

2021 West Coast Relays | Final Schedule

Friday, April 30, 2021

FIELD EVENTS

Start	Event	Field Size
10:00 a.m.	Men's Javelin	2 Flights
	Women's Javelin (To Follow Men's)	1 Flight
11:00 a.m.	Men's Pole Vault	1 Section
	Women's Pole Vault (To Follow Men's)	1 Section
11:00 a.m.	Men's Long Jump	1 Flight
	Women's Long Jump (To Follow Men's)	1 Flight
11:00 a.m.	Men's High Jump	1 Section
	Women's High Jump (To Follow Men's)	1 Section
1:00 p.m.	Men's Shot Put	2 Flights
	Women's Shot Put (To Follow Men's)	1 Flight
2:00 p.m.	Men's Triple Jump	1 Flight
	Women's Triple Jump (To Follow Men's)	1 Flight
4:00 p.m.	Men's Discus	2 Flights
	Women's Discus (To Follow Men's)	1 Flight

RUNNING EVENTS

Start	Event	Field Size
7:30 a.m.	Men's 10000m	1 Heat
8:10 a.m.	Women's 10000m	1 Heat
2:00 p.m.	Men's 4x100m Relay	1 Heat
2:10 p.m.	Women's 4x100m Relay	1 Heats
2:30 p.m.	Men's 110m Hurdles	2 Heats
2:45 p.m.	Women's 100m Hurdles	3 Heats
3:00 p.m.	Men's 400m	2 Heats
3:10 p.m.	Women's 400m	4 Heats
3:25 p.m.	Men's 100m	2 Heats
3:35 p.m.	Women's 100m	2 Heats
3:50 p.m.	Men's 800m	2 Heats
4:00 p.m.	Women's 800m	3 Heats
4:20 p.m.	Men's 400m Hurdles	2 Heats
4:30 p.m.	Women's 400m Hurdles	3 Heats
4:50 p.m.	Men's 200m	4 Heats
5:10 p.m.	Women's 200m	5 Heats
5:45 p.m.	Men's 4x400m Relay	1 Heat
6:00 p.m.	Women's 4x400m Relay	1 Heat
7:10 p.m.	Men's 1500m	3 Heats
7:35 p.m.	Women's 1500m	3 Heats
8:00 p.m.	Men's 3000m Steeplechase	1 Heat
8:15 p.m.	Women's 3000m Steeplechase	1 Heat
8:30 p.m.	Men's 1500m INVITATIONAL	1 Heat
8:40 p.m.	Women's 1500m INVITATIONAL	1 Heat
8:50 p.m.	Men's 5000m	1 Heat
9:10 p.m.	Women's 5000m	2 Heats
9:50 p.m.	Men's 3000m Steeplechase INVITATIONAL	1 Heat
10:05 p.m.	Women's 3000m Steeplechase INVITATIONAL	1 Heat
10:20 p.m.	Women's 800m INVITATIONAL	1 Heat
10:25 p.m.	Men's 5000m INVITATIONAL	1 Heat
10:45 p.m.	Women's 5000m INVITATIONAL	1 Heat