

2024 University of New Mexico Indoor Track & Field

**Dr. Martin Luther King Jr. Invitational
Saturday, January 20, 2024**

FINAL TIME SCHEDULE 1/17/2024

Friday 2:00PM-6:00PM: Track open for team practice and packet pickup

-15 minutes for flight specific warm up-

9:00 AM Women's Pole Vault "B" Flight B
11:00 AM Women's Pole Vault "A" Flight A
1:30 PM Men's Pole Vault 15 Athletes

High Jumps are contested on the sprint straight, so the infield will be closed until 10:45AM or until the completion of the Women's High Jump.

8:00 AM Women's High Jump South Pit 33 Athletes
8:45 AM Men's High Jump North Pit 15 Athletes

8:20 AM Men's 3000 Meters 1 Heat
8:30 AM Women's 3000 Meters 2 Heats

8:00 AM Women's Shot Put South Ring Flight 1
8:00 AM Women's Shot Put West Ring Flight 2

9:00 AM Men's Unseeded 200 Meters 5 Heats
9:15 AM Women's Unseeded 200m 13 heats
9:55 AM Men's 600 Meters 3 heats

8:30 AM Women's Long Jump East Runway Flight 1,2,3,4
8:30 AM Men's Long Jump West Runway Flight 1,2,3

10:05 AM Women's 600 Meters 5 Heats
10:25 AM Women's Unseeded 400 Meters 6 heats
10:50 AM Men's 60 Meter Hurdle Prelims 3 heats

Top 2 in each heat plus next 2 fastest times advance

9:15 AM Women's 20 lb Weight Throw West Ring Flight 1,2,3
will follow 30min after completion of Women's Shot Put Flight 1/2

11:05 AM Women's 60 Meter Hurdle Prelims 7 Heats
heat winner plus next 2 fastest times advance to finals

12:30 PM Men's 35 lb Weight Throw West Ring Flight 1

11:25 AM Men's 60 Meter 5 heats

12:00 PM Women's Triple Jump East Runway Flight 1,2
12:00 PM Men's Triple Jump West Runway Flight 1

11:45 AM Women's 60 Meter 8 Heats

12:15 PM Men's 60 Meter Invite 3 Heats

Top 2 in each heat plus next 2 fastest times advance to the finals

1:45 PM Women's Shot Put West Ring Flight 3 (Top 16)
will follow 20min after completion of Men's Weight Throw

12:25 PM Women's 60 Meter Invite 3 Heats

Top 2 in each heat plus next 2 fastest times advance to the finals

3:00 PM Men's Shot Put West Ring Flight 1

12:35 PM Men's Mile 3 heats

12:55 PM Women's Mile 3 heats

1:15 PM Men's 60 Hurdle Final 1 heat

1:20 PM Women's 60 Hurdle Final 1 heat

1:30 PM Men's 400 Meters 8 heats

Regular 400m, IMMEDIATELY followed by Unseeded 400

1:55 PM Women's 400 Meters 4 heats

2:10 PM Men's 60 Meter Final 1 heat

2:15 PM Women's 60 Meter Final 1 heat

2:20 PM Men's 300 Meters 5 heats

2:40 PM Women's 300 Meters 8 heats

2:55 PM Men's 200 Meters 4 heats

3:05 PM Women's 200 Meters 4 heats

3:20 PM Men's 800 Meters 5 heats

3:35 PM Women's 800 Meters 6 heats

3:55 PM Men's 4 x 400 Relay 2 heats

4:10 PM Women's 4 x 400 Relay 2 heats

Saturday, Jan. 20, 7:00am - 12:00pm

Packet pick-up at South end of bleachers

**Meet info and hotel form will be emailed to teams.*

**Check in at least one hour prior to event.*

6:45am - 11:00am *Implement weigh in on East side of Track*

**ALL throwing implements must be weighed and certified.*