The Bowerman Watch List

2025 Preseason, January 9

NAME	YEAR	SCHOOL	EVENTS	HOMETOWN	HIGH SCHOOL/PREVIOUS	TRANSFER FROM	Update Notes	Career Notes	WL app.	WL debut
Mykolas Alekna	RS JR	California	Discus	Vilnius, Lithuania	"Saules" privati gimnazija		third preseason WL	2022, 2023 semifinalist	16	5/5/2022
Johnny Brackins, Jr.	SR	Southern California	Hurdles/Jumps	Kansas City, Mo.	Lee's Summit HS	Baylor	first preseason WL	2 WL app. in 2024	3	2/29/2024
Chinecherem Nnamdi	SR	Baylor	Javelin	Awka, Nigeria			career WL debut		1	1/9/2025
Tarik Robinson-O'Hagan	JR	Ole Miss	Throws	Woonsocket, R.I.	Woonsocket HS		career WL debut	2024 semifinalist	1	1/9/2025
Tarsis Orogot	SR	Alabama	Sprints	Soroti, Uganda	St. Lawrence Citizen HS		first preseason WL	1 app. on WL in 2024	2	5/16/2024
Habtom Samuel	SO	New Mexico	Distance	Keren, Eritrea	Al Selef Al Salih		first preseason WL	2024 semifinalist; 1 WL	2	5/30/2024
Ethan Strand	SR	North Carolina	Mid-Distance/Distance	Vestavia, Ala.	Vestavia Hills HS		career WL debut		1	1/9/2025
Ja'Kobe Tharp	SO	Auburn	Hurdles	Basking Ridge, N.J.	Rockvale HS		first preseason WL	2 WL app. in 2024	3	5/16/2024
Sam Whitmarsh	SR	Texas A&M	Sprints/Mid-Distance	Lake Jackson, Texas	Brazoswood HS		first preseason WL	RV for '24 semifinal; 4 \	5	4/11/2024
Parker Wolfe	SR	North Carolina	Distance	Denver, Colo.	Cherry Creek HS		first preseason WL	2024 semifinalist (prog	2	2/8/2024
Also Receiving Votes										
Nathan Green	SR	Washington	Mid-Distance	Boise, Idaho	Borah HS		career RV debut			
Kenneth Ikeji	SR	Harvard	Throws	London, England	Brampton Manor Academy			2 WL app. in 2024	3	1/9/2024
Eli Kosiba	SR	Grand Valley State	Jumps	Rensselaer, Ind.	Rensselaer Central HS		career RV debut			
Rivaldo Marshall	SR	Arkansas	Mid-Distance	Kingston, Jamaica	Calabar HS	Iowa / Indian Hills CC	career RV debut			
Tinoda Matsatsa	SO	Georgetown	Mid-Distance/Distance	Boyds, Md.	St. Andrew's Episcopal School					
Nathan Mountain	SR	Virginia	Mid-Distance	Cincinnati, Ohio	St. Xavier HS					
Samuel Ogazi	SO	Alabama	Sprints	Kaduna, Nigeria	Dagaps Royal Academy		career RV debut			
Godson Oghenebrume	SR	LSU	Sprints	Ughelli, Nigeria	Onoriede International School			on preseason WL '24	1	1/9/2024
Colin Sahlman	JR	Northern Arizona	Mid-Distance	Camarillo, Calif.	Newbury Park HS			3 WL app. in 2024	3	5/2/2024