



## HABTOM SAMUEL

(Hab-tum Sam-yull) **Career Personal Bests:** 1500m - 3:41.61 Mile - 3:53.92 @ (Indoor) UNM RECORD 3.000m - 7:40.63 (Indoor) 5,000m - 13:13.

10.000m - 26:53.49

UNM RECORD UNM RECORD #2 NCAA All-Time

Meet (Date)	Event	Mark	Place
NCAA West Regionals	5,000m	13:44.50	1st (F)
NCAA West Regionals	10,000m	28:26.91	1sr (F)
MW Championships (5/11)	1500	3:44.04	1st (F)
MW Championships (5/11)	5000	13:51.65	1st (F)
MW Championships (5/9)	1500	3:47.86	2nd (P)
Don Kirby Tailwind (4/19)	10,000	28:03.30*	1st (F)
Bryan Clay Invite (4/11-13)	1500	3:41.61	31st (F)
	5000	13:13.34	2nd (F)
THE TEN (3/19)*	10.000	26:53.49	5th (F)
*not NCAA meet	-,		

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- First Lobo to finish as an All-American in both XC and Indoor Track since Luke Caldwell (2014) – NCAA XC Runner-Up as a true freshman, followed up with Indoor All-American honors in the 5,000m and 3,000m.
- Broke the program records in the 3,000m and 5,000m during indoor season and has broken the UNM & MW outdoor 5.000m and 10.000m records this outdoor season. Ranks No. 2 in the nation in the 5,000m (13:13.34) and No. 3 in the 10,000m (28:08.30) and will be a favorite at NCAA Outdoor Championships in June in both.
- Ran the second-fastest 10,000m race in NCAA history on March 19 at Sound Running's THE TEN (26:53.84) and posted a converted NCAA qualifying time of 28:08.30 that ranks as third-best in the nation.
- Won't compete in the 10K this weekend but will race in two other events in which he's posted the best marks in the conference – the 1500m (3:41.61) and 5,000m. Ranks No. 72 in the nation in the 1500m.
- MW Indoor Championships Performer of the Meet & Indoor Track Athlete of the Year as well as MW XC Athlete of the Year. Broke the conference championship record en route to runaway wins in both.
- Followed up with two more MW individual titles in the 1500m and 5,000m two weeks ago to remain undefeated in conference championship races.

## THE YEAR OF HABTOM

Since the 2023-24 season, Samuel has racked up accomplishments at a pace unseen by any true freshman in UNM history. He'll be looking to add two more All-American finishes (5,000m, 10,000m) at Hayward to an already extensive list of achievements:

- 2023 Mountain West Athlete of the Year (XC)
- NCAA Runner of the Week (XC)
- USTFCCCA Mountain Region Athlete of the Year (XC)
- Mountain West Champion (XC)
- NCAA Mountain Region Champion (XC)
- NCAA Championship Runner-Up (XC)
- Mountain West Championship Record Holder (XC)
- UNM Program Record Holder 5,000m, 3,000m, Mile (Indoor)
- Fastest collegiate mile ever ran at the Albuguerque Convention Center (3:59.12)
- 11th-Fastest 5,000m time in NCAA History (Indoor)
- Mountain West Championship Performer of the Meet (Indoor)
- Mountain West Championship Record Holder - 5,000m, 3,000m (Indoor)
- Mountain West Champion 5,000m, 3,000m (Indoor)
- USTFCCCA First Team All-American -5,000m, 3,000m (Indoor)
- No. 210,000m time in NCAA History (Outdoor)
- 2024 Mountain West Indoor Track Athlete of the Year

## MEET SCHEDULE

WEDNESDAY, JUNE 5 Men's 10,000m Final - 8:08 p.m. MT FRIDAY, JUNE 7 Men's 5,000m Final - 8:55 p.m. MT

2024 NEW MEXICO TRACK É FIELD