barkermeyer	52' 4"	2004
6.	Jordan Parker	50' 4 3/4"	2004
7.	Ted Crouch	50' 3"	1985
8.	Brad Maestas	49' 3/4"	2011
9.	Matt Kraft	47' 7 1/4"	2002
10.	Bob Sadler	47' 3 1/2"	1999

**35 LB. WEIGHT THROW-DISTANCES**

1.	Darren Crawford	65' 6 3/4"	1990
2.	Darren Crawford	63' 9"	1990
3.	Matthew Henry-Marshall	60' 3"	2011
4.	Matthew Henry-Marshall	60' 3"	2011
5.	Matthew Henry-Marshall	60' 1 1/4"	2011
6.	Matthew Henry-Marshall	58' 11 1/4"	2009
7.	Darren Crawford	58' 10 3/4"	1988
8.	Matthew Henry-Marshall	58' 3 1/4"	2011
9.	Matthew Henry-Marshall	58' 3"	2011
10.	Matthew Henry-Marshall	58' 1 1/2"	2011

**35 LB. WEIGHT THROW****WHERE PERFORMANCE HAPPENED**

1.	Darren Crawford	65' 6 3/4"	1990
2.	Matthew Henry-Marshall	60' 3"	February 4, 2011 @ UNM Classic
3.	Tom Ferrier	57' 7"	1984 @ Air Force
4.	Steve Dunbar	56' 4"	February 6, 1999 @ Northern Arizona
5.	Jason Barkermeyer	52' 4"	February 26, 2004 @ MWC (Air Force)
6.	Jordan Parker	50' 4 3/4"	February 14, 2004
7.	Ted Crouch	50' 3"	1985
8.	Brad Maestas	49' 3/4"	January 15, 2011 @ UNM Lobo Open
9.	Matt Kraft	47' 7 1/4"	February 21, 2002 @ Air Force
10.	Bob Sadler	47' 3 1/2"	January 23, 1999 @ Northern Arizona

**DISTANCE MEDLY RELAY - TIMES**

1.	Bishop, Roberts, Steadman, Emanuel	9:30.38	2009
2.	Evans, York, Aragon, Bishop	9:31.50	2011
3.	Evans, York, Aragon, Bishop	9:31.95	2011
4.	Bishop, Evans, Aragon, Millington	9:32.50@	2011
5.	Evans, Lewis, Herring, Caldwell	9:36.98	2013
6.	Bishop, Trujillo, Cote, Millington	9:46.21	2010
7.	Kiptoo-Biwott, Clarke, McCain, Gonzales	9:46.26@	2005
8.	Bishop, Roberts, Steadman, Ashton	9:52.43	2009
9.	Fraser, Lovato, Millington, Emanuel	9:52.96@	2010
10.	Graham, Dorsey, Monroe, Matheson	9:57.06@	2015

**WHERE PERFORMANCE HAPPENED**

9:30.38	March 6, 2009 @ Notre Dame Last Chance
9:31.50	March 11, 2011 @ NCAA Championships (TAM)
9:31.95	March 4, 2011 @ Notre Dame Last Chance
9:32.50@	February 25, 2011 @ MWC (UNM) (raw-9:41.30)
9:36.98	March 1, 2013 at Notre Dame Last Chance
9:46.21	March 5, 2010 @ Notre Dame Last Chance
9:46.26@	February 24, 2005 @ MWC (Air Force) yards
9:52.43	March 15, 2009 @ NCAA (Texas Tech)
9:52.96@	February 26, 2010 @ MWC (New Mexico)(10:01.74 raw)
9:57.06@	February 27, 2015 @ MWC (NewMexico) )10:06.24

## University of New Mexico Women's Indoor Track & Field Pentathlon Summary 1980 - 2015

	<b>SCORE</b>	<b>HURDLES</b>	<b>HIGH JUMP</b>	<b>SHOT PUT</b>	<b>LONG JUMP</b>	<b>800</b>
Sandy Fortner - 3/13/10 NCAA at Arkansas	<b>4156</b>	8.70	5' 7 1/4"	42' 10 3/4"	19' 6"	2:25.41
Sandy Fortner - 2/25/10 MWC at New Mexico	<b>4147</b>	8.71	5' 9 1/4"	42' 11 3/4"	19' 1 1/4"	2:27.96
Sandy Fortner - 2/28/08 MWC at Air Force	<b>4005</b>	8.66	5' 8 1/2"	39' 8"	18' 9 3/4"	2:30.67
Sandy Fortner - 2/5/10 at New Mexico	<b>3913</b>	8.82	5' 3"	44' 8 3/4"	19' 4 1/4"	2:34.23
Samantha Bowe - 2/27/14 MWC at Air Force	<b>3911</b>	8.87	5' 7"	41' 7 1/4"	18' 11 3/4"	2:35.13
Sandy Fortner - 3/14/08 NCAA Championships (Ark.)	<b>3905</b>	8.75	5' 5 1/4"	40' 2 1/4"	18' 6"	2:28.35
Samantha Bowe - 2/26/15 MWC @ New Mexico	<b>3884</b>	8.62	5' 5 1/4"	38' 2 1/4"	19' 4 3/4"	2:35.26
Samantha Bowe - 1/24/14 New Mexico C&S Pentathlon	<b>3878</b>	8.94	5' 8 3/4"	40' 1 1/4"	17' 11 3/4"	2:31.85
Keren Sari-Bentzur - 2/27/03 MWC at Air Force	<b>3845</b>	8.99	5' 7 1/4"	35' 7"	18' 11 3/4"	2:29.65
Keren Sari-Bentzur - 1/24/03 at Air Force	<b>3771</b>					
Keren Sari-Bentzur - 2/21/02 MWC at	<b>3727</b>					
Sandy Fortner - 1/26/07 Roger Cox Multi at UNM	<b>3709</b>	9.06	5' 4 1/2"	38' 6"	18' 1 1/4"	2:31.00
Keren Sari-Bentzur - 2/22/01 MWC at Air Force	<b>3694</b>	9.14	5' 1 3/4"	36' 10 1/4"	19' 4 1/4"	2:30.76
Kyra Mohns - 2/26/15 MWC @ New Mexico	<b>3681</b>	9.04	5' 5 1/4"	35' 1 1/4"	17' 7 1/2"	2:26.72
Keren Sari-Bentzur - 1/26/01 at Air Force	<b>3671</b>					
Samantha Bowe - 2/6/15 at New Mexico Classic	<b>3658</b>	9.07	5' 6"	37' 8 3/4"	18' 4 1/2"	2:39.74
Samantha Bowe - 2/1/13 at Nebraska	<b>3614</b>	9.06	5' 7"	37' 8"	17' 10 1/4"	2:41.85

	<b>SCORE</b>	<b><u>HURDLES</u></b>	<b><u>HIGH JUMP</u></b>	<b><u>SHOT PUT</u></b>	<b><u>LONG JUMP</u></b>	<b><u>800</u></b>
Kyra Mohns - 2/6/15 at New Mexico Classic	<b>3527</b>	9.06	5' 3 3/4"	35' 10 1/2"	17' 0"	2:31.75
Casey Dowling - 2/6/16 at New Mexico Classic	<b>3518</b>	8.95	5' 3 3/4"	31' 6 1/2"	19' 4"	2:44.78
Holly VanGrinsven - 2/21/13 MWC @ Boise State	<b>3503</b>	8.84	5' 1/4"	31' 6 3/4"	18' 1/4"	2:29.24
Samantha Bowe - 2/23/12 MWC @ New Mexico	<b>3482</b>	9.07	5' 2 1/2"	34' 3 1/2"	18' 5"	2:39.64
Precious Selmon - 2/24/11 MWC at New Mexico	<b>3469</b>	8.43	5' 4 1/2"	29' 4 1/2"	19' 1/2"	2:55.19
Heidi Anderson - 2/3/90 at Air Force	<b>3442</b>					
Casey Dowling - 2/26/15 MWC @ New Mexico	<b>3440</b>	8.97	5' 4 1/4"	27' 11 1/2"	18' 8"	2:40.79
Sandy Fortner - 1/27/06 Zia Classic - New Mexico	<b>3403</b>	9.62	5' 1 3/4"	36' 5"	17' 11"	2:35.39
Susanna Orvainen - 2/22/97 WAC at Air Force	<b>3352</b>	8.66 (55H)	5' 3 1/4"	32' 11 1/4"	17' 1"	2:31.49
Susanna Orvainen - 2/18/99 at Air Force	<b>3310</b>					
Kelly Fortner - 2/28/09 MWC at Air Force	<b>3091</b>	9.68	4' 11 1/2"	37' 7 3/4"	17' 4 1/2"	2:54.59
Melissa Guanella - 2/27/98 WAC at Air Force	<b>3083</b>	8.77 (55H)	4' 10 1/2"	31' 8"	15' 9 1/2"	2:32.26
Felecia DeVargas - 2/27/98 WAC at Air Force	<b>3070</b>	9.00(55H)	4' 10 1/2"	29' 8 1/4"	15' 10 1/4"	2:40.21
Stefany Setliff - 2/24/05 MWC at Air Force	<b>3069</b>	9.63	5' 2 1/4"	28' 11"	16' 8 1/2"	2:43.11
Stefany Setliff - 2/22/07 MWC at New Mexico	<b>3052</b>	9.44	5' 1 1/4"	31' 5 1/4"	16' 1 1/4"	2:45.97
Sandy Fortner - 2/23/06 MWC at New Mexico	<b>3045</b>	9.17	5' 3 3/4"	NM	18' 5 1/2"	2:31.61
Tiffeny Parker - 2/22/07 MWC at New Mexico	<b>3037</b>	9.06	4' 11"	33' 1 1/4"	16' 11 1/4"	2:58.28
Katherine Callahan - 2/22/01 MWC at Air Force	<b>3028</b>	10.00	5' 3"	30' 1 1/2"	15' 2 1/4"	2:34.04

	<b>SCORE</b>	<b><u>HURDLES</u></b>	<b><u>HIGH JUMP</u></b>	<b><u>SHOT PUT</u></b>	<b><u>LONG JUMP</u></b>	<b><u>800</u></b>
Melissa Guanella - 2/24/00 MWC at Air Force	<b>2999</b>	9.92	4' 10 1/2"	34' 4 3/4"	16' 3 1/4"	2:41.78
Suzanne Nguyen - 2/26/04 MWC at Air Force	<b>2972</b>	10.02	5' 1 3/4"	25' 2 1/2"	15' 11 1/4"	2:32.52
Susanna Orvainen - 2/24/00 MWC at Air Force	<b>2931</b>	9.67	5' 1"	34' 3/4"	16' 1/2"	2:56.97
Darcy Ahner - 2/30/90 WAC at Air Force	<b>2857</b>					
Stefany Sefliff - 2/26/04 MWC at Air Force	<b>2840</b>	9.79	4' 11 1/2"	27' 2 1/2"	15' 6 1/4"	2:41.94
Kelly Fortner - 2/22/07 MWC at New Mexico	<b>2837</b>	10.07	4' 4"	37' 10 1/2"	17' 3"	2:45.03
Katherine Callahan - 1/26/01 at Air Force	<b>2796</b>					
Bridgid Iswoth - 2/26/04	<b>2743</b>	10.11	4' 11 1/2"	28' 7"	17' 0"	3:00.01

## University of New Mexico Men's Indoor Track & Field Heptathlon Summary 2003 - 2015

\*\* The NCAA changed the indoor combined event from a Pentathlon (five events) to the Heptathlon in 2004.

	<u>SCORE</u>	<u>60</u>	<u>LONG JUMP</u>	<u>SHOT PUT</u>	<u>HIGH JUMP</u>	<u>60H</u>	<u>PV</u>	<u>1000m</u>
Richard York - 2/21-22/13 at MWC (Boise State)	<b>5590</b>	7.06	22' 9"	44' 4 1/4"	6' 6 3/4"	8.70	15' 5"	2:46.88
Richard York - 2/1-2/13 at Nebraska	<b>5538</b>	7.14	23' 5 3/4"	42' 8"	6' 5"	8.61	15' 3"	2:48.07
Richard York - 2/4-5/11 at New Mexico	<b>5537</b>	7.08	23' 1 3/4"	38' 11 3/4"	6' 4 1/4"	8.54	15' 5"	2:43.12
Richard York - 2/24-25/11 MWC @ New Mexico	<b>5533</b>	7.09	23' 4 3/4"	39' 3 1/4"	6' 5 1/2"	8.44	14' 11"	2:46.09
Richard York - 2/23-24/12 MWC@ New Mexico	<b>5408</b>	7.10	21' 8 1/4"	40' 7 1/2"	6' 2 3/4"	8.38	14' 11"	2:44.85
Richard York - 2/6/10 at New Mexico	<b>5294</b>	7.15	22' 8 1/2"	33' 8"	6' 4 3/4"	8.56	15' 1"	2:49.18
Mark Johnson - 2/26/04 MWC @ Air Force	<b>5263</b>	7.35	20' 11 1/2"	35' 6 1/2"	6' 3 1/2"	8.49	16' 3/4"	2:43.95
Daniel Lam - 2/26-27/15 MWC @ New Mexico	<b>5240</b>	7.37	22' 7 3/4"	41' 3"	6' 3/4"	8.87	16' 2 3/4"	2:55.02
Richard York - 2/25-26/10 MWC @ New Mexico	<b>5224</b>	7.17	22' 3 3/4"	35' 10 1/2"	6' 3 1/2"	8.45	14' 3 1/4"	2:49.29
Dan Feltman - 2/23/06 MWC @ New Mexico	<b>5145</b>	7.23	22' 7 1/2"	43' 8 1/2"	6' 3 1/2"	8.58	14' 1 1/4"	3:06.68
Sam Potter - 2/23-24/12 MWC @ New Mexico	<b>5121</b>	7.25	21' 9 1/2"	35' 1/2"	6' 1/2"	8.60	15' 7"	2:53.72
Sam Potter - 2/24-25/11 MWC @ New Mexico	<b>5002</b>	7.19	22' 4 1/2"	33' 4 3/4"	6' 2"	9.01	15' 7"	3:02.02
Derek McDonald - 2/24/03 MWC @ Air Force	<b>4966</b>	7.18	22' 9 1/4"	32' 2"	6' 4 3/4"	8.81	14' 5"	3:07.05
Brian Wilson - 2/24-25/11 MWC @ New Mexico	<b>4946</b>	7.37	21' 8 3/4"	39' 7 3/4"	5' 10 1/2"	8.51	14' 3 1/4"	3:00.18
Brian Wilson - 2/25-26/10 MWC @ New Mexico	<b>4895</b>	7.35	20' 5 3/4"	39' 4"	6' 3 1/2"	8.68	13' 7 1/4"	2:58.37
Mark Johnson - 1/23/04 at Air Force	<b>4892</b>	7.42	21' 6 1/2"	37' 9 1/4"	6' 2"	8.79	14' 1 1/4"	2:59.21
Derek McDonald - 1/21/05 at Air Force	<b>4865</b>	7.16	23' 1 3/4"	31' 6 3/4"	6' 5 1/2"	8.76	12' 5 1/2"	3:05.44
Sam Potter - 2/4-5/11 at New Mexico	<b>4831</b>	7.29	21' 9 1/2"	34' 0"	5' 8 1/2"	9.20	16' 3/4"	3:01.06



	<u>SCORE</u>	<u>60</u>	<u>LONG JUMP</u>	<u>SHOT PUT</u>	<u>HIGH JUMP</u>	<u>60H</u>	<u>PV</u>	<u>1000m</u>
Brian Wilson - 2/6/10 at New Mexico	<b>4752</b>	7.36	20' 3 3/4"	36' 4"	5' 10 3/4"	8.60	13' 5 1/4"	2:55.69
Andris Sturans - 2/26-27/15 MWC @ New Mexico	<b>4700</b>	7.26	20' 3"	20' 10 1/4"	5' 11 1/2"	9.18	13' 7 1/4"	2:42.88
Dan Feltman - 1/23/04 at Air Force	<b>4612</b>	7.31	21' 1"	41' 11 1/2"	6' 0"	8.90	13' 1 1/2"	3:22.26
Rodney Hocker - 2/26/04 MWC @ Air Force	<b>4462</b>	7.35	21' 1"	33' 6 1/2"	5' 5 3/4"	9.60	13' 5 1/2"	2:52.91
Jason Bigott - 2/24/05 MWC @ Air Force	<b>4462</b>	7.44	19' 11"	33' 6 3/4"	5' 6"	8.70	12' 5 1/2"	2:53.86
Brian Wilson - 2/28/09 MWC @ Air Force	<b>4405</b>	7.66	19' 4 1/4"	37' 9 1/4"	6' 1/2"	8.87	12' 5 1/2"	3:06.42
Brian Wilson - 1/30/09 at New Mexico	<b>4341</b>	7.48	19' 2 3/4"	36' 4 1/4"	5' 9 3/4"	8.86	11' 7 3/4"	3:02.51
Jeremy Lee - 2/25/-26/10 MWC @ New Mexico	<b>4265</b>	7.53	18' 11 1/4"	33' 1 3/4"	5' 10 3/4"	9.02	11' 3 3/4"	2:56.80
Jeremy Lee - 2/6/10 at New Mexico	<b>4216</b>	7.46	18' 9 3/4"	33' 4 1/2"	5' 10"	9.18	11' 1 3/4"	2:57.31
Dan Feltman - 2/26/04 MWC @ Air Force	<b>4035</b>	7.22	21' 11 1/2"	43' 6"	5' 11 1/2"	8.98	NH	3:28.87
Chris Lutz - 1/31/09 at New Mexico	<b>3938</b>	7.48	19' 10 1/4"	29' 10 3/4"	5' 7 1/4"	9.59	10' 0"	3:01.34

University of  
New Mexico

2015  
Outdoor  
Track & Field



Baldy Castillo Invitational @ Arizona State University March 21, 2015

Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere



### 4x100 Sizzles in Season Opener

Five Lobo athletes attended the annual Baldy Castillo Invitational with different goals and aspirations. For Washington State transfer senior **Todd Wakefield (Kerns, Australia)** given he didn't have indoor eligibility in 2015, and the last time he raced with meaning was the NCAA Cross Country Championship in November it was simply an opportunity to shake some of the rust off and see how his speed development was going. Mostly a 1500/5000 athlete Todd entered the 800 meters and ended up clocking a good 1:51.96. His all-time PR came way back in April, 2011 when he clocked 1:51.04 at the Washington-Washington State dual meet and his second best ever mark was 1:51.08 at the Spokane Community College Open in March, 2013. Sprint coach Austin Brobst was faced with a dilemma with the 4x100 Relay. Two pieces of the relay, juniors **Ridge Jones (DeSoto, TX)** and **Carlos Wiggins (West, Plano, TX)** play football for the Lobos and are starting their spring practice on the field which entails five weeks of practice so they are not able to practice on the track on a regular basis until football is done at the end of April. That typically only leaves a couple of weeks before the end of the season and based on past history puts the guys behind. So for the relay it was their best opportunity for a long period to try to run a qualifying time for the NCAA First Round West Regional Championship. The two regional set-up has been used by the NCAA for five years and in that time the top 24 relays (the number the NCAA selects for each region) have had to run 40.53, 40.70, 40.29, 40.52, 40.54 to get in. Running out of lane three lead-off man **Allan Hamilton (Edinburgh, Scotland)** passed smoothly to Ridge, who ran a great backstretch. Ridge passed to Carlos who has always run a great curve and **Scott Bajere (Bristol, England)** finished off the effort crossing the finish line in 40.34. That time is currently the #4 in the West regional and #6 nationally. It also is the #3 fastest relay in the history of UNM, missing out on the school record of 40.24 established way back in 1966 when the four nationally ranked sprinters combined to finish 4th in the NCAA Championships.

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### Baldy Castillo Invitational @ Arizona State University, March 21, 2015

#### MEN

100	Ridge Jones	10.67
800	Todd Wakefield	1:51.96
4x100	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere	41.34 (3rd) (3,x)



2015  
Outdoor  
Track & Field



Don Kirby Tailwind Open

Saturday, April 4, 2015

*The 2015 Don Kirby Tailwind Open started the outdoor season for the bulk of the team as not everyone competed in their main event. Graced by great sunshine and moderate winds, the Lobo team had a good, solid competition against nine other institutions, and about 400 athletes competing. After almost five weeks off from the indoor season, and the two MWC championships that came with it, the overall team seems poised to be able to contend for the outdoor titles. As has been shown in the past, the outdoor title is much more difficult to win than the indoor one for the Lobos, but if the team will work hard together to develop strong chemistry then at the end of the season the Lobos will be in the hunt for more hardware. Seventeen PR's were a nice beginning as those athletes worked hard to show improvement in the first meet.*

## Getting High

Senior Logan Pflibsen (Streator, IL) did not have indoor eligibility this year so he had to wait the entire months of January, February, and March to get going in his specialty, the Pole Vault. And in LP's first meet of the season he gave notice he would be ready to jump high this season. Opening up at 16' 6 3/4", he missed once before clearing on his second attempt. Then at 17' 3/4" he duplicated that series, clearing on his second try. Then at a new PR height of 17' 4 1/2" he needed all three attempts to clear. Logan then attempted 17' 8 1/2" but wasn't able to navigate it. That new PR moves him to #4 all-time at UNM and tied for 6th overall in the NCAA Western Region. Last outdoor season it took 16' 11" to qualify for the NCAA West First-Round Competition so it looks like Logan got that out of the way early.



PICTURE OF THE WEEK

Everyone is sooo happy when the sun is out for a track meet as Tamara Armoush shows!



## Surprise, Suprise

Some times when an athlete least expects something great to happen.....it does. Junior **Allan Hamilton** (Edinburgh, Scotland) normally a Long Jump-100 meter man was entered into the 200 for some strength development. Allan was hoping to get the 200 meter switched around to run counterclockwise to take advantage of any tailwind he could get and got his wish. Coming into the meet his all-time PR came waaaaay back on September 7, 2008 when at the UKA Young Athletes League National Final the 16 year

old clocked 22.90 running into a negative 2.1 mps headwind. Running out of the third section and in lane 8 (which top sprinters like since an athlete runs less curve on the outside) Allan got out well and flew around the curve, driving hard up the backstretch as the above picture shows. He looked totally in control throughout the race and won his section easily. As everyone looked up at the large videoboard the time of 21.27 flashed up.....a remarkably fast time. Unfortunately, the race had a just slightly over (+2.3) the allowable +2.0 meter per second tailwind which is used for record purposes but regardless a good performance. In fact, when all the sections were completed Allan finished second to Adam State's Jurgen Themen (21.24), who represented his native country of Surinam in both the 2008 and 2012 Summer Olympics. Last year it took 21.16 to qualify for the NCAA West First-Round qualifying so his performance IS very, very good.



## Spirited Duel

The picture to the left shows junior **Sophie Connor** (Hertfordshire, England) in a hard battle with former Lobo All American Charlotte Arter who was running unattached now that she has graduated. Sophie did not lead the 800 race until coming off the final turn when she caught the Adams State Grizzly who was leading, and then about 75 meters from the finish line Charlotte pulled up on Sophies shoulder and the two of them had a fun competition all the way to the finish line. Sophie won the race in 2:08.60 which moves her up to #2 in the Mountain West Conference ranking, and also moves her to #9 all-time outdoors at UNM. That performance is also faster than what it has taken over the last three seasons to qualify for the NCAA West Regional Championship. That time is slightly off her all-time PR of 2:07.18 which she ran on August 7, 2013 at the BMC Gold Standard Race in Watford, England but still her third fastest outdoor time of her career. Coming in with an all-time PR of 2:10.67 was senior **Tamara Armoush** (Darbyshire, England).

## Campbell Improves With Every Jump

One of the things that is important in Horizontal Jumping events is to build momentum during the competition as the athlete gets used to a first competition. Defending conference champion and senior **Warrick Campbell** (Highlands, ABQ, NM) exhibited that during the Triple Jump. Of Warricks five legal jumps on each one he got farther out into the pit and it culminated in being the top collegian on the day with his winning distance of 50' 5 1/4". After an opening test



*jump of 42', WC then went 46' 2", 47' 9", 49' 9" before ending with his best jump on the final jump. That distance moves Warrick to #2 in the MWC rankings and also puts him one foot beyond NCAA West Regional qualifying. Warrick is shown above riding the second phase of the Triple Jump to his winning distance.*



## Ellis Cracks the 200 Foot Barrier With Spear

Senior **Mike Ellis (Las Cruces, NM)** pictured above came into the Tailwind with a Lobo PR of 197' 7" from back in 2012. On his very first toss Mike hurled the spear out to a landing spot on the infield which measured 200' 3". That distance stood up the rest of the competition for the longest on the day. Mike moves to #1 in the MWC ranking list and nearer to the distance usually required to qualify for the NCAA West meet (about 203'). Froshie **Beau Clifton (Farmington, NM)** in his first Lobo outdoor meet was right on Mike's tail as BC chucked the javie 198' 2" which ranks #3 in the conference. And right on Beau's tail was junior **Marcus Simon (Liberty, Colorado Springs, CO)** who PR'd with his toss of 193' 5". That ranks #5 in the conference. Soph. **Nik Aston (Goddard, Roswell, NM)** also hit a two foot PR as he distanced 181' 3" which is good for 8th best in the conference. Four of top eight spots in conference = very good!

## It was a long 11 Months

Last May at the Mountain West Conference Championship then froshie **Mustafa Mudada (Highlands, ABQ, NM)** pictured below was ready for a great 400 Hurdle competition. He was ranked in the top eight of the conference, and was primed to run fast enough to qualify for the NCAA West Championship given he was only 3/10ths of a second away from that threshold. And then a strange thing happened.....he whacked a hurdle during the prelims on Friday, which threw him off rhythm, and he failed to qualify for the final on Saturday. Season over. For 11 months MM had lived with that event and used it to motivate himself to improve and get better technically. From the starting gun on Saturday it was apparent that Mustafa had his stuff together and for a first competition of the year was solid throughout, finishing second overall in a new PR of 52.21. That time ranks #3 in the MWC and over the last four years of NCAA Regional competition has never NOT gotten into the meet.



But there is plenty more in store this year. Backing up Mustafa with his PR was soph **Cheyne Dorsey (Cleveland, Rio Rancho, NM)** who clocked 54.19, knocking half a second off his previous best.

## Callahan Takes 800

Senior **Peter Callahan (Evanston, IL)** last years fourth place finisher at the NCAA 1500 meters got his outdoor season started with a scaled down 800 meter distance. During the first lap PC seemed to be struggling to find a comfortable rhythm which is so common in first competitions of the season as the athlete transitions



from hard interval training and long tempo runs, to actual full speed racing. Its just different biomechanics. Up the backstretch on the second lap Peter finally started to unwind and by the time he was coming off the final turn he had gotten in the groove and down the home-stretch unleashed his patented great finishing kick, crossing the finish line in 1:50.52, just off his best from last years Arizona State meet when he clocked 1:50.43. Peter is pictured to the left just before the finish line.

**Dowling PR's in Long Jump**  
Junior Casey Dowling (Rockville, MD) upped her Long Jump PR by one inch as she finished second overall with a 19' 2 1/2" distance. This was done into a negative 1.9 headwind which is especially good. Her previous PR of 19' 1 1/2" was done with a positive tailwind. Coming back later in the day Casey is shown on the right leading her section of the 200 meters where she clocked a fine 24.81 which is the second fastest on the Lobo team right now.



Junior Annie Stirling (Cimarron, NM) is shown clearing 12' 7 1/2" which was the highest height on the day. AS ended up second based on one extra miss at the finishing height. Annie had some good attempts at 13' 1 1/2" which typically is the height needed to guarantee a qualifying spot for the NCAA West Regional Championship.





## Haywood Clocks PR

Froshie Mark Haywood (Alamagordo, NM) the eighth place finisher from the indoor conference 400 meter started off his outdoor campaign with a nice big PR. Last year when MH finished fourth in the state high school championship he clocked his previous outdoor PR of 48.84. Mark shown to the left (#5) got out well, but put a big strong move around turn two and came flying down the homestretch chasing a non-collegian in the field. Shown just before the finish line Mark clocked 48.21, good for top college honors at the Tailwind meet. Currently Mark ranks #4 in the MWC and is the second freshman. Just to the right of the picture in lane four is junior Chris Kline (West Mesa, ABQ, NM) who after redshirting the indoor season ran his first race in 11 months. From the gritting of his teeth CK was reacquainting himself with an old friend (lactate acid) which builds up in the latter stages of the race and screams at you until finished! Chris finished in 48.83 which ranks #7 in the conference.

*Froshie heptathlete Kyra Mohns (Eldorado, ABQ, NM) is shown to the right doing one her four events during the Tailwind Open (100H, Long Jump, Javelin, 200 meters). Just a typical day at the office for a combined event athlete who never gets to sit down during a competition, always moving on to the next event to practice on.*



Junior Faith Cobb (Miyamura, Gallup, NM) is shown at the start of the 400 where she ended up nailing a big PR of 57.70, over four seconds faster than she ran last year. Also PR'ing in the 400 was senior Ariel Burch (Montclair, CA) who lowered her best from 58.90 to 58.25. Those performances ended up 5th and 8th in the Tailwind meet.



## RELAYS END MEET ON FUN AND PRODUCTIVE NOTE

There is nothing like finishing a meet with a good 4x400 Relay. No matter the score, everyone gets excited for the 4x400, and just about everyone can run one. Within a team there is always good natured banter that happens during a season, and this type of behavior is critical to forming strong comradery (bonds of shared goals). It happens a little more on the mens side of things than the womens, but it happens throughout the year. Sort of a basic principle of humans is that everyone thinks they can run



**Alex Herring running a fine 48.8 leg of the relay**

faster than the next person. Little kids challenge each other to race around the backyard, or run faster to the bus than the next person. It is just human instinct to want to run fast. Some times it even affects the coaching staff as Head Coach Joe Franklin will challenge people on the team to do push-up contests or pull-up contests against him. He even challenged sprint coach Austin Brobst to a bench press contest (of which Austin crushed the much older Joe). In the week leading up to the Tailwind Open certain members (who shall remain nameless) of the extraordinary talented middle distance group (800-1500) wanted to get together and challenge the 400 group in a 4x400 Relay. Of course the 400 guys were salivating at the chance to get the longer distance guys into "their" domain. They made sure to tell the mid-distance guys.....you sure you want some of THIS? And of course the mid-distance dudes said.....you bet! So on meet day the two 4x400's lined up to settle



Haley Sanner handing off to Zoe Howell



the score once and for all, man to man, teammates versus teammates. The mid-distance group was loaded as sub 4:00 milers Elmar Engholm and Peter Callahan, along with 4:00 milers Alex Herring and Ross Matheson were the quartet. Plus each of these guys could run a fast, fast 800 meters. Each of these guys has competed at the highest level. The regular 4x400 quartet of Mustafa Mudada, Chris Kline, Mark Haywood, and Cheyne Dorsey were pretty good in their own right so it would be a fun challenge. Well to make a long story short at the end of the relay the 400 runners used four 48 second relay splits and took the intra-team title 3:13.99 to 3:20.41 (and also beat UTEP for the overall victory). All the guys slapped hands and enjoyed the laughs after it was done. Good job guys. Over on the women's side the quartet of Haley Sanner, Zoe Howell, Faith Cobb, and Kelsi Lewis were going to be tested by the great Division II powerhouse New Mexico Highlands relay which was the fastest in all the land during the indoor season. Haley looking strong and powerful lead off with a new PR of 55.8 handing off to Zoe. Zoe responded with a PR of 55.9 and handed off to Faith. Faith kept it rolling by virtue of her PR of 58.2 and handed to Kelsi to finish off the relay. Getting the baton and running right alongside NMHU around the first turn Kelsi put her head down and battled right up the backstretch running side by side and in unison with the purple clad Highland athlete. Around the second turn they were just almost in lock step and it stayed that way down the homestretch. About 50 meters

Kelsi Lewis finishes the relay



from the finish Kelsi put her head down one last time and drove just a little extra and established a slight separation from her nemesis. At the finish line Kelsi held on by the slightest of margins and the group produced a 3:49.65 clocking which is two seconds faster than the quartet opened up in 2014.

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## Don Kirby Tailwind Invitational - Saturday, April 4, 2015

### MEN

200	Allan Hamilton 21.27@ (2nd) Will Carter 23.44@	Scott Bajere 21.86@	Isaac Gonzales (Unattached) 22.74@
400	Mark Haywood 48.21@ (1st) Isaac Gonzales (Unattached) 50.65@	Chris Kline 48.83@ (4th) Daniel Lam 51.10@	Alex Herring 49.54@ Dominic Davis 51.34@ PR
800	Peter Callahan 1:50.52@ (1st) Chris Graham 1:56.50@ (8th)	Adam Monroe (Unattached) 1:55.40@ Ross Matheson 1:58.49@	Matt Bergin 1:56.31@ (7th)
1500	Matt Bergin 3:53.47@ (4th) Jesus Mendoza 3:57.78@ (8th)	Zac Castillo 3:55.80@ (6th) Taylor Potter (Unattached) 4:03.78@	Julian Florez 3:56.62@ (7th)
400H	Mustafa Mudada 52.12@ (5th) PR	Cheyne Dorsey 54.19@ (5th) PR	
4x400	Mustafa Mudada (48.4), Chris Kline (48.3), Mark Haywood (48.0), Cheyne Dorsey (48.2) Elmar Engholm (50.5), Ross Matheson (50.4), Alex Herring (48.8), Peter Callahan (50.2)		3:13.99 (1st)
LongJ	Daniel Lam 20' 1/2"		
TripleJ	Warrick Campbell 50' 5 1/4" (1st)		
HighJ	Markus Miller (Unattached) 6' 6"		
PoleV	Logan Pflibsen 17' 4 1/2" (1st) (4,x) PR		
ShotP	Mike Budick (Unattached) 50' 4 3/4"		
Discus	Mike Budick (Unattached) 144' 8" Andris Sturans (Unattached) 81' 6"	Daniel Lam 114' 7"	Beau Clifton 99' 6"
Javelin	Mike Ellis 200' 3" (1st) PR Nik Aston 181' 3" (5th) PR	Beau Clifton 198' 2" (2nd)	Marcus Simon 193' 5" (3rd) PR

### WOMEN

100	Aasha Marler (unattached) 11.97@		
200	Brittany Myricks 24.31@ (3rd) Kyra Mohns 25.58@ Samantha Bowe 26.33@	Casey Dowling 24.81@ (8th) Peri Moran 25.74@	Erynn Caldwell 25.38@ Lucretia Vigil 25.85@
400	Faith Cobb 57.70@ (5th) PR	Ariel Burch 58.25@ (8th) PR	Kelsi Lewis 59.85@
800	Sophie Connor 2:08.60@ (1st) (9,x) Haley Butler-Moore (unattached) 2:20.63@	Tamara Armoush 2:10.67@ (4th) PR	Emily Hosker-Thornhill (unattached) 2:13.60@
1500	Nicole Roberts 4:38.18@ (3rd) Kendall Kelly (unattached) 4:44.95@	Nicola Hood 4:42.24@ (5th) Maya Hena 5:58.48@	Anna Burton 4:44.88@ (7th)
100H	Kyra Mohns 15.76@		
4x400	Haley Sanner (55.8)PR, Zoe Howell (55.9)PR, Faith Cobb (58.2)PR, Kelsi Lewis (58.9) Ariel Burch (58.3)PR, Lucretia Vigil (64.2), Christina Clark (61.0), Sophie Connor (59.8)		3:49.65@ (1st)
LongJ	Casey Dowling 19' 2" (2nd) PR Kyra Mohns 17' 8"	Aasha Marler (unattached) 19' 1 1/2"	Samantha Bowe 18' 7" (6th)
PoleV	Annie Stirling 12' 7 1/2" (2nd) Morgan Smith (unattached) 10' 2"	Katherine Whiting 11' 7 3/4" (3rd)	Anna Duvall 11' 1 3/4" (5th)
ShotP	Allison Mady (unattached) 42' 11 1/2" PR	Amaris Blount (unattached) 32' 7"	
Discus	Allison Mady (unattached) 138' 9"		
Hammer	Amaris Blount (unattached) 155' 1" PR		
Javelin	Samantha Bowe 102' 0" (7th)	Kyra Mohns 95' 2"	

### STANFORD INVITATIONAL, FRIDAY, APRIL 3, 2015

1500	Amber Zimmerman 4:26.66		
10,000	Alice Wright 32:56.33 (4th) (2,2)	Heleene Tabet 34:32.68 PR	
1500	Todd Wakefield 3:47.64		



University of  
New Mexico

2015  
Outdoor  
Track & Field



New Mexico Quadrangular

Friday, April 10, 2015

TEAM SCORES

Men

New Mexico	193
Air Force	174
Wyoming	112

Women

New Mexico St.	195
New Mexico	174
Wyoming	93
Air Force	46

**GOOD THINGS DO COME IN SMALL PACKAGES**

In the world of track & field in the year 2015 there is the attitude among many athletes (and coaches also) that good performances can only come about at the prestigious mega-meets, those meets where there are huge numbers of athletes (thousands) and teams. Meets like Penn Relays, Texas Relays, Drake Relays, Mt. Sac Relays, and on and on. Unfortunately, present athletes and coaches have forgotten that from the time collegiate track began (1920's) until well into the 1980's, almost all meets were either dual (two teams), triangulars (three teams), or quadrangulars (four teams). It was rare that a meet existed with significant number of teams. And all great performances happened in those small meets! One can look back in the annals of Lobo track & field and see how many national and world class performances came during that 60 year time span. In fact, Adolph Plummer set a world record in the 440 yard dash in a small conference meet while Rene Matison equalled the world record in the 100 yard dash.....in a local AAU state meet. Last week at the Tailwind Invitational there were 10 teams competing, and about 400 athletes in all. In that meet there were 17 PR's (personal records) from Lobo athletes which is nice. This week scaling down the teams (four women and three mens) and number of athletes (about 140) there were 11 more PR's. That is also a pleasing number. What this says is that if athletes will focus on achieving good things no matter what meet they are at, often positive outcomes will happen. So simply put great performances can happen at any time.....an athlete just needs to open up their mind to the possibility, and not think they can only perform at the mega-meets.



**Callahan & Herring Prove Point About Small Meet Success**

Seniors **Peter Callahan** (Evanston, IL) (#2 from picture on the left) and **Alex Herring** (Academy, ABQ, NM) were excited about running a fast 800 given they had three outstanding 1:50 type runners from Wyoming in the field and someone else to take the race out at about 52 seconds for the first 400. Clearly the men's 800 was the marquee event on the day and both Lobo guys wanted to do something special. Peter had a lifetime collegiate best of 1:48.66 which he accomplished as an undergraduate at Princeton University during the February 12, 2011 Harvard-Yale-Princeton triangular meet. Alex had a collegiate lifetime best of 1:49.06 which he set on May

11, 2013 during the MWC Championship. At the starting gun the pacesetter from UNM did his job, taking the group out, around the oval, and down the homestretch like he was supposed to but a Wyoming Cowboy got excited and spurted to the lead at the 400 meter point. Alex jumped right on his backside to make sure the dude didn't get away. At that point Alex was racing in second place overall in the 10 man field while Peter was back in 7th place and just chilling. Going up the backstretch Alex got frisky and took over the lead and started extending the gap and now everyone was chasing him. At the 600 meter point of the race it looked like Alex might run away from the field and leave everyone in his wake.

Around the final turn Alex held a good five meter lead over everyone else, but as usual Peter was starting to churn the pace up. With 100 meters to go it was Alex, five meters then two Cowboys, then Peter. With 75 meters left it was Alex, Wyoming, and now Peter. With 50 meters to go Alex was tiring, trying to maintain his hard cadence and relax, and Peter was straining to keep the tempo going. With about 40 meters to go Peter had gotten up right alongside Alex and they were focused on the finish line. At the finish line Peter got there first with Alex leaning for the line also. The announcement came down that Peter had crossed the finish line first in a new all-time best of 1:48.14, while Alex had grabbed the same, a new all-time PR of 1:48.53. The race lived up to all the pre-meet hype and produced the #1 (Peter), #2 (Alex), #4 (Wyoming #1 runner), and #6 (Wyoming #2 runner) fastest times in the Mountain West Conference. Further, Peter & Alex are ranked #5 and #7 in the NCAA West Region, and #17 and #19 nationally. Peter moves to #4 all-time at UNM while Alex moves to #7.

### **VanGrinsven Opens Outdoor Season at #3 All Time In Hurdles**

*After a monster indoor season and a race at the NCAA Indoor Championships junior Holly VanGrinsven (Brentwood, TN) didn't race last week at the Tailwind Open to make sure she reestablished a solid training base for the outdoor season. But the month lay-off didn't seem to faze her as she clicked off the third fastest 100 Hurdle race in Lobo history. Attacking the hurdles from the beginning she looked smooth and powerful in sprinting across the finish line in a legal 13.68 which actually had no wind (0.0). That knocks*



*her existing PR all the way from 14.13 which she did at last years Tailwind meet held in May. It also vaults her back to a top five MWC performance and would seem to be easily under the threshold needed to qualify for the NCAA West Regional.*



### **Lewis & Haywood Go 1-2 in 400 Meters**

**Senior Chaz Lewis (Highland, ABQ, NM) in his season opener sprinted to a quick 47.74 victory in the 400 meters. That time is just off his all-time best of 47.30 but moves him up to #2 in the MWC. Chaz is shown (#4) coming down the homestretch with about 50 meters to go. Right on his back was froshie Mark Haywood (Alamagordo, NM) who clocked an all-time PR of 48.13, which moves him to #4 in the MWC ranking.**



## Hamilton & Roggatz Debut in Long Jump and Go to 1-2 in MWC

Juniors Allan Hamilton (Edinburgh, Scotland) and Yannick Roggatz (Birkenau, Germany) (pictured above) got their seasonal openers in the Long Jump and took first and second in 24' 9 1/4" an 24' 5" respectively which places them squarely in the leadership of the conference. Allans' winning leap was actually accomplished into a 1.5 mps headwind while Yannicks best just had absolutely no wind. , The guys distances have always qualified for the NCAA West Regional and currently the two jumpers rank seventh and thirteenth in the region.



## Simon PR's for Second Week in a Row

Last year [Marcus Simon](#) (Colorado Springs, CO) pictured to the left ended the year with a best of 192' 1" in the javelin which he accomplished at the MWC Championship when he placed sixth. For the second time in the first two weeks of the 2015 season MS upped his all-time best as this week he flung the spear out to 197' 11" adding 4' 6" to the distance he hurled last week (193' 5"). Leading the competition with his fourth round best of 191' 1" Marcus waited until his final attempt to end the meet with a nice PR. MS's distance currently ranks him fourth in the MWC behind leader Mike Ellis and third ranked Beau Clifton. It also gets him in the conversation for the NCAA Regional as he slides up to #52 in the West with the top 48 qualifying to head to Austin, Texas late in May.

## Short Sprints

*Last year local product Erynn Caldwell (Volcano Vista, ABQ, NM) won the New Mexico State high school 100 meter title with a 12.52. Later in the summer she ran her seasonal best at the Great Southwest Invitational when she clocked 12.50 into a 2.8 mps headwind. Running on the same track that she accomplished those two performances Erynn sped to a legal wind victory in 11.97 which gets her to 9th in the MWC. She is shown in the picture be-*

**From Top to Bottom  
Erynn leads Peri (on the left) and Lucretia (on the right) in  
the 100 meters. Brittany dominates the 200 meters. Ridge  
(on the left) just nipped Scott in the 100.**



*ing chased by soph Peri Moran (Flower Mound, TX) and senior Lucretia Vigil (Rio Grande, ABQ, NM). In the 200 meter senior Brittany Myricks (Ontario, CA) who currently ranks #6 in the MWC ran away from the field winning by almost one full second as she clocked 24.55. Over on the men's side juniors Ridge Jones (DeSoto, TX) and Scott Bajere (Bristol, England) who currently rank #3 and #5 respectively in the 100 meters had a nice fun battle over the straightaway with Ridge just nipping Scott 10.81 to 10.83. Unfortunately the winds kept changing all day so the women's 100 meters which was run just five minutes prior had a +1.2 tailwind but the guys had to run into a negative 2.0mps headwind.*



## **THATS A WRAP**

**JUNIOR POLE VAULTER ANNIE STIRLING (CIMARRON, NM) IS SHOWN WRAPPING HERSELF AROUND THE CROSSBAR AS SHE ATTEMPTS TO CLEAR 12' 8". ANNIE WON THE QUAD COMPETITION WITH A 12' 2" CLEARANCE THE SAME HEIGHT AS FROSHIE KATHERINE WHITING (SANTA CRUZ, CA) WHO PR'D WITH HER CLEARANCE AND MOVED TO #10 ALL TIME IN LOBO LAND. CURRENTLY**

**ANNIE RANKS #7 IN THE MWC LISTING. OVER ON THE MEN'S SIDE SENIOR LOGAN PFLIBSEN (STREATOR, IL) OPENED UP AT A CHALLENGING 16' 8 3/4" HEIGHT WHICH HE CLEARED ON HIS SECOND ATTEMPT. OPENING AT THAT HEIGHT IS TO PREPARE FOR LATER IN THE SEASON WHEN THE BIG COMPETITIONS HAVE BIG OPENING HEIGHTS.**

## Howell Opens Outdoor 800 Season

Junior [Zoe Howell](#) (Socorro, NM) who started the transition from being a 400 runner to 800 runner during the indoor season began her outdoor season with an 800. Still trying to learn the nuances of the longer distance Zoe took the lead which allowed everyone else to just sit behind her and relax as she did all the work. After the 400 meter split which Zoe clocked in 64 a whole bunch of runners passed her as they went to the 500 meter point of the race. Going up the backstretch teammate [Tamara Armoush](#) (Darbyshire, England) who currently ranks 7th in the MWC with her best of 2:10.67

started to pull away and Zoe was struggling to hang on to the five runners who had passed her. Getting to the 600 meters in 1:39 Zoe was in danger of losing contact with the group. But around the final turn she started to show some life, and when she got to the homestretch looked completely different. With each stride she took she started to reel in the athletes in front of her and by the time she got to the finish line she along with a Wyoming athlete an Air Force athlete and Tamara all looked like they crossed together. Zoe ended up fourth in 2:12.06 almost identical to the 2:12.03 she ran during the indoor season.



Senior Ross Matheson (Edinburgh, Scotland) #1 is shown running at the back of the 1500 meters. Late in the race Ross put in a hard surge and ended up racing away from the group crossing the finish line first in 3:57.47.

*Junior Faith Cobb (Miyamura, Gallup, NM) pictured to the left crossing the finish line in the 200 meters double PR'd dropping her 200 PR from 25.91 to 25.54 then coming back and cutting almost one second off her best 4 x 400 relay leg, 58.2 to 57.3!*



*Nicole Roberts (Northhamptonshire, England) is shown running away from the field to win the 1500 meters in 4:37.43.*



*After winning the 100 Hurdles Holly VanGrinsven had about 20 minutes to recover before racing the 400 meter. Holly took the event by almost one full second finishing in 55.29, good for 7th best in the MWC this season. Finishing fourth was jr. Haley Sanner (Cajon, San Bernadino, CA) who clocked 56.82.*



Sophomore Mustafa Mudada (Highland, ABQ, NM) is shown just before crossing the finish line with a victory in the 400 Hurdles where he clocked 53.71. Just clearing the hurdle is junior Cheyne Dorsey (Cleveland, Rio Rancho, NM) who PR'd for the second week in a row lowering his all time best to 54.03.

Junior Christina Clark (La Cueva, ABQ, NM) on the left ran to a new PR in the 400 Hurdles while senior Ariel Burch (Montclair, CA) jumped into the ten hurdle race for the first time and finished 5th in 64.13.







**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete/relay finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Outdoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever performance in that event). An @ indicates the performance has been altitude adjusted based on NCAA protocol.

## New Mexico Quadrangular, Friday, April 10, 2015

### MEN

100	Ridge Jones 10.81@ (1st)	Scott Bajere 10.83@ (2nd)	
200	Dominic Davis 23.39@ (8th)		
400	Chaz Lewis 47.74@ (1st)	Mark Haywood 48.13@ (2nd) PR	Chris Kline 48.98@ (5th)
	Dominic Davis 51.72@		
800	Peter Callahan 1:48.14@ (1st) PR (4,9)	Alex Herring 1:48.53@ (2nd) PR (7,x)	
1500	Ross Matheson 3:57.47@ (1st)	Matt Bergin 3:59.44@ (2nd)	Zac Castillo 4:00.41@ (3rd)
	Chris Graham 4:06.14@ (4th)	Tyler Valdez 4:07.26@ (5th)	
400H	Mustafa Mudada 53.71@ (1st)	Cheyne Dorsey 54.03@ (3rd) PR	
4x400	Mustafa Mudada (50.9), Chris Kline (49.3), Mark Haywood (48.8), Cheyne Dorsey (48.6)		3:18.25@
LongJ	Allan Hamilton 24' 9 1/4" (1st)	Yannick Roggatz 24' 5" (2nd)	
TripleJ	Warrick Campbell 48' 6" (2nd)		
PoleV	Logan Pflibsen 16' 8 3/4" (1st)	Daniel Lam 14' 9" (2nd)	
ShotP	Daniel Lam 40' 10 1/4" (1st)	Beau Clafton 36' 7" (2nd)	
Jav	Marcus Simon 197' 11" (1st) PR	Beau Clafton 191' 1" (2nd)	Mike Ellis 175' 1" (3rd)
	Nolan Paranto 150' 8" (5th)		

### WOMEN

100	Erynn Caldwell 11.97@ (1st)	Peri Moran 12.12@ (2nd)	Lucretia Vigil 12.56@ (4th)
200	Brittany Myricks 24.55@ (1st)	Faith Cobb 25.54@ (3rd) PR	Lucretia Vigil 25.91@ (4th)
	Kelsi Lewis 26.56@		
400	Holly Van Grinsven 55.29@ (1st)	Haley Sanner 56.82@ (4th)	Kelsi Lewis 59.26@ (6th)
800	Zoe Howell (32-64-1:39) 2:12.06@ (4th)	Tamara Armoush 2:12.36@	Adriana Lopez 2:30.91@
1500	Nicole Roberts 4:37.43@ (1st)	Nicola Hood 4:49.61@ (3rd)	
100H	Holly VanGrinsven 13.68@ (1st) (3,7)	Kyra Mohns 15.26@ (4th) PR	Samantha Bowe 15.72@ (7th)
400H	Ariel Burch 64.13@ (5th)	Christina Clark 66.03@ (7th) PR	
4x100	Erynn Caldwell, Brittany Myricks, Peri Moran, Yeshemabet Turner 46.34@ (1st)		
4x400	Haley Sanner (58.0), Zoe Howell (58.5), Faith Cobb (57.3) PR, Holly VanGrinsven (55.5) PR		3:50.05@ (1st)
HighJ	Kyra Mohns 5' 3" (2nd)	Samantha Bowe 5' 3" (3rd)	
PoleV	Annie Stirling 12' 2" (1st)	Katherine Whiting 12' 2" (2nd) (10,x) PR	Anna Duvall 11' 2 1/4" (3rd)
LongJ	Yeshemabet Turner 17' 8" (3rd)		
ShotP	Samantha Bowe 39' 2 1/2" (3rd)	Kyra Mohns 35' 6" (6th)	



University of  
New Mexico

2015  
Outdoor  
Track & Field



Mt. Sac Heptathlon/Decathlon Wednesday/Thursday, April 15-16, 2015  
Mt. Sac Relays Thursday/Friday, April 16-17, 2015  
Bryan Clay Invitational at Azusa Pacific University Friday, April 17, 2015  
Long Beach Invitational @ Cerritos College Saturday, April 18, 2015

## Thackery Scorches Track for 12 1/2 Laps

Junior Calli Thackery (Yorkshire, England) pictured to the left had run one of the top 3000 meter times in the country during the indoor season but had not distinguished herself over the 5000 meter distance in the undercover season only running 16:43.71 at the indoor conference meet. Once she got to the outdoor season she focused more on that distance and ripped off a superb 15:42.57 clocking at the Mt. Sac Relays. That lowered

her all-time best of 16:18.98 done back in England on June 15, 2014. Running in the invitational section with both professionals and collegians Calli stayed close with the top collegian from Arizona and ended up 8th overall, but second collegiately. Her time of 15:42.57 ranks #8 in the whole country and moves her to the #2 all-time fastest performer at UNM.

*invitational AH entered the 1500 meters. Again, racing out of the fastest section he had plenty of competition. Pictured above is Alex cruising along just past the 800 meter split not worrying about the guys in front of him. He slowly moved up on the next lap and when he got to the same spot as the picture he surged to the front, and quickly put ten meters between himself and the chase pack. Down the homestretch the chasers tried to put a dent in his lead but he did not give up crossing the finish line in a new all-time PR of 3:44.95. That performance moves him closer to the top 50 nationally, but also gets him up on the ranking list for the NCAA Western region. He is now in good shape in both the 800 and 1500 to qualify for the NCAA First-Round qualifying meet.*



## HERRING HAS MONSTER WEEKEND

Senior **Alex Herring (Academy, ABQ, NM)** pictured above in all red came into the weekend trying to figure out how his body would react racing on both Friday and Saturday the way that you must do at any conference or national championship. On Friday racing the 800 meters at the Bryan Clay Invitational against 118 other athletes Alex controlled the pace in the fast section and walked away the individual champion with a 1:49.71 clocking. On Saturday at the Long Beach In-



### VanGrinsven Moves Closer to Top of MWC in 400

Junior Holly VanGrinsven (Brentwood, TN) pictured above was one of 90 athletes in the 400 meters. Running out of lane four in the fastest seeded section of the day HVG clicked off an outdoor PR of 55.11 to finish fourth overall. She used a strong last 150 meters to run down the athletes in front of her. That performance gets her up to 4th overall in the MWC and just misses out on joining the UNM all-time top ten listing by a scant .02 of a second.



### Hamilton Has Great Series of Jumps

Junior Allan Hamilton (Edinburgh, Scotland) an indoor All American in the Long Jump had opened up his outdoor season one week earlier with a leap of 24'9 1/4". At the Bryan Clay meet he had a solid four jump series with a best of 25'6 1/4" which was the longest collegiate jump on the day. Allan got right to work as on his very first jump of the day without the benefit of any wind at all (0.0) he spanned his longest of the meet. He followed on his second jump with a 25'3 1/4" (no wind), a 25'5 1/4" with a legal 2.0 tailwind, then ended his day with a 24'4 1/2". For his four jump series he averaged 25'2". Putting that in perspective, Allan's worst jump of the day was better than any other collegian in the meet (there were a total of 54 jumpers in the competition) and his average would place him 8th ranked in the NCAA West Regional (his best has him #3) and when looking at the entire country his longest jump has him #5 nationally. That is what is called "a good day at the office".



### Hot 1500 Meters at Bryan Clay

The stature of the distance races at Bryan Clay is improving each year and when looking at the field size in the 800-1500-5000 races it was quite overwhelming. There were 210 men that ran the 1500 meters, 167 women in the 1500, 119 men in the 800, 114 women in the 800, 130 in the men's 5000 and 138 in the women's 5000.....Yikes. Both seniors Peter Callahan (Evanston, IL) (pictured to the left) and Todd Wakefield (Kerns, Australia) were selected to run in the men's

fastest section of the 1500 meters and it was a wild race from the onset. The pacesetter took off like a scalded cat and two others, one unattached and one from Lamar University blasted off with them. Peter and Todd were more content to stay in the large pack and somewhat off the fast pace but still Peter crossed the 400 meter point in a quick 59.2 seconds. Thinking that the three runners upfront would come back slightly the large group saw that at the 800 meters the leaders were at a fast 1:58 for that threshold while Peter was more around 2:00. But the leaders weren't coming back to the chase pack! By the 1200 mark which Peter got to in 3:01 the large group suddenly realized that the Lamar runner along with the unattached guy weren't going to come back and they would have to go chase which they did as a group. Up the backstretch the group of ten men surged and around the final turn they were in full flight and coming down the homestretch it was a wild scene with guys pumping their arms furiously to get to the lead guy. At the finish line Peter would cross third in 3:43.13 while Todd would finish in 3:45.98. Peter's time gets him ranked #2 in the MWC and #9 in the NCAA West and #27 nationally.



## Women's 1500 Meters Produces Excellent Results

The 15 women on the starting line of the Bryan Clay Invitational were intent on doing just what the men had done..... run fast. Getting good front running from the pack junior Sophie Connor (Hertfordshire, England) and Tamara Armoush (Darbyshire, England) were towed along through quick splits. The race held together as a large group until the half-way point when it split in two, with about eight runners up front pushing the pace. Sophie was right in the middle of that group while Tamara was more toward the back

of the pack. Pushing the pace hard through the 1200 meters the group abandoned the group tactics and everyone was for themselves. Sophie hung on well at the front while Tamara was digging down to stay in contact. Around the final turn and to the finish line it was apparent both were going to have a good day. When crossing the finish line Sophie clocked in at 4:22.40, good for sixth place while Tamara hit 4:23.48. Very nice work. For Sophie that was her third fastest ever, with her existing PR coming from July 13, 2013 at the Sainsbury British Championships in Birmingham (4:21.06) while for Tamara that was a new all-time PR taking down the 4:24.31 from last years Payton Jordan/Stanford Invitational. Sophie's time moves her to #9 all-time at UNM. The ladies now rank #31 and #39 in the NCAA West Regional along with #4/#5 in the MWC!



## Bajere Finishes Sixth in 100

Juniors Scott Bajere (Bristol, England) and Allan Hamilton were entered in the second fastest seeded 100 meters. The picture shows Scott at about 50 meters into the race. He finished with a slightly windy

10.65 (+2.4mps), good for sixth place, while Allan clocked 10.67 finishing eighth. The guys currently rank #4 & #5 in the MWC and are slowly moving up the regional list toward a top 48 ranking that would allow them to compete in the NCAA First-Round competition.

Photo courtesy of  
Mike Warren



**PICTURE OF  
THE WEEK**  
**Senior Nicola Hood**  
**(Glasgow, Scotland)**  
*almost seems to be wearing  
a long dress made of water  
as she exits the steeplechase  
water pit. Nicola who won the Bryan  
Clay 3000 meter  
Steeplechase set a new PR in the  
process taking down her old PR of  
10:26.00 with a 10:25.59.  
That time moves her to #2  
all-time at UNM with the  
ninth fastest overall  
performance. She currently  
ranks #1 in the MWC  
and #17 in the NCAA  
West Regional.*



## Sprinters Have Some Fun Against Each Other

Typically when entering a meet with 100 athletes in an event like the Long Beach Invitational athletes from the same university are usually spread out in the different heats. Given there were 14 different races in the women's 100 the chances were slim for Lobos to be in the same race. But three of the four Lobo sprinters competing were actually in the same race and in side by side lanes which rarely happens. So not only did they get to race against other schools, they got to race against each other. The picture to the left show from left-right junior Haley Sanner (San Bernadino, CA), sophomore Peri Moran (Flower Mound, TX), and froshie Erynn Caldwell (Volcano Vista, ABQ, NM). They had a good tussle and Haley and Erynn came across together and the finish clock had them both at 12.13. But with new automated electronic timing equipment it can now go to the 1000th of a second and Erynn was given the nod over Haley 12.128 to 12.130!! Peri finished in 12.17 which was the same time as teammate Brittany Myricks (Ontario, CA) finished in the previous race. Peri was given the nod over Brittany 12.162 to 12.163. Now that is team closeness.



### 25 Laps

Adams State transfer junior Julian Florez (Hobbs, NM) pictured to the left ran to a nice first Lobo 10,000 meters at the Mt. Sac Relays. His finishing time of 29:33.71 moves him up to #2 in the MWC rankings and #36 in the NCAA West region. Last year Julian finished 12th at the NCAA Division II national outdoor championship with a 30:25.04, although he had run 29:41.39 during the regular season for the Grizzlies. Back in 2013 when he competed for Glendale Community College he clocked 30:46 so he has shown solid improvement during his first semester as a Lobo athlete.



**From Sand to Spear**

Froshie Beau Clifton (Farmington, NM) enjoyed getting buried in sand at the beach when the team stopped off for a few minutes on the way to the team hotel after landing at LAX airport. Later on the following day Beau led the trio of Lobo Javelin throwers with his best toss of 189' 5" which ended up 8th place at the Bryan Clay Invitational.

Mohns Moves to #6 Best Performer All-Time at UNM in Heptathlon - Froshie Kyra Mohns (Eldorado, ABQ, NM) finished the Mt. Sac Relays Heptathlon with a solid score of 4873 points which gets her on the all-time UNM ranking list at #6. Kyra had a solid competition throughout the seven eventer. She scored over 800 points in two of the seven events when she grabbed 806 points by virtue of her 15.27 100 Hurdle race, but her top point-getter was the 200 when she scampered 25.66 good for 827 points. Kyra's score is good for fifth best in the MWC this season. Over in the Men's ten event Decathlon froshie Daniel Lam (Amsterdam, Netherlands) finished his first Lobo combined event in 6598 points. In 2013 Daniel totaled 6719 points in a competition May 20th in Apeldoorn, Netherlands.



**Kyra Mohns**



**Daniel Lam**



During the indoor track season froshie Zac Castillo (Volcano Vista, ABQ, NM) had run one 5000 meter race which happened at the MWC Championship when he finished in 14:43.49. In his first-ever outdoor 5000 meters he clocked a 14:36.37 showing progress. Pictured to the left is Zac in the middle portion of the 5000 meters which was held under the lights at Azusa Pacific.



**More 10,000 Meter Action**

Junior Anna Burton (Staffordshire, England) pictured above had never run a 10,000 meter before and clicked off a solid 35:33.76 at the Mt. Sac Relays. That performance gets her ranked #7 in the MWC and #33 in the NCAA West Regional.



Senior Logan Pflibsen (Streator, IL) cleared 17' in the Pole Vault again at the Mt. Sac Relays.

**Women's 4x400 Relay Runs to #6 Fastest Time Ever**

The quartet of Haley Sanner, Zoe Howell (Socorro, NM), Faith Cobb (Miyamura, Gallup, NM), and Holly Van Grinsven combined for a 3:45.29 which moves them up to the sixth fastest relay squad in Lobo history. After a 56.5 lead-off leg Haley handed to Zoe who duplicated that exact time for her split, handing off to Faith. FC clocked a PR of 57.0 for her one lap around and handed to anchor leg Holly.

Holly finished off the groups effort with a 55.6. Wanting to run faster the group was disappointed in their collective efforts, but it did place the unit #4 in the MWC standings which is important. At the conference championship given their are more teams in the conference than lanes available, they are divided into a slow section and fast section. It is important to be in the fast section and the relay time should provide them that opportunity.



Members of the team enjoying some real beach time.

**Hadnot Returns.....Like She Never Left**

Sophomore Jannell Hadnot (Lodi, CA) had not competed for several weeks as she had to have her wisdom teeth removed. After spending a week of preparation she entered the Bryan Clay Invitational slightly unsure what to expect. Well on her very first attempt she came down the runway and smashed a 41' 11 1/4" distance, just missing her collegiate PR by an inch and a half. And that was with a legal 1.7 mps wind. After a 40' 7" jump she followed with a 41' 8 3/4" and a 41' 8 1/2". Jannell finished runner-up in the competition and on any of her three best jumps would have kept her in that position. JH goes right to the leader of the MWC with her best effort, and also up to #6 in the NCAA West regional.







## Engholm & Matheson PR in 800

After racing in the 1500 on Friday night at the Bryan Clay Invitational both [Elmar Engholm](#) ([Stockholm, Sweden](#))(pictured in the front) and [Ross Matheson](#) ([Edinburgh, Scotland](#)) (#2 from the picture) wanted to get in some good leg-turnover work in the 800 at the Beach Invitational. Running out of section four Elmar followed the pacing until the 600 meter point when he simply took off and dropped everyone in the race, pulling away with each stride. And these guys are legitimate 1:51 type runners not some overweight joggers! EE flashed across the finish line in a nice PR of 1:50.48 winning the race by over

one second. Running one section later Ross saw what Elmar had done and duplicated that effort smashing the competition and pulling away from the group. RM's winning time was a 1:51.90 PR.



## Lewis Returns to Racing

*After dealing with a problematic quad injury senior Chaz Lewis (Highlands, ABQ, NM) ran his first 400 Hurdle race of the outdoor season and found out the quad is still not 100%, but the show must go on. Last years 11th place finisher at the NCAA Championships, Chaz finished fifth at the Beach Invitational with a 52.75. While not up to his usual standards it at least allowed him to work on the technical parameters of some of the event.*

**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete/relay finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Outdoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever performance in that event). An @ indicates the performance has been altitude adjusted based on NCAA protocol.

## Mt. Sac Relays Thursday, April 17 & 18, 2015

### MEN

4x400 Mark Haywood (48.2), Chris Kline (48.5), Mustafa Mudada (49.1), Chaz Lewis (46.8) 3:13.07  
 10,000 Julian Florez 29:33.71 Jesus Mendoza 30:13.80  
 PoleV Logan Pflibsen 17' 3/4"  
 Deca Daniel Lam 100 - 11.38 LJ - 22' 2 1/4" ShotP - 40' 4 3/4" HighJ - 5' 8 1/2" 400 - 51.42  
 110H - 16.07 Discus - 117' 1" PoleV - 14' 9" Jav - 128' 10" 1500 - 4:50.29 6598 points

### WOMEN

100H Holly VanGrinsven 14.09  
 200 Brittany Myricks 24.54  
 5000 Calli Thackery 15:42.57 (2nd) (2,2)  
 10,000 Anna Burton 35:33.76 Emily Reese 37:09.48  
 4x400 Haley Sanner (56.5), Zoe Howell (56.5), Faith Cobb (57.0)PR, Holly VanGrinsven (55.6) 3:45.29 (6,x)  
 PoleV Annie Stirling 12' 3 1/2"  
 Hept Kyra Mohns 100H - 15.27 HighJ - 5' 2 1/2" ShotP - 35' 10 3/4" 200 - 25.66  
 LongJ - 17' 11 3/4" Jav - 101' 4" 800 - 2:26.54 4873 points (6,x)

## Bryan Clay Invitational at Azusa Pacific University Friday, April 18, 2015

### MEN

100 Scott Bajere 10.79 (2nd)  
 200 Scott Bajere 22.07  
 800 Alex Herring 1:49.71 (1st)  
 1500 Peter Callahan 3:43.13 (3rd) Todd Wakefield 3:45.98 Elmar Engholm 3:47.07  
 Matt Bergin 3:48.86 Ross Matheson 4:00.44  
 5000 Zac Castillo 14:36.37  
 LongJ Allan Hamilton 25' 6 1/4" (1st) PR (7,8) Yannick Roggatz 23' 6 1/4"  
 JAV Beau Clifton 189' 5" (8th) Marcus Simon 189' 2" Mike Ellis 182' 10"

### WOMEN

200 Erynn Caldwell 25.42 Peri Moran 25.81 Kelsi Lewis 26.32  
 400H Ariel Burch 64.87  
 1500 Sophie Connor 4:22.40 (6th) (9,x) Tamara Armoush 4:23.28 PR  
 3000St. Nicola Hood 10:25.59 (1st) PR (2,8) Nicole Roberts 10:41.34 (3rd)  
 TripleJ Jannell Hadnot 41' 11 1/4" (2nd) (4,x) Yeshemabet Turner 38' 9"

## Long Beach State Invitational at Cerritos College Saturday, April 19, 2015

### MEN

100 Scott Bajere 10.65 (6th) Allan Hamilton 10.67 (8th)  
 200 Chris Kline 22.54 Mark Haywood 22.58  
 400 Mark Haywood 48.94 Chris Kline 49.50 Beau Clifton 53.60  
 800 Elmar Engholm 1:50.48 (7th) PR Ross Matheson 1:51.90 PR Todd Wakefield 1:54.21  
 Chris Graham 1:57.08  
 1500 Alex Herring 3:44.95 (1st) PR  
 400H Chaz Lewis 52.75 (5th) Mustafa Mudada 54.23 Cheyne Dorsey 54.58  
 TripleJ Warrick Campbell 49' 2 1/2" (5th)  
 PoleV Logan Pflibsen 16' 6" (6th)

### WOMEN

100 Erynn Caldwell 12.13 Haley Sanner 12.13 Peri Moran 12.17 Brittany Myricks 12.17  
 200 Haley Sanner 25.23 Faith Cobb 25.75 Kelsi Lewis 26.38  
 400 Holly VanGrinsven 55.11 (4th) PR Kelsi Lewis 59.49  
 800 Zoe Howell (32.8-66.9-1:40.9) 2:13.68  
 400H Ariel Burch 64.66  
 4x100 Eryn Caldwell, Brittany Myricks, Peri Moran, Yeshemabet Turner 47.17 (4th)  
 LongJ Jannell Hadnot 18' 1"  
 TripleJ Yeshemabet Turner 37' 3 3/4"  
 PoleV Annie Stirling 12' 6 1/4" Katherine Whiting 12' 1/2"



2015  
Outdoor  
Track & Field



University of California (San Diego) Triton Invitational Saturday, April 25, 2015



### Not Exactly What the Lobos Expected

Everyone on the Lobo track & field team was excited about competing in San Diego at the University of California (San Diego). Its a big meet (1500 athletes) that no one on the team had ever competed in, its a great facility, and with temperate weather and bountiful sunshine in SD it would be a great event.....



Well not so fast. At the start of the meet on the Triton track which overlooks the Pacific Ocean it was party overcast and breezy, with temperatures in the mid-60's. Not bad conditions. About halfway through the meet it started lightly raining, the breezes picked up, and then the sun came back out. For several hours it went back and forth between light rain and sun. Then about 1 hour before the meet concluded the skies opened up and it was quite cold, windy, and downright miserable for the remaining events on the schedule. So much for SD being warm all the time. When reviewing the entire meet there were not many great statistical performances by any one from any team. But what the meet did provide was excellent head to head competition, where the goal was to win any race or event that is competed in. Some times that is what is lost on present day athletes in that they focus so much on hitting an NCAA regional qualifying performance that they forget about making sure they beat anyone in their event that is not wearing Cherry & Silver. Head to head competition always yields excellent things and must be a focus especially with the 2015 Mountain West Conference meet fast approaching.

### Ellis Chucks Spear to All-Time Top Ten Ranking

*Sr. Mike Ellis (Las Cruces, NM) had not been throwing the Javelin well over the last few weeks. Most people who watch the event don't understand that the Javelin is a sequence of movements that all must flow together in a sequential and orderly manner to produce a good throw. If one segment is out of whack that causes a breakdown in a succeeding movement(s). Mike finally got untracked in what turned out to be the best event of the meet. In the Javelin if a male athlete throws over 60 meters (196' 10") they are considered a solid collegiate thrower. If they throw over 65 meters (213' 3") that will always get them to the NCAA finals. If they toss over 70 meters (229' 8") they are darn good, and if they get over 75 meters (246' 1") they are borderline world-class with a top 50 ranking. The men's Javelin at the Triton meet had a winner with over a 76 meter throw and second and third place over 70 meters. Seven additional men got the spear out over 60 meters. Mike was one of only five collegians to make the final and his best distance of the day 62.63 meters (205' 5") left him as the fourth best collegian in the field of 24. That distance moves him up to seventh best in Lobo all-time history, and #2 in the Mountain West Conference rankings. It also gets him to about 40th in the NCAA West region.*



UC SAN DIEGO			
Littleton	UK	Alvord	13.56
Famfrinsen	New Mexico	13.62	
Spagnola	Minnesota	13.86	
Salcido	Orla	13.98	
Rosario	Washington	14.11	
Hardee	LA St. Francis	14.14	
Souza	Orla	14.14	
Gosson	Cal. State U.		
Walker	Orla		
Wanna 100 Meter Hurdles			

## Van Grinsven Moves to #2 Fastest All-Time at New Mexico

Jr. Holly VanGrinsven (Brentwood, TN) came into the Triton meet with an outdoor best of 13.68 and exited the competition with a new all-time best of 13.62 with a legal 1.6mps tailwind. She ran a clean, consistent race to finish as the fifth fastest collegian on the

day. Her 13.62 moves her to the second fastest performer ever at UNM with the fifth fastest performance all-time. Only three-time Canadian Olympian Angela Whyte who competed for the Lobos in 1999 and 2000 stands in the way of Holly being the fastest ever. HVG currently ranks #5 in the MWC and #27 in the NCAA West.



## Down....but not Out

By the time the 3000 meter Steeplechase rolled around the weather had turned just sour. Its bad enough that the steeple is a demanding event where the athletes must traverse 28 barriers plus 7 water jumps but with cold rain and winds swirling about it just made the event more treacherous. Sr. Nicole Roberts (Northhamptonshire, England) and first-time competitor Amber Zimmerman (Knoxville, TN) represented the Lobos. Nicole, the top seeded athlete in the competition had a rough go of it as the picture above to the left shows. She slipped on the wet surface coming out of the water jump and went down, then she slipped on one of the dry barriers also, and went down again. But she perserved through both falls to get up, show lots of grit and determination, and win the competition in her

seasonal best of 10:37.75, a time which ranks #6 in the conference. When a steepler goes down they must immediately put it out of their mind and refocus even though there usually is a shock to their system. The other two pictures show NR clearing the water jump after her fall, and the final barrier enroute to the victory. Finishing in 10:42.74 Amber moves to #7 all-time at UNM and is one spot behind Nicole on the conference ranking.



### Haywood Finishes as the 3rd Collegian in 400 Meters

Froshie Mark Haywood (Alamagordo, NM) was one of only six athletes (3 post-collegiates and 3 collegians) who were able to run under 49.00 out of the 43 men who competed in the event, finishing in 48.90. Running out of lane 8, Mark ran blind for the initial 300 meters of the race and took it out hard to make sure he was near the leaders when the home stretch came up.



**Howell Uses Excellent Finishing Kick to Place 6th in 800 - Junior Zoe Howell (Socorro, NM), still learning to run the 800 meters used a similar tactic to place sixth overall in 2:13.02. Zoe took it out in about 32 seconds for the first 200, being in the middle of the pack and continued in that placing through the 400 in about 65 seconds. The third 200 meter segment is where she has been tentative and she started to fall farther off the leader as she clocked 1:39 to the 600 meters. Then around the final turn she began churning harder and as the picture above shows is flying by runners on the homestretch. Zoe got right up next to the leader and dipped at the line coming up just short of taking the section.**



Froshie Erynn Caldwell (Volcano Vista, ABQ, NM) on the right is shown getting ready to pass the baton to senior Brittany Myricks (Ontario, CA) during the always exciting 4 x 100 Relay



*Junior Cheyne Dorsey (Cleveland, Rio Rancho, NM) had his best technical race over the 400 Hurdle distance this season. Trying to maintain a consistent stride pattern through at least the first five hurdles Cheyne accomplished that and more as he finished as the fourth best collegian on the day with his 54.10 clocking. Slowly he is moving up the MWC rankings in order to put himself into a good position to be a finalist at the MWC Championship in three weeks.*



PICTURE OF THE WEEK

Marcus Simon signals everything is just fine for the three Jav chuckers early on Saturday morning. He wasn't signalling that in the afternoon after the rains came!



Juniors Scott Bajere (Bristol, England) on the left and Ridge Jones (DeSoto, TX) on the right ran to fifth (Ridge) and eighth place (Scott) finishes in the 100 Meters.



Senior Yeshemabet Turner (Pecos, NM) worked hard within the conditions late in the day to finish third collegiately and fourth overall in the Triple Jump. Every one of the 23 athletes struggled to jump off the tape board (seen on the ground on the runway) and maintain a good stride pattern. YT's best distance of the day was 38' 5 1/2".



### Combined Event Athletes Work on Craft

During the regular season when they are not actually competing in a Decathlon or Heptathlon, combined event athletes work on individual events within their specialty. At the Triton meet froshie decathlete **Daniel Lam (Amsterdam, Netherlands)** pictured above and rookie Heptathlete **Kyra Mohns (El-dorado, ABQ, NM)** pictured to the right both PR'd in the hurdles which will help their score in the combined event. Daniel lowered his best 110 Hurdle time to 15.86 while Kyra dipped under 15.00 with her 14.90 clocking in the 100 Hurdles.



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## Triton Invitational at University of California (San Diego) Saturday, April 25, 2015

### MEN

100	Ridge Jones 10.89 (5th)	Scott Bajere 10.96 (8th)	
400	Mark Haywood 48.90 (3rd)	Chris Kline 49.05	
110H	Daniel Lam 15.86 <b>PR</b>		
400H	Chaz Lewis 53.59 (2nd)	Cheyne Dorsey 54.10 (4th)	
PoleV	Logan Pflibsen 15' 7" (3rd)		
LongJ	Allan Hamilton 23' 8" (3rd)		
Jav	Mike Ellis 205' 5" (4th) (7,x) <b>PR</b>	Marcus Simon 189' 9"	Beau Clifton 187' 2"

### WOMEN

100	Haley Sanner 12.14 (6th)	Erynn Caldwell 12.28	Peri Moran 12.32
200	Brittany Myricks 25.43	Casey Dowling 25.80	Kyra Mohns 26.58
	Samantha Bowe 27.27		
400	Faith Cobb 59.06		
800	Zoe Howell 2:13.02 (6th)	Amber Zimmerman 2:15.37	
100H	Holly VanGrinsven 13.62 (5th) (2,5) <b>PR</b>	Samantha Bowe 14.86	
	Kyra Mohns 14.90 <b>PR</b>		
3000SC	Nicole Roberts 10:37.75 (1st)	Amber Zimmerman 10:42.74 (2nd) (7,x)	
4x100	Erynn Caldwell, Brittany Myricks, Peri Moran, Haley Sanner	46.95 (2nd)	
4x400	Haley Sanner (58.5), Zoe Howell (58.2), Faith Cobb (61.1), Holly VanGrinsven (58.2)	3:56.70 (2nd)	
HighJ	Kyra Mohns 5' 2 1/4"	Samantha Bowe 5' 2 14/16"	
LongJ	Casey Dowling 18' 5" (2nd)	Yeshemabet Turner 17' 11"	
TripleJ	Yeshemabet Turner 38' 5 1/2" (3rd)		



University of  
New Mexico

2015  
Outdoor  
Track & Field



UTEP Twilight Open Friday, May 1, 2015  
Payton Jordan/Stanford Invitational Saturday, May 2, 2015

**UTEP Twilight:** While the distance runners were out in California at the Payton Jordan/Stanford Invitational most of the Lobo team traveled to El Paso, Texas for the UTEP Twilight Open. It was a small, low-key event, but produced lots of solid marks, and a couple of outstanding ones. When the meet started around 5:00pm it was in the 90's without any breeze, so the athletes were negatively affected by that heat, but as the sun started to set the night became cooler and just an outstanding environment to compete in. In fact if one looked at the meet and split it in half the second half of the meet produced much higher level results. For many, the meet served as simply a chance to fine tune their preparation for the MWC Championship in two weeks, while for others they were trying to raise their level of performance to earn a trip to San Diego. Now the team will go into final preparations for the conference slugfest hosted by San Diego State University.



#### 4 x 100 Runs to 6th Fastest Lobo Time Ever

If one goes back into the archives of Lobo track history the 4x100 Relay was very, very good throughout the 1960's and one of the best in the NCAA. The current quartet of Allan Hamilton (Edinburgh, Scotland), Ridge Jones (DeSoto, TX), Carlos Wiggins (West, Plano, TX), and Scott Bajere (Bristol, England) is putting a dent in the all-time rankings as this week they ripped off a 40.52 to move up to #6 all-time. They ran the #3 fastest time ever about five weeks ago and with the conference and NCAA Regional meet coming up could challenge the existing school record of 40.24 set way back in 1966. Pictured above is Ridge passing to Carlos.



**Senior Django Lovett (Brookwood Secondary, Surrey, British Columbia), the 2015 MWC indoor High Jump champion and NCAA qualifier had been out for over a month with a foot injury, and in his first outdoor meet of the season cleared 6' 8 3/4". While that may pale in comparison with his 7' 3" past clearance it is a step in the right direction as DL prepares for his final MWC outdoor competition. That clearance of 6' 8 3/4" puts him right back up near the leaderboard in the MWC.**





## Sand Landing

*In both the Triple Jump & Long Jump there turned out to be some solid marks produced. The top picture shows sophomore Jannell Hadnot (Lodi, CA) enroute to a best distance of 41' 9 3/4" and after having her wisdom teeth worked on earlier in the month, and having to miss two weeks of competition time she seems back in the technical flow of the event. Currently Jannell is second ranked on the MWC leaderboard only 1/4" behind the leader.*

*The bottom picture shows junior Casey Dowling (Rockville, MD) extending out to a new PR of 19' 6 3/4" adding almost four inches to her previous best. That distance takes her right up to the #4 ranking in the MWC and 41st in the NCAA West region. Over the last few years it has taken right around 19' 6" to make the final 48 qualifiers.*



**Ellis Back Over 200 Feet In Javelin**  
**Senior Mike Ellis (Las Cruces, NM) who has thrown 205' 6" this season, and is currently ranked #2 in the MWC (leader is at 207' 5") is attempting to take maximum advantage of his full length approach to squeeze out every possible inch of real estate. In the fourth round Mike tossed 201' 2" to have the longest throw of the night. He is currently standing at #45 in the NCAA West region.**



Sanner Runs Her Fastest 400 of Season

Junior Haley Sanner (San Bernadino, CA) is shown in a tight battle at the 200 meter point, of the 400 meter race. Haley, an All Conference performer last year in the 400 meters is slowly moving toward the top eight ranking in the conference. Her 56.15 is a nice progression and gives her a chance to be a finalist in two weeks in her home state of California.

## Pflibsen & Stirling Have Some Fun in the Pole Vault

**Due to the scarcity of competition senior Logan Pflibsen (Streator, IL) and junior Annie Stirling (Cimarron, NM) didn't let that get them down and instead used the situation to vault at some higher heights.**

**After clearing an initial jump Logan and Annie had the bar raised past what would be a normal progression of the crossbar to 17' 2 3/4" for Logan and 13' 3 1/2" for Annie. While neither cleared those heights it was good preparation and practice for the conference championship when they will be vaulting at those standards in pursuit of conference points.**



Upper left Carlos Wiggins finishes off the 200. Upper right Holl VanGrinsven hits a huge PR. Lower left Brittany Myricks on the left and Casey Dowling on the right. Lower right a trio of Lobos (Zoe Howell, Kelsi Lewis, and Samantha Bowe have a nice half-lap run.

### Hamilton & Van Grinsven Sizzle to Big PR's in night-time 200

By the time the 200 meters was contested it was just a perfect evening, cool, calm, and no crosswinds or headwinds. The only thing that could have made it better for the thirteen member Lobo 200 meter contingent would have been a slight tailwind to push them along. But given mother nature does what she wants the group just decided to have a go at it. In the women's half-lap sprint senior Brittany Myricks (Ontario, CA) led the group with her 24.38 clocking while junior Holly VanGrinsven (Brentwood, TN) was right on her heels with a huge PR of 24.42, knocking over one full second off her previous all-time best. Over on the men's side Allan Hamilton and Carlos Wiggins had a fun go at it with both racing well. Carlos hit a solid 21.76 but Allan responded with a big PR of 21.21 to have the fastest time on the evening. Allan's time is just outside the all-time top 10 at UNM and gets him up to #3 in the MWC.



**MUSTAFA MUDADA (HIGHLANDS, ABQ, NMD) IS SHOWN GETTING READY TO ATTACK THE 10TH AND FINAL HURDLE OF THE TEN BARRIER 400 HURDLE RACE. MM'S FINAL FINISHING TIME WAS 53.37.**

Logan Pflibsen trying to squeeze out every inch during a vault at 17' 2 3/4"



## Women's 4x100 Continues Pursuit of Baton Flow

The 4x100 Relay is truly one of track & field's most complex and in some regards frustrating events. In essence a coaching staff is trying to take four unique individuals, with different levels of running velocity, and different biomechanical characteristics and combine them into one cohesive unit where the baton (not the athletes) never slows down. That little 28 centimeter x 13 centimeter aluminum piece of equipment which weights only 50 grams becomes the center of the universe for that hopefully 45 second period of time. The women's quartet is slowly working their way there and seems ready to bust out a good one at the MWC meet. The picture above is second leg Brittany Myricks getting ready to hand off to third runner Peri Moran (Flower Mound, TX). Brittany ran her best second leg of the season as she exploded forward at about the 50 meter mark of her approximately 100 meter segment.

# STANFORD SPLENDOR

Stanford University and Palo Alto, California are a distance runners mecca. Twice a year, once early in April, and then again the first weekend of May Stanford puts on two distance carnivals disguised as a track & field meet which just about anyone who is anything in distance running attends. With cool late afternoon and evenings, and an abundance of great talent races at Stanford are just fast and furious. Look no further than the NCAA top 48 ranking list. In the Men's 10,000 meters the top 16 ranked performances came from a Stanford meet with 28 of the top 30 and 43 of the top 48 marks coming on Angell track. In the Men's 5000 meter it is slightly less but still strong in that 36 of the top 48 marks come from Palo Alto. On the women's side in the 10,000 meters 25 of the top 26 performances were achieved at Stanford and 36 of the top 48 marks. In the 5000 meters it is 28 of the top 48 performances came from Stanford. So in essence if one wants to run fast they better get their plane ticket to the Bay area. Fourteen members of the Lobo distance squad traveled to the 2015 Payton Jordan/Stanford Invitational. By the way.....who is Payton Jordan? Payton Jordan (March 19, 1917 - February 5, 2009) was the head coach of the 1968 United States Olympic track and field team, one of the most powerful track teams ever assembled, which won a record twenty-four medals, including twelve golds. He was born in Whittier, California. Jordan was exceedingly successful as a collegiate track coach for a decade at Occidental College and for 23 years at Stanford University. The meet is named in his honor.

In the men's 1500 meters senior **Peter Callahan (Evanston, IL)** was looking to get untracked so to speak. Lasts years fourth place finisher at the NCAA Championships was not ranked very high nationally and wasn't even the MWC leader. Well in one span of 3:40.37 PC changed all that. In the hotly contested race Peter was content to just stay about 5th/6th position through splits of 58.8 and 2:00.2. Through the third 400 he moved up slightly and as the runners hit the finish line with one lap to go there was some bumping and shoving so Peter got off the shoulder of the leader. At the 1200 meter point Peter crossed in 2:59.0 (running a 58.7 third 400) and picked up the temp. He slid clear of the pack with 200 meters to go and ran away from the group with a last 300 meters in 40.9. His time moves him to #1 in the MWC and #10 nationally. It is his second-fastest Lobo time after his 3:39.90 at last years NCAA meet. Also in the 1500 meters but a different section was junior **Elmar Engholm (Stockholm, Sweden)**. There was significant focus needed for Elmar given that prior to the meet EE wasn't even ranked high enough to qualify for the NCAA West Regional, as he was ranked #12 in the MWC with a seasonal-best of 3:47.07. Given it usually takes about 3:46 to qualify he needed a fast race. Elmar was content to stay near the back of the race as the twelve athletes came through the 400 in 60 flat and the 800 in about 2:00. EE moved up slightly down the homestretch and when he hit the finish line with one lap to go immediately took the lead and started to push the pace hard. Getting to the 1200 meter point in 2:59.5 Elmar got challenged by one athlete but he pushed it up one notch more and with half a lap left was running away from the main pack. Around the final turn Elmar and an unattached runner were gritting their teeth and Elmar would not give way crossing in his new all-time PR of 3:42.26 which gets him up to #8 all-time at UNM. It also gives him comfort to know that he will be running in the NCAA West Regional.

In the Women's 1500 **Calli Thackery (Yorkshire, England)** was very fit and ready to run fast, all she needed was the right race to do that, and boy did she get it. Calli went out at the back of the talented pack and stayed that way through 66 and 2:15 splits. When she got to the 1200 meter point in 3:26 there were a group of six front runners. In just a 50 meter span she went from near the back to right at the front and suddenly she was driving for the final turn. Around the turn she looked good but about 50 meters front the finish seemed to find another gear and turned up the intensity one more notch. She crossed the finish line in a fantastic 4:15.41 which is the second fastest 1500 in Lobo history. It also moves her to the head of the class of 1500 meter runners in the MWC, up to #3 in the NCAA West region, and #15 nationally. Running in another section of the 1500 junior **Sophie Connor (Hertfordshire, England)** came into the meet with an all time best of 4:21.06 which she accomplished at the British Championships in July, 2013. She split 69/2:19 before getting to the 1200 in 3:28.9. Running with a group of five athletes Sophie chased those runners all the way to the finish line, crossing in 4:21.14 and just missing a new all-time PR. With that performance SC moves to #9 all-time at UNM. Sophie is currently 5th in the MWC rankings and 31st in the NCAA West. Also nailing a nice PR was senior **Tamara Armoush (Derbyshire, England)** who lowered her all-time best from 4:23.28 which she did at the Bryan Clay Invite on April 17th to 4:22.85 which just misses the Lobo all-time Top 10 ranking.

**Alice Wright (Worcester, England)**, who ranks #7 in all the country in the 10,000 meters which she accomplished..... where else.....the first Stanford meet was entered in the 5000 meters. All the 5000 meter sections were stacked and Alice had plenty of company as she toured the 12 1/2 laps in a spectacular 15:45.87 the third fastest in Lobo history and currently the 13th fastest time in the NCAA, two slots behind teammate Calli Thackery. It is always nice when an athlete has people to chase the entire time and Alice had just that.

Over in the men's 5000 meters junior **Matt Bergin (Bedford, England)** notched an all-time PR as he lowered his best from the 14:05.20 which he did at the BMC Grand Prix in Solihul, England in May, 2013 to 13:54.31. Matt ran with a group of five to the 4200 meter point and then he moved up and on the last lap was second. With 200 meters to go he unleashed a torrid kick which dropped everyone and MB easily cruised down the homestretch with plenty of room to spare.

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## UTEP Twilight Open Friday, May 1, 2015

### MEN

100	Ridge Jones 10.68@	Scott Bajere 10.87@	
200	Allan Hamilton 21.21@ PR	Carlos Wiggins 21.76@	Chris Kline 22.24@
	Mark Haywood 22.31@ PR	Dominic Davis 24.00@	
400	Mark Haywood 48.48@	Chris Kline 49.00@	Dominic Davis 52.36@
110H	Daniel Lam 15.80@ PR		
400H	Mustafa Mudada 53.37@	Cheyne Dorsey 55.12@	
4x100	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere		40.52@ (6,x)
LongJ	Daniel Lam 21' 10"		
HighJ	Django Lovett 6' 8 3/4"		
PoleV	Logan Pflibsen 16' 8 3/4"		
ShotP	Mike Budick (Unattached) 48' 0"		
Disc	Mike Budick (Unattached) 147' 4"	Daniel Lam 119' 10" PR	Beau Clifton 106' 5" PR
Ham	Mike Budick (Unattached) 143' 0" PR		
Jav	Mike Ellis 201' 2"	Marcus Simon 196' 1"	Beau Clifton 180' 5"
	Nik Aston 172' 0"	Nolan Paranto 169' 0"	

### WOMEN

100	Aasha Marler (Unattached) 12.00@	Peri Moran 12.05@	Erynn Caldwell 12.17@
200	Brittany Myricks 24.38@	Holly VanGrinsven 24.42@ PR	Casey Dowling 25.32@
	Kyra Mohns 25.64@	Zoe Howell 25.88@	Lucretia Vigil 25.92@
	Kelsi Lewis 26.25@ PR	Samantha Bowe 26.39@	
400	Haley Sanner 56.15@	Zoe Howell 57.62@	Faith Cobb 58.32@
	Kelsi Lewis 60.15@		
100H	Holly VanGrinsven 13.72@	Kyra Mohns 15.86@	
400H	Ariel Burch 65.50@	Christina Clark 68.27@	
4x100	Erynn Caldwell, Brittany Myricks, Peri Moran, Haley Sanner		46.49@
LongJ	Casey Dowling 19' 6 3/4" PR	Samantha Bowe 18' 11 1/4" PR	Jannell Hadnot 18' 1 1/2"
	Yeshemabet Turner 17' 6 3/4"	Kyra Mohns 16' 10 3/4"	
TripleJ	Jannell Hadnot 41' 9 3/4"	Yeshemabet Turner 38' 6"	Aasha Marler (Unatt) 40' 10 1/4"
PoleV	Annie Stirling 12' 5 1/2"	Katherine Whiting 12' 1 1/2"	Anna Duvall 11' 9 3/4" PR
ShotP	Allison Mady (Unattached) 42' 9 3/4"	Amaris Blount 35' 7 1/4" (Unattached)	
Ham	Amaris Blount (Unattached) 169' 7" PR		

## PAYTON JORDAN/STANFORD INVITATIONAL

SATURDAY, MAY 2, 2015

### MEN

800	Alex Herring 1:51.82		
1500	Peter Callahan 3:40.37	Elmar Engholm 3:42.26 PR (8,x)	Ross Matheson 3:56.47
5000	Matt Bergin 13:54.31	Julian Florez 14:23.30	

### WOMEN

1500	Calli Thackery 4:15.41 PR (2,2)	Sophie Connor 4:21.14 PR (9,x)	Tamara Armoush 4:22.85 PR
	Amber Zimmerman 4:24.29		
3000SC	Nicola Hood 10:27.87	Nicole Roberts 10:31.09	
5000	Alice Wright 15:45.87 (3,3)	Heleene Tambet 16:48.33 PR	



University of  
New Mexico

2015  
Outdoor  
Track & Field



MOUNTAIN WEST CONFERENCE OUTDOOR CHAMPIONSHIP  
San Diego State University May 13-16, 2015

WOMEN TEAM SCORES

1. Colorado State	167
2. <b>NEW MEXICO</b>	133
3. San Diego State	116
4. Utah State	68
5. UNLV	64
6. Boise State	62
7. Nevada	61
8. Wyoming	52
9. Fresno State	51
10. San Jose State	33
11. Air Force	12

MEN TEAM SCORES

1. Colorado State	187
2. Air Force	172
3. <b>NEW MEXICO</b>	145
4. Utah State	105
5. Wyoming	99
6. Boise State	86
7. Fresno State	21

The goal for the New Mexico Lobo track & field teams was to complete the Triple Crown, winning conference titles in cross country, indoor track & field, and outdoor track & field. The men's team had completed that assignment in 2013-14 with the women getting two thirds of that done. In 2014-15 both cross country titles and indoor track titles were captured but the outdoor meet carried with it much more uncertainty. Both Lobo teams were not as strong as last year, and Colorado State had their best teams ever so the pre-meet predictions were for tough going. San Diego State held the 2015 outdoor meet and after two days of nice weather the cold and rain returned to southern California. Finally on the last day of the four day meet the sun returned albeit with strong wind gusts from time to time. When looking at the meet Colorado State held the two most important factors from a strength standpoint. The first one was they had the fewest number of events they weren't predicted to score in, and the second was they had the most potential number of top eight scorers in the meet. So synthesizing that down it meant for anyone to beat CSU that team would have to have a great meet, and CSU would have to have an off meet. When all was said and done that didn't happen as the Lobos scored more points than predicted, which was very positive, but CSU scored the number of points they were predicted.....meaning the Rams walked off with both titles. There was no reason to hang the collective heads of the groups as the Lobo teams competed very well, and there were very few mistakes made which is always pleasing, but the Cherry & Silver just didn't have enough bodies in scoring position this outdoor season. There is always next year! After the meet was completed 24 Lobos had qualified to continue their season at the NCAA First-Round Qualifying meet which will be held in two weeks in Austin, Texas. There they will try to qualify for the NCAA finals in Eugene, Oregon.



Clifton Surprises Everyone in Javelin

Coming into the championship froshie Beau Clifton (Farmington, NM) was only ranked fifth in the Javelin with a seasonal best toss of 198' 2" almost ten feet behind the leader from Utah State. But championships are always fun because for jumpers or throwers, all they need is just ONE great effort, and everything can change. In the preliminary round of ten athletes Beau was throwing in the eighth position, and senior teammate Mike Ellis (Las Cruces, NM) throwing in the sixth position had stuck his implement at 195' 2" to grab the early lead. Beau came up, scooted down the runway and exploded to a 203' 7" PR. Everyone just sort of looked around and said collectively.....where the heck did that come from? Well the entire group spent the rest of the afternoon trying to beat that mark, and no one could as Beau walked off with a conference title in his first year of collegiate competition.

## ENGHOLM MAKES STATEMENT IN 3000 STEEPLECHASE

JUNIOR **ELMAR ENGHOLM** (STOCKHOLM, SWEDEN) HAD NOT DONE A STEEPLECHASE SINCE LAST MAY 30TH WHEN HE CLOCKED 8:50.26 IN A NON-QUALIFYING EFFORT AT THE NCAA FIRST-ROUND COMPETITION. TRYING TO GET POINTS FOR THE TEAM HE DECIDED TO RUN THE RACE AGAIN EVEN THOUGH THE 1500 METER PRELIM WAS ONLY 20 MINUTES FOLLOWING THE COMPLETION OF THE STEEPLECHASE FINAL. EARLY ON AS THE PICTURE TO THE LEFT SHOWS ELMAR WAS CONTENT TO LET TWO UTAH STATE AGGIES LEAD THE RACE AND GIVEN ONE OF THE AGGIES WAS RANKED #15 IN THE NCAA IT WAS AN HONEST PACE. THROUGH FIVE OF THE SEVEN AND A HALF LAP RACE



ELMAR JUST STAYED PATIENT, AND THEN WITH ABOUT TWO LAPS TO GO PICKED UP THE TEMPO AND EXPLODED AWAY FROM THE REST OF THE FIELD. OVER THE LAST TWO LAPS ELMAR GAPPED THE FIELD BY OVER 50 METERS AND HE EASILY WON THE RACE WITH A LIFETIME BEST OF 8:46.49 MAKING HIM THE FIFTH FASTEST PERFORMER IN LOBO HISTORY WITH THE EIGHTH FASTEST PERFORMANCE EVER. THAT TIME MOVES HIM ALL THE WAY UP TO #22 NATIONALLY AND IS A NEW ALL-TIME MOUNTAIN WEST CONFERENCE CHAMPIONSHIP RECORD (BY OVER SEVEN SECONDS). ADDITIONALLY, THE IMPROVED PERFORMANCE MOVES HIM CLOSER TO THE OLYMPIC QUALIFYING STANDARD OF 8:28.00 FOR 2016.

## Women's 10,000 Meter Runners Gobble Up Half the Scoring Spots

The four women 25 lappers left little for anyone else as they placed first, fourth, fifth, and sixth. The 22 points earned was a huge investment for the Lobos and was the second highest point producing event for the women after the 1500 meters which totaled 23 points. Sophomore [Alice Wright](#) (Worcester, England) was content for the first few laps to just get acclimated to the race but her fitness is at a very high level and she just glided away from the other 17 athletes gracefully touring lap after lap. After all she is currently ranked #7 in the NCAA and Alice ran comfortably but efficiently to win the race in an all-time MWC meet record of 33:18.25. In fact, the previous MWC record was 35:01.98 so Alice destroyed the record enroute to the ten points. The race behind Alice became fun and interesting. Seven women clumped together and ran in close proximity to each other for much of the race. In that pack was sophomore [Heleene Tambet](#) (Viljandi, Estonia), junior [Anna Burton](#) (Staffordshire, England), and senior [Emily Reese](#) (Chamblee, Georgia). In the 10,000 meter race there are many races within the race and in a large group there is significant listening to what the other runners sound like, and watching for clues to how they are feeling. There is always sensory evaluation taking place throughout the race. It wasn't until late in the race that the group split apart slightly but Heleene hung on for fourth place with a 34:55.00 (also under the previous MWC record), Anna got fifth in 35:11.80 (a PR by 22 seconds), and Emily got sixth place in 35:14.75 (almost two minutes faster than her last Lobo 10k). So all in all the 100 laps of racing the foursome did was highly beneficial for the Lobos.



*Lobos L-R: Emily Reese, Heleene Tambet, Alice Wright, Anna Burton*

**Allan Hamilton**  
**MWC Champion**



## Hamilton Makes Short Work of Long Jump

Junior Allan Hamilton (Edinburgh, Scotland) came into the 2015 MWC meet as the prohibitive favorite by virtue of his #17 NCAA ranking at 25' 6 1/4" and the fact he had jumped over one foot farther than anyone else in the field. But when you are the favorite it is important to get off to a good start and let everyone else in the field know you mean business. After a foot foul on his first jump in the prelims Allan spanned 24' 6 1/4" which was farther than anyone else would jump on this day. But he didn't let up going 25' 1/2", 24' 5 3/4", 24' 10" on his next four attempts, anyone of which wins the competition as the second place athlete ended up going 24' 5 1/2". Allans winning distance is the fourth longest in MWC championship history.

## Thackery Sprints Away to 1500 meter Title

Junior Calli Thackery (Yorkshire, England) came into the meet with the fastest 1500 performance of 4:15.41 which ranked #18 nationally. As happens in conference championships with prelims and athletes doubling in multiple races finals can be closer than expected. As the photo to the right shows which is with about 50 meters left in the race, Calli always controlled the race, but had to make sure to hold off the Fresno State Bulldog. But first the prelim. All four Lobos were scheduled to race in the 1500 prelim on Friday and along with Calli were senior Tamara Armoush (Derbyshire, England), junior Sophie Connor (Hertfordshire, England), and senior Amber Zimmerman (Knoxville, TN). As shown in the picture to the right and below the foursome took their time, and then in the home stretch sprinted away to a 1-4 placing, qualifying to the 12 woman final. In the final the 12 athletes stayed in close proximity to each other for the better part of 1200 meters. The mindset of the final is usually to conserve energy as much as possible, then unleash a good sprint. As the runners got to about 200 meters to go a group of seven athletes picked up the tempo significantly and around the final turn these seven were all in contention. Calli came shooting out of the group first and immediately put five meters on the pack. The Fresno Bulldog sprung to the attack and made a concerted effort to chase Calli. There was about a five meter gap, then Tamara was leading the remaining group of five. Then a Boise State Bronco was behind her and Amber and Sophie side by side. At the finish line Calli came in first with a 4:29.97 while Tamara held on for third place with a 4:32.43. Amber grabbed fifth place in 4:34.30 and Sophie was right off her side in sixth at 4:34.57. The group scored 23 total points which would be the highest point producing event in the entire meet.



**Tamara**  
**Armoush**

**Calli**  
**Thackery**



*L-R: Tamara Armoush, Calli Thackery,  
Amber Zimmerman, Sophie Connor in the 1500 prelims*



**Jannell**  
**Hadnot**

## Hadnot Takes MWC Crown

Sophomore Jannell Hadnot (Lodi, CA) came into the championship ranked #2 in the meet. The leader, a froshie from San Jose State came in with a seasonal-best distance of 41' 11 1/2", while Jannell had a seasonal-best of 41' 11 1/4". The 15 athletes



were divided into two flights with the better jumpers being seeded in the second section. Jannell was scheduled to jump in the eighth and final spot in the prelims. The San Jose State athlete, jumping fourth got off a 41' 1/4" distance to take the overall lead. JH got right to work as she spanned 41' 8" on her first attempt of the competition which immediately vaulted her into the lead. The San Jose State Spartan came right back on her next jump to go back into the lead with her 41' 10" distance. Jannell said, "okay lets play" and she responded with a massive 42' 4 1/4" all-time PR to go right back into the lead. That essentially took the wind out of the Spartan and she never responded. Jannell's third jump of 42' 2 3/4" would have also won the competition. JH's distance moves her up to #27 nationally and also gets her up to #3 all-time at UNM.

## Lovett Finishes Runner-Up in High Jump

**Senior Django Lovett (Surrey, BC) after winning the MWC title in 2011, finishing second in 2012, and winning again in 2013 completed his conference career with a second place finish. After clearing the bar on his opening height of 6' 7" he replicated that at 6' 9". With half the field already out Django cleared 6' 11" on his first attempt, the only one in the field to do so. After the Air Force Falcon missed on his first attempt at 7 1/4" Django did the same. On his second try at the bar the Falcon cleared and DL could not. Down to his last attempt DL couldn't get his body over the bar on this day. With his 6' 11" clearance Django will qualify for the NCAA Preliminary Round in Austin, Texas.**



## Van Grinsven Scampers to Fastest Ever 100 Hurdle Race

Junior Holly Van Grinsven (Brentwood, TN) entered the championship ranked fifth with her seasonal-best effort of 13.62. The 16 athletes were vying for one of the nine positions in the final race. Running out of the second prelim Holly clocked 13.75 to finish second in her race and third overall. In the final Holly got out well and at the second hurdle was third. She maintained that over the 4th, 5th, 6th, and 7th barriers. HVG made a strong push at hurdle #8 to catch second place and over the final two barriers was inches from that place. At the finish line she leaned hard and came up with a 13.49, missing out on second place by .05. Unfortunately the tailwind was 3.9mps, over the allowable 2.0mps for record purposes. Still it was the fastest she has ever run a 100 Hurdle race. Holly goes into the NCAA Preliminary Championship ranked #27.



## 4 x 100 Takes Runner-Up Honors

The quartet of Allan Hamilton, Ridge Jones (DeSoto, TX), Carlos Wiggins (Plano, TX), and Scott Bajere (Bristol, England) had an exciting wire to wire battle with Air Force just getting nosed out 40.75-40.78. Pictured above is Allan passing to Ridge. The group now heads to Austin, Texas as the 21st ranked relay squad.



*Matt Bergin #2 and Julian Florez #16 in the 10,000*

## **Bergin Takes Runner-Up in 25 Lap Race**

Junior **Matt Bergin** (Bedford, England) came into his first Lobo outdoor track season with a UK 5000 best of 14:05.20 from 2013. At the Payton Jordan/Stanford meet he had clocked 13:54.31 which ended up being an NCAA West Preliminary Round qualifier, but he had not run a 10,000 meter before. Also running the race was junior **Julian Florez** (Hobbs, NM) who had competed at Mt. Sac in the 10,000 clocking 29:33.71 which also was an NCAA regional qualifying performance. Matt, using Julian's experience, and also the way the race unfolded stayed in the large pack of runners as lap after lap clicked off. Even through five miles of the race over half the field of 16 were still in contention. At that point the athletes started picking up the tempo and the race began to split up. Matt surged ahead but an Air Force runner gapped the field and had a slight lead, with Matt, another Air Force runner, and a Boise athlete having a good three-way battle. In the end Matt was able to hold off the two runners who were dogging him and he crossed in 29:52.23. Julian held on for fifth place with his 29:57.24. Coming back the following day in the 5000 meters Matt placed fifth, which was his seed coming into the meet with a 14:13.01.



## **Bowe & Mohns PR in Heptathlon to Take Fourth & Seventh**

Senior **Samantha Bowe** (La Cueva, ABQ, NM) (pictured above on the left) and froshie **Kyra Mohns** (Eldorado, ABQ, NM) both added points to their existing best-ever scores as Sam totalled 5115 points up from her previous best of 5004, while Kyra finished with 4913 points, up from her previous best of 4873 points. Those scores are the fourth and sixth best in Lobo history. Sam got off to a great start skimming the 100 Hurdles to a fast 14.26 which far exceeds her previous best of 14.60. She had a consistent series of events on the first day ending with a nice legal PR in the 200 of 26.09 to total 3207 points which had her second overall. Kyra, in her first MWC outdoor championship also had a nice solid first day culminating with her PR in the 200 of 25.53 and scoring 2955 points, good for sixth place. On the second day, Sam notched a nice 19' 3 1/4" Long Jump even though it was aided by over the 2.0mps threshold. Kyra used a PR in the Javelin and another one in the 800 to end her day.

## **Pflibsen Takes Fourth in Pole Vault**

Senior **Logan Pflibsen** (Streator, IL) certainly must like the number four. In 2011 as a freshman LP finished fourth in the conference, while in 2012 he took runner-up honors. After a red-shirt year in 2013 Logan came back last year in 2014 and finished.....you guessed it - fourth. So this year's fourth place just makes sense. During his four year career he has battled the fine vaulters from Air Force and this year was no different as the Falcons took the top three slots. In fact in Logan's four MWC outdoor meets of the ten vaulters who have placed ahead of him nine were Falcons. Dur-

ing the regular season Logan cleared 17' 4 1/2" which has qualified him to continue his season at the NCAA West Preliminary. He is ranked 16th with the top 12 advancing to the NCAA finals in Eugene, Oregon.



LOGAN PFLIBSEN



**1500 Ends in All Out Sprint to Finish Line** On Friday, in the 1500 meter preliminary round all five Lobos made it through to the finals. It was especially noteworthy for Elmar Engholm, who just 20 minutes prior had finished the Steeplechase final, but he gritted his teeth and hung on to qualify. Talk about serious lactate overload! In the final, as does

so many conference 1500's the pace was relaxed and easy for the first part of the race, then a steady increase in tempo, until finally one athlete decides to go hard. That athlete was a Boise State runner who with about 250 meters to go in the race just exploded out of the pack and started sprinting like crazy. Immediately an Air Force runner and senior Peter Callahan (Evanston, IL) took off after him. As the picture above shows, the two chasers were going hard after the Bronco as was Elmar Engholm. At the finish line the Bronco, the Falcon, and the Lobo were just 66/100ths apart as Peter ended up third, with Elmar fourth. Senior Ross Matheson (Edinburgh, Scotland) seen in the background of the above picture took seventh place.



## Three Lobos Score in Long Jump

The women's Long Jump was contested in the rain and given the slick, worn out surface at the SDSU facility no one really was jumping far. So all the athletes were trying to wait for a lull in the rain to just get off one good jump to find a scoring spot. Early on in the competition during the second round of six jumps, senior Yeshemabet Turner (Pecos, NM) got off a big seasonal-best of 19' 1 1/4" which moved her into second place behind a Utah State Aggie. That nice jump held up through the through the third round, fourth round, fifth, and even into the sixth and final round. Then a San Jose State Spartan popped off a big 19' 6" leap on her last attempt to take the lead. Junior Casey Dowling

(Rockville, Md) pictured above responded on her last jump as she sailed out to 19' 3 1/2" to move into third position. And on her last jump senior Samantha Bowe hit the sand at 18' 5 1/4" to move into seventh position. So when all was said and done the Lobos took third, fourth, and seventh, good for 13 points to the team total.

## Women's 5000 Turns Into Three Person Race

The 5000 meters is always an interesting beast. It is the last distance race of the championship, therefore everyone runs it in hopes of finding some magic, or maybe finding other athletes who are spent and don't have the desire to race. The 33 women toed the starting line but the real focus was on three of the big names in the field. Coming back after her 10,000 meter victory was Alice Wright, while coming back from her 1500 title was Calli Thacker. Throw into the mix Marisa Howard from Boise, the 3000 Steeplechase champion and all signs pointed toward



Alice leads Marisa and Calli

a very solid race. Early in the race the large group stayed together but was led by Howard, but then the talent of the three ladies started to exert itself as they quickly pulled away from the field. Then the mini-battle within the race began as Alice first pushed the pace with Calli and Marisa just content to stay behind. Then Calli got impatient and decided to turn up the intensity further, and she took the lead and Alice and Marisa just stayed in tow. Then finally with several laps left Howard moved around the Lobo duo and took off. Alice couldn't turn up her speed that much so it was left to Calli to chase the Bronco. She did as they had a hot time all the way to the finish line, with Howard just holding off Calli's furious rally, 16:08.10 to 16:08.84. Alice did hold on for third place. Coming in as the only other scoring member was Heleene Tambet, who clocked 16:51.19, which was good for seventh place in the race. Team points: 16!!



### 3000 Steeplechase Produces Three Scorers

Pictured to the left are seniors Nicola Hood (Dumfries, Scotland) #9 and Amber Zimmerman #3. Number 63 is the eventual winner from Boise and then there was a good tight race for the second through fifth scoring slots. Nicola, who had finished sixth in the 2013 MWC meet with a 11:00.47, and seventh in last years MWC championship (11:13.60) moved up to her highest placing, finishing third with a 10:27.66, just slightly off her all-time best of 10:25.59. Amber, a neophyte in the world

of steeplechasing, who just started the event three weeks earlier, finished fourth with a 10:30.11, which is fast enough to qualify her for the NCAA West Preliminary Round. Also placing was senior Nicole Roberts (Northamptonshire, England) who clocked 10:43.07, good for seventh place.

**Lewis Takes Fifth in Flat 400 Meters**  
 Senior Chaz Lewis (Highland, ABQ, NM) last years 11th fastest 400 Hurdler in the country was primed for a great senior season, one where he would be a finalist at the NCAA Championships, and All American in the 400 Hurdles. But then during the second week of April at the New Mexico Quad meet after running a nice season opening race of 47.74 in the flat 400 CL suffered a deep strain of his quadriceps during the 400 Hurdles, which prevented him from hurdling. After several weeks of therapy, which didn't seem to alleviate the issue, the reality of not being able to finish with the 400 Hurdles was present. Always a team-first athlete and one who has scored the



fifth most team points in MWC action over the last five championships (2013 indoor and outdoor, 2014 indoor and outdoor, and 2015 indoor) Chaz simply turned his attention to doing the best that his leg would allow him to. After qualifying to the final with the fourth fastest time, Chaz (pictured to the left) clocked 48.52 to finish fifth in the finals. Grabbing 8th place was froshie Mark Haywood (Alamagordo, NM) who clocked in at 49.22.



**Van Grinsven Runs to 3rd in 400**

**Holly Van Grinsven, the indoor MWC titleholder in the 400 meters pictured to the left entered the championship seeded fifth at 55.11. In the prelims Holly clocked 55.47 to enter the final ranked third. In the final Holly improved her outdoor all-time best to 54.79 which placed third. That time moves her to #6 all-time at UNM.**



*Junior Cheyne Dorsey (Cleveland, ABQ, NM) is pictured to the left traversing over one of the ten barriers in the 400 Hurdles. Cheyne scored in his first MWC Championship in an open event by virtue of his sixth place finish at 54.64.*

## HAMILTON WINS TRIPLE JUMP TITLE

Junior Allan Hamilton doesn't Triple Jump often. In fact, he had only done it once this year, and that was at the indoor conference championship where he finished third in 49' 0". But that makes perfect sense.

After all, with his other duties of sprinting the 100 and 200, Long Jumping, and then leading off the 4 x 100 Relay there usually just isn't time. Add to that a sore knee from all the aforementioned events which is not a good match to the pounding effect of the Triple Jump. But Allan wanted to score points for the team so he encouraged the coaching staff to enter him, and he would manage the discomfort in his knee the best he could. After a first round foul, he spanned 48' 4",

before ending the trials with a foul. That 48' 4" distance qualified him for the final where he was ranked third. In the finals he got focused on the task at hand and improved to 50' 5 1/2" which suddenly took the lead. On his next attempt in the fifth round he improved on that to 50' 6 3/4" which held up all the way to the finish. It was a nice 10 points to add to the team total. That distance also qualifies him to the NCAA West Preliminary round!



## Mountain West Conference Triple Jump Champion

## Bajere Leads Sprint Group

Junior Scott Bajere (Bristol, England) pictured to the left entered the championship ranked sixth in the 100 meters with his seasonal best time of 10.65. Racing in a very tightly contested preliminary race, where hundredths, or even thousandths of a second could determine who qualifies for the final Scott put together his best race of the season, a 10.51 legal performance (wind was only +0.3) which vaulted him into the nine man final with the third best overall performance. That 10.51 moves Scott up to #6 all-time at UNM! In the final



Scott placed third with a 10.61 just squeezing past the fourth place finisher 10.602 - 10.604!! Placing fifth for the Lobos was junior Ridge Jones, who clocked in at 10.64.



**This senior group has been part of many conference championships during their respective careers.....16 in all when taking into account cross country, indoor track & field, and outdoor track & field. This group has been part of a program that set the bar very high for all future Lobo teams to pursue. Top row L-R: Warrick Campbell, Mike Mulcahy, Logan Pflibsen, Todd Wakefield, Peter Callahan, Mike Ellis, Django Lovett, Nicole Roberts, Ross Matheson, Brittany Myricks, Ariel Burch. Front row L-R: Amber Zimmerman, Carlos Wiggins, Yeshemabet Turner, Chaz Lewis, Tamara Armoush, Nicola Hood, Alex Herring, Austin Alexander.**



**THANK YOU SENIORS**



**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete/relay finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Outdoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever performance in that event). An @ indicates the performance has been altitude adjusted based on NCAA protocol.

## Mountain West Conference Championship @ San Diego State, May 13-16, 2015

### MEN

100	Scott Bajere 10.51 PR (6,x) 10.61w (3rd)	Ridge Jones 10.70 10.64w (5th)	Carlos Wiggins 10.70 10.80w
200	Allan Hamilton 21.42 21.33 (4th)	Ridge Jones 21.74 212.35 (8th)	Carolos Wiggins 21.75
	Scott Bajere 21.75		
400	Chaz Lewis 48.56 48.52 (5th)	Mark Haywood 49.16 49.22 (8th)	Chris Kline 49.37
800	Alex Herring 1:50.87 1:53.96	Peter Callahan 1:51.71	
1500	Peter Callahan 3:55.16 3:52.96 (3rd)	Elmar Engholm 3:52.73 3:53.55 (4th)	
	Ross Matheson 3:51.96 3:54.94 (7th)	Alex Herring 3:51.873:57.12	Todd Wakefield 3:55.82 4:02.46
3000SC	Elmar Engholm 8:46.49 (1st) PR (5,8)		
5000	Matt Bergin 14:13.01 (5th)	Julian Florez 14:46.60	Zac Castillo 14:50.71
	Jesus Mendoza 15:22.96		
10,000	Matt Bergin 29:52.23 (2nd)	Julian Florez 29:57.24 (5th)	Jesus Mendoza 31:38.78
400H	Cheyne Dorsey 54.64 (6th)		
4x100	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere	40.78 (2nd)	
4x400	Mark Haywood (48.6), Chris Kline (47.5) PR, Cheyne Dorsey (49.0), Chaz Lewis (47.7)	3:13.26 (5th)	
LongJ	Allan Hamilton 25' 1/2" (1st)	Yannick Roggatz 23' 7 1/4" (5th)	Warrick Campbell 21' 8 1/4"
TripleJ	Allan Hamilton 50' 6 3/4"w (1st)	Warrick Campbell 48' 10 3/4" (5th)	
HighJ	Django Lovett 6' 11" (2nd)	Yannick Roggatz 6' 5" (7th)	
PoleV	Logan Pflibsen 16' 3 1/2" (4th)	Daniel Lam 14' 10"	
Jav	Beau Clafton 203' 7" (1st) PR	Mike Ellis 197' 8" (2nd)	Marcus Simon 187' 5"
	Nik Aston 173' 11"		
Deca	Daniel Lam 6844 points (4th) PR (8,x)	(11.39 - 22' 1 3/4" - 40' 6" - 6 3/4" PR - 51.96 - 15.90 - 130' 8" PR - 14' 11" - 149' 8" PR - 4:55.41)	
	Beau Clafton 5786 points	(11.12w - 20' 1/2" - 36' 7" - 5' 10 1/2" - 52.32 PR - 19.51 - 98' 4" - 11' 3 3/4" - 180' 11" - 5:16.22)	

### WOMEN

100	Brittany Myricks 12.07	Peri Moran 12.10	Erynn Caldwell 12.12
200	Brittany Myricks 24.44 24.72	Erynn Caldwell 25.39	Faith Cobb 25.52 PR
400	Holly VanGrinsven 55.47 54.79 (3rd) PR (6,x)	Haley Sanner 56.82	Ariel Burch 58.51
800	Sophie Connor 2:11.37 2:10.39 (5th)	Tamara Armoush 2:11.84 2:11.06 (6th)	Zoe Howell 2:14.42
1500	Calli Thackery 4:33.63 4:29.97 (1st)	Tamara Armoush 4:33.89 4:32.43 (3rd)	
	Amber Zimmeran 4:33.66 4:34.30 (5th)	Sophie Connor 4:33.91 4:34.57 (6th)	
3000SC	Nicola Hood 10:27.66 (3rd)	Amber Zimmerman 10:30.11 (4th) PR (4,x)	Nicole Roberts 10:43.07 (7th)
5000	Calli Thackery 16:08.84 (2nd)	Alice Wright 16:12.76 (3rd)	Heleene Tabet 16:51.19 (7th)
	Anna Burton 17:11.33	Nicola Hood 17:22.21 PR	
10,000	Alice Wright 33:18.25 (1st) (x,4)	Heleene Tabet 34:55.00 (4th)	
	Anna Burton 35:11.80 (5th) PR	Emily Reese 35:14.75 (6th) PR	
100H	Holly VanGrinsven 13.75 13.49w (3rd)		
4x100	Erynn Caldwell, Brittany Myricks, Peri Moran, Haley Sanner	46.63 (5th)	
4x400	Haley Sanner (56.7), Zoe Howell (55.6) PR, Faith Cobb (57.9), Holly VanGrinsven (56.3)	3:47.23 (6th)	
LongJ	Casey Dowling 19' 3 1/2" (3rd)	Yeshemabet Turner 19' 1 1/4" (4th)	
	Samantha Bowe 18' 5 1/4" (7th)	Jannell Hadnot 17' 11 1/2"	
TripleJ	Jannell Hadnot 42' 4 1/4" (1st) PR (3,x)	Yeshemabet Turner 39' 1 1/4" (8th)	
HighJ	Kyra Mohns 5' 3"		
PoleV	Annie Stirling 12' 8" (7th)		
Hept	Samantha Bowe 5115 points (4th) PR (4,x)	(14.26w - 5' 5 3/4" - 39' 3" - 26.09 PR - 19' 3 1/4"w - 109' 11" - 2:41.54)	
	Kyra Mohns 4913 points (7th) PR (6,x)	(14.93w - 5' 2 1/4" - 34' 0" - 25.53 PR - 17' 7"w - 111' 8"PR - 2:25.90 PR)	

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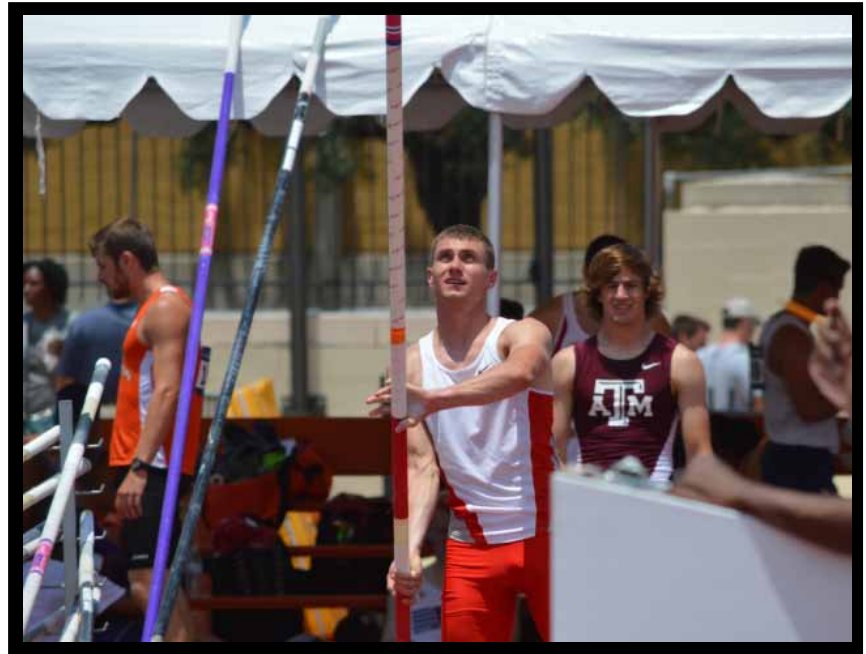
2015  
Outdoor  
Track & Field



NCAA CHAMPIONSHIP WEST PRELIMINARY  
University of Texas, Austin, Texas May 28-30, 2015

The concept of the two-region NCAA qualifying model is to select the top 48 athletes in each event from the East region, and then do the same thing for the West region. Then competition is conducted with the top 12 from each region qualifying in each event to meet up at the NCAA Championship in Eugene, Oregon about a week and a half later. With the flooding and heavy storms facing Texas the meet was not always easy, but in the end a great competition was held. For the 24 Lobos who qualified, four will now move on to Eugene and to Tracktown USA in pursuit of a top eight finish. The Lobo group competed hard, and there were several other close top-12 finishes. Regardless, we now move on to one of the best track & field meets in the world - the Big Dance.....

NCAA  
Championship.



### Pflibsen Hits a High Note

Senior Logan Pflibsen (Streator, IL) came into the championship with his best opportunity to qualify for the NCAA finals. Ranked 16th out of the 48 jumpers, Logan felt that if he duplicated his regular season best of 17' 4 1/2" on his very first attempt, and didn't have any misses at the lower heights he would stand a good chance to head to Eugene. Well the best of plans doesn't always happen. After passing on the opening height of 16' 3/4", LP decided to open up at 16' 6 3/4". He came down for his first attempt and..... missed it. Okay, no problem, just clear the second attempt and move on. He came down the runway for his second attempt.....and missed it. Okay, panic time. The picture above shows Logan looking up at the Pole Vault Gods and asking for just one good vault

to get him started.....and the vault gods smiled on him and he easily cleared the crossbar. Okay, now move on. At 17' 3/4" Logan had absolutely no problem and cleared on his first attempt. And after all 48 had finished that bar a strange thing happened. The number 1 & 8 ranked athletes no-heighted and were out of the competition, and the #2,#3,#5,#8,#12 ranked athletes were also out of the competition. Maybe the vault deity WAS looking favorably. As the crossbar went up to 17' 4 1/2" there were only 22 of the 48 original competitors remaining. Just one more crossbar clearance! At 17' 4 1/2" Logan came down the runway, got a great plant, rocked back nicely, and waited patiently for the pole to recoil, and it tossed him easily over the crossbar as the second picture shows. After everyone was done there were only 15 left, with the best 12 moving on. The bar went to 17' 6 1/2", a height that Logan had never cleared. On his first attempt he was not successful. But on his second attempt he hit a masterful vault and flew over. That clearance guaranteed him a trip to Oregon as he finished fifth overall in the meet. That height makes Logan the #4 all-time best vaulter in UNM history.



## 25 Laps in 85% Humidity.....What a Treat!

The 10,000 meter race whenever the meet is held in Austin, Texas is just a difficult race to predict. Regular season best performances, typically run in cool and calm conditions go out the window, and race strategy changes dramatically. That is due to the high heat and humidity which typically hovers around Austin and central Texas. As long distance runners compete their core temperature rises from the heat and humidity and that can have drastic effects on their ability to compete. Essentially 48 athletes are put on the track at the same time, the gun is discharged, and everyone clumps together and runs as slowly as possible, waiting for attrition to begin. Attrition WILL happen, its just a matter of when it will happen. Within very few laps the entire field glistened with perspiration and by the one mile point the field was soaked with sweat. Sophomore **Alice Wright (Worcester, England)** pictured above started out near the back of the



pack and slowly, but methodically moved up as the race wore on. Junior **Heleene Tambet (Viljandi, Estonia)** pictured to the left was stuck right in the middle of the huge race pack. Alice, who came into the meet with the 7th fastest time in the country (32:56.33) got antsy and moved to the front to get clean air and the ability to run relaxed without worrying about getting stepped on. With her were the #3 & #4 nationally ranked athletes from Arkansas and Boise State. Alice led most of the rest of the way and was never pressed or in difficulty and only an all-out sprint by an Air Force athlete prevented Alice from crossing the finish line first. But the only object is to finish in the top 12 and advance so there is no extra incentive to win the race. Her second place time of 34:25.04 advances her on to face 23 other athletes at the NCAA finals. Heleene, who entered the meet ranked 39th finished 23rd with a 35:37.51 which was a very positive result.



## Callahan Keeps 1500 Meters Interesting.....all the way to the end!

Senior Peter Callahan (Evanston, IL) came into the meet ranked #5 in the West and #13 nationally in the 1500 meters. Last year's 4th place finisher at the NCAA finals had a seasonal best of 3:40.37. In the preliminary round on Thursday Peter was in the first of four sections. Each of the top five finishers would advance to Saturday's final so the object was to qualify with the least amount of energy expenditure. Peter was always near the front of the race and until the homestretch where several of the runners picked up the pace and sprinted to the finish line was never pressed. On Saturday when the gun went off Peter stayed near the back of the twelve man race and slowly moved up into the front 1/3 of the race. He stayed there but with one lap to go suddenly got his view blocked by a runner right in front of him as several athletes started pressing the pace. With 300 meters to go Peter was in trouble and not in the top five. He sprung to action and up the backstretch tried to put a dent in the massive lead the first five had established. Unfortunately he was not making much headway. With 150 meters to go Peter had to rally and come up with an all-out, heavy duty sprint, and down the homestretch he slowly, ever so slowly started to reel in the leaders. With 50 meters to go he was still behind but almost to the pack. While the other five guys started tying up and slowing down, Peter kept sprinting like crazy. He stayed to the outside in lane three and just ripped through the finish line. When the final results were listed Peter had won the section by .001 over his MWC foe from Air Force. That is way too much excitement.

## Thackery Eases Into NCAA Finals in 5000 Meters

**Junior Calli Thackery (Yorkshire, England) came into the West Preliminary ranked #12 nationally and #7 in the West by virtue of her 15:42.57 during the regular season. Like other races, the 5000 was separated into two sections of 24 with all athletes divided by rank order. So Calli was one of the top three seeds in her race. Not much happened during the early phase of the race before two runners, one the indoor NCAA Champion from Arkansas and a Longhorn from Texas threw in a surge and opened up about a 25 meter lead on the rest of the race. It stayed that way until Calli, who was leading the chase pack made a concerted effort to pull in the top two. Calli bridged the gap and many in the pack went with her as they all were trying to get into the top five finishers. Calli got right**



behind the two leaders and let them do the pace work throughout the rest of the distance. Calli finished in 15:53.72 not having to press real hard but that time is still the 6th fastest performance in Lobo history. CT now moves on to her first outdoor NCAA Championship with hopes of a top eight finish and a shot at the Lobo school record of 15:37.49 currently held by Sarah Waldron from 2012.



## Oh So Close

Everyone associated with track & field knows it is a sport of scant inches, and precious ticks of the clock. In the men's 5000 meters junior **Matt Bergin (Bedford, England)** was ranked #27 overall with a 13:54.31 regular season best. Being ranked #27 meant to most folks not a very good chance to finish in the top 12 and advance but when the 48 men are divided in half between two sections that meant Matt was actually ranked #14 in his section of the race. That looks a lot better. Matt was selected to run in the first of the two sections which is always a problem. The advancement process is the first five in each section qualify to finals, and then the next two fastest overall times also advance. All

the men in the second section watch the first section, and when the race is over, they know immediately what they have to run to beat the seventh finisher in the first section. So essentially the first section is usually limited to only five qualifiers. The race developed as thought and the large pack just clicked off lap after lap tightly bunched. Once the race got to the two mile point the leaders started to extend their pace slightly, but Matt hung right in there. With the laps dwindling it became apparent there would be a mad dash to the finish line, most likely over the final 400 meters. Five runners jumped on the last lap and started running hard. Matt, took off after these guys and the last lap was a highlight reel of all our racing. As the picture shows Matt chased the first five all the way to the finish line straining for every single inch. When the finish board flashed the times it went 14:11.66 - 14:11.78 - 14:12.15 - 14:12.27 - 14:12.46.....and Matt's time, 14:12.64. He had run a fine race but came up just 18/100ths of a second shy of advancing to Eugene.

## What a Competition!!!!

When athletes travel to the NCAA West Preliminary they expect great competition, but every now and then one event just blows up and has something extra, extra, special. That event was the men's long jump. The two region model of qualifying has been in existence for five years and the 12th best performance that has qualified to the NCAA finals in those five years has been 24' 6", 24' 5", 25' 2", 24'

Allan Hamilton  
enjoying some  
air time.



Yannick Roggatz stretches  
for every possible inch.



11", and 24' 8". So going into the meet athletes look at those numbers and figure out about what they need to accomplish. In the Long Jump the 48 athletes were divided into two groups of 24 athletes with 12 competing on one runway, and the other 12 competing on a parallel runway. The lower ranked 24 (#25 - 48) competed first and each athlete was given three attempts. Junior Yannick Roggatz (Birkenau, Germany) was part of these first two flights. With an all-time best of 24' 7" YR looked to be out of the money. On his first attempt he got a 23' 6" distance.....not close. On his second attempt he fouled. Okay, down to his last jump. Yannick came down the runway with excellent speed, hit the foul board perfectly, and extended (as the picture shows) as hard as he could. Everyone knew it was a good jump. They official boomed out.....25' 3/4".....a huge PR. Now that put him right in the game.....or so everyone thought. After the first two flights were done Yannick was in second place overall. Then the final two flights warmed up and got ready for battle. Part of that grouping was junior Allan Hamilton (Edinburgh, Scotland) who was ranked #14 nationally with his regular season best of 25' 6 1/4" and ranked #9 in the West. Allan started off with a foul, but came right back on attempt number two with a fine 25' 3 1/2". But what

was happening around him was fantastic jumping, as athlete after athlete almost seemed airborne. Athletes were popping out 26' jumps like they were nothing, and others were hitting high 25's. So going into the final round of three jumps Allan was in tenth place while Yannick had slipped out of the top twelve. On Allan's final jump he spanned a masterful 25' 4 3/4" distance which everyone thought would be enough to advance. Then a jumper from California who was behind Allan spanned 25' 7 1/4". Allan was down to eleventh. Then a guy from Oregon who was also behind Allan distanced 25' 8 1/4". Okay, now he was down to 12th place and only one jumper remained. That athlete, a Duck from Oregon came down the runway, and hit a lifetime best of 25' 6 1/4" to push Allan out of the top 12. Allan's distance while not enough to advance is the longest in NCAA regional history to NOT make the final. And for comparison Allan's distance would have been good enough to place 12th in the finals at the 2012 London Olympic Games!!!

## 4x100 Relay Races to #5 Fastest Time in Lobo history

The quartet of Allan Hamilton, Ridge Jones (DeSoto, TX), Carlos Wiggins (West, Plano, TX) and Scott Bajere (Bristol, England) had already run the third and sixth fastest times in history this season and were hoping to be able to run at least 40.23 to establish a new UNM school record that had stood since 1966. Allan, leading off got a great start and things were looking good. As Allan got ready to pass to Ridge, RJ's take-off foot slipped on the



wet track, and he didn't get as good a run-out as expected, but it was still solid. Ridge ran a nice backstretch and passed cleanly to Carlos. Carlos churned around the turn and as the picture shows had to extend himself completely to pass the baton to Scott. Scott ran very well down the homestretch and the unit clocked a solid, but disappointing for them 40.45, still the fifth fastest ever.



### Hood PR's in Final 3000 meter Steeplechase Race

Senior Nicola Hood (Dumfries, Scotland) entered the West preliminary with the 26th best performance of 10:25.59. She attacked each barrier, and worked hard on every water jump and then used a sterling final 150 meters to cross the finish line in 10:25.10. That final time placed 15th overall in the competition. She finishes her career as the #2 ranked performer in UNM history and has the #8, #9, and #10 fastest performances in history.



## Lovett Comes Up One Bar Short of Return Trip to NCAA

Senior Django Lovett (Surrey, British Columbia, Canada) had been to the NCAA Championships multiple times, and was hoping for one more chance. Most folks thought that a first-bar clearance of 6' 11" might do the trick. After clearing the opening height of 6' 6" on his first attempt, Django ran into a slight problem at 6' 8", missing once before easily clearing it. Then at 6' 11 3/4" he did the same thing, missing once, before clearing the bar. As the crossbar went up to 7' 1 1/2" almost half of the 48 jumper field had been eliminated. DL

was unable to navigate that bar which in the end, was the height necessary to place in the top 12 and advance. Django finishes his Lobo career ranked #3 all-time.



## Armoush Races to 8th Fastest Ever in 1500 Meters

In the preliminary race on Thursday senior **Tamara Armoush** (Derbyshire, England) who was ranked #32 in the West competed in section two of four sections. The top five finishers out of each section, plus the next four fastest times would make up the 24 athlete quarterfinal round on Saturday. Thankfully, Tamara had Shelby Houlihan from Arizona State in her race and she likes to run hard all the time which ensures a fast pace. That it was as Houlihan clocked by far the fastest winning time of all the sections, a 4:20.54. That meant everyone behind her got a good pacer and Tamara just tagged along at the back of the front pack and let everyone else do the work. She clocked a 4:23.97, good for seventh spot in her section and not far off her all-time best of 4:22.85. But it was good enough to gain one of the spots in the next round so that was all that counted. In the quarterfinal round running out of section two, Tamara was content to stay at the back of the twelve woman race as the pace was brisk. Through the 800 meter mark she saved energy for the hard surge that would come soon. At the 1200 meter point everyone started surging hard and Tamara moved past two runners and was making a hard effort to pull in the next group of athletes in front of her. She didn't lose ground, but couldn't make up any ground as the fifth and final finisher in her race hit 4:19.38 with Tamara crossing the finish line in a huge PR of 4:20.81. While not advancing to Eugene athletes are always told to go out and race the best in their life, and if that's good enough to advance then fine, if not then do not be upset. Tamara moves into the all-time rankings at UNM holding down the eighth slot.

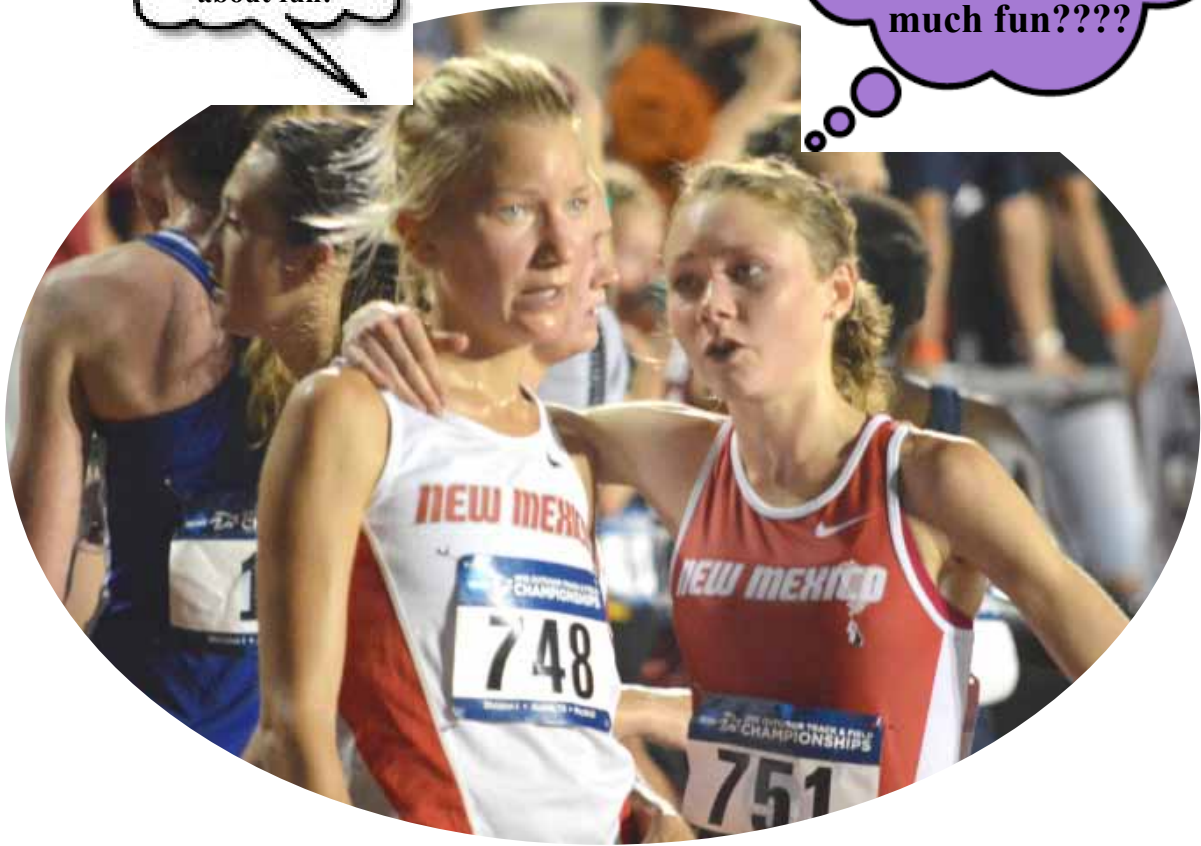


**Logan Pflibsen celebrating with his vault groupies**



**I need to have a loooooong talk with Alice some day about fun!**

**Heleene: Wasn't running those 25 laps so much fun????**



**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete/relay finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Outdoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever performance in that event). An @ indicates the performance has been altitude adjusted based on NCAA protocol.

## NCAA First-Round West Preliminary - University of Texas, May 28-30, 2015

### MEN

800 Alex Herring 1:49.88 1:52.36

1500 Peter Callahan 3:49.05 3:42.93 Elmar Engholm 4:02.58

5000 Matt Bergin 14:12.64

4x100 Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere 40.45 (x,5)

LongJ Allan Hamilton F - 25' 3 1/2" - 25' 4 3/4" Yannick Roggatz 23' 6 3/4" - F - 25' 3/4"

TripleJ Allan Hamilton 48' 10 3/4" - 48' 6" - 49' 5 3/4"

HighJ Django Lovett 6' 8" O 6' 9 3/4" XO 6' 11 3/4" XO 7' 1 1/2" XXX

PoleV Logan Pflibsen 16' 3/4" P 16' 6 3/4" XXO 17' 3/4" O 17' 4 1/2" O 17' 6 1/2" XO 5th (4,x) PR

Jav Mike Ellis 182' 3" - F - 186' 3"

### WOMEN

1500 Tamara Armoush 4:23.97 4:20.81 (8,x) PR Sophie Connor 4:25.70 4:27.01 Amber Zimmerman 4:29.04

3000SC Nicola Hood 10:25.10 (2,8) PR Amber Zimmerman 10:30.87 Nicole Roberts 11:11.63

5000 Calli Thackery 15:53.26 (4th) (x,6)

10,000 Alice Wright 34:25.04 (2nd) Heleene Tambet 35:37.51

100H Holly VanGrinsven 13.76

LongJ Casey Dowling F - 19' 2 1/2" - 19' 3 1/2"

TripleJ Jannell Hadnot 41' 3 1/4" - 41' 3" - 40' 6 1/4"



2015  
Outdoor  
Track & Field



NCAA OUTDOOR TRACK & FIELD CHAMPIONSHIP

University of Oregon Eugene, Oregon

Wednesday, June 10 - Saturday, June 13, 2015

## Lobos Grab Four All American Honors

In what most experts were calling, “the best NCAA meet in history” the four Lobo athletes who qualified were able to rise above and come home to Albuquerque with four All American awards, symbolic of being one of the top eight athletes in the country. The four day meet in Eugene, Oregon was treated to warm sunny days and record crowds and everyone who left must have felt that this is what high-level collegiate track & field should be like. Over 40,000 spectators roared and cheered as world-class performances came event after event. The new women on one day, and men on another day format proved to be simple and understandable, and provided clear and concise action. All in all it was everything that a track & field championship meet should be.



## Pflibsen Creates Storybook Ending and Beats the Odds

Senior Logan Pflibsen (Streator, IL) certainly had to come a long way to earn All American in his final Lobo collegiate meet. Lets reflect back. During the regular outdoor season LP vaulted in six meets recording bests of 17' 4 1/2", 16' 8 3/4", 17' 3/4", 16' 6", 15' 7", and 16' 8 3/4". In the MWC Championship he finished fourth with a 16' 3 1/2" clearance. Based on his opening meet of the outdoor season when he went 17' 4 1/2" he was ranked 27th nationally. Going into the NCAA West Qualifying meet he was ranked 16th with only the top 12 advancing. At the NCAA West meet Logan came up with his highest clearance ever, when he scaled 17' 6 1/2". Regardless, going into the NCAA finals of the 24 athletes competing there were 13 men who had vaulted higher than Logan during the season, with 5 other who had cleared the same height, and only 5 had not vaulted higher than Logan. But what the other athletes didn't know was that after the MWC meet Logan had gotten "hot" and found his vaulting "groove" and was prepared for the intense competition. The competition opened up at 16' 10 3/4" and Logan made sure he cleared that opening height on his first attempt, and suddenly the competition had changed. Of the 24 athletes four had no-heighted and were out of the competition. Seven others had missed on their opening vault and even though they made it on their second or third attempts, were already behind Logan based on misses. So after the opening height Logan was one of seven athletes to make the bar on his first attempt and there were five athletes who passed that height to come in at a higher bar. The crossbar was then moved to 17' 4 1/2". Again, Logan got a great runway, stayed patient on his rockback, and flew over the fiberglass bar on his first

attempt. Seven more men failed to clear 17' 4 1/2" so within the first two bars 11 of the 24 athletes were already out of the competition. Plus Logan was one of only five athletes to clear both bars on first attempts, and one athlete still hadn't entered the competition. So when the crossbar went to 17' 8 1/2" there were 13 athletes still in the competition, but Logan was ahead on misses with six of them. Steadying himself for a height he had never cleared, Logan came down the runway and simply blasted it away on his first attempt. Boom....take some of that! So after all the attempts were made at 17' 8 1/2" there were only nine athletes remaining, and Logan was ahead of six of them based on misses. The bar was then raised to 18' 1/2". Logan's first two attempts were not good and he missed both. Then for his final attempt he got up and over the crossbar, but just didn't have the rotational force to stay away from the bar, and he hit it with his quad, knocking the bar off. After all the vaulters had made their attempts at that height, there were five who cleared it. So based on misses and such, Logan ended up placing sixth at the NCAA meet. Nicely done.

## The Anatomy of an All American Pole Vault



*Okay, lets chalk the hands up good to make sure there is no slippage*



*Check my step and get the pole comfortable, relax, and focus on my cues.*



*Lets pick up speed, stay tall, push toward the box, drive into the pit.*



*Don't slow down, start to push the pole up high over my head, get the chest up.*



*Okay, that felt great, now stay long, don't pull pole toward me, stay away from the pole*



*I'm in great position, so stay rocked back, don't come out of position too early, this is fun and feels great.*



*I'm starting to come off the pole, push real hard with the right hand, push as long as possible, keep legs together, and stay tight.*

= 's



*This All American stuff is a pretty sweet deal.*

## Callahan Brings Capacity Crowd to Its Feet in 1500 Meters

Senior Peter Callahan (Evanston, IL) the fourth place finisher from one year ago, was rounding into form, and certainly prepared for another shot at the metric mile. But first the semifinal race had to be run with two sections of 12 men each, trying to finish as one of the top five in each section, or be one of the other two fastest times to make the final. Often, prelims are more nervous than finals, since so much can occur. Peter was in the first section and at the gun eased to the back of the pack, running comfortably through the first 300 meters in 45.4. He was content to stay at the back as the entire group ran a 65 second lap. On the next lap he started to try to move forward but everyone was together in a big pack, so he would have had to swing way out wide to do so, so he just stayed patient. With 300 meters to go Peter was still at the back and then decided to make a hard move as the front four men threw in a hard surge and broke free of the rest of the pack. He needed to respond to make sure they didn't get too far away and unable for him to reel them in. From 250 meters left, to 200 meters left, Peter ran the hardest of anyone and bridged the gap to the front four. From that point he just made sure to maintain contact with the leader, finishing fourth in 3:46.19. On to the finals. Most NCAA finals are run strategic or as some call them, "sit and kick" races. In essence, no one wants to lead, and everyone wants to wait until the bitter end to sprint. Peter did not want to get caught in the back in the final, so he adopted a strategy which he does not normally use - go to the front right away and lead. Peter lead through the first 300 meters in a comfortable 46.5 and everyone in the race just got behind, and grouped together. Through the next 400 meters nothing changed as Peter continued to lead with a lap of 70. The large crowd of over 10,000 started to buzz, since it was very apparent what was going to happen.....a pure, all out, crazy, hard sprint at the end. Mano a mano! The next 400 meters was a duplicate of the previous one, and Peter continued to lead with a faster, but yet comfortable 65.9. As the runners passed the finish line, getting the bell, and began their last lap they went around the turn, and slowly, but surely, began to wind it up. As they hit the backstretch with 300 meters to go, everyone was clumped together like penguins on an ice cap, huddling together as closely as possible. With 250 meters to go, their strides were starting to lengthen and Peter was on the inside nearest to the curb. With 200 meters to go there was more tension on the upper torso of the athletes, and the crowd came to its feet. And then Peter sprang on the group. He got up tall and pushed real hard, and everyone in the field jumped to attention, and started sprinting as well. Still within inches of each all 12 men were now in full flight. With 150 meters to go Peter was in full force, driving his arms hard leading the race by maybe two meters, but a huge pack of talented athletes right behind. Some of the men swung out wide and everyone was trying to prepare for the homestretch run. As the entire field got to the final straight, everyone single one of them was in contention, but Peter was hanging on to the lead. The crowd was going bonkers, people on their feet jumping up and down screaming. Peter lead at 1400 meters, 1410 meters, 1420 meters, 1430, 1440, and even at 1450 meters. With 50 meters to go there was line of six bodies stretched across the track and everyone was trying to gut it out. As the runners came to the finish line it was impossible to tell who was going to place where since they were so close. When it was over Peter had placed fourth and the first nine men all crossed the finish line within one second of each other. That was an exciting race.

### Semifinal Action



*The top left picture shows the race semi-final race just past the 1200 meter point (300 meters to go). The top right picture shows Peter seeing the first four starting to pull away, and responding to pull them back in. The bottom picture to the left shows Peter starting to move past the chase pack with authority.*



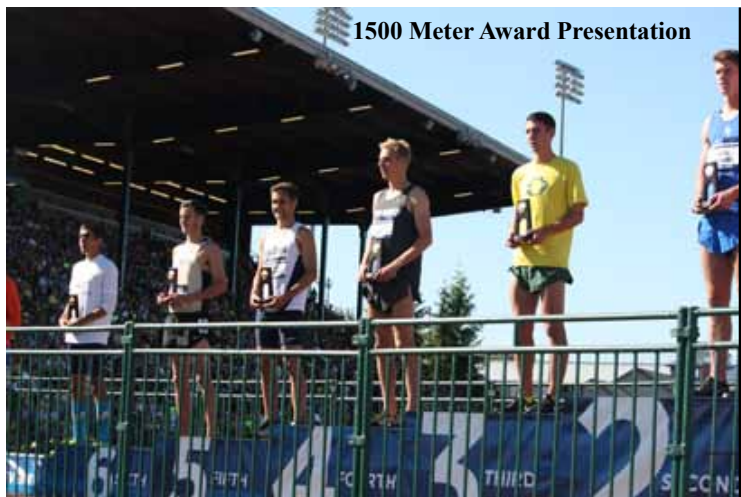
Top Left: Peter runs easy at the front while everyone in the field gets in line.

Top Right: Slight shuffling behind Peter as the race goes past the 900 meter mark. Everyone was still running relaxed and comfortable at this point.

***Middle Picture: With 300 meters left in the race, the pace began to quicken and the athletes got mentally ready for the increase in tempo that they knew would happen at some point.***

***Picture to the Right: With 200 meters left Peter sprung into action throwing in a hard, quick surge. Everyone in the field quickly responded. The picture is with about 160 meters left in the race.***





## Thackery Closes Hard in 5000 Meters

Junior **Calli Thackery** (Yorkshire, England) came into the finals ranked 7th based on her NCAA West Regional qualifying effort. During the regular season she ranked 12th nationally. The 5000 meter final was scheduled to be run at 4:00pm on Saturday afternoon and most were a little concerned with the possible heat at that time of the day. Given the temperatures were in the mid to high 80's all week long and there was no cloud cover it turned out to be warm and slightly humid at the start. Because of that heat concern the athletes toured the first 1/2 mile in roughly 2:30, a comfortable pace. What they were trying to do was get a feel for how hot the track actually was, and if the breeze helped to cool them at all. The picture above and to the right shows all athletes running in a tight pack. All 24 athletes were in contact and Calli just stayed at the back of the pack. By the time the leaders got to the one mile point in approximately 5:00, the race had separated into half, with 12 runners having about a 10 meter lead over the next 12. Calli made sure she had joined the front 12, but stayed at the back, not wanting to get into any trouble. The race continued that way as the picture to the bottom left shows. Essentially the race had taken shape, with all possible placers in the front group. There



was no one in the back chase pack that was going to bridge the gap. By eight minutes into the race (about 2600 meters) the front group had been reduced to seven runners, with Calli still running comfortably at the back. The athletes were starting to show ample perspiration and the heat of the track was slowly taking its toll on the runners. The athletes were running in the order representing the Providence Friars, Arkansas Razorbacks, Iona Gaels, Stanford Cardinal, Boston College Eagles, Michigan Wolverines and New Mexico. At the eleven minute mark (roughly 3600 meters) the pre-meet favorite from Providence, Emily Sisson finally threw in a slight surge to try to drop the field. While the group had been running about 75 seconds per lap Sisson now went to a 74 on her way to a 73. She was making a statement on winning

*the race. The picture to the right shows the race right before the race changed shape with Sisson leading. By 12:30 Calli had encountered a spot of bother and fallen off the pace of the sixth runner, and was in danger of losing complete contact with the group. But she kept running tough, hoping they would not surge again and allow her to get back up on the next lap. That was a good strategy given by the next lap the Boston College Eagle, had dropped back, and Calli went by her into sixth place. Calli, who always finishes hard, put her head down and drove hard over the final three minutes of the race, and was rewarded with a sixth place finish in 15:47.15. The picture on the bottom right whos Calli holding off the Boston College and Arizona State runner during the final phase of the competition. That 15:47.15 is the fourth fastest performance in Lobo history and just slightly off her all-time best of 15:42.57, which ranks as the second fastest performance in school history.*



5000 Meter Award Presentation



## Wright Runs Strong at End of 10,000 Meters

The best 24 distance runners in the country toed the starting line for the 25 lap extravaganza which had many sub-plots. There was the defending champion from Boise State trying to regain her title, while there was two Oregon Ducks trying help their team win a national championship, and then an Arkansas Razorback trying to add to her indoor national titles with some outdoor ones. The lone Lobo racing the longest track distance was sophomore/froshie **Alice Wright (Worcester, England)** who had ranked 7th nationally during the regular season. As the picture to the left shows as was expected the 24 athletes stayed in close proximity to each other and simply ran laps



of 78-79-80. That pace wasn't hard enough to drop anyone and it wasn't until almost the 4000 meter point (10 laps) that athletes started to drop off the back of the pack. And even then there were only six runners who dropped back from the lead pack. The picture to the right shows the group staying close to each other. Even as the race got to the halfway point (5000 meters) only two others from the original start had dropped off, leaving more than half the athletes within one second of each other.



Another kilometer produced the exact same

results, 13 athletes within one second of each other and everyone running consistent 80-81 second pace. Nothing changed until about 8800 meters into the race when the defending champion from Boise State threw down an insane 66 second lap, leaving everyone far, far behind. Most thought that that was going to be the race, and everyone would be racing for second. But that intense effort immediately cost the Bronco on her next lap as she quickly slowed to 84 and the lead pack caught back up to her. Alice had been running right with the lead dozen and at that juncture, when the pace changed feel back just slightly to tenth place. She maintained that place, not able to move up. At 9200 meters, with two laps to go Alice was trying hard to pick up the tempo, but everyone was spent and just trying to get to the finish line. The picture below shows Alice



working hard to keep with the Butler athlete and the West Virginia runners. At the bell lap Alice was not in the top eight, which designates All American. But on the last lap she put her head down and drove hard the entire way, catching up to the eighth place runner with 150 meters to go. Alice was not going to be denied and she held off everyone behind her to grab that coveted eighth position. Her finish line of 33:41.86 is the eighth fastest performance in Lobo history and she now owns the second, fourth, and eighth best performances ever. A great first year as a Lobo.



**Alice has 150 meters between her and All American status and she flew by the runner in front of her.**





**Coach Rodney Zuyderwyk and Logan Pflibsen**



**Two Dynamic Duo's  
Coach Haynes and Coach Franklin and then  
Calli Thackery and Alice Wright**

**WHAT DO ALL THE SYMBOLS MEAN?????** In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete/relay finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Outdoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever performance in that event). An @ indicates the performance has been altitude adjusted based on NCAA protocol.

**NCAA CHAMPIONSHIP - UNIVERSITY OF OREGON  
WEDNESDAY, JUNE 10 - SATURDAY, JUNE 13, 2015**

**MEN**

1500 Peter Callahan 3:46.19 3:55.22 (4th)

**Pole Vault**

	<u>16' 10 3/4"</u>	<u>17' 4 1/2"</u>	<u>17' 8 1/2"</u>	<u>18' 1/2"</u>	
Logan Pflibsen	O	O	O	XXX	(6th) PR (4,7)

**WOMEN**

5000 Calli Thackery 15:47.15 (6th) (x,4)

10,000 Alice Wright 33:41.86 (8th) (x, 8)





## 2015 Outdoor Track & Field



# A Blast From the Past - NCAA

There is a long list of past Lobos greats who were able to compete in the NCAA Outdoor Track & Field Championship. While the method to qualify to the championship has changed from decade to decade it is still an honor to be able to participate along with the best in the country. The first NCAA Outdoor Track & Field Championship was held June 17-18, 1921 in Chicago, Illinois. In fact, the outdoor track & field championship was the first official NCAA Championship in any sport. Women's competition in the NCAA began in 1982. The following is a listing of those Lobo athletes who have represented the Cherry & Silver in the championship based on available information. Over the last five years every effort has been made to research Lobo track & field but results from the 1920's, 1930's, and even into the 1940's and 1950's was scarce or incomplete at best. Track & Field at the University of New Mexico actually had its start in the early 1900's as students from UNM competed against high school teams, faculty teams, and other local collegiate teams. The Daily Lobo student newspaper has articles about the track team on a consistent basis since 1906. Anyone with pictures, articles, or updated information can send that information to Rich Ceronie at [rceronie@unm.edu](mailto:rceronie@unm.edu). This special newsletter is not a completed project, but a start to try and highlight the wonderful history of Lobo track & field.

June 22 - June 23, 1934  
Los Angeles, California  
host USC

William Dennard  
220 yard Low Hurdles

June 21-22, 1946  
University of Minnesota

W.D Smith  
220 yard dash

June 14-15, 1957  
University of Texas

Buster Quist Javelin  
6th - 221' 5"

June 14, 1958  
University of California

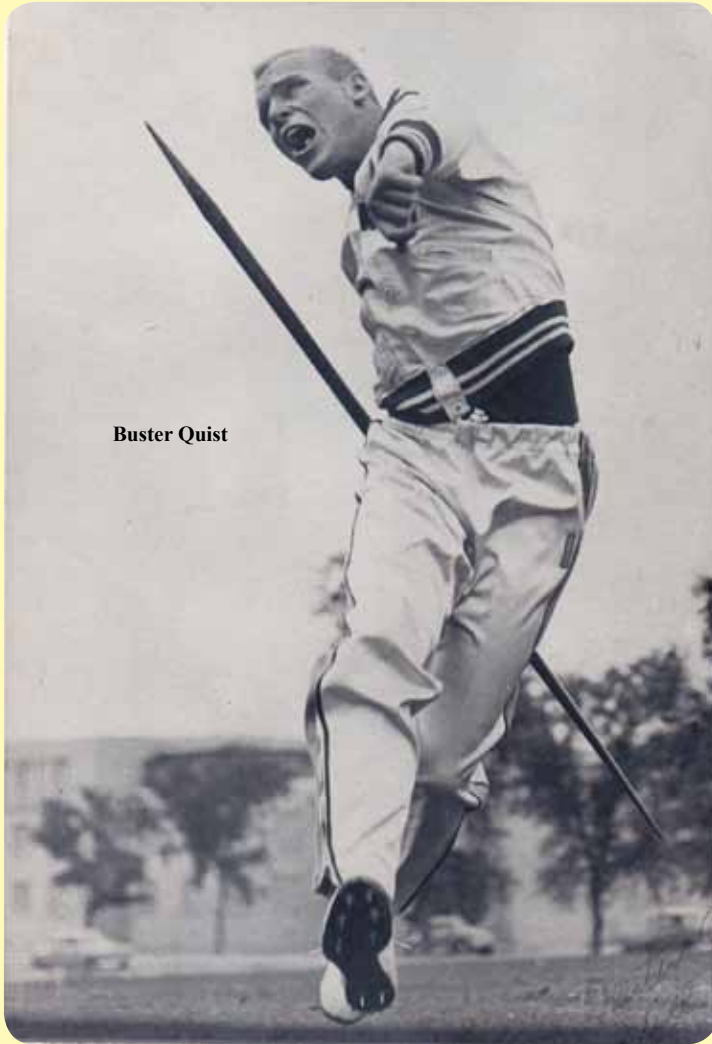
Buster Quist  
Javelin - 2nd  
239' 9"

Monte Doyel  
Pole Vault - 13' 0"



Coach Gwinn Henry and  
William Dennard





**Buster Quist**



**Monte Doyel**



**June 12-13, 1959**  
**University of Nebraska**

**Buster Quist - Javelin - 2nd (236' 9)**

**Dick Howard - 440 yard Hurdles**  
**1st - 50.6 (new ncaa record)**

**Dick Howard - 220 yd Low Hurdles**  
**22.4**

**Fred Sims Triple Jump**  
**Long Jump - 24' 7 3/4"**

**Monte Doyel**  
**Pole Vault - 14' 4 1/4"**



**Dick Howard**

June 16-17, 1961  
Franklin Field, Philadelphia, PA  
Adolph Plummer - 440 Yards  
1st - 46.2

June 18-20, 1962  
University of Oregon  
Adolph Plummer - 440 Yards  
4th - 47.0



**Adolph Plummer**



**Larry Kingsley**



**Ken Medley**

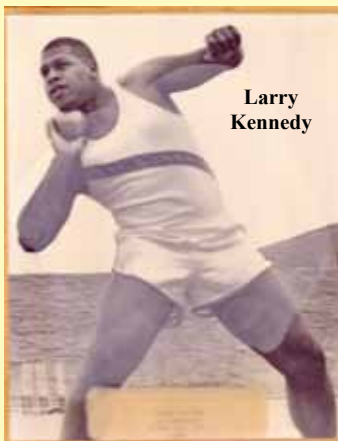
June 18-20, 1964  
University of Oregon  
Larry Kennedy - Discus  
1st - 185' 2 1/4"



**Don Broaddus**

June 17-19, 1965  
University of California  
Jeff Brannon - High Jump  
14th - 6' 7"  
Frank Burgasser - Javelin 10th - 218' 4"  
Art Carter - 440 Yards  
Larry Kennedy - Discus 20th - 162' 8 1/2"  
Bernie Rivers - 100 Yards 4th - 9.5  
Clarence Robinson - Long Jump and Triple Jump  
LJ - 1st 25' 10 1/2"  
TJ - 1st 50' 2"  
Art Carter, W. Little, Ed Lloyd, Bernie Rivers  
440 yard Relay 7th 41.6  
Mile Relay - 8th 3:11.9

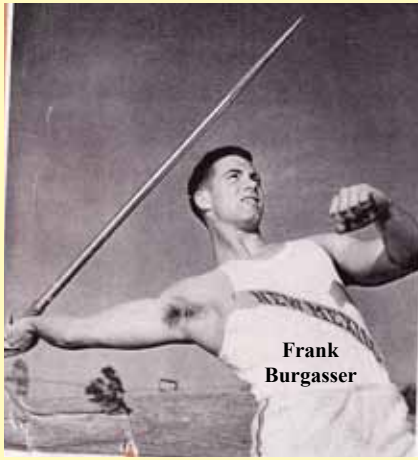
June 13-15, 1963  
University of New Mexico  
Don Broaddus - Javelin  
17th - 220' 3 1/2"  
Larry Kennedy - Discus  
10th - 161' 5"  
Larry Kingsley - High Jump  
8th - 6' 5"  
Ken Medley - Long Jump and Triple Jump  
LJ - 8th 24' 9 1/2"  
TJ - 10th 45' 5 3/4"



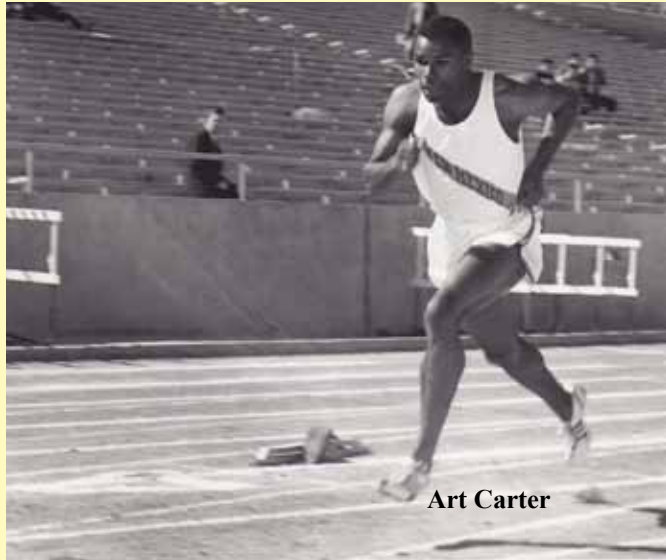
**Larry Kennedy**



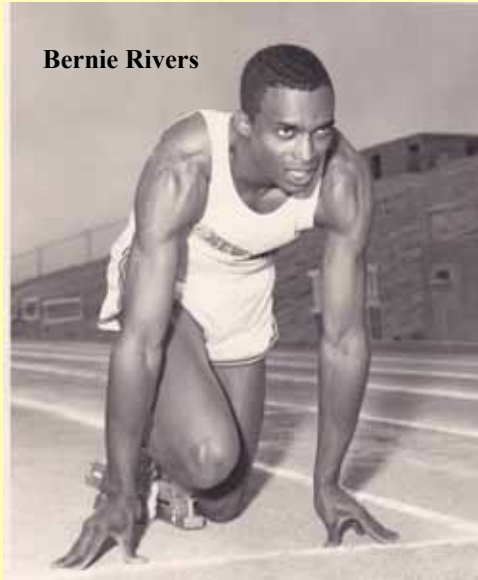
**Jeff Brannon**



**Frank  
Burgasser**



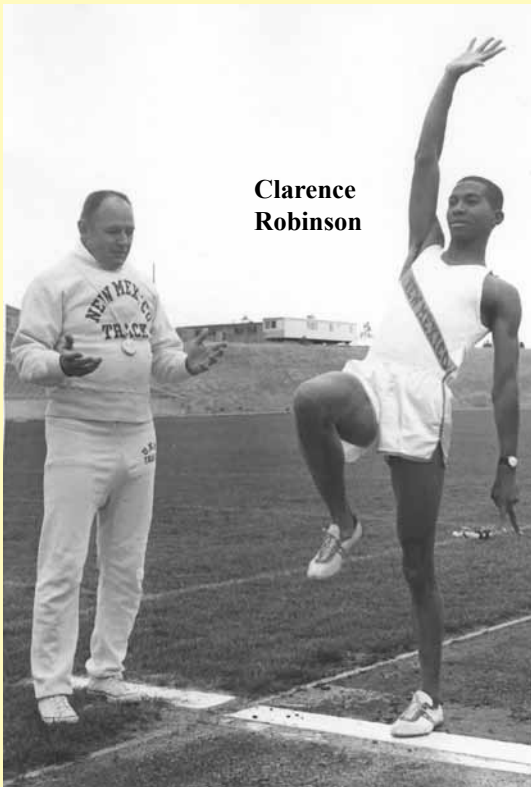
**Art Carter**



**Bernie Rivers**



**Ed Lloyd**



**Clarence  
Robinson**

**June 16-18, 1966  
Indiana University**

**Steve Caminiti 100 Yards  
10th - 9.6**

**Rene Matison 100 Yards  
4th - 9.5**

**Bernie Rivers 220 Yards  
21.6**

**Art Baxter Triple Jump  
4th - 51 1/4"**

**Ira Robinson Long Jump  
4th - 24' 5"**

**Web Loudat 3000 Steeplechase**

**Bernie Rivers, Steve Caminiti, Rene  
Matison, Jim Singer  
440 yard relay  
4th - 40.7**

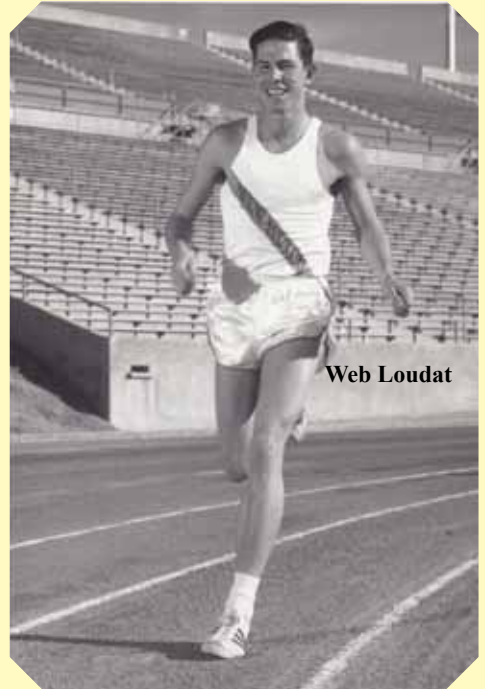
**Rene Matison, Jim Singer, Art  
Baxter, P. Cox  
Mile Relay  
7th - 3:10.2**



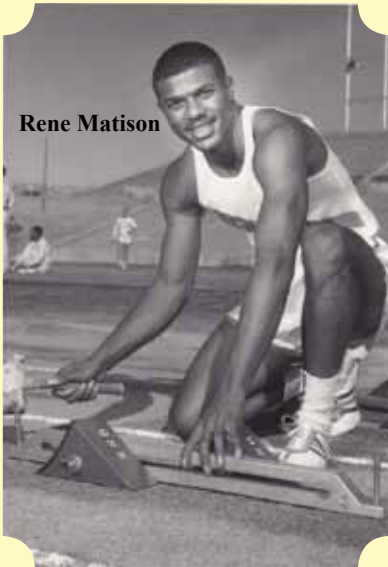
Steve Caminiti



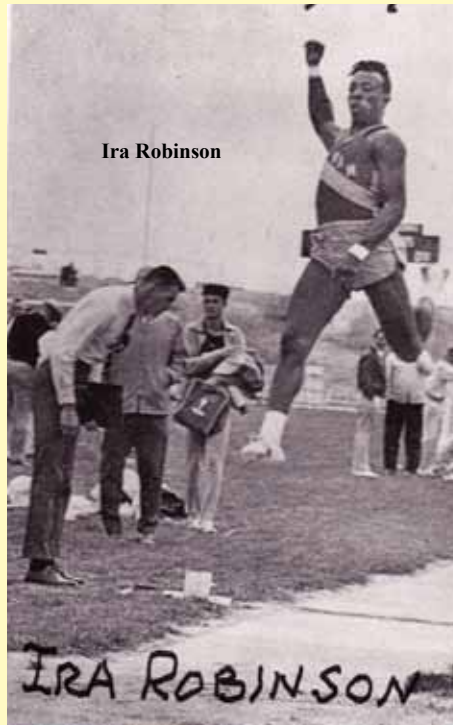
Web Loudat



Rene Matison



Ira Robinson



Jim Singer





**Adrian DeWindt**



**Art Baxter**

**June 15-17, 1967  
Brigham Young University - Provo, Utah**

**Art Baxter Triple Jump  
1st - 52' 4 1/4"**

**Frank Burgasser Javelin  
5th - 233' 9"**

**Steven Caminiti 100 Yards  
18th - 9.8**

**Adrian DeWindt 3000 Steeplechase  
13th - 9:49.8**

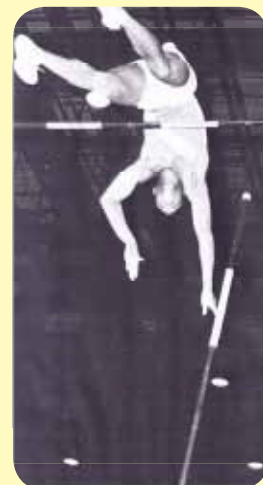
**Web Loudat 3000 Steeplechase  
3rd - 9:06.6**

**Rene Matison 100 Yards & 220 Yards  
100y - 9th - 9.5  
220y - 11th - 21.2**

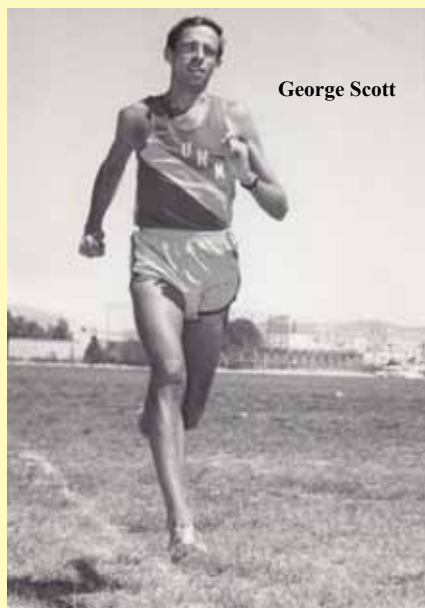
**George Scott 3 Mile  
3rd - 14:01.6**

**Joe Powdrell Pole Vault  
12th - 15' 0"**

Joe Powdrell



George Scott



June 13-15, 1968  
University of California

Adrian DeWindt 3000 Steeplechase  
6th - 9:02.8

Evin Jaros Discus  
5th - 178' 0"

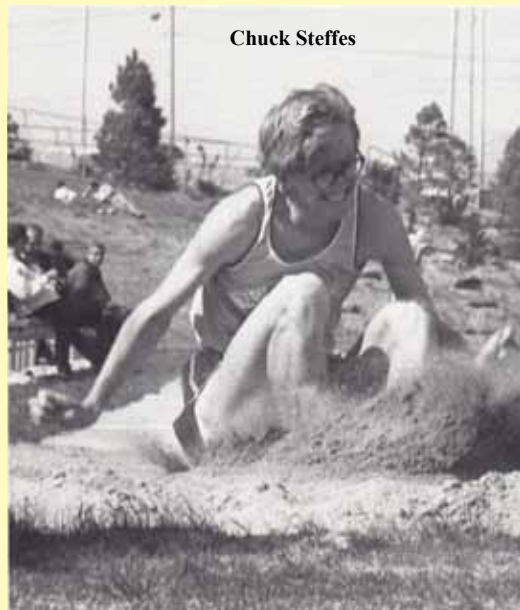
Phil Kastens High Jump  
13th - 6' 8"

Ake Nilsson Javelin  
9th - 225' 8"



Evin Jaros

Chuck Steffes



June 19-21, 1969  
University of Tennessee

Evin Jaros Discus  
16th - 168' 3"

June 18-20, 1970  
Drake University

Evin Jaros Discus  
13th - 172' 3"

Chuck Steffes Triple Jump  
15th - 48' 7 3/4"

June 1-3, 1972  
University of Oregon

Chuck Steffes Triple Jump  
6th - 50' 11 1/4"

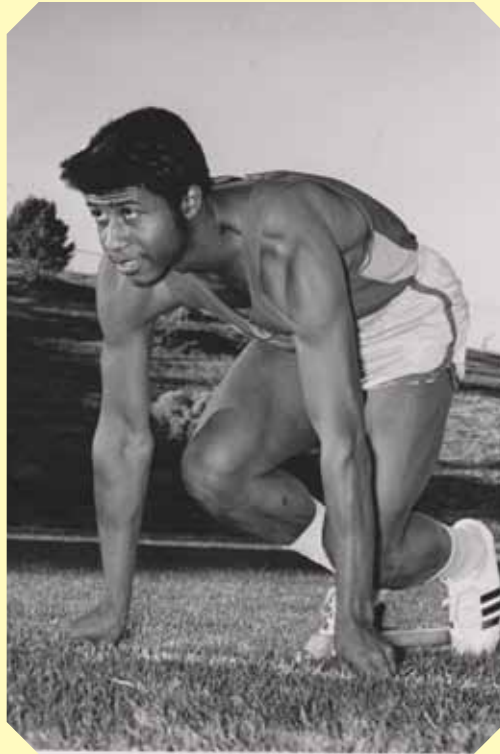
June 6-8, 1975  
University of Texas

Walter Henderson 100 yards  
28th - 9.54w

June 1-5, 1976  
University of Pennsylvania

Mike Solomon 400  
5th - 45.77

Matthew Segura 10,000  
18th - 29:46



Walter Henderson

Matthew Segura



Mike  
Solomon



June 1-3, 1978  
University of Oregon

Harrison Koroso 3000 Steeplechase  
6th - 8:33.6

Fatwei Kimaiyo 110 Hurdles & 400Hurdles  
15th - 14.34 (110H)  
6th - 50.65 (400H)

Jeremiah Ongwae 400 Meters  
22nd - 47.63

Charles Dramiga 400 Meters  
20th - 47.58

Greg Farmer Hammer  
18th - 189' 10"

Peter Butler 5,000  
18th - 14:55.4

Sammy Kipkurgat 800 Meters  
5th - 1:46.64

Harrison Koroso



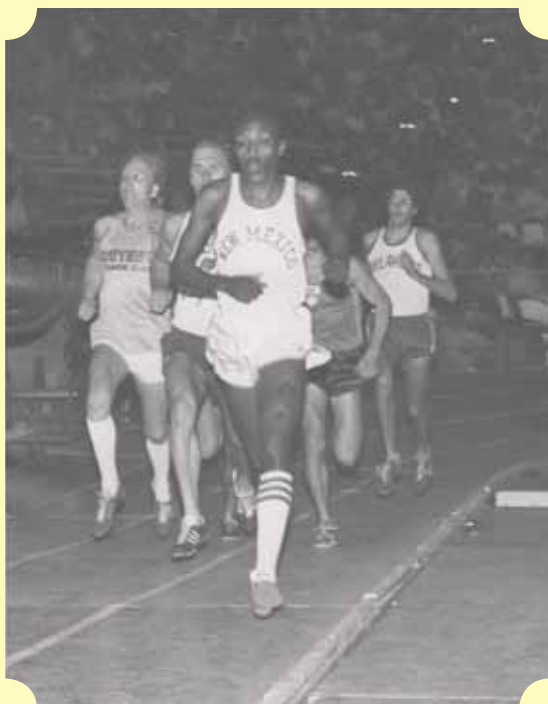
Fatwei Kimiayo



**Jeremiah Ongwae**



**Charles Dramiga**



**Sammy Kipkurgat**

**May 29-June 2, 1979  
University of Illinois**

**Kip Koskei 1500  
3rd - 3:39.64**

**Fatwei Kimiayo 400 Hurdles  
29th - 52.77**

**Jeremiah Ongwae 800 meters  
14th - 1:52.00**

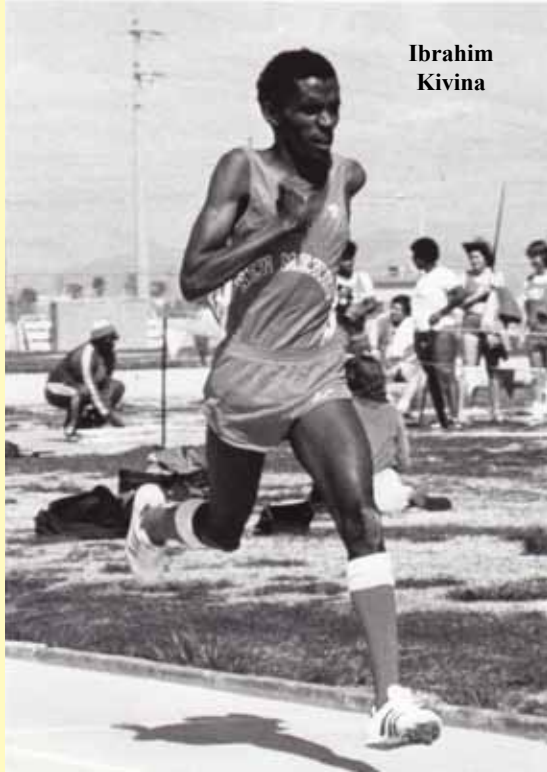
**June 3-7, 1980  
University of Texas**

**Silver Ayoo 400 Hurdles  
15th - 50.55**

**Ibrahim Kivina 5000 Meters  
19th - 14:50.31**



**Kip Koskei**



**Ibrahim  
Kivina**

May 31-June 5, 1982  
Brigham Young University

**Ibrahim Kivina 5000 meters**  
16th - 14:41.71

**Regina Dramiga 800 meters**  
2:04.78

**Margaret Metcalf 800 meters**  
24th - 2:10.08

**Dwayne Rudd**  
Triple Jump & Long Jump  
25th - 49' 4 3/4" (TJ)  
22nd - 24' 8 1/2" (LJ)

**Marty Niebauer Decathlon**  
5th - 7572 points



**Dwayne Rudd**



May 30-June 4, 1983  
University of Houston

**Dwayne Rudd Triple Jump**  
18th - 52' 7 1/4" (+3.17)

**Ibrahim Kivina 10,000**  
18th - 52' 7 1/4"

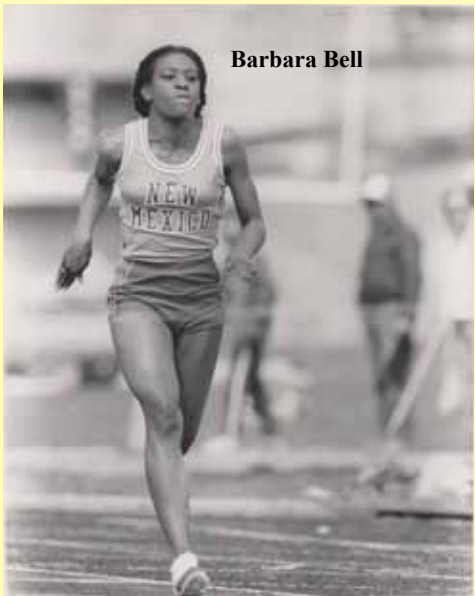
**Ibrahim Hussein 3000 Steeplechase**  
8th - 8:37.77

**Barbara Bell**  
100 meters & 200 meters  
9th - 11.57 (+2.02) (100)  
14th - 23.82 (+0.62)

**Margaret Metcalf 800 meters**  
19th - 2:12.83

**Sylvia Velay 3000 meters**  
13th - 9:31.91

**Shannon Vessup 400 Hurdles**  
16th - 58.94



**Barbara Bell**



**Shannon  
Vessup**

May 28-June 2, 1984  
University of Oregon

**Barbara Bell 100 meters**  
11th - 11.52 (+1.73)

**Ibrahim Kivina 10,000**  
2nd - 28:06.00

**Dwayne Rudd Triple Jump**  
13th - 54' 8 3/4"

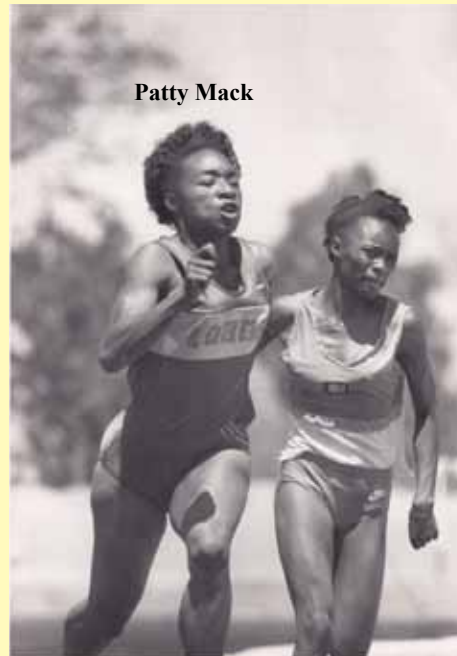
**Kathy Pfiefer 5000 meters**  
15th - 16:54.60

**Shannon Vessup 400 Hurdles**  
16th - 61.19

**4x100 Relay**  
**Barbara Bell, Pam Posey,**  
**Shannon Vessup, Patty Mack**  
11th - 46.82



**Pam Posey**



**Patty Mack**

May 27-June 1, 1985  
University of Texas

**Ted Crouch Hammer**  
17th - 197' 11"

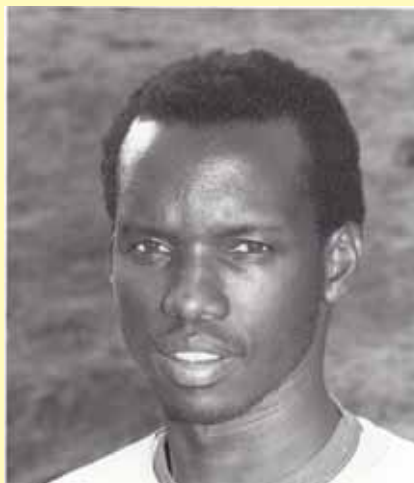
**Gary Kinder Decathlon**  
2nd - 7959 points

**Fidelis Ndyabagye Long Jump**  
24th - 23' 9 1/2"

**Pam Posey 100 meters**  
19th - 12.04

**Carole Roybal 3000 meters**  
10th - 9:42.61

**Kristi Leonard 1500 meters**  
17th - 4:28.39

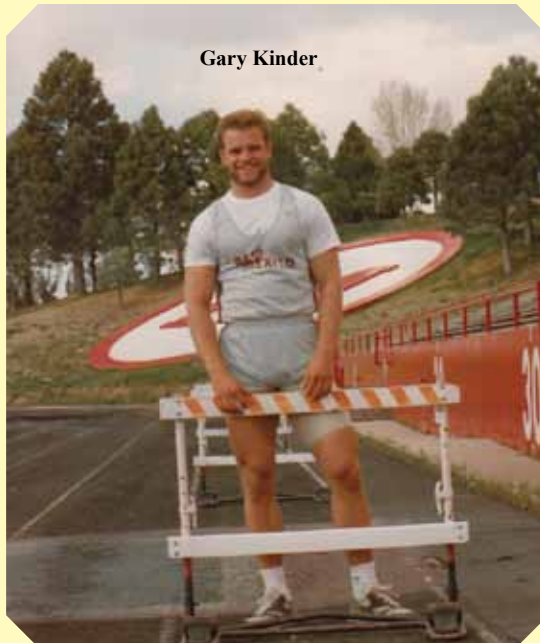


**Fidelis Ndyabagye**





**Ted Crouch**



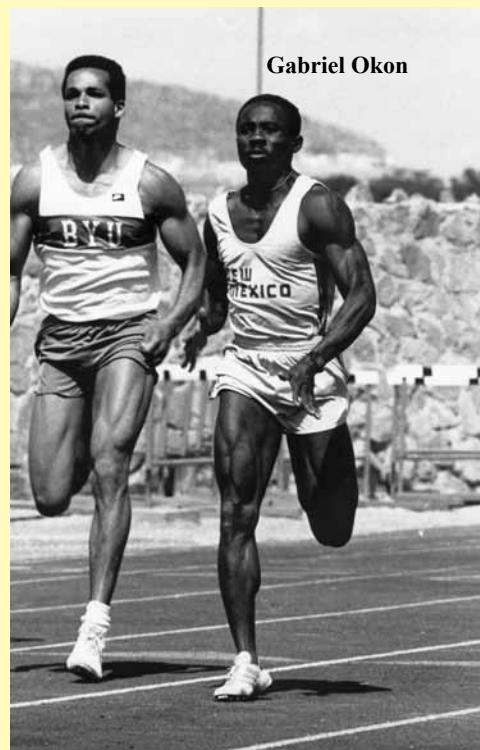
**Gary Kinder**



**Kristi Leonard**



**Carol Roybal**



**Gabriel Okon**

**June 4 - June 7, 1986**  
**Indiana University-Purdue University at**  
**Indianapolis (IUPUI)**

**Gabriel Okon**  
**100 Meters & 200 Meters**  
**24th - 10.77 (-0.1) (100)**  
**28th - 21.37 (0.00) (200)**

June 3-6, 1987  
Louisiana State University

Gabriel Okon  
100 Meters & 200 Meters  
27th - 10.55 (+1.51)  
22nd - 21.11 (-0.28)

Bill Mangan 5000 Meters  
9th - 14:06.8

Simon Arkell Pole Vault  
NM

Chris Warner Decathlon  
10th - 7293 points



Bill Mangan



Simon Arkell



Chris Warner

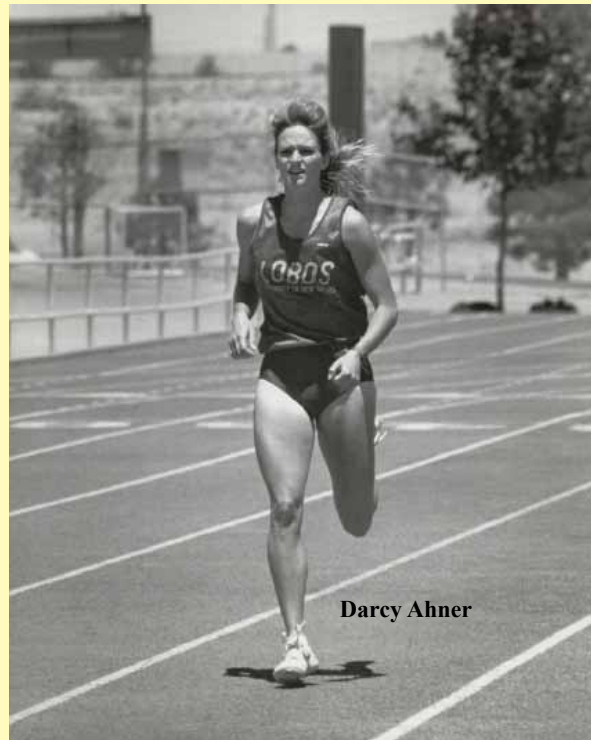
May 31 - June 3, 1989  
Brigham Young University

Simon Arkell Pole Vault  
6th - 17' 10 1/4"

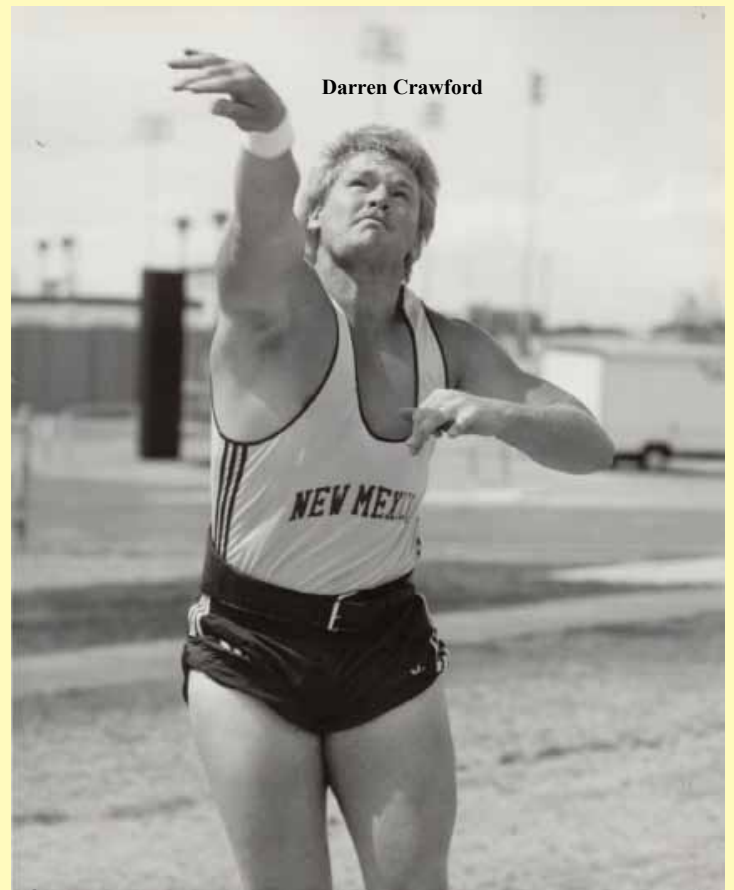
Darren Crawford Shot Put  
6th - 60' 3"

Bill Mangan 5000 Meters  
8th - 14:19.95

Darcy Ahner Heptathlon  
16th - 5189 points



Darcy Ahner



Darren Crawford

May 30 - June 2, 1990  
Duke University

Simon Arkell Pole Vault  
3rd - 18' 1/2"

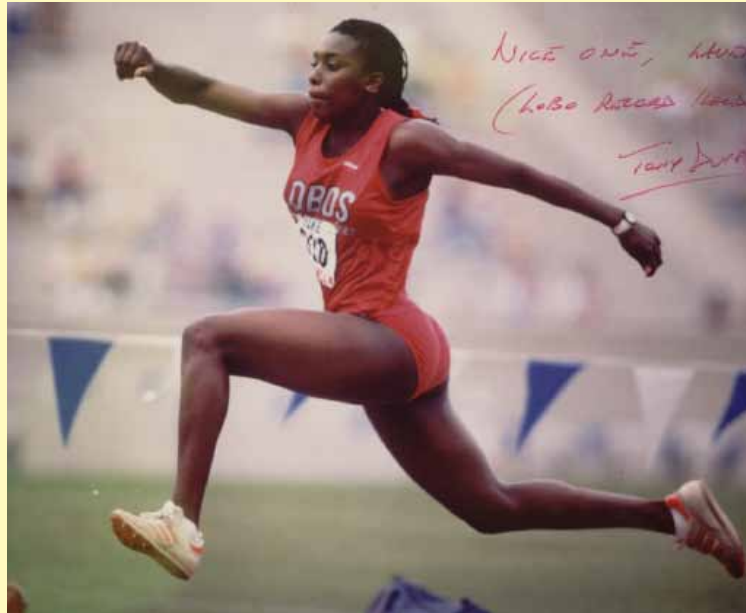
Darren Crawford Shot Put  
16th - 55' 11"

Darcy Ahner Heptathlon  
15th

Lavern Clarke  
Long Jump & Triple Jump  
8th - 19' 11 3/4" (LJ)  
8th - 42' 1 1/2" (TJ)

Terrian Florence 100 meters  
19th - 12.00 (+0.82)

Natanya Jones 100 meters  
16th - 11.86 (+0.92)



Lavern Clarke



Terrian Florence



Natanya Jones

May 29 - June 1, 1991  
University of Oregon

Lavern Clarke Triple Jump  
9th - 41 5 1/4"

Simon Arkell Pole Vault  
5th - 18' 1/2"

Tony Ezuika 400 Meters  
DNS

**Ivar Hella**

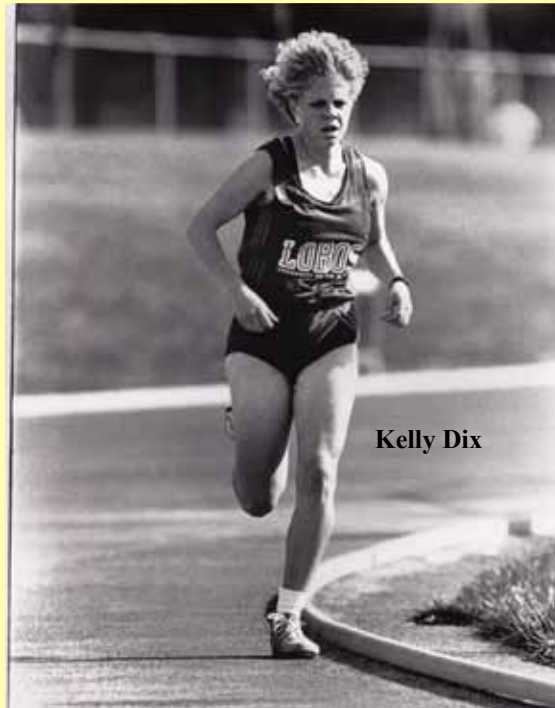


**June 3-6, 1992  
University of Texas**

**Ivar Hella High Jump  
12th - 6' 11 1/2"**

**June 1-4, 1994  
Boise State University**

**Kelly Dix 10,000 meters  
14th - 36:00.01**



**Kelly Dix**



**Sarah Nicholson**

**May 31 - June 3, 1995  
University of Tennessee**

**Sarah Nicholson Javelin  
18th - 142' 7"**

May 29 - June 1, 1996  
University of Oregon

Sarah Nicholson Javelin  
12th - 150' 5"

Tangi Galloway 10,000 meters  
4th - 34:07.01

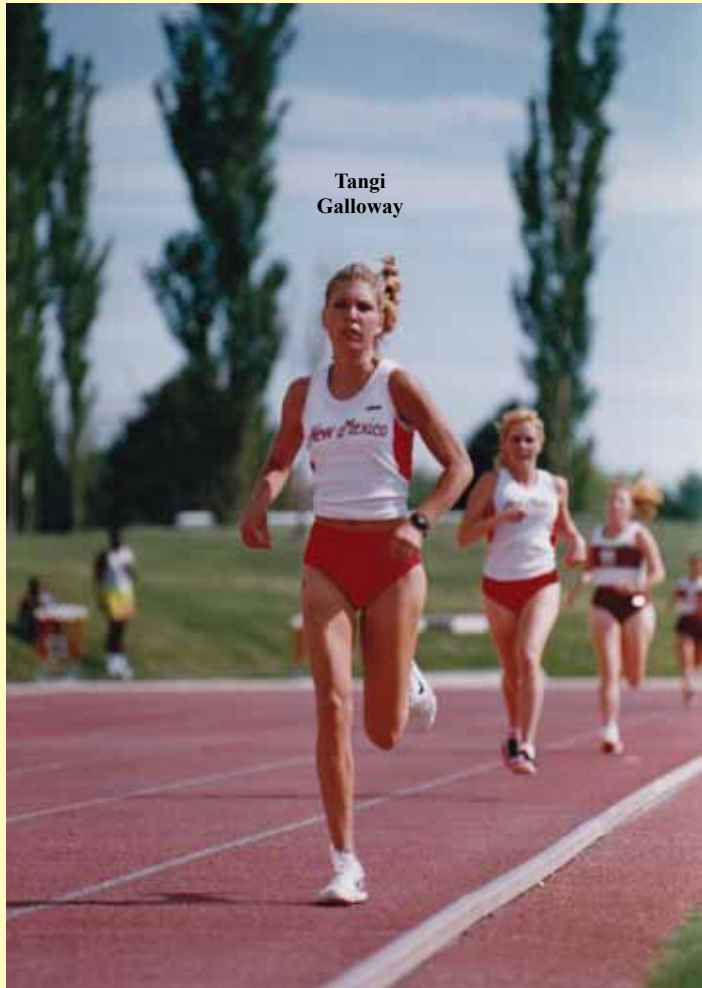
June 4 - June 7, 1997  
Indiana University

Tangi Galloway 10,000 meters  
NM

Sarah Nicholson Javelin  
19th - 131' 2"

June 3 - June 6, 1998  
University of Buffalo

Steve Dunbar Hammer  
18th - 186' 11"



Tangi  
Galloway



Stephen Dunbar

May 31 - June 3, 2000  
Duke University

Steve Dunbar Hammer  
17th - 191' 5"

May 29 - June 1, 2002  
Louisiana State University

Kelli Myers High Jump  
NM

Keren Sari-Bentzur Heptathlon  
9th - 5285 points

June 11 - June 14, 2003  
Sacramento State University

Keren Sari-Bentzur Heptathlon  
22nd - 4887 points

Matt Gonzales 10,000 meters  
3rd - 28:26.88



Matt Gonzales

June 9 - June 12, 2004  
University of Texas

Matt Gonzales 10,000 meters  
4th - 29:58.05

Mark Johnson Decathlon  
15th - 7277 points



Keren Sari-Bentzur



Mark Johnson



Amanda Barnes

June 8 - June 11, 2005  
Sacramento State University

Amanda Barnes Shot Put  
23rd - 48' 7 1/2"

Dan Feltman Decathlon  
16th - 6794 points

Matt Keeran Javelin  
15th - 197' 11"



Dan Feltman



Matt Keeran



Derek Mackel

June 7 - June 10, 2006  
Sacramento State University

Robert Caldwell Pole Vault

Derek Mackel Pole Vault

Robert Caldwell



Jeremy Johnson



June 6 - June 9, 2007  
Sacramento State University

Jeremy Johnson 10,000 Meters  
7th - 29:09.01

Jarrin Solomon 400 Meters  
17th - 47.08

Ariel Burr 400 Meters  
25th - 54.19

Katie Coronado Javelin  
16th - 156' 7"

Timmie Murphy 5000 Meters  
27th - 17:01.91





**Jarrin Solomon**



**Katie Coronado**



**Ariel Burr**



**Timmie Murphy**

<b>June 11 - June 14, 2008 Drake University</b>
<b>Mat Ashton 10,000 Meters 10th - 29:22.59</b>
<b>Robert Caldwell Pole Vault 6th - 17' 2 3/4"</b>
<b>Lee Emanuel 1500 Meters 16th - 3:44.58</b>
<b>Jeremy Johnson 10,000 Meters 7th - 29:06.13</b>
<b>Katie Coronado Javelin 2nd - 179' 6"</b>
<b>Sandy Fortner Heptathlon 24th - 4649 points</b>
<b>Tiyana Peters High Jump 23rd - 5' 7"</b>



Mat Ashton



Lee Emanuel



Sandy Fortner



Tiyana Peters

June 10 - June 13, 2009  
University of Arkansas

Mat Ashton 10,000 Meters  
16th - 29:42.60

Chris Barnicle 10,000 Meters  
13th - 29:21.33

Lee Emanuel 1500 Meters  
3rd - 3:39.66

Anthony Fairbanks Javelin  
9th - 222' 5"

Rory Fraser 5000 Meters  
26th - 14:46.51

Jacob Kirwa 5000 Meters  
18th - 14:09.45

Jarrin Solomon 400 Meters  
21st - 46.70

Nicky Archer 10,000 Meters  
14th - 34:57.83

Katie Coronado Javelin  
11th - 161' 6"

Michelle Corrigan 10,000 Meters  
8th - 34:20.24

Ashley Gibson 1500 Meters  
22nd - 4:23.99



Chris Barnicle



Rory Fraser



Anthony  
Fairbanks



Jacob Kirwa



Nicky Archer



Michelle  
Corrigan



Ashley Gibson

June 9 - June 12, 2010  
University of Oregon

Chris Barnicle 10,000 meters  
NM

Lee Emanuel 1500 meters  
6th - 3:48.61

Jacob Kirwa 5000 meters  
18th - 14:11.83

Lamaar Thomas 100 meters  
22nd - 10.65

Sandy Fortner Heptathlon  
NM

Ruth Senior 3000 Steeplechase  
17th - 10:20.45

Deanna Young Triple Jump  
14th - 41' 10 1/2"

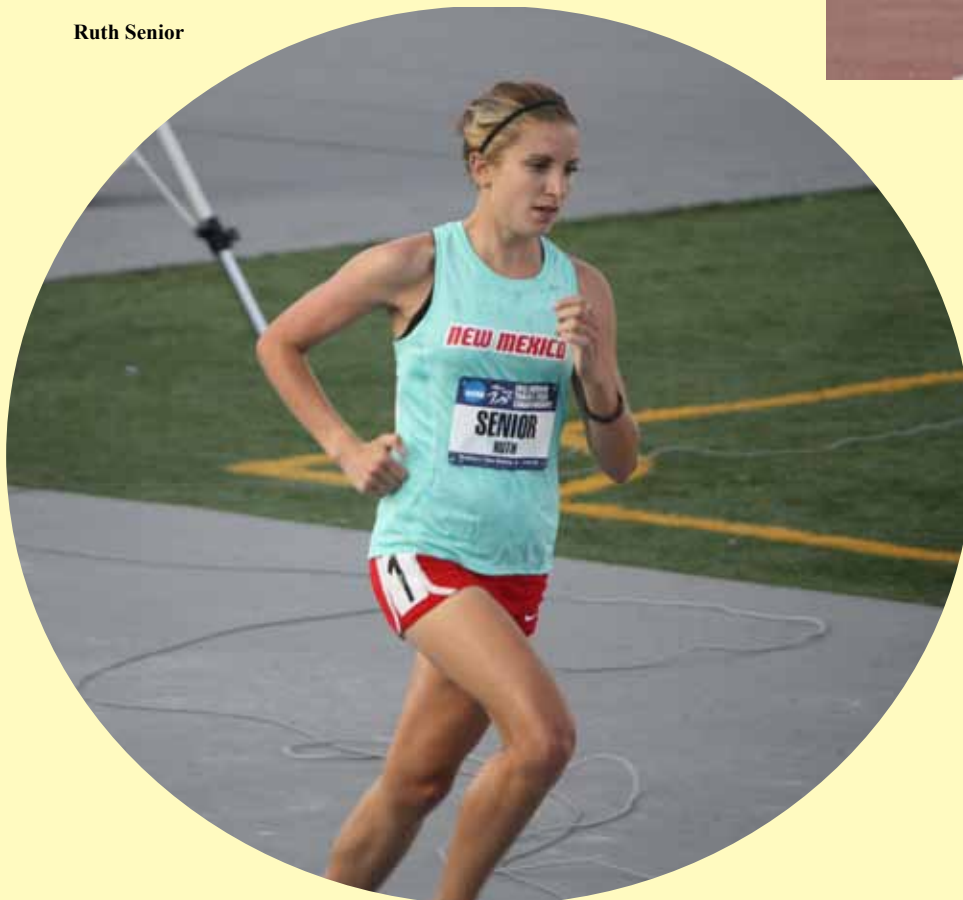


**Lamaar Thomas**



**Deanna Young**

**Ruth Senior**



<b>June 8 - June 11, 2011 Drake University</b>	
<b>David Bishop</b>	<b>1500 meters 20th - 3:52.30</b>
<b>Rory Fraser</b>	<b>5000 meters 6th - 13:39.40</b>
<b>Nicholas Kipruto</b>	<b>5000 meters 11th - 13:48.52</b>
<b>Django Lovett</b>	<b>High Jump 22nd - 6' 8 3/4"</b>
<b>Ross Millington</b>	<b>5000 meters NM</b>
<b>Ruth Senior</b>	<b>10,000 meters 9th - 35:04.52</b>
<b>Alesha Walker</b>	<b>Long Jump 18th - 20' 2 1/4"</b>
<b>Deanna Young</b>	<b>Triple Jump 21st - 40' 6 3/4"</b>
<b>Keith Gerrard</b>	<b>10,000 meters 7th - 28:36.33</b>
<b>Richard York</b>	<b>Decathlon 22nd - 7229 points</b>



David Bishop



Nicholas Kipruto



Django Lovett



**Ross Millington**



**Alesha Walker**



**Keith Gerrard**



**Richard York**

June 6 - June 9, 2012  
Drake University

Floyd Ross Triple Jump  
2nd - 54' 6"

BeeJay Lee 100 Meters  
20th - 10.28

Django Lovett High Jump  
19th - 7 1/2"

Richard York Decathlon  
NM

Ruth Senior 3000 Steeplechase  
15th - 10:13.48

Sarah Waldron 10,000 Meters  
6th - 32:58.84



Floyd Ross

BeeJay Lee



Sarah  
Waldron





Charlotte Arter

June 5 - 8, 2013  
University of Oregon

- Charlotte Arter 1500 Meters  
14th - 4:19.27
- Chloe Anderson 1500 Meters  
15th - 4:19.82
- Josephine Moultrie 1500 Meters  
24th - 4:31.86
- Floyd Ross Triple Jump  
3rd - 52' 11"
- Luke Caldwell 5000 Meters  
8th - 13:55.55
- Django Lovett High Jump  
21st - 6' 8 3/4"



Josephine Moultrie

Chloe Anderson





Luke Caldwell

June 11 - June 14, 2014  
University of Oregon

Chaz Lewis 400 Hurdles  
11th - 50.86

Peter Callahan 1500 Meters  
4th - 3:39.90

Sammy Silva 1500 Meters  
16th - 4:22.95

Charlotte Arter 1500 Meters  
21st - 4:26.45

Suzie Boast 1500 Meters  
24th - 4:34.10

Luke Caldwell 10,000 Meters  
15th - 29:48.64

Adam Bitchell 10,000 Meters  
10th - 29:16.79

Richard York Javelin  
24th - 189' 2"



Chaz  
Lewis



Peter Callahan

Samantha  
Silva



Suzie Boast





**Adam  
Bitchell**

**June 10-13, 2015  
University of Oregon**

**Logan Pflibsen Pole Vault  
6th - 17' 8 1/2"**

**Alice Wright 10,000 meters  
8th - 33:41.86**

**Peter Callahan 1500 meters  
4th - 3:55.22**

**Calli Thackery 5000 meters  
6th - 15:47.15**

**Alice Wright**



Calli Thackery



Peter Callahan



Logan Pflibsen



## Special Recognition

Prior to 1982 when the NCAA began to sponsor women's outdoor track & field at the championship level the womens championships were first administered by the (DGWS) Division of Girls and Women in Sport (1969-1970) and then from 1971 - 1981 by the Association of Intercollegiate Athletics for Women (AIAW). Several members of the early women Lobo teams qualified to either the DGWS or AIAW national championship and we would like to honor those athletes.

**May 29-30, 1970**

**University of Illinois**

Barbara Butler Discus

2nd 135' 10"

**May 14-15, 1971**

**Eastern Washington University**

**Cheney, Washington**

Barbara Butler Discus

1st 142' 5"

Lisa Chivario

Long Jump 2nd 19' 6 3/4"

100 yards 5th 11.5

**May 11-2, 1973**

**Cal State Hayward**

**Hayward, California**

Lisa Chivario

220 yard Hurdles 3rd 28.9

High Jump 5th 5' 5"

Long Jump 4th 18' 1"

Barbara Butler Discus

4th 139' 7"

**May 16-17, 1975**

**Oregon State University**

Laurie Gilliland 400 Hurdles

**May 14, 1976**

**Kansas State University**

Karen Cramond

Two Miles 5th 10:38.15

Three Miles 3rd 16:16.8

Sue Vigil 800 meters

4th 2:08.99

**May 25-26, 1978**

**University of Tennessee**

Cindy Ashby 800 meters

6th 2:08.9

Sue Vigil 800 meters

4th 2:07.9

**May 24-25, 1979**

**Michigan State University**

Regina Dramiga 400 Hurdles

12th 62.8

Sue Vigil 800 meters

1st 2:04.1

Regina Dramiga, L. Brasher, Sue Vigil, Margaret Metcalf

4x880 Relay 2nd 8:43.6

**May 21-24, 1980**

**University of Oregon**

Regina Dramiga 400 Hurdles

15th 60.68

**May 28-30, 1981**

**University of Texas**

Regina Dramiga 800 meters

15th 2:11.31 (ran 2:07.85 in prelim)

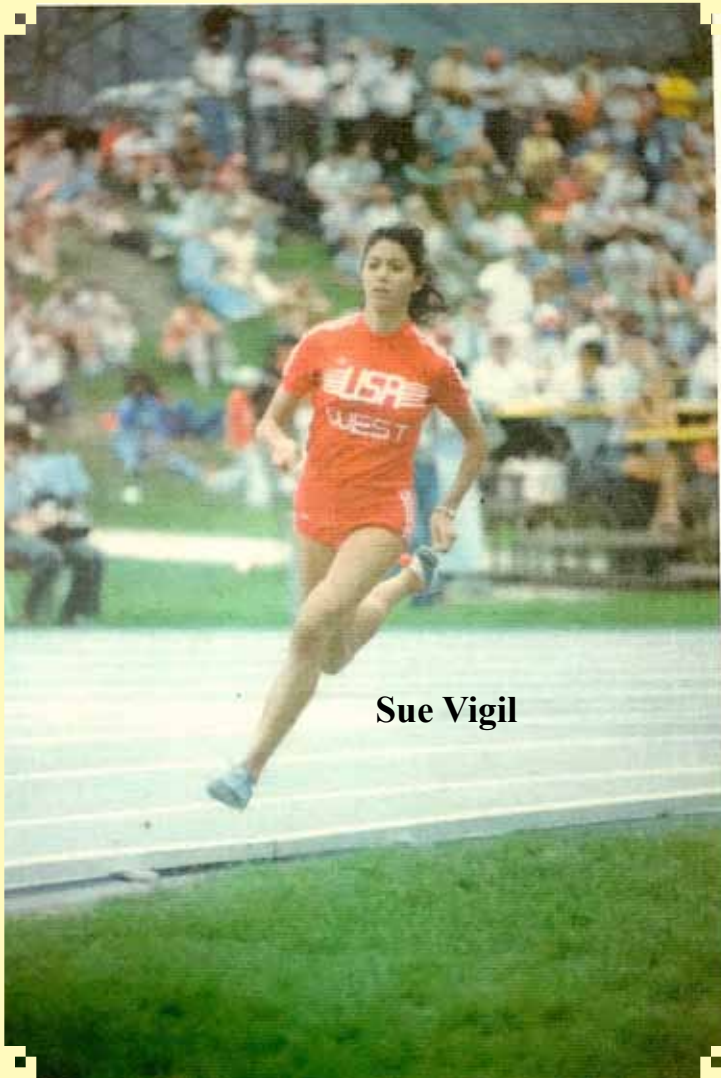
Amanda Fields 100 meters

10th 11.67 (+2.0)

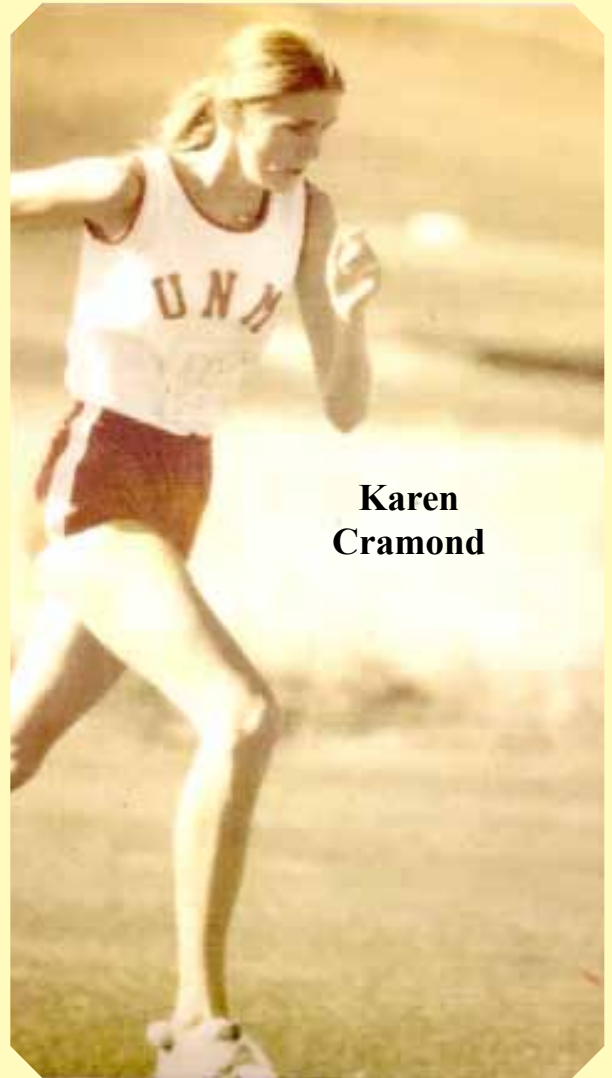
Michelle Mathias 200 meters

4th 23.77 (+1.0)

C. Zephein, A. Fields, P. Mallory, Michelle Mathias  
4x100 Relay 5th 45.63 (45.55 in prelim)



**Sue Vigil**



**Karen  
Cramond**



**Barbara  
Butler**



**Laurie  
Gilliland**



**Cindy Ashby**



**Margaret  
Metcalf**



TRACK TEAM 1906

Furber	H. Bryan	Chase	Bald	Hend
K. Bryan (Mgr.)	Danahy	Ross	Angell (Coach)	
Albright	Tascher	Allen (Capt.)	Alford	Maguire

## Where it All Began

**The first recorded picture of a  
Lobo Track & Field team circa  
1906**

# UNIVERSITY OF NEW MEXICO OUTDOOR TRACK & FIELD FINAL 2015 BEST PERFORMANCES (Updated June 13, 2015)

*An @ after a performance denotes it has been adjusted based on the NCAA altitude conversion*

		2015	ALL TIME BEST or PREVIOUS BEST	
<b>100 METERS (WOMEN)</b>		<b>UNM Record - Barbara Bell, 11.42, April 28, 1984 at Mt. SAC Relays</b>		
Aasha Marler	(Unattach) Sr.	11.97@ (+1.1)	Don Kirby Tailwind, 4/4	11.98@ (+0.7) MWC Championship, 4/16 11.77 (+4.4) Jim Click Invitational, 4/12
Erynn Caldwell	Fr.	11.97@ (+1.2)	New Mexico Quad, 4/10	
Peri Moran	Soph.	12.06@ (+0.7)	UTEP Twilight, 5/1	12.01 (+1.1) Mt. Sac Relays, 4/18
Haley Sanner	Jr.	12.13 (+1.9)	Long Beach Invt, 4/18	11.94@ (+3.8) Texas Tech Open, 4/5
Lucretia Vigil	Sr.	12.56@ (+1.2)	New Mexico Quad, 4/10	
Brittany Myricks	Sr.	12.07 (-0.1)	MWC Champ, 5/15	12.03@ (-0.6) Don Kirby Tailwind, 5/2 11.84 (+2.6) Mt. Sac Relays, 4/18
Yeshemabet Turner	Sr.			12.09@ (+3.3) 3/23, UTEP Springtime Invt.
Casey Dowling	Jr.			12.35@ (+3.3) 3/23, UTEP Springtime Invt.
Zoe Howell	Jr.			12.69@ (+5.6) 3/23, UTEP Springtime Invt.
<b>100 METERS (MEN)</b>		<b>UNM Record - Gabriel Okon, 10.17@, April 19, 1986 at New Mexico (10.14 raw)</b>		
Scott Bajere	Jr.	10.51 (+0.3)	MWC Champ, 5/15	10.55 (+1.5) Lee Valley Open, 8/14/13
Ridge Jones	Jr.	10.64 (+2.6)	MWC Champ, 5/16	10.60@ (+0.7) Don Kirby Tailwind, 5/2/14
Allan Hamilton	Jr.	10.67 (+2.4)	Beach Invitational, 4/18	10.95 (+1.3) Sc. Sch (Grangemouth) 6/11/10
Carlos Wiggins	Jr.	10.70 (+0.3)	MWC Champ, 5/15	
Beau Clifton	Fr.	11.12 (+2.5)	MWC Decathlon, 5/13	
Daniel Lam	Fr.	11.38 (+0.1)	Bryan Clay Decathlon, 4/15	
Chaz Lewis	Sr.			10.86@ (+5.6) 4/14/12, UTEP Invt.
Chris Kline	Jr.			11.19@ (+4.8) 3/23, UTEP Springtime Invt.
<b>100 HURDLES (WOMEN)</b>		<b>UNM Record - Angela Whyte, 13.41@, May 17, 2000 at MWC (BYU) (13.37 raw)</b>		
Holly VanGrinsven	Jr.	13.49 (+3.9)	MWC Champ, 5/16	13.62 (+1.6) Triton Invitational, 4/25
Samantha Bowe	Sr.	14.26 (+2.1)	MWC Heptathlon, 5/13	14.60 (-0.5) 5/9, MWC Heptathlon
Kyra Mohns	Fr.	14.90 (+1.6)	Triton Invitational, 4/25	15.26@ (0.0) New Mexico Quad, 4/10
Haley Sanner	Jr.			15.50@ (0.0) 4/12, Air Force/N. Colorado
<b>110 HURDLES (MEN)</b>		<b>UNM Record - Fatweil Kimaiyo, 13.70, April 1977 at Texas Relays</b>		
Daniel Lam	Fr.	15.80@ (-1.0)	UTEP Twilight, 5/1	15.86 (+1.0) Triton Invitational, 4/25
Beau Clifton	Fr.	19.51	MWC Decathlon, 5/14	
Yannick Roggatz	Jr.			14.84@ (+2.7) Texas Tech Open, 4/5
<b>200 METERS (WOMEN)</b>		<b>UNM Record - Barbara Bell, 23.44h, April 28, 1984 at Mt. SAC Relays</b>		
Brittany Myricks	Sr.	24.31@ (+1.8)	Don Kirby Tailwind, 4/4	24.15 (+2.0) Jim Click Invitational, 4/12
Holly VanGrinsven	Jr.	24.42@ (+0.6)	UTEP Twilight, 5/1	25.61 (+0.9) MWC Heptathlon, 5/14
Casey Dowling	Jr.	24.81@ (+1.8)	Don Kirby Tailwind, 4/4	
Haley Sanner	Jr.	25.23 (+1.7)	Long Beach Invt, 4/18	25.03@ (+2.1) Texas Tech Open, 4/5
Erynn Caldwell	Fr.	25.38@ (+1.4)	Don Kirby Tailwind, 4/4	
Faith Cobb	Jr.	25.52 (+0.3)	MWC Champ, 5/15	25.54@ (-1.2) New Mexico Quad, 4/10
Kyra Mohns	Fr.	25.53 (+2.1)	MWC Heptathlon, 3/13	25.58@ (+1.8) Don Kirby Tailwind, 4/4
Peri Moran	Soph.	25.74@ (+1.1)	Don Kirby Tailwind, 4/4	25.80 (+3.0) Brutus Hamilton Open, 4/25
Lucretia Vigil	Sr.	25.85@ (+1.1)	Don Kirby Tailwind, 4/4	25.34@ (+2.6) Don Kirby Tailwind, 5/2
Zoe Howell	Jr.	25.88@ (+1.1)	UTEP Twilight, 5/1	25.44@ (+2.6) Don Kirby Tailwind, 5/2
Samantha Bowe	Sr.	26.09 (+1.2)	MWC Heptathlon, 3/13	25.94w (+2.1) 5/9, MWC Heptathlon
Kelsi Lewis	Soph.	26.25@ (+1.1)	UTEP Twilight, 5/1	26.32 (+2.9) Bryan Clay Invt, 4/18
Ariel Burch	Sr.			25.91 (+4.0) Jim Click Invitational, 4/12
Hannah Riker-Urrutia	Soph.			25.95@ (+2.1) Texas Tech Open, 4/5
Aasha Marler	Sr.			25.73@ 3/24/12, UTEP Springtime
Yeshemabet Turner	Sr.			26.10@ 3/24/12, UTEP Springtime
Christina Clark	Jr.			27.26@ (+5.5) 3/23, UTEP Springtime Invt.

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****200 METERS (MEN)**

		<b>UNM Record - Gabriel Okon, 20.44h, 1987</b>			
Allan Hamilton	Jr.	21.21@(+0.4)	UTEP Twilight, 5/1	21.27@ (+2.3)	Don Kirby Tailwind, 4/4
Ridge Jones	Jr.	21.74 (+0.3)	MWC Champ, 5/15	22.14 (+1.3)	Mt. Sac Relays, 4/18
Scott Bajere	Jr.	21.75 (+0.3)	MWC Champ, 5/15	21.61 (+1.9)	Brit Ath (Bournemouth 7/28/12)
Carlos Wiggins	Jr.	21.75 (+1.5)	MWC Champ, 5/15	21.76@(+0.4)	UTEP Twilight, 5/1
Chris Kline	Jr.	22.24@(+0.4)	UTEP Twilight, 5/1	22.20@(+5.5)	3/23, UTEP Springtime Invt.
Mark Haywood	Fr.	22.31@(+0.4)	UTEP Twilight, 5/1	22.58 (+0.4)	Long Beach Invt, 4/18
<i>Isaac Gonzales (Unatch, Fr.</i>		<i>22.74@ (+1.3)</i>	<i>Don Kirby Tailwind, 4/4</i>		
Will Carter	Sr.	23.44@ (+0.9)	Don Kirby Tailwind, 4/4		
Dominic Davis	Soph.	24.00@ (+0.4)	UTEP Twilight, 5/1	23.42@ (+3.5)	Don Kirby Tailwind, 5/2
Chaz Lewis	Sr.			22.28@ (+2.1)	4/16/11, UTEP Invt.

**400 METERS (WOMEN)**

		<b>UNM Record - Ariel Burr 52.85, May 26, 2007 at NCAA Regional Championship</b>			
Holly VanGrinsven	Jr.	54.79	MWC Champ, 5/16	55.11	Long Beach Invt, 4/18
Haley Sanner	Jr.	56.15@	UTEP Twilight, 5/1	55.04@	Don Kirby Tailwind, 5/2
Zoe Howell	Jr.	57.62@	UTEP Twilight, 5/1	56.80@	4/6, Don Kirby Tailwind
Faith Cobb	Soph.	57.70@	Don Kirby Tailwind, 4/4	61.82@	Texas Tech Open, 4/5
Ariel Burch	Sr.	58.25@	Don Kirby Tailwind, 4/4	58.90	Jim Click Invitational, 4/12
Kelsi Lewis	Soph.	59.26@	New Mexico Quad, 4/10	58.07@	Don Kirby Tailwind, 5/2
Hanna Riker-Urruita	Soph.			56.41@	Texas Tech Open, 4/5
Lucretia Vigil	Sr.			59.10@	Don Kirby Tailwind, 5/2
Christina Clark	Soph.			60.34@	4/6, Don Kirby Tailwind

**400 RELAY SPLITS (WOMEN)**

Holly Van Grinsven	Jr.	55.5	New Mexico Quad, 4/10	56.1	MWC Championship, 5/17
Zoe Howell	Jr.	55.6	MWC Champ, 5/16	55.9	Don Kirby Tailwind, 4/4
Haley Sanner	Jr.	55.8	Don Kirby Tailwind, 4/4	55.9	MWC Championship, 5/17
Faith Cobb	Soph.	57.0	Mt. Sac Relays, 4/17	57.3	New Mexico Quad, 4/10
Ariel Burch	Sr.	58.3	Don Kirby Tailwind, 4/4	64.6	Don Kirby Tailwind, 5/2
Kelsi Lewis	Soph.	58.9	Don Kirby Tailwind, 4/4		
Sophie Connor	Jr.	59.8	Don Kirby Tailwind, 4/4		
Christina Clark	Jr.	61.0	Don Kirby Tailwind, 4/4	60.6	Don Kirby Tailwind, 5/2
Lucretia Vigil	Sr.	64.2	Don Kirby Tailwind, 4/4	60.9	4/6, Don Kirby Tailwind Invt.
Hannah Riker-Urrutia	Soph.			56.5	MWC Championship, 5/17

**400 RELAY SPLITS (MEN)**

Chaz Lewis	Sr.	46.8	Mt. Sac Relays, 4/17	46.2	MWC Championship, 5/17
Chris Kline	Jr.	47.5	MWC Champ, 5/16	47.9	MWC Championship, 5/17
Mark Haywood	Fr.	48.0	Don Kirby Tailwind, 4/4		
Cheyne Dorsey	Soph.	48.2	Don Kirby Tailwind, 4/4		
Mustafa Mudada	Soph.	48.4	Don Kirby Tailwind, 4/4	47.5	Don Kirby Tailwind, 5/2
Alex Herring	Sr.	48.8	Don Kirby Tailwind, 4/4	48.7	4/6, Don Kirby Invt.
Peter Callahan	Sr.	50.2	Don Kirby Tailwind, 4/4		
Ross Matheson	Sr.	50.4	Don Kirby Tailwind, 4/4		
Elmar Engholm	Soph.	50.5	Don Kirby Tailwind, 4/4		

**400 METERS (MEN)**

		<b>UNM Record - Adolph Plummer, 45.14h, May 25, 1963 at WAC Champ (Arizona St.)</b>			
Chaz Lewis	Sr.	47.74@	New Mexico Quad, 4/10	47.30@	MWC Championship, 5/17
Mark Haywood	Fr.	48.13@	New Mexico Quad, 4/10	48.21@	Don Kirby Tailwind, 4/4
Chris Kline	Jr.	48.83@	Don Kirby Tailwind, 4/4	47.69@	MWC Championship, 5/17
Alex Herring	Sr.	49.54@	Don Kirby Tailwind, 4/4		
<i>Isaac Gonzales (Unatch, Fr.</i>		<i>50.65@</i>	<i>Don Kirby Tailwind, 4/4</i>		
Daniel Lam	Fr.	51.10@	Don Kirby Tailwind, 4/4		
Dominic Davis	Soph.	51.34@	Don Kirby Tailwind, 4/4	51.92@	Don Kirby Tailwind, 5/2
Beau Clifton	Fr.	52.32	MWC Decathlon, 5/13	53.60	Long Beach Invt, 4/18
Cheyne Dorsey	Soph.			49.90@	4/6, Don Kirby Invt.

**2015 BEST****ALL TIME BEST or PREVIOUS BEST**

<b>400 METERS HURDLES (WOMEN)</b>			UNM Record - Shannon Vessup, 58.10@, May 12, 1984 at High Country Champ (BYU)		
Ariel Burch	Sr.	64.13@	New Mexico Quad, 4/10		
Haley Sanner	Jr.	64.30@	Don Kirby Tailwind, 4/4	62.14	Beach Invitational, 4/19
Christina Clark	Jr.	66.03@	New Mexico Quad, 4/10	67.15@	Don Kirby Tailwind, 4/4
Holly VanGrinsven	Jr.			63.58	Brutus Hamilton Challenge,4/26

<b>400 METERS HURDLES (MEN)</b>			UNM Record - Fatweil Kimaiyo, 50.15, April 1978 at Texas Relays		
Mustafa Mudada	Soph.	52.21@	Don Kirby Tailwind, 4/4	52.54	Brutus Hamilton Challenge,4/26
Chaz Lewis	Sr.	52.75	Long Beach Invt, 4/18	50.55	NCAA Regional, May 30
Cheyne Dorsey	Soph.	54.03@	New Mexico Quad, 4/10	54.19@	Don Kirby Tailwind, 4/4

<b>800 METERS (WOMEN)</b>			UNM Record - Susan Vigil, 2:04.34h, 1979 at Michigan State		
Sophie Connor	Jr.	2:08.60@	Don Kirby Tailwind, 4/4		
Tamara Armoush	Sr.	2:10.67@	Don Kirby Tailwind, 4/4	2:11.83@	MWC Championship, 5/17
Zoe Howell	Jr.	2:12.06@	New Mexico Quad, 4/10		
Emily Hosker-Thornhill(Un)	Jr.	2:13.60@	Don Kirby Tailwind, 4/4		
Amber Zimmerman	Sr.	2:15.37	Triton Invitational, 4/25	2:11.79	Brutus Hamilton Challenge,4/26
Haley Butler-Moore (Un)	Fr.	2:20.63@	Don Kirby Tailwind, 4/4		
Kyra Mohns	Fr.	2:25.90	MWC Heptathlon, 5/14	2:26.54	Bryan Clay Heptathlon, 4/16
Adriana Lopez	Jr.	2:30.91@	New Mexico Quad, 4/10		
Samantha Bowe	Sr.	2:41.54	MWC Heptathlon, 5/14	2:35.24	5/10, MWC Heptathlon
Calli Thackery	Jr.			2:10.63	TraffordGrPr(Stretford), 7/24/12
Hannah Riker-Urrutia	Soph.			2:16.48	Beach Invitational, 4/19
Nicole Roberts	Sr.			2:24.41	Jim Click Invitational, 4/12
Holly VanGrinsven	Jr.			2:23.57	5/10, MWC Heptathlon
Nicola Hood	Sr.			2:24.33@	4/2/11, UNM Tailwind Invt.

<b>800 METERS (MEN)</b>			UNM Record - Sammy Kipkurgat, 1:46.02@, 1977		
Peter Callahan	Sr.	1:48.14@	New Mexico Quad, 4/10	1:50.43	Arizona State Invt, 3/28
Alex Herring	Sr.	1:48.53@	New Mexico Quad, 4/10	1:49.06	5/11, MWC Finals
Elmar Engholm	Jr.	1:50.48	Long Beach Invt, 4/18	1:52.05@	4/12, Air Force/N. Colorado
Ross Matheson	Sr.	1:51.90	Long Beach Invt, 4/18	1:52.33@	MWC Championship, 5/16
Todd Wakefield	Sr.	1:51.96	Baldy Castillo (ASU), 3/21	1:51.04	Washington, 4/29/2011
Adam Monroe (Unattach)	Fr.	1:55.40@	Don Kirby Tailwind, 4/4		
Matt Bergin	Jr.	1:56.31@	Don Kirby Tailwind, 4/4	1:54.37	BritAthLeague(Derby), 6/8/13
Chris Graham	Fr.	1:56.50@	Don Kirby Tailwind, 4/4		
Graham Thomas	Jr.			1:55.85@	4/6, Don Kirby Tailwind
Alex Cornwell	Sr.			1:53.14	BMCRegion (Eltham), 7/17/13

<b>1500 METERS (WOMEN)</b>			UNM Record, Josephine Moultrie, 4:14.44, April 28, 2013 at Payton Jordan/Stanford		
Calli Thackery	Jr.	4:15.41	Payton Jordan/Stanford, 5/2	4:21.73	BMCGrPrix)Solihull, 7/21/12
Tamara Armoush	Sr.	4:20.81	NCAA West Prelim, 5/30	4:22.85	Payton Jordan/Stanford, 5/2
Sophie Connor	Jr.	4:21.14	Payton Jordan/Stanford, 5/2	4:21.06	BritishCh(Sainsbury),7/13/13
Amber Zimmerman	Sr.	4:24.29	Payton Jordan/Stanford, 5/2	4:23.43	Payton Jordan/Stanford Invt,5/4
Nicole Roberts	Sr.	4:37.43@	New Mexico Quad, 4/10	4:29.45	Brutus Hamilton Challenge,4/26
Nicola Hood	Sr.	4:42.24@	Don Kirby Tailwind, 4/4	4:39.59	Brutus Hamilton Challenge,4/26
Anna Burton	Jr.	4:44.88@	Don Kirby Tailwind, 4/4		
Kendall Kelly (Unattach)	Fr.	4:44.95@	Don Kirby Tailwind, 4/4		
Maya Hena	Sr.	5:58.48@	Don Kirby Tailwind, 4/4	5:39.28@	Don Kirby Tailwind, 5/2
Helene Tambet	Jr.			4:50.85	Jim Click Invitational, 4/12

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****1500 METERS (MEN)**

Peter Callahan	Sr.	3:40.37
Elmar Engholm	Jr.	3:42.26
Alex Herring	Sr.	3:44.95
Todd Wakefield	Sr.	3:45.98
Matt Bergin	Jr.	3:48.86
Ross Matheson	Sr.	3:51.96
Zac Castillo	Fr.	3:55.80@
Julian Florez	Soph.	3:56.62@
Jesus Mendoza	Soph.	3:57.78@
Taylor Potter(Unattach)	Fr.	4:03.78@
Chris Graham	Soph.	4:06.14@
Tyler Valdez	Soph.	4:07.26@
Daniel Lam	Fr.	4:50.29
Beau Clifton	Fr.	5:16.22
Alex Cornwell	Sr.	
Graham Thomas	Jr.	
Donovan Torres	Jr.	

**3000 STEEPLE (WOMEN)**

Nicola Hood	Sr.	10:25.10
Amber Zimmerman	Sr.	10:30.11
Nicole Roberts	Sr.	10:31.09

**3000 STEEPLECHASE (MEN)**

Elmar Engholm	Jr.	8:46.49
Graham Thomas	Jr.	

**3000 (WOMEN)**

Nicola Hood	Sr.	10:15.08	Jim Click Invitational, 4/12
Adriana Lopez	Jr.	10:46.12@	Don Kirby Tailwind, 5/2

**3000 (MEN)**

Tyler Valdez	Soph.	9:13.36@	Don Kirby Tailwind, 4/4
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**5000 METERS (WOMEN)**

Calli Thackery	Jr.	15:42.57	
Alice Wright	Fr.	15:45.87	
Heleena Tambet	Soph.	16:48.33	
Anna Burton	Jr.	17:11.33	
Nicola Hood	Sr.	17:22.21	
Amber Zimmerman	Sr.		
Nicole Roberts	Sr.		
Tamara Armoush	Sr.		

**5000 METERS (MEN)**

Matt Bergin	Jr.	13:54.31	
Julian Florez	Jr.	14:23.20	
Zach Castillo	Fr.	14:36.37	
Jesus Mendoza	Soph.	15:22.96	
Alex Cornwell	Sr.		14:22.99@ MWC Championship, 5/17
Graham Thomas	Jr.		14:51.52@ MWC Championship, 5/17
Elmar Engholm	Jr.		14:56.70@ MWC Championship, 5/17

**10,000 METERS (WOMEN)**

Alice Wright	Fr.	32:56.33	
Heleena Tambet	Soph.	34:32.68	
Anna Burton	Jr.	35:11.80	
Emily Reese	Sr.	35:14.75	

**UNM Record - Lee Emanuel, 3:37.25, May 2, 2009 at Stanford Invitational**

Payton Jordan/Stanford, 5/2	3:39.90	NCAA Champ, Oregon, 6/14
Payton Jordan/Stanford, 5/2	3:45.43	4/19, Azusa Pacific/Bryan Clay
Long Beach Invt, 4/18	3:45.51	5/11, MWC Finals
Bryan Clay Invt, 4/17	3:41.31	PAC 12 Champ (USC), 5/4/13
Bryan Clay Invt, 4/17	3:44.84	BMC Series (Watford), 7/16/14
MWC Champ, 5/15	3:43.27	Bryan Clay Invitational, 4/18
Don Kirby Tailwind, 4/4		
Don Kirby Tailwind, 4/4		
Don Kirby Tailwind, 4/4		
Don Kirby Tailwind, 4/4		
New Mexico Quad, 4/10	4:05.20@	Don Kirby Tailwind, 5/2
New Mexico Quad, 4/10		
Bryan Clay Decathlon, 4/16		
MWC Decathlon, 5/14		
	3:44.19	Bryan Clay Invitational, 4/18
	3:43.34	BMCGrPrix(Sportcity),6/1/13
	3:54.50@	4/12, Air Force/N. Colorado
	4:09.13@	4/6, Don Kirby Tailwind Invt.

**UNM Record, Ruth Senior, 10:09.14, May 1, 2010 at Payton Jordan/Stanford Invt.**

NCAA West Prelim, 5/29	10:24.23	WorldTr(Birmingham),7/12/09
MWC Champ, 5/15	10:42.74	Triton Invitational, 4/25
Payton Jordan/Stanford, 5/2	10:30.52	Payton Jordan/Stanford Invt,5/4

**UNM Record - Harrison Koroso, 8:33.44h, April 2, 1977 at Texas Relays**

MWC Champ, 5/15	8:49.66	5/23, NCAA Regionals (Texas)
	9:07.59	Payton Jordan/Stanford Invt,5/4

**UNM Record - Sarah Waldron, 15:37.49, April 29, 2012 at Payton Jordan/Stanford Invt.**

Mt. Sac Relay, 4/17	16:18.98	NorthAth (Sportcity), 6/15/14
Payton Jordan/Stanford, 5/2		
Payton Jordan/Stanford, 5/2	16:53.41	Payton Jordan/Stanford, 5/4
MWC Champ, 5/16		
MWC Champ, 5/16	18:14.94@	MWC Championship, 5/17
	17:38.45@	MWC Championship, 5/17
	17:51.07@	MWC Championship, 5/17
	17:35.09	BUCSChamp(Bedford), 5/6/13

**UNM Record - Luke Caldwell, 13:29.94, April 28, 2013 at Payton Jordan/Stanford Invt.**

Payton Jordan/Stanford, 5/2	14:05.20	BMC GrPrix(Solihull), 5/18/13
Payton Jordan/Stanford, 5/2		
Bryan Clay Invt, 4/17		
MWC Champ, 5/16		
	14:22.99@	MWC Championship, 5/17
	14:51.52@	MWC Championship, 5/17
	14:56.70@	MWC Championship, 5/17

**UNM Record - Sarah Waldron, 32:36.07, April 6, 2012 at Stanford Invt.**

Stanford Invitational, 4/3		
Stanford Invitational, 4/3	35:06.56	Mt. Sac Relays, 4/17
MWC Champ, 5/16	35:33.76	Mt. Sac Relays 4/16
MWC Champ, 5/16	37:09.48	Mt. Sac Relays 4/16

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****10,000 METERS (MEN)**

Julian Florez	Jr.	29:33.71
Matt Bergin	Jr.	29:52.23
Jesus Mendoza	Soph.	30:13.80

**UNM Record - Ibrahim Kivina, 28:05.24h, 1984**

Mt. Sac Relays
MWC Champ, 5/15
Mt. Sac Relays

**4 x 100 RELAY (WOMEN)**

Caldwell, Myricks, Moran, Turner	46.46@
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**UNM Record - Gyasi-Nmako, Whyte, McMillen, Smith, 45.26@, 2000**

New Mexico Quad, 4/10	45.70@	Don Kirby Tailwind, 5/2
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**4 x 100 RELAY (MEN)**

Hamilton, Jones, Wiggins, Bajere	40.34
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**UNM Record - Rivers, Caminiti, Head, Matison, 40.24yh, March 26, 1966 at Fresno**

Baldy Castillo (ASU), 3/21
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**4 x 400 RELAY (WOMEN)**

Sanner, Howell, Cobb, Lewis	3:45.29
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**UNM Record - Gyasi-Nmako, Matthews, Smith, Whyte, 3:41.11@, 2000**

Mt. Sac Relays, 4/17	3:47.37@	MWC Championship, 5/17
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**4 x 400 RELAY (MEN)**

Mudada, Kline, Haywood, Dorsey	3:13.07
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**UNM Record - Ongwae, Dramiga, Kipkurgat, Solomon, 3:05.74yh, May 7, 1977 at WAC (BYU)**

Mt. Sac Relays, 4/17	3:11.24@	MWC Championship, 5/17
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**4 x1500 RELAY (WOMEN)**

Arter, Anderson, Thackery, Silva	17:35.25	Penn Relays, 4/25
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**4 x 1600 RELAY (MEN)**

Matheson, Shelley, Engholm, Callahan	16:22.75	Penn Relays, 4/26
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**DISTANCE MEDLEY (WOMEN)**

Thackery, Riker-Urrutia, Anderson, Boast	11:31.02	Penn Relays, 4/24
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**LONG JUMP (WOMEN)**

Casey Dowling	Jr.	19' 6 3/4" (+0.1)
Aasha Marler (Unatt)	Sr.	19' 1 1/2" (-1.2)
Yeshemabet Turner	Sr.	19' 1 1/4" (+2.4)
Samantha Bowe	Sr.	18' 11 1/4" (-1.0)
Jannell Hadnot	Soph.	18' 1 1/2" (-1.2)
Kyra Mohns	Fr.	17' 11 3/4" (+1.6)
Holly VanGrinsven	Jr.	

**UNM Record - Alesha Walker, 21' 4", April 12, 2008 at UTEP**

UTEP Twilight, 5/1	19' 2 1/2" (-1.9)	Don Kirby Tailwind, 4/4
Don Kirby Tailwind, 4/4	19' 9" (-0.6)	Don Kirby Tailwind, 5/2
MWC Champ, 5/15	20' 2 1/2" (+1.7)	5/10, MWC Championship
UTEP Twilight, 5/1	18' 7 1/4" (+2.2)	5/9, MWC Heptathlon
	18' 9" w (+4.5)	MWC Heptathlon, 5/15
UTEP Twilight, 5/1	18' 3 1/4" (-0.3)	Jim Click Invitational, 4/12
Long Beach Invt, 4/18	17' 8" (+0.6)	Don Kirby Tailwind, 4/4
	18' 1" (+0.7)	4/6, Don Kirby Tailwind Invt.

**LONG JUMP (MEN)**

Allan Hamilton	Jr.	25' 6 1/4" (0.0)
Yannick Roggatz	Jr.	24' 5" (+0.8)
Daniel Lam	Fr.	22' 2 1/4" (+2.1)
Warrick Campbell	Sr.	21' 8 1/4"
Beau Clifton	Fr.	20' 1/2"
Markus Miller	Sr.	
Will Carter	Sr.	

**UNM Record - Clarence Robinson, 26' 9 1/4", April 23, 1965 at Drake Relays**

Bryan Clay Invt, 4/17	25' 7 1/2" (+1.7)	Birmingham, 6/7/14
New Mexico Quad, 4/10	24' 7" (0.0)	Jim Click Invitational, 4/12
Bryan Clay Decathlon, 4/15	20' 1/2"	Don Kirby Tailwind, 4/4
MWC Champ, 5/15	22' 10" (-0.3)	MWC Championship, 5/16
MWC Decathlon, 5/13		
	20' 8 3/4" (-2.8)	4/12, Air Force/N. Colorado
	19' 11 1/2"	3/24/12, UTEP Springtime

**TRIPLE JUMP (WOMEN)**

Jannell Hadnot	Soph.	42' 4 1/4" (+0.2)
Yeshemabet Turner	Sr.	39' 1 1/4" (+3.4)
Aasha Marler (Unatt.)	Sr.	40' 10 1/4"
Casey Dowling	Jr.	

**UNM Record - Deanna Young, 43' 10 1/4", March 31, 2010 at Texas Relays**

MWC Champ, 5/16	42' 3/4" (+2.8)	Don Kirby Tailwind, 5/2
MWC Champ, 5/16	41' 11 1/4" (+0.3)	5/11, MWC Championship
UTEP Twilight, 5/1	40' 1/2" (0.0)	Beach Invitational, 4/19
	40' 0" (+0.0)	5/11, MWC Championship

**TRIPLE JUMP (MEN)**

Allan Hamilton	Jr.	50' 6 3/4" (+3.0)
Warrick Campbell	Sr.	50' 5 1/4"

**UNM Record - Dwayne Rudd, 54' 8 3/4", June 1, 1984 at NCAA Championship (Oregon)**

MWC Champ, 5/16	49' 1 1/2" (nwi)	Dublin Int. (Tallaght), 6/1/13
Don Kirby Tailwind, 4/4	51' 1 3/4" (+1.3)	NCAA Regional, 5/31

**HIGH JUMP (WOMEN)**

Samantha Bowe	Jr.	5' 5 3/4"
Kyra Mohns	Fr.	5' 3"
Holly VanGrinsven	Jr.	

**UNM Record - Margaret Metcalfe, 5' 11", 1979 at New York City**

MWC Heptathlon, 5/13	5' 6 1/2"	Bryan Clay Heptathlon, 4/17
New Mexico Quad, 4/10		
	5' 1"	5/8, MWC Heptathlon

**2015 BEST****ALL TIME BEST or PREVIOUS BEST****HIGH JUMP (MEN)**

Django Lovett	Sr.	6' 11 3/4"
Markus Miller (Unattach)	Sr.	6' 6"
Yannick Roggatz	Jr.	6' 5"
Daniel Lam	Fr.	6' 3/4"
Beau Clafton	Fr.	5' 10 1/2"

**UNM Record - Bob Marchetti, 7' 3", May 22, 1993 at WAC (UTEP)**

NCAA West Prelim, 5/28	7' 1 3/4"	5/13/11, MWC (ColoSt)
Don Kirby Tailwind, 4/4	6' 6 3/4"	5/10, MWC Championship
MWC Champ, 5/15	6' 2 3/4"	4/12, Air Force/N. Colorado
MWC Decathlon, 5/13	5' 8 1/2"	Bryan Clay Decathlon, 4/15
MWC Decathlon, 5/13		

**POLE VAULT (WOMEN)**

Annie Stirling	Jr.	12' 8"
Katherine Whiting	Fr.	12' 2"
Anna Duvall	Soph.	11' 9 3/4"
Morgan Smith	Fr.	10' 2"

**UNM Record - Margo Tucker, 13' 3 3/4", April 8, 2011 at Texas Relays**

MWC Champ, 5/15	12' 10 1/4"	MWC Championship, 5/16
New Mexico Quad, 4/10	11' 7 3/4"	Don Kirby Tailwind, 4/4
UTEP Twilight, 5/1	11' 2 1/4"	New Mexico Quad, 4/10
Don Kirby Tailwind, 4/4		

**POLE VAULT (MEN)**

Logan Pflibsen	Sr.	17' 8 1/2"
Daniel Lam	Fr.	14' 11"
Beau Clafton	Fr.	11' 3 3/4"

**UNM Record - Simon Arkell, 18' 2", 1991**

NCAA Champ, (Oregon), 6/10	17' 6 1/2"	NCAA West Prelim, 5/30
MWC Decathlon, 5/14	14' 9"	New Mexico Quad, 4/10
MWC Decathlon, 5/14		

**SHOT PUT (WOMEN)**

Allison Mady (Unattach)	Frosh	42' 11 1/2"
Samanth Bowe	Sr.	39' 3"
Amaris Blount (Unattach)	Frosh	37' 6 3/4"
Kyra Mohns	Fr.	35' 10 3/4"
Holly VanGrinsven	Jr.	

**UNM Record - Amanda Barnes, 52' 9 1/2", April 23, 2005 at UC-San Diego/Triton Invitational**

Don Kirby Tailwind, 4/4	41' 3 3/4"	UTEP Springtime, 3/21/15
MWC Heptathlon, 3/13	39' 10"	Bryan Clay Heptathlon, 4/17
UTEP Springtime Open, 3/21		
Bryan Clay Heptathlon, 4/15	35' 6"	New Mexico Quad, 4/10
	30' 3/4"	5/8, MWC Heptathlon

**SHOT PUT (MEN)**

Mike Budick (Unattach)	Frosh	51' 1/4"
Daniel Lam	Frosh	40' 10 1/4"
Beau Clafton	Frosh	36' 7"

**UNM Record - Darren Crawford, 61' 4", April 2, 1989 at UNM vs. Arizona dual**

UTEP Springtime Open, 3/21		
New Mexico Quad, 4/10		
New Mexico Quad, 4/10		

**DISCUS (WOMEN)**

Allison Mady (Unattach)	Frosh	138' 9"
Amaris Blount (Unatt)	Frosh.	86' 6"

**UNM Record - Amanda Barnes, 166' 11", April 30, 2005 at Don Kirby/UNM Invitational**

Don Kirby Tailwind, 4/4		
UTEP Springtime Open, 3/21		

**DISCUS (MEN)**

Mike Budick (Unattach)	Frosh	158' 0"
Daniel Lam	Fr.	130' 8"
Beau Clafton	Fr.	106' 5"
Andris Sturans(Unattach)	Fr.	81' 6"

**UNM Record - Ervin Jaros, 188' 5", 1970 at Modesto Relays**

UTEP Springtime Open, 3/21		
MWC Decathlon, 5/14	119' 10"	UTEP Twilight, 5/1
UTEP Twilight, 5/1	99' 6"	Don Kirby Tailwind, 4/4
Don Kirby Tailwind, 4/4		

**JAVELIN (WOMEN)**

Kyra Mohns	Fr.	111' 8"
Samantha Bowe	Sr.	109' 11"
Holly VanGrinsven	Jr.	

**UNM Record - Katie Coronado, 181' 0", April 2009 at Texas Relays**

MWC Heptathlon, 5/14	101' 4"	Bryan Clay Heptathlon, 4/16
MWC Heptathlon, 5/14	118' 11"	MWC Heptathlon, 5/15
	99' 3"	5/9, MWC Heptathlon

**JAVELIN (MEN)**

Mike Ellis	Sr.	205' 5"
Beau Clafton	Fr.	203' 7"
Marcus Simon	Jr.	197' 11"
Nik Aston	Soph.	181' 3"
Nolan Paranto	Jr.	169' 0"
Daniel Lam	Fr.	149' 8"

**UNM Record - Anthony Fairbanks, 225' 9", May 29, 2009 at NCAA Regional (Oklahoma)**

Triton Invitational, 4/25	200' 3"	Don Kirby Tailwind, 4/4
MWC Champ, 5/16	198' 2"	Don Kirby Tailwind, 4/4
New Mexico Quad, 4/10	193' 5"	Don Kirby Tailwind, 4/4
Don Kirby Tailwind, 4/4	179' 6"	Don Kirby Tailwind, 5/2
UTEP Twilight, 5/1	172' 11"	Don Kirby Tailwind, 5/2
MWC Decathlon, 5/14	128' 10"	Bryan Clay Decathlon, 4/16

**HAMMER THROW (WOMEN)**

Amaris Blount (Unatt)	Frosh.	169' 7"
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**UNM Record - Jamie Fishencord, 192' 6", April 30, 2005 at Don Kirby/UNM Invitational**

UTEP Twilight, 5/1	155' 1"	Don Kirby Tailwind, 4/4
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**HAMMER THROW (MEN)**

Mike Budick (Unattach)	Frosh.	143' 0"
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**UNM Record - Stephen Dunbar, 212' 5", May 5, 2000 at Don Kirby/UNM Invitational**

UTEP Twilight, 5/1	136' 2"	Don Kirby Tailwind, 4/4
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**2015 BEST****ALL TIME BEST or PREVIOUS BEST****HEPTATHLON (WOMEN)**

Samantha Bowe	Sr.	5115 points
Krya Mohns	Fr.	4913 points
Holly VanGrinsven	Jr.	

**UNM Record - Sandy Fortner, 5723, May 12-13, 2010 at MWC Championship (UNM)**

MWC Heptathlon, 5/13-14	5004 pts.	5/8-9, MWC Heptathlon
MWC Heptathlon, 5/13-14	4873 points	Bryan Clay Heptathlon, 4/16
	4783 pts.	5/8-9, MWC Heptathlon

**DECATHLON (MEN)**

Daniel Lam	Fr.	6844 points
Beau Clifton	Fr.	5786 points

**UNM Record - Gary Kinder, 7959, 1985 NCAA Championships at Texas**

MWC Decathlon, 5/13-14	6598 points	Bryan Clay Decathlon, 4/16
MWC Decathlon, 5/13-14		

# University of New Mexico Women's Outdoor Track & Field All Time Top Ten (1971-2015) (Revised June 13, 2015)

Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.

## HOW TO READ THE RANKINGS

<b>PERFORMERS</b>	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
<b>PERFORMANCES:</b>	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

## NOTES

<b>ALTITUDE:</b>	The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.
<b>HAND TIMING:</b>	Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".
<b>WIND READING:</b>	For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.
<b>YARDS:</b>	Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.
<b>DATES OF RANKING:</b>	Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

### 100 METERS - INDIVIDUAL

1.	Barbara Bell	11.42	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	11.48	April 5, 1981 at Texas Relays
3.	Pam Posey	11.53@	1985
4.	Amanda Fields	11.54h	May 2, 1981 at Kansas State
5.	Natanya Jones	11.63@	May 18, 1990 at WAC (Colorado State)(11.61 raw)
6.	Nicole Oates-Lee	11.69@	April 11, 1998 at New Mexico Twilight (11.66 raw)
7.	Terrian Florence	11.71@	May 18, 1990 at WAC (Colorado State)(11.69 raw)
8.	Kristian Matison	11.79@	May 13, 2006 at MWC (BYU) (11.76 raw)
9.	Dayna McMillen	11.81@	2001
	Adwoa Gyasi-Nmako	11.81@	May 5, 2000 at New Mexico (Don Kirby)

### 100 METER - PERFORMANCES

1.	Barbara Bell	11.42	1984
2.	Michelle Matthias	11.48	1981
3.	Barbara Bell	11.49	1983
4.	Barbara Bell	11.52	1984
5.	Pam Posey	11.53@	1985
6.	Amanda Fields	11.54h	1981
	Barbara Bell	11.54h	1984
7.	Michelle Matthias	11.55	1981
8.	Barbara Bell	11.57	1983
9.	Barbara Bell	11.58	1985

### 200 METERS - INDIVIDUAL

1.	Barbara Bell	23.44h	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	23.62	May 7, 1981 at AIAW Regionals (Utah)
	Adwoa Gyasi-Nmako	23.62@	May 17, 2000 at MWC (BYU)
4.	Ariel Burr	23.73@	April 28, 2007 at UNM (Don Kirby)(raw 23.66)
5.	Terrian Florence	23.77@	May 19, 1990 at WAC (Colorado State)(raw 23.70)
6.	Arline Smith	23.85	May 18m 2001 at MWC (San Diego)
7.	Natanya Jones	23.95@	May 16, 1990 at WAC (Colorado State)(raw 23.88)
8.	Tabitha Shaw	24.03@	2006
9.	Angela Whyte	24.05	May 5, 2000 at New Mexico (Don Kirby)
10.	Kayla Fisher-Taylor	24.06	May 10, 2013 at MWC Championship (UNLV)

### 200 METER - PERFORMANCES

1.	Barbara Bell	23.44h	1984
2.	Barbara Bell	23.59	1983
3.	Michelle Matthias	23.62	1981
	Adwoa Gyasi-Nmako	23.62@	2000
4.	Michelle Matthias	23.64h	1981
5.	Michelle Matthias	23.73	1981
	Ariel Burr	23.73@	2007
6.	Michelle Matthias	23.77	1981
	Terrian Florence	23.77@	1990
7.	Barbara Bell	23.82	1983

### 400 METERS - INDIVIDUAL

1.	Ariel Burr	52.85	May 26, 2007 at NCAA Regionals.
2.	Arline Smith	54.24	May 19, 2001 at MWC (San Diego)
3.	Shirley Pitts	54.49@	May 12, 2012 at MWC (Air Force)(raw 54.28)
4.	Adwoa Gyasi-Nmako	54.60@	April 1, 2000 at UTEP
5.	Shannon Vessup	54.75@	1983
6.	Holly Van Grinsven	54.79	May 15, 2015 at MWC (San Diego State)
7.	LeiAnna Matthews	54.88	May 17, 2000 at MWC (BYU)
8.	Tecia Chemabawi	55.03@	1977
9.	Haley Sanner	55.04@	May 2, 2014 at Don Kirby Tailwind (UNM)(54.93)
10.	Barbara Bell	55.06@	March 31, 1984 at Texas Tech (54.95 raw)

### 400 METER - PERFORMANCES

1.	Ariel Burr	52.85	2007
2.	Ariel Burr	52.93	2006
3.	Ariel Burr	53.04@	2006
4.	Ariel Burr	53.17	2007
5.	Ariel Burr	53.36	2006
6.	Ariel Burr	53.47@	2006
7.	Ariel Burr	53.48	2006
8.	Ariel Burr	53.98	2008
9.	Ariel Burr	54.00	2005
10.	Ariel Burr	54.02	2008

**800 METERS - INDIVIDUAL**

1.	Susan Vigil	2:04.34h	1979 at Michigan State
2.	Tecia Chemabawi	2:05.04h	1977
3.	Regina Dramiga	2:05.54h	1982
4.	Margaret Metcalf	2:07.49	1982
5.	Josephine Moultrie	2:07.54	May 11, 2013 at MWC Championship (UNLV)
6.	Cindy Ashby	2:07.84h	1978
7.	Chloe Anderson	2:08.08	March 30, 2013 at Stanford
8.	Suzie Boast	2:08.56@	May 17, 2014 at MWC Championship (Wyoming)
9.	Sophie Connor	2:08.60@	April 4, 2015 at New Mexico Don Kirby Tailwind
10.	Joan Sterrett	2:08.83	May 11, 1985 at High Country Champ. (UNM)

**1500 METERS - INDIVIDUAL**

1.	Josephine Moultrie	4:14.44	April 28, 2013 at Payton Jordan/Stanford Invt.
2.	Calli Thackery	4:15.41	May 2, 2015 at Payton Jordan/Stanford Invt.
3.	Charlotte Arter	4:16.94	April 19, 2013 at Mt. Sac Relays
4.	Sammy Silva	4:19.80	May 31, 2014 @ NCAA Regionals (Arkansas)
5.	Chloe Anderson	4:19.82	June 6, 2013 at NCAA Championship (Oregon)
6.	Suzie Boast	4:20.06	May 31, 2014 @ NCAA Regionals (Arkansas)
7.	Kristi Leonard	4:20.38	1985
8.	Tamara Armoush	4:20.81	May 29, 2015 at NCAA West Preliminary
9.	Carole Roybal	4:21.02@	1985
10.	Sophie Connor	4:21.14	May 2, 2015 at Payton Jordan/Stanford Invt.

**3000 STEEPLE - INDIVIDUAL**

1.	Ruth Senior	10:09.14	May 1, 2010 at Payton Jordan/Stanford Invt.
2.	Nicola Hood	10:25.10	May 29, 2015 at NCAA West Preliminary
3.	Imogen Ainsworth	10:27.13	April 28, 2013 at Payton Jordan/Stanford Invt.
4.	Amber Zimmerman	10:30.11	May 15, 2015 at MWC (San Diego State)
5.	Nicole Roberts	10:30.52	May 4, 2014 at Payton Jordan/Stanford Invt.
6.	Alex Darling	10:35.69@	May 13, 2011 @ MWC (Colorado St) (raw 10:52.41)
7.	Kara Henry	10:38.20	April 25, 2008 at Oregon Relays
8.	Emma Reed	10:52.54	May 1, 2011 at Steve Scott/Cal-Irvine Invitational
9.	Carolyn Boosey	10:56.74	April 5, 2008 at Stanford Invitational
10.	Kirsty Milner	11:10.04@	May 11, 2012 at MWC (Air Force)(raw 11.39.84)

**5000 METERS - INDIVIDUAL**

1.	Sarah Waldron	15:37.49	April 29, 2012 at Payton Jordan/Stanford Invt.
2.	Calli Thackery	15:42.57	April 17, 2015 at Mt. Sac Relays
3.	Alice Wright	15:45.87	May 2, 2015 at Payton Jordan/Stanford Invt.
4.	Ruth Senior	15:48.29	May 1, 2011 at Payton Jordan/Stanford Invitational
5.	Natalie Gray	15:52.73	April 14, 2011 at Mt. Sac Relays
6.	Josephine Moultrie	15:57.17	April 19, 2013 at Mt. Sac Relays
7.	Kathy Pfiefer	16:17.14h	1984
8.	Charlotte Arter	16:20.57	April 28, 2013 at Payton Jordan/Stanford Invt.
9.	Timmie Murphy	16:25.21@	May 25, 2007 at NCAA Regional
10.	Imogen Ainsworth	16:27.01	March 29, 2013 at Stanford

**10000 METERS - INDIVIDUAL**

1.	Sarah Waldron	32:36.07	April 6, 2012 at Stanford Invitational
2.	Alice Wright	32:56.33	April 3, 2015 at Stanford Invitational
3.	Natalie Gray	33:20.31	May 1, 2011 at Payton Jordan/Stanford Invitational
4.	Nicky Archer	33:32.83	March 26, 2010 at Stanford Invitational
5.	Ruth Senior	33:33.23	May 26, 2011 at NCAA West Regional (Oregon)
6.	Tangi Galloway	34:07.01	May 29, 1996 at NCAA (Oregon)
7.	Kathy Pfiefer	34:07.04h	1984
8.	Michelle Corrigan	34:12.30	April 10, 2009 at Mt. Sac Relays
9.	Timmie Murphy	34:17.47	April 13, 2007 at Mt. Sac Relays
10.	Lacey Oeding	34:27.53	April 19, 2012 at Mt. SAC Relays (Walnut, CA)

**100 HURDLES - INDIVIDUAL**

1.	Angela Whyte	13.41@	May 17, 2000 at MWC (BYU) (13.37 raw)
2.	Holly Van Grinsven	13.62 (+1.6)	April 25, 2015 at UC-San Diego Triton Invitational
3.	Precious Selmon	13.66@	April 2, 2011 at New Mexico Tailwind Invt. (13.62)
4.	Monica Crittenden	13.88	April 20, 1996 at Baylor/Dr. Pepper Invt.
5.	Tonia Thompson	14.08@	April 14, 1985 at New Mexico
6.	Sandy Fortner	14.09	June 9, 2010 at NCAA Heptathlon (Oregon)
7.	Lisa Teasdale Coleman	14.16@	March 15, 1997 at New Mexico (14.12 raw)
8.	Keren Sari-Bentzur	14.32	2002
9.	Jackie Bailey	14.34	May 10, 1985 at High Country Conference (UNM)
10.	Darcy Ahner	14.34	April 28, 1990 at Cal Irvine

**800 METER - PERFORMANCES**

1.	Susan Vigil	2:04.34h	1979
2.	Susan Vigil	2:04.64h	1979
3.	Tecia Chemabawi	2:05.04h	1977
4.	Regina Dramiga	2:05.54h	1982
5.	Susan Vigil	2:07.14h	1977
6.	Susan Vigil	2:07.44h	1978
7.	Margaret Metcalf	2:07.49	1982
8.	Josephine Moultrie	2:07.54	2013
9.	Josephine Moultrie	2:07.55	2012
10.	Susan Vigil	2:07.84h	1979
	Cindy Ashby	2:07.84h	1978

**1500 METER - PERFORMANCES**

1.	Josephine Moultrie	4:14.44	2013
2.	Calli Thackery	4:15.41	2015
3.	Charlotte Arter	4:16.94	2013
4.	Charlotte Arter	4:18.56	2014
5.	Charlotte Arter	4:19.03	2013
	Josephine Moultrie	4:19.03	2013
6.	Charlotte Arter	4:19.27	2013
7.	Charlotte Arter	4:19.46	2014
8.	Charlotte Arter	4:19.67	2014
9.	Sammy Silva	4:19.80	2014

**3000 STEEPLE - PERFORMANCES**

1.	Ruth Senior	10:09.14	2010
2.	Ruth Senior	10:13.48	2012
3.	Ruth Senior	10:15.46	2010
4.	Ruth Senior	10:18.24@	2011
5.	Ruth Senior	10:20.45	2010
6.	Ruth Senior	10:21.58	2012
7.	Ruth Senior	10:22.55	2012
8.	Nicola Hood	10:25.10	2015
9.	Nicola Hood	10:25.59	2015
10.	Nicola Hood	10:26.00	2014

**5000 METER - PERFORMANCES**

1.	Sarah Waldron	15:37.49	2012
2.	Calli Thackery	15:42.57	2015
3.	Alice Wright	15:45.87	2015
4.	Calli Thackery	15:47.15	2015
5.	Ruth Senior	15:48.29	2011
6.	Natalie Gray	15:52.73	2011
7.	Calli Thackery	15:53.26	2015
8.	Josephine Moultrie	15:57.17	2013
9.	Ruth Senior	15:57.32	2010
10.	Ruth Senior	16:15.94	2011

**10000 METER - PERFORMANCES**

1.	Sarah Waldron	32:36.07	2012
2.	Alice Wright	32:56.33	2015
3.	Sarah Waldron	32:58.84	2012
4.	Alice Wright	33:18.25	2015
5.	Natalie Gray	33:20.31	2011
6.	Nicky Archer	33:32.83	2010
7.	Ruth Senior	33:33.23	2011
8.	Alice Wright	33:41.86	2015
9.	Ruth Senior	33:42.10	2011
10.	Sarah Waldron	33:51.08	2011

**100 HURDLES - PERFORMANCES**

1.	Angela Whyte	13.41@	2000
2.	Angela Whyte	13.42	2000
3.	Angela Whyte	13.43	2000
	Angela Whyte	13.43	1999
4.	Angela Whyte	13.58	2000
5.	Holly Van Grinsven	13.62 (+1.6)	2015
6.	Precious Selmon	13.66@	2011
7.	Angela Whyte	13.67	1999
8.	Precious Selmon	13.68@	2011
9.	Holly Van Grinsven	13.68@(0.0)	2015

**400 HURDLES - INDIVIDUAL**

1.	Shannon Vessup	58.10@	May 12, 1984 at High Country Conf. (BYU)(57.99 raw)
2.	Catherine McKinney	59.79	1986
3.	Kim Perkins	59.88	April 25, 2009 at Cal/Brutus Hamilton Invt.
4.	Regina Dramiga	60.23@	1980 (60.06 raw)
5.	Lisa Teasdale Coleman	60.49	May 19, 2001 at MWC (San Diego)
6.	Michelle Richardson	60.69	April 20, 1986 at UTEP
7.	Natanya Jones	60.89@	May 20, 1989 at New Mexico (60.78 raw)
8.	Kisha Smith	61.54	May 18, 2001 at MWC (San Diego)
9.	Felicia DeVargas	61.68@	May 17, 2000 at MWC (BYU)
10.	Ashley Miknis	61.80@	May 15, 2010 at MWC (New Mexico) (raw 61.69)

**400 HURDLES - PERFORMANCES**

1.	Shannon Vessup	58.10@	1984
2.	Shannon Vessup	58.94	1983
3.	Catherine McKinney	59.79	1986
4.	Kim Perkins	59.88	2009
5.	Catherine McKinney	60.14h	1990
6.	Regina Dramiga	60.23@	1980
7.	Catherine McKinney	60.26	1988
8.	Regina Dramiga	60.34	1980
	Catherine McKinney	60.34	1990
9.	Shannon Vessup	60.46	1984

**4 x 100 RELAY**

1.	Adwoa Gyasi-Nmako, Anglea Whyte, Dayna McMillen, Arline Smith	45.26@	2000
2.	Amanda Fields, Michelle Matthias, Peggy Mallory, Charlotte Zepherin	45.49@	1981
3.	Brittany Myricks, Peri Moran, Haley Sanner, Aasha Marler Sandy Fortner, Alesha Walker, Ariel Burr, Kristan Matison	45.70@	May 2, 2014 @ Don Kirby Tailwind (UNM)(raw 45.58)
		45.70@	May 3, 2008 at New Mexico (Don Kirby)
5.	Pam Posey, Barbara Bell, Shannon Vessup, Patty Mack	45.71@	May 12, 1984 at High Country Conf. (BYU)(45.59 raw)
6.	Amanda Fields, Michelle Matthias, Pam Gutierrez, Charlotte Zepherin	45.74@	1981
7.	Kayla Fisher-Taylor, Yeshemabet Turner, Casey Dowling, Aasha Marler	45.80	May 11, 2013 at MWC Championship (UNLV)
8.	Pam Posey, Tonia Thompson, Jackie Bailey, Barbara Bell	46.04	1985
9.	NAMES OF TEAM MEMBERS UNKNOWN	46.05@	May 22, 1999 at WAC (Colorado State)
10.	Kristan Matison, Ariel Burr, Tabitha Shaw, Shakira Williams	46.09@	April 29, 2006 at New Mexico (Don Kirby)

**4 x 400 RELAY**

1.	Adwoa Gyasi-Nmako, LeiAnn Matthews, Arline Smith, Angela Whyte	3:41.11@	2000
2.	Tawsha Brazley, Jasmin McCray, Zoe Howell, Shirley Pitts	3:41.43	May 11, 2013 at MWC Championship (UNLV)
3.	Morine Laughlin, Natanya Jones, Terrian Florence, Catherine McKinney	3:44.14@	1990
4.	NAMES OF TEAM MEMBERS UNKNOWN	3:44.79@	1985
5.	Tina Hodge, Michelle Richardson, Terrian Florence, Catherine McKinney	3:45.05@	1988
6.	Haley Sanner, Zoe Howell, Faith Cobb, Holly VanGrinsven	3:45.29	April 17, 2015 at Mt. Sac Relays
7.	Ariel Burr, Sandy Fortner, KC Pritchard, Christine Zarrella	3:45.40@	May 12, 2007 at MWC
8.	Tawsha Brazley, Jasmin McCray, Zoe Howell, Shirley Pitts	3:45.48	April 20, 2013 at Long Beach Invitational
9.	Ariel Burr, Kristan Matison, Sandy Fortner, Christine Zarrella	3:45.71@	April 28, 2007 at New Mexico (Don Kirby)
10.	Ariel Burr, Shakira Williams, Sandy Fortner, KC Pritchard	3:46.45	April 1, 2006 at Cardinal & Gold Invt.

**LONG JUMP - INDIVIDUAL**

1.	Alesha Walker	21' 4"	April 12, 2008 at UTEP
2.	Lavern Clarke	20' 11 3/4"	April 14, 1990 at New Mexico
3.	Deanna Young	20' 6 1/4"	March 29, 2008 at UTEP
4.	Sandy Fortner	20' 4 1/2"	April 1, 2010 at Texas Relays Heptathlon
5.	Keren Sari-Bentzur	20' 3"	April 21, 2001 at Baylor
6.	Yeshemabet Turner	20' 2 1/2"	May 10, 2013 at MWC Championship (UNLV)
7.	Jackie Davis	19' 11 3/4"	1980
8.	Precious Selmon	19' 11" (+1.1)	April 2, 2011 at New Mexico Tailwind Invt.
9.	Aasha Marler	19' 9" (-0.6)	May 2, 2014 at Don Kirby Tailwind (UNM)
10.	Tara Spurlock	19' 8 1/4"	May 12, 1984 at High Country Conf. (BYU)

**LONG JUMP - PERFORMANCES**

1.	Alesha Walker	21' 4"	2008
2.	Alesha Walker	21' 0"	2008
3.	Lavern Clarke	20' 11 3/4"	1990
	Alesha Walker	20' 11 3/4"	2009
4.	Alesha Walker	20' 6 1/2"	2008
5.	Alesha Walker	20' 6 1/4"	2009
	Deanna Young	20' 6 1/4"	2008
6.	Lavern Clarke	20' 5 1/4"	1990
7.	Alesha Walker	20' 5"	2008
8.	Sandy Fortner	20' 4 1/2"	2010

**TRIPLE JUMP - INDIVIDUAL**

1.	Deanna Young	43' 10 3/4"	April 3, 2010 at Texas Relays
2.	Lavern Clarke	43' 1 1/2"	April 14, 1990 at New Mexico
3.	Jannell Hadnot	42' 4 1/4"	May 16, 2015 at MWC (San Diego State)
4.	Monique Harris	42' 2"	April 6, 2001 at Texas Relays
5.	Yeshemabet Turner	41' 11 1/4"	May 11, 2013 at MWC Championship (UNLV)
6.	Annette DiLorenzo	40' 11 1/2"	May 20, 1989 at High Country Conf. (New Mexico)
7.	Hagit Salamon	40' 1 1/2"	April 28, 2007 at New Mexico (Don Kirby)
8.	Aasha Marler	40' 1/2"	April 19, 2014 at Beach Invitational (Cerritos)
9.	Casey Dowling	40' 0"	May 11, 2013 at MWC Championship (UNLV)
10.	Susanna Oravainen	38' 11 1/2"	March 30, 1996 at New Mexico (Don Kirby)

**TRIPLE JUMP - PERFORMANCES**

1.	Deanna Young	43' 10 3/4"	2010
2.	Deanna Young	43' 7 3/4"	2010
3.	Deanna Young	43' 4 1/2"	2010
4.	Deanna Young	43' 4 1/4"	2010
5.	Deanna Young	43' 3 1/4"	2010
	Deanna Young	43' 3 1/4"	2010
6.	Deanna Young	43' 3"	2010
7.	Lavern Clarke	43' 1 1/2"	1990
8.	Deanna Young	43' 1/4"	2010
9.	Deanna Young	42' 11 3/4"	2010

**HIGH JUMP - INDIVIDUAL**

1.	Margaret Metcalf	5' 11"	1979 at New York City
2.	Kelli Myers	5' 10 3/4"	May 4, 2002 at UTEP Twilight
	Heidi Anderson	5' 10 3/4"	May 7, 1990 at New Mexico
	Darcy Ahner	5' 10 3/4"	April 13, 1989 at Lobo Heptathlon
5.	Tiyana Peters	5' 10 1/2"	May 31, 2008 at NCAA Regional
6.	Kim Werner	5' 9 1/4"	1987
7.	Aura Cook	5' 8 3/4"	1992
8.	Anita Marsland	5' 8"	1979
9.	Sandy Fortner	5' 7 3/4"	June 9, 2010 at NCAA Heptathlon (Oregon)
10.	Marin Schweigert	5' 7 1/4"	May 12, 2012 at MWC (Air Force)

**HIGH JUMP - PERFORMANCES**

1.	Margaret Metcalf	5' 11"	1979
2.	Kelli Myers	5' 10 3/4"	2002
	Heidi Anderson	5' 10 3/4"	1990
	Darcy Ahner	5' 10 3/4"	1989
3.	Tiyana Peters	5' 10 1/2"	2008
4.	Darcy Ahner	5' 10"	1989
	Tiyana Peters	5' 10"	2007
5.	Heidi Anderson	5' 9 3/4"	1989
6.	Kim Werner	5' 9 1/4"	1987
7.	Kim Werner	5' 9"	1986
	Kim Werner	5' 8 3/4"	1985
	Kim Werner	5' 8 3/4"	1986

**POLE VAULT - INDIVIDUAL**

1.	Margo Tucker	13' 3 3/4"	April 8, 2011 at Texas Relays
2.	Amber Menke	13' 3 1/2"	May 10, 2013 at MWC Championship (UNLV)
3.	Whitney Johnson	13' 1/4"	April 29, 2006 at New Mexico (Don Kirby)
4.	Bridgid Isworth	12' 11 3/4"	May 16, 2003 at MWC (New Mexico)
5.	Annie Stirling	12' 10 1/4"	May 16, 2014 at MWC (Wyoming)
6.	Kelly Fortner	12' 9 1/2"	May 14, 2010 at MWC (New Mexico)
7.	Nathalie Busk	12' 7 1/2"	May 11, 2012 at MWC (Air Force)
8.	Emily Heisler	12' 4 1/2"	April 12, 2014 at Jim Click Invitational
9.	Krissy Owen	12' 4"	1999
10.	Katie Coles	12' 2"	April 23, 2005 at UC San Diego Triton Invt.
	Julia Cook	12' 2"	April 16, 2011 at UTEP Invitational
	Katherine Whiting	12' 2"	April 10, 2015 at New Mexico Quad

**SHOT PUT - INDIVIDUAL**

1.	Amanda Barnes	52' 9 1/2"	April 23, 2005 at UC San Diego Triton Invt.
2.	Myra Smith	47' 5"	1994
3.	Terry Helleck	47' 2 1/4"	1982
4.	Sandy Fortner	46' 0"	May 14, 2008 at MWC Heptathlon
5.	Bobbi Hall	45' 7 3/4"	May 17, 2002 at MWC (Air Force)
6.	Briana Paxton	44' 11 1/2"	April 28, 2007 at New Mexico (Don Kirby)
7.	Misty Wyant	44' 2 1/2"	May 21, 1992 at WAC (Air Force)
8.	Chelsea Stephens	43' 4 1/2"	1996
9.	Sarah Swartwood	42' 9 3/4"	April 21, 2007 at UC San Diego Triton Invt.
10.	Lisa Longerot	42' 7"	March 26, 1988 at New Mexico

**DISCUS - INDIVIDUAL**

1.	Amanda Barnes	166' 11"	April 30, 2005 at New Mexico (Don Kirby)
2.	Briana Paxton	158' 10"	April 10, 2010 at UTEP
3.	Jamie Fishencord	152' 10"	April 30, 2005 at New Mexico (Don Kirby)
4.	Myra Smith	147' 4"	March 19, 1994 at New Mexico
5.	Sue Qualls	144' 8"	1983
6.	Lisa Longerot	144' 7"	April 9, 1988 at New Mexico
7.	Misty Wyant	144' 4"	1991
8.	Barbara Butler	142' 5"	1971 AIAW National Championship
9.	Bobbi Hall	142' 4"	March 23, 2002 at New Mexico (Lobo Open)
10.	Amy Ottinger	140' 10"	1992

**JAVELIN - INDIVIDUAL (NCAA began competition with "new" javelin in 2000)**

1.	Katie Coronado	181' 0"	April, 2009 at Texas Relays
2.	Veronica Gonzales	152' 1"	May 1, 2004 at New Mexico (Don Kirby)
3.	Jessica McIntyre	144' 10"	March 18, 2005 at Arizona State
4.	Kayla Brown	142' 5"	March 19, 2004 at Arizona State
	Vanessa Strobbe	142' 5"	March 31, 2007 at Arizona
	Lexi Ross	142' 5"	April 6, 2013 at Don Kirby Tailwind Invitational
7.	Sandy Fortner	133' 7"	May 14, 2008 at MWC Heptathlon
8.	Jessica McCall	127' 0"	April 15, 2005 at Mesa Track Classic
9.	Greer Crabtree	124' 6"	March 24, 2012 at UTEP Springtime Invitational
10.	Susanne Oravainen	122' 9"	May 15, 2000 at MWC Heptathlon (BYU)

**HAMMER - INDIVIDUAL**

1.	Jamie Fishencord	192' 6"	April 30, 2005 at New Mexico (Don Kirby)
2.	Sarah Swartwood	160' 10"	May 14, 2010 at MWC (New Mexico)
3.	Amanda Barnes	155' 3"	April 9, 2004 at Mesa Track Classic
4.	Tami Williams	150' 11"	April 23, 2010 at Brutus Hamilton (Cal-Berekley)
5.	Chelsea Stephens	149' 11"	1997
6.	Briana Paxton	137' 7"	April 29, 2006 at New Mexico (Don Kirby)
7.	Nicole Manning	132' 0"	April 14, 2007 at UTEP
8.	Angelica Bernaert	119' 0"	March 24, 2001 at New Mexico (Don Kirby)
9.	Vanessa Frangos	117' 1"	March 25, 2006 at Arizona
10.	Sarah Nichol森	103' 9"	March 2, 1996 at Arizona State

**HEPTATHLON - INDIVIDUAL**

1.	Sandy Fortner	5723	May 13, 2010 at MWC (New Mexico)
2.	Darcy Ahner	5419	April 19, 1990 at Cal Irvine
3.	Keren Sari-Bentzur	5371	April 19, 2002 at Mt. Sac Relays
4.	Samantha Bowe	5115	May 13-14, 2015 at MWC (San Diego State)
5.	Heidi Anderson	4955	May 15, 1990 at WAC (Colorado State)
6.	Kyra Mohns	4913	May 13-14, 2015 at MWC (San Diego State)
7.	Susanna Oravainen	4861	March 15, 1997 at Lobo Multi
8.	Holly VanGrinsven	4783	May 8-9, 2013 at MWC (UNLV)
9.	Kitrian Martin	4753	May 15, 1990 at WAC (Colorado State)
10.	Melissa Guanella	4481	May 16, 2000 at MWC (BYU)

**POLE VAULT - PERFORMANCES**

1.	Margo Tucker	13' 3 3/4"	2011
2.	Amber Menke	13' 3 1/2"	2013
3.	Amber Menke	13' 1 3/4"	2013
4.	Amber Menke	13' 1 1/2"	2013
5.	Amber Menke	13' 3/4"	2011
	Amber Menke	13' 3/4"	2011
	Margo Tucker	13' 3/4"	2011
	Margo Tucker	13' 3 3/4"	2014
6.	Whitney Johnson	13' 1/4"	2006
	Amber Menke	13' 1/4"	2013
7.	Bridgid Isworth	12' 11 3/4"	2003
	Margo Tucker	12' 11 3/4"	2011
	Amber Menke	12' 11 3/4"	2011

**SHOT PUT - PERFORMANCES**

1.	Amanda Barnes	52' 9 1/2"	2005
2.	Amanda Barnes	52' 1 1/4"	2005
3.	Amanda Barnes	51' 11 1/4"	2005
4.	Amanda Barnes	51' 7 3/4"	2005
5.	Amanda Barnes	51' 1 1/2"	2005
6.	Amanda Barnes	50' 11"	2004
7.	Amanda Barnes	49' 5"	2004
8.	Amanda Barnes	48' 10 3/4"	2004
9.	Amanda Barnes	48' 6 1/4"	2003
10.	Amanda Barnes	48' 1 1/4"	2003

**DISCUS - PERFORMANCES**

1.	Amanda Barnes	166' 11"	2005
2.	Briana Paxton	158' 10"	2010
3.	Briana Paxton	157' 4"	2010
4.	Jamie Fishencord	152' 10"	2005
5.	Jamie Fishencord	151' 9"	2004
6.	Amanda Barnes	151' 8"	2004
7.	Briana Paxton	151' 3"	2010
8.	Amanda Barnes	149' 5"	2005
9.	Jamie Fishencord	149' 5"	2005
10.	Briana Paxton	149' 4"	2010

**JAVELIN (NEW) - PERFORMANCES**

1.	Katie Coronado	181' 0"	2009
2.	Katie Coronado	179' 9"	2009
3.	Katie Coronado	179' 6"	2008
4.	Katie Coronado	178' 11"	2008
5.	Katie Coronado	178' 7"	2008
6.	Katie Coronado	177' 6"	2008
7.	Katie Coronado	176' 1"	2008
8.	Katie Coronado	174' 6"	2009
9.	Katie Coronado	171' 5"	2008
10.	Katie Coronado	169' 10"	2007

**HAMMER - PERFORMANCES**

1.	Jamie Fishencord	192' 6"	2005
2.	Jamie Fishencord	184' 0"	2006
3.	Jamie Fishencord	183' 9"	2005
4.	Jamie Fishencord	180' 10"	2005
5.	Jamie Fishencord	180' 5"	2005
6.	Jamie Fishencord	179' 4"	2004
7.	Jamie Fishencord	179' 2"	2004
8.	Jamie Fishencord	178' 11"	2004
9.	Jamie Fishencord	178' 6"	2006
10.	Jamie Fishencord	177' 8"	2006

(14.19-5' 7"-44' 2 3/4"-24.97-20' 6 1/4"-124' 9"-2:28.59)

(14.43-5' 7 1/4"-35' 5 3/4"-26.95-18' 1 3/4"-153' 0"-2:21.09)

(14.26 - 5' 5 3/4" - 39' 3" - 26.09 - 19' 3 1/4" - 109' 11" - 2:41.54)

(15.33-5' 8 1/2"-33' 3 1/2"-26.29"-175' 1/2"-95' 3"-2:19.32)

(14.93-5' 2 1/4" 34' 0" - 25.53 - 17' 7" - 111' 8" - 2:25.90)

(14.95-5' 1"-30' 3/4"-25.59-17' 11 1/2"-99' 3"-2:23.57)

(14.99 - 5' 5" - 30' 0" - 26.65 - 18' 6" - 97' 2" - 2:30.34)

# University of New Mexico Men's Outdoor Track & Field

## All Time Top Ten (1971-2015) (Revised June 13, 2015)

*Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.*

### HOW TO READ THE RANKINGS

<b>PERFORMERS</b>	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
<b>PERFORMANCES:</b>	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

### NOTES

**ALTITUDE:** The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.

**HAND TIMING:** Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".

**WIND READING:** For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.

**YARDS:** Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.

**RETIRED EVENTS:** Certain events are no longer contested in the NCAA and those rankings have become "retired", but I wanted to list them to show the excellence achieved by those men. Those events are: 100 yards, 1 Mile, 2 Miles, 3 Miles, 120 yard Hurdles.

**DATES OF RANKING:** Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

#### 100 METERS - INDIVIDUAL

1.	Gabriel Okon	10.17@	April 19, 1986 at New Mexico (raw 10.14)
2.	Beejay Lee	10.28	June 6, 2012 at NCAA Championship (Drake) (+1.3)
3.	Lamaar Thomas	10.36@	May 15, 2010 at MWC (New Mexico) (raw 10.33)
4.	Jermaine McQueen	10.37@	May 15, 2009 at MWC (Wyoming) (raw time of 10.31)
5.	Dwayne Rudd	10.44	May 7, 1984 at WAC Champ. (San Diego State)
6.	Scott Bajere	10.51 (+0.3)	May 15, 2015 at MWC (San Diego State)
	Kevin Evans	10.51@	1979
8.	Quincy Wright	10.53@	May 18, 2002 at MWC (Air Force)
9.	Aaron Brack	10.56@	May 12, 2006 at MWC (BYU) (raw time of 10.53)
10.	Rishard Stafford	10.57	April 11, 1998 at Lobo Twilight
	David Lloyd	10.57@	May 17, 2003 at MWC (New Mexico) (raw 10.54)

#### 100 METER - PERFORMANCES

1.	Gabriel Okon	10.17@	1986
2.	Gabriel Okon	10.27	1987
3.	Beejay Lee	10.28	2012
4.	Gabriel Okon	10.34hw	1986
	Gabriel Okon	10.36	1986
5.	Lamaar Thomas	10.36@	2010
6.	Jermaine McQueen	10.37@	2009
7.	Beejay Lee	10.38	2012
8.	Lamaar Thomas	10.41	2010
	Dwayne Rudd	10.44	1984
	Gabriel Okon	10.44h	1986

#### 200 METERS - INDIVIDUAL

1.	Gabriel Okon	20.44h(+1.1)	1987
2.	Tony Eziuka	20.74h	1990
	Bernie Rivers	20.74yh	March 19, 1966 at San Diego State
4.	Adolph Plummer	20.84yh	March 24, 1962 UNM vs. BYU at New Mexico
5.	Jermaine McQueen	20.95@	May 16, 2009 at MWC (Wyoming)(raw time 20.83)
	Ahmed Raji	20.95@	2003
7.	Larry Davis	20.96	May 18, 2001 at MWC (San Diego)
8.	Art Carter	21.04yh	April 3, 1965, UNM vs. USC at New Mexico
9.	Beejay Lee	21.09(+0.8)	April 20, 2012 at Mt. SAC Relays (Walnut, CA)
10.	Dick Howard	21.14yh	March 28, 1959, vs. Arizona/Wyoming at UNM

#### 200 METER - PERFORMANCES

1.	Gabriel Okon	20.44h (+1.1)	1987
2.	Gabriel Okon	20.51@	1986
3.	Gabriel Okon	20.65	1986
4.	Gabriel Okon	20.73	1986
5.	Tony Eziuka	20.74h	1990
	Bernie Rivers	20.74yh	1966
6.	Gabriel Okon	20.84h	1986
	Bernie Rivers	20.84yh	1964
	Bernie Rivers	20.84yh	1964
	Adolph Plummer	20.84yh	1962

#### 400 METERS - INDIVIDUAL

1.	Adolph Plummer	45.14yh	May 25, 1963 at WAC Champ. (Arizona State)
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	May 16, 2009 at MWC (Wyoming) (raw time 45.68)
4.	Tony Eziuka	45.97	1990
5.	Charles Dramiga	46.14	1978
6.	Jeremiah Ongwae	46.25@	1977
7.	Art Carter	46.54yh	May 1, 1965, UNM vs. BYU/ACU at New Mexico
8.	Ian Stewart	46.59	May 2, 1998 at New Mexico Don Kirby
9.	Ken Head	46.64yh	April 23, 1966, UNM vs. Arizona/Arz. St at ASU
10.	Silver Ayoo	46.66	1980

#### 400 METER - PERFORMANCES

1.	Adolph Plummer	45.14yh	1963
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	2009
4.	Michael Solomon	45.94h	1977
5.	Tony Eziuka	45.97	1990
6.	Michael Solomon	46.04h	1977
7.	Charles Dramiga	46.14	1978
8.	Michael Solomon	46.15	1976
9.	Michael Solomon	46.19	1976
10.	Tony Eziuka	46.20	1991

**800 METERS - INDIVIDUAL**

1.	Sammy Kipkurgat	1:46.02@	1977
2.	Jeremiah Ongwae	1:46.35	1979
3.	Pete Serna	1:48.02	1983
4.	Peter Callahan	1:48.14@	April 10, 2015 at New Mexico Quad (raw1:48.79))
5.	Mark Romero	1:48.25@	1977
6.	Jim Dupree	1:48.34yh	1960 at Stanford
7.	Alex Herring	1:48.53@	April 10, 2015 at New Mexico Quad (raw1:49.18)
8.	Richie Martinez	1:48.54@	1986
9.	Lee Emanuel	1:48.80@	May 15, 2010 at MWC (New Mexico) (raw 1:49.46)
10.	Gabe Aragon	1:49.01@	May 2, 2014 at Don Kirby Tailwind (raw-1:49.66)

**1500 METERS - INDIVIDUAL**

1.	Lee Emanuel	3:37.25	May 2, 2009 at Stanford Invitational
2.	Kip Koskei	3:38.66@	1979
3.	Peter Callahan	3:39.90	June 14, 2014 at NCAA Championship (Oregon)
4.	Sammy Kipkurgat	3:40.87@	1977
5.	Greg Keith	3:41.07@	1986
6.	David Bishop	3:41.12	April 15, 2011 at Mt. Sac Relays
7.	Ross Millington	3:42.15@	May 15, 2010 at MWC (New Mexico)(raw 3:47.48)
8.	Elmar Engholm	3:42.26	May 2, 2015 at Payton Jordan/Stanford Invt.
9.	Richie Martinez	3:42.64h	1986
10.	Matt Gonzales	3:42.83	May 31, 2003 at NCAA Regional

**3000 STEEPLE - INDIVIDUAL**

1.	Harrison Koroso	8:33.44h	April 2, 1977 at Texas Relays
2.	Ibrahim Hussein	8:37.77	May 31, 1983 at NCAA (Houston)
3.	Tom Glass	8:38.64h	1986
4.	Jay Miller	8:44.74h	April 4, 1975 at Texas Relays
5.	Elmar Engholm	8:46.49	May 15, 2015 at MWC (San Diego State)
6.	Adrian DeWindt	8:50.24h	1968
7.	Web Loudat	8:50.43@	1967
8.	Alex Willis	8:59.84	May 1, 2011 at Payton Jordan/Stanford Invt.
9.	Adam Kedge	9:00.73@	1988
10.	Pat Mulkey	9:04.24h	April 6, 1991 at Arizona State

**5000 METERS - INDIVIDUAL**

1.	Luke Caldwell	13:29.94	April 28, 2013 at Payton Jordan/Stanford Invt.
2.	Lee Emanuel	13:31.56	April 16, 2010 at Mt. Sac Relays
3.	Matt Gonzales	13:35.59	May 30, 2004 at Payton Jordan/Stanford Open
4.	Chris Barnicle	13:36.02	April 16, 2010 at Mt. Sac Relays
5.	Ross Millington	13:36.39	May 28, 2011 @ NCAA West Regional (Oregon)
6.	Rory Fraser	13:39.37	April 14, 2011 at Mt. Sac Relays
7.	Ibrahim Kivina	13:39.45	1984
8.	Nicholas Kipruto	13:41.90	May 28, 2011 @ NCAA West Regional (Oregon)
9.	Bill Mangan	13:44.24h	March 20, 1986 at Cal St LA
10.	Ibrahim Hussien	13:45.84h	1984

**10000 METERS - INDIVIDUAL**

1.	Ibrahim Kivina	28:05.24h	1984
2.	Kip Koskei	28:06.24h	1979
3.	Ibrahim Hussein	28:10.24h	1984
4.	Chris Barnicle	28:10.59	May 1, 2010 at Payton Jordan/Stanford Invitational
5.	Matt Gonzales	28:17.46	May 1, 2005 at Stanford
6.	Keith Gerrard	28:27.03	May 1, 2011 at Payton Jordan/Stanford Invitational
7.	Jeremy Johnson	28:33.08	May 4, 2008 at Stanford
8.	Rory Fraser	28:41.01	May 1, 2011 at Payton Jordan/Stanford Invitational
9.	Adam Bitchell	28:50.43	April 4, 2014 at Stanford Invitational
10.	Matt Ashton	28:50.93	May 2, 2009 at Stanford

**110 HURDLES - INDIVIDUAL**

1.	Fatweil Kimaiyo	13.68	June 1, 1978 at NCAA Championships
2.	Willie Goldsmith	13.80	1985
3.	Shawn Taylor	14.07@	1987
4.	Kwane Stewart	14.18@	May 1, 1993 at UNM (Don Kirby) (14.14 raw)
5.	Chris Barela	14.25@	May 12, 1988 at New Mexico (14.22 raw)
6.	De'Vron Walker	14.32(-1.2)	April 20, 2012 at Mt. SAC Relays (Walnut, CA)
7.	Marlon Gates	14.42@	1975
8.	Chris Garofola	14.48	May 12, 2004 at MWC (UNLV)
9.	Brian Wilson	14.55@	May 12, 2011 @ MWC Decathlon (CSU) (14.51 raw)
10.	Trini Avila	14.56@	1988

**800 METER - PERFORMANCES**

1.	Sammy Kipkurgat	1:46.02@	1977
2.	Jeremiah Ongwae	1:46.35	1979
3.	Sammy Kipkurgat	1:46.54h	1977
4.	Sammy Kipkurgat	1:46.56	1977
5.	Sammy Kipkurgat	1:46.64	1978
6.	Sammy Kipkurgat	1:47.83	1977
7.	Sammy Kipkurgat	1:47.97	1978
8.	Pete Serna	1:48.02	1983
9.	Peter Callahan	1:48.14@	2015
10.	Mark Romero	1:48.25@	1977

**1500 METER - PERFORMANCES**

1.	Lee Emanuel	3:37.25	2009
2.	Lee Emanuel	3:37.99	2009
3.	Kip Koskei	3:38.66@	1979
4.	Lee Emanuel	3:38.79	2010
5.	Lee Emanuel	3:38.81	2010
6.	Lee Emanuel	3:39.66	2009
7.	Lee Emanuel	3:39.66@	2010
8.	Peter Callahan	3:39.90	2014
9.	Lee Emanuel	3:39.91	2009
10.	Kip Koskei	3:39.94h	1979

**3000 STEEPLE - PERFORMANCES**

1.	Harrison Koroso	8:33.44h	1977
2.	Harrison Koroso	8:33.84h	1978
3.	Ibrahim Hussein	8:37.77	1983
4.	Ibrahim Hussein	8:38.05	1983
5.	Tom Glass	8:38.64h	1986
6.	Harrison Koroso	8:42.45	1978
7.	Jay Miller	8:44.74h	1975
8.	Elmar Engholm	8:46.49	2015
9.	Elmar Engholm	8:49.66	2013
10.	Adrian DeWindt	8:50.24h	1968

**5000 METER - PERFORMANCES**

1.	Luke Caldwell	13:29.94	2013
2.	Lee Emanuel	13:31.56	2010
3.	Luke Caldwell	13:33.28	2014
4.	Matt Gonzales	13:35.59	2004
5.	Chris Barnicle	13:36.02	2010
6.	Ross Millington	13:36.39	2011
7.	Rory Fraser	13:39.37	2011
8.	Rory Fraser	13:39.40	2011
9.	Ibrahim Kivina	13:39.45	1984
10.	Rory Fraser	13:39.85	2009

**10000 METER - PERFORMANCES**

1.	Ibrahim Kivina	28:05.24h	1984
2.	Kip Koskei	28:06.24h	1979
3.	Ibrahim Hussein	28:10.24h	1984
4.	Chris Barnicle	28:10.59	2010
5.	Matt Gonzales	28:17.46	2005
6.	Matt Gonzales	28:22.77	2004
7.	Matt Gonzales	28:26.88	2003
8.	Keith Gerrard	28:27.03	2011
9.	Jeremy Johnson	28:33.08	2008
10.	Keith Gerrard	28:36.33	2011

**110 HURDLES - PERFORMANCES**

1.	Fatweil Kimaiyo	13.68	1978
2.	Fatweil Kimaiyo	13.70	1977
3.	Willie Goldsmith	13.80	1985
4.	Shawn Taylor	14.07@	1987
5.	Kwane Stewart	14.18@	1993
6.	Shawn Taylor	14.20	1988
7.	Shawn Taylor	14.21	1988
8.	Chris Barela	14.25@	1988
9.	Kwane Stewart	14.27	1992
10.	Kwane Stewart	14.29	1993

**400 HURDLES - INDIVIDUAL**

1.	Fatweil Kimaiyo	50.15	April, 1978 at Texas Relays
2.	Chaz Lewis	50.55	May 30, 2014 @ NCAA Regionals (Arkansas)
3.	Mel Powers	50.57	May 8, 1976 at WAC Championship
4.	Dick Howard	50.64yh	April 18, 1959 at Kansas Relays
5.	David Lloyd	50.75@	March 30, 2002 at UTEP
6.	Silver Ayoo	51.17	1980 at Texas Relays
7.	Bobby Lewis	51.34h	1985
8.	Ken Ohman	51.44yh	April 7, 1972 at Texas Relays
9.	Daniel Dramiga	51.94h	1985
10.	Yusuf Muhammad	52.12@	May 14, 2011 @ MWC Champ (CSU) (52.01 raw)

**400 HURDLES - PERFORMANCES**

1.	Fatweil Kimaiyo	50.15	1978
2.	Fatweil Kimaiyo	50.22	1978
3.	Chaz Lewis	50.55	2014
4.	Mel Powers	50.57	1976
5.	Dick Howard	50.64yh	1959
6.	Fatweil Kimaiyo	50.65	1978
7.	Dick Howard	50.74yh	1959
8.	David Lloyd	50.75@	2002
9.	Fatweil Kimaiyo	50.81	1979
10.	Chaz Lewis	50.86	2014

**4 x 100 RELAY**

1.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.24yh	March 26, 1966 at Fresno
2.	Thomas Trujillo, Jarrin Solomon, Phil Reid, Jermaine McQueen	40.30@	May 16, 2009 at MWC (Wyoming) (raw time 40.06)
3.	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere	40.34	March 21, 2015 at Arizona State Baldy Castillo Invt.
4.	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas	40.35	May 29, 2010 at NCAA Regional (Texas)
5.	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere	40.45	May 30, 2015 @ NCAA Regional (Texas)
6.	Chris Garofola, David Lloyd, Rashawn Jackson, Ahmed Raji	40.47	May 30, 2003 at NCAA Regional (Nebraska)
7.	Allan Hamilton, Ridge Jones, Carlos Wiggins, Scott Bajere	40.52@	May 1, 2015 @ UTEP Twilight
8.	Harvey Blair, Walter Little, Ed Lloyd, Bernie Rivers	40.54yh	May 9, 1964 at New Mexico vs. Southern Cal Striders
9.	Art Carter, Steve Caminiti, Rene Matison, Bernie Rivers	40.54yh	May 1, 1965 at New Mexico vs. BYU & Abilene Christian
10.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.54yh	May 13, 1967 at West Coast Relays

**4 x 400 RELAY**

1.	Jeremiah Ongwae, Charles Dramiga, Sammy Kipkurgat, Michael Solomon	3:05.74yh	May 7, 1977 at WAC (BYU)
2.	Art Carter, Rene Matison, Bernie Rivers, Ken Head	3:06.84yh	May 7, 1966 at UNM vs. Houston/ACU/Texas Western
3.	Art Carter, Joe Garcia, Ed Lloyd, Adolph Plummer	3:08.34yh	May, 1963 at UCLA
4.	David Lloyd, Nick Lott, Chris Garofola, Ahmed Raji	3:10.63	April 12, 2003 at LSU
5.	Fred James, Matt Henry, Reid Cole, Keith Ohman	3:10.64yh	May 13, 1973 at WAC
6.	Taylor Siemen, Kurt Henry, Jarrin Solomon, Randle McCain	3:10.72	March 31, 2007 at Arizona
7.	Chris Kline, Mustafa Mudada, Chaz Lewis, Gabe Aragon	3:11.24@	May 17, 2014 at MWC Champ. (Wyoming)
8.	Bernie Rivers, Walter Little, Ed Lloyd, Art Carter	3:11.44yh	April 11, 1964 at Abilene Christian
9.	Lott, Larry Davis, Ian Stewart, Matt Bishop	3:11.80	2001
10.	TEAM MEMBERS NAMES UNKNOWN	3:11.87@	1987

**LONG JUMP - INDIVIDUAL**

1.	Clarence Robinson	26' 9 1/4"	April 23, 1965 at Drake Relays
2.	Kendall Spencer	26' 8 1/4"	April 7, 2012 at UNM Tailwind Invt (wind +0.8)
3.	Fidelis Ndyabagye	26' 1 3/4"	1985
4.	Dwayne Rudd	25' 10"	1984
5.	Skip Peterson	25' 9 1/2"	1975
6.	Del Blanks	25' 7"	May 27, 1961 at Skyline Championship (BYU)
7.	Allan Hamilton	25' 6 1/4"	April 17, 2015 @ Bryan Clay Invt, (wind 0.0)
8.	Ken Medley	25' 5 3/4"	1962
9.	Ira Robinson	25' 5 1/4"	May, 1966 at New Mexico (AAU Championship)
10.	Bob Nance	25' 3 3/4"	April 13, 1974 at Texas Relays

**LONG JUMP - PERFORMANCES**

1.	Clarence Robinson	26' 9 1/4"	1965
2.	Kendall Spencer	26' 9 1/4"	2012
3.	Fidelis Ndyabagye	26' 1 3/4"	1985
4.	Dwayne Rudd	25' 10"	1984
5.	Clarence Robinson	25' 10"	1965
6.	Skip Peterson	25' 9 1/2"	1975
7.	Clarence Robinson	25' 7 1/2"	1965
8.	Fidelis Ndyabagye	25' 7"	1985
9.	Del Blanks	25' 7"	1961
10.	Clarence Robinson	25' 6 1/4"	1965
11.	Allan Hamilton	25' 6 1/4"	2015

**TRIPLE JUMP - INDIVIDUAL**

1.	Dwayne Rudd	54' 8 3/4"	June 1, 1984 at NCAA (Oregon)
2.	Floyd Ross	54' 6"	June 8, 2012 at NCAA (Drake)
3.	Mikael Bernhardt	53' 1"	1975
4.	Chuck Steffes	53' 0"	June 2, 1972 at NCAA (Oregon)
5.	Clarence Robinson	52' 8 1/4"	May 22, 1965 at UNM (WAC)
6.	Art Baxter	52' 8"	May 19, 1967 at UNM (WAC)
7.	Warrick Campbell	51' 1 3/4"	May 31, 2014 @ NCAA Regionals (Arkansas)
8.	Ty Kirk	50' 11"	May 2, 2009 at UNM (Don Kirby Invt.)
9.	Neal Aphane	50' 2 3/4"	May 17, 2014 at MWC Champ (Wyoming)
10.	Ira Robinson	50' 1/4"	1967

**TRIPLE JUMP - PERFORMANCES**

1.	Dwayne Rudd	54' 8 3/4"	1984
2.	Floyd Ross	54' 6"	2012
3.	Dwayne Rudd	54' 4"	1984
4.	Dwayne Rudd	53' 8"	1984
5.	Mikael Bernhardt	53' 1"	1975
6.	Chuck Steffes	53' 0"	1972
7.	Floyd Ross	52' 11"	2013
8.	Dwayne Rudd	52' 10"	1984
9.	Chuck Steffes	52' 9"	1972
10.	Clarence Robinson	52' 8 1/4"	1965

**HIGH JUMP - INDIVIDUAL**

1.	Bob Marchetti	7' 3"	May 22, 1993 at WAC (UTEP)
2.	David Llamas	7' 2"	March 15, 1997 at New Mexico
3.	Ivar Hella	7' 1 3/4"	1992
4.	Django Lovett	7' 1 3/4"	May 13, 2011 @ MWC Championship (ColoradoSt)
5.	Mike Foster	7' 1 1/2"	1985
6.	Ingemar Nyman	7' 1"	March 25, 1972 at New Mexico vs. Colorado
7.	Kimani Harper	7' 1/2"	May 18, 1994 at WAC (Fresno State)
8.	Vic Del Frate	6' 11 1/2"	1988
9.	Hank Baskett	6' 11"	May 14, 2004 at MWC (UNLV)
10.	Josh Cosio	6' 10 3/4"	March 25, 2006 at Arizona
11.	Alfred Neale	6' 10 3/4"	April 2, 2005 at UTEP

**HIGH JUMP - PERFORMANCES**

1.	Bob Marchetti	7' 3"	1993
2.	David Llamas	7' 2"	1997
3.	Ivar Hella	7' 1 3/4"	1992
4.	Ivar Hella	7' 1 3/4"	1992
5.	Django Lovett	7' 1 3/4"	2011
6.	Ivar Hella	7' 1 1/2"	1989
7.	Mike Foster	7' 1 1/2"	1985
8.	Django Lovett	7' 1 1/2"	2012
9.	Ingemar Nyman	7' 1"	1972
10.	Django Lovett	7' 1"	2013



**POLE VAULT - INDIVIDUAL**

1.	Simon Arkell	18' 2"	1991
2.	Derek Mackel	18' 1"	May 28, 2006 at NCAA Regionals (Texas)
	Robert Caldwell	18' 1"	May 14, 2008 at MWC (TCU)
4.	Logan Pflibsen	17' 8 1/2"	June 10, 2015 at NCAA (Oregon)
5.	Kyle Walker	17' 4 1/2"	May 15, 2010 at MWC (New Mexico)
6.	Ingemar Jernberg	17' 3/4"	1972 at Karlstad, Sweden
7.	Rob Warensjo	16' 8 3/4"	May 11, 2013 at MWC Championship (UNLV)
8.	Randy Bryant	16' 8"	1988
9.	Marty Niebauer	16' 6"	1982
10.	John Mattinson	16' 5 1/2"	May 7, 1988 at WAC (BYU)

**POLE VAULT - PERFORMANCES**

1.	Simon Arkell	18' 2"	1991
2.	Derek Mackel	18' 1"	2006
	Robert Caldwell	18' 1"	2008
3.	Simon Arkell	18' 1/2"	1990
	Simon Arkell	18' 1/2"	1991
4.	Simon Arkell	17' 10 1/4"	1989
5.	Simon Arkell	17' 9"	1989
6.	Derek Mackel	17' 8 3/4"	2005
7.	Logan Pflibsen	17' 8 1/2"	2015
8.	Simon Arkell	17' 7"	1990

**SHOT PUT - INDIVIDUAL**

1.	Darren Crawford	61' 4"	April 2, 1989 at UNM vs. Arizona
2.	Larry Kennedy	58' 10"	April 3, 1965 at UNM vs. USC
3.	Randy Withrow	57' 6"	April 12, 1975 at Arizona State
4.	Greg Reese	57' 2 1/4"	1990
5.	Darrell Rich	57' 0"	May 7, 1966 at UNM vs. Houston/Abilene Christian
6.	Ervin Jaros	56' 10 1/4"	April 11, 1970 at UNM vs. Arizona
7.	Jason Barkemeyer	56' 9 1/2"	March 27, 2004 at UTEP
	Burt Marks	56' 9 1/2"	1966
9.	Henry Stephens	55' 4 1/4"	May 15, 2000 at MWC (BYU)
10.	Jordan Parker	55' 3"	March 18, 2005 at Arizona

**SHOT PUT - PERFORMANCES**

1.	Darren Crawford	61' 4"	1989
2.	Darren Crawford	61' 2"	1990
3.	Darren Crawford	60' 6"	1989
4.	Darren Crawford	60' 5"	1989
5.	Darren Crawford	59' 10 1/2"	1986
6.	Darren Crawford	59' 9 3/4"	1989
7.	Darren Crawford	59' 5"	1989
8.	Darren Crawford	59' 4 1/2"	1987
9.	Darren Crawford	59' 4"	1986
10.	Darren Crawford	59' 1 1/2"	1990

**DISCUS - INDIVIDUAL**

1.	Ervin Jaros	188' 5"	1970 at Modesto, CA
2.	Larry Kennedy	185' 2 1/2"	1964 NCAA Championships
3.	Steve Dunbar	183' 2"	April 12, 1997 at New Mexico (Don Kirby)
4.	Mike Jeffery	176' 7"	April 13, 1968 at Oklahoma Relays
5.	Steve Dudley	176' 4"	1987
6.	Greg Rees	175' 1"	May 18, 1991 at WAC (San Diego State)
7.	Jason Barkemeyer	173' 2"	March 31, 2004 at Texas Relays
8.	Lennart Andersen	172' 6 1/2"	April 28, 1973 at Utah
9.	Burt Marks	171' 10"	1965
10.	Jordan Parker	171' 0"	April 30, 2005 at UNM (Don Kirby)

**DISCUS - PERFORMANCES**

1.	Ervin Jaros	188' 5"	1970
2.	Ervin Jaros	185' 9"	1968
3.	Larry Kennedy	185' 2 1/2"	1964
4.	Ervin Jaros	184' 8 1/4"	1970
5.	Larry Kennedy	183' 5 1/2"	1964
6.	Steve Dunbar	183' 2"	1997
7.	Ervin Jaros	182' 11 1/2"	1970
8.	Ervin Jaros	180' 1/2"	1969
9.	Ervin Jaros	179' 0"	1970
10.	Ervin Jaros	178' 7 1/2"	1970

**JAVELIN (NEW - FROM 1986 TO THE PRESENT) - INDIVIDUAL**

1.	Anthony Fairbanks	225' 9"	May 29, 2009 at NCAA Regional (Oklahoma)
2.	Donnie Lujan	225' 4"	May 17, 1991 at WAC (San Diego State)
3.	Matt Keeran	218' 8"	March 25, 2006 at Arizona
4.	Richard York	215' 4"	May 30, 2014 @ NCAA Regionals (Arkansas)
5.	Robbie Gallegos	211' 8"	1988
6.	Jon Vigil	211' 0"	May 6, 1989 at UTEP
7.	Adrian Romero	205' 5"	May 1, 1993 at UNM
	Mike Ellis	205' 5"	April 25, 2015 at UC-San Diego Triton Invitational
9.	H.R. McAdams	205' 1"	1987
10.	Jimmy Minner	204' 0"	May 3, 2003 at UTEP Twilight

**JAVELIN (NEW) - PERFORMANCES**

1.	Anthony Fairbanks	225' 9"	2009
2.	Donnie Lujan	225' 4"	1991
3.	Anthony Fairbanks	224' 11"	2008
4.	Anthony Fairbanks	223' 7"	2009
5.	Anthony Fairbanks	220' 11"	2008
6.	Anthony Fairbanks	219' 1"	2009
7.	Matt Keeran	218' 8"	2006
8.	Anthony Fairbanks	218' 4"	2009
9.	Anthony Fairbanks	217' 9"	2007
10.	Anthony Fairbanks	216' 9"	2008

**HAMMER - INDIVIDUAL**

1.	Stephen Dunbar	212' 5"	May 5, 2000 at New Mexico (Don Kirby)
2.	Greg Farmer	205' 8"	1978
3.	Ted Crouch	201' 1"	1985
4.	Leo Archer	193' 4"	May 6, 1989 at UTEP
5.	Matthew Henry-Marshall	186' 9"	April 30, 2011 at Steve Scott/Cal-Irvine Invitational
6.	Darren Crawford	184' 3"	1989
7.	Willie McKee	183' 3"	1987
8.	Tom Ferrier	176' 1"	1985
9.	Josh Parra	175' 7"	May 1, 2004 at UNM (Don Kirby)
10.	Andre Meurer	166' 11"	1990

**HAMMER - PERFORMANCES**

1.	Stephen Dunbar	212' 5"	2000
2.	Stephen Dunbar	208' 4"	1998
3.	Greg Farmer	205' 8"	1978
4.	Stephen Dunbar	202' 0"	1998
5.	Stephen Dunbar	201' 6"	2000
6.	Stephen Dunbar	201' 1"	2000
	Ted Crouch	201' 1"	1985
7.	Ted Crouch	198' 0"	1985
8.	Ted Crouch	196' 8"	1985
9.	Stephen Dunbar	196' 4"	1997

**DECATHLON - INDIVIDUAL**

1.	Gary Kinder	7959	1985 NCAA at Texas (11.22w-22' 3" - 49' 10 1/2" - 6' 6 3/4" -51.04 - 15.1w - 162' 6" - 15' 9" - 222' 9" - 4:52.01)
2.	Marty Niebauer	7572	June 2-3, 1982 at NCAA (BYU) (11.22-21' 7 1/4"-41' 9"-6' 3 1/4"-49.29-15.74-118' 0"-15' 8 3/4"-214' 3 3/4"-4:27.36)
3.	Chris Warner	7525	1987 WAC Championship (UTEP)
4.	Richard York	7513	May 9-10, 2012 at MWC (AF) (11.01-23' 4 1/2"-40' 1 1/4"-6' 5"-49.33-15.27-123' 0"-14' 11"-185' 10"-4:39.02)
5.	Mark Johnson	7325	May 13, 2004 at MWC (UNLV) (11.22 - 22' 7 3/4" - 41' 8" - 6' 7" - 50.47 - ??????????????)
6.	Dan Feltman	7278	April 14, 2005 at Mt. Sac Relays (11.33-22' 5 3/4"-45' 10 1/2"-5' 10 3/4"-50.24-15.50-125' 4"-15' 1"-189' 6"-4:46.29)
7.	H.R. McAdams	6922	March 19, 1988 at Occidental
8.	Daniel Lam	6844	May 13-14, 2015 at MWC (SDSU)(11.39-22' 1 3/4" - 40' 6" - 6' 3/4" - 51.96 - 15.90 - 130' 8" - 14' 11" - 149' 8" - 4:55.41)
9.	Frank Joseph	6837	1974
10.	Sam Potter	6831	May 9-10, 2012 at MWC (AF) (11.35-21' 11 3/4"-36' 1 1/2"-5' 11 1/4"-50.38-15.09-114' 6"-15' 3"-160' 1"-5:01.66)

## RETIRED EVENTS (NCAA EVENTS THAT ARE NO LONGER CONTESTED)

### 100 YARDS - INDIVIDUAL

1.	Rene Matison	9.4	March 19, 1966 at San Diego State
	Bernie Rivers	9.4	April 18, 1964 at San Jose State
	Steve Caminiti	9.4	April 15, 1967 at UNM vs. Texas A&M & Kansas
	Walter Henderson	9.4	March 23, 1974 at UTEP
5.	Jim Whitfield	9.5	May 20, 1961 at Skyline Conference East (Denver)
	Jesse Johnson	9.5	March 31, 1970, at Abilene Christian
7.	Ed Lloyd	9.6	April 3, 1965 at New Mexico vs. USC
	Dick Howard	9.6	March 21, 1959 at New Mexico vs. BYU
9.	Ivory Moore	9.7	March 29, 1969 at Colorado
	Don Hanosh	9.7	April 12, 1969 at Arizona
	Adolph Plummer	9.7	March 26, 1960 at Texas Tech
	George Heard	9.7	May 20, 1961 at Skyline Conference East (Denver)
	George Gardner	9.7	April 20, 1963 at Abilene Christian

### 100 YARDS - PERFORMANCES

1.	Rene Matison	9.4	1966
	Bernie Rivers	9.4	1964
	Steve Caminiti	9.4	1967
	Walter Henderson	9.4	1974
	Rene Matison	9.4	1965
	Bernie Rivers	9.4	1965
	Bernie Rivers	9.4	1964
	Rene Matison	9.4	1968
	Rene Matison	9.4	1968
2.	Jim Whitfield	9.5	1961
	Jesse Johnson	9.5	1970
	Rene Matison	9.5	1965
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1967
	Rene Matison	9.5	1967
	Steve Caminiti	9.5	1966
	Walter Henderson	9.5	1971

### 1 MILE - INDIVIDUAL

1.	Dave Roberts	4:02.5	1971 at Fresno
2.	Kip Koskei	4:03.28	April 28, 1979 at Drake Relays
3.	Web Loudat	4:04.1	April 24, 1969
4.	Mike Thornton	4:04.4	April 9, 1966 at Abilene Christian
5.	John Baker	4:05.4	April 23, 1966 at Arizona State
6.	Ron Eller	4:06.0	March 16, 1968 at Arizona State
7.	Sammy Kipkurgat	4:06.2	April 9, 1977 at New Mexico Invt.
8.	John Allison	4:07.34	April 15, 1972 at Arizona State
9.	Chuck Schuch	4:09.5	March 1, 1969 at Houston
10.	Lionel Ortega	4:10.76	1976

### 1 MILE - PERFORMANCES

1.	Dave Roberts	4:02.5	1971
2.	Kip Koskei	4:03.28	1979
3.	Web Loudat	4:04.1	1969
4.	Mike Thornton	4:04.4	1966
5.	John Baker	4:05.4	1966
6.	John Baker	4:05.8	1966
7.	Dave Roberts	4:06.8	1971
8.	Web Loudat	4:06.8	1966
9.	Mike Thornton	4:07.0	1966
10.	John Baker	4:07.4	1966

### 2 MILES - INDIVIDUAL

1.	George Scott	8:51.1	April 29, 1967 at Drake Relays
2.	Web Loudat	9:00.7	April 5, 1969 at Oklahoma Relays
3.	Chuck Schuch	9:03.5	April 5, 1969 at Oklahoma Relays
4.	Ron Eller	9:03.6	March 12, 1966 at New Mexico
5.	Ed Coleman	9:09.2	March 20, 1965, NM vs Wyoming & Adams State
6.	Lloyd Burson	9:23.8	April 2, 1964
7.	Faustino Salazar	9:26.4	March 31, 1973 at Arizona
8.	John Allison	9:26.9	March 31, 1973 at Arizona
9.	Lloyd Goff	9:30.6	May 25, 1963 at WAC Championship (Arizona St.)
10.	Dean Johnson	9:39.2	April 14, 1962 at Abilene Christian

### 3 MILES - INDIVIDUAL

1.	Lionel Ortega	13:33.9	1976 at Texas Relays
2.	Chuck Schuch	13:34.6	April, 1970
3.	Ron Eller	13:46.2	1968
4.	Blair Johnson	13:49.2	April 12, 1975 at Arizona State with Cal
5.	George Scott	13:51.7	April 9, 1966 at Abilene Christian
6.	Web Loudat	14:02.4	March 1, 1969 at Houston

### 6 MILES - INDIVIDUAL

1.	Ibrahim Kivina	28:06.00	June 1, 1984 at NCAA (Oregon)
2.	Lionel Ortega	28:37.0h	1976
3.	Blair Johnson	29:35.8h	April 19, 1974 at Kansas Relays
4.	Matt Segura	29:53.6h	1976
5.	Faustino Salazar	31:14.9	May 11, 1973 at BYU

**120 YARD HURDLES - INDIVIDUAL**

1.	Melvin Powers	13.9	March 29, 1975 at Arizona
	Fred Knight	13.9	April 3, 1965 at New Mexico vs. USC
3.	Roosevelt Williams	14.0	May 10, 1969 at West Coast Relays
4.	Marlon Gates	14.1	March 29, 1975 at Arizona
	Rich Mauck	14.1	April 17, 1971 at New Mexico
	Harold Bailey	14.1	May 7, 1966 at New Mexico
7.	Dick Howard	14.2	April 16, 1960 at Abilene Christian
8.	George Loughridge	14.5	May 22, 1965 at WAC Championship (UNM)
9.	Bob Little	14.6	May 24, 1963 at WAC Championship (Arizona St.)
10.	Del Blank	14.7	April 15, 1961 at Colorado

**120 YARD HURDLES - PERFORMANCES**

1.	Melvin Powers	13.9	1975
	Fred Knight	13.9	1965
2.	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
3.	Marlon Gates	14.1	1975
	Rich Mauck	14.1	1971
	Harold Bailey	14.1	1966
	Roosevelt Williams	14.1	1969
	Roosevelt Williams	14.1	1969

**JAVELIN (OLD - THROWN UP TO 1985) - INDIVIDUAL**

1.	Ake Nilsson	284' 11"	1968 at Modesto, CA
2.	Per Eric Smiding	264' 7"	1972
3.	Ulf Johansson	256' 4"	March 7, 1970 at UNM vs. Eastern New Mexico
4.	Frank Burgasser	245' 9 1/2"	April 3, 1965 at New Mexico (UNM vs. USC)
5.	Buster Quist	244' 9"	July 9, 1959 at Philadelphia (USA vs. USSR)
6.	Gary Kinder	241' 9"	March 4, 1985 at Arizona
7.	Dave Benyak	234' 8"	April 9, 1977 at New Mexico
8.	Don Brodus	231' 2"	April 20, 1963 at Abilene Christian
9.	John McMahon	225' 7"	May 26, 1962 at Denver (Mountain State Conf.)
10.	Eric Christianson	219' 7 1/2"	1965

**JAVELIN (OLD) - PERFORMANCES**

1.	Ake Nilsson	284' 11"	1968
2.	Ake Nilsson	274' 11"	1971
3.	Ake Nilsson	273' 1"	1971
4.	Ake Nilsson	269' 9 1/2"	1971
5.	Ake Nilsson	264' 11 1/2"	1971
6.	Per Eric Smiding	264' 7"	1972
7.	Ake Nilsson	261' 7 1/2"	1971
8.	Per Eric Smiding	260' 6 1/2"	1973
9.	Per Eric Smiding	260' 0"	1972
10.	Ake Nilsson	257' 4 1/2"	1968

**220 YD LOW HURDLES - INDIVIDUAL**

1.	Dick Howard	22.8	March 26, 1959 at New Mexico vs. Minnesota
2.	George Heard	23.4	May 27, 1961 at Skyline Championship (BYU)
3.	Jim Blair	23.8	May 11, 1962 at New Mexico vs. ACU
4.	Bob Schnurr	24.5	March 31, 1958 at New Mexico vs. Wyoming
5.	Fred Knight	24.5	March 2, 1963
6.	John Ramsey	25.5	

**330 YD HURDLES - INDIVIDUAL**

1.	Fred Knight	36.8	May 23, 1964 at WAC Championship
2.	Steve Caminiti	37.8	March 20, 1965 at UNM vs. Wyoming/Adams St.
3.	Wayne Vandenberg	38.0	May 10, 1963 at New Mexico vs. Abilene Christian
4.	Bob Little	38.9	March 16, 1963 at New Mexico vs. Arizona State
5.	Ed Lloyd	38.9	March 14, 1964 at Arizona State
6.	Ken Medley	39.5	May 16, 1964 at New Mexico vs. Abilene Christian

## University of New Mexico Women's Outdoor Track & Field Heptathlon Summary 1977 - 2015

*The following list indicates all Heptathlon results can be found.*

	<u>SCORE</u>	<u>100H</u>	<u>HIGH JUMP</u>	<u>SHOT PUT</u>	<u>200</u>	<u>LONG JUMP</u>	<u>JAVELIN</u>	<u>800</u>
Sandy Fortner, May 12-13, 2010 at MWC (New Mexico)	<b>5723</b>	14.19	5' 7"	44' 2 3/4"	24.97	20' 6"	124' 9"	2:28.59
Sandy Fortner, 4/1/2010 at Texas Relays	<b>5657</b>	14.33 +3.7	5' 5"	43' 9 1/4"	24.89 +3.5	20' 4 1/4"	126' 9"	2:27.27
Sandy Fortner, May 14, 2008 at MWC	<b>5641</b>	14.37	5' 5 1/4"	46' 0"	25.24	18' 11 3/4"	133' 7"	2:22.96
Darcy Ahner, April 19, 1990 at Cal Irvine Invt.	<b>5419</b>	14.43	5' 7 1/4"	36' 5 3/4"	26.95	18' 1 3/4"	153' 0"	2:21.09
Darcy Ahner, May 17, 1990 at WAC (Colorado State)	<b>5410</b>							
Darcy Ahner, May 17, 1989 at High Country Conf (UNM)	<b>5373</b>	14.44	5' 10 3/4"	33' 11 1/2"	26.41	17' 11 3/4"	133' 4"	2:22.51
Keren Sari, April 18, 2002 at Mt. Sac Relays	<b>5371</b>	14.32	5' 7"	36' 4 1/2"	25.53	20' 2"	99' 10"	2:24.57
Sandy Fortner, April 2, 2008 at Texas Relays	<b>5343</b>	14.52	5' 6 1/2"	43' 1/4"	25.37	18' 11 3/4"	96' 9"	2:24.96
Sandy Fortner, April 25, 2008 at Colorado State	<b>5291</b>	14.69	5' 2 1/2"	44' 6 1/4"	25.43	18' 7"	122' 1"	2:28.66
Keren Sari, May 30, 2002 at NCAA (LSU)	<b>5285</b>	14.64	5' 7"	36' 5 3/4"	25.84	19' 6 1/4"	106' 0"	2:23.81
Darcy Ahner, March 29, 1989 at Cal Irvine Invt.	<b>5272</b>	14.52	5' 9 3/4"	34' 8 3/4"	26.88	17' 6 1/2"	138' 1"	2:23.97
Darcy Ahner, April 14, 1989 at New Mexico Multi	<b>5271</b>	14.67	5' 10 3/4"	33' 3 1/4"	26.80	18' 8 1/4"	129' 9"	2:25.93
Keren Sari-Bentzur, April 17, 2003 at Mt. Sac Relays	<b>5236</b>	14.68	5' 6 1/2"	38' 10 1/2"	25.78	19' 2 1/4"	96' 7"	2:24.09
Sandy Fortner, May 10, 2006 at MWC	<b>5190</b>	15.00	5' 5 3/4"	37' 1"	25.21	18' 4 1/2"	108' 8"	2:23.12
Darcy Ahner, June 1, 1989 at NCAA (BYU)	<b>5189</b>	14.79	5' 8"	31' 5"	26.59	17' 9 1/4"	137' 1"	2:21.60
Keren Sari, March 21, 2002 at New Mexico Multi	<b>5170</b>	14.61	5' 6 1/2"	39' 2 1/2"	25.99	18' 8 3/4"	95' 2"	2:24.86
Keren Sari-Bentzur, May 15, 2003 at MWC	<b>5170</b>	14.74	5' 4 1/2"	37' 10"	25.33	19' 6 1/4"	101' 2"	2:29.67
Keren Sari, April 4, 2001 at Texas Relays	<b>5128</b>	14.76	5' 5 3/4"	35' 3 1/4"	26.02	19' 9 1/4"	94' 8"	2:27.93

	<u>SCORE</u>	<u>100H</u>	<u>HIGH JUMP</u>	<u>SHOT PUT</u>	<u>200</u>	<u>LONG JUMP</u>	<u>JAVELIN</u>	<u>800</u>
Samantha Bowe, May 13-14, 2015 at MWC (San Diego State)	<b>5115</b>	14.26	5' 5 3/4"	39' 3"	26.09	19' 3 1/4"	109' 11"	2:41.54
Sandy Fortner, April 13, 2006 at Mt. Sac Relays	<b>5088</b>	14.93	5' 6"	36' 7 1/2"	25.25	17' 8 3/4"	113' 0"	2:29.07
Sandy Fortner, May 9, 2007 at MWC	<b>5087</b>	14.48	5' 3 1/4"	38' 5 1/2"	25.64	17' 9 1/2"	102' 7"	2:23.32
Darcy Ahner, April 1, 1990 at Arizona Heptathlon	<b>5019</b>	15.01	5' 8 1/2"	31' 11 1/2"	27.11	17' 4 1/2"	133' 9"	2:26.58
Sandy Fortner, March 23, 2006 at Arizona Invt.	<b>5017</b>	14.88	5' 3 3/4"	37' 1 1/4"	25.45	17' 9 3/4"	112' 10"	2:29.59
Keren Sari, March 15, 2002 at Texas A&M	<b>5013</b>	14.53	5' 5"	33' 1 3/4"	25.54	18' 7"	94' 3"	2:26.37
Sandy Fortner, April 12, 2007 at Mt. Sac Relays	<b>5011</b>	15.02	5' 4 1/4"	40' 5"	25.77	18' 1 1/2"	89' 1"	2:23.74
Samantha Bowe, May 8-9, 2013 at MWC (UNLV)	<b>5004</b>	14.60	5' 5 3/4"	37' 7 3/4"	25.94	18' 7 1/4"	99' 8"	2:35.24
Samantha Bowe, May 14-15, 2014 at MWC (Wyoming)	<b>4988</b>	14.69	5' 5 3/4"	38' 6"	26.45	18' 9"	118' 11"	2:44.03
Heidi Anderson, May 17, 1990 at WAC (Colorado State)	<b>4955</b>	15.33	5' 8 1/2"	33' 3 1/2"	26.29	17' 5 1/2"	95' 3"	2:19.32
Keren Sari, May 16, 2002 at MWC	<b>4944</b>	16.72	5' 7"	36' 10 1/2"	25.39	19' 9 1/2"	84' 4"	2:25.80
Kyra Mohns, May 13-14, 2015 at MWC (San Diego State)	<b>4913</b>	14.93	5' 2 1/4"	34' 0"	25.53	17' 7"	111' 8"	2:25.90
Heidi Anderson, April 19, 1990 at Cal Irvine Invt.	<b>4897</b>	15.33	5' 7"	32' 5 1/4"	26.24	18' 1/2"	77' 6"	2:15.33
Heidi Anderson, May 17, 1989 at High Country Confr. (UNM)	<b>4892</b>	15.55	5' 8 1/2"	30' 2 1/4"	26.34	18' 3 1/4"	88' 1"	2:19.47
Keren Sari-Bentzur, June 14, 2003 at NCAA (Sacramento State)	<b>4887</b>	14.84	5' 2 1/4"	34' 10 1/4"	26' 11"	18' 3 1/4"	100' 1"	2:26.60
Darcy Ahner, April 15, 1988 at New Mexico Multi	<b>4882</b>	14.5	5' 5"	32' 6 1/4"	26.8	17' 1"	125' 8"	2:27.2
Kyra Mohns, April 15-16, 2015 at Mt. Sac Relays	<b>4873</b>	15.27	5' 2 1/2"	35' 10 3/4"	25.66	17' 11 3/4"	101' 4"	2:26.54
Darcy Ahner May 5, 1988 at High Country Conf (BYU)	<b>4871</b>	14.69	5' 4 1/2"	29' 6 3/4"	26.64	17' 1/4"	123' 1"	2:24.90
Susanne Oravainen, March 15, 1997 at New Mexico Multi	<b>4861</b>							
Heidi Anderson, April 1, 1990 at Arizona Heptathlon	<b>4807</b>	15.32	5' 7 1/4"	32' 5 1/4"	26.39	16' 10"	90' 9"	2:19.88

	<b>SCORE</b>	<b>100H</b>	<b>HIGH JUMP</b>	<b>SHOT PUT</b>	<b>200</b>	<b>LONG JUMP</b>	<b>JAVELIN</b>	<b>800</b>
Heidi Anderson, April 14, 1989 at New Mexico Multi	<b>4791</b>	15.42	5' 9 3/4"	28' 8 1/4"	26.0	17' 7 3/4"	82' 0"	2:21.74
Holly VanGrinsven, May 8-9, 2013 at MWC (UNLV)	<b>4783</b>	14.95	5' 1"	30' 3/4"	25.59	17' 11 1/2"	99' 3"	2:23.57
Kitrian Martin, May 17, 1990 at WAC (Colorado State)	<b>4753</b>	14.99	5' 5"	30' 0"	26.65	18' 6"	97' 2"	2:30.34
Holly VanGrinsven, May 14-15, 2014 MWC (Wyoming)	<b>4742</b>	14.27	4' 11 3/4"	28' 11 3/4"	25.61	17' 6 3/4"	99' 1"	2:26.75
Darcy Ahner, March 25, 1988 at Arizona Multi	<b>4738</b>	15.57	5' 7 3/4"	28' 11 3/4"	27.74	16' 11 1/2"	132' 6"	2:28.99
Darcy Ahner, 1988	<b>4737</b>							
Susanne Oravainen, April 19, 1996 at Cal	<b>4704</b>	15.28	5' 3"	34' 5"	27.06	17' 1"	80' 0"	2:24.22
Susanne Oravainen, May 17, 1996 at WAC	<b>4672</b>	15.70	5' 5"	34' 6 3/4"	26.85	16' 8"	115' 10"	2:31.27
Sandy Fortner, June 11, 2008 at NCAA (Drake)	<b>4649</b>	14.34	5' 5 1/4"	42' 3 1/2"	25.56	18' 11 3/4"	115' 1"	NM
Susanne Oravainen, March 28, 1996 at Arizona State	<b>4631</b>	15.76	5' 3"	35' 1"	26.84	16' 7"	110' 7"	2:27.32
Kitrian Martin, April 19, 1990 at Cal Irvine Invt.	<b>4573</b>	15.35	5' 5"	29' 0"	27.17	17' 2 1/4"	84' 11"	2:21.39
Susanne Oravainen, May 21, 1997 at WAC (San Diego State)	<b>4568</b>	15.82	5' 2 1/2"	31' 5 1/4"	26.89	16' 10 1/2"	111' 10"	2:26.85
Darcy Ahner, May 7, 1987 High Country Conf. Champ.	<b>4563</b>							
Kitrian Martin, April 1, 1990 at Arizona Heptathlon	<b>4553</b>	15.40	5' 5"	30' 5"	27.45	17' 6 1/4"	98' 7"	2:31.00
Susanne Oravainen, April 18, 1999 at Azusa Pacific Invt.	<b>4535</b>	15.49	5' 2 1/2"	34' 9"	27.37	16' 3 1/2"	112' 4"	2:31.14
Susanne Oravainen, May 20, 1999 at WAC (Colorado State)	<b>4521</b>							
Melissa Guanella, May 16, 2000 at MWC (BYU))	<b>4481</b>	15.33	4' 10 1/2"	32' 11 1/4"	26.93	16' 10"	108' 7"	2:29.32
Susanne Oravainen, May 16, 2000 at MWC (BYU)	<b>4474</b>	15.40	5' 1/2"	34' 9"	27.32	15' 7"	117' 1"	2:30.47
Susan Setliff, May 13, 2004 at MWC (UNLV)	<b>4433</b>	15.68	5' 4 1/2"	29' 2 3/4"	27.79	17' 2 1/4"	99' 2"	2:30.88
Melissa Guanella, April 14, 2000	<b>4416</b>	15.99	5' 1"	33' 7 1/4"	27.04	16' 8 1/4"	103' 4"	2:30.95
Melissa Guanella, March 13, 1998 at New Mexico Multi	<b>4396</b>							

	<u>SCORE</u>	<u>100H</u>	<u>HIGH JUMP</u>	<u>SHOT PUT</u>	<u>200</u>	<u>LONG JUMP</u>	<u>JAVELIN</u>	<u>800</u>
Lynn Schreyer, 1984	<b>4355</b>							
Bridgid Isworth, May 13, 2004 at MWC (UNLV)	<b>4298</b>	15.62	5' 4 1/2"	29' 1 3/4"	26.15	17' 8 3/4"	73' 10"	2:45.84
Darcy Ahner, May 27, 1988 Cal State LA	<b>4253</b>	14.5	5' 8 1/2"	32' 11 1/4"	27.3	NM	109' 0"	2:26.7
Susanne Oravainen, March 16, 2000 at New Mexico Multi	<b>4198</b>	15.84	4' 11 1/2"	33' 4"	27.94	15' 9"	109' 8"	2:38.03
Susan Setliff, May 12, 2005 at MWC	<b>3986</b>	15.81	4' 11"	27' 10 3/4"	27.85	15' 5 1/2"	101' 8"	2:39.85
Susanne Oravainen, March 11, 1999 at New Mexico Multi	<b>3944</b>	15.37	5' 1 3/4"	34' 2 1/4"	27.34	?	?	?
Amber Nolte, May 15, 2003 at MWC	<b>3840</b>	16.10	4' 10 1/2"	28' 3"	26.63	16' 9"	54' 6"	2:43.69
Amber Nolte, May 16, 2002 at MWC	<b>3692</b>	16.97	4' 10 1/2"	26' 4 1/2"	27.19	16' 1"	65' 2"	2:40.50
Suzanne Nguyen, May 15, 2003 at MWC	<b>3640</b>	17.30	5' 2 1/4"	22' 6"	26.67	15' 9"	76' 4"	2:49.01
Suzanne Nguyen, March 21, 2002 at New Mexico Multi	<b>3493</b>	18.12	4' 11 1/2"	22' 4"	28.21	16' 1 3/4"	66' 2"	2:36.29
Joni Dobbins, March 25, 1994 at Arizona State	<b>3464</b>							
Sara Nichol森, March 25, 1994 at Arizona State	<b>3363</b>							

## UNIVERSITY OF NEW MEXICO MEN'S DECATHLON LIST (1958 - 2015)

*This listing is of all Decathlon meet results that could be found.*

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Gary Kinder, 1985 at NCAA Championship (Texas)	7959	11.22w	22' 3"	49' 10 1/2"	6' 6 3/4"	51.04	15.1w	162' 6"	15' 9"	222' 9"	4:52.01
Gary Kinder, 3/1-2/84 at UNLV	7691	11.40	23' 0"	46' 11 3/4"	6' 7 1/2"	51.30	15.61	137' 2"	15' 9 1/2"	221' 3"	4:56.71
Marty Niebauer, 1982	7572	11.22	21' 7 1/4"	41' 9"	6' 3 1/4"	49.29	15.74	118' 0"	15' 8 3/4"	214' 3 3/4"	4:27.36
Chris Warner, 1987 at WAC (UTEP)	7525	10.96	22' 2 1/4"	39' 10 1/2"	6' 7 1/2"	48.67	14.82	139' 11"	13' 11 1/4"	178' 8"	4:46.92
Richard York, May 9-10, 2012 at MWC (Air Force)	7513	11.01	23' 4 1/2"	40' 1 1/4"	6' 5"	49.33	15.27	123' 0"	14' 11"	185' 10"	4:39.02
Gary Kinder, May 9-10, 1985 at HCAC (New Mexico)	7429	11.29	21' 4 3/4"	48' 2 3/4"	6' 6 3/4"	51.3	15.0	153' 9"	15' 1 1/4"	207' 2"	5:28.4
Richard York, April 6-7, 2011 at Texas Relays	7389	10.85(+4.4)	23' 3 1/2"	38' 1/4"	6' 2 3/4"	49.50	15.62	119' 5"	14' 9"	186' 3"	4:36.06
Mark Johnson, May 13, 2004 at MWC (UNLV)	7325	11.22	22' 7 3/4"	41' 8"	6' 7"	50.47	?	?	?	?	?
Chris Warner, 1987 at NCAA Championship	7293	11.12	21' 11 3/4"	40' 11 1/2"	6' 8"	49.49	14.76	130' 11"	12' 5 1/2"	170' 9"	4:38.79
Richard York, May 12-13, 2010 at MWC (New Mexico)	7292	10.98	22' 3 1/4"	37' 5"	6' 4 1/4"	48.98	15.55	108' 11"	14' 5 1/4"	195' 0"	4:35.52
Dan Feltman, April 14, 2005 at Mt. Sac Relays	7278	11.33	22' 5 3/4"	45' 10 1/2"	5' 10 3/4"	50.24	15.50	125' 4"	15' 1"	189' 6"	4:46.29
Mark Johnson, June 12, 2004 at NCAA Champ (Sacramento St.)	7277	11.13	21' 9 1/2"	40' 7 3/4"	6' 2"	50.20	14.89	126' 11"	15' 9"	143' 8"	4:31.02



	<b>SCORE</b>	<b>100</b>	<b>LONG J</b>	<b>SHOT</b>	<b>HIGH J</b>	<b>400</b>	<b>110H</b>	<b>DISCUS</b>	<b>POLE V</b>	<b>JAVELIN</b>	<b>1500</b>
<b>Dan Feltman, May 11, 2005</b> at MWC (UTEP)	7250	11.07	21' 5 1/2"	44' 1 1/4"	6' 1/2"	49.94	15.30	138' 7"	14' 9"	180' 11"	4:57.09
<b>Richard York, June 8-9, 2011</b> at NCAA Championships (Drake)	7229	10.99	22' 3"	37' 1 1/4"	6' 4"	40.20	15.95	119' 5"	13' 1 1/2"	201' 1"	4:31.07
<b>Richard York, May 11-12, 2011</b> at MWC (Colorado State)	7212	10.88	22' 10 3/4"	35' 4 1/2"	6' 5"	50.78	15.27	97' 8"	15' 1 3/4"	193' 10"	4:46.58
<b>Mark Johnson, April 1, 2004</b> at Texas Relays	7141	11.30	22' 5 1/4"	37' 6 1/2"	6' 3 1/2"	51.36	15.32	127' 1"	16' 4 3/4"	144' 4"	4:44.46
<b>Marty Niebauer, 5/4-5/83</b> at WAC (BYU)	7086	11.30	21' 5 1/2"	42' 8 3/4"	6' 5"	51.0	15.9	122' 7"	12' 11 3/4"	187' 10"	4:49.6
<b>Dan Feltman, May 13, 2004</b> at MWC (UNLV)	7022	11.38	22' 3 1/2"	43' 2 1/2"	6' 1 1/4"	49.94	?	?	?	?	?
<b>Chris Warner, May 7-8, 1986</b> at WAC (BYU)	6934	11.14	20' 6 1/2"	43' 5"	6' 4"	51.05	15.31	129' 11"	13' 3 1/2"	175' 9"	5:04.99
<b>HR McAdams, March 19-20, 1988</b> at Occidental College Invt.	6922	11.68	21' 1/2"	38' 9"	6' 2 3/4"	51.01	15.76	134' 8"	13' 1 1/2"	202' 9"	4:49.05
<b>Daniel Lam, May 13-14, 2015</b> MWC (San Diego State)	6844	11.39	22' 1 3/4"	40' 6"	6' 3/4"	51.96	15.90	130' 8"	14' 11"	149' 8"	4:55.41
<b>Frank Joseph, 5/10-11/1974</b> at WAC (New Mexico)	6837	10.9	22' 5 3/4"	40' 0"	6' 6"	52.7	15.0	122' 0"	10' 6"	179' 9"	5:16.8
<b>Sam Potter, 5/9-10/2012</b> at MWC (Air Force)	6831	11.35	21' 11 3/4"	36' 1 1/2"	5' 11 1/4"	50.38	15.09	114' 6"	15' 3"	160' 1"	5:01.66
<b>HR McAdams, April 20-21, 1988</b> at Kansas Relays	6827	11.3	23' 3/4"	42' 0"	6' 4"	51.04	15.78	123' 1"	13' 1"	191' 9"	5:29.84
<b>Mark Johnson, April 22, 2004</b> at BYU	6799	11.41	22' 4 1/2"	36' 5"	6' 1 1/4"	50.46	15.48	126' 0"	15' 1"	134' 2"	4:59.15



	<b>SCORE</b>	<b>100</b>	<b>LONG J</b>	<b>SHOT</b>	<b>HIGH J</b>	<b>400</b>	<b>110H</b>	<b>DISCUS</b>	<b>POLE V</b>	<b>JAVELIN</b>	<b>1500</b>
<b>Brian Wilson, April 1, 2010</b> at Texas Relays	6347	11.38	19' 5 1/2"	36' 9 1/2"	6' 1/2"	52.96	15.44	127' 1"	12' 1 1/2"	168' 7"	5:07.99
<b>H.R. McAdams, May 5, 1988</b> at WAC (BYU)	6306	11.47	22' 3"	38' 11 1/2"	6' 6"	51.39	15.79	137' 5"	NH	189' 0"	5:13.32
<b>Richard York, April 1, 2010</b> at Texas Relays	6224	10.85	21' 8"	35' 8 3/4"	6' 4"	50.11	16.34	100' 9"	NH	173' 11"	4:34.55
<b>Brian Wilson, May 13, 2009</b> at MWC (Wyoming)	6189	11.53	20' 5 1/4"	34' 4 1/4"	6' 2 1/4"	54.13	15.23	106' 4"	12' 7 1/2"	163' 9"	5:19.42
<b>Steve Pace, 1982</b>	6014										
<b>Dan Feltman, April 22, 2004</b> at BYU	6006	11.47	22' 5 3/4"	41' 11 1/4"	6' 0"	51.93	15.54	NM	13' 1 1/2"	174' 0"	5:30.36
<b>Scott Steffan, March 17, 1991</b> at Occidental College	5997	12.0	20' 10"	38' 3 1/2"	6' 3/4"	55.8	15.8	122' 3"	12' 7 1/2"	156' 3"	5:21.2
<b>Richard York, 4/18-19/2012</b> at Mt. SAC Decathlon	5970	10.99	22' 1/4"	40' 9"	6' 4 1/4"	50.20	15.44	120' 8"	NM	205' 7"	NM
<b>Jeremy Lee, May 12-13, 2010</b> at MWC (New Mexico)	5920	11.81	19' 1 1/2"	35' 4"	5' 11 1/2"	52.38	16.18	111' 3"	12' 1 1/2"	133' 7"	5:01.04
<b>Dan Feltman, May 15, 2003</b> at MWC (New Mexico)	5912	11.23	22' 1"	45' 4"	5' 11 1/4"	50.47	16.40	NM	12' 5 1/2"	177' 3"	5:50.84
<b>Ryan Vogge, March 20, 2003</b> at New Mexico Multi	5898										
<b>Ryan Vogge, March 21, 2002</b>	5898	11.34	22' 6"	37' 2"	6' 3 1/2"	51.90	16.3	110' 0"	NH	151' 7"	4:59.10
<b>Jason Bigott, May 11, 2005</b> at MWC (UTEP)	5897	11.66	19' 11"	31' 7 1/4"	5' 6 1/2"	53.66	16.05	101' 6"	11' 5 3/4"	171' 8"	4:51.22
<b>Beau Clifton, 5-13/14, 2015</b> MWC (San Diego State)	5786	11.12	20' 1/2"	36' 7"	5' 10 1/2"	52.32	19.51	98' 4"	11' 3 3/4"	180' 11"	5:16.22

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Jim Parker, May 8, 1986 at WAC (BYU)	5735										
Adam Frangos, March 21, 2002	5672	11.68	18' 6"	39' 4"	5' 7 1/4"	51.80	17.8	118' 11"	10' 3 1/2"	128' 3"	4:49.40
Robert Gunn, ??? at MWC	5662	11.24	21' 2 1/2"	33' 5 1/4"	6' 2 3/4"	51.13	16.91	64' 6"	11' 1 3/4"	150' 3"	5:47.79
Robert Gunn, March 21, 2002	5610	11.31	22' 3"	30' 1"	6' 1 1/4"	52.66	17.0	74' 10"	11' 3 1/2"	131' 10"	5:28.80
Sam Potter, May 11-12, 2011 at MWC (Colorado State)	5436	11.12	21' 11 3/4"	34' 11"	6' 1 1/2"	52.19	16.02	88' 7"	15' 1 3/4"	NM	NM
Scott Steffan, May 18, 1991 at WAC (San Diego State)	4830	12.04	17' 9 1/4"	39' 10"	5' 11 1/2"	58.57	17.10	121' 6"	NM	152' 5"	6:04.71



**Allan Hamilton**  
All American - Long Jump



**Samantha Silva**  
All American - 1 Mile

**Adam Bitchell**  
All American - 3000 meters



**Peter Callahan** All American 1500 meters



**Logan Pflibsen** All American - Pole Vault



**Alice Wright** All American - 10,000 meters

**Calli Thackery**  
All American - 5000 meters

