# *2021 NEW MEXICO CROSS COUNTRY*

# **MEET NOTES**

ALMA SOLIS | ASSISTANT DIRECTOR OF COMMUNICATIONS | ALMASOLIS@UNM.EDU | CELL: 210-883-1386 | @UNMLOBOXCTF

### *2021 SCHEDULE AND RESULTS*

DATE	<b>OPPONENT</b>	TIME
9/18	Lori Fitzgerald Inv. (NMSU)	W 1st
		M 2nd
10/1	Four Corners Classic (FLCC)	W 1st
10/1	Joe Piane Notre Dame Inv.	W 2nd
		M 23rd
10/15	Nuttycombe Invitational (Wis.)	W 1st
10/29	MW CHAMPIONSHIPS	W 1st
		M 7th
11/12	NCAA Regionals (BYU)	W 11 am
		M 12 pm
11/20	NCAA Championships (FSU)	W 10:20 am
		M 11:10 am

**BOLD** - Home Meet

### USTFCCCA NCAA DI WOMEN'S NATIONAL XC POLL (LAST POLL WAS RELEASED ON NOV. 1)

<u>RANK</u>	<b>SCHOOL</b>	LAST POLL
1	NC STATE	2
<b>2</b> 3	NEW MEXICO	1
3	COLORADO	4
4	BYU	3
5	MINNESOTA	6
6	OKLAHOMA STATE	7
7	UTAH	8
8	ARKANSAS	15
9	FLORIDA STATE	10
9	NORTH CAROLINA	13
11	ALABAMA	5
12	MICHIGAN	9
13	IOWA STATE	17
13	WISCONSIN	22
15	OLE MISS	11
16	MICHIGAN STATE	20
17	SYRACUSE	16
18	NORTHERN ARIZONA	19
19	COLORADO STATE	12
20	OREGON STATE	RV
21	WASHINGTON	18
22	UTAH STATE	28
23	GEORGETOWN	26
24	PROVIDENCE	14
25	NOTRE DAME	21
26	STANFORD	23
27	LIBERTY	24
28	WEST VIRGINIA	RV
29	GONZAGA	RV
30	KENTUCKY	RV

## ncaa mountain regional



LOBOS





### **NCAA Mountain**

### Region

Hosted by BYU
Other participants:
Colorado
Utah (Women only)
Northern Arizona
Utah State
Colorado State
Weber State
Air Force
Utah Valley
Southern Utah
NM State (Women only)
Idaho State
Nevada (Women only)
UTEP (Men only)
UTEP (Men only)

### RACING TO THE FINISH LINE

The Lobos are heading to Provo, Utah to compete in the NCAA Mountain Regional, hosted by BYU on November 12th. The women's race is set for 11 am, while the men will follow at 12 pm.

BYU holds the fourth spot nationally on the women's side and in the mountain region. The Lobos will face some tough competition as they go against six fellow ranked opponents. On the men's side, New Mexico will go against seven ranked opponents in the mountain

The Lobos' women's team was ranked No. 2 in the nation by the USTFCCCA on Nov. 2. The team received five firstplace votes and 321 points total to take the second spot.

In the Lobos last meet at the MW Championships, the women's team placed first as a team and earned the to seven individual places. Amelia Mazza-Downie led the Lobos with a first place finish and a time of 19:37.3. Mazza-Downie earned Women's Student-Athlete of the Year. The Lobos earned seven first-place team awards and a second-team award.

The men's team placed seventh in the race. Abdirizak Ibrahim was the top finisher as he finished fifth individually for a all-conference first team placement.

Joe Franklin was named Women's Coach of the Year after the meet.







### UNIVERSITY OF NEW MEXICO

Location	Albuquerque, N.M.
	889 by Territorial Legislature
Enrollment	22,244
Nickname	Lobos
Colors Cherry (PMS 200	)) & Silver (PMS Cool Gray 6)
Conference	Mountain West Conference
National Affiliation	NCAA Division I
President	Dr. Garnett Stokes
Director of Athletics	Eddie Nuñez
Faculty Representative	Dr. Karen Gaudreault

### PROGRAM HISTORY

First Season	1959 (M), 1978 (W)
Conference Titles	M: 11
	W: 14
NCAA Titles	W: 2 (2015, 17)
NCAA All-Americans	M: 13
	W: 31

### TEAM INFORMATION

2020 Mountain West Finish	W: 1st
2020 NCAA Championships Finish	
2021 Returners	27
2021 Newcomers	12

### COACHING STAFF

Head Coach	Joe Franklin
Phone	(505) 925-5735
Email	jbfrankl@unm.edu
Years at UNM	14th season
Associate Head Coach	Laura Bowerman
Phone	(813) 382-4104
Email	lbowerman@unm.edu
Years at UNM	6th season
Assistant Coach	James Butler
Email	butlerjm@unm.edu
Years at UNM	6th season
Volunteer Coach	Dr. Richard Ceronie
Years at UNM	8th season

### **MULTIMEDIA INFORMATION**

Athletics Website	www.GoLobos.com
Main University Web Site	www.unm.edu
Conference Web Site	www.TheMW.com
Facebook www.facebook.c	om/NewMexicoLobos
Twitter	@UNMLobos
XC/TF Twitter & Instagram	@UNMLoboXCTF

### **MEDIA RELATIONS**

Cross Country Contact	Alma Solis
Cell Phone (Preferred)	
Email	
Address:	<u> </u>

Department of Athletics
Colleen J. Maloof Administration Building
MSC04 2680
1 University of New Mexico
Albuquerque, NM 87131-0001







# University of New Mexico 2021 CROSS COUNTRY



## THE WEEK AHEAD

Monday	TUESDAY	Wednesday	<b>T</b> HURSDAY	Friday	SATURDAY	Sunday
25	26	27	28	MCAR MOUNTAIN REGIONAL W 11 AM / M 12 PM PROVS, UT / THUPANGOS SOLF CLUB	30	31

### USTFCCCA NCAA DI MEN'S NATIONAL XC POLL (LAST POLL WAS RELEASED ON NOV. 2)

RANK	SCHOOL	LAST POLL
1	NORTHERN ARIZONA	1
2	COLORADO	3
2 3	OKLAHOMA STATE	5 2 4
4	IOWA STATE	2
5	STANFORD	4
6	NOTRE DAME	8
6	ARKANSAS	8
7	BYU	5
9	TULSA	12
10	WISCONSIN	11
11	AIR FORCE	30
12	OREGON	9
13	GONZAGA	19
14	TEXAS	24
15	MICHIGAN	15
16	FURMAN	10
17	PORTLAND	26
18	PRINCETON	RV
19	FLORIDA STATE	20
19	COLORADO STATE	NR
21	UTAH STATE	29
23	BOISE STATE	RV
25	HARVARD	RV
26	WASHINGTON	13
27	GEORGETOWN	RV
28	OLE MISS	28
29	MINNESOTA	NR

# **2021 MW ATHLETES OF THE WEEK**

Week 1

Week 2

Men: Mark Crandall, Utah State
Men's Freshman: Garrett Woodhouse, Utah State
Women: Elena Miezava, Fresno State
Women's Freshman: Emma Thorley, Utah State

Week 3
Men: Ahmed Ibrahim, Boise State
Men's Freshman: Ahmed Ibrahim, Boise State
Women: Lilly Tomasula Martin, Colorado State
Women's Freshman: Natalia Ruiz, UNLV

### Week 7

### USTFCCCA WOMEN'S MOUNTAIN REGION XC POLL (LAST POLL WAS RELEASED ON NOV. 1)

Rank	<i>SCHOOL</i>	LAST POLL
1	BYU	3
2	NEW MEXICO	1
2	COLORADO	2
4	UTAH	4
5	NORTHERN ARIZONA	6
6	UTAH STATE	7
7	COLORADO STATE	5
8	WEBER STATE	8
9	AIR FORCE	10
10	UTAH VALLEY	9
11	SOUTHERN UTAH	12
12	WYOMING	11
13	NEW MEXICO STATE	13
14	MONTANA STATE	14
15	IDAHO STATE	15

### USTFCCCA MEN'S MOUNTAIN REGION XC POLL (LAST POLL WAS RELEASED ON NOV. 1)

Rank	<i>SCHOOL</i>	LAST POLL
1	NORTHERN ARIZONA	1
2	COLORADO	2
3	BYU	3
4	AIR FORCE	7
5	SOUTHERN UTAH	8
6	UTAH STATE	6
7	COLORADO STATE	5
8	MONTANA STATE	7
9	WEBER STATE	5
10	UTAH VALLEY	10
11	UTEP	12
12	WYOMING	11
13	IDAHO STATE	14
14	NEVADA	NR
<i>15</i>	new mexico	<i>13</i>





# **2021 WOMEN'S ROSTER**

name	CLS.	Hometown	PREVIOUS SCHOOL
Lauren Bettencourt	Fr.	San Antonio, Texas	FEAST Home School
<u>Johanna Briscoe</u>	RS-Jr.	West Linn, Ore.	West Linn High School
Cassandra Campanozzi	Jr.	Albuquerque, N.M.	Rio Rancho High School
<u>Larkin Chapman</u>	Sr.	Muscatine, Iowa	lowa State
Adva Cohen	Sr.	Jerusalem, Israel	Iowa Central Community College
Cora Cooke	Fr.	Charlotte, NC	Myers Park High School
Samrawit Dishon	Fr.	Longmont, Colo.	Niwot High School
<u>Isabella Fauria</u>	Fr.	Sacramento, Calif.	St. Francis Sacramento
Kathryn Ferguson	Fr.	Santa Fe, N.M.	Academy for Technology and the Classics
Kyla Fugate	So.	Alamogordo, N.M.	Alamogordo High School
Abigail Goldstein	Sr.	Ambler, Pa.	Harvard
Emma Heckel	Fr.	Nuremburg, Germany	Rice
<u>Juanita Johnson</u>	RS-Jr.	Albuquerque, N.M.	Cibola High School
Jessi King	Fr.	Oneonta, Ala.	Oneonta High School
Annamaria Kostarellis	Sr.	Rochester, N.Y.	Xavier
Gracelyn Larkin	So.	Rosseau, Ontario	Bracebridge and Muskoka Lakes Secondary School
Celeste Martinez	Fr.	Albuquerque, N.M.	Albuquerque Academy
Amelia Mazza-Downie	So.	Melbourne, Australia	Maribyrnong Secondary College
Semira Mebrahtu Firezghi	Fr.	Asmara, Eritrea	
Hannah Miller	RS-Sr.	Invercargill, New Zealand	SMU
Andrea Modin Engesæth	Fr.	Norway	
<u>Isabela Nellos</u>	RS-So.	Albuquerque, N.M.	Albuquerque High School
Olivia O'Keeffe	RS-Jr.	Davis, Calif.	Davis Senior High School
Stefanie Parsons	Sr.	Acton, Ontatio	Edinboro (PA)
Brenda Rosales Coria	Sr.	Long Beach, Calif.	Los Angeles Harbor College
Lydia Russell	Fr.	Bryn Mawr, Pa.	Oregon
Abigail Taylor	RS-Fr.	Dublin, Ireland	Wesley College
Elise Thorner	Fr.	Langport, England	Millfield
Ali Upshaw	Fr.	Fort Defiance, Ariz.	St. Michael Indian School
Samantha Valentine	Sr.	Middleton, Wis.	Brown
Madeleine Velasquez	Fr.	Albuquerque, N.M.	Eldorado High School

## 2021 MEN'S ROSTER

Ethan Brouw	Fr.	Sydney, Australia	Trinity Grammar School
Nehemiah Cionelo	RS-So.	Albuquerque, N.M.	Home Schooled
Reece Donihi	Jr.	Phoenix, Ariz.	Desert Vista High School
<u>Iolo Hughes</u>	Sr.	Llanfechell, Wales	Ysgol Syr Thomas Jones
Abdirizak Ibrahim	So.	Amarillo, Texas	South Plains College
Matthew Larkin	Fr.	Rosseau, Ontario	Bracebridge and Muskoka Lakes Secondary School
Harrison Smith III	RS-So.	Albuguergue, N.M.	Eldorado High School
Awet Yohannes	Jr.	Gothenburg, Sweden	Iowa Central Community College

### COACHING STAFF

Head Coach Associate Head Coach Assistant Coach Volunteer Coach Joe Franklin (14th season | Purdue, 1991) Laura Bowerman (6th season | Florida State) James Butler (6th season | Wake Forest) Dr. Richard Ceronie (8th season | Brockport State)

### **PRONUNCIATIONS**

Name
Adva Cohen
Samrawit Dishon
Andrea MODIN ENGESAETH
Annamaria KOSTARELLIS
Amelia MAZZA-Downie
Semira Mebrahtu Firezghi

Pronunciation
ah-d-va co-en
sam-rEE dE-shawn
mO-den E-gen-stah-t
kah-sta-rel-lis
mah-za
se-ME-ra meh-brah-tu
fre-z-key

Nehemiah Cionelo Reece **DONIHI IOLO** Hughes Abdirizak (Abdi) Ibrahim Awet Yohannes nE-he-my-uh see-o-nel-o don-E-hE Yo-low ob-D ee-bri-him Ah-wet yo-han-nes





### **WOMEN'S TU/RADIO ROSTER**



LAUREN BETTENCOURT FR. SAN ANTONIO, TX FEAST HOME SCHOOL



JOHANNA BRISCOE RS-JR. WEST LINN, ORE. WEST LINN HS



CASSANDRA CAMPANOZZI JR. ALBUQUERQUE, N.M. RIO RANCHO HS



LARKIN CHAPMAN SR. MUSCATINE, IOWA IOWA STATE



ADVA COHEN SR. JERUSALEM, ISRAEL IOWA CENTRAL CC



CORA COOKE FR. CHARLOTTE, N.C. MYERS PARK HS



SAMREE DISHON FR. LONGMONT, COLO. NIWOT HS



ISABELLA FAURI FR. SACRAMENTO, CALI. ST. FRANCIS SACRAMENTO



KATHRYN FERGUSON FR. SANTA FE, N.M. ACADEMY FOR TECHNOLOGY AND THE



KYLA FUAGTE SO. ALAMOGORDO, N.M. ALAMOGORDO HS



ABBE GOLDSTEIN SR. AMBLER, PA. HARVARD



EMMA HECKEL FR. NUREMBURG, GERMANY RICE



JUANITA JOHNSON RS-JR. ALBUQUERQUE, N.M. CIBOLA HS



JESSI KING FR. ONEONTA, AL. ONEONTA HS



ANNAMARIA KOSTARELLIS SR. ROCHESTER, N.Y. XAVIER



GRACELYN LARKIN SO. ROSSEAU, ONTARIO BRACEBRIDGE AND MUSKOKA SECONDARY SCHOOL



CELESTE MARTINEZ FR. ALBUQUERQUE, N.M. ALBUQUERQUE ACADEMY



AMELIA MAZZA-DOWNIE SO. MELBOURNE, AUS. MARIBYRNONG SECONDARY COLLEGE



SEMIRA MEBRAHTU FIREZGHI FR. ASMARA, ERITREA



HANNAH MILLER RS-SR. INVERCAGILL, NEW ZEALAND SMU



ANDREA MODIN ENGESAETH FR. NORWAY



ISABELA NELLOS RS-SO. ALBUQUERQUE, N.M. ALBUQUERQUE HS



OLIVIA O'KEEFFE RS-JR. DAVIS, CALI. DAVIS SENIOR HS



STEFANIE PARSONS SR. ACTON, ONTARIO EDINBORO (PA)



BRENDA ROSALES-CORIA SR. LONG BEACH, CALI. LOS ANGELES HARBOR COLLEGE



LYDIA RUSSELL FR. BRYN MAWR, PA. OREGON



ABIGAIL TAYLOR RS-FR. DUBLIN, IRELAND WESLEY COLLEGE



ELISE THORNER FR. LANGPORT, ENGLAND MILLFIELD



ALI UPSHAW
FR.
FORT DEFIANCE, ARIZ.
ST. MICHAEL INDIAN
SCHOOL



SAMANTHA VALENTINE SR. MIDDLETON, WIS. BROWN



MADELEINE VELASQUEZ
FR.
ALBUQUERQUE, N.M.
FL DORADO HS





### **MEN'S TU/RADIO ROSTER**



ETHAN BROUW FR. SYDNEY, AUSTRALIA TRINITY GRAMMAR SCHOOL



NEHEMIAH CIONELO RS-SO. ALBUQUERQUE, N.M. HOME SCHOOLED



REECE DONIHI JR. PHOENIX, ARIZ. DESERT VISTA HS



IOLO HUGHES SR. LLANFECHELL, WALES YSGOL SYR THOMAS JONES



ABDIRIZAK IBRAHIM SO. AMARILLO, TEXAS SOUTH PLAINS COLLEGE



MATTHEW LARKIN FR. ROSSEAU, ONTARIO BRACEBRIDGE AND MUSKOKA LAKES SEC-ONDARY SCHOOL



HARRISON SMITH III RS-SO. ALBUQUERQUE, N.M. ELDORADO HS



AWET YOHANNES
JR.
GOTHENBURG,
SWEDEN
IOWA CENTRAL CC

### LOBOS REMAIN IN TOP.5

The women's team dominates the competition at every meet they attend. The team ranks second in the nation in the USTFCCCA Coaches Poll and second in the regional rankings.

### MAKING HER MARK

DII transfer Stefanie Parsons is showing why she belongs at this level. She has been the top Lobo runner at every one of New Mexico's meets. She placed 12th in the Nuttycombe Invitational, fourth in the Notre Dame Invitational and 1st at the NMSU Invitational. She also earned MW Athlete of the Week on Oct. 5 after her performance at Notre Dame.

### **GREAT DEPTH**

The Lobo women have a roster of 31 and it has proven to be key to their success. New Mexico has been able to run its student-athletes in championship races and "B" races alike throughout the season. In the championships, the Lobos have eight runners in this meet: Samree Dishon, Abbe Goldstein, Emma Heckel, Gracelyn Larkin, Amelia Mazza-Downie, Elise Thorner, Andrea Modin Engesaeth and Aliandrea Upshaw. They are also sitting out their top runners, Adva Cohen and Stefanie Parsons this week. That's saying a lot about the amount of talent on the team to have so many potentials that the coaches know they can rely on to get the results.

### TRANSFER POWER

The Lobos have found great talent through way of transfers this season. Adva Cohen, who has been with the

team since the 2018-19 season, but started her collegiate career at lowa Central Community College. She has proven herself to be a great leader for the Lobos and one of the consistent top runners.

Abbe Goldstein is a transfer from Harvard and has established herself as one of New Mexico's top-five in every race. Emma Heckel has also earned her way into the lineup and finished in the top-five of New Mexico runners consistently. Stefanie Parsons has been the Lobos' top runner in every single race she faces, proving that she can make the jump from DII and be successful.

### ALL-AMERICAN RETURNERS

The Lobos have three returners who were All-Americans last season. Abdirizak Ibrahim, Adva Cohen and Gracelyn Larkin all earned that honor in the 2020 season (which was conducted in the spring of 2021, due to COVID-19). They return and make a huge impact on the teams, both as leaders of the squads and talented on the course.

### **MAKE THAT 14 STRAIGHT!!!**

Since Joe Franklin took the reins as head coach in 2007, the women's team has been wildly successful. Winning this years' MW Championship, the women have now won 14 straight conference titles, beginning in the 2008 season. The women's runners took the top seven individual places (in order: Amelia Mazza-Downie, Emma Heckel, Gracelyn Larkin, Abbe Goldstein, Samree Dishon, Stephanie Parsons) and placed all seven runners in the top-30.

The men also had a stint of six straight conference titles from the 2009-14 seasons. The men have earned five individual champions in the history of the program, as well. In this season's race, the men took seventh place and Abdirizak Ibrahim was the top finisher, coming in at fifth individually.





### THE LOBOS' LAST MEET

**MADISON, Wis. -** ALBUQUERQUE, N.M. - The No. 1 Lobos women's cross country team showed why they are ranked first in the nation with a record-breaking performance in the Mountain West Championships today. The women placed first in the 6k race, while the men took seventh place in 8k race.

The Lobo women's team scored 15 points to take first place, the third perfect score in conference championship history. The team broke records as the only team in Mountain West history to finish the championships with the top seven runners all being from the same school.

The Lobos' 10 runners all placed within the first 30 finishers. Amelia Mazza-Downie led the Lobos and finished first with a time of 19:37.3, which is tied for the second-fastest time in Mountain West Championship history. Emma Heckel followed closely behind, earning second place with a time of 19:37.9. Less than four seconds later, Gracelyn Larkin crossed the finish line in 19:41.2 to take third place. Abbe Goldstein followed with a time of 19:44.2 for fourth place. Ali Upshaw earned fifth place with a time of 19:46. Samree Dishon and Stefanie Parsons rounded out the top seven with times of 19:51.8 and 19:55.8, respectively. All seven of the top runners earned All-Conference First Team Honors

in a clean Lobo sweep of the awards.

Adva Cohen earned 11th place with a time of 20:05.1 to earn a spot in the Second Team. Andrea Modin Engesaeth took 19th place with a time of 20:28.6. Elise Thorner rounded out the Lobos with a 26th place finish and a time of 20:38.7.

As the top finisher in the women's race, Mazza-Downie also earned herself MW Women's Student-Athlete of the Year. Head coach Joe Franklin has built a Lobo dynasty by leading the women's team to 14 straight conference titles, earning himself the Women's Coach of the Year. This marks his 13th coach of the year award and fifth in a row (since 2017).

The men's team took seventh place out of nine teams. Abdirizak Ibrahim led the Lobos with a fifth place finish and a time of 23:37.3 to earn himself All-Conference First Team honors. Matthew Larkin was the next Lobo to cross the finish line in 46th place with a time of 25:04.7. Reece Donihi, Iolo Hughes and Awet Yohannes finished next in the 51-53 spots, respectively, with times of 25:09, 25:10.5 and 25:11.3. Nehemiah Cionelo also competed in the race but did not finish.









# THE JOE FRANKLIN FILE

RECORDS AT UNM: 2 WXC NCAA CHAMPIONSHIPS, 13 WXC MW CHAMPIONSHIPS

ALL-AMERICANS COACHED: 61 (54 AT UNM)

### NOTEWORTHY :

- » Named the seventh head coach in program history on June 18, 2007
- » Has 13 straight women's XC MW titles (since 2008), 2 women's NCAA titles (2015, '17)

JOE FRANKLIN enters his 14th year as the head track and field/cross country coach at The University of New Mexico. Franklin took over the program on June 18, 2007 after 13 years in the same role at Butler University. He replaced Matt Henry who retired after seven years at New Mexico. Franklin is the seventh men's and fifth women's head track and field coach at UNM.

At the time of his hiring Franklin said, "I'm excited and thrilled. This is a very unique opportunity, especially when you look at the great tradition and history that New Mexico has had in cross country and track and field. I think the University of New Mexico and city of Albuquerque are tremendous settings for competition and training and places that provide unique opportunities for student-athletes."

Franklin said he has lofty expectations for the future of the UNM track and cross country programs. "The goals for the program are always to see where we can max out in every event," he said. "Let's see how high we can go. Let's see if we can get to be a top-10 team in cross country. Let's see if we can get to be a top-25 team in track and field. We want to have athletes in the sprints, throws, jumps, vaults and distance events qualifying for the NCAAs consistently and then see if we can build on that and start moving up in the team standings."

Since that time Franklin has wasted little time making his mark at New Mexico and achieved many of the goals he laid out in his hiring, which culminated with UNM's most successful season for the women in 2018-19.

In 2008 the United States Track & Field and Cross Country Association created a "Program of the Year" award to honor those teams who succeeded in all three sports — cross country, indoor track & field, outdoor track & field — on a yearly basis at the NCAA Championships. Since the awards inception New Mexico has made the list six times on the men's side and five times on the women's side.

Franklin has also assembled a considerable collection of championship hardware while leading UNM. Since the start of the 2009-10 school year, the Franklin-led Lobos have claimed the most conference titles of any Mountain West member, with 23 total (11 women's cross-country; six men's cross-country; three men's indoor track & field; one men's outdoor track & field; two

women's indoor track & field). Franklin delivered two national







championships in cross country, the first individual national championship in cross country in Ednah Kurgat and eight individual track and field champions.

### THE JOE FRANKLIN FILE

Birthplace: Greencastle, Ind.

Alma Mater: Purdue '91

Collegiate Athletic Experience: Purdue

(mid-distance: 1986-91)

### **COACHING EXPERIENCE**

### **2007-current: University of New Mexico**

Head Men's and Women's Track & Field/ Cross Country Coach

- Two-time USTFCCCA National Women's Coach of the Year (2015, 2017)
- Five-time Mountain West Men's & Women's Cross Country Coach of the Year (2009, 2011, 2012, 2013 & 2014)
- 10x Mountain West Cross Country
- Women's Coach of the Year (2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2017, 2018)
- 2010 NCAA Mountain Region Men's & Women's Cross Country Coach of the Year
- Four-time NCAA Mountain Region
- Women's Cross Country Coach of the Year (2010, 2011, 2015, 2018)
- Three-time Mountain West Men's Indoor Coach of the Year (2013, 2014, 2015)
- Two-time Mountain West Women's Indoor Coach of the Year (2014, 2015)
- Three-time USTFCCCA Mountain Region Women's Coach of the Year (2012, 2014, 2015)
- USTFCCCA Mountain Region Men's Coach of the Year (2014)

# 1994-07: Butler University

Head Men's and Women's Cross Country/

Track & Field Coach

- National cross country coach of the year
- NCAA regional XC coach of the year
- Conference XC coach of the year 17 times
- 2-time conference indoor T&F coach of the year

### 1992-94: Purdue University

Asst. Men's Cross Country/Track & Field Coach

### 1991-92: DePauw University

Head Cross Country Coach -Conference coach of the year

### **ALL-AMERICANS COACHED (61)**

At UNM: Courtney Frerichs, Rhona Auckland, Molly Renfer, Calli Thackery, Logan Pflibsen, Allan Hamilton, Alice Wright, Peter Callahan, Charlotte Arter, Sammy Silva, Josephine Moultrie, Luke Caldwell, Floyd Ross, Sarah Waldron, Kendall Spencer, Ruth Senior, Natalie Gray, Rory Fraser, Jacob Kirwa, Chris Barnicle, Michelle Corrigan, Lee Emanuel, Jeremy Johnson, Ednah Kurgat, Weini Kelati, Kieran Casey, Charlotte Prouse, Josh Kerr, Carlos Salcido, Ian Crowe-Wright, Elmar Engholm, Charles Lewis, Adam Bitchell, Michael Wilson, Kristian Hansen, Emily Hosker-Thornhill, Zoe Howell, Holly Van Grinsven, Mark Haywood, Graham Thomas, Diango Lovett, Ridge Jones, Shalom Keller, Alondra Negrón Texidor, Jannell Hadnot, Sophie Connor, Tamara Armoush, Abdirizak Ibrahim, Gracelyn Larkin, Adva Cohen.

**AT BUTLER:** Scott Overall, Victoria Mitchell, Olly Laws, Becky Lyne, Mark Tucker, Fraser Thompson, Julius Mwangi.





# WOMEN'S MEET-BY-MEET RESULTS

	LORI FITZGERALD INVITATIONAL (5K)	FOUR CORNERS CLASSIC (5K)	JOE PIANE NOTRE DAME INVITATIONAL (5K)	NUTTYCOMBE WISCONSIN INVITATIONAL (6K)	MW CHAMPIONSHIPS (6K)
LAUREN BETTENCOURT	14th / 18:45.1	7th / 20:11	Did not compete	B race: 53rd / 22:39.0	DNC
CASSANDRA CAMPANOZZI	44th / 23:38.0	26th / 25:09	Did not compete	Did not compete	DNC
LARKIN CHAPMAN	15th / 18:45.7 (UA)	Did not compete	Did not compete	Did not compete	DNC
ADVA COHEN	Did not compete	Did not compete	23rd / 16:45.0	34th / 20:43.2	11th / 20:05.1
CORA COOKE	32nd / 20:28.9	11th / 20:40	Did not compete	26th / 20:39.9	DNC
SAMREE DISHON	2nd / 17:11.1	Did not compete	Open race: 4th / 17:20.6	Did not compete	6th / 19:51.8
KATHRYN FERGUSON	41st / 22:01.8	Did not compete	Did not compete	Did not compete	DNC
ABBE GOLDSTEIN	Did not compete	Dld not compete	40th / 16:55.8	24th / 20:37.0	4th / 19:44.2
EMMA HECKEL	Did not compete	Did not compete	16th / 16:40.0	16th / 20:24.4	2nd / 19:37.9
JUANITA JOHNSON	9th / 17:56.0	Did not compete	Open race: 8th / 17:27.9	16th / 21:36.3	DNC
Annamaria Kostarellis	4th / 17:39.9 (UA)	Did not compete	Did not compete	Did not compete	DNC
GRACELYN LARKIN	Did not compete	Did not compete	26th / 16:48.4	15th / 20:23.0	3rd / 19:41.2
CELESTE MARTINEZ	18th / 19:05.2	5th / 19:30	Did not compete	Did not compete	1st / 19:37.3
AMELIA MAZZA-DOWNIE	Did not compete	Did not compete	25th / 16:47.9	70th / 21:07.4	DNC
SEMIRA MEBRAHTU FIREZGHI	8th / 17:54.9	1st / 18:34	Did not compete	B race: 12th / 21:32.8	DNC
HANNAH MILLER	Did not compete	Did not compete	Did not compete	B race: 6th / 21:20.9	DNC
ANDREA MODIN ENGESAETH	Did not compete	Did not compete	29th / 16:50.1	47th / 20:51.9	19th / 20:28.6
ISABELA NELLOS	16th / 18:49.2	29th / DNF	Did not compete	Did not compete	DNC
STEFANIE PARSONS	1st / 17:01 (UA)	Did not compete	4th / 16:18.3	12th / 20:21.9	7th / 19:55.8
BRENDA ROSALES-CORIA	13th / 18:36.7	4th / 19:13	Did not compete	Did not compete	DNC
ELISE THORNER	Did not compete	Did not compete	Open race: 6th / 17:24.8	B race: 1st / 20:57.8	26th / 20:38.7
ALI UPSHAW	Did not compete	Did not compete	Open race: 7th / 17:26.4	B race: 3rd / 21:02.1	5th / 19:46
SAMANTHA VALENTINE	Did not compete	3rd / 19:04 (UA)	Did not compete	B race: 57th / 22:44.8 (UA)	DNC
MADELEINE VELASQUEZ	39th / 21:11.0	19th / 21:37	Did not compete	B race: 63rd / 22:59.1	DNC





# **MEN'S MEET-BY-MEET RESULTS**

	LORI FITZGERALD INVITATIONAL (5K)	JOE PIANE NOTRE DAME INVITATIONAL (5 MILE)	NUTTYCOMBE WISCONSIN INVITATIONAL (8K)	MW CHAMPIONSHIPS (8K)
ETHAN BROUW	17th / 15:40.3	Did not compete	Did not compete	Did not compete
NEHEMIAH CIONELO	23rd / 15:47.3	170th / 26:29.5	B race: 53rd / 25:46.3	Did not finish
REECE DONIHI	5th / 15:09.2	141st / 25:36.0	B race: 54th / 25:46.7	51st / 25:09
IOLO HUGHES	13th / 15:30.1	154th / 25:51.1	B race: 31st / 25:21.9	52nd / 25:10.5
ABDIRIZAK IBRAHIM	Did not compete	25th / 24:04.6	Did not compete	5th / 23:37.3
MATTHEW LARKIN	16th / 15:39.8	161st / 26:10.7	B race: 75th / 26:19.4	46th / 25:04.7
HARRISON SMITH III	36th / 16:19.1	176th / DNF	Did not compete	Did not compete
AWET YOHANNES	4th / 15:08.9	94th / 24:59.2	B race: 89th / 27:42.1	53rd / 25:11.3