

Thursday

(9:30 pm PT) W 10K – Emma Heckel, Samree Dishon, Gracelyn Larkin

(10:10 pm) M 10K – Kevin Mulcaire

Friday

(3 pm) W long jump – Marthe Roece, Mikyla Harkley

(3 pm) M long jump – Camillo Dunninger, Aidan Quinn, Montez Wright, Darryl Thomas

(5 pm) W pole vault – Kiara Quezada-Arzate

(6 pm) M high jump – Adam Giron

(5 pm) W 1500m run – Samree Dishon, Stefanie Parsons, Elise Thorner, Sarah Eckel

(5:15 pm) M 1500m run – Iolo Hughes, Abdirizak Ibrahim

(5:30 pm) W 100m hurdles – Victoria Plummer

(5:45 pm) M 110m hurdles – Gannon Christman

(6 pm) W 400m dash – Ryan Little, Tianna Holmes

(6:10 pm) M 400m dash – Jovahn Williamson, Jevon O’Bryant

(6:30 pm) M 100m dash – Montez Wright

(6:40 pm) W 800m run – Isabella Fauria, Semira Mebrahtu Firezghi, Abbe Goldstein

(6:55 pm) M 800m dash – Gavin Sleeter, Matthew Larkin, Ethan Brouw

(7:10 pm) W 400m hurdles – Emily Ho

(7:25 pm) M 400m hurdles – Rivaldo Leacock

(7:40 pm) Women’s 200m dash – Tatyana Wiley, Tianna Holmes, Ryan Little

(7:55 pm) M 200m dash – Jovahn Williamson, Victor Akhalu, Jevon O’Bryant

(8:10 pm) W 3000m SC – Samantha Valentine, Adva Cohen

(8:30 pm) M 3000m SC – Awet Yohannes, Nehemiah Cionelo

Saturday

(3 pm) M javelin – Camillo Dunninger

(4 pm) M triple jump – Darryl Thomas, Aidan Quinn

(4 pm) W triple jump – Marthe Roee, Mikyla Harkley

(5 pm) M pole vault – Camillo Dunninger

(6 pm) W high jump – Emily Ho, Victoria Plummer

(5:15 pm) W 4x100m relay – one team

(5:25 pm) M 4x100m relay – one team

(7:55 pm) W 5000m run – Amelia Mazza-Downie, Emma Heckel, Isabella Fauria, Abbe Goldstein, Samantha Valentine, Stefanie Parsons, Semira Mebrahtu Firezghi, Ali Upshaw, Juanita Johnson, Gracelyn Larkin

(8:20 pm) M 5000m run – Kevin Mulcaire, Iolo Hughes, Nehemiah Cionelo, Awet Yohannes, Abdirizak Ibrahim

(8:45 pm) W 4x400m relay – one team

(8:55 pm) M 4x400m relay – one team