

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Dempsey:	!	7.07	2/25/2023 Samirah Moody, USC
Meet:	M	7.31	2/1/2014 Geronne Black, Unattached
Name		Year	School Prelims
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Heat 1	Preliminaries		
1 #	5157	Cheney, Caitlyn	Western Washington 7.66q
2 #	4848	Carrillo, Natalia	UC Riverside 7.74
3 #	4320	Roy-Williams, Cad	Cal Poly 7.86
4 #	5165	Heiman, Annabelle	Western Washington 8.26
Heat 2	Preliminaries		
1 #	4487	Childress, C'Nai	North Texas 7.61q
2 #	4611	Forst, Tori	Portland State 7.79
3 #	4571	Cain, Aria	Portland 7.87
4 #	4582	Pullom, Ly'le	Portland 8.22
5 #	4755	Singleton, Savann	Seattle 8.43
Heat 3	Preliminaries		
1 #	4854	McIntosh-Adams, O	UC Riverside 7.67q
2 #	4415	Cook, Kristin	Hawai'i 7.73
3 #	5155	Bennett, Bec	Western Washington 7.98
4 #	4715	Valle, Eliana	San Francisco 8.08
5 #	4712	Reed, Veronika	San Francisco 8.51
Heat 4	Preliminaries		
1 #	4304	Armstrong, Desie	Cal Poly 7.80
2 #	4321	Seals, Ciella	Cal Poly 7.80
3 #	5172	Polkinghorn, Hann	Western Washington 8.04
4 #	4624	Wheat, Aida	Portland State 8.08
Heat 5	Preliminaries		
1 #	4861	Olukoju, Raykiyat	UC Riverside 7.72q
2 #	4903	Barlee, Alex	Unattached 7.73
3 #	4307	Easter, Madison	Cal Poly 7.93
4 #	4427	Smith, Dani	Hawai'i 8.14
Heat 6	Preliminaries		
1 #	4709	Mesa-Espinoza, An	San Francisco 7.75
2 #	4915	Noji, Kela	Unattached 7.89
3 #	4352	Gonzales, Zoe	Central Washington 7.95
4 #	4752	Marks, Taylor	Seattle 8.04
5 #	4622	Rosario, Sienna	Portland State 8.11
Heat 7	Preliminaries		
1 #	5135	Thompson, Nerissa	Western Oregon 7.62q
2 #	4532	Hurley, Jada	Oregon State 7.78
3 #	4711	Priester-Veasley,	San Francisco 7.85
4 #	5167	McIntosh, Jasmine	Western Washington 8.20
Heat 8	Preliminaries		
1 #	4443	Willems, Jana	Idaho 7.58q
2 #	4322	Simos, Ava	Cal Poly 7.68q
3 #	4463	Hawkins, Dyvonna	Left Coast T 7.91
4 #	4792	Sarrys, Jada	Seattle Pacific 7.97
--	#	4856	Nakamoto, D'Laine UC Riverside DQ
Heat 9	Preliminaries		
1 #	4649	Wilson, Kyrstin	Puget Sound 7.86
2 #	5131	Morrow, Annika	Western Oregon 7.99
3 #	5158	Cook, Kennedy	Western Washington 8.28
4 #	5128	Fountain, Alyse	Western Oregon 8.35
Heat 10	Preliminaries		
1 #	5047	Hunter, Danielle	Washington 7.66q

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2 #	4491	Reece, Jasmyn	North Texas	7.79
3 #	4310	Fortier, Ava	Cal Poly	7.87
4 #	5127	Dotson, Jazmine	Western Oregon	7.92

Women 60 Meter Dash

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	Dempsey: !	7.07	2/25/2023	Samirah Moody, USC
	Meet: M	7.31	2/1/2014	Geronne Black, Unattached
Name		Year	School	Finals
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Section 1 Finals

1 #	5135	Thompson, Nerissa	Western Oregon	7.52
2 #	4854	McIntosh-Adams, O	UC Riverside	7.68
3 #	4861	Olukoju, Raykiyat	UC Riverside	7.74
4 #	5157	Cheney, Caitlyn	Western Washington	7.78

Section 2 Finals

1 #	4487	Childress, C'Nai	North Texas	7.55
2 #	5047	Hunter, Danielle	Washington	7.55
3 #	4443	Willems, Jana	Idaho	7.62
4 #	4322	Simos, Ava	Cal Poly	7.70

Women 200 Meter Dash

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	Dempsey: !	23.09	2/24/2017	Kendall Ellis, USC
	Meet: M	23.57	1/27/2017	Ashley Henderson, San Diego S
Name		Year	School	Finals
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Section 1

1 #	4571	Cain, Aria	Portland	25.55
2 #	4306	DeMange, Elle	Cal Poly	25.65
3 #	4621	Rideout, Ocean	Portland State	27.08

Section 2

1 #	4903	Barlee, Alex	Unattached	25.46
2 #	5167	McIntosh, Jasmine	Western Washington	26.35
3 #	5165	Heiman, Annabelle	Western Washington	26.90
4 #	4614	Jolivet, Olivia	Portland State	27.37

Section 3

1 #	4848	Carrillo, Natalia	UC Riverside	24.78
2 #	4915	Noji, Kela	Unattached	26.02
3 #	4792	Sarrys, Jada	Seattle Pacific	26.61

Section 4

1 #	5158	Cook, Kennedy	Western Washington	25.33
2 #	5135	Thompson, Nerissa	Western Oregon	25.76
3 #	4752	Marks, Taylor	Seattle	26.37
4 #	4298	Kelso-Reynolds, C	Bushnell (Ore.)	28.17

Section 5

1 #	5155	Bennett, Bec	Western Washington	24.89
2 #	4649	Wilson, Kyrstin	Puget Sound	25.87
3 #	5127	Dotson, Jazmine	Western Oregon	25.91
4 #	5128	Fountain, Alyse	Western Oregon	27.47

Section 6

1 #	4307	Easter, Madison	Cal Poly	25.41
2 #	4310	Fortier, Ava	Cal Poly	26.28
3 #	4427	Smith, Dani	Hawai'i	26.86
4 #	5129	Houg, Tori	Western Oregon	27.60

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women 200 Meter Dash**

Section 7

1 # 4417 Fischer, Nora	Hawai'i	25.26
2 # 4856 Nakamoto, D'Laine	UC Riverside	25.96
3 # 4624 Wheat, Aida	Portland State	26.91
4 # 4622 Rosario, Sienna	Portland State	27.12

Section 8

1 # 4854 McIntosh-Adams, O	UC Riverside	25.04
2 # 4611 Forst, Tori	Portland State	25.14
3 # 4321 Seals, Ciella	Cal Poly	25.75
4 # 4620 Peterson, Ashley	Portland State	26.55

Section 9

1 # 5157 Cheney, Caitlyn	Western Washington	25.14
2 # 4415 Cook, Kristin	Hawai'i	25.41
3 # 4582 Pullom, Ly'le	Portland	26.42
4 # 5131 Morrow, Annika	Western Oregon	27.21

Section 10

1 # 4316 Jackson, Jordan	Cal Poly	25.17
2 # 4416 Fairclough, Ameli	Hawai'i	25.81
3 # 5174 Porter, Isabella	Western Washington	27.20
4 # 4304 Armstrong, Desie	Cal Poly	28.01

Section 11

1 # 4422 Kneeshaw, Izzy	Hawai'i	25.19
2 # 4320 Roy-Williams, Cad	Cal Poly	26.06
3 # 5168 Nguyen, Ari	Western Washington	26.27

Section 12

1 # 4861 Olukoju, Raykiyat	UC Riverside	24.07
2 # 4487 Childress, C'Nai	North Texas	24.72
3 # 4550 Shedd, Mersayis	Oregon State	26.81
4 # 5054 Segerholt, Moa	Washington	29.08

Women 400 Meter Dash

Dempsey: ! 51.60 2/29/2020 Bailey Lear, USC

Meet: M 52.24 1/27/2018 Raevyn Rodgers, Nike

Name	Year	School	Finals
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Section 1

1 # 4490 Okoye, Chinazaekp	North Texas	55.72	
2 # 4527 Hatcher, Megan	Oregon State	56.90	
-- # 4306 DeMange, Elle	Cal Poly	DQ	Cut in too soon
-- # 4853 Mack, Elena	UC Riverside	DQ	Cut in too soon

Section 2

1 # 4438 Omogor, Blossom	Idaho	54.87
2 # 4417 Fischer, Nora	Hawai'i	56.15
3 # 4416 Fairclough, Ameli	Hawai'i	57.54
4 # 4780 Brown, Johanna	Seattle Pacific	58.04
5 # 4545 Patera, Riley	Oregon State	59.35

Section 3

1 # 4432 Brunoro, Maiya	Idaho	56.06
2 # 4308 Estes, Kalia	Cal Poly	58.04
3 # 4355 Hopper, Elise	Central Washington	58.20

Section 4

1 # 5055 Terrell, Anna	Washington	54.73
2 # 4316 Jackson, Jordan	Cal Poly	55.12
3 # 4353 Harris, Donna Mar	Central Washington	58.39

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Section 5

1 # 4497 Williams, Aariyan	North Texas	54.61
2 # 4852 Ehiemere, Mercy	UC Riverside	54.61

Section 6

1 # 4496 Tucker, Kendahl	North Texas	54.99
2 # 4833 Daniyan, Kelaiah	Tcu	56.52
3 # 4647 Beiswanger, Eliza	Puget Sound	57.50
4 # 4620 Peterson, Ashley	Portland State	59.00

Section 7

1 # 4862 Starks, Saniyah	UC Riverside	56.11
2 # 4422 Kneeshaw, Izzy	Hawai'i	56.32
3 # 4415 Cook, Kristin	Hawai'i	59.37

Women 800 Meter Run

Dempsey: ! 1:58.27 2/24/2024 Nia Akins, Brooks Beasts

Meet: M 2:00.95 1/27/2024 Carley Thomas, Washington

Name	Year	School	Finals
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Section 1

1 # 4618 Nichols, Taylor	Portland State	2:19.94
2 # 4729 Winkler, Grace	Santa Clara	2:24.36
3 # 4710 Noda, Kaylee	San Francisco	2:25.19
4 # 4708 Kwasnica, Marlee	San Francisco	2:25.55
5 # 4716 Vuong, Katelyn	San Francisco	2:26.61
6 # 4750 Garcia-Sandoval,	Seattle	2:26.98
7 # 4704 Barte, Kennedy	San Francisco	2:27.36
8 # 4761 White, Jordan	Seattle	2:28.63
9 # 4756 Swart, Sierra	Seattle	2:32.43
10 # 4727 Smithstanz, Soph	Santa Clara	2:34.07

Section 2

1 # 4495 Trotter, Trinity	North Texas	2:16.29
2 # 4747 Clapp, Annabelle	Seattle	2:19.26
3 # 5028 Ohrling, Sofie	Victoria (B.C.)	2:19.33
4 # 4648 Schmidlin, Erin	Puget Sound	2:19.89
5 # 5180 Stenehjem, Skye	Western Washington	2:21.47
6 # 4608 Capozzi, Addison	Portland State	2:22.88
7 # 4759 Tsai, Mila	Seattle	2:25.27
8 # 4554 Van Der Zee, Sydn	Oregon State	2:29.88
-- # 4718 Aragon, Mariah	Santa Clara	DNF

Section 3

1 # 4660 Escorcia, Lillian	Sacramento State	2:14.26
2 # 4623 Stolte, Emma	Portland State	2:14.55
3 # 4703 Albrecht, Christi	San Francisco	2:17.71
4 # 4276 Smith, Ryann	Alaska Anchorage	2:17.91
5 # 4857 Nasca, Kylie	UC Riverside	2:18.43
6 # 4616 Lopez Cristia, Ir	Portland State	2:18.64
7 # 4548 Quintana, Ellie	Oregon State	2:19.13
8 # 4613 Hare, Wendy	Portland State	2:19.82
9 # 4537 Lorenz, Ruby	Oregon State	2:21.19
-- # 4607 Brown, Ahmeah	Portland State	DNF

Section 4

1 # 4391 Nino, Victoria	Fresno State	2:12.64
2 # 4713 Spyrou, Vasileia	San Francisco	2:14.01
3 # 4543 O'Beirne, Jenna	Oregon State	2:14.04

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4 #	4338 Dawson, Carolina	California	2:15.65
5 #	4539 McKee, Ava	Oregon State	2:16.91
6 #	4434 Holzhauer, Lara	Idaho	2:18.09
Section 5			
1 #	4474 Rono, Judy	New Mexico	2:07.57
2 #	4274 Chisar, Jess	Alaska Anchorage	2:08.27
3 #	4836 Scott, Georgia	Tcu	2:09.74
4 #	4340 Lahanas, Zoe	California	2:11.38
5 #	5166 Kroontje, Emmy	Western Washington	2:13.07
6 #	4433 Holmgren, Leah	Idaho	2:13.08
7 #	5053 Rutherford, Elle	Washington	2:13.31
8 #	4654 Abbott, Dominique	Sacramento State	2:14.25
9 #	5160 Crocker, Mia	Western Washington	2:17.29
Section 6			
1 #	4579 Perotin, Rose	Portland	2:10.38
2 #	4888 Jeanneret, Georgi	Ucla	2:11.13
3 #	4580 Pettersson, Stina	Portland	2:11.19
4 #	4403 Rising, Ellie	George Fox	2:11.48
5 #	4912 Lincoln, Ellery	Unattached	2:11.81
6 #	5094 Pyeatt, Riley	Washington State	2:12.79
7 #	5023 Monoszlay, Casey	Valor Track Club	2:13.65
8 #	4617 Montoliu, Irene	Portland State	2:15.81
9 #	4578 Perez, Teresa	Portland	2:17.17
Section 7			
1 #	4835 Kalunde Ngao, Tab	Tcu	2:05.01
2 #	5060 Yerby, Claire	Washington	2:07.38
3 #	4519 Brown, Jillian	Oregon State	2:07.98
4 #	4556 Connor, Anna	Pacific Athletics	2:09.07
5 #	5048 Liebich, Maggie	Washington	2:09.09
6 #	4514 Baechler, Maya	Oregon State	2:10.87
7 #	5229 Johnson, Josii	Unattached	2:17.46
Section 8			
1 #	4917 Schoffield, Krist	Unattached	2:02.58
2 #	4295 Freitas, Marta	Brooks Beasts	2:02.71
3 #	4914 Menegatti, MaLeig	Unattached	2:02.77
4 #	5045 Foerster, Chloe	Washington	2:03.32
-- #	4296 Mehra, Rebecca	LA Fire Relief	DNF

Women 1 Mile Run

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Dempsey: ! 4:23.68		2/1/2020	Shelby Houlihan, Bowerman T
Meet: M 4:23.68		2/1/2020	Shelby Houlihan, Bowerman T
Name	Year	School	Finals
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Section 1			
1 #	4663 Oliver, Tia	Sacramento State	4:59.22
2 #	4786 Ewing, Maya	Seattle Pacific	5:06.40
3 #	4661 Gibson, Dakota	Sacramento State	5:08.97
4 #	5130 Liebl, Jazmine	Western Oregon	5:10.01
5 #	4618 Nichols, Taylor	Portland State	5:10.86
6 #	4805 Ranahan, Alicia	Simon Fraser	5:12.83
7 #	4725 Russo, Julia	Santa Clara	5:12.95
8 #	4720 Gurlanick, Sarah	Santa Clara	5:13.09
9 #	4721 James, Amelia	Santa Clara	5:13.33
10 #	5132 Nguyen, Kaydence	Western Oregon	5:13.85

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11 #	4695 Southward, Mazee	Salt Lake (Utah) CC	5:14.22
12 #	4728 Volner, Kaylee	Santa Clara	5:14.84
13 #	4398 Ward, Kylie	Fresno State	5:15.96
14 #	4708 Kwasnica, Marlee	San Francisco	5:16.00
15 #	4689 Crawford, Alix	Salt Lake (Utah) CC	5:17.10
16 #	4722 Lim, Sydney	Santa Clara	5:18.91
17 #	4719 Gonzalez, Isabell	Santa Clara	5:20.81
18 #	4692 Neslen, Edith	Salt Lake (Utah) CC	5:20.83
19 #	4761 White, Jordan	Seattle	5:28.06
Section 2			
1 #	4276 Smith, Ryann	Alaska Anchorage	5:01.35
2 #	4723 O'Neill, Audrey	Santa Clara	5:02.13
3 #	4811 Selander, Lia	Southern Utah	5:04.03
4 #	4389 Khakh, Khushleen	Fresno State	5:04.09
5 #	4666 Sanders, Kate	Sacramento State	5:04.16
6 #	4615 Kapustka, Ania	Portland State	5:04.42
7 #	4746 Camargo Solis, Di	Seattle	5:04.49
8 #	4846 Anderson, Makayla	UC Riverside	5:11.18
9 #	5171 Philbin, Jill	Western Washington	5:11.77
10 #	4694 Sotelo, Naomi	Salt Lake (Utah) CC	5:12.02
11 #	4781 Buckley, Madelyn	Seattle Pacific	5:12.65
12 #	4717 Almonte, Milaina	Santa Clara	5:16.84
13 #	5024 Abbott, Hailey	Victoria (B.C.)	5:17.24
14 #	4688 Anderson, Melanie	Salt Lake (Utah) CC	5:17.54
15 #	4574 Kabenina, Kate	Portland	5:17.82
16 #	4730 Yearian, Aliyah	Santa Clara	5:27.62
Section 3			
1 #	4999 Peters, Annastasi	Utah	4:54.02
2 #	4534 Latincsics, Molly	Oregon State	4:55.15
3 #	4573 Forstrom, Juliett	Portland	4:55.54
4 #	4991 Couture, Marika	Utah	4:56.09
5 #	4520 Cosgrove, Erin	Oregon State	4:56.61
6 #	5114 Brow, Danielle	Weber State	4:59.18
7 #	5028 Ohrling, Sofie	Victoria (B.C.)	4:59.30
8 #	5154 Bassett, Elie	Western Washington	4:59.88
9 #	4762 White, McKenna	Seattle	4:59.92
10 #	4495 Trotter, Trinity	North Texas	4:59.93
11 #	4858 N'Diaye, Isatu	UC Riverside	5:00.19
12 #	4483 Bajika, Betty	North Texas	5:01.11
13 #	4667 Valenton, Viviana	Sacramento State	5:03.10
14 #	4555 Yahn, Kate	Oregon State	5:03.92
15 #	4693 Salado Fernandez,	Salt Lake (Utah) CC	5:11.69
Section 4			
1 #	5116 Murphy, Laurie	Weber State	4:51.82
2 #	4584 Richardson, Maebh	Portland	4:53.20
3 #	5182 Wright, Sophie	Western Washington	4:53.33
4 #	5162 Davis, Ila	Western Washington	4:55.68
5 #	4423 Langschwager, Emi	Hawai'i	4:56.39
6 #	4990 Chaston, Emily	Utah	4:57.49
7 #	4538 Lowe, Meagen	Oregon State	4:57.64
8 #	4526 Hamlin, Jamie	Oregon State	4:57.77
9 #	4988 Bruce, Allie	Utah	4:59.13
10 #	4318 Leath, Ashlyn	Cal Poly	5:00.42
11 #	4585 Roloff, Jane	Portland	5:00.87
12 #	4703 Albrecht, Christi	San Francisco	5:02.49

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13 #	4442 Thomas, Abigail	Idaho	5:03.38
14 #	4530 Hull, Ellie	Oregon State	5:03.86
15 #	4587 Woodger, Tiahna	Portland	5:13.42
16 #	4691 Lione, Angelina	Salt Lake (Utah) CC	5:22.80
Section 5			
1 #	5090 Longisa, Rosemary	Washington State	4:41.93
2 #	5006 Moon, Caroline	Utah State	4:48.84
3 #	4713 Spyrou, Vasileia	San Francisco	4:49.91
4 #	4995 KourilovÃ;, Sona	Utah	4:50.05
5 #	4886 Cichon, Kaho	Ucla	4:50.11
6 #	5084 Bissell, Nicole	Washington State	4:50.46
7 #	4311 Gaffney, Kelli	Cal Poly	4:50.85
8 #	5003 Jensen, Shelby	Utah State	4:51.20
9 #	4913 Matora, Alexa	Unattached	4:52.74
10 #	5009 Swain, Natalie	Utah State	4:53.49
11 #	4916 Reynolds, Faith	Unattached	4:53.89
12 #	4468 Bruckmayer, Hanna	New Mexico	4:54.31
13 #	4323 Sundgren, Sydney	Cal Poly	4:57.49
-- #	5007 Phillips, Elizabe	Utah State	DNF
Section 6			
1 #	4467 Bitetti, Natalie	New Mexico	4:42.41
2 #	5085 Cheptoo, Zenah	Washington State	4:43.31
3 #	4989 Caesar, McKaylie	Utah	4:45.41
4 #	4997 Mayfield, Clara	Utah	4:46.36
5 #	4998 Moroney, Grace	Utah	4:46.41
6 #	5005 Miyazawa, Mimi	Utah State	4:46.86
7 #	4581 Prusse, Samantha	Portland	4:47.16
8 #	4339 Johnson, Addie	California	4:49.37
9 #	4517 Broadbent, Ruby	Oregon State	4:53.03
10 #	4477 Stevens, Rilyn	New Mexico	4:56.76
11 #	4469 Freeland, Millie	New Mexico	5:01.70
12 #	4657 Busienei, Ashley	Sacramento State	5:08.68
Section 7			
1 #	4474 Rono, Judy	New Mexico	4:44.06
2 #	4488 Culbreath, London	North Texas	4:45.83
3 #	4528 Herron, Ainsley	Oregon State	4:45.98
4 #	5030 Thompson, Marisha	Victoria (B.C.)	4:46.43
5 #	4518 Brooks, Sage	Oregon State	4:47.88
6 #	4987 Ayers, Lauren	Utah	4:49.10
7 #	4525 Griffin, Delaney	Oregon State	4:49.46
8 #	4908 Hanley, Brigid	Unattached	4:49.74
9 #	5088 Jepkorir, Carolin	Washington State	4:49.88
10 #	5115 Hagelin, Saga	Weber State	4:51.08
11 #	5029 Owens, Erin	Victoria (B.C.)	4:51.19
12 #	5096 Stone Boggs, Alai	Washington State	4:51.73
13 #	4535 Laurent, Kate	Oregon State	4:52.15
14 #	4544 Partyka, Sydney	Oregon State	4:54.17
Section 8			
1 #	4561 Penn, Rylee	Pacific Athletics	4:34.53
2 #	4560 Osika, Katie	Pacific Athletics	4:36.17
3 #	5000 Vringer, Erin	Utah	4:37.47
4 #	4586 Templier, Fleur	Portland	4:39.09
5 #	5058 Welin, Josephine	Washington	4:40.80
6 #	4475 Seguin, Alice	New Mexico	4:41.23
7 #	4993 Hulsey, Madison	Utah	4:43.49

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

8 #	4918 Van der wyk, Trac	Unattached	4:44.48
9 #	4834 Gonzales, Anastac	Tcu	4:44.81
10 #	4558 Freeland, Lauren	Pacific Athletics	4:45.28
11 #	5023 Monoszlay, Casey	Valor Track Club	4:46.76
Section 9			
1 #	4577 Pellicoro, Laura	Portland	4:25.60
2 #	4480 Mitchell, Kaylee	Nike	4:27.67
3 #	4557 Fetherstonhaugh,	Pacific Athletics	4:28.19
4 #	5049 Maatoug, Amina	Washington	4:28.39
5 #	5045 Foerster, Chloe	Washington	4:28.90
6 #	5041 Cochran, Mia	Washington	4:33.77
7 #	5060 Yerby, Claire	Washington	4:36.34
8 #	5044 David-Smith, Juli	Washington	4:36.66
9 #	5048 Liebich, Maggie	Washington	4:37.96
10 #	4471 Jepngetich, Mario	New Mexico	4:46.23
11 #	4559 Mooney, Maddie	Pacific Athletics	4:50.00
-- #	4296 Mehra, Rebecca	LA Fire Relief	DNF

Women 3000 Meter Run

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Dempsey: !	8:34.45	1/27/2018	Sifan Hassan, Nike Oregon P
Meet: M	8:34.45	1/27/2018	Sifan Hassan, Nike Oregon P
Name		Year School	Finals
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Section 1

1 #	4996 Le Gallo, Claire	Utah	9:47.70
2 #	4392 Pedol, Chiara	Fresno State	9:49.36
3 #	5114 Brow, Danielle	Weber State	9:50.84
4 #	4435 Kircher, Pia	Idaho	9:52.42
5 #	5001 Bracken, Cailey	Utah State	9:52.50
6 #	4483 Bajika, Betty	North Texas	9:53.10
7 #	4663 Oliver, Tia	Sacramento State	9:53.55
8 #	4587 Woodger, Tiahna	Portland	9:56.48
9 #	4623 Stolte, Emma	Portland State	9:57.23
10 #	4811 Selander, Lia	Southern Utah	9:58.28
11 #	4318 Leath, Ashlyn	Cal Poly	9:59.97
12 #	5230 Browne, Bella	Unattached	10:01.93
13 #	4551 Smith, Payton	Oregon State	10:06.16
14 #	4726 Schlieman, Olivia	Santa Clara	10:07.22
15 #	5024 Abbott, Hailey	Victoria (B.C.)	10:13.77
16 #	5011 Williams, Jane	Utah State	10:14.88
17 #	4552 Stubblefield, Sop	Oregon State	10:15.21
18 #	4541 Morkert, Reese	Oregon State	10:15.33
19 #	4575 Lochtefeld, Izzy	Portland	10:15.35
20 #	4522 Eckman, Eliza	Oregon State	10:15.36
21 #	4724 Peterman, Jasmin	Santa Clara	10:26.46
22 #	4275 McCarty, Makendra	Alaska Anchorage	10:31.66
23 #	4714 Tucker, Reese	San Francisco	10:41.14
24 #	4748 Dale, Lydia	Seattle	10:42.33

Section 2

1 #	5116 Murphy, Laurie	Weber State	9:31.13
2 #	4534 Latinicsics, Molly	Oregon State	9:31.68
3 #	4477 Stevens, Rilyn	New Mexico	9:31.88
4 #	4991 Couture, Marika	Utah	9:32.47
5 #	4999 Peters, Annastasi	Utah	9:33.18

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

6 #	4905 Browne, Chloe	Unattached	9:33.46
7 #	4989 Caesar, McKaylie	Utah	9:36.46
8 #	4887 Hawkins, Ailish	Ucla	9:37.00
9 #	4904 Bartolomucci, Jor	Unattached	9:39.75
10 #	4423 Langschwager, Emi	Hawai'i	9:40.58
11 #	4382 Carstens, Alauna	Evergreen St	9:44.54
12 #	4992 Hartnett, Kylie	Utah	9:49.75
13 #	5026 Frielink, Elissa	Victoria (B.C.)	9:50.87
14 #	5007 Phillips, Elizabe	Utah State	9:52.24
15 #	4286 Koma, Amit	Boise State	9:54.87
16 #	4585 Roloff, Jane	Portland	9:54.96
17 #	4323 Sundgren, Sydney	Cal Poly	9:55.82
18 #	4442 Thomas, Abigail	Idaho	10:03.50

Section 3

1 #	4785 Esvelt, Annika	Seattle Pacific	9:24.80
2 #	5096 Stone Boggs, Alai	Washington State	9:25.35
3 #	4525 Griffin, Delaney	Oregon State	9:27.69
4 #	4997 Mayfield, Clara	Utah	9:30.38
5 #	4339 Johnson, Addie	California	9:30.96
6 #	4311 Gaffney, Kelli	Cal Poly	9:33.69
7 #	5010 Thornley, Emma	Utah State	9:34.30
8 #	5088 Jepkorir, Carolin	Washington State	9:34.42
9 #	5115 Hagelin, Saga	Weber State	9:36.47
10 #	4488 Culbreath, London	North Texas	9:37.93
11 #	4908 Hanley, Brigid	Unattached	9:39.37
12 #	5029 Owens, Erin	Victoria (B.C.)	9:40.16
13 #	5003 Jensen, Shelby	Utah State	9:41.43
14 #	4469 Freeland, Millie	New Mexico	9:43.03
15 #	5084 Bissell, Nicole	Washington State	9:45.08
16 #	4520 Cosgrove, Erin	Oregon State	9:46.59
17 #	4473 McDonnell, Sophia	New Mexico	9:50.46
18 #	4907 Dow, Alexa	Unattached	9:54.58

Section 4

1 #	4472 Kosgei, Pamela	New Mexico	8:44.62
2 #	5049 Maatoug, Amina	Washington	9:00.44
3 #	5000 Vringer, Erin	Utah	9:03.88
4 #	5044 David-Smith, Juli	Washington	9:07.11
5 #	4475 Seguin, Alice	New Mexico	9:11.29
6 #	4562 Randall, Jenn	Pacific Athletics	9:13.90
7 #	4918 Van der wyk, Trac	Unattached	9:20.01
8 #	5085 Cheptoo, Zenah	Washington State	9:22.71
9 #	4467 Bitetti, Natalie	New Mexico	9:24.12
10 #	5030 Thompson, Marisha	Victoria (B.C.)	9:34.00
11 #	4471 Jepngetich, Mario	New Mexico	9:36.41
12 #	4990 Chaston, Emily	Utah	9:36.59
-- #	4481 Venters, Emily	Nike	DNF

Women 5000 Meter Run

=====			
Dempsey: ! 14:55.35 2/23/2024 Susan Ejore, Under Armour			
Meet: M 15:09.31 1/29/2016 Kim Conley, New Balance			
Name	Year	School	Finals
=====			

Section 1

1 #	4426 O'Donnell, Zola	Hawai'i	17:22.75
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2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women 5000 Meter Run**

2 #	5163 Edens, Ella	Western Washington	17:31.55
3 #	5133 Potratz, Kyla	Western Oregon	17:32.01
4 #	4692 Neslen, Edith	Salt Lake (Utah) CC	17:35.65
5 #	4277 Williamson, Avery	Alaska Anchorage	17:36.96
6 #	5179 Smith, Emma	Western Washington	17:38.26
7 #	5169 Parker, Alanna	Western Washington	17:38.95
8 #	4866 Weber, Joy	UC Riverside	17:40.69
9 #	4863 Tamayo, Ingrid	UC Riverside	17:41.17
10 #	4909 Henriksen, Elyse	Unattached	17:45.23
11 #	4690 Fausett, Lindsie	Salt Lake (Utah) CC	17:51.04
12 #	4689 Crawford, Alix	Salt Lake (Utah) CC	18:00.91
13 #	4695 Southward, Mazee	Salt Lake (Utah) CC	18:01.95
14 #	5164 Halsell, Laura	Western Washington	18:12.77
15 #	5176 Ramsey, Kayla	Western Washington	19:09.64
-- #	5134 Sigler, Maslin	Western Oregon	DNF

Section 2

1 #	4994 Jensen, Morgan	Utah	15:58.14
2 #	5002 Ellis, Sarah	Utah State	16:24.30
3 #	5008 Smith, Brie	Utah State	16:46.31
4 #	4341 Tau, Sophie	California	17:02.09
5 #	4693 Salado Fernandez,	Salt Lake (Utah) CC	17:08.36
6 #	4688 Anderson, Melanie	Salt Lake (Utah) CC	17:24.67
7 #	4691 Lione, Angelina	Salt Lake (Utah) CC	17:25.51
8 #	4576 Nielsen, Mie	Portland	17:27.89
9 #	4420 Hernandez, Sariah	Hawai'i	17:53.37
-- #	4694 Sotelo, Naomi	Salt Lake (Utah) CC	DNF
-- #	4481 Venters, Emily	Nike	DNF

Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.06 1/27/2018 Bridgette Owens, Unattached

Name Year School Prelims

Heat 1 Preliminaries

1 #	4431 Wyllie, Tara	Hawai'i	8.70q
2 #	5168 Nguyen, Ari	Western Washington	9.14q
3 #	4705 Chrastinová, Emi	San Francisco	9.70
4 #	4570 Bremont, Jillian	Portland	9.73

Heat 2 Preliminaries

1 #	4707 Halwas, Henriette	San Francisco	8.79q
2 #	4308 Estes, Kalia	Cal Poly	8.92q
3 #	4790 Mock, Sophie	Seattle Pacific	9.83
4 #	4619 Olivier, Naia	Portland State	11.12

Heat 3 Preliminaries

1 #	5086 De Mello, Micaela	Washington State	8.27q
2 #	4494 Taylor, Morgan	North Texas	8.92q
3 #	4322 Simos, Ava	Cal Poly	9.46q
4 #	5174 Porter, Isabella	Western Washington	9.74

Heat 4 Preliminaries

1 #	4860 Oden, Taylor	UC Riverside	9.10q
2 #	4782 Cates, Tia	Seattle Pacific	9.79
3 #	4297 Janikowski, Sierr	Bushnell (Ore.)	10.30

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Hurdles**

Dempsey: !	7.93	3/4/2006	Virginia Powell, USC
Meet: M	8.06	1/27/2018	Bridgette Owens, Unattached
Name	Year	School	Finals

Section 1 Finals

1 # 5086 De Mello, Micaela	Washington State	8.16
2 # 4431 Wyllie, Tara	Hawai'i	8.69
3 # 4494 Taylor, Morgan	North Texas	8.78

Section 2 Finals

1 # 4707 Halwas, Henriette	San Francisco	8.82
2 # 4308 Estes, Kalia	Cal Poly	8.92
3 # 4860 Oden, Taylor	UC Riverside	9.19
4 # 4322 Simos, Ava	Cal Poly	9.35

Women 4x400 Meter Relay

Dempsey: !	3:29.78	2/25/2023	USC, USC
			Lear, Jones, John, Jones
Meet: M	3:38.68	1/29/2011	, Oregon
			Dencer, Purvis, Roesler, Okodogbe
School			Finals

Section 1

-- Portland State 'A'	DQ
1) #4620 Peterson, Ashley	2) #4613 Hare, Wendy
3) #4611 Forst, Tori	4) #4616 Lopez Cristia, Irina
-- UC Riverside 'B'	DQ
1) #4853 Mack, Elena	2) #4856 Nakamoto, D'Lainey
3) #4848 Carrillo, Natalia	4) #4857 Nasca, Kylie

Section 2

1 UC Riverside 'A'	3:43.53
1) #4862 Starks, Saniyah	2) #4849 Ceballos, Melanie
3) #4852 Ehiemere, Mercy	4) #4861 Olukoju, Raykiyat
2 Idaho 'A'	3:45.02
1) #4432 Brunoro, Maiya	2) #4436 Madden, Rhyan
3) #4438 Omogor, Blossom	4) #4437 Marsh, Alyssa
3 Seattle Pacific 'A'	3:59.68
1) #4792 Sarrys, Jada	2) #4780 Brown, Johanna
3) #4790 Mock, Sophie	4) #4791 Rowland, Evey
4 San Francisco 'A'	4:00.80
1) #4709 Mesa-Espinoza, Angie	2) #4707 Halwas, Henriette
3) #4705 Chrastinová, Emilka	4) #4715 Valle, Eliana
5 Seattle 'A'	4:06.59
1) #4754 Shkalenkova, Kristina	2) #4753 Saucedo, Alisha
3) Jadhav, Shasmeerra	4) #4747 Clapp, Annabelle

Section 3

1 Western Washington 'A'	3:45.10
1) #5172 Polkinghorn, Hannah	2) #5157 Cheney, Caitlyn
3) #5158 Cook, Kennedy	4) #5155 Bennett, Bec
2 Hawai'i 'A'	3:45.69
1) #4416 Fairclough, Amelie	2) #4417 Fischer, Nora
3) #4428 Touchette, Catherine	4) #4422 Kneeshaw, Izzy
3 North Texas 'A'	3:46.00
1) Cuppett, Elizabeth	2) #4497 Williams, Aariyana
3) #4496 Tucker, Kendahl	4) #4487 Childress, C'Nai

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women 4x400 Meter Relay**

4 Washington 'A'	3:46.87
1) #5047 Hunter, Danielle	2) #5055 Terrell, Anna
3) #5042 Coleman, Kapiolani	4) #5053 Rutherford, Elle

Women Distance Medley

Dempsey: ! 10:49.30	2/24/2023	Stanford, Stanford
Meet: M 10:53.95	2/1/2020	, BYU
School	Camp, Ellsworth, Ellsworth, Orton	Finals

Section 1

1 Tcu 'A'	11:13.91
1) #4835 Kalunde Ngao, Tabitha	2) #4833 Daniyan, Kelaiah
3) #4836 Scott, Georgia	4) #4834 Gonzales, Anastacia
2 Idaho 'A'	11:21.69
1) #4440 Pattis, Katja	2) #4441 Stoeher, Franziska
3) #4433 Holmgren, Leah	4) #4439 Paoli, Constanze
3 Western Washington 'A'	11:26.85
1) #5182 Wright, Sophie	2) #5155 Bennett, Bec
3) #5166 Kroontje, Emmy	4) #5162 Davis, Ila
4 Oregon State 'A'	11:32.90
1) #4514 Baechler, Maya	2) #4519 Brown, Jillian
3) #4548 Quintana, Ellie	4) #4544 Partyka, Sydney
5 Oregon State 'C'	11:34.06
1) #4518 Brooks, Sage	2) #4554 Van Der Zee, Sydney
3) #4543 O'Beirne, Jenna	4) #4535 Laurent, Kate
6 Oregon State 'B'	11:37.74
1) #4517 Broadbent, Ruby	2) #4537 Lorenz, Ruby
3) #4530 Hull, Ellie	4) #4528 Herron, Ainsley
7 North Texas 'A'	11:47.89
1) #4483 Bajika, Betty	2) #4497 Williams, Aariyana
3) #4495 Trotter, Trinity	4) #4488 Culbreath, London
8 UC Riverside 'A'	11:59.36
1) #4858 N'Diaye, Isatu	2) #4862 Starks, Saniyah
3) #4857 Nasca, Kylie	4) #4846 Anderson, Makayla
9 Seattle 'A'	12:00.45
1) #4762 White, McKenna	2) #4747 Clapp, Annabelle
3) #4753 Saucedo, Alisha	4) #4746 Camargo Solis, Diana
10 Portland State 'A'	12:07.26
1) #4617 Montoliu, Irene	2) #4613 Hare, Wendy
3) #4616 Lopez Cristia, Irina	4) #4615 Kapustka, Ania
11 Seattle Pacific 'A'	12:51.37
1) #4781 Buckley, Madelyn	2) #4793 Templeton, Lucia
3) #4787 Gossett, Alexa	4) #5235 Prussian, Anna

Women High Jump

Dempsey: ! 1.93m	2/25/2012	Brigetta Barrett, Arizona
Meet: M 1.86m	1/29/2005	Sharon Day, Cal Poly
Name	Year School	Finals

Flight 1

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women High Jump**

1 #	5087	Gustavel, Alexand	Washington State	J1.69m	5-06.50				
	1.39	1.44	1.49	1.54	1.59	1.64	1.69	1.72	
	---	---	---	---	O	XXO	XO	XXX	
2 #	4317	Kubinski, Chase	Cal Poly	J1.64m	5-04.50				
	1.39	1.44	1.49	1.54	1.59	1.64	1.69		
	---	---	---	---	O	XO	XXX		
3 #	4312	Garcia, Maia	Cal Poly	1.59m	5-02.50				
	1.39	1.44	1.49	1.54	1.59	1.64			
	---	---	---	O	O	XXX			
4 #	4847	Aninyei, Chelsea	UC Riverside	J1.59m	5-02.50				
	1.39	1.44	1.49	1.54	1.59	1.64			
	---	---	---	---	XXO	XXX			
5 #	4395	Steinebach, Leoni	Fresno State	J1.59m	5-02.50				
	1.39	1.44	1.49	1.54	1.59	1.64			
	---	---	---	XO	XXO	XXX			
6 #	4860	Oden, Taylor	UC Riverside	1.54m	5-00.50				
	1.39	1.44	1.49	1.54	1.59				
	---	---	XO	O	XXX				
7 #	5126	Boyd, Olivia	Western Oregon	J1.54m	5-00.50				
	1.39	1.44	1.49	1.54	1.59				
	---	---	O	XO	XXX				
8 #	4350	Delay, Samantha	Central Washington	1.44m	4-08.75				
	1.39	1.44	1.49						
	O	O	XXX						
Flight 2									
1 #	4429	Turban, Lilian	Hawai'i	1.82m	5-11.50				
	1.49	1.54	1.59	1.64	1.69	1.74	1.79	1.82	1.85
	---	---	---	---	O	O	O	XXO	XXX
2 #	4396	Tarczy, Elizabeth	Fresno State	1.74m	5-08.50				
	1.49	1.54	1.59	1.64	1.69	1.74	1.79		
	---	---	---	O	O	XXO	XXX		
3 #	4305	Castelli, Melanie	Cal Poly	J1.74m	5-08.50				
	1.49	1.54	1.59	1.64	1.69	1.74	1.79		
	---	---	O	XO	XO	XXO	XXX		
4 #	5159	Cook, Kora	Western Washington	1.69m	5-06.50				
	1.49	1.54	1.59	1.64	1.69	1.74			
	---	---	O	O	XO	XXX			
5 #	4547	Proudfoot, Grace	Oregon State	1.64m	5-04.50				
	1.49	1.54	1.59	1.64	1.69				
	---	XO	XO	O	XXX				
6 #	4531	Hunt, Lexi	Oregon State	J1.64m	5-04.50				
	1.49	1.54	1.59	1.64	1.69				
	---	---	O	XO	XXX				
7 #	4314	Henley, Lariel	Cal Poly	1.59m	5-02.50				
	1.49	1.54	1.59	1.64					
	---	---	O	XXX					
7 #	4282	Harrison, Holly	Alberta	1.59m	5-02.50				
	1.49	1.54	1.59	1.64					
	---	O	O	XXX					
9 #	4385	Bitter, Peyton	Fresno State	J1.54m	5-00.50				
	1.49	1.54	1.59						
	O	XO	XXX						

Results

[illegible]

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

-- # 4533 Juhler, Maddy Oregon State NH
 3.56
 XXX

Women Long Jump

Dempsey: ! 6.55m 2/19/2013 Grace Upshaw, Brittney Reese, Nike

Meet: M 6.36m 2/2/2008 Arantxa King, Stanford

Name	Year	School	Finals	
1 # 5172 Polkinghorn, Hann		Western Washington	5.57m	18-03.25
5.40m 5.26m 5.57m FOUL		PASS PASS		
2 # 4760 Wague, Manthita		Seattle	5.34m	17-06.25
4.66m 5.34m 5.19m				
3 # 4668 Vonnahme, Mara		Sacramento State	5.30m	17-04.75
5.30m 5.01m FOUL				
4 # 4782 Cates, Tia		Seattle Pacific	5.15m	16-10.75
4.87m 5.15m FOUL				
5 # 4705 Chrastinová, Emi		San Francisco	5.10m	16-08.75
FOUL 5.10m FOUL				
5 # 5159 Cook, Kora		Western Washington	5.10m	16-08.75
5.01m 4.95m 5.10m				
7 # 4758 Tibbo, Zoe		Seattle	5.04m	16-06.50
4.96m 5.04m 4.74m				
8 # 4788 Hanay, Sophie		Seattle Pacific	5.03m	16-06.00
4.92m 5.03m 4.73m				
9 # 4789 Hicks, Maliyah		Seattle Pacific	4.87m	15-11.75
FOUL FOUL 4.87m				
10 # 4790 Mock, Sophie		Seattle Pacific	4.84m	15-10.50
4.72m FOUL 4.84m				
11 # 4298 Kelso-Reynolds, C		Bushnell (Ore.)	4.82m	15-09.75
FOUL 4.82m FOUL				
12 # 4658 Camacho, Skye		Sacramento State	4.81m	15-09.50
4.81m FOUL FOUL				
13 # 4614 Jolivet, Olivia		Portland State	4.62m	15-02.00
4.62m 4.42m 4.23m				
14 # 5161 Danner-Bunn, Ayla		Western Washington	4.57m	15-00.00
4.57m FOUL 4.55m				
15 # 4910 Ivery, La Kadron		Unattached	4.40m	14-05.25
FOUL FOUL 4.40m				
-- # 4540 Montiel, Lilia		Oregon State	FOUL	
FOUL FOUL FOUL				
Flight 2				
1 # 4656 Barry, Jessi		Sacramento State	5.88m	19-03.50
5.72m 5.67m 5.74m 5.63m 5.88m FOUL				
2 # 4491 Reece, Jasmyne		North Texas	5.82m	19-01.25
5.31m 5.82m PASS FOUL FOUL FOUL				
3 # 4361 Ntekpere, Emy		Central Washington	5.72m	18-09.25
5.70m 5.72m 5.35m FOUL 5.54m 5.64m				
4 # 4320 Roy-Williams, Cad		Cal Poly	5.71m	18-09.00
FOUL FOUL 5.53m FOUL 5.71m 5.68m				
5 # 4707 Halwas, Henriette		San Francisco	5.70m	18-08.50
5.25m 5.52m 5.70m 5.53m 5.59m 5.69m				
6 # 4847 Aninyei, Chelsea		UC Riverside	5.59m	18-04.25
5.59m 5.46m FOUL 5.30m 5.53m 5.37m				

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

6 #	4515 Bahn, Delaney	Oregon State	5.59m	18-04.25
	FOUL FOUL 5.59m FOUL FOUL FOUL			
6 #	4386 Guarino, Matilde	Fresno State	5.59m	18-04.25
	5.59m 5.50m 5.34m 5.19m 5.39m 5.50m			
9 #	4304 Armstrong, Desie	Cal Poly	5.50m	18-00.50
	FOUL 5.36m 5.50m			
10 #	4849 Ceballos, Melanie	UC Riverside	5.49m	18-00.25
	5.48m 5.49m 5.32m			
11 #	4664 Ramos, Tamia	Sacramento State	5.36m	17-07.00
	FOUL 5.36m FOUL			
12 #	4424 Mackenzie, Jessic	Hawai'i	5.35m	17-06.75
	5.02m 5.27m 5.35m			
13 #	4414 Bliss, Allison	Hawai'i	5.34m	17-06.25
	FOUL 5.34m FOUL			
14 #	4655 Aczon, Kasee	Sacramento State	5.11m	16-09.25
	5.11m 5.01m 5.11m			
-- #	4431 Wyllie, Tara	Hawai'i	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump

=====				
Dempsey: ! 13.91m 2/27/2016 Andrea Geubelle, Unattached				
Meet: M 13.71m 2/2/2008 Erica McLain, Stanford				
Name	Year	School	Finals	
=====				
Flight 1				
1 #	4431 Wyllie, Tara	Hawai'i	12.59m	41-03.75
	FOUL 12.25m PASS 12.51m 12.59m FOUL			
2 #	4847 Aninyei, Chelsea	UC Riverside	12.33m	40-05.50
	12.29m 11.98m 11.89m FOUL 12.13m 12.33m			
3 #	4849 Ceballos, Melanie	UC Riverside	12.03m	39-05.75
	11.80m 11.71m 11.99m 12.03m FOUL 11.68m			
4 #	5040 Bir, Rachel	Washington	11.80m	38-08.75
	11.68m 11.29m 11.53m 11.65m 11.80m 11.62m			
5 #	4760 Wague, Manthita	Seattle	11.48m	37-08.00
	11.40m 11.48m 11.34m 11.28m 10.99m 11.23m			
6 #	4414 Bliss, Allison	Hawai'i	11.44m	37-06.50
	FOUL 11.18m 10.99m 11.44m 11.11m FOUL			
7 #	4486 Cheeks, Lyric	North Texas	11.23m	36-10.25
	FOUL 11.23m 11.23m FOUL 11.17m 11.16m			
8 #	4758 Tibbo, Zoe	Seattle	11.00m	36-01.25
	11.00m 10.67m FOUL 10.71m 10.79m 10.85m			
9 #	4359 Moore, Tehya	Central Washington	10.97m	36-00.00
	FOUL 10.63m 10.97m 10.95m 10.64m 10.68m			
10 #	4788 Hanay, Sophie	Seattle Pacific	10.31m	33-10.00
	FOUL 10.12m 10.31m			
11 #	4565 Downey, Madison	Pacific Lutheran	10.28m	33-08.75
	10.24m 9.93m 10.28m			
12 #	4564 Archer, Kyleigh	Pacific Lutheran	10.09m	33-01.25
	10.09m FOUL FOUL			
13 #	5231 Paugh, Madison	Simon Fraser	9.51m	31-02.50
	8.87m 9.51m 9.38m			
-- #	5097 Williams, Daj	Washington State	FOUL	
	FOUL FOUL FOUL			

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Women Shot Put**

Dempsey: ! 18.98m 2/24/2018 Maggie Ewen, Arizona St					
Meet: M 18.51m 2/1/2014 Tia Brooks, Nike					
Name	Year	School	Finals		
1 # 4493 Subair, Bolaji		North Texas	13.56m	44-06.00	
13.18m FOUL	13.56m	13.15m FOUL	13.05m		
2 # 4850 Colon-Gipson, Gab		UC Riverside	13.50m	44-03.50	
12.50m FOUL	13.35m	13.38m 13.50m	12.96m		
3 # 5156 Chapin, Kathryn		Western Washington	12.79m	41-11.50	
12.48m FOUL	12.79m				
4 # 4363 Salanoa, Kamila		Central Washington	12.09m	39-08.00	
11.80m	12.09m	12.06m			
5 # 4315 Hofland, Taylor		Cal Poly	12.08m	39-07.75	
11.96m	12.08m	FOUL			
6 # 4424 Mackenzie, Jessic		Hawai'i	12.02m	39-05.25	
11.99m	11.72m	12.02m			
7 # 4425 McDonald, Clara		Hawai'i	11.60m	38-00.75	
11.60m	FOUL	11.31m			
8 # 4707 Halwas, Henriette		San Francisco	11.27m	36-11.75	
9.56m	11.27m	11.08m			
9 # 4349 Ayodeji, Joy		Central Washington	11.23m	36-10.25	
11.23m	10.10m	9.30m			
10 # 4609 Cunningham, Natal		Portland State	11.19m	36-08.50	
10.78m	FOUL	11.19m			
11 # 4319 Rigby, Isabella		Cal Poly	10.80m	35-05.25	
10.80m	10.58m	FOUL			
12 # 5152 Andrews, Rylee		Western Washington	10.49m	34-05.00	
FOUL	10.49m	10.27m			
13 # 4362 Prazer, Ellie		Central Washington	10.08m	33-01.00	
9.12m	9.06m	10.08m			
14 # 4705 Chrastinová, Emi		San Francisco	9.83m	32-03.00	
9.23m	9.69m	9.83m			
15 # 4751 Lawrence, Bridget		Seattle	8.07m	26-05.75	
8.05m	6.11m	8.07m			
-- # 4665 Ricks, Mai		Sacramento State	FOUL		
FOUL	FOUL	FOUL			
Flight 2					
1 # 5056 Tupu-South, Kaia		Washington	16.71m	54-10.00	
16.08m	FOUL	FOUL 15.99m	16.71m	16.39m	
2 # 4529 Hooper, Jayla		Oregon State	14.76m	48-05.25	
FOUL	14.25m	FOUL FOUL	13.53m	14.76m	
3 # 4546 Pettersson, Beatr		Oregon State	14.54m	47-08.50	
14.22m	13.81m	FOUL 14.03m	13.81m	14.54m	
4 # 4864 Toilolo, Melissa		UC Riverside	13.92m	45-08.00	
FOUL	FOUL	13.72m 13.89m	13.92m	FOUL	
5 # 4430 Vital, Samaria		Hawai'i	13.88m	45-06.50	
12.92m	13.40m	13.50m 13.71m	13.88m	13.39m	
6 # 4429 Turban, Lilian		Hawai'i	13.71m	44-11.75	
13.48m	13.71m	FOUL FOUL	FOUL		
7 # 4418 Forshaw, Rose		Hawai'i	13.38m	43-10.75	
12.75m	12.59m	13.38m 12.75m	FOUL	FOUL	
8 # 4492 Roberts, Ava		North Texas	13.29m	43-07.25	
13.06m	13.29m	FOUL			
9 # 4706 Gerhard, Lilly		San Francisco	13.14m	43-01.50	
13.13m	12.89m	13.14m			

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

10 #	4911 Johnson, Marissa	Unattached	13.06m	42-10.25
	12.67m 13.06m FOUL			
11 #	4388 Harper, Emma	Fresno State	12.94m	42-05.50
	12.68m 12.79m 12.94m			
12 #	4385 Bitter, Peyton	Fresno State	12.93m	42-05.25
	12.00m 12.44m 12.93m			
13 #	5175 Potts, Katie	Unattached	12.04m	39-06.00
	11.65m 12.04m FOUL			
14 #	4384 Abubakari, Asha	Fresno State	9.72m	31-10.75
	9.72m 9.63m FOUL			
-- #	5173 Polkinghorn, Jess	Western Washington	FOUL	
	FOUL FOUL FOUL			

Women Weight Throw

Dempsey: ! 22.82m 2/24/2023 Camryn Rogers, California

Meet: M 21.68m 1/31/2009 Loree Smith, NYAC

Name	Year School	Finals
Flight 1		
1 # 4524 Gelston, Katie	Oregon State	15.73m 51-07.25
	15.72m FOUL 15.73m	
2 # 4363 Salanoa, Kamila	Central Washington	14.62m 47-11.75
	13.80m 13.71m 14.62m	
3 # 4384 Abubakari, Asha	Fresno State	14.00m 45-11.25
	FOUL 14.00m FOUL	
4 # 4850 Colon-Gipson, Gab	UC Riverside	13.82m 45-04.25
	FOUL 12.39m 13.82m	
5 # 5173 Polkinghorn, Jess	Western Washington	13.47m 44-02.50
	13.10m 13.47m 12.85m	
6 # 5156 Chapin, Kathryn	Western Washington	13.41m 44-00.00
	FOUL FOUL 13.41m	
7 # 4845 Alo, Camryn	UC Riverside	13.18m 43-03.00
	13.18m FOUL FOUL	
8 # 5178 Simicich, Lauren	Western Washington	13.01m 42-08.25
	13.01m 12.30m 12.42m	
9 # 4351 Elenbaas, Payton	Central Washington	12.90m 42-04.00
	12.90m FOUL 11.47m	
10 # 4425 McDonald, Clara	Hawai'i	12.88m 42-03.25
	12.36m 12.88m 12.23m	
11 # 4362 Prazer, Ellie	Central Washington	12.61m 41-04.50
	12.61m FOUL FOUL	
12 # 4609 Cunningham, Natal	Portland State	12.49m 40-11.75
	12.38m 12.49m FOUL	
13 # 4745 Albright, Rachel	Seattle	12.08m 39-07.75
	12.08m 10.07m FOUL	
14 # 4662 Ikenaga, Jean	Sacramento State	11.54m 37-10.50
	11.54m FOUL 11.20m	
15 # 4665 Ricks, Mai	Sacramento State	11.39m 37-04.50
	FOUL FOUL 11.39m	
16 # 4348 Ayodeji, Blessing	Central Washington	10.74m 35-03.00
	10.74m FOUL 8.45m	
Flight 2		
1 # 4529 Hooper, Jayla	Oregon State	20.39m 66-10.75
	17.98m FOUL 19.24m 20.39m FOUL FOUL	

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

2 #	4399 Yeast, Zoe	Fresno State	18.99m	62-03.75
	FOUL 18.99m 18.71m FOUL FOUL 18.60m			
3 #	4489 Foster, Fabienne	North Texas	18.08m	59-04.00
	17.03m FOUL 16.96m FOUL FOUL 18.08m			
4 #	4388 Harper, Emma	Fresno State	17.88m	58-08.00
	16.39m 17.27m 17.88m 16.84m FOUL 17.53m			
5 #	4390 Lawson, Maria	Fresno State	17.32m	56-10.00
	16.85m 17.03m 16.43m 17.22m 17.32m 16.40m			
6 #	4430 Vital, Samaria	Hawai'i	16.84m	55-03.00
	14.97m 15.85m 16.12m 16.84m 15.97m 16.36m			
7 #	4546 Pettersson, Beatr	Oregon State	16.54m	54-03.25
	16.12m 16.54m 16.01m 15.66m FOUL FOUL			
8 #	4911 Johnson, Marissa	Unattached	16.43m	53-11.00
	16.20m 16.43m 15.87m FOUL 16.29m FOUL			
9 #	4516 Billings, Markayl	Oregon State	16.21m	53-02.25
	15.36m 16.21m 13.87m FOUL FOUL FOUL			
10 #	4313 Grexton, Anna	Cal Poly	16.06m	52-08.25
	15.47m 16.06m 15.89m			
11 #	4387 Haney, Tearra	Fresno State	15.63m	51-03.50
	14.73m 15.63m FOUL			
12 #	4358 Mendoza, Jazmin	Central Washington	14.63m	48-00.00
	14.63m 14.62m FOUL			
13 #	4864 Toilolo, Melissa	UC Riverside	14.62m	47-11.75
	FOUL 14.62m FOUL			
14 #	4406 Beard, Kimberly	Get Strong F	13.89m	45-07.00
	FOUL FOUL 13.89m			
-- #	5043 Colson, Yvonne	Washington	FOUL	
	FOUL FOUL FOUL			
-- #	4859 O'Brien, Ningning	UC Riverside	FOUL	
	FOUL FOUL FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run

Name	Year School	Finals	Points
Section 1			
1 # 4428 Touchette, Cather	Hawai'i	2:12.00	936
2 # 4356 Huber, Carley	Central Washington	2:20.81	813
3 # 4394 Spaulding, Ella	Fresno State	2:21.35	805
4 # 4906 Cosculluela, Sofi	Unattached	2:24.43	764
5 # 4659 Coburn, Eliana	Sacramento State	2:25.96	744
6 # 5057 Washburn, Ava	Washington	2:27.62	723
7 # 4419 Gordon, Samantha	Hawai'i	2:29.78	696
8 # 5089 Kovich, Sarah	Washington State	2:31.89	669
9 # 4612 Garcia, Savannah	Portland State	2:32.66	660
10 # 4421 Holman, Maya	Hawai'i	2:40.31	569
11 # 4383 Parker, Corona	Evergreen St	2:46.53	500
12 # 5153 Avery, Nicole	Western Washington	2:47.30	492

Indoor Pentathlon: #1 Women 60 Meter Hurdles

Name	Year School	Finals	Points
1 # 5181 Walker, Karma	Western Washington	9.60	789
2 # 4383 Parker, Corona	Evergreen St	10.12	690

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #1 Women 60 Meter Hurdles**

3 # 4612 Garcia, Savannah	Portland State	11.10	520
Section 2			
1 # 5057 Washburn, Ava	Washington	9.07	895
2 # 4356 Huber, Carley	Central Washington	9.28	852
3 # 5153 Avery, Nicole	Western Washington	9.66	777
Section 3			
1 # 4542 Norman, Dede	Oregon State	8.93	925
2 # 4428 Touchette, Cather	Hawai'i	9.16	877
3 # 5089 Kovich, Sarah	Washington State	9.16	877
Section 4			
1 # 4659 Coburn, Eliana	Sacramento State	8.68	978
2 # 4421 Holman, Maya	Hawai'i	8.71	971
3 # 4394 Spaulding, Ella	Fresno State	8.96	918
Section 5			
1 # 4906 Cosculluela, Sofi	Unattached	8.35	1050
2 # 4397 Uzoekwe, Colleen	Fresno State	8.76	961
3 # 4419 Gordon, Samantha	Hawai'i	9.21	867

Indoor Pentathlon: #2 Women High Jump

Name	Year School	Finals	Points
Flight 1			
1 # 4542 Norman, Dede	Oregon State	1.70m 5-07.00	855
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			
---		O O O XXX	
2 # 4659 Coburn, Eliana	Sacramento State	1.67m 5-05.75	818
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
---		XO O XO XXX	
2 # 5089 Kovich, Sarah	Washington State	1.67m 5-05.75	818
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
---		XO O XO XXX	
4 # 4421 Holman, Maya	Hawai'i	1.64m 5-04.50	783
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67			
---		O XO XO XXX	
4 # 4906 Cosculluela, Sofi	Unattached	1.64m 5-04.50	783
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67			
---		O O O XO XXX	
4 # 4428 Touchette, Cather	Hawai'i	1.64m 5-04.50	783
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67			
---		O XO O O XO XO XXX	
7 # 4394 Spaulding, Ella	Fresno State	1.61m 5-03.25	747
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
---		O XXO O O XO XXO XXX	
7 # 4419 Gordon, Samantha	Hawai'i	1.61m 5-03.25	747
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
---		O O O O XXX	
7 # 4383 Parker, Corona	Evergreen St	1.61m 5-03.25	747
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
---		O O XXO XO XXX	
10 # 4397 Uzoekwe, Colleen	Fresno State	1.58m 5-02.25	712
1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61			
---		O O O O XXX	

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #2 Women High Jump**

11 #	5181 Walker, Karma	Western Washington	1.52m	4-11.75	644
	1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55				
	---	XO --- XO XXX			
12 #	5057 Washburn, Ava	Washington	1.49m	4-10.50	610
	1.34 1.37 1.40 1.43 1.46 1.49 1.52				
	---	O O O XXX			
12 #	5153 Avery, Nicole	Western Washington	1.49m	4-10.50	610
	1.34 1.37 1.40 1.43 1.46 1.49 1.52				
	---	O --- XXO XXX			
14 #	4356 Huber, Carley	Central Washington	1.46m	4-09.50	577
	1.34 1.37 1.40 1.43 1.46 1.49				
	O O --- O XXO XXX				
-- #	4612 Garcia, Savannah	Portland State	NH		
	1.34				
	XXX				

Indoor Pentathlon: #4 Women Long Jump

Name	Year School	Finals	Points
1 # 4906 Cosculluela, Sofi	Unattached	5.85m 19-02.50	804
5.79m 5.85m 5.72m			
2 # 4421 Holman, Maya	Hawai'i	5.76m 18-10.75	777
5.27m 5.76m 5.40m			
3 # 5057 Washburn, Ava	Washington	5.69m 18-08.00	756
5.69m 5.69m 5.50m			
4 # 4419 Gordon, Samantha	Hawai'i	5.47m 17-11.50	691
5.42m 5.39m 5.47m			
5 # 4428 Touchette, Cather	Hawai'i	5.45m 17-10.75	686
5.43m 5.32m 5.45m			
6 # 4394 Spaulding, Ella	Fresno State	5.43m 17-09.75	680
5.21m 5.43m 5.05m			
7 # 5153 Avery, Nicole	Western Washington	5.29m 17-04.25	640
5.13m 5.29m 5.20m			
8 # 5089 Kovich, Sarah	Washington State	5.20m 17-00.75	614
5.12m 5.13m 5.20m			
9 # 4659 Coburn, Eliana	Sacramento State	5.18m 17-00.00	609
5.01m 5.15m 5.18m			
10 # 4356 Huber, Carley	Central Washington	5.12m 16-09.75	592
4.91m 5.10m 5.12m			
10 # 4397 Uzoekwe, Colleen	Fresno State	5.12m 16-09.75	592
5.12m 5.06m 4.97m			
12 # 4542 Norman, Dede	Oregon State	5.08m 16-08.00	581
5.08m 4.21m 4.57m			
13 # 5181 Walker, Karma	Western Washington	4.80m 15-09.00	506
4.80m 4.71m 4.59m			
14 # 4383 Parker, Corona	Evergreen St	4.77m 15-07.75	498
4.67m 4.76m 4.77m			
15 # 4612 Garcia, Savannah	Portland State	4.72m 15-06.00	485
4.60m 4.72m 4.65m			

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Indoor Pentathlon: #3 Women Shot Put**

Name	Year	School	Finals		Points
1 # 4397 Uzoekwe, Colleen		Fresno State	15.06m	49-05.00	865
15.06m 13.72m 14.43m					
2 # 4906 Cosculluela, Sofi		Unattached	12.36m	40-06.75	685
12.17m 12.36m 12.21m					
3 # 4421 Holman, Maya		Hawai'i	11.36m	37-03.25	619
10.53m 9.53m 11.36m					
4 # 5089 Kovich, Sarah		Washington State	11.15m	36-07.00	605
9.58m 11.15m FOUL					
5 # 4394 Spaulding, Ella		Fresno State	10.87m	35-08.00	587
10.87m 10.28m 10.12m					
6 # 4659 Coburn, Eliana		Sacramento State	10.77m	35-04.00	580
10.24m 9.53m 10.77m					
7 # 4419 Gordon, Samantha		Hawai'i	10.50m	34-05.50	562
10.50m 9.82m 9.12m					
8 # 5181 Walker, Karma		Western Washington	10.31m	33-10.00	550
10.26m 10.29m 10.31m					
9 # 4612 Garcia, Savannah		Portland State	9.97m	32-08.50	527
9.96m 9.58m 9.97m					
10 # 4428 Touchette, Cather		Hawai'i	9.57m	31-04.75	501
9.31m 9.42m 9.57m					
11 # 4356 Huber, Carley		Central Washington	9.32m	30-07.00	485
9.32m 9.01m 8.51m					
12 # 5057 Washburn, Ava		Washington	8.97m	29-05.25	462
8.90m 8.97m FOUL					
13 # 4542 Norman, Dede		Oregon State	8.96m	29-04.75	462
8.96m 8.50m 8.40m					
14 # 5153 Avery, Nicole		Western Washington	8.83m	28-11.75	453
8.83m 7.51m 8.63m					
15 # 4383 Parker, Corona		Evergreen St	8.26m	27-01.25	416
FOUL 8.18m 8.26m					

Women Indoor Pentathlon

Dempsey: !	4614	2/26/2021	Annie Kunz, Unattached
Meet: M	4507	1/28/2011	Brianne Theisen, Oregon
Name	Year	School	Finals
1 # 4906 Cosculluela, Sofi		Unattached	4086
2 # 4428 Touchette, Cather		Hawai'i	3783
3 # 4394 Spaulding, Ella		Fresno State	3737
4 # 4659 Coburn, Eliana		Sacramento State	3729
5 # 4421 Holman, Maya		Hawai'i	3719
6 # 5089 Kovich, Sarah		Washington State	3583
7 # 4419 Gordon, Samantha		Hawai'i	3563
8 # 5057 Washburn, Ava		Washington	3446
9 # 4356 Huber, Carley		Central Washington	3319
10 # 5153 Avery, Nicole		Western Washington	2972
11 # 4383 Parker, Corona		Evergreen St	2851
12 # 4612 Garcia, Savannah		Portland State	2192

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men 60 Meter Dash**

=====				
Dempsey: !	6.50	2/14/2015	Ryan Bailey, NIKE	
Meet: M	6.53	1/31/2015	Joe Morris, Unlimited Speed A	
Name	Year	School	Prelims	
=====				
Heat 1 Preliminaries				
1 #	5221	Trichel, Cameron	Western Washington	7.02
2 #	5194	Ford, Isaac	Western Washington	7.09
3 #	4464	Brown, Kai	Left Coast T	7.24
4 #	4767	Fiso, Matthew	Seattle	7.25
Heat 2 Preliminaries				
1 #	4291	Lorig, Jason	Bolt Track a	7.01 7.005
2 #	4461	Jones, Ramon	Kitsap Flier	7.16
3 #	4641	Olubisi, Tommie	Portland State	7.17
Heat 3 Preliminaries				
1 #	4511	Warren, Derrick	North Texas	6.76q
2 #	4877	Madise, Jacoby	UC Riverside	6.90q
3 #	4673	Dahdouh, Stephen	Sacramento State	7.09
3 #	4901	Ojukwu, John	Ultimate Spe	7.09
5 #	5193	Ford, Evin	Western Washington	7.16
Heat 4 Preliminaries				
1 #	4336	TeSelle, MacGrego	Cal Poly	6.90q 6.894
2 #	4675	King, Isaiah	Sacramento State	7.17
3 #	4630	Clark-Anderson, J	Portland State	7.21
4 #	5151	Vega Ramos, Jorda	Western Oregon	8.52
Heat 5 Preliminaries				
1 #	4943	Greenwalt, Ryan	Unattached	6.90q
2 #	4638	Migani, Diemerici	Portland State	7.01 7.009
3 #	5142	McDowell, Grant	Western Oregon	7.07
4 #	4939	Ford, Fredrick	Unattached	7.10
5 #	4465	Johnson, Josiah	Left Coast T	7.18
Heat 6 Preliminaries				
1 #	4369	Diamante, Bautist	Central Washington	6.85q
2 #	4325	Bustos, Noah	Cal Poly	6.99q
3 #	4802	Joshua, Robert	Seattle Pacific	7.01 7.008
4 #	5144	Murphy, Brennen	Western Oregon	7.15
5 #	5188	DiMarzio, Jake	Western Washington	7.19
Heat 7 Preliminaries				
1 #	4457	Alzheimer, Nichol	Kitsap Flier	6.97q
2 #	4681	Minnieweather, Tr	Sacramento State	7.01q 7.004
3 #	4902	Wakefield, Treyso	Ultimate Spe	7.20
4 #	4628	Brost, Dillon	Portland State	7.28
Heat 8 Preliminaries				
1 #	5203	Johnson, Ethan	Western Washington	7.05
2 #	4881	Petrick, Michael	UC Riverside	7.05
3 #	4627	Avery, Micah	Portland State	7.07
4 #	4947	Jean Paul, Isaac	Unattached	7.41
Heat 9 Preliminaries				
1 #	4810	O'Donnell, Liam	Simon Fraser	7.12
2 #	5143	Mitchell, Joshua	Western Oregon	7.21
3 #	5233	Orizaba, Quinnton	Left Coast T	7.53
4 #	5236	Saxon, Mikel	Seattle Pacific	7.64
Heat 10 Preliminaries				
1 #	4779	Zamora, JR	Seattle	7.07
2 #	5204	Johnson, Jaden	Western Washington	7.08
3 #	4680	McDaniels, Jameel	Sacramento State	7.24

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

4 #	4801 Hunter, Tarelle	Seattle Pacific	7.24
5 #	4633 Hawkins, Ty	Portland State	7.25

Men 60 Meter Dash

=====			
Dempsey: !	6.50	2/14/2015	Ryan Bailey, NIKE
Meet: M	6.53	1/31/2015	Joe Morris, Unlimited Speed A
Name	Year	School	Finals
=====			

Section 1 Finals

1 #	4336 TeSelle, MacGrego	Cal Poly	6.80
2 #	4943 Greenwalt, Ryan	Unattached	6.91
3 #	4457 Altheimer, Nichol	Kitsap Flier	6.92
4 #	4681 Minniweather, Tr	Sacramento State	7.01

Section 2 Finals

1 #	4511 Warren, Derrick	North Texas	6.77
2 #	4877 Madise, Jacoby	UC Riverside	6.84
3 #	4369 Diamante, Bautist	Central Washington	6.84
4 #	4325 Bustos, Noah	Cal Poly	6.97

Men 200 Meter Dash

=====			
Dempsey: !	20.65	2/25/2022	Kasaun James, USC
Meet: M	21.12	1/29/2011	Rubin Williams, Heritage TC
Name	Year	School	Finals
=====			

Section 1

1 #	5137 Burgett, Jack	Western Oregon	22.01
2 #	5221 Trichel, Cameron	Western Washington	22.29
3 #	4464 Brown, Kai	Left Coast T	22.87
4 #	4633 Hawkins, Ty	Portland State	23.71

Section 2

1 #	4465 Johnson, Josiah	Left Coast T	22.18
2 #	5140 Hendrix, Amari	Western Oregon	22.88
3 #	5195 Foust, Sam	Western Washington	23.17
4 #	5197 Griffith, Braden	Western Washington	23.44

Section 3

1 #	4457 Altheimer, Nichol	Kitsap Flier	21.78
2 #	5203 Johnson, Ethan	Western Washington	22.51
3 #	5188 DiMarzio, Jake	Western Washington	22.78
4 #	4635 Kargbo, Eman	Portland State	23.80
5 #	4646 Timmins, James	Portland State	23.88

Section 4

1 #	5204 Johnson, Jaden	Western Washington	22.23
2 #	5139 del Prado, Josiah	Western Oregon	22.46
3 #	4810 O'Donnell, Liam	Simon Fraser	22.75
4 #	4628 Brost, Dillon	Portland State	22.79

Section 5

1 #	5193 Ford, Evin	Western Washington	21.94
2 #	4675 King, Isaiah	Sacramento State	22.70
3 #	5143 Mitchell, Joshua	Western Oregon	22.83
4 #	4627 Avery, Micah	Portland State	22.97

Section 6

1 #	5208 Mickenham, Nolan	Western Washington	22.01
2 #	4680 McDaniels, Jameel	Sacramento State	22.47

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

3 # 4300 Reininger, Hunter	Bushnell (Ore.)	23.85
Section 7		
1 # 4877 Madise, Jacoby	UC Riverside	22.03
2 # 4328 Franco, Alexander	Cal Poly	22.16
3 # 4641 Olubisi, Tommie	Portland State	23.00
4 # 4768 Gignac, Rock	Seattle	25.09
Section 8		
1 # 4681 Minniweather, Tr	Sacramento State	22.28
2 # 4881 Petrick, Michael	UC Riverside	22.37
3 # 4798 Brooks, Justin	Seattle Pacific	22.59
4 # 4767 Fiso, Matthew	Seattle	23.03
Section 9		
1 # 4510 Ray, Nehemiah	North Texas	21.71
2 # 5194 Ford, Isaac	Western Washington	22.18
3 # 4802 Joshua, Robert	Seattle Pacific	22.55
4 # 4801 Hunter, Tarelle	Seattle Pacific	23.47
Section 10		
1 # 4336 TeSelle, MacGrego	Cal Poly	21.09M
2 # 4652 Rhodes, Alexander	Puget Sound	21.38
3 # 5201 Herron, Corbin	Western Washington	22.53
4 # 4630 Clark-Anderson, J	Portland State	23.21

Men 400 Meter Dash

=====			
Dempsey: ! 45.94		2/24/2018	Rai Benjamin, USC
Meet: M 46.43		1/27/2007	Alex Harcourt, Washington
Name	Year	School	Finals
=====			
Section 1			
1 # 4459 Bruner Jr., Eddie		Kitsap Flier	48.24
2 # 4500 Brown, Makenden		North Texas	49.04
3 # 5195 Foust, Sam		Western Washington	50.67
-- # 4324 Brennan, Wil		Cal Poly	DQ 3 Steps On Line
Section 2			
1 # 4650 Keith, Avery		Puget Sound	48.36
2 # 4867 Bolton, Mallik		UC Riverside	48.46
3 # 4602 Roberts, Yutaka		Portland	49.73
4 # 4635 Kargbo, Eman		Portland State	53.18
Section 3			
1 # 4504 Johnson, Chris		North Texas	48.40
2 # 4798 Brooks, Justin		Seattle Pacific	48.92
3 # 5201 Herron, Corbin		Western Washington	49.10
Section 4			
1 # 4328 Franco, Alexander		Cal Poly	48.60
2 # 4873 Jackson, Andrew		UC Riverside	49.02
3 # 5139 del Prado, Josiah		Western Oregon	49.79
4 # 5197 Griffith, Braden		Western Washington	52.08
Section 5			
1 # 4506 McGill, Clarence		North Texas	48.23
2 # 4870 Day, Reggie		UC Riverside	48.31
3 # 4451 Rethymniotakis, M		Idaho	50.01
4 # 5141 Le, Teo		Western Oregon	52.10
Section 6			
1 # 5073 Ligons, Ambodai		Washington	47.81
2 # 5221 Trichel, Cameron		Western Washington	49.48

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 400 Meter Dash**

3 # 4806 Carr, Tyson	Simon Fraser	51.49
-- # 4840 Kendrick, Ronald	Tcu	FS
Section 7		
1 # 4652 Rhodes, Alexander	Puget Sound	46.70
2 # 4844 Parker, Jordan	Tcu	48.71
3 # 4626 Ahmed, Amir	Portland State	51.02
4 # 4768 Gignac, Rock	Seattle	56.17

Men 600 Meter Run

Dempsey: ! 1:16.14 1/17/2025 Chase Walter, Cal Poly		
Name	Year School	Finals
Section 1		
1 # 5077 O'Toole, Justin	Washington	1:16.12!
2 # 5079 Reinheimer, Kyle	Washington	1:16.16
3 # 5066 Frazier, Jonathan	Washington	1:16.54
4 # 5035 O'Brien, Tate	Victoria (B.C.)	1:17.63

Men 800 Meter Run INVITE

Dempsey: ! 1:46.34 2/23/2024 Kieran Lumb, On Running		
Meet: M 1:46.93 1/28/2023 Elliott Cook, Oregon		
Name	Year School	Finals
Section 1		
1 # 5074 Lindhorst, Cole	Washington	1:46.47M
2 # 4331 McCarthy, Aidan	Cal Poly	1:46.55M
3 # 4838 Frilot, Lloyd	Tcu	1:47.47
4 # 5076 McMahon-Staggs, R	Washington	1:50.31

Men 800 Meter Run

Dempsey: ! 1:46.34 2/23/2024 Kieran Lumb, On Running		
Meet: M 1:46.93 1/28/2023 Elliott Cook, Oregon		
Name	Year School	Finals
Section 1		
1 # 4653 Sunray, Tdohasan	Puget Sound	2:00.05
2 # 4807 del Rio Reategi,	Simon Fraser	2:00.50
3 # 4771 Loeffelman, Aidan	Seattle	2:01.10
4 # 4775 Razo-Castaneda, D	Seattle	2:01.74
5 # 4773 Perez, Eli	Seattle	2:02.22
6 # 4642 Ramirez, Victor	Portland State	2:03.43
7 # 4629 Brown, Aidan	Portland State	2:04.02
Section 2		
1 # 4279 Hulbert, Charlie	Alaska Anchorage	1:54.89
2 # 5149 Theisen, Landon	Western Oregon	1:55.43
3 # 4677 Love, Cooper	Sacramento State	1:57.52
4 # 4738 Johnson, Luke	Santa Clara	1:59.13
5 # 4744 Vaca, Daniel	Santa Clara	2:00.62
6 # 4740 Papavasiliou, Lia	Santa Clara	2:01.71
Section 3		
1 # 4453 Wagner, Luca	Idaho	1:53.17
2 # 5216 Riley, Cole	Western Washington	1:53.29
3 # 5098 Barran, Alec	Washington State	1:53.60
4 # 5215 Reseigh, Nathan	Western Washington	1:54.25

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 800 Meter Run**

5 # 4569	Sorensen, Kai	Pacific Lutheran	1:54.92
6 # 4880	Parkinson, Andrew	UC Riverside	1:54.95
7 # 4625	Abade, Abdinajib	Portland State	1:55.18
8 # 4959	McLeish, Tion	Unattached	1:56.04

Section 4

1 # 4591	Cole, Yuta	Portland	1:52.55
2 # 4445	Bremer, Jan	Idaho	1:53.06
3 # 4684	Slade, Jake	Sacramento State	1:53.54
4 # 5212	Palmen, Connor	Western Washington	1:53.81
5 # 5113	Verges, Ferran	Washington State	1:54.15
6 # 5038	Waller, David	Victoria (B.C.)	1:54.69
7 # 4450	Pickering, Wyatt	Idaho	1:54.69

Section 5

1 # 5031	Boden, Jack	Victoria (B.C.)	1:53.01
2 # 4670	Borg, Logan	Sacramento State	1:54.05
3 # 4371	Hutton, Max	Central Washington	1:54.43
4 # 4687	Pagente, Kainalu	Saint Martin's	1:54.45
5 # 4674	Hill II, Irven	Sacramento State	1:54.68

Section 6

1 # 4505	Lehr, Chase	North Texas	1:51.41
2 # 4478	Abraham, Joshua	New Mexico	1:53.41
3 # 4345	Kirk Sr., Lamarr	California	1:53.82
4 # 4455	Zanette, Gage	Idaho	1:54.40
5 # 5136	Bohannon, Grant	Western Oregon	1:54.84
6 # 4814	Carlin, Nathan	Southern Utah	1:55.69
7 # 5184	Bloom, Jonah	Western Washington	1:57.08

Section 7

1 # 4891	Amell, Tristan	Ucla	1:50.72
2 # 4839	Henry, Giovouni	Tcu	1:50.95
3 # 4964	Morales, Alden	Unattached	1:51.11
4 # 4368	Correa, Johan	Central Washington	1:51.28
5 # 4894	Dybdahl, Andreas	Ucla	1:51.37
6 # 5147	Rodriguez, Isaiah	Western Oregon	1:51.59
7 # 4812	Allen, Kadan	Southern Utah	1:53.41

Section 8

1 # 4899	Raymond, Parker	Ucla	1:50.21
2 # 4942	Gibson, Eric	Unattached	1:50.37
3 # 4446	Bright, Zac	Idaho	1:50.44
4 # 4921	Ahl, Aaron	Unattached	1:51.17
5 # 4344	Godwin, Iyan	California	1:51.49
6 # 4940	Franks, Mac	Unattached	1:54.11

Men 1 Mile Run

Dempsey: ! 3:50.74 1/18/2025 Nathan Green, Washington

Meet: M 3:51.73 1/27/2024 Luke Houser, Washington

Name	Year	School	Finals
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Section 1

1 # 4639	Moore, Nick	Portland State	4:16.04
2 # 4701	Nelson, Samuel	Salt Lake (Utah) CC	4:16.06
3 # 4677	Love, Cooper	Sacramento State	4:16.25
4 # 4447	Fulbright, Sam	Idaho	4:16.76
5 # 4452	Sturdivant, Ethan	Idaho	4:18.11
6 # 4957	Mason, Lance	Unattached	4:18.23

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

7 #	4815 Crane, Richard	Southern Utah	4:19.18
8 #	4733 Charkut, Evan	Santa Clara	4:20.56
9 #	4764 Buck, Porter	Seattle	4:22.39
10 #	4778 Wagnild, Parker	Seattle	4:24.06
11 #	4804 Venable, Isaac	Seattle Pacific	4:24.79
12 #	4686 Dale, Eli	Saint Martin's	4:25.29
13 #	4763 Barreto, Dan	Seattle	4:27.84
14 #	4803 Korth, Nathan	Seattle Pacific	4:31.64
15 #	5033 Galloway, Nolan	Victoria (B.C.)	4:32.80
16 #	4769 Irej, Dylan	Seattle	4:36.20
17 #	4645 Thake, Tom	Portland State	4:40.42
-- #	4332 Overgaard, Jeffre	Cal Poly	DNF
Section 2			
1 #	4604 Short, Nathan	Portland	4:12.07
2 #	4588 Andrews, Kevin	Portland	4:13.95
3 #	5099 Bruce, Evan	Washington State	4:14.41
4 #	4679 Martin, Ryan	Sacramento State	4:14.70
5 #	4735 Fesslmeier, Mateo	Santa Clara	4:17.40
6 #	4409 Kolodge, Drew	Gonzaga	4:17.43
7 #	4634 Ibrahim, Abdi	Portland State	4:18.46
8 #	4743 Trepanier, Nico	Santa Clara	4:19.13
9 #	5034 Ganz, Marcus	Victoria (B.C.)	4:20.27
10 #	4776 Sanders, Seku	Seattle	4:22.64
11 #	4813 Bunker, Cory	Southern Utah	4:25.04
12 #	5146 Rambo, Tim	Western Oregon	4:29.49
-- #	4736 Helder, Kaden	Santa Clara	DNF
-- #	4737 Ho, Andrew	Santa Clara	DNF
Section 3			
1 #	4696 Fitzgarrald, Jayd	Salt Lake (Utah) CC	4:10.39
2 #	4279 Hulbert, Charlie	Alaska Anchorage	4:10.95
3 #	4343 FitzGerald, Rowan	California	4:11.55
4 #	4817 Peele, Logan	Southern Utah	4:11.60
5 #	4512 Wienen, Joseph	North Texas	4:11.71
6 #	4984 Thorsett, Will	Unattached	4:12.11
7 #	4698 Henstrom, Jackson	Salt Lake (Utah) CC	4:13.73
8 #	4739 Ortega-Gammill, E	Santa Clara	4:13.92
9 #	4959 McLeish, Tion	Unattached	4:14.35
10 #	5189 Eifert, Ian	Western Washington	4:14.85
11 #	5039 Woodrow, Hayden	Victoria (B.C.)	4:18.54
12 #	4600 Paltzer, Tommy	Portland	4:20.08
13 #	4770 Jensen, Alex	Seattle	4:24.78
-- #	5037 Van Hezewijk, Gab	Victoria (B.C.)	DNF
-- #	4731 Beaven, Paul	Santa Clara	DNF
Section 4			
1 #	4702 Roper, Skyler	Salt Lake (Utah) CC	4:08.32
2 #	4288 Hudson, Joe	Boise State	4:08.52
3 #	5125 Warnick, TJ	Weber State	4:10.29
4 #	4875 Kaan, Tyler	UC Riverside	4:12.46
5 #	4928 Cerkowniak, Bryce	Unattached	4:12.63
6 #	4981 Talens, Paul	Unattached	4:13.09
7 #	4986 Tucker, Ansel	Unattached	4:14.42
8 #	5121 Harbertson, Alex	Weber State	4:14.48
9 #	4879 Murasmith, Noah	UC Riverside	4:14.98
10 #	4697 Francis, Luke	Salt Lake (Utah) CC	4:18.40
11 #	4742 Singh, Ishaan	Santa Clara	4:25.09

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

12 # 4777	Sauers, Yonas	Seattle	4:26.57
Section 5			
1 # 4741	Peattie, Colin	Santa Clara	4:06.16
2 # 4589	Bodirsky, Jona	Portland	4:06.55
3 # 4329	Malko-Allen, Mate	Cal Poly	4:07.02
4 # 4408	Kissell, Mason	Gonzaga	4:07.36
5 # 4682	Moreno, Brandon	Sacramento State	4:07.47
6 # 4407	Alfonso, Jacob	Gonzaga	4:07.84
7 # 5105	Limo, Kelvin	Washington State	4:08.46
8 # 4449	Mattson, Shea	Idaho	4:09.80
9 # 4651	Kerr, Ben	Puget Sound	4:11.44
10 # 4410	Laird, Cooper	Gonzaga	4:12.34
11 # 5038	Waller, David	Victoria (B.C.)	4:18.46
12 # 5032	Damian, Daniel	Victoria (B.C.)	4:21.12
13 # 4596	Kabasenche, Elias	Portland	4:25.94
Section 6			
1 # 4290	Thompson, Alex	Boise State	4:04.10
2 # 4603	Scasso, Giuliano	Portland	4:04.89
3 # 4972	Roelle, Hans	Unattached	4:04.97
4 # 4592	Gannon, Trey	Portland	4:05.58
5 # 4963	Mong, Parker	Unattached	4:06.04
6 # 4597	Lantz, Nate	Portland	4:06.67
7 # 4961	Mitchem, Jake	Unattached	4:06.85
8 # 4411	Law, Logan	Gonzaga	4:07.29
9 # 4699	Holdsworth, Jayde	Salt Lake (Utah) CC	4:07.81
10 # 4326	Clark, Taj	Cal Poly	4:07.89
11 # 4700	Maiorano, Michael	Salt Lake (Utah) CC	4:08.73
12 # 4342	Carney, Caden	California	4:10.67
13 # 5036	Seshadri, Ben	Victoria (B.C.)	4:12.60
14 # 5148	Sanchez, Keeton	Western Oregon	4:16.91
-- # 5012	Armstrong, Caleb	Utah State	DNF
Section 7			
1 # 4287	Graham-Marr, Tom	Boise State	4:02.16
2 # 4347	Pretre, Justin	California	4:02.30
3 # 4289	Patrick, Tom	Boise State	4:02.40
4 # 4843	Oliver, Drew	Tcu	4:02.50
5 # 5117	Anderson, Bryce	Weber State	4:03.83
6 # 5103	Kurui, Evans	Washington State	4:03.84
7 # 5031	Boden, Jack	Victoria (B.C.)	4:04.31
8 # 5120	Gailson, Hanokh	Weber State	4:06.56
9 # 5013	Evans, Wyatt	Utah State	4:06.98
10 # 5108	Meli, Josphat	Washington State	4:08.81
11 # 4937	Feeny, Travis	Unattached	4:10.88
12 # 4479	Cunningham, Luke	New Mexico	4:12.22
13 # 5206	McDermott, Kevin	Western Washington	4:12.32
14 # 4919	Adams, Clayton	Unattached	4:17.82
-- # 5067	Gorze, Tyrone	Washington	DNF
Section 8			
1 # 4346	MacQuiddy, Garret	California	4:00.91
2 # 5119	Gagnon, Kelton	Weber State	4:01.17
3 # 4337	Westwood, Lewis	Cal Poly	4:02.82
4 # 4478	Abraham, Joshua	New Mexico	4:03.03
5 # 4563	Russell, Nick	Pacific Athletics	4:03.17
6 # 4933	Crabtree, James	Unattached	4:03.69
7 # 4941	Frantz, Silas	Unattached	4:03.74

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

8 #	4927 Briggs, Isaac	Unattached	4:03.80
9 #	4590 Carmin, Jonathan	Portland	4:05.11
10 #	4841 Kowa, Mohamed	Tcu	4:06.27
11 #	4969 Paulson, Will	Unattached	4:08.30
12 #	4896 Mireles, Michael	Ucla	4:12.87
13 #	4816 Gaitan, Santiago	Southern Utah	4:15.24
-- #	4955 MacMillan, Ben	Unattached	DNF
Section 9			
1 #	5063 Daschbach, Leo	Washington	3:56.63
2 #	5071 Iverson, Acer	Washington	3:56.71
3 #	4598 Milner, Mark	Portland	3:56.91
4 #	4965 Neil, Nathan	Unattached	3:57.12
5 #	5062 Barco, Martin	Washington	3:57.26
6 #	4334 Pickren, Spencer	Cal Poly	3:57.31
7 #	4892 Booth-Genthe, Ben	Ucla	3:58.02
8 #	4921 Ahl, Aaron	Unattached	3:58.05
9 #	5065 Distel, Jamar	Washington	4:00.58
-- #	4335 Smith, Carson	Cal Poly	DNF
-- #	5069 Hammond, Rhys	Washington	DNF

Men 3000 Meter Run

Dempsey: ! 7:36.69 2/9/2024 Ky Robinson, Stanford

Meet: M 7:44.20 2/1/2014 Lawi Lalang, Arizona

Name	Year School	Finals
Section 1		
1 #	4447 Fulbright, Sam	Idaho 8:19.85
2 #	4679 Martin, Ryan	Sacramento State 8:20.60
3 #	4634 Ibrahim, Abdi	Portland State 8:20.73
4 #	4831 Velasco, Jonathan	St. Mary's (Calif.) 8:21.65
5 #	4827 Jackson, Zane	St. Mary's (Calif.) 8:23.04
6 #	4381 Wind, Jonny	Eastern Oregon 8:25.22
7 #	4499 Bartek, Connor	North Texas 8:25.61
8 #	5039 Woodrow, Hayden	Victoria (B.C.) 8:27.74
9 #	4817 Peele, Logan	Southern Utah 8:29.35
10 #	5037 Van Hezewijk, Gab	Victoria (B.C.) 8:31.23
11 #	4813 Bunker, Cory	Southern Utah 8:33.31
12 #	4824 Gray, Ethan	St. Mary's (Calif.) 8:37.95
13 #	4278 Elliott, Ty	Alaska Anchorage 8:39.65
14 #	5034 Ganz, Marcus	Victoria (B.C.) 8:42.66
15 #	4734 Chennai, Inbaa	Santa Clara 8:42.84
16 #	4815 Crane, Richard	Southern Utah 8:43.65
17 #	4829 Martinez, Daniel	St. Mary's (Calif.) 8:43.68
18 #	4957 Mason, Lance	Unattached 8:46.72
19 #	4820 Doherty, Aidan	St. Mary's (Calif.) 9:11.50
Section 2		
1 #	4962 Mlotshwa, Charlie	Unattached 8:13.21
2 #	4702 Roper, Skyler	Salt Lake (Utah) CC 8:17.36
3 #	4507 Neiva, Victor	North Texas 8:18.39
4 #	4984 Thorsett, Will	Unattached 8:18.46
5 #	4741 Peattie, Colin	Santa Clara 8:19.12
6 #	4818 Alvarez, Alexandr	St. Mary's (Calif.) 8:19.28
7 #	4343 FitzGerald, Rowan	California 8:21.40
8 #	4931 Corvin, Cruize	Unattached 8:23.22

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

9 #	5124 Rogers, Tanner	Weber State	8:23.79
10 #	4828 Largaespada, Juli	St. Mary's (Calif.)	8:27.78
11 #	4742 Singh, Ishaan	Santa Clara	8:29.04
12 #	4974 Schneider, Will	Unattached	8:32.36
13 #	5012 Armstrong, Caleb	Utah State	8:33.76
14 #	4952 Lawrence, Matthew	Unattached	8:35.86
15 #	4825 Habash, Jason	St. Mary's (Calif.)	8:37.70
16 #	4983 Thomas, Bodie	Unattached	8:42.48
17 #	4924 Atrosh, Hudson	Unattached	8:56.66

Section 3

1 #	5119 Gagnon, Kelton	Weber State	8:04.91
2 #	4411 Law, Logan	Gonzaga	8:06.33
3 #	4408 Kissell, Mason	Gonzaga	8:07.03
4 #	4407 Alfonso, Jacob	Gonzaga	8:07.36
5 #	4409 Kolodge, Drew	Gonzaga	8:08.98
6 #	5032 Damian, Daniel	Victoria (B.C.)	8:08.99
7 #	4928 Cerkowniak, Bryce	Unattached	8:09.24
8 #	5105 Limo, Kelvin	Washington State	8:09.85
9 #	4599 Monyebodi, Kgadi	Portland	8:11.48
10 #	4981 Talens, Paul	Unattached	8:11.77
11 #	4946 Intravaia, Jason	Unattached	8:12.96
12 #	4893 Dance, Harrison	Ucla	8:12.97
13 #	4986 Tucker, Ansel	Unattached	8:17.73
14 #	4410 Laird, Cooper	Gonzaga	8:18.05
15 #	4985 Travaglini, Matth	Unattached	8:19.99
-- #	5122 Kallgren, Wesley	Weber State	DNF

Section 4

1 #	4289 Patrick, Tom	Boise State	7:57.80
2 #	4601 Price, Jonas	Portland	7:58.15
3 #	5014 Floyd, LJ	Utah State	7:58.52
4 #	4603 Scasso, Giuliano	Portland	7:59.87
5 #	4589 Bodirsky, Jona	Portland	8:00.34
6 #	4961 Mitchem, Jake	Unattached	8:03.44
7 #	4597 Lantz, Nate	Portland	8:03.55
8 #	5015 Garnica, Logan	Utah State	8:03.74
9 #	4951 Lautenslager, Jef	Unattached	8:03.96
10 #	4975 Schutte, Noah	Unattached	8:04.03
11 #	4592 Gannon, Trey	Portland	8:05.72
12 #	5022 Wehrli, Max	Utah State	8:06.11
13 #	4937 Feeny, Travis	Unattached	8:13.74
14 #	4342 Carney, Caden	California	8:21.46
15 #	4405 Arthur, Aidan	George Fox	8:53.02

Section 5

1 #	5103 Kurui, Evans	Washington State	7:48.44
2 #	5064 Diamond, Thomas	Washington	7:52.78
3 #	4347 Pretre, Justin	California	7:53.44
4 #	5067 Gorze, Tyrone	Washington	7:53.63
5 #	4955 MacMillan, Ben	Unattached	7:53.85
6 #	4346 MacQuiddy, Garret	California	7:54.18
7 #	5069 Hammond, Rhys	Washington	7:54.33
8 #	4593 Gertsen, Jonas	Portland	7:55.68
9 #	5108 Meli, Josphat	Washington State	8:05.49
10 #	4816 Gaitan, Santiago	Southern Utah	8:19.05
-- #	4940 Franks, Mac	Unattached	DNF

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men 5000 Meter Run**

Dempsey: ! 13:21.85 2/11/2022 Ky Robinson, Stanford

Meet: M 13:28.00 2/12/2021 Conner Mantz, BYU

Name	Year	School	Finals
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Section 1

1 # 4732 Berg, Kyle	Santa Clara	14:19.58
2 # 4594 Hosbein, Nolan	Portland	14:19.65
3 # 4701 Nelson, Samuel	Salt Lake (Utah) CC	14:21.02
4 # 4932 Coughlan, Henry	Unattached	14:21.85
5 # 5124 Rogers, Tanner	Weber State	14:23.69
6 # 4698 Henstrom, Jackson	Salt Lake (Utah) CC	14:24.62
7 # 4868 Castellon, Andrew	UC Riverside	14:29.58
8 # 4823 Felix, Francisco	St. Mary's (Calif.)	14:42.62
9 # 5190 Fernandez, George	Western Washington	14:43.05
10 # 5211 Oslin, Andrew	Western Washington	14:43.07
11 # 4595 Hupke, Jacob	Portland	14:49.88
12 # 5099 Bruce, Evan	Washington State	14:50.51
13 # 5145 Parker, Logan	Western Oregon	14:54.44
14 # 4605 Williams, Cohen	Portland	14:55.00
15 # 4819 Chio, Amelio	St. Mary's (Calif.)	14:55.35
16 # 4380 Mendoza, Cristian	Eastern Oregon	14:56.61
17 # 4949 Kemper, Jordan	Unattached	14:57.15
18 # 4822 Erikson, Anthony	St. Mary's (Calif.)	15:01.50
19 # 4678 Maddison, Aiden	Sacramento State	15:11.52
20 # 4774 Posdon, Jeremy	Seattle	15:14.15
21 # 4821 Donovan, Aidan	St. Mary's (Calif.)	15:17.47
22 # 5225 Werner, Logan	Western Washington	15:19.73
23 # 4826 Hart, Luther	St. Mary's (Calif.)	15:28.55
24 # 4280 Payne, George	Alaska Anchorage	15:29.38
-- # 4830 Moffett, Jacob	St. Mary's (Calif.)	DNF

Section 2

1 # 4971 Ritter, Jake	Unattached	13:52.89
2 # 5021 Simmons, John	Utah State	13:59.35
3 # 4700 Maiorano, Michael	Salt Lake (Utah) CC	14:01.42
4 # 5123 Peterson, Jacob	Weber State	14:04.45
5 # 4699 Holdsworth, Jayde	Salt Lake (Utah) CC	14:04.73
6 # 4878 Mendoza, Joshua	UC Riverside	14:06.78
7 # 5019 Megargel, Jedidia	Utah State	14:07.29
8 # 4285 Glaza, Gavin	Apex Elite T	14:08.90
9 # 4696 Fitzgarrald, Jayd	Salt Lake (Utah) CC	14:10.24
10 # 5122 Kallgren, Wesley	Weber State	14:16.86
11 # 5016 Hill, Bryce	Utah State	14:17.47
12 # 5187 Clough, Ryan	Western Washington	14:18.47
13 # 5018 McKee, Joshua	Utah State	14:27.41
14 # 5020 Nelson, Eric	Utah State	14:31.64
15 # 5017 McKee, Joseph	Utah State	14:32.52
16 # 4697 Francis, Luke	Salt Lake (Utah) CC	14:34.72
-- # 4944 Harman, Darren	Unattached	DNF

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men 60 Meter Hurdles**

Dempsey: ! 7.55 2/23/2024 Johnny Brackins Jr., USC			
Meet: M 7.61 2/1/2014 Ashton Eaton, Nike			
Name	Year	School	Prelims
Heat 1 Preliminaries			
1 # 5201 Herron, Corbin		Western Washington	8.24q
2 # 4365 Boast, Josh		Central Washington	8.53q
3 # 5199 Haynes, Augustas		Western Washington	8.55q
Heat 2 Preliminaries			
1 # 5066 Frazier, Jonathan		Washington	7.92q
2 # 4366 Brown, David		Central Washington	8.08q
3 # 4796 Bell, Andrew		Seattle Pacific	8.23q
4 # 5192 Flick, Hunter		Western Washington	8.29q
5 # 4869 Celestine, Arthur		UC Riverside	8.39q
Heat 3 Preliminaries			
1 # 4960 McQuain, Jackson		Unattached	8.65
2 # 4568 Lemma, Grady		Pacific Lutheran	8.72
3 # 4644 Sweeney, Aidan		Portland State	8.80
4 # 4646 Timmins, James		Portland State	8.91
5 # 5202 Hong, Ethan		Western Washington	9.04

Men 60 Meter Hurdles

Dempsey: ! 7.55 2/23/2024 Johnny Brackins Jr., USC			
Meet: M 7.61 2/1/2014 Ashton Eaton, Nike			
Name	Year	School	Finals
Section 1 Finals			
1 # 4796 Bell, Andrew		Seattle Pacific	8.13
2 # 4869 Celestine, Arthur		UC Riverside	8.30
3 # 5199 Haynes, Augustas		Western Washington	8.39
4 # 5201 Herron, Corbin		Western Washington	8.51
Section 2 Finals			
1 # 5066 Frazier, Jonathan		Washington	7.92
2 # 4366 Brown, David		Central Washington	8.11
3 # 5192 Flick, Hunter		Western Washington	8.16
4 # 4365 Boast, Josh		Central Washington	8.63

Men 4x400 Meter Relay

Dempsey: ! 3:04.95 2/24/2024 USC, USC			
Blockburger, Allen, Andrews, Jones			
Meet: M 3:07.77 1/27/2007 , Baylor			
Anderson, Iglehart-Summers, Mutai, Betters			
School			Finals
Section 1			
1 Tcu 'A'			3:12.59
1) #4840 Kendrick, Ronald		2) #4838 Frilot, Lloyd	
3) #4844 Parker, Jordan		4) #4839 Henry, Giovouni	
2 Western Washington 'B'			3:23.14
1) #5195 Foust, Sam		2) #5204 Johnson, Jaden	
3) #5197 Griffith, Braden		4) #5188 DiMarzio, Jake	
3 Seattle 'A'			3:24.49
1) #4767 Fiso, Matthew		2) #4770 Jensen, Alex	

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

3) #4776 Sanders, Seku	4) #4772 Osorio, Alexzander
4 Portland State 'A'	3:25.35
1) #4632 Green, Miles	2) #4628 Brost, Dillon
3) #4626 Ahmed, Amir	4) #4646 Timmins, James
5 Seattle 'B'	3:36.57
1) #4775 Razo-Castaneda, Diego	2) #4773 Perez, Eli
3) #4779 Zamora, JR	4) #4769 Ireys, Dylan
Section 2	
1 Washington 'A'	3:12.81
1) #5074 Lindhorst, Cole	2) #5079 Reinheimer, Kyle
3) #5077 O'Toole, Justin	4) #5083 Wilkinson, Matthew
2 Western Washington 'A'	3:13.10
1) #5193 Ford, Evin	2) #5205 Le, Brian
3) #5227 Woodring, Maurice	4) #5194 Ford, Isaac
3 North Texas 'A'	3:13.69
1) #4500 Brown, Makenden	2) #4506 McGill, Clarence
3) #4510 Ray, Nehemiah	4) #4504 Johnson, Chris
4 UC Riverside 'A'	3:17.72
1) #4870 Day, Reggie	2) #4867 Bolton, Mallik
3) #4869 Celestine, Arthur	4) #4873 Jackson, Andrew
5 Idaho 'A'	3:21.87
1) #4454 Watkins, Jon	2) #4451 Rethymniotakis, Myron
3) #4444 Bas, Sebastjan	4) #4452 Sturdivant, Ethan

Men Distance Medley

=====

Dempsey: ! 9:21.77 2/12/2010 Oregon Track Club
Symmonds, Scherer, Mulder, Leer

Meet: M 9:28.35 1/30/2009 , Arkansas
McClary, Skidmore, Bilbrew, Ulrey

School Finals

=====

Section 1

1 Tcu 'A'	9:40.89
1) #4843 Oliver, Drew	2) #4844 Parker, Jordan
3) #4839 Henry, Giovouni	4) #4841 Kowa, Mohamed
2 Western Washington 'A'	9:46.21
1) #5200 Henry, Will	2) #5205 Le, Brian
3) #5184 Bloom, Jonah	4) #5206 McDermott, Kevin
3 Western Oregon 'A'	9:52.16
1) #5147 Rodriguez, Isaiah	2) #5144 Murphy, Brennen
3) #5136 Bohannon, Grant	4) #5148 Sanchez, Keeton
4 UC Riverside 'A'	9:58.54
1) #4879 Murasmith, Noah	2) #4870 Day, Reggie
3) #4875 Kaan, Tyler	4) #4880 Parkinson, Andrew
5 North Texas 'A'	9:59.34
1) #5232 Hendry, Hunter	2) #4506 McGill, Clarence
3) #4505 Lehr, Chase	4) #4512 Wienen, Joseph
6 Seattle 'A'	10:30.98
1) #4776 Sanders, Seku	2) #4772 Osorio, Alexzander
3) #4778 Wagnild, Parker	4) #4770 Jensen, Alex
7 Seattle Pacific 'A'	10:39.17
1) #4799 Demmert, Silas	2) #4797 Bouknight, Noah
3) #4803 Korth, Nathan	4) #4804 Venable, Isaac
8 Seattle 'B'	10:53.53

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men Distance Medley**

1) #4771 Loeffelman, Aidan	2) #4768 Gignac, Rock
3) #4775 Razo-Castaneda, Diego	4)
-- Unattached 'A'	DNF
1) #4940 Franks, Mac	2) #4934 Davies, Jutsin
3) #4942 Gibson, Eric	4) #4976 Scott, Bailey

Men High Jump

Dempsey: ! 2.31m 2/13/2010 Jesse Williams, Nike												
Meet: M 2.29m 1/27/2018 Django Lovett, Unattached												
Name			Year			School			Finals			
=====												
Flight 1												
1 #	5107	McGloflin, AJ				Washington State				2.14m	7-00.25	
	1.74	1.79	1.84	1.89	1.94	1.99	2.04	2.09	2.14	2.17		
	---	---	---	---	---		O	XO	O	XO	XXX	
2 #	4947	Jean Paul, Isaac				Unattached				2.09m	6-10.25	
	1.74	1.79	1.84	1.89	1.94	1.99	2.04	2.09	2.14			
	---	---	---	---	---	---	XXO		O	XXX		
3 #	5111	Smith, Antoni				Washington State				2.04m	6-08.25	
	1.74	1.79	1.84	1.89	1.94	1.99	2.04	2.09				
	---	---	---		O	O	O	XXO	XXX			
4 #	5072	Lieberg, Leland				Washington				1.99m	6-06.25	
	1.74	1.79	1.84	1.89	1.94	1.99	2.04					
	---	---	---		O	O	XO	XXX				
5 #	4302	Schexnayder Jr.,				Bushnell (Ore.)				1.89m	6-02.25	
	1.74	1.79	1.84	1.89	1.94							
	---	---		O	O	XXX						
6 #	4871	Fruge, Aaron				UC Riverside				J1.89m	6-02.25	
	1.74	1.79	1.84	1.89	1.94							
	---	---		O	XO	XXX						
7 #	4876	Kimura, Kazu				UC Riverside				J1.89m	6-02.25	
	1.74	1.79	1.84	1.89	1.94							
	---		O	XO	XO	XXX						
8 #	4929	Cheng, Yung-Jen				Unattached				J1.89m	6-02.25	
	1.74	1.79	1.84	1.89	1.94							
	---		XO	O	XXO	XXX						
9 #	5217	Shin, Nathan				Western Washington				1.84m	6-00.50	
	1.74	1.79	1.84	1.89								
		O	XXO	O	XXX							
10 #	4809	McDiarmid, Caysen				Simon Fraser				J1.84m	6-00.50	
	1.74	1.79	1.84	1.89								
		O	O	XO	XXX							
11 #	4301	Richmond, Maui				Bushnell (Ore.)				1.79m	5-10.50	
	1.74	1.79	1.84									
		O	XO	XXX								
11 #	4636	Mathers, Jackson				Portland State				1.79m	5-10.50	
	1.74	1.79	1.84									
		O	XO	XXX								
13 #	4566	Hanis, Kevin				Pacific Lutheran				1.74m	5-08.50	
	1.74	1.79										
		XO	XXX									
-- #	4364	Baker, Calâ€™von				Central Washington				NH		
	1.74	1.79	1.84	1.89								
	---	---	---	XXX								

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men Pole Vault**

=====									
Dempsey: ! 5.81m 1/31/2004 Toby Stevenson, Unattached									
Meet: M 5.81m 1/31/2004 Toby Stevenson, Unattached									
Name		Year		School		Finals			
=====									
1 #	4954	Ludwig, Matt			Unattached			5.53m	18-01.75
	4.65	4.80	4.95	5.10	5.25	5.40	5.53	5.64	
	---	---	---	---	O	O	O	XXX	
2 #	4926	Bresko, Mathis			Unattached			J5.53m	18-01.75
	4.65	4.80	4.95	5.10	5.25	5.40	5.53	5.64	
	---	---	---	XO	O	O	O	XXX	
3 #	5082	Toney, Scott			Washington			J5.53m	18-01.75
	4.65	4.80	4.95	5.10	5.25	5.40	5.53	5.64	
	---	---	---	---	O	O	XO	XXX	
4 #	4466	Wilson, Colby			Montana State			5.40m	17-08.50
	4.65	4.80	4.95	5.10	5.25	5.40	5.53		
	---	---	---	O	O	O	XXX		
5 #	4979	Stephenson, Trevo			Unattached			5.25m	17-02.75
	4.65	4.80	4.95	5.10	5.25	5.40			
	---	---	---	---	XO	XXX			
6 #	4956	Manson, Max			Unattached			J5.25m	17-02.75
	4.65	4.80	4.95	5.10	5.25	5.40			
	---	---	---	O	XXO	XXX			
7 #	4897	O'Brien, Hunter			Ucla			5.10m	16-08.75
	4.65	4.80	4.95	5.10	5.25				
	---	---	O	O	XXX				
8 #	4977	Shirley, Andrew			Unattached			J5.10m	16-08.75
	4.65	4.80	4.95	5.10	5.25				
	---	XXO	---	XO	XXX				
9 #	4900	Sommers, Cade			Ucla			4.95m	16-02.75
	4.65	4.80	4.95	5.10					
	O	O	XXO	XXX					
10 #	5109	Nelson, Seth			Washington State			4.80m	15-09.00
	4.65	4.80	4.95						
	---	O	XXX						
11 #	5100	Dimick, Gavin			Washington State			J4.80m	15-09.00
	4.65	4.80	4.95						
	---	XO	XXX						
-- #	4800	Hrcek, Mason			Seattle Pacific			NH	
	4.65								
	XXX								
-- #	4676	Lehner, Andrew			Sacramento State			NH	
	4.65								
	XXX								
-- #	5078	Park, Simon			Washington			NH	
	4.65	4.80	4.95	5.10	5.25				
	---	---	---	---	XXX				
-- #	4294	White, Bryce			British Columbia			NH	
	4.65								
	XXX								

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men Long Jump**

Dempsey: ! 8.12m 2/29/2008 Norris Frederick, Washington					
Meet: M 7.97m 2/2/2008 Reindell Cole, Cal St. Northridge					
Name	Year	School	Finals		
1 # 4876 Kimura, Kazu		UC Riverside	6.92m	22-08.50	
6.70m 6.48m 6.92m 6.85m 6.74m 6.46m					
2 # 4939 Ford, Fredrick		Unattached	6.86m	22-06.25	
FOUL 6.50m 6.86m					
3 # 4767 Fiso, Matthew		Seattle	6.65m	21-10.00	
6.36m 6.65m 6.57m					
4 # 5207 Menicke, Gabe		Western Washington	6.64m	21-09.50	
FOUL 6.27m 6.64m					
5 # 4633 Hawkins, Ty		Portland State	6.55m	21-06.00	
6.46m 6.43m 6.55m					
6 # 4567 Kramer, Seth		Pacific Lutheran	6.53m	21-05.25	
4.86m 6.53m 6.44m					
7 # 4779 Zamora, JR		Seattle	6.48m	21-03.25	
6.08m 6.37m 6.48m					
8 # 5210 Nguyen, Hewie		Western Washington	6.45m	21-02.00	
FOUL 6.45m 6.01m					
9 # 4301 Richmond, Maui		Bushnell (Ore.)	6.38m	20-11.25	
6.07m 6.38m PASS					
10 # 4300 Reininger, Hunter		Bushnell (Ore.)	6.34m	20-09.75	
6.34m 6.16m FOUL					
11 # 4299 Kishen, Ty		Bushnell (Ore.)	6.31m	20-08.50	
6.31m 6.23m FOUL					
12 # 4766 Ellison, Sean		Seattle	6.16m	20-02.50	
FOUL 6.16m FOUL					
13 # 4808 Kanta, Adjy		Simon Fraser	6.04m	19-09.75	
5.89m 6.04m 5.81m					
Flight 2					
1 # 5061 Artis, Prestin		Washington	7.74m	25-04.75	
7.66m 7.46m 7.71m FOUL FOUL 7.74m					
2 # 4511 Warren, Derrick		North Texas	7.19m	23-07.25	
FOUL 7.19m FOUL 6.71m 7.19m FOUL					
3 # 5070 Hutchinson, Roman		Washington	7.16m	23-06.00	
6.65m FOUL 7.16m FOUL 7.10m FOUL					
4 # 4375 Webster, Isaiah		Central Washington	7.08m	23-02.75	
6.44m 6.17m 7.08m PASS PASS PASS					
5 # 4303 Wellman, Kaleo		Bushnell (Ore.)	7.07m	23-02.50	
6.68m FOUL 7.07m 6.95m 6.73m 6.75m					
6 # 4871 Fruge, Aaron		UC Riverside	7.06m	23-02.00	
7.04m 7.06m FOUL 6.81m FOUL 6.79m					
7 # 5075 Luebbert, Tim		Washington	7.04m	23-01.25	
FOUL 5.32m 6.81m FOUL PASS 7.04m					
8 # 4883 Yoshinaga, Elijah		UC Riverside	6.98m	22-11.00	
6.90m 5.34m FOUL 6.45m FOUL 6.98m					
9 # 4943 Greenwalt, Ryan		Unattached	6.79m	22-03.50	
6.53m 6.79m 6.58m					
10 # 4966 Njeri, David		Unattached	6.75m	22-01.75	
6.75m FOUL 6.54m					
11 # 4325 Bustos, Noah		Cal Poly	6.72m	22-00.75	
6.62m 6.72m 5.97m					
12 # 4283 Ariyo, Bolu		Alberta	6.62m	21-08.75	
6.62m 6.62m FOUL					

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

13 #	4372	Jenkins, Nick	Central Washington	6.57m	21-06.75
		6.51m 6.17m 6.57m			

Men Triple Jump

Dempsey: ! 16.62m 2/1/2003 Julien Kapek, USC

Meet: M 16.62m 2/1/2003 Julien Kapek, USC

Name	Year	School	Finals
------	------	--------	--------

Flight 1

1 #	5104	Lawrence, Eli	Washington State	15.66m	51-04.50
		12.17m 12.93m 14.23m	14.78m 14.89m 15.66m		
2 #	5081	Smith, Trevontay	Washington	15.38m	50-05.50
		14.46m 14.89m 15.38m	FOUL FOUL 15.19m		
3 #	5075	Luebbert, Tim	Washington	15.37m	50-05.25
		14.37m 14.54m 14.53m	PASS 13.32m 15.37m		
4 #	4375	Webster, Isaiah	Central Washington	14.94m	49-00.25
		13.92m 14.27m 14.88m	14.94m 14.78m FOUL		
5 #	4882	Thomas, Kyan	UC Riverside	14.89m	48-10.25
		14.89m FOUL 14.33m	13.02m PASS PASS		
6 #	4372	Jenkins, Nick	Central Washington	14.81m	48-07.25
		14.65m FOUL 14.61m	14.41m FOUL 14.81m		
7 #	5070	Hutchinson, Roman	Washington	14.76m	48-05.25
		14.27m 12.88m 14.76m	FOUL FOUL 14.73m		
8 #	4302	Schexnayder Jr.,	Bushnell (Ore.)	14.52m	47-07.75
		14.34m 14.52m 14.38m	14.29m 12.99m PASS		
9 #	4462	Mendenhall, Aiden	Kitsap Flier	14.23m	46-08.25
		13.65m 13.83m 13.90m	13.92m 14.23m FOUL		
10 #	4292	Zhmailo, Yevhen	Bolt Track a	13.89m	45-07.00
		13.70m 13.89m	FOUL		
11 #	4982	Temple Jr, Justin	Unattached	13.84m	45-05.00
		12.20m 13.59m 13.84m			
12 #	5207	Menicke, Gabe	Western Washington	13.81m	45-03.75
		FOUL FOUL 13.81m			
13 #	4284	Jan-King, Tegra	Alberta	13.79m	45-03.00
		FOUL FOUL 13.79m			
14 #	4779	Zamora, JR	Seattle	13.49m	44-03.25
		13.36m 13.49m	FOUL		
15 #	4643	Sharps, Riley	Portland State	12.78m	41-11.25
		FOUL FOUL 12.78m			

Men Shot Put

Dempsey: ! 21.47m 3/1/2008 Ryan Whiting, Arizona St

Meet: M 21.45m 1/27/2018 Jordan Geist, Arizona

Name	Year	School	Finals
------	------	--------	--------

1 #	4970	Piperi III, Adria	Unattached	20.68m	67-10.25
		19.90m 20.68m	FOUL FOUL FOUL FOUL		
2 #	4333	Payne, Corban	Cal Poly	17.05m	55-11.25
		16.97m FOUL 17.05m	FOUL FOUL FOUL		
3 #	4509	Purvis, John	North Texas	16.83m	55-02.75
		15.35m 16.47m 16.57m	16.32m 16.83m FOUL		
4 #	5222	Turner, Noah	Western Washington	16.26m	53-04.25
		15.63m 16.23m	FOUL 14.75m FOUL 16.26m		

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

5 #	4872 Garcia, Mateo	UC Riverside	15.94m	52-03.75
	14.83m 14.83m 14.90m 15.13m 15.88m 15.94m			
6 #	5214 Ramos, Angelo	Western Washington	14.86m	48-09.00
	13.34m 14.28m FOUL 13.94m FOUL 14.86m			
6 #	4374 Kriete, Wes	Central Washington	14.86m	48-09.00
	FOUL 14.75m FOUL 14.35m 14.61m 14.86m			
8 #	4367 Close, Dan	Central Washington	14.80m	48-06.75
	13.95m FOUL 14.27m 14.80m 13.83m 14.64m			
9 #	5213 Pytte, Alex	Western Washington	14.21m	46-07.50
	13.99m 13.26m 13.51m 14.21m FOUL 13.23m			
10 #	5186 Campbell, Miller	Western Washington	13.98m	45-10.50
	13.77m 13.84m 13.98m			
11 #	5224 Wall, Liam	Western Washington	13.95m	45-09.25
	FOUL 12.97m 13.95m			
12 #	4370 Franklin, Wyatt	Central Washington	13.89m	45-07.00
	13.89m FOUL FOUL			
13 #	4685 Stansell, George	Sacramento State	13.61m	44-08.00
	FOUL 13.10m 13.61m			
14 #	4637 Meucci, Noah	Portland State	13.13m	43-01.00
	12.69m 12.33m 13.13m			
15 #	4330 Martin, Travis	Cal Poly	12.54m	41-01.75
	11.15m 12.54m FOUL			
-- #	5218 Simicich, Nathan	Western Washington	FOUL	
	FOUL FOUL FOUL			

Men Weight Throw

=====				
	Dempsey: ! 23.73m	2/23/2024	Jayden White, Washington	
	Meet: M 23.05m	1/30/2010	Michael Mai, US Army	
	Name	Year School	Finals	
=====				
1 #	5198 Gutierrez, Calvin	Western Washington	16.30m	53-05.75
	15.74m 16.30m 15.84m			
2 #	4637 Meucci, Noah	Portland State	15.77m	51-09.00
	15.58m 15.77m 13.99m			
2 #	4367 Close, Dan	Central Washington	15.77m	51-09.00
	FOUL 15.37m 15.77m			
4 #	5183 Bahm, Tristan	Western Washington	14.62m	47-11.75
	14.03m 14.61m 14.62m			
5 #	4370 Franklin, Wyatt	Central Washington	14.59m	47-10.50
	14.59m 14.55m FOUL			
6 #	4669 Akutey, Emmanuel	Sacramento State	14.11m	46-03.50
	14.11m FOUL FOUL			
7 #	5222 Turner, Noah	Western Washington	13.99m	45-10.75
	FOUL FOUL 13.99m			
Flight 2				
1 #	4327 Devaney, Rory	Cal Poly	21.75m	71-04.25
	21.09m 21.62m 21.71m FOUL 21.43m 21.75m			
2 #	4938 Fleming, Grayson	Unattached	21.13m	69-04.00
	FOUL 20.12m 21.13m 19.72m 20.68m FOUL			
3 #	4898 Pinckney, Michael	Ucla	20.54m	67-04.75
	FOUL FOUL 20.54m FOUL 19.78m FOUL			
4 #	4508 Parchman, Jake	North Texas	20.20m	66-03.25
	19.77m 19.74m 20.20m 20.07m FOUL FOUL			

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Men Weight Throw**

5 #	4330 Martin, Travis	Cal Poly	19.76m	64-10.00
	FOUL 18.11m 19.76m 18.25m 19.06m FOUL			
6 #	5186 Campbell, Miller	Western Washington	17.36m	56-11.50
	16.61m 15.99m 17.36m 16.72m 17.28m FOUL			
7 #	5214 Ramos, Angelo	Western Washington	16.92m	55-06.25
	16.91m 16.92m FOUL 16.59m 15.83m FOUL			
8 #	4930 Clark, Miles	Unattached	16.24m	53-03.50
	15.70m 15.79m 16.24m 15.52m 15.62m 15.95m			
9 #	4631 Coppedge, Daniel	Portland State	14.81m	48-07.25
	FOUL 14.81m FOUL			
10 #	4872 Garcia, Mateo	UC Riverside	12.99m	42-07.50
	FOUL 12.99m FOUL			

Heptathlon: #1 Men 60 Meter Dash

Name	Year School	Finals	Points
Section 1			
1 # 4671 Braun, Joshua	Sacramento State	7.37	755
2 # 5209 Miller, Kaden	Western Washington	7.48	719
3 # 5226 Windrope, Owen	Western Washington	7.49	716
4 # 5185 Brown, Joey	Western Washington	7.51	710
Section 2			
1 # 4902 Wakefield, Treyso	Ultimate Spe	6.87	929
2 # 5080 Schlueter, Jami	Washington	6.89	922
3 # 5106 Mahacek, Mason	Washington State	7.02	875
4 # 4672 Charlton, Jack	Sacramento State	7.14	833
5 # 4373 Klein, Drew	Central Washington	7.15	830

Heptathlon: #7 Men 1000 Meter Run

Name	Year School	Finals	Points
Section 1			
1 # 5226 Windrope, Owen	Western Washington	2:43.71	833
2 # 5106 Mahacek, Mason	Washington State	2:47.98	787
3 # 5209 Miller, Kaden	Western Washington	2:48.55	781
4 # 5080 Schlueter, Jami	Washington	2:52.29	742
5 # 4373 Klein, Drew	Central Washington	2:57.08	693
6 # 4671 Braun, Joshua	Sacramento State	2:59.77	667
7 # 5185 Brown, Joey	Western Washington	3:17.45	503

Heptathlon: #5 Men 60 Meter Hurdles

Name	Year School	Finals	Points
Section 1			
1 # 5185 Brown, Joey	Western Washington	9.20	702
2 # 5226 Windrope, Owen	Western Washington	10.15	513
Section 2			
1 # 5106 Mahacek, Mason	Washington State	8.58	841
2 # 4671 Braun, Joshua	Sacramento State	8.83	784
3 # 5209 Miller, Kaden	Western Washington	8.86	777
Section 3			
1 # 5080 Schlueter, Jami	Washington	8.27	915
2 # 4373 Klein, Drew	Central Washington	8.33	900

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Heptathlon: #5 Men 60 Meter Hurdles**

3 # 4672 Charlton, Jack Sacramento State 8.54 851

Heptathlon: #4 Men High Jump

Name	Year	School	Finals	Points
Flight 1				
1 # 5106 Mahacek, Mason	Washington State	2.00m	6-06.75	803
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97	2.00 2.03			
---	---	---	O O	XXO XXX
2 # 5080 Schlueter, Jami	Washington	1.94m	6-04.25	749
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97				
---	---	---	O O O O	XO O XXX
3 # 4672 Charlton, Jack	Sacramento State	1.76m	5-09.25	593
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79				
---	---	---	O O	XXX
3 # 5209 Miller, Kaden	Western Washington	1.76m	5-09.25	593
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79				
---	---	---	O O	XXX
5 # 4373 Klein, Drew	Central Washington	1.73m	5-08.00	569
1.58 1.61 1.64 1.67 1.70 1.73 1.76				
---	---	---	O O	XO O XXX
6 # 5226 Windrope, Owen	Western Washington	1.70m	5-07.00	544
1.58 1.61 1.64 1.67 1.70 1.73				
O O O O	XO O	XXX		
6 # 4671 Braun, Joshua	Sacramento State	1.70m	5-07.00	544
1.58 1.61 1.64 1.67 1.70 1.73				
---	---	---	O O O	XXX
8 # 4902 Wakefield, Treyso	Ultimate Spe	1.67m	5-05.75	520
1.58 1.61 1.64 1.67 1.70				
XO O O XO	XXX			
9 # 5185 Brown, Joey	Western Washington	1.61m	5-03.25	472
1.58 1.61 1.64				
O O	XXX			

Heptathlon: #6 Men Pole Vault

Name	Year	School	Finals	Points
1 # 4373 Klein, Drew	Central Washington	4.95m	16-02.75	895
3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75 4.85 4.95 5.05				
---	---	---	O ---	XO XO O XO XO XX
2 # 5106 Mahacek, Mason	Washington State	4.65m	15-03.00	804
3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75				
---	---	---	---	---
2 # 5080 Schlueter, Jami	Washington	4.65m	15-03.00	804
3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75				
---	---	---	---	---
4 # 5226 Windrope, Owen	Western Washington	3.75m	12-03.50	549
2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85				
---	---	---	O O O O	O XXX
5 # 5185 Brown, Joey	Western Washington	3.35m	10-11.75	444
2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
O ---	O ---	XO O	XO XXX	

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****....Heptathlon: #6 Men Pole Vault**

-- #	5209	Miller, Kaden	Western Washington	NH
	2.75	2.85	2.95	3.05
	---	---	---	XXX
-- #	4672	Charlton, Jack	Sacramento State	NH
	2.75	2.85	2.95	3.05
	---	---	---	3.15
	---	---	---	XXX
-- #	4671	Braun, Joshua	Sacramento State	NH
	2.75	2.85	2.95	3.05
	---	---	---	3.15
	---	---	---	3.25
	---	---	---	3.35
	---	---	---	3.45
	---	---	---	3.55
	---	---	---	3.65
	---	---	---	3.75
	---	---	---	3.85
	---	---	---	XXX

Heptathlon: #2 Men Long Jump

Name	Year	School	Finals	Points
1 # 5080 Schlueter, Jami 7.16m 7.32m 7.22m		Washington	7.32m	24-00.25 891
2 # 4373 Klein, Drew 6.64m 6.78m 5.85m		Central Washington	6.78m	22-03.00 762
3 # 5106 Mahacek, Mason 6.65m 6.56m 6.35m		Washington State	6.65m	21-10.00 732
4 # 4902 Wakefield, Treyso 6.44m 6.29m 6.48m		Ultimate Spe	6.48m	21-03.25 693
5 # 5226 Windrope, Owen 5.84m 6.20m 5.98m		Western Washington	6.20m	20-04.25 630
6 # 4672 Charlton, Jack 6.02m 5.79m 6.06m		Sacramento State	6.06m	19-10.75 600
7 # 4671 Braun, Joshua 5.85m 5.99m 6.00m		Sacramento State	6.00m	19-08.25 587
8 # 5209 Miller, Kaden 4.85m 5.68m 5.75m		Western Washington	5.75m	18-10.50 533
9 # 5185 Brown, Joey 5.56m FOUL 5.64m		Western Washington	5.64m	18-06.00 510

Heptathlon: #3 Men Shot Put

Name	Year	School	Finals	Points	
1 # 5080 Schlueter, Jami 14.47m 14.44m FOUL		Washington	14.47m	47-05.75	757
2 # 5106 Mahacek, Mason 12.69m 12.66m 12.61m		Washington State	12.69m	41-07.75	648
3 # 4672 Charlton, Jack 12.06m 12.45m FOUL		Sacramento State	12.45m	40-10.25	634
4 # 4373 Klein, Drew 9.99m 11.06m 10.82m		Central Washington	11.06m	36-03.50	549
5 # 4902 Wakefield, Treyso 9.26m 10.33m FOUL		Ultimate Spe	10.33m	33-10.75	505
6 # 5185 Brown, Joey 10.19m FOUL 9.88m		Western Washington	10.19m	33-05.25	497
7 # 4671 Braun, Joshua 8.57m 9.97m 9.22m		Sacramento State	9.97m	32-08.50	484
8 # 5226 Windrope, Owen 9.13m 8.82m 9.32m		Western Washington	9.32m	30-07.00	445
9 # 5209 Miller, Kaden 7.65m 7.34m 8.25m		Western Washington	8.25m	27-01.00	381

2025 UW Invite - 1/31/2025 to 2/1/2025**Dempsey Indoor, Seattle WA****Results****Men Heptathlon**

Dempsey: ! 6344 1/31/2015 Jeremy Taiwo, Chula Vista OTC			
Meet: M 6344 1/31/2015 Jeremy Taiwo, Chula Vista OTC			
Name	Year	School	Finals
1 # 5080 Schlueter, Jami		Washington	5780
2 # 5106 Mahacek, Mason		Washington State	5490
3 # 4373 Klein, Drew		Central Washington	5198
4 # 5226 Windrope, Owen		Western Washington	4230
5 # 5185 Brown, Joey		Western Washington	3838
6 # 4671 Braun, Joshua		Sacramento State	3821
7 # 5209 Miller, Kaden		Western Washington	3784

Mixed 60 Meter Dash MASTER'S

Name	Year	School	Finals
Section 1			
1 # 4958 McDonald (M47), O	M	Unattached	7.73
2 # 4948 Jenkins (M49), Wi	M	Unattached	7.90
3 # 4376 Waller (M66), Mic	M	Christ Life TC	8.90
4 # 4968 Ortman (M71), Dav	M	Unattached	9.03
5 # 4378 Scott (W64), Daph	W	Dtf	9.51
Section 2			
1 # 4925 Baker (M58), Keit	M	Unattached	8.51
2 # 4920 Ahearn (M68), Leo	M	Unattached	9.51
3 # 4923 Allen (M66), Pete	M	Unattached	9.64
4 # 4936 Edwards (M66), Ge	M	Unattached	9.95
5 # 4980 Stonkus (M55), Ar	M	Unattached	10.84

Mixed 200 Meter Dash MASTERS

Name	Year	School	Finals
Section 1			
1 # 4458 Atkins (M51), Ron	M	Kitsap Flier	24.55
2 # 4377 Maxwell (M37), Te	M	Contra Costa Che	24.92
3 # 4973 Scherbinin (M63),	M	Unattached	28.15
4 # 4980 Stonkus (M55), Ar	M	Unattached	34.63
Section 2			
1 # 4968 Ortman (M71), Dav	M	Unattached	29.77
2 # 4923 Allen (M66), Pete	M	Unattached	31.96
3 # 4378 Scott (W64), Daph	W	Dtf	32.39
4 # 4936 Edwards (M66), Ge	M	Unattached	36.24