



2016 Stanford Invitational || FINAL Time Schedule
Cobb Track and Angell Field
April 1-2, 2016



FRIDAY FIELD EVENTS		
Time	Event	Notes
9:00 AM	Men's Javelin Collegiate	1 Flight
10:00 AM	Men's Hammer Collegiate	1-2 Flights of 8-10 (9 to Final)
11:00 AM	Women's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
11:00 AM	Women's Shot Put Collegiate (Ring 2)	2 Flights (9 to Final)
11:00 AM	Women's Javelin Invitational	1 Flight (9 to Final)
11:30 AM	Men's Long Jump Collegiate	1 Flight (9 to Final)
11:30 AM	Women's Long Jump Collegiate	1 Flight (9 To Final)
12:30 PM	Women's Pole Vault Invitational	1 Flight (6 Athletes)
1:00 PM	Men's High Jump	2 Flights (High Pit/Low Pit)
1:30 PM	Men's Javelin Invitational	1 Flight (9 to Final)
2:45 PM	Men's Long Jump Invitational	1 Flight (9 to Final)
2:45 PM	Women's Long Jump Invitational	1 Flight (9 to Final)
3:00 PM	Men's Pole Vault Invitational	1 Flight (8 Athletes)
3:00 PM	Women's Hammer Invitational	1 Flight (9 to Final)
3:30 PM	Women's High Jump	2 Flights (High Pit/Low Pit)
4:00 PM	Men's Discus Invitational	1 Flight (9 to Final)
5:30 PM	Boys' Long Jump	2 Flights (9 to Final)
5:30 PM	Girls' Long Jump	2 Flights (9 to Final)
5:45 PM	Boys' Pole Vault	1 Flight
6:15 PM	Men's Discus Collegiate	2 Flights (9 to Final)

SATURDAY FIELD EVENTS		
Time	Event	Notes
8:30 AM	Boys' Discus	2 Flights (9 to Final)
9:00 AM	Girls' Shot Put Invitational (Ring 1)	1 Flight of 15 (9 to Final)
9:00 AM	Girls' Shot Put (Ring 2)	1 Flight of 15 (9 to Final)
10:00 AM	Girls' Pole Vault Invitational	1 Flight
10:00 AM	Boys' Triple Jump	2 Flights (9 to Final)
10:00 AM	Girls' Triple Jump	2 Flights (9 to Final)
10:00 AM	Girls' High Jump Invitational	2 Flights (High Pit/Low Pit)
10:00 AM	Women's Hammer Collegiate	2 Flights of 8-10 (9 to Final)
11:00 AM	Girls' Discus	1 Flight of 18 (9 to Final)
1:00 PM	Boys' High Jump Invitational	2 Flights (High Pit/Low Pit)
1:00 PM	Men's Triple Jump Collegiate	1 Flight (9 to Final)
1:00 PM	Women's Triple Jump Collegiate	1 Flight (9 to Final)
1:00 PM	Boys' Shot Put Invitational (Ring 1)	1 Flight of 15 (9 to Final)
1:00 PM	Boys' Shot Put (Ring 2)	1 Flight of 15 (9 to Final)
1:00 PM	Women's Javelin Collegiate	1 Flight (9 to Final)
1:00 PM	Men's Hammer Invitational	1 Flight (9 to Final)
1:30 PM	Men's Pole Vault Collegiate	1 Flight (13 Athletes)
3:00 PM	Women's Discus Invitational	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Collegiate (Ring 2)	2 Flights (9 to Final)
4:00 PM	Men's Triple Jump Invitational	1 Flight (9 to Final)
4:00 PM	Women's Triple Jump Invitational	1 Flight (9 to Final)
4:30 PM	Women's Pole Vault Collegiate	1 Flight (11 Athletes)
5:00 PM	Women's Discus Collegiate	2 Flights (9 to Final)

FRIDAY TRACK EVENTS		
Time	Events	Section/Advancement Procedure
10:42 AM	Men's 5000m	#4
11:00 AM	Women's 5000m	#4
11:27 AM	Women's 100mH Prelims	4 Heats (Top 9 to Final)
11:52 AM	Men's 110mH Prelims	4 Heats (Top 9 to Final)
12:12 PM	Women's 100m Prelims	3 Heats (Top 9 to Final)
12:27 PM	Men's 100m Prelims	4 Heats (Top 9 to Final)
12:42 PM	Women's 1500m	Open Sections (3-4 Heats) * FAST TO SLOW
1:10 PM	Men's 1500m	Open Sections (3-4 Heats) * FAST TO SLOW
1:31 PM	Girls' 3000m	2 Heats * FAST TO SLOW
1:57 PM	Boys' 3000m	2 Heats * FAST TO SLOW
2:21 PM	Girls' 400mH	4 Heats * FAST TO SLOW
2:34 PM	Women's 400mH	2 Heats * FAST TO SLOW
2:47 PM	Boys' 400mH	4 Heats * FAST TO SLOW
3:00 PM	Men's 400mH	4 Heats * FAST TO SLOW
3:13 PM	Girls' Distance Medley Relay	2 Heats * FAST TO SLOW
3:45 PM	Boys' Distance Medley Relay	2 Heats * FAST TO SLOW
4:12 PM	Women's 400m	6 Heats * FAST TO SLOW
4:36 PM	Men's 400m	5 Heats * FAST TO SLOW
5:00 PM	Women's 100m	FINAL
5:03 PM	Men's 100m	FINAL
5:06 PM	Women's 3000m Steeple	#3
5:21 PM	Women's 3000m Steeple	#2
5:36 PM	Women's 3000m Steeple	#1
5:51 PM	Men's 3000m Steeple	#3
6:05 PM	Men's 3000m Steeple	#2
6:18 PM	Men's 3000m Steeple	#1
6:31 PM	Women's 1500m	#3
6:38 PM	Women's 1500m	#2
6:45 PM	Women's 1500m Invitational	#1
6:52 PM	Men's 1500m	#3
6:58 PM	Men's 1500m	#2
7:04 PM	Men's 1500m Invitational	#1
7:13 PM	Women's 5000m	#3
7:33 PM	Women's 5000m	#2
7:53 PM	Men's 5000m	#3
8:11 PM	Men's 5000m	#2
8:29 PM	Women's 5000m	#1
8:48 PM	Men's 5000m	#1
9:04 PM	Women's 10000m	#1
9:42 PM	Men's 10000m	#1
10:13 PM	Women's 10000m	#2
10:51 PM	Men's 10000m	#2

SATURDAY TRACK EVENTS		
Time	Events	Section/Advancement Procedure
9:52 AM	Girls' 4x100m Relay	5 Heats * FAST TO SLOW
10:17 AM	Boys' 4x100m Relay	5 Heats * FAST TO SLOW
10:42 AM	Girls' Mile	3 Heats * FAST TO SLOW
11:02 AM	Boys' Mile	3 Heats * FAST TO SLOW
11:22 AM	Girls' 100mH	6 Heats (Top 9 Times to Final)
11:37 AM	Boys' 110mH	6 Heats (Top 9 Times to Final)
12:02 PM	Girls' 100m	6 Heats (Top 9 Times to Final)
12:20 PM	Boys' 100m	6 Heats (Top 9 Times to Final)
12:38 PM	Lori Maynard Kids Half Lapper	Heats as Necessary
12:58 PM	Women's 4x100 Relay	1 Heat
1:06 PM	Men's 4x100 Relay	2 Heats * FAST TO SLOW
1:14 PM	Girls' 4x100 Relay	FINAL
1:18 PM	Boys' 4x100 Relay	FINAL
1:22 PM	Girls' 800m	4 Heats * FAST TO SLOW
1:45 PM	Boys' 800m	4 Heats * FAST TO SLOW
2:07 PM	Women's 800m	6-8 Heats * FAST TO SLOW
2:34 PM	Men's 800m	6-8 Heats * FAST TO SLOW
2:58 PM	Women's 200m	6 Heats * FAST TO SLOW
3:19 PM	Men's 200m	6 Heats * FAST TO SLOW
3:40 PM	Girls' 400m	5 Heats * FAST TO SLOW
3:55 PM	Boys' 400m	5 Heats * FAST TO SLOW
4:15 PM	Girls' 100H	FINAL
4:21 PM	Women's 100H	FINAL
4:25 PM	Boys' 110mH	FINAL
4:32 PM	Men's 110mH	FINAL
4:48 PM	Girls' 100m	FINAL
4:52 PM	Boys' 100m	FINAL
4:56 PM	Women's 4x400m Relay	2 Heats * FAST TO SLOW
5:12 PM	Men's 4x400m Relay	2 Heats * FAST TO SLOW
5:22 PM	Girls' 4x400m Relay	6 Heats * FAST TO SLOW
5:52 PM	Boys' 4x400m Relay	6 Heats * FAST TO SLOW